

KHANGCING SABBATH SCHOOL

LAISIANGTHO SINNA

Topa ading Kemcing—Amah Hongpai Dong

G. Edward Reid

ရရှိသားသော

Managing for the Master—Till He Comes

စာအုပ်အား

သံကွာတော်ရဓမ္မဆရာ ဦးမှုးခိုင်ဗိုလ်နှင့်မှ

တီးတိန်ချင်းပြန်ဆိုသည်။

**January, February, March
2023**

Sabbath School Lesson

တီးတိန်ချင်းဘာသာ

ပုဂ္ဂိုလ်သူ
ဦးဖန်းနိုင် (၀၀၃၅၄)
မန်နေဂျာ
ကင်းစောင့်ပုဂ္ဂိုလ်တိုက်
၂၀၆ ရွှေသွားလမ်း၊ ရန်ကင်းမြို့နယ်
ရန်ကုန်မြို့

ထုတ်ဝေသူ
ဦးစောထိမင်း (၀၀၅၈၉)

ပုဂ္ဂိုလ်သူ
မြန်မာပြည်သူ့မနေ့သွေးပါယ်အသင်းတော်
၆၈ ဦးဝိစာရလမ်း၊
ရန်ကုန်မြို့

အုပ်ရေး – ၁၂၀၀

ဓမ္မဒါန

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Topa ading Kemcing — Amah Hongpai Dong

Vannuai a piangsakpa Pasian in ei mihingte tawh hong kizopnopzia pen telcian haksa mah mah hi. “Pa Pasian in eite bangzah takin hong itna thu thei un. Ama hong itna lian mahmah ahih manin, eite pen Pasian’ tate hong kici a, hong kic平 mahbangin ihi takpi hi” (*1 John 3:1*). EGWhite in bel: “Mihing’ dinmun in phazo ding maw? Ciangtanbei Pasian’ tate hihna sangin a sangzaw bang dinmun omtheilai ding hiam? Leitung pahtawina khatpeuh in baanzo ding maw?” *God’s Amazing Grace*, p. 341 cihi. Zeisu tungtawnin hong kipiassa tengzong itelcian zawhlohma pen mawhna khuamial in hih leitung a tuamcip hangbek ahihi.

Tua kawmkal mahah, leitung hong zolnate pan ikitep mahmah keileh Khazih kiangpan in hong kaikhia thei ding hi. Satan’ hong zolna peuhmah pen Pasian’ kammalte in hong hilhzo hi. “Ahi zongin a haunuamte in zia-etna a tuamtuan thuak a, duhhopna huaihamna a haivaite tawh awk cip in, haksatna leh siatna a tuaklawh uhhi. Sum deih luatna in siatna namkim a piangsak hi. Mi pawlkhatin sum deihlualiang ahih manun amau upna panun pialkhia in gimna lungkhamna tampi a thuaklawh uhhi” (*1 Tim. 6:9, 10*).

Topa in ahilleh, Paul in hong vauna omsa mahbang in “haksatna leh siatna” hong tunthei tua sum zatsiam theihna ding in lam hong lak hi. Laisiangtho taangtom 2,000 valsungah sum neihna leh lungsim puakzia tawh

kisai in, eite hong kipiasa sum leh neihleh lam peuhmah in, lungsim buaina piangsaklo in thumaanna leh cihtakna tawh kemzo dingin Pasian in hong hilhzo hi.

Tu quarter sinna sungah, Pasian in Amah tawh kizop ding a deihdaan leh, sumlei sumzuak thei nawnlo (*Mang. 13:17*) phial mahleng, Ama' tungah citaktak in i muantheih nading Pasian deihna isin ding uh hi. Ahihhang tuabang upna pen zankhatthu in hongpiang vatlo ding a; Pasian in eite hongpiaksa teng cihtakna tawh kemcing in, imai ah bangpeuh tuak taleng, tumahmah in kigingkhol ding hihang.

Pasian in na khempeuh bulpi Amahbek hi a, Amah tawh semkhawm leng, nakhempeuh hong lensak hi. Siangtho sitset in Ama' khutzat ihih ding pen hong Honpa' deihna bulpi ahi hi. “*Amah in khuamial vangliatna panin hbong honkhia in, a lung munhuaina mun, a, a Tapa ukna sungah hong khakhchia a, i mawhna hong kimaisak khinta h̄*” (*Col. 1:13, 14*); Hih hamphatna a dingin lungdamko ding hihang.

Mipilpa Solomon tungtawnin hong thuhilhna: “*Na neihsa leh na anpalte tawh Topa zahtak in*” (*Pau. 3:9*). “*Kote Topa Pasian aw, Nangmah in nakhempeuh piangsak in, nangma deihna bang in nakhempeuh omin, na khempeuh a ki piangsak aih manin minthanna, pahtawina leh vangliatna ngah tawntung ding in a kilawm h̄*” (*Mang. 4:11*) naci hi.

Mihing muhna tawh en maimai leng, hun -haksa mahmah sungah nungta hihang. Ahihhang, Christian muhna leuleu ah, Zeisu nihveina hong kumsukkik nading limleh thupiangte in Khazih in kongbiang dong hongtungta cihthu hong muhsak manin lungnopna leh lam-etna hong neisak hi. Hih sinnate in Pasian muanna sungah note'upna hong thuksak in Ama' mi muanhuaite nahihtieih nadingun hong huh ding hi.

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Lesson 1*Dec. 31 – Jan. 6***PASIAN INNKUANPIH HIHNA****Sabbath Nitaklam***December 31*

Tukalsung Simding: *Gal. 3:26, 29; Late 50:10–12; 1Khang. 29:13, 14; Phil. 4:19; 1 John 5:3; Mate 6:19–21.*

Kamngah: *Pa Pasian in eite bangzah takin hong itna thu thei un. Ama hong itnathu lianmahmah ahih manin eite pen Pasian’tate hong kici a, hong kicuh mahbang in ihi takpi hi.* (1 John 3:1).

Christian ihihna dungzui in, a lamdang Pasian tawh kizopna ineikha a, leitung thute ukding in hong muang in hong aap hi. Adam leh Eve-te nupa tung mahmah ah a hoih sitsetsa hih leitung pen kemcing dingin sawl ngiat hi (*Pian.2:7-9, 15*). Ganhingteng a minvawh, huan kemcing puahpha, tulehtate leitung dimsak ding cihte dongin Pasian in Ama ading semding hongsawl hi.

Leitung sumpiang tampitak hongpia lailai a, ahiihang a kemcing ding bekmah ihi a, sum kaikhawm ding, sazian bawlpha ding, sumkikhakna bawl ding, sum gelkhol ding, Sabbath ni ciangin sawmah khat leh sumpi keng ding cihte ahi hi. Leitung sumpi dangte zong eima’

kisapna, midangte kisapna leh Ama’ nasepna khantoh na’ng zong zangthei ding hi. A thupi penpen in Ama’ tate tampi piangsak ding, Ama’ innte lamsak ding leh tulehtate pilna piasawn dingin hong sawl hi.

SUNDAY*January 1***Pasian Innkuanpihete ihi uhhi**

“Hih Ama’gelna teng ka ngaihsut ciangin, vantung atungkhinsa mite leh leitungah a omlai mite khempeuh’ pianna i Pa Pasian’ maiah, ka khukdin hi” (*Eph. 3:14, 15*). **Bang thupiang laiding peuh hong phawksak a, bang lam-etna peuh namu hiam?**

A nasep kipat tung in Zeisu in, “Tua ahih manin thu ngetuh ciangun hibang in na ngen un. Vantunga om kote’ Pa aw, Nangma’ min siangtho taken, ci un” (*Mate 6:9*) cihi. Anunglam ciangin zong nungzuite kiangah tuamah gen phatuam lai hi (*Luka 11:2*). Zeisu in Ama’ Pa pen “vantung a om kote’ Pa” ci in samding hongsawl hi. Zeisu a thawhkik khitlian in Mary in pomnuam ahih manin anialna ah, “*Kei hong lenlen nawnkei in. Ka Pa kiangah a patio nailo kahi hi. Ka sanggamte kiangah vapai inla, Keima’ Pa leh note’ Pa, Keima’ Pasian leh note’ Pasian kiangah kapai ding hi ci in vagensak zaw in*” (*John 20:17*) aci hi.

Zeisu tawh Pa khat neikhawm iih manun, Amah zong eite sanggampa hita a, Topa sungah unau sanggamte i hita uhhi. Zeisu zongin leitung innkuanih khat hong suah manin, eite zong vantung innkuanih i suakthei ta hi. “*Vantung innkuan leh leitung innkuan in pumkhat ahi h̄i*”—Ellen G. White, *The Desire of Ages*, p. 832.

**Paikhiatna 3:10; 5:1; leh Galati 3:26, 29 sim in.
Pasian tawh i kizopna bangpeuh gen hiam? Banghang in hong thakhauhsak tuam nasa hiam?**

Piansakna langpangte muhna ah eite pen, a kidon mello, votluat manpeuh a piangka ci uh a, Laisiangtho in, Pasian om cih heibeklo in, hong it in, hong kitanau, Laisiangtho sungah zong, tua innkuan kitanauna hongnei tawntung ahiham hong pulak tawntung hi. Zeisu in Israel mite pen, “**Keima’ mite**” ahi a “**Pasian’ tate**” cihkhawng leh Pasian zongpen, “**eite’ Pa**” khawng hongci kawikawi taleh, a mungtup a kibang hi a: Innkuanih iit ding zia tawh Pasian in hong it hi. Galgim anam hih leitung adingin lungdamthu ahi hi.

Hih leitung ah mi khatleh khat innkuan kihoddingin ngaihsun in. Mihing khempeuh tungah a hoihzaw sanggam unau kizopna koibang in i neithei ding hiam?

MONDAY

January 2

Pasian in Na Khempeuh a Neipa

Late 50:10–12; 24:1; 1Khang. 29:13, 14; leh Haggai 2:8 simin. Bang thupuak peuh hi a, hih thuman in zong ei ading bang khatna nei a eite neihcate tawh koibang kizopna nei hongci hiam?

1Khang Tangthu khenlian 17 pan kipan David in Pasian ading innkhat a lamnopna thu ki ciamteh hi. Kamsang Nathan kiangah a genciang in, “*Na lungsim a om khempeuh hih in, Pasian in nang hong ompi h̄i*” (1Khang. 17:2) cihi. Ahihang tua zanhun ciangin, Nathan kiangah Pasian’ kammal hongtung a, amah galsimmi ahiham in, Pasian’ inn lamtheilo ding hi. Ama’ munah a tapa in nasem ding hi. David in alim gelding leh a van kaihkhawp theihding beek ngen hi. David in hih ama’ ngetna angahpan kipan, a nuntak laiteng khempeuh suangbawl, cedar, siik, kham, ngun leh tau cihte “**simzawhloh**” in kaikhawm hi. Biakinn ading van khempeuh kigingkhin a biakinn munah kikaikhawm khinzo ahiham in, David in Israel makaite samin Pasian tungah lungdamkohna leh amin phatna pawibawl hi.

1Khang. 29:13, 14 ah, mipi lakpan David’ thungetna om a, amah leh mipi khempeuh in hunla in biakinn vanleh sum a kiginsate tawh kisai banggen hiam? “*Kote in hihbang*

in utna tawh nang kong piak nading un, kei kua hi a, ka mite bang ahi hiam? Nangma a' Nangmah tungah a hong piakik kahi uhhi" ci uhhi.

Hih thu eite ahau azawng (ahaute phadiak) ading thupi hi. A kipatcil in Pasian in na khempeuh bawl ahih manin (*Pian. 1:1; John 1:3; Late 33:6, 9*), eima neihsa khempeuh nangawn, bang zahta in hanciamin i sepsa hiphial taleh, a thunei pipa Amah hi. Pasian leh ama' hehpihna lotawh bangmah kineilo a, bangmah kihilo hi; zong ki omtheilo hi. Pasian in na khempeuh aneipa hi cih theitel sitset in, Ama' hoihna phatna leh lungdam kohna pia denin hih thumaan kem tawntung ding hihang.

"Kote in hihbang in utna tawh nang kongpiak nading un, kei kua hi a, ka mite bang ahi hiam? Nangma a' Nangmah tungah a hong piakik kahi uhhi" (1Khang. 29:14). Hih kammalte in bang thukhun hoih pulak a, eite' neihsa na khempeuh tung leh Pasian tungah i lungsim puakzia koibang in honglak naci hiam?

TUESDAY

January 3

Leisung Sumpiang teng Pasian Innkuan ading

Pasian hong silpiak a lianpen in lungnopna leh mawhmaina hongpia in, nisim nuntakna leh khalam khantoh nading hehpihna, tawntung nuntakna hongpia Zeisu Khazih ahi hi.

"Pasian in leitung mite hong it mahmah ahih manin, Ama' Tapa a ummi khempeuh sinaunlo in ahin tauntung theih nadingun a Tapa neihsun a hong piak dongin a hong itna hong lak hñ" (John 3:16). "Ama' thu ngai in amah a ummite khempeuh tungah Pasian tate a suahtheih nading thu apia hñ" (John 1:12).

Hotkhiatna pen hong silpiak khempeuh' bulpi hi a, hih silpiak lo tawh, Pasian kiangpan bangdang kingah thei tuanding ahi hiam? Bangbang ineiphial zong in, ni khat i siding a, nahoih khat peuh i bawlsak hongthei mite zong si in, hong kithei nawnlo lel ding hi. Amasa penpen in, lungdam thu silpiak ahi hong kikhailum Khazih (*1Cor. 2:2*), lungsimtawng ah kemcing ding hihang.

Tua hotkhiatna tawh a kipawl, na tampi Pasian in hong piakbeh lai hi. Neklehdawn puansilh bekmah a lungkhamte ading Zeisu in hong thapiakna ah *"Pasian' ukna leh ama' deihna na zuihtheih nading uh ngaihsun masazaw un, tua hileh, na kisap dangte khempeuh zong hong pia thuah veve ding hñ"* (*Mate 6:33*) cihi.

Late 23:1; 37:25, leh Philippi 4:19 sim in. Pasian in eima nisim vai hong vahawm sakna bang gen hiam?

Zeisu in a nungzuite kiangah Ama' paikhiat ding zong a gen ciangin, huhpa Khasiangtho zong kamciam pia hi. *"Kei na hong it uh leh, ka thupiakte zong nazui ding uhhi."*

Keimah in, Pa kiangah ka ngen ding a, note tawh a omkhawm tawntung dingin Thuman ahonglak Khasiangtho, note a hong huhpa dingin a hongpia ding hi. Leitung mite in tua Khasiangtho mu theilo uh ahih manin sang theilo ding uhhi. Ahi zongin note sungah, tua Khasiangtho a hong omding ahih manin note in nathei ding uhhi” (John 14:15–17). “*Amah in thuman honglak ding hi*” (John 16:13). Tua Kha mahmah in Pasian’ tate tungah a lamdang kha’silpiakte hongpia ding hi (1Cor. 12:4–11).

Atom in, Pasian hangin “*eite piangin, hingin, i gamtang*” (Sawl. 17:28) a, tua Pasian in “*mi khempeuh nuntakna apiapa*” (Sawl. 17:25), hong omsakpa, hotkhatna kam hong ciampa, neihlam hong guanpa leh midangte tungah thupha ahithei dingin kha silpiak hong piapa ahiih. Neihlam bangzah nei taleng, silpiak bangzah sang taleng, tuate khempeuh i zatkikna dingin hong piapa tung ah a leibaa ihi uhhi.

WEDNESDAY

January 4

Pasian Innkuanihte Vaipuakte

Pasian hong piak leitung thupha leh silpiakte hangin lunguam mahmah hihang. “**Pasian inn kuanihte**” i hihlam theihna in koibang lungnopa hongpia hiam?

Thuhilhkik. 6:5 leh Mate 22:37 sim in. Bang a cihnopna hi a, bang icih hiam?

Pasian “*na lungsim khempeuh, na kha khempeuh leh na ngaihsutna khempeuh*” tawh koici it na hiam (Mate 22:37)? Laisiangtho hong hilhcianna kicing mahmah napi, eite lamet hikhollo zaw phial hi.

**Thuhilhkik. 10:12, 13 leh 1John 5:3 simin.
Laisiangtho bangin, vantunga i Pa tawh kizopna koibang
in dawngkik ihi hiam?**

.....

Thukham zui maw? Thupiak mang maw leh? Christian tampitak ading in thukham zuihna pen (*a lina phadiak*) khauh salua uh a, Pasian it ding leh vengte eimah ki-it bangin it ding ciangbek hi ci uhhi. Pasian genna kitelcian mahmah lel hi: Pasian leh vengte itna in thukhamte kemcing ihi uhhi.

“*Pasian i it ciangin ama’ thupiakte azui ihi ht*” (1John 5:3). Hih mun teng isim ciangun, Pasian i it manin a thukham izui hi. Hoihmah hi. Ahihhang, “*Ama’ thukham zuihna tawh Pasian itna telcian*” ci in zong kisimtheilai hi.

Mate 7:21-27 ah, Pasian kammal za a, a nuntakpih mite in, suangpi tungah innlampa tawh kibang cihi. Za napi in a nuntakpih lote leuleu, sehnel tungah innlampa hi a, lauhuai mahmah tawh kibang cihi. Zakhawm uh hinapi; khat in nuntakpih, khat in nuntakpih lo citciat hi. Tua in nuntakna leh sihna dong tun hi.

Pasian it in, A thukham zuihna a kizopzia lungngai in. Banghang in Pasian itna tua tawh kipulak sese hiam? Thukham zuihna in bangtaktak hi a, itna pulak taktak hiam? (*Lakhiauna: thukham zuihlohma hangin bangpiang cih ngaihsun in.*)

THURSDAY

January 5

Vantungah Sumkhol

“Nget in ne-in a kekseu theihna, gutate in luhin a guktheihna hih leitungah nasum uh kholkei un. Ngetin a nektheih lohna, gutate in luh in aguk theihlohma mun vantungah note adingin kholzaw un. Banghang hiam cihleh nasum omna uhah na lungsim uh om tawntung ding hi” (*Mate 6:19–21*). **Zeisu in bang thumaan gen ahi hiam?**

.....

Sum tampi a kholvenvante’ tangthu a simngeilo omding hiam? Tuate beikik lelding hi. Hih leitung pen a kipkho leitung hilo hi: gal, gitlohma, ngongtatna, huihsia guahsia in thumaan takin i zonsa neihlamte nangawn a uthunhun in hong lakkhat mangsak thei hi. Sihna zong a uthun khat in hong tungvat leh, hihteng a mawknapi suaksak thei hi.

Laisiangtho inbel hauhna pen mawhna hi cisamlo hinapi; Zeisu in, a kemsiam dingin hong phawksak zel hi.

Vantungah sumkhol cihpen bang a cihnopna aitam? Sum i masak sangin, Pasian leh Ama’ deihna masak ding acihnopna hi. Nadang tampitak lakah, Pasian nasepna sungah neihsa zat ding, Ama’ gam khantoh nading, midangte’ ading sepna leh midangte ading thupha hiding cihnopna ahi hi.

Etpak dingin, Pasian in Abram a sap ciangin, Abram leh ama’ innkuuan tungtawnin leitung innkuante thupha pia nuam hi. **“Pasian’ lawmpa”** (*James 2:23*) nangawn akici Abraham kiangah Pasian in “*Thupha angah dingin minam lianin nang hongbawl in, thupha pia in nang kong liansak ding hi. Nang thupha hong piate thupha ka pia ding a, nang hong samsiate ka samsia ding hi. Nang hangin leitung innkuuanbup in thupha ngah ding uhhi*” (*Pian. 12:2, 3*). “*Abraham in a upman in Pasian in thupha apiak mahbangin, Pasian a um midang khempeuh in zong thupha angah ahi uhhi*” (*Gal. 3:9*). Abraham tungah tona a omsa mah tawh eite zong hongto lai hi.

“Sum pen manpha mahmah a, nalianpi semthei hi. Pasian’ tate khutsungah gilkialte ading an hi a, dangtakte ading tui leh tangguakte ading silhken ahi hi. Nenniamte ading gal dal leh damlo te ading huhna hi. Ahihhang, nuntaksung kisapnate ah, midang ading thupha leh Khazih’ nasepna khantoh na’ngin akizat keingalleh, sum in sehnel sangin manphazaw tuanlo ht”—Ellen G. White, *Christ’s Object Lessons*, p. 351.

“Banghang hiam cihleh nasum omna uhah na lungsim uh om tawntung ding hi” (Mate 6:21). Nang lungsim in na sum koi ah om hi hong ci hiam?

FRIDAY

January 6

Ngaihsutbeh Ding:

“*Pasian lungsim in, sihna sangin a khauhzaw itna tawh hong lunggulh hi. A tapa piakkhatna tawh, vantung khempeuh hong sungsukgai hi. Honpa’ nuntakna, sihna leh palaina, vanmite hong nasepna, Khasiangtho hong zolnate tawh Pa in na hong semsuk a, vanmite in mihing a veiina tawp ngeilo in, tuate khempeuh in mihing hotkhiat na’ng vive ahi hi.*”—Ellen G. White, *Steps to Christ*, p. 21.

“*Nangma’ pumpi deihna nusia in Khazih tungah na kipiak leh Pasian innkuan nasuak a, Pa’ inn sunga om khempeuh nang a’ hita hi. Hih leitung leh hong tungding leithak ah, Pasian’ sum khempeuh nang ading kihongsa in om hi. Vanmite’ nasepna, Ama Kha’ silpiak, Ama’ silate’ nasepna – khempeuh nang a’ hi. Leitung leh asung a om khempeuh nang a’ hita a, nangma hoih nadingin na zangtheita hi.*”—Ellen G. White, *Thoughts from the Mount of Blessing*, p. 110.

Kikupding Dotnate:

1. **Pasianin atate hongpiak hih silpiakte tawh, dotloh phamawh dotna hong sawl a, laphuakpa in “Kei tunga ama’ thupha tampite Topa tungah bangci thukkik**

T-2

ding ka hi hiam?” (Late 116:12). Khalam leh leinuntakna mahah Pasian hongpiak thuphate gual diudeu inla, nalawmte hawmsawn in. Pasian tungah nang bangzah in lungdam tuak nakici hiam?

2. **Eite in Pasian pen hong piangsakpa cih vive kingaihsun a, Laisiangtho in hong kemcingpa na cilai hi.** (Heb. 1:3; Job 38:33–37; Late 135:6, 7; Col. 1:17; Sawl. 17:28; 2Pet. 3:7). **Vannuai aksi honpite lakpan kipan, eima lungtang kisai dongtak, na a neupenpente nangawn a lenkip thahatna, tuate khempeuh Pasian hong kepcinna ahi hi. Hih laisiang tho thuman in Pasian hongpiaksa nakhempeuh koibangin zang a, Ama tungah i leiba bangzah omcih hong telpha sak hi. Hih thute in eima nuntakna leh tua nuntakna hangthu koibang in hong telciansak naci hiam?**
3. **Pasian in Hotkhiat na’ng hong geelsakna in silpiaklianpen hicih sinkhinzo hihang. Bang hang in thuman hithei naci hiam? Tua lametna lianpi neikei limlim leng bang ici tam? Pasian umlo mipa khat in mihing pen “guhmuat tungah samuat baakpi” cihi. Lungdam thu omlo limlim in eite’n zong bang ici tuanhei diam?**

Lesson 2

January 7 - 13

EITE TAWH PASIAN THUCIAMNATE**Sabbath Nitaklam**

January 7

Tukalsung Simding: *Mate 10:22; John 6:29; Thuhilhkik 28:1-14; Pau. 3:1-10; Mal. 3:7-11; Mate 6:25-33.*

Kamngah: “**Note in Topa na Pasian’ thu mangin, tuni a kong gen ama’ thupiakna khempeuh limtakin na zuih uhleh, Topa na Pasian in leitung minam dangte khempeuh sangin a lianzaw in note hong bawl ding hi. Topa na Pasian’ thu na man uhleh hih thuphate khempeuh note tungah hong tung ding hi.**” *Thuhilhkikna 28:1, 2.*

Pasian in eite tawh thuciam hong bawl pen thulamrangpi khat ahi hi. A tamzaw in langnih nei (*Pasian leh mihing*) hi a, sepding tuak nei uhhi. Langnih nei thuciamna ah “*Nang tua cih inla, ke’n zong hong hicih ning*” cihbang ahi a; “*Ke’n hong hicih ning in, nangzong hong tua cih in*” cihbang ahi hi.

A omngei mello thuciamna khatah “*Nang bangmah nong cihloh hang ke’n hong hicih ning*” cih ahi hi. Etpak ding in “*Amah in mihoithe leh misiate tungah a kibangin nitaangsak khawm a, a gamtatpha teleh a gamtat siate tungah zong a kibang in guah zusak khawm hi*” (*Mate 5:45*). Na na hih leh hihlohsa in Pasian kiangpan nitaang leh guahtui kingah veve hi. Tuiciin khit ciangin, mihing leh “*ganhing khempeuh*” tungah leitung a tuamcip tuiciin om nawnlo ding ci-in eilam pan ngetna om hetlo napi, Pasian in kamciam pia hi (*Pian. 9:9-16*). A kamciam dangkhat zong

“*Leitung a om laiteng in, lopawi hun leh anlak hun, a votleh asa, khuakhal leh phalbi, sunlehzan beilo ding hi*” (*Pian. 8:22*) cihi. E’n bangmah i cihloh hangin khuahun hong tungin paikhia ding hi.

Tukal sungteng, Pasian Amite’ kikal langnihnei thuciamteng isin ding uhhi. Pasian hehpihna tawh “Pasian nasepna deekdeek naun keini.

SUNDAY

January 8

Hotkhiatna Thuciam

Singlamteh tungah Khazih’ hong sihna in a nungta ngei mihing khempeuh adingin hotkhiatna lampi honsak hi. Khuahun kamciam bang hilo in, Hotkhiatna pen amau sepna leh seplohma siksanin mikim tungah kipia hamtang hilo hi. Mi khempeuh kihonkhia khin ding cih upna pen “**tangpi tangta**” upna kici hi. Zeisu genna kician mahmah lel hi. Amah mihing khempeuh adingin si a hita zongin, kong tanzau ah a lutmi peuhmah tawntung sihna tung ding ciziau hi (*Mate 7:13, 14*).

Anuai ateng in Zeisu hong hotna mihingte sanzia ding bangteng hong hilh hiam?

1John 5:13

.....

Mate 10:22

John 6:29

2Pet. 1:10, 11

Paul in langnihnei thuciamna telcian mahmah hi. Amah kisuamlum tading cih theikhol a, a lawmlehgual tampi in amah don nawnlo hita mahleh, Paul in alawm Timothy kiangah, ama' hun tawpna deeknawnlo ahihthu gencian hi. “*Kei kahihleh Pasian biakna in hong kipiaq dinghun hita hi. Kidemna ah ka hattawp in ka hihkhin ta a, a mong dongin katai khin a, upnathu khotakin len in kazokhin hi. Thu a manin akhen Topa in, tua ni ciangin kei a hong piak ding thuman lukhu ahi gualzawhna thaman in, tu in kei hong ngak gige hi. Kei tung bekah hong pia ding hilo a, ama' hong pai kik ding itna tawh angakte khempeuh tungah zong apia ding hi.*” (2Tim. 4:6–8).

Paul in, “*Galdona hoihtak ka do khinzo a, ka vaipuak ka khinzo hi; upna zong lenkipkhin ka hih manin a kithawisa in ka omkhin hi*” ci hi. Hotkhiatna peuhmah upna hangbek ahihna, thukham zuihna hang peuhmah hilo, a tungah zong Pasian tawh kilem nading ama' seplehbawl peuhmah suang hetlo hi. Amah angak “**Dikna lukhu**” zong Zeisu’

dikna hi a, Paul in upna bekmah tawh a tawp dongin ka lenkip zo hi cihi.

Hotkhiatna peuhmah i kiphuut lohpi silpiak hi cihteihang, tua silpiak a sangte leh asanglote kikal ah bang kilamdanna namu hiam? I saanleh zong bang hongkal hiam?

MONDAY

January 9

Limtakin Ngai

Thuhilhkikna laibu pen, gamlakah kum sawmli sungteng Israel mi khangsawn tetungah Moses in akam vaikhakna akigelh ahi hi. Jericho khua nisuahna lam Moab zangkuam ah a genkhiat ahi hi. Thuhilhkikna laibu pen “**Ciaptehna Laibu**” zong kicithei hi.

Hih laibu sungah, Pasian cihtakna teng Moses in enkik phadiak hi. Sinai mualpan Kadesh Barnea leh Khapsa Gam gi dong khualzinnateng pulakkik a, kum sawmli sung gamlak a langdonateng zong phawkkik sakpha hi. Thukham sawm zong phawkkik sak a, sawmah khat sum kholna phual tutding zong hilhpha kik hi. Ahihang Thuhilhkikna' thubulphuhpi in Pasian' thu mangleh thupha ngahding cih hi. Pasian in Ama' mite kem nuam leh kemzo dingin a thahat Pasian a hihlam zong pulak hi.

Thuhilhkikna 28:1–14 sim in. Mipite bang thupha lianpi ki kamciam hiam? Ahihang a saantheih na'ngun bang hihding uh ci hiam?

Pasian in mipite adingin a lamdang mahmah thupha tampitak ngimna neisak ahihlam telsaknuam mahmah hi. Tua ahih manin “*limtak in na ngaih uhleh*” ci in, amau tawntung mailam thu pen hih tungah kinga cih theisak nuam hi. Suakta takin teeltheihthu ahi hi. Pasian teeltuam mite hi uh a, thupha lianpi leh kamciam lianpi neite hi uh a, a hihhang tua thupha leh kamciamte pen a kingahtetei ding zong hituanlo hi. Pom ding sanding leh nuntak pihding kisam hi.

Tua sang a haksazaw nadang bangmah Pasian in kal tuanlo hi. “*Tuni a kong gen hih thupiaknate pen note ading in a haksalua hilo a, na zuihlah dinguh zong hilo hi. Note in, eite in athu za in i septheih nadingin kua in vantungah hong paisak in hong laksak ding ahi hiam na cihtheih nadingun, vantung a om hilo hi. Eite in athu za in i septheih nadingin kua in tuipi galkhatah hong paisak in hong laksak ding ahi hiam na cihtheih nadingun zong tuipi galkhat ah om hilo hi. Athu hongnai mahmah hi. Note in na hihtheih nadingun na kam sunguh leh na lungsim sunguh ah omhi?*

(Thuhilhkikna 30:11-14).

Himahleh thuphateng banah, samsiat na’ng vauna zong om a, tuate pen thumanloh ciangin hong tungding (*Thuhilhkik. 28:15-68*), amau mawhna leh langdona suulzuite ahi uhhi.

Tuni in “limtakin thungai” acih in ei ading bang khiatna nei a, Pasian in bang hong sawlnuam hiam?

TUESDAY

January 10

Topa Pahtawi

Paunak laibu in a dik akhial lam tamgenlo a, pilna leh haina hizaw hi. A simpeuh in pilna tungtawn hamphatna leh haina tungtawn tukna mupah ding uhhi.

Paunak 3:1-10 sim in. Bang kamciamhoih hong kipia hiam? “Na neihsa leh anpalte” acih in eite ading bang khiatna nei hiam?

.....

Neihsa zeekna ah Pasian pen a neipa ahinhna pulakkha in, Amah’n hong vaihawmsak ding cih upna tawh Amah masak ding hongkal hi. Tua khengin Amah masakleng, a dangteng zong hong piathuahlai ding cilia hi. Amah masakna zong upna tawh gamtatna khat hi a, lungsim khempeuh tawh Topa muanna lahna, eima pilna tungah kingaklohma ahi hi.

Singlamteh sangin, Pasian’ itna muanna sungah hong tuangsak theizaw ding dang bangmah omlo hi. Zeisu in hong Piangsakpa (*John 1:1-4*) bek hilo, hong kemcingpa (*Heb. 1:3*) leh hong Honpa (*Mang. 5:9*), neihsa khempeuh

pan a gahmasa piakkikna cihte pen aneupen i bawltheih ahi hi.

“Topa in sawmah khat pen kei a’ acih banah, Ama a’ding koihtuam ding cilai hi. Na neihsa khempeuh uh leh, anpal khempeuh tawh Topa pahtawi un” cihi. “Eima a’ khempeuh eima’ deih bang in i zathkit teh, a valteng Topa pia cihkhawng pen, sawmah khat mah hiphial taleh, tua cih lohding ahi hi.”—Ellen G. White, *Counsels on Stewardship*, p. 81.

Amah masak leng “**ansal teng dimding**” Pasian in cihi. Tua zong a lamdangpi peuh hi tuan lo hi; khatvei khawng ihmuit nakhanlawh ciangin na ansal a dimsia in na om ding hi tuanlo hi.

Laisiangtho sungah kepsiamna thukhun tampi om a, geelsiamna, sumbawl siamna, tua munte pan Pasian tungah cihtak ding leh Pasian masak dingin hong sam hi.

Sumlehpai haksat mahmah hun ansal leh sathau umm a dimloh kawmkal ah Pasian tungah cihtak ding hong kisawl lailai hun in koibang in Pasian kamciam i muangthei ding hiam?

WEDNESDAY

January 11

Sawmah khat Thukimna

Sawmah khat piakkikna pen Pasian tawh kinaihna lamah akinai mahmah khalam kizopna om hi. Israel mite zong Pasian’ thu manguh a sawmah khat a piakkik uh

ciangun khangto uhhi. Tua bang ahihloh uh ciangun haksat hun hong tungleh pukpah leuleu uhhi. Thuman hunin hauhna leh thumanloh hunin buaina kilumlet denkeei uhhi. Amau cihtakloh hun laitak in Pasian in kamsangpa **Malachi** tungtawn in **langnih thukimna** khat Amite tawh bawl hi.

Malachi 3:7-11 sim in. Bang kamciam leh vaipuak na mu hiam?

.....

Pasian in mipite kiangah Kei nongzuat uhleh, Kei zong note kongzuan ding cihi. Amah zuan ding cihipen bang a cihnopna hiam cih a dot uh ciangun, “*Sawmah khat leh sumpi nong guksak uh khawlta un*” cihi. Amau samsiat thuakna thu in a guktak manuh ahi hi. Pasian in tua samsiatna a bawldam na’ng in “*Sawmah khat om khempeuh ka innah hong paipih un*” (*Mal. 3:10*) cihi. Tua bang nong hih uhleh “*Vantung tawlet kong hon ding a, thupha tampi hong luangsuk in koihna’ng mun zong omlo liang ding hi*” cihi. Koihna’ng munzong a omlohliang ciangin, midangte i huhding a Pasian’na sepna zong khangto sakthei ding hihang.

“A Tapa neihsun asihdong in hong pia-ngampa in nang tawh thuciam hongbawl hi. Aman A thupha teng hongpia a, tua lakpan sawmah khat leh sumpi piakkik ding hongkal leuleu hi. Hih thu tawh kisai in telzawh ding himahmah lo hi a

ci ngam ding kuamah omhetlo hi. Sawmah khat leh sumpi piakzia ding khempeuh geelsitset sa in Pasian in Malachi 3 sungah hong hilhzo hi. Amite tawh a bawlsa thukimna tungah citak ding in Pasian in hongsam hi”—Ellen G. White, *Counsels on Stewardship*, p. 75.

Judah Kumpi **Hezekiah** hunin thumanna tawh hamphatna khat naki ciamteh hi. Judah gam sungah khanlawhna takta khat hong om a, mipite in sawmah khat leh sumpi a kimtak in biakinn ah hong paipih uhhi. Tam hong kipaipih lualiang in biakinn sungah vumsal liang hi. *2Khang. 31:5* in, “*anpalte, lengahzu, sathau leh khuaizu lo a piang khempeuh; nakhempeuh lakpan a sawmah khat hong paipih uhh*” cihi.

Nangma’ sawmah khat (kiamphial leh zong) in Pasian tawh na kizopna thu bang hong gen naci hiam?

THURSDAY

January 12

Zong Masa

Zeisu thugen “*mihonte in azak uhciangin lungdam mahmah uh*” (*Maku 12:37*) cihi. Zeisu’ nungzui in a thugen a ngai mihonte a tamzaw pen, nautaang mite vive ahi uhhi. Mualpang ah a kivaak a, mualtung sermon angai mite ahi uhhi. Zeisu in amau kiangah, *na innkuuan vaite uh na lunghihmawh lam Ka thei hi. Nisim nekding dawnding leh silhten ding khualum na ding leh buk na’ng mun nalungkham* uhhi. Hih tengah **Kei** hong geelsakna ...

Mate 6:25-33 sim in. Bang hong kamciam a, tua kamciamte saantheih nading in mipi in banghii ding uh hiam?

Pasian hong kamciam tampi takte pen langnih thuciamna nei ahi uhhi. Tua thuphate saan theih nading in, eima lampan zong sep ding kisam zel hi.

Isaiah 26:3 sim in. Pasian’ lungnopna neih theihna’ng bang hongkal hiam?

1John 1:9 sim in. Mawhna pulak leng Zeisu in bang hong hihsak hiam?

2Khang 7:14. Pasian in “na hih uhleh” leh “kong” acih bangteng om hiam?

Hihmunte banah a dang tampi takmah in Pasian alianpen ahiihang, hong piangsakpa leh hong kemcingpa ahiihang, hotkhiatna pen hehpihna bek hi a, ei’ sepna omlo mahleh, hih leitung ah kidona lianpi sungah eite’n zong i kihel kulveve lai hi. A siangtho silpiak ahi deihtelna

zangin, Khasiangtho pompaahpah in Pasian hongsawlna bang mang ding hihang. Pasian in thupha leh nuntakna hong piakteei hang, samsiatna leh sihna zong teeltheilai hihang. Pasian in “*Tua ahih ciangin note leh nasuan na khakte uh na hintheihna dingun nuntakna teel un*” (*Thuhilhkik.* 30:19) hong cihpen lamdang sakding hituanlo hi.

FRIDAY*January 13***Ngaihsutbeh ding:**

*“Pasian’ mite in, bang hun peuh ahi zongin, Ama’ hong geelsaksa ombangin saumah khat leh sumpite cihtakna tawh apiak uhciangin, a om gige kamciam ahi, Ama’ hong kahnna bangin a thumangte peuhmah a nasepna vuah hauhna in zui ding ciythu a phawk uh ahi hi. Pasian kammalte phawk in Ama’ kalhte ahihuh ciangun, amau’neihsa tawh Amah pahtawi uh a, amau ansalteng zong antang dim hi. Ahihhang sawmah khat leh sumpi Pasian kiangpan a buluh uh ciangun, Pasian bek buluh hilo in, amau mahmah a kibuluh uh ahi uhhi. Amaute un Pasian a piak dinguh a ciangtan uh manun, Pasian in zong apiak ding thupha ciangtan ta hi.”—Ellen G. White, *Testimonies for the Church*, vol. 3, p. 395.*

Upna tungtawn bekin hong kihonkhia cih Laisiangtho in telgen a, Pasian hehpihna silpiak ahi hi. Pasian’ thupiak zuihna zong Pasian hehpihna thuhkikna hi a; tua in bangmah thalawh thei peuhmahlo (*thalawh thei zenleh hehpihna hilota Rom. 4:1–4*) hi.

Langnih anei eite tawh Pasian’ thuciam i et ciangin, i thupha saan ding teng leh i sep leh bawl dingteng kimu hi. Pasian hong piak teng dawngkik leng, Amah tawh kizopna alian akip anei ihi a, eite mailam ding zong hong

khensat sakpah hi. Thumanhna – itna tawh citak in sepna – nungzui taktak hihna lim ahi hi. Thumanloh lamah paizawk ding hilo a, upna bekmah in Khazih’ hehpihna tawh tonkhawm ahih manin, Pasian hong kahnthuman na hong piangsak hi.

Kikupding Dotnate:

1. **Adventist khempeuh in sawmah khat piakkik citak le-uh, pawlpi in i thupuak nasep na’ng leh a dang kisapna khempeuh ading in sum a kisamzah sang tamzaw omding kici hi. I pawlpi tungah sawmah khat piakkik ding hong kikalh ciangin, nang bang nahih hiam?**
2. **Eite teeltheihna leh sepawl khempeuh in Pasian tawh i kizopna ah thupi cih lungngai phot in. Sawmah khat piakkikna a kihelsa sepna leh thumanhna vai dotna a omciang in, thukham bangin ngaihsunlo in nabangci hih hiam?**
3. **Tuesday sinna tawpna a dotna ah haksatna hunsung ah zong cihtakna cihpen kikumkik un. Tuabang a om ciangin koibang natel a, lungkialo ding in na koici om hiam?**

Lesson 3*January 14 - 20***SAWMA KHAT KITHUKIMNA****Sabbath Nitaklam***January 14*

Tukalsung Simding: *Pian. 14:18–20; Mal. 3:10; Thuhilhkik. 12:5–14; Siam. 27:30; 1Kumpite 17:9–16; 1Cor. 4:1, 2.*

Kamngah: “**Ka biakinn ah an a om theihna dingin sawmah khat akim in hong paipih un. Vantung tawlette hong in, na koihna ding omlo liang dongin thupha kong buak leh buakloh hong kisin un” vanglian Topa in cih*i*.** (*Malachi 3:10*).

Piancil 14 ah, Abram in a tupa **Lot** innkuuan leh midangte **Sodom** mite a hotkhat khit ciang in, gualzo takin hong ciahkik hi. Galsunga a supsa khempeuh Abram in honkhia kik a hihmanin Sodom kumpipa nuammahmah hi. Kumpipa letsong piakding anial banah a ngahsa tengpan saawm ah khat pen Mechizedek tungah pia hi.

Abram in sawmah khat a piakkik khit phetleh, Topa in, “*Lau ke’n, Abram aw; Keimah in lauhuai napan in nang ka hong hu ding a, na thaman lianmahmah ding h̄*” (*Pian. 15:1*) cih*i*. Topa in, “*Patau kei o, Ke’n kong hut banah kong sik lai ding h̄*” acihna ahi hi. Tua khit sawtpipek ciangin, Israel mite Canaan a lut dektak laitak Moses in, “*A Kumkum*

in na lo uhah apiang, na khaici pan un apiang khempeuh sawmah khat na pia ding uhhi... Topa na Pasian uh na zahtak tauntung na dinguh na theihna ding” (*Thuhilhkik. 14:22, 23*) cih*i*.

Ellen G. White in zong: “*Moses tungah biakpiakzia ding a kipiak mapek, Adam hunpan kipan in, Pasian tungah biakpiak ding kikal khinzo hi.*”—*Testimonies for the Church*, vol. 3, p. 393. Hihte in tuni eite ading bang khatna nei naci hiam?

SUNDAY*January 15***Sawm lakpan Khat**

Dictionary in sawmah khat pen “sehsawm suah sehkhat” leh “zaa ah sawm” ci hi. Laisiang tho sungpan a lak hihtuak hi. Sawmah khat cihpen akingahzah ahihkeileh ameet tengpan za-ah sawm cihna hi. Topa a’ i hihlam tel masa photphot hihang. Sinai mualah sawmah khat piak ding a genlai in, sawmah khat pen siangtho in Pasian a’hi (*Siam. 27:30, 32*) cih*i*. Pasian in zaa-ah sawmkhat bekma hong kal hi. Lungdamna sumpite leuleu pen atuam hilai a, sawmah khat khit hilai hi. **Sawmah khat pen Christiane kipiakkhatna neupenpen ahi hi.** Laisiangtho mun khatpeuh ah Pasian hong piaksate pen sawmah khat sang tawmzaw hi acihna omlo hi.

Pian.14:18–20 leh Hebrew 7:1–9 sim in. Abram in Melchizedek tawh akimuh ciangin bangci hiam? Hihte

in tanglai pekin zong tuabang omkhin ciythu hong koici hilh hiam?

Laisiangtho in sawmah khat thu Pian. 14 ah gen masa pen a, Melchizedek leh Abram aki muhna uh ahi hi. A nunungpen a genna leuleu, tua thu mah agenna hi a, sawmah khat (*Heb. 7:1-9*) mah naci hi. Hebrew sungah Melchizedek leh Khazih pen Levi suan ci ahih manin, sawmah khat limlim Levi mite a'ding ahi hi. Sawmah khat piakna pen Jew mite a' zong hilo, Sinai mual ah Hebrew mite tawh a kipan zong hilo hi.

Pian. 28:13, 14, 20-22 sim in. Pasian in Jacob ading bang kamciam pia a, Jacob in zong koibang in Pasian dawngkik hiam?

Jacob in a upa Esau hehna hang innpan a taikhiat ciangin, zankhat a mangsungah vanlehlei kikal kahlei kikhung muhi. Vanmite kahto tuaksuk uhhi. A dawnah Pasian dingin Jacob tawh omkhawm in ni khat hong ciahpihkik ding ci in kamciam pia hi. Hih tangval khangnopa in kikelna taktak ngakhha bilbel a, "Topa in ka Pasian ahi hi ... Nong piak khempeuh pan sawmah khat kong aapkik ding hi" (*Pian. 28:21, 22*) a cihi.

Sawmah khat pen, Sabbath bang a Eden panin kipan lah hilo, Israel mite biakpiakna zeh sungah lah kihello napi, banghang in telphat ding thupithei hiam? Singlamteh khit eite a dingin hih thupuak pan bang thumaan kingahthei ding hiam?

MONDAY

January 16

Sumkholna Koiteng hiam?

Malachi 3:10 sim in. Sawmah khat teng koiah paiding cih bangteng honghilh hiam?

Hi mun ah lamlahna kician a omloh hang, Pasian' mite in "**sumkholna**" acihpen tellel uh hi. Pasian in "*Ka inn sungah an a omtheih na'ng*" cipah hi. Ama' mite'n Pasian' inn cihpen biakbuk ahiham theilel uh a – Sinai mualtung a Moses kiangah adung avai a kihilh sitset in akilam bukpen ahi hi. Israel mite Khapsa Gam ah a teenuh ciangin, amau munlaisaan masapen Shiloh leh a kip tawntung zawpen Jerusalem biakinnpi ahi hi.

Thuhilhkik. 12:5-14 sim in. Hih munte pan, Pasian' tate in amau' sawmah khat teng pen amau kholnopna mun peuhpeuh ah khol mawkawkthei saklo hi. Tuni eite'n zong bang thukhun peuh kilathei ding hiam?

Pasian innkuanpih eite in, sawmah khat bangcih ding cih kitelpha nuam mahmah lel hi. Lai siangtho genna ah kumkhat in thumvei – Paisanpawi, Penticost leh Bukpawi ciangin (*Pai. 23:14–17*) – Pasian’ mite in, sawmah khat leh sumpi tawh Pasian bia ding leh pahtawi dingin Jerusalem ah hong pai ngeingai uhhi. Tua ciangin Levi mite in, gam sung khempeuh pan hong pai, amau sanggam khempeuh tungah sawmah khat (*2Khang. 31:11–21; Neh. 12:44–47; Neh. 13:8–14*) teng kihawm uhhi. Laisiangtho banga sumkholina bulpi dingin, Seventh-day Adventist pawlpi in khuatual conference, mission, leh pawlpi kigawmkhopna (*union of churches*) pen leitungbup aiawh sumkholina in ciameh in, nasepna thamante kipiakhia hi.

Pawlpi mite noptuam nadingin, sawmah-khat pen khuatual pawlpi ah kipaipih a, amau biak piakna khat zong hipah in, pawlpi mite in sawmah khat leh sumpi hong keng uh a, pawlkhat in lah online panin zong piathei uhhi. Khuatual sumkemte in conference/mission sumkholina ah puakkik uhhi. Hih sawmah khat piakzia pen Pasian honghilhna bang hi a, Seventh-day Adventist pawlpi in leitung a huamzawh na’ng khantoh lawh mahmah hi.

Mimalsim in pawlpi nasepna dingin eima piaknop khatpeuh piathei ding cihbang in ngaihsun dih in. Pawlpi bang asuak tam? Tuabang ngaihsutna hoihlo Laisiangtho tawh kikelki khawng kihihthei hiam?

TUESDAY

January 17

Sawmah khat’ Ngimna

Siampi 27:30 leh Gam. 18:21, 24 sim in. Pasian in sawmah khat tawh banghii ding ci hiam?

Pasian pen na khempeuh aneipa (*Late 24:1*) hi a, Amah’n sum kisam takpilo hi. Sawmah khat pen Ama’ ‘a ahiih manin, tua tawh banghii ding cih honghilh a, lungdamthu tangkona ding in zang ding hongci hi. Tua hi a, Pasian’ nasemte kisapna teng Pasian’ sawmah khat tawh kivaihawm sak hi.

Laisiangtholui lai Pasian’ nasemte – Levi namte – namdangte bangin mun lianpi kipialo hi. Levi namte ading khuapi tawmno khat kipia a, bukna’ng khuapite zong kihel a, a mimal huan bawl zawkhop ding mumbek kipia hi. Namdangte’ sawmah khat tawh amau kivak uh a, amauten zong a sawmah khat uh piakiklai uhhi.

Sawl. 20:35 sim in. Bang thupuak kimu a, sawmah khat tawh koici kizop hiam?

Sawmah khat piakna in Pasian muanna piangsak ahiih manin thupi mahmah hi. Na sumlut lakpan sawmah

khat khenkhia in “**piakhia**” (*Pasian a' hiven*) cih limlim upna tawh kalsuanna hi a, tuabang kalsuanna bek tawh nang’ upna khangthei pan ding hi.

Hun nunung, midikte'n sum a leitheihlo a zuaktheihloh hun Mang. 13-14 genbang hong tun ding ngaihsun phot in. Leitung buppi in eite langkhatah hong omgaih uh ciangin, Pasian’ sikna vanglian leh hong itna muantheih ding thupi mahmah hi. Citak takin sawmah khat piakkikna in tua muanna piangsak thei hi. Eima dinmun tuamtuam ense lo in, Pasian muan ding kisinna in bang zah thupi hiam?

Sum vai cihtak ding athupitna nihna in, muhtheih Pasian’ thupha mahmah hong kamciam hang ahi hi. Sawmah khat thukimna sunga kihel khat in, Pasian in a thupha tamlua liangin koih na’ng mun zong omlo liang ding ci hi. Tua a valliang teng tawh midangte huhna leh Pasian’ na sepna ah kizang thei ding hi.

“Ngahna sangin piakna ah thupha omzaw” cih thupha koibangin naphukha ngei hiam?

WEDNESDAY

January 18

Sawmah Khat Sumbul panmaw Ametpan?

Eite sawmah khat pen hong “**lut**” pan, nai tawh ahi a khasum pan ahi zongin kituat a, eima’ aituam nasep asem ihihleh, amet “**akhang**” tungpan in kipia hi. Gam

tampi takte in, nasechte’ thaman panin, bitna’ng, lampite leh leite, nasep neilote noptuam na’ng cihbang in phiangsiah dong uhhi. Sawmah khat piakna’ng in, sumbul pan maw a metpan cih dotna pen phiangsiah piakkhit maw piakmaa cihbang in hong piang hi. Amau’ na a semlel mite in, a mimal phiangsiah a piakmaa in a summet taktak teng tungpan in pia uhhi.

Seventh-day Adventist pawlpi in sawmah khat a pia mimalte tungpan thukantel zel uh a, phiangsiah piakma in sawmah khat pia uh cihi.

1Kumpite 17:9–16 sim in. Elijah hong tunmaa in meigongnu’ dinmun koibang hiam? Kamsangpa in amaute akidonmaa in bang hih ding sawl hiam? Hih tangthu panin tulaitak a i kidotna koici dawntheih ding ihi hiam?

Pasian in Zerephath meigongnu kiangah Pasian’ mi khat nang kiang hong pai ding hi cihi (1 Kumpite 17:9). Elijah hong tung petmah a, tuanu’n zong amau nuntakzia telgen hi. Elijah in tui dawnkhat ngen masa a, tua khit ciangin, “*Lung himawh kei in, pai inla na gensa bangin an hong bawl in. Kei adingin mohneu khat hong bawlsak masa inla, kei kiangah hong paipih in; tua khit ciangin, nang leh na tapa ading bawl in. Topa in leitungah guah azuhsak mateng in, bel sungah annel beilo ding a, umsunga sathau zong kiam ngeilo ding hi cihi*” (1Kumpite 17:13, 14) a cihi.

Hih thu pen kamsangpa angkhualna maw, upna asinna maw leh – a taktak in, tua nu' upna gamtangsak zaw maw? Dawnna bel baihlel e.

Sumbul leh a met cihpeuhmah eimau' khensatna bang hilel hi. Pawlpi in bangcih ding cih hong ciangtanh saklo hi. Eima' khensatna bangin pai ding hang a, eitawh akibanglote khawng thukhen mawkmawk loding hihang. Mi khempeuh in Pasian'maiah dawng ding uh a, Pasian bek mah eite' teeltheih ahi hi. "Mimalkim in eima tungtang thukhen ding kihi a, lungsim sunga ombang in piak ding hilel hi"—Ellen G. White, *Testimonies for the Church*, vol. 4, p. 469.

Sawmah khat a pia ngeilo khat kiangah sawmah khat piakna hangin hong luang thupha koi bangin na hilhcian ding hiam? Bang thupha peuh hi a, sawmah khat piakna in nangma upna koibang in thahatsak hiam?

THURSDAY

January 19

A Thuman leh Citak Sawmah Khat

1Cor. 4:1, 2 sim in. Pasian' tate leh athupha kemcing eite in, koici bang mi hiding in thungen ihi hiam?

.....

Sawmah khat tawh citak cihteh bang acihnopna hiam? Tu kalsung sawmah khat vai thubulpi pawlkhat kisin ding hihang:

.....

1. A phazah — sumlut leh a metpan sawmah khat, zaa ah sawmkhat.

2. Sumkholna ah paipih — lungdamthu naseunte' thaman piakna mun.

3. Sumlut masa tawh Pasian pahtawina.

4. Ngiimna maan tawh zang ding — Pasian nasepna ah panpihna.

Pawlpi mite in a tunga thumteng lapsang nading; Sumkholna thuzeekte in sawmah khat a kilawm in kizangsak ding.

Sumpi bang hi lo in, sawmah khat pen ei thu tawh zeek theih hi lo hi. Sawmah khat leh sumkholna pen eimau vaipuak vive mah hi. Ei thu tawh gamgi kikai mawkmawk theilo hi. Keima **summet** panin sawmah khat akim in kapuak keileh, sawmah khat a pianailo kahi a; sumkholna ah tua sawmah khat kapuak keileh, sawmah khat apialo mah kahi veve hi.

Mate 25:19–21 sim in. Pasian' sum kazeek daan cikciang in ka pulakkhat kul ding hiam? Sum thu a citakte bang kici hiam?

.....

*“Sawmah khat akimin sumkholna ah hong paipih un (Malachi 3:10) cih pen Pasian thupiak hi. Lungdamna peuh phalna peuh hong ciло hi. Hih thu pen thuman cihtakna hi. Sawmah khat Topa a’hi a; Ama’neihsa Amah’n hong ngenik hibek hi”—Ellen G. White, *Education*, p. 138. Pasian ading zeekkha cihpen hamphatna vilvel hi a – vaipuak khat zong hilai hi. Thupha hongpia hong kemcing in sawmah khat hong ngen, tua sawmah khat Ama’ na sepna ah zang, tanglai Israel hunlai Levi namte apiakbang ahi hi.*

Pawlkhāt in amau sawmah khat piaksate a zatdaan lungkim mello uh ahīh manun, a sawmah khat puaklo pah uhhi: Pasian in “sumkholna pan a zeekdan a thumaan nakleh sawmah khat akimin sumkholna ah hong paipihun” koi ah ci a hiam?

FRIDAY

January 20

Ngaihsutbeh ding:

Ellen G. White laisung a sawmah khatvai agelhna, *Testimonies for the Church* volume 9, laimai 245–252 sung sim in. Khenpi III, *Counsels on Stewardship*, laimai 65–107 zong simlai in.

*“Mihingte’ sawmah khat a kimin Topa’ sumkholna ah hong tungkin hi peuhmah leh, Pasian leh mihing kikal ah thupha zawi kihong in, thupha nakpi takin kisang ding a, a siangtho ngiumna ading piakkhat peuhmah zong a zahsawm in khang ding hi.”—Ellen G. White, *Testimonies for the Church*, vol. 4, p. 474. Hihpen thulamdangpi khat hi. Sawma khat*

thuman leng Pasian in 100 ah 1,000 thupha hong pia ding hi.

*“Malachi thumna ah Pasian in mihing tawh thukimna hong bawl hi. Sawmah khat leh sumpi a citakte peuhmah, Topa in bel Ama’lampan in silpiak lianpi tawh thukkik ding cih kiciansak mahmah hi.”— Ellen G. White, *Review and Herald*, December 17, 1901.*

*“Pasian in thupha tampi hong phahsak khol cihzong phawkkim ciat ding hihang. Tampitak hong pia a, thukimna hong bawlna ah, hong piaksa sungpan a sawmah khat bekmah Amah aaplik ding cilel hi. Topa in Ama’neihsa teng a kemcing dingin hongsawl a, a sawmna peuhmah: **Kei a’ ciji.** Pasian Ama’neihsa mihing tungah a kilawm kituak in hongpiaksa sungpan, mihing in a sawmna peuhmah Amahmah aaplik ding ahihi. Hih thu kician mahmah pen Zeisu Khazih tektek in a geel ahi hi.”—Ellen G. White, *Testimonies for the Church*, vol. 6, p. 384.*

Kikupding Dotnate:

- 1. Sawmah khat in tanglai Israel mite pan kipan hi lo limlim cih lungngai phot in. Tua hi a Pasian’ maiah eite’ tawntung vaipuak ahilam koibang in natelthei hiam?**
- 2. Monday sinna pan dotna kikumphra kik dihun. Mite in a sawmah khatuh mundangah puak lehuh bang**

piang ding cih ngaihsun in. Pawlpi sungah bang piangthei ding? Pawlpi zong ineizo beektam? Kei' sawmah khat bel tawmlua lel e, bangmah petlet zo ke'ncia, cihbang ngaihsutna in bangzah khial hiam? Mi khempeuh in tuaci ngaihsut peuhmah leh bang aci diam?

3. Sawmah khat vai leh a hamphatna tampi kisin khin hiteh. Midangte'n a piaktheih nading in bangci hilhthei ding nahiam?

Lesson 4*January 21 – 27***ZEISU ADING SUMPITE****Sabbath Nitaklam***January 21*

Tukalsung Simding: *2Cor. 9:6, 7; Thuhilhkik. 16:17; Late. 116:12–18; 1Khang. 16:29; Maku 12:41–44; Maku 14:3–9.*

Kamngah: “**Topa hong piak hamphatna khempeuhte hangin, Ama tungah bang piakik ding ka hi hiam? Keimah in hotkhiatna hai ka lamto ding a, Topa min ka sam ding hi. Ama mi khempeuhte mai ah, Topa tunga ka kiciammate tu in ka tangtungsak ding hi.**” *Late 116:12–14. (ZSV)*

Sawmah khat banah sumpite omlai a, tuate pen 100 ah 10 Pasian a ki-apkik khit, eima ading omlai 90 lakpan in khenkhiat ding hilai hi. Tua pen phalna hong kipatna ahi hi. Pasian' mite in sumpi a tuamtuan in pia uh a, mawh thoihna sumpi, Pasian' hehpihna hang a piak; lungdam sumpi, Pasian hong kepna, thuphate leh cidamna, neih le lamh, leh hong pattahna vanglian hang a piakkhat cihte ahi uhhi. Mizawngte ading sumpi, biakinn lam nading sumpi cihte zong omlai hi.

Pasian hong piaksa teng i lungngaih ciangin, eite piakkhatna pen parking lampi aphahsak peuh choir puan lei peuh sangin hoihzaw ahihlam kimuthei hi. Pasian in hong pia masa, adiak in Zeisu hong piak dawnthuk kikna in i piakuh ahi hi. “*Amah'n hong it masa ahih manin eite'n zong Amah i it h̄i*” (*1John 4:19*). Pawlpi, khuatual ahi a, conference, mission, leitungbup pawlpi in i piaksa peuhmah Pasian a'dingin kizangkhia hi.

Tukalsung in, leitungah Pasian'na sepna ah sumpite bangci zat ding cih Laisiangtho hong lamlahna teng kisin ding hi.

SUNDAY

January 22

Piakkhiat Na'ng Tawphah

Pasian i itna pen Ama' hong itmasak hang hi. I piakkhiatte zong Ama' hong piaksa Zeisu hang mah ahi hi. A taktak in "Topa in ei' sumpi lelkhaung kisamlo hi. Ei piakna tawh amah hausak zolo hihang. Laphuakpa in, 'Na khempeuh Nang kiangpan hi a, Nang a' tengmah Nangmah kong piakik uhhi' cihi. Ama' hehpihna pahtawina in, eimah kipiakhia in, midang hawmsawn thei ding in Pasian in hongphal hi. Pasian i itna leh pahtawina lakhkhatna in hihtheih ding tua lampi bekmah ahi hi. Lampi dang hong pialo hi."—Ellen G. White, *Counsels on Stewardship*, p. 18.

Eima sumte Zeisu i aap ciangin, Amah leh midangte i itna khangtosak hi. Tua hi a, sum cih pen nahoih a ding vanglian hi. Zeisu mahmeh in thudangte sangin sumvai tamveipi genbel in nei zaw hi. Mate, Maku, Luka cihte sungah taanggukta ciangin taangkhat sumvai ahi hi. Lungdamthu cihpen zong, sum itluatna leh zatkialhnna pan Pasian in hong hotkhat theihna ahi hi.

**Mate 6:31–34 leh Thuhilhkikna 28:1–14 sim in.
Pasian in athu mangleng bang hong hihsak ding ciham?
Pasian kamciam gengen leng angkhualna ahi diam?**

I sumpi piakte pen Pasian tungah kipum-ap nopna ahi hi. Khalam ah phuutkhak thu hithei a, Pasian pen i Topa bangin, i nuntakna khempeuh kipum-apna ahi hi. Mikang thuciapteh khat in, "**i muuk omna ah i sum koihna**" ci uhhi. Pasian it ing nacithei a, ahihhang phalpiakna in nang itna honglak hi (*zong thahatsak thei*).

Sumpi cih pen, Pasian in hoih asakpen in hong zeek tawntung cih a muang lungsim panin hong paikhia ahi hi. I sumpi in, Khazih hotkhatna sungah khamuan taktakna tungah kinga ahi hi. Pasian hong saantheihna ding peuh in mai-et bawlna hi lo hi. Khazih pen hehpihna leh hotkhatna bulpi hi cih upna tawh asang lungsim panin sumpi hongluang hi.

2Cor. 9:6, 7 sim in. Hihtengah Topa'n bang gen hiam? Mikhat "lunggeelna bang" cih in bang acihnopna hiam? Lungnuam takin piak ding koibang in kisinthei hiam?

MONDAY

January 23

Sumpi Khen Bangzah?

Thuhilhkikna 16:17 sim in. Zakhat tungpan simtawm selo in, sumpi piak dingzah Pasian in koibang in hong hilh hiam?

I sumpite pen, Pasian hongpiak nuntakna, hotkhiatna, kipkhona leh thupha namkim tawh hong tuamdenna teng khempeuh lungdamna pulakna ahi hi. Tua ahih manin, sumpi piak ding zah peuhmah pen i thupha saanzah tungah kinga ahi hi. “*Tampi a kipiapa tungpan, tampi kingen kik ding hi*” (*Luka 12:48*).

Late 116:12-14 sim in. Taang 12 a dotna pen koibang in dawngding ci hiam? A dawnna in koibang in sum hithei sese hiam?

Pasian’ thuphate koici thukkikzo peuhmah ding ihi hiam? Thukkikzo ngeilo ding hilel hi. Ei hihteihsun pen bel Pasian’na sepna in lawmlehgual huhna phaltak in piakhia thei pen ding hi hang. Zeisu in nungzuiteng mission nasem a paisaklai in, “*Man pialo in nasaan uh, manngenlo in piakhia un*” (*Mate 10:8*) ci in vaikhak hi. Sumpite in Khazih tawh kibang nuntakzia khangtosak ding hi. Eimah zong angkhualna pan itna ah kikhel ding hang a; Khazih bangin Pasian’ nasep ahi midangte ading ngaihsutsak ding hihang.

“*Pasian in it in ... piakhia*” (*John 3:16*) cih phawkding hihang. Sun in zan azuih mahbang in – eima ading vive i kholsim semsem leh, i lungsim sungah angkhual semsem ding a, eimah lungkham semsem lel ding hihang.

I piakkhat ding zahpen eimah’n bangzah sangkha cihtungah eima khensatna ahi hi. Topa tungah sumpi paipih cihlimlim pen khalam leh lungsim vaipuak ahi hi. Tua awlmawh lohna zong, eima upmawhna zah sang in khalam ah hong suksiatsak zaw hi.

Na sumpi piak leh na lungsimpauk in Pasian tawh na kizopna bang gen hiam?

TUESDAY

January 24

Sumpi leh Biakpiakna

Laisiangtho in biakpiakna paizia ding bangmah genlo hi. Hitaleh biakpiakzia sungah thuli omhamtang ding hihtuak hi. Laisiangthothak sungah laisinna/ thuhilhna, thungetna, la leh sawmah khat kihelsak hi.

Israel mi pasal khempeuh in Jerusalem khua ah pai uh a Pasian’ maiah kumkhat thumveita kilak uhhi. “*Amaute khut hawmguak in Pasian’ maiah kilaklo ding uhhi*” (*Thuhilhkik. 16:16*). Thu khat pan, biakpiakna sungah sawmah khat aapkikna leh sumpi piakna kihel hi. Paisanpawi, Penticost leh bukpawi ciangin Pasian’ tate in sawmah khat leh sumpite hong paipih uhhi. Tua pawite ah khut hawmpa tawh paikhak ding ngaihsut hak mahmah hi.

Tanglai Israel mite ading in sawmah khat leh sumpi piakna pen biakpiakna thubulpi hipah hi. Biakpiakna

maan taktak cih in, kammal peuh la leh thugetna peuh tawh lungdamkona ciangbek hi lo a, Topa' inn ah sumpite zong paipih in Pasian tungah lungdamna leh pahtawina lahna zong ahi hi. Biakinn ah paipih uhhi; eite'n zong biakpiakna mah in Sabbath niciang in biakinn ah i paipih uhhi.

1Khang. 16:29; Late 96:8, 9; leh Late 116:16–18 sim in. Eite in zong hihteng ah biakna piakzia ding a omteng eima biakpiakna sungah koibangin zangthei ding ihi hiam?

Pasian' tate, leitungah Pasian' nasep a zeek dingin vaipuak neite pen, hamphatna namkhat mah hi a, sumpi paipih theihna'ng tavuan neite ahi uhhi. Topa in Ama' ading pattah ding naupangte hongpiak khakleh, Sabbath School leh biakpiak hunte sungah, sawmah khat leh sumpite piakkhat anopna ki hawmsawn thei hi. Munkhatkhat ah sawmah khat pen online pan zong kipia thei hi. Bangcipiak ahi zong in sawmah khat aapkikna pen biakpiakna khenkhatmah ahi hi.

Sawmah khat leh sumpi piakna pen biakpiakna khenkhat mah ahihlam nangzong koibang in naphukha hiam? Tuabang hihna in Pasian tawh nakizopna koibang in huzaap hiam?

T-4

WEDNESDAY

January 25

Pasian in Ei Sumpite Awlmawh

Maku 12:41–44 sim in. I hau a haukei zong in, hih tangthu pan bang thupuak kilathei hiam? Hih thukhun in bang hong hilh a, eima biakpiakna ah koibang in zangthei ding hiam?

Zeisu leh a nungzuite biakinn huang sung sum donna sabuai geiah hong pai uh a, Amah in sumpi hong paipihte en gige hi. Meigongnu khat in dangkasan tangnih a tawi teutau mukha citciat hi. Tua nu in aneih khempeuh a piakhia hi. “*Zeisu in tuanu omzia telpah hi. Amah in biakbuk nasep teng peuhmah Pasian’ deihna bang a kisem cih thei a, ama’ hihzawh ding hisa mello it. Ama’ hihzawhzah ciangbek hih pen, ama’ hihna teng khangtauntung in kiciamteh ding a, tawntung hunah ama’ lungnopna’ng ahi hi. Ama’ lungsim a silpiak tawh tonsak a, a man akiseh ciangin, sumtang tawh hizawlo in, Pasian a itna leh Ama’ nasep lunglut in asepna hizaw hi.*”—Ellen G. White, *Counsels on Stewardship*, p. 175.

A thupitna a kiciatna dangkhat ah, piakkhatna limlim Zeisu in hihthu bek genngei a – pawlpi tungah piakna pan Amah nialna a piangkhia, hongsapna leh mission nasepna pan a piakhia pawlpi ahi hi.

Sawl. 10:1–4 simin. Rome galkapmangpa kiangah, banghangin vantungmi khat vahawh thei hiam?

Vantungah a kiciapteh sakliang ama hihna nam nih bangteng hiam?

Vantung in i thungetna bek hong za hilo a, i piakkhiatzia nangawn hong awlmawh lai hi. **Cornelius** in cingh takin apiakkhat ciapteh sak hi. “*Na sum omna uhah na lungsim uh om tawntung ding hi*” (*Mate 6:21*). Cornelius in a piakna vazui hi. Zeisu’ thu sinbeh nuamlai hi. Thungetna leh piakkhiatna in kinaizop mahmah a, Pasian leh vengte itna lahna zong hi a, tuagel zong pen – Pasian thukham thubulphuh nihte ahi: “*Na Topa Pasian na lungsim khempeuh, na nuntakna khempeuh leh na pilna khempeuh tawh it inla, nangmah na ki-it bangin na vengte it in*” (*Luka 10:27*) a cih tegel kek ahi hi. Amasa pen thungetna hi a, a nihna bel piakkhiatna hi.

THURSDAY

January 26

Ngiimna Tuam: Thambel Gol Piakhia

Thu kantelna pan, mihingte neihsa 100 ah 9 bekmah zapzang hi-a, piakkhat theihpak ding in omhi cihi. Sumtang, check, sum kholsa, sum zatlai cihte bekmah zapzangsum kici a, tuabang dan a dangdangte zong hiding hi. Adangteng 100 ah 91 tengpen “**akikhol**” hi a, innte, gannote leh sum ahi nailo teng ahi uhihi.

Sum zapzang leh zapzanglo, 100 tungpan sehna ah a kilamdanna pen; sumtang 1,000 pen limlang thambel nih

tawh khen ding a, tang 10 ta pen 100 tungpan simna in khen ding. Tu in limlang thambel neu khat sungah sumtang 90 na ngah ding a, tua in sumzapzang 100 ah 9 cihna hi a, limlang thambel golzaw sungah sumtang 910 om ding a, tuateng pen, zapzanglo (akikhol) sum 100 ah 91 teng limpua ahi hi.

Mi tampite in thambel neu sungpan – zapzangsum sung panin sumpi piakhia uhhi. Tua pen amau sum laksa ahii keileh puan-ip sungpan peuh hilel hi. Mi khatpeuh in ama’ lunglut phatdeuh khat omleh thamgol sungpan in piakhia hi. Laisiangtho sungah tuabang tangthu tampi omhi.

Maku 14:3–9 leh John 12:2–8 sim in. Simon’ pawih a gamtangpi nihte kuate hiam? Mary piakkhat bangzah manpha hiam? Hihbang hunin banghang in Zeisu vanuhse hiam?

Mary piakkhat pen **denarii** 300-man a – kum khat thaman ahihi. “*Thambel gol*” sungpan piakkhatna ahi hi. Tua khit a sawtlo in **Judas** in, tua sum khenthum suah khenhat sang a tamzawdeuh bek tawh Zeisu zuak hi – “*thambel neu*” pialeng, ngunpeek 30 (*Mate 26:15*) hi. Thambel gol - ahi eima kholsa sungpan piakkhat ding peuhmah pen itna taktak hangbek hi. Judas bangin huaiham lengbel, eima kha nangawn bangmah lo tawh khawng zuakgawp theitak hihang.

Barnabas gamtatna teng zong Laisiangthothak in 28 veibang pulak hi. Ei theihpak ciangah bel sawltak Paul' lawmpa hi a, Pasian' nase m liankhat mah ahi hi. Tuateng piantheihna thubulpi in ama' thu a kipulakna masalam teng ahi hi. Sawltak 4:36, 37 sungah, ama' piakkhatna pen "thambel gol" sungpan ahi hi. Khazih' kammal "note sum omna ah note lungsim uh omding ht" (Mate 6:21) cihi.

Kipiakkhatna limlim a piakhiae leh asangte banghang in thupi khawm thei hiam?

Friday

January 27

Ngaihsutbeh ding:

"Vantung ciaptehna laibu sungah Pasian' innkuanihte sumvai cihtakna zong kiciamteh hi. Thu ciamteh vanmi in Pasian kiangah a kipiakhia, sumkhola ah a kipuak teng, tuabang a kipiakkhat theihna hangthu khempeuh ciamteh sitset hi. Pasian'mittang in Ama' ading akiapiakhia sumtang khempeuh leh phalmello a piakkhatna zong mugige hi. Piakkhatna lungsim zong ciamteh hi. Pasian in Ama'neihsa a ngetkik bangin a aapkik, angkhuallo in a kipia mite, amau nasepna bangin thaman sangding uhhi. Tuabang kipiakkhatna a zangkhial khaung omphial a, a piakhia deihna picing zolo phialmah lehzong - Pasian minthanna leh kha hotkhatna - kha hoithe honkhia ding in lungsim diktak tawh a piakhiae, Pasian' minthanna'ng a ngiimte, a thaman uh mansuahlo ding uhhi."—Ellen G. White, *Testimonies for the Church*, vol. 2, p. 518.

"Pasian in Ama' nasep amainaut nading in thungen in ngiim ding deih hi. Cornelius mah bangin, thungetna leh piakkhatna ah kipumkhat ding hihang. Eite thungetna leh

piaknate pen Pasian' maiah a phawkhuai in hong kahto ding hi. Sepna omlo upna in a si hi; a nungta upna lotawh Pasian kilungdamsak zolo hi. I thunget ciangin, thunget a picintheih nading in thatang lungsim i hihtheihzah in zangkhia ding hihang. Upna tawh nasepkhat nakleh, Pasian in hong mangngilhlo ding hi. Itna leh pumpi nialin sepna Amah'n ciameh hi. Sepna tawh upna i lahtheihna dingin lampi hong honsak ding hi."—Ellen G. White, *Atlantic Union Gleaner*, June 17, 1903.

Kikupding Dotnate:

1. **Koibang in thungetna leh piakna tonkhawm thei hiam? Thungetna in bang piading, kua piading, bangzah piading cih koibang in hong theisak hiam?**
2. **USA ah a minthang Wall Street magazine sungah, khangno nihpen sumzong siammahmah uh hinapi, hehpihuai liangzah in hehna patauhna tawh kidim uh cihi. Khatpa bang "kei sih khit kasum ngah ding 100 ah khat hong khanhang bang phattuamna om hiam" cihi. Hihthu panin, kipumpiakna hiphial lehzong a piapa ading in Khalam bang phattuamna omding a, "hauhnoplautna" (Mate 13:22) pan suahtak theihna'ng bangci hong huhthei ding hiam?**
3. **Ellen G. White in, sumvai ah "zangkhial" acihpen enkik in. Ama cihang in lungsim sungah phawk tawntung ding banghang in thupi thei hiam?**

Lesson 5*Jan. 28 – Feb. 3***LEIBA BUAIPIH****Sabbath Nitaklam***January 28*

Tukalsung Simding: *Thuhilhkik. 28:1, 2, 12; Mate 6:24; 1John 2:15; Pau. 22:7; Pau. 6:1–5; Thuhilhkikna. 15:1–5.*

Kamngah: “**Mihaute in mizawngte uk a, leitawi a late pen a piate’ sila a suak hi.**” (*Pau. 22:7*).

Leiba cihpen “tuni nuntakna teng mailamah lohkik ding” cih ahi hi. Leiba pen tuhun nuntakzia peuh hilel a, ahiihang Christiante dinmun ding hi hetlo hi. Laisiangtho in leiba thapia hetlo hi. Laisiangtho sungah leiba’ thu 28 veibang kimu a, avekpi in siatpai uhhi. Sum leitawina in mawhna hibel cisamlo ahiihang, leiba hangin thusia piang ciythu gen hi. Sumpai vai ngaihsutna sungah, Paul in: “Amau ngahtuakte pia unla; phiangsiah piakdingte tungah pia in, mangmu piak dingte tungah pia in, zahtak dingte zahtak in, pahtawi dingte pahtawi in; itna lobuang kuama tungah leiba neikei un” (*Rom. 13:7, 8*) cih.

Banghang in leiba in leitung buppi – a mimal, kipawlina leh kumpite buaina piazo thei hiam? Kipawlina khatpeuhpeuh in leiba neucik khatbeek nanei hamtang uhhi. Ahiihang tuhun ciangin miing a tamzaw in leiba neiciat uh a, amau ading zong hizawlo phial uhhi.

Tukal sungteng in leibat theihna hangthu leh buaipihzia ding kisin ding hi. Leiba nanei keiphial zong in, nalawm nagualte tungah hih thumanphate hawmsawn in.

SUNDAY*January 29***Leiba Buaina**

Thuhilhkikna 28:1, 2, 12 sim in. Pasian in atate leiba tawh kisai bang thu hoih hong koihsak hiam? Hih **thuhoih koibang in tangtun thei ding hiam?** Ei **ngaihsutna tawh kilamdanglua ahii manin, bang thukhun peuh i ngahthei ding a, eima'a tawh koibang in khek in zangthei ding hiam?**

Kantelna panin, mihingte sum haksat theihna hangthu thum omhi ci hi. Anuai ah a tamvei piangpen panin kigualsuk hi.

Amasa penin awlmawhlohma. Mi tampi, pilna neite nangawn sum siam tuanlo uhhi. Amaute in Laisiangtho sungpan ahi a, leitung pilna pan ahi zong in, sum zeekziate peuhmah sinngeilo uhhi. Lam-etna bel omlai hi. Hih sinna in hihzia ding pawlkhat leh zatzia ding hong hilh ding hi.

*Sum haksattheihna hang thu anihna in huaihamna, angkhualna. Tangkona leh mimal lung gulhna khawng dawnkikna ah, mite in amau hihtheihval in hih uhhi. Amau hihzawhzah sungah nuntakna, mawtaw leh silhteen cihte hihnuamlo uhhi. Hih mite lakah tampitak mah in sawmah khat piakzawh nading zawnglualai ing ci uhhi. Acihna uh dungzui in Pasian’ kamciam ahi pilna leh thuphate lotawh nungta tamai uhhi (*Mal. 3:10, 11; Mate**

6:33). Mihingte ading lam-etna bel ommah a, ahihang, lungsim pianthakna leh lungkimzawhna kisam hi.

Sumhaksat theihna hangthu a thumna in amaumah in amuhkhiat mimal kamsiatna. A kem ding om mello in cinapha mahmah khawng zong hithei uhhi. Innkuanpih in sum thaangzat zong hithei tak hi. Leitung siatna peuh in neihsa teng suksiasnak zong hithei hi. Apian a suah limlim in zawnglua mahmah zong hithei hi. Hih mite ading zong lametna omveve hi. A mailam uh haksa mahmah taleh, a buaina uh kizo veve ding hi. Christian lawmlehgual sungah kikhelna hong omding a; Pasian' mite ngaihsut piakna bangin; hahkat in nasem ding uh a, Pasian in vaihawmsak in thupha zong piading hi.

Ahang thu bangpeuh hitaleh, mikhat khialhna ahih nakleh, leiba kikhiam theilai hi. Ahita zongin, leiba neite in amau nuntakzia, a sumzatzia, leh a sumgeelzia teng a kikhel uh kul hamtang hi.

1Timothy 6:6–9 sim in. Eite khempeuh kidop ding Paul in acihpen bang a hiam? Tua Thu in nang ading bang hi naci a, tua Thu in honghilh bangin nazui siamthei ding hiam?

MONDAY

January 30

Pasian Ngaihsut Piakna Zui

Eite in leitungah omlai iih manin leitungnate tawh i nungta a, tuate in zong hong khim thei mahmah hi.

Sik peuh sathau peuh tawh a kibawl, silehsa ahi lo, bangmah a theitheilo teng peuh tawh vandeih in hauhna in khimsak lel hi. Thukhat ah hauh ding sunmang aneilo, ongbali ngah ding a utlo kua om peuhmah hiam?

Eite zong tua mahbang i hihtei hang, nuntak nuam ding leh hauhding zonna zong khialtuan khollo a, sum hauhna leh neihlam khawngte milimbiak in neihloh ding thupi hi. I saansa thumaan lenkip thei ding in kamciam omkhinzo hi. Hauhna neihlam vante in kha tampi kisiatlawh nading zia-etna lianpi khat ahih manin kidop ding thupi hi.

Mate 6:24 leh 1John 2:15 sim in. A gendan thutuamtek ahihtei hang, a kibang a deihna bulpi bang hiam?

Leitung itna lianlua in, tua itna sungah lungnopna a zon manun mihing te'n, upmawh lohpi in leibatlawh liangthei uh hi. (Lemmello hi; *Thuhilhna* 4:8). Leiba pen Satan thaang namkhatmah hi a, kha a siahna ahihi. Tua ahihmanin Pasian in atate leiba tawh hong kipelhsak nuam hi. Topa in leiba tawh kipelhtheih nading lampi Laisiangtho sungah ngaihsut hong piakna tampitak mah omkhin hi.

Late 50:14, 15 simin. Pasian' mite koibang lungsim pua in nungta ding ihi hiam? "Thuciambia" cihteh bang acihnopna hiam?

Pawlpimi suahtheih nadingin hong piangsak in hong honkhiapa Pasian phatna leh lungdam kohna tawh kilut hi. Tuiphum kiciamna sungah, “Seventh-day Adventist pawlpi in pawlpi manhi cih umin, tua pawlpimi khat ahi dingin a uttakpi mah nahi hiam? Na sawmah khat leh sumpi bek thamlo nangma thatang mahmah tawh Pasian biading leh pawlpi panpih ding naci hiam?” cihbang dotna hong kidong hi. Seventh-day Adventistte in khutlapna tawh thukimna kilak hi. Tua hi a Late 50:14, 15 pen Pasian tungah lungdam ako mite kamciamna hi a, citak takin “thuciamnia” ahi uhhi.

**Leitung hongzolna khempeuh lakah nangma
hihna hoih ahihlam nang teelna in bang hong hilh hiam?
Sum leh hauhna bekmah lunggulh tenten tuanlo in
nasep hahkatna tawh banghang in nuntak nuamthei lel
hiam? Bang kilamdang hiam?**

TUESDAY

January 31

Leiba Pelhtheihna ding

**Pau. 22:7 sim in. Leitawi hong piate' sila koici
kisuak thei hiam?**

Hihbang kamsiatna tawh kipelhna'ng bang kihih thei hiam? Leiba naneih khakleh, anuai a kigualsuk tengin leiba hepkhiat na'ng hong huhthei ding hi. *Gensathu* hilel a, cialthum omhi.

Tua *gensa thu* penbel, Pasian tungah ki pum-aap ding a, a siangtho Ama' sawmah khat a kimin aapkik leng, Ama' pilna leh thupha sangding cihi. Ama'thu amang peuhmah thupha piak ding ngaklah mahmah hi.

Cial khatna; leiba bawlthuah nawnloh na'ng sum pia nawnlo ding: leiba tawh sum zanglo ding hi. Sum leitawi lakei peuh lecin, leiba neilo paahding hiteh. Sum leitawi behbeh kei peuh lecin, leiba neithuahthuah nawnlo paahding hiteh.

Cial nihna; Pasian tawh thuciamna khat bawl in, Amah'n thupha hong pia peuhleh, leiba loh mengmeng theita ding hiteh. Pasian in sumlam thupha hong piak leh, tua sumtawh na leiba kiam sak inla- nadang leilei senawn ke'n. Hih cial pen a thupipenpen ahi hi. Mite in lametloh sum a ngakhak uhteh zangziau lelthei uhhi. Tuabang hihke'n, Na leiba kiamsuk sakpeuh in.

Cial thumna; Sepding teng *khuttawi lai* ahi hi. Na leiba teng gualsuk in. A tampen pan kipan a tawmpen dong gualsuk diudeu in. Innkuan a tamzawte' leiba pen innpong, lopong cihte adawn ah omuh a, credit card leh mimal leiba taktak pen a taw ah omsuk hi. Khasim in a tawmpen na piak zawh dingzah ngaihsun in. Tua khitteh, napiakzawh dingzah pen, thuapnih suaksak leuleu inla, leiba kigualsuk teng' nuai, ataw-nungpen ah gelh in.

Tua a tawmpen leiba kizopah cih namuh ciangin nuam mahmah ding hiteh. A taw-nungpen a leiba nalohna

pan a omlaiteng atungzom loh nadingin, na hih ngeibang in hihtoto in. Aneuzaw pan tuabang in nalohzel ciangin, a tungzomte lohna ding zong hong omzelzel pen, lamdang saliang ding hiteh.

Pasian in leiba neih ding hong deihlo hi. Pasian tawh khatvei thuciam bawl leng, ka innkuān un Pasian in lam-etlohp in thupha hongpia a, leiba zong upmawh sangin kiam manlang zaw ci in kamu uhhi. Hih cialthumteng a zuiziau lel innkuān tampitak in leiba zomengmeng uhhi. Nangzong e! Pasian masak inla, Ama' kiangpan thupha leh pilna nangah ding a, Ama' hong piaksa teng zong nazeeksiam thei ding hi.

“Sum deihluatna tawh kipelhna dingun kikem unla; Naneihzah uhtawh lungkim un. Topa in, Note kahong nusia ngeikei ding a, ka hong tamasak ngeikei ding hi” (Heb. 13:5) cihi. Hih hanthotna thute zangin mite leiba tawh koibang in kipelhsak thei ding ihi hiam?

WEDNESDAY

February 1

Leiba Tavuan leh Hauhbaih Na’ng Ngiumna

Laisiangtho sungah Pasian in Atate peuhmah mi' nuai leiba tawh awkding deihlo cih kician mahmah hi. Paunak sungah, Topa in leiba tavuan laksakthu vauna pia hi – minthuhna, mi ading **aamahkhan** sakna cihte hi.

Paunak 6:1-5; 17:18; leh 22:26 sim in. Bang thupuak omhiam?

Leiba tavuan laksakna pen, sumnei mello khat in lohzo mello dingpipi in leiba a lakciang in kibawlsak theizel hi. Leitawi pia dingpa in kituak a sakmellohpa in, ama' munah minthuh ding lawmkhat azonsak khitciang in, bank panin zong sum kipiakhia a, muanlohpa nangawn zong alawm minthuhpihpa tavuan lakna tawh sumpia uhhi.

Pawlpi mi khatpeuh hong pai in minthuhpih ding khawng in hongngen kha ding hi. Nang lampan in nahih ding pen: “*Laisiangtho in tuabang hihlo ding ci*” cihding hi. Laisiangtho in mi cimawhte huhna piak hanthawn tei ahiihang, amau' leiba khawng tavuan laksak mikmek khakloh ding kidawm ding hihang.

Pa/Nu te pen tanote khawngin a mawtaw lei masak ding khawng minthuhsak ding ngen thei uhhi. A upa zawdeuh in nasepna'ng sumtawi khawng min thuhsak nuamthei uhhi. A dawnna kibang hi. Kisap taktakna munah huh ding himah a, mi' leiba khawng tavuan laksak ding hilo hi. *Kantelna ah, minthuhpihete 75% in a sum lohsak takpi uhhi.*

Paunak 28:20 leh 1Timothy 6:9, 10 sim in. Bang vauna omhiam?

Hauhbaih na'ng ngiimna cihpen sum-thaang ahi hi; tua sungah a awkmite sum lamah puksak gawp dingin kimakaihna ahi hi. Hoih mahmah ding bang hi a, zong hoihmah hi. Mi tampi tak in lungsim leh sumlam ah thuakmahmah uhhi. Lungsim kawipi tawh siattawp dingin ngiimna hi a, mimal tampi mah sumtawi ngeingai masa phot ding uhhi. Tua hauhbaih na'ng ngiimna hangin nuntakna tampi leh innkuan tampi tak in amau thaangsungah kisiatlawh uh a, a ngiimna bawlte ahihleh hauhawh lianguh hi.

Na lawmkhat, na itkhat in hih ngiimna sungah hong kaihsawmleh taai in. Lampai bek ke'n. Na hattawp in taai in.

THURSDAY

February 2

Hun Ciangtanh leh Leitawina Thu

Thuhilhkikna 15:1-5 sim in. Hitengah Topa in Amite bang kal hiam?

Paikhiatna 21:2; Siampi. 25:3, 4 sungah hun ciangtanh omsa bangin, sila, sal leh leitang bek hilo, sum leitawi piate zong hilai hi. Leitawi piate in leiba maisak nuam vetlo uh ahih manun, mi khat leibat ding hun a sawtpen kum sagih bek hi. Hih mun panin bangpeuh i laphial zong in, Topa in sumlehpai vai pen awlmawh mahmah cihtu leh adiak in Israel mite hunlai hipha diak

hi. Tua banah Topa in leiba limlim bangzah siahuai phial mahleh, hong awlmawh sak hi. Ahihtheih nakleh pelh hamtang ding hong deihsak hi.

Tuhun ciangin, inn leina khawng kum 30, 40 bang hun la in kilei hi. Inn mantam mahmah ahihman khawng hih tuak a, tua hangin leiba tawh akilei hihtuak hi.

Tua laitak mahin, mi tampi, nulepate leh sangnaupangte in sangkahna ding sum tawinuam ciat uhhi. Leitung ngeina khat ah, college pan degree ngahleh, ama' nuntakna'ng sum zongthei pah ding hi. A khang tawh lohkik kulpah hi. Nang ngahtheih ding huhna leh panpihna ompeuhmah ngahsawm in. Nasem inla kholtheihzah khol in. Nasep hong ngahsak thei ding lam zui in. Laisiangtho hunlai in, nulehpate in naupangte nuntakna'ng leitang peuh pia uhhi. Tuhun ciangin pilna sinsak in amau khetawh a dingzo khangham suahsakna pen "**gamh**" piakbang in kizang hi.

Leitung hoih taktak pen leitawi leiba omlo ding hi. Ahihhang leitung hoih taktak sungah tenglo ihih manin, leitawi hunpeuh zong omthei lel hi. Sumbawlna hoihpen leh amet tampen lenkip in. Leibatlak a tawmtheipen la inla, a met a khang a tawmthei pen in lohkik sawm in. Thukhunpi in, bangbang ihi zongin leiba pelhtheih ding hanciam ding hang a, nisim in Laisiangtho thukhunte zuileng, innkuan ading lauhuaina hong tunthei, a kisamlo leiba peuhmah pelhthei tading hihang.

Mitungah sum leitawi napiak leh, amau tungah nahihdaan peuhmah bangzah in neem in thumaan nahiam? Pasian' maiah tuathute koibang in nadawngthei ding hiam? (Thuhilhsia 12:14.)

FRIDAY

February 3

Ngaihsutbeh ding:

Hih leiba khipna'ng cialthum tengpen Ellen G White laidal khat tungpan a kimu ahi hi. A thupi zaw phadeuh teng hong kipulak hi.

Leiba a kithuapthuap naneihloh ding kidauw in. Leiba naneih sangin nangma pumpi tulvei kinial zaw in. Leiba sung tunna pen, nang nuntak sungteng samsiatna hi. Sumphuk natna zahmah in pelh in.

Pasian' thupha tawh leiba nalohzawh na'ngin Amah tawh thuciam bawl in. Buhciim leh anlum tawh nanuntak theihnakleh – kuama tungah leiba ke'n. Tuk ke'n, lungkia ke'nla, nunghei ke'n. Ankam limna nial inla, anduh luatna zong nial in. Sum khol inla leiba loh in.

A manlang theithei in nasem in. Mi suakta nahih kik ciangin, kuamah kiangah leiba kei lecin, gualzawhna lianpi nangah ding hi.—*Counsels on Stewardship*, p. 257.

Leiba tawh kipelh na'ng thudang tuamtuam zong omlai hi:

Sum geelkhол in. Na sum geelna pen olsak inla, khathum sung nasumlut leh sumzat teng gual in. Mi tampi in a kisamlopi in a sumzatna uh lamdang saliang uhhi.
T-5

Credit cards zang ke'n. Credit cards limlim pen innkuuan leiba hong neisak hi. Zatnuam mahmah napi lohhaksa mahmah leuleu hi. Khasim in na piakding zah na piak zagh keileh, na leiloh ding peuh leikha na hihleh; nangmah leh na zii hong suksiatma in, tua credit card susia masazaw in.

Na sum tuatpha in. Khasim bangzah kholzo ding cihkhawng kimangngilh khathei a, nanengneng khawng kilei mengmeng kha hi. Tuate tawh hong cingto zangzang hi.

Kikupding Dotnate:

- 1. Gambuppi' ahi a, mimal ahi zongin leiba neihzah in hong lungkhamsak hi. Leiba leh a thubuai bangciang na phukha a, leiba in a piansak buaina pen nang ading maw, midang ading hiam?**
- 2. Pawlpi mite in leiba peuhmah hoihtak in a geelsiam theih nadingin pawlpi in zong koibang in huhthei ding hiam?**
- 3. Leitung hong zolna sumlehpai huaihamna khawngpan na kidal theih nadingin Laisiangtho kamciam bangte om hiam?**

Lesson 6*February 4 - 10***NEIH LEH LAMH VANTUNGAH KHOL****Sabbath Nitaklam***February 4***Tukal Sungteng Simding:**

*Pian. 6:5-14; Heb. 11:8-13;
2Cor. 4:18; Pian. 13:10-12;
Pian. 32:22-31; Heb. 11:24-
29.*

Kamngah: **"Mi khatpeuh in hih leitung khempeuh a ngah hangin a nuntakna bulpi suplawh leh bang phattuamna om ahi hiam? Ama nuntakna bang tawh leikik thei nawn ding ahi hiam?"** (*Maku 8:36, 37*).

Zeisu in sumkholna ahoihpen hong hilh hi: "Ngetin ne in a kekseu theihna, gutate in luh in a guktheihna hih leitungah na sumuh kholkei un. Ngetin anek theihlohma, a kekseu theihlohma, gutate in a luh in a guktheihlohma mun vantungah note ading in kholzaw un" (*Mate 6:19, 20*).

Zeisu in Ama' sumkhol mun thukhupna ah: "Na sumuh omna ah na lungsim uh om tauntungding hi" cihi (*Mate 6:21*). Gendan tuamdang khatah: "Na sum zatna hong lak lecin, ke'n zong na lungsim omna honglak ding hi'ng; Na sum

koihna peuhpeuh ah, na lungsim a omsa ahih naikei lehzong zui ngelngel ding hi."

Pasian' gam ading lungsim na deih hiam? Tua ahihleh, tawntung thaman a aattheih nadingin na sum va koih in. Na hun nasum leh thugetna teng Topa' nasepna in zang in. Tua hileh, tua nasep sungah na lung hong lut ding a, na lungsim in zong hongzui ding hi.

Tu kalsung in, vantungah sumkhola, tawntung thaman aattheihna limteng kisin ding hihang.

SUNDAY*February 5***Noah in Maipha Ngah**

Vantung sumkholna a zong mite pen, amau leitung nuntakna mahmah laptohsak dingin Pasian' sapna hi gige cih phawkhuai mahmah hi. Tua ding mahin kiging pah lel ding hihang.

Pian. 6:5-14 simin. Pasian' thu a manh manin Noah tungah bang kikhelna hong piang hiam? Kisiat ding bekmah masuan anei hih leitung ah i nuntak sung ading bang thukhun peuh i mukha hiam?

.....

Noah in ama' ading innlam in hun leh neihsa teng zangthei lua mahmah hinapi, Pasian in a sap ciangin, ama'

nuntakzia nasia takin khelzaw in, kum 120 sung hun pia in tembau lam ding teelzaw hi.

Thu umphalo tampitak in tuiciin khawngzong science pilna leh leitung ngeina tawh a etuh ciangin phuaktawm thu khawng cilel uhhi.

Thuthak hituanlo hi. “*Tuiciün tunma mite in kum za tampi sung bangmah thulamdag piang ngeilo a, leitung pen a omngei bangin omdenlel ding hi ci uhhi. Khuahunte in a kisehsa bang in hong omzelzel lel hi. Tu ciangciang guahzu ngeinailo in, daitui bektauh lei maitang kikawtsak hi. Gunte in zong a piau kantan ngeinailo uh a, maantak in tuipi sungah luangthei uhhi. Gunte a piau pan a letkhiat lohna dingun kikem hi ci uhhi.*”—Ellen G. White, *Patriarchs and Prophets*, p. 96.

Tuiciin tunma in, mite in leitung paizia omkhinzo a, tuiciin hong pai thei peuhmahlo ding hi ci uh a; tuiciin khit ciangin, leitung ngeina om gige a, tuiciin hong pai ngeilo hi ci uhhi. Laisiang tho sungah: “*Leitung ah na khatbeek athak omlo hñ*” (*Thuhilhna 1:9*) cihi.

Laisiangtho genna ah, mihingte in tuiciin tunlai a mite mahbang in, hun nunung thupiang dingte umlo dinguh (*2Pet. 3:3–7*) cihi. Tua aihleh, hong tung ding suksiatna pan koibangin suakta thei ding hiam? Ngaihsutna tawh khensat ding khat oma, “**nung-pahtawina**”

kici hi. Mailamah a minthang thaman khat lam-etna hangin lungduai takin Pasian hongsawlna bang nasem ding cihna hi. Khazih cikciang hongpai ding cih kitheilo hi. Phamawh samkei e. A phamawh zawpen, Noah bangin Pasian in hong sam a, i nuntakzia nakpitak in kikhel thei hi.

Noah bangin, Pasian adingin nangma nuntakna kikhelna lianpi omding in hong kisamleh, koibang in kiging thei ding nahi hiam? *Luka 16:10.*

MONDAY

February 6

Abram, Citakte’ Pa

Pasian in Abram pen apianna leitang leh tanau teng nusia in, Amah’n a lahding leitang ah pai dingin sam hi. Tua pan kipan Messiah khangsimna hong kipan hi. Thu guicing i theihpih lohhang, Abram in ama’ laigui kiatna mun nusia ding hiphon hi. Khensat haksa mahmah a, leitung neihsa honpi khatmah a nutsiat kul hamtang ding hi.

Pian. 12:1–3 sim in. Tua kamciam a saan manin “leitung minam khempeuh . . . thupha ngah” cih koibang in kithei hiam?

.....

Hih pen Abram leh a innkuān adingin nuntak kikhelna lianpi ahi hi. “*Pasian in ama’ tungah piakding aciam leitang ah, Abram a pai dingin a saplai in Abram in Pasian’ sapna amanna pen upna hangmah ahi hi. A pai nading mun nangaun theilopi in agam leh alei nusia in a dingkhia h̄i*” (*Heb. 11:8*). “*Paupeeng selo in, Abraham in Pasian’ sawlna bang amanpen Laisiangtho sungah upna kicianpen khat ahi h̄i*” — Ellen G. White, *Patriarchs and Prophets*, p. 126.

Eite hileng, pianna khua leh tui innkuān tanau a nusia nuamlo ding vive hizaw ding hihang. Ahihhang Abram in nusia hi. Pasian in omding asawlna munah lungkim hi. Lamdang asak mah mah dinguh panin, Abram, Isaac leh Jacob a thum mahun amau nuntaksung in tua leitang ngahkha lo uh — hitaleh Pasian tungah citak veve uhhi.

Hebrew 11:8–13 sim in. Hihteng ah amuantaak thupuak bang omhiam?

Abram pen a kimkot a mite in kumpi nam in mu uhhi. Amah cingh, hangsan, pawlsiam leh Sangpen Pasian’ silapa ci in zong minngah hi. Pasian ading in etteh taakcing in nungta hi. Pasian’ hehpihna hangin, eite zong Abraham tawh gamhluah ihi uhhi. “*Abraham in Pasian um a, tua a upna hangin Pasian in amahtawh a kipawlthei ding in mi hoih in asang hi. Tua ahih manin, Abraham suanlehkhak*

a mantaktak i cihte pen upna anei mite ahihnathu na thei ding uhhi” (*Gal. 3:6, 7*). Abraham leh Noah tetung panin, Pasian’ thu mang uh a, amau nuntakna kikhelna lianpi piang cihthu kimuthei hi.

2Cor. 4:18 sim in. Hihteng ah thupuak in eima’ Khalam khensatna bangzah in i huzaapsak thei hiam? Moses leh Abraham in tua thukhun koibang in zui naci hiam?

TUESDAY

February 7

Lot’ Khensat Khialhna

Abram in Pasian’sapna dungzui in innlehlo a nutsiat ciangin, innlak tapa **Lot** in zong amah tawh khualzin ding khensat hi. Piancil 13 sungah, Pasian in Abram thupha nak piak mahmah a, “*ganhing, ngunleh kham haumahmah h̄i*” (*Pian. 13:2*) cihi. Lot zong “*tuuhon, ganhon leh puanbuk nei h̄i*” (*Pian. 13:5*) cihi. Amaugel ganno tawh hong haulua mahmah uh ahih manun teengkhawm thei nawnlo uhhi. Gancingte a kibuai lohna dingun, Abram in Lot ama’ deihna lam teelsak hi. Lot in zong, amah sang upazaw, leh ama’ hauhna zong Abram hang hizaw ahih manin, Abram in teel masasak leh kilawmzaw hi. Ahihhang Lot in Abram tungah lungdamna hoihna nei vetlo in, ama’ hoihsakpen mun teelmasa pahhi.

Pian. 13:10–12 simin. Pilvang takin Lot in bang khensatna hongbawl hiam?

Lot in, olno takin khuapi lam pai ding in hong khensat ziau lel a hihhang, tua mun zong ama' ading na hoih pukpuk khollo a, Abram in a thupiang a zakciang in, "Hoih ei, navauh bang in aatkha cia" naci hetlo hi. Tua sangsik in a vahonkhia zawsop hi (*Pian. 14 enin*).

Khatveivei, nasep manlah luat ciang in, sinna hoihtak in asimkha keipah hi. Lot in Sodom ah kilehkik ngiat hi! Hehpihna lianpi tawh Pasian in, a kamtaite paisak in, Lot leh a innkuuan tungah tua khuapite hih khuapite kisiat ding theisak hi.

Pian. 18:20-33 sim in. Leitungah Pasian hong hawhsukna hangthu bang ci hiam? Pasian in tua khuapi tegel susia ding acih thuthak pen Abraham in koibang in dawngthuk hiam?

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Abraham in Lot leh a innkuuan veiimahmah a, mi hoih khatbeek a omkhak leh tua khuapite hawi dingin va deek hi. 50 pan a deeksuksuk pen 10 tungsuk hi. Itna Pasian ah ihmah bangin, Abraham in a deek a khawl mateng Pasian khawlo hi! Pasian leh vanmi nihte in Lot, a zi leh a tanute kaikhia uhhi. Azi in a nunghesi khakleh cikhuam suakpah hi. Lot in Sodom khua ah mihaupi in hong tung mahleh, bangmah nei nawnlo in hong paikhia hi. Thukhensatna khat i bawl ding ciang in, kidawm mahmah ding hihang. Adiak in nalian pipite sangin hun tomno sung meetpak ding khwang lunggulhna khawngte ahi hi (*Maku 8:36, 37*).

WEDNESDAY

February 8

Zuaukhempa Panin Kumpipa

Pasian it in akihta khangno Jacob in, anu Rebekah tawh, apa' thupha angah theih nadingun, zuaukhempa hong sawm ta uhhi. Tua hangin ama' mailam nuntakzia lampi khial in, taikhia keileh sibaih mahmah ding hi. Rebekah in Jacob kiangah "**Haran** a ka sanggampa kiangah va tai inla, na sanggampa' hehna a dam mateng tualai ama' kiangah tawlhat sung va om in. Mi hongsawl in hihlai munah nang kong lasak kik ding hi" (*Pian. 27:43-45*) cihi. Jacob kum 20 sungbang vamang dildel a, anu' maitang mukik kha nawnlo hi.

Pian. 32:22-31 sim in. Hih tengah Jacob tungah bang thu piang a, khensat khialh laitak nangawn in, Pasian hong hehpihna tungpan bang pilna peuh na ngahthei hiam?

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"Kiniamkhiatna, kisikkikna, ki-aap tawntung in akhialthei, mawhneimi Jacob in vantung mangpipa tawh zawhna angah hi. Jacob in Pasian kamciamte khahsuahlo in lencinten ahih manin mong neilo itna Pasian in thuumnate paihkhiaitsak theilo hi. Ta upa za a deihgawh manin a mawhna bawlpenn tu in Jacob maiah siangtakin kilang hi. Amah in Pasian kamciamte muanglah kha in, ama' thutawh Pasian sehsa thute tangtunsak sawmmauk hi... Jacob in a deihdeih,

a lunggulhden, thupha pen ngahta hi. A suankhiapa, akhempa ahihna pen kimaisakta hi.”—Ellen G. White, *Patriarchs and Prophets*, pp. 197, 198.

Pian. 49:29-33 sim in. Jacob in Canaan gam sungah bangmah nei nawnlo phial ahih hang, ama' luang a kivui nading atate kiangah bang thu vaikhak hiam? Tua hankul sungah kuateng kivuilai hiam? Banghang in hihthu Jacob in ngen hiding hiam?

Laisiangtho in, tuanpupa thumteng leh azite teng tua hankkhuk sungah kivui uhhi ci hi. Jacob in Pasian thahatna muang in, amah pen leitungah khualzimi in kingaihsun ziau hi (*Heb. 11:13*). Khialhna teng neubawlpak leng, bangmah neilo in inn nusia hinapi mihaupi in Canaan hong zuankik hi.

Ei khialhnateng zong neubawlpak leng, Pasian in thupha hongpia theilai veve hi. Khialhna pelthei leng bangzah in hoihzaw ding hiam? Tu in nang teelding bang natuak a, khialhna khatpeuh nakoici pelhtheih ding hiam?

THURSDAY

February 9

Egypt ah Moses

Laisiangtho tangthu amasalam teng Moses nasepna tawh kidim mai hi. Pasian vaihawmna sungah amah

nungta a, athuakngam nu leh sanggamnu in kikemsak hi. Pharoah' tanu in phaiphung lakpan gunkuangneu sungah naungek Moses amuh ciangin, nau-cing dingin anu mah thaman pia in cialpah hi. Galmat sal ahilel a khangno nu khat adingin tona manpha mahmah khat ahi hi! Jochebed in a tapa pen Pasian tungah thunget, muang in pahtawina leh ama' nuntakzia ding a hilh ding hun kum 12 bekmah nei hi. Kum tampi takmah Egypt kumpi inn sungah thu kihilh hi. “*Egypt gam sunga pilna om khempeuh ama tungah kihilh a, thugenna leh nasepna ah milian mahmah khatasuak h*” (*Sawl. 7:22*). Moses khankhin in papi hita a, lungpiltak in khensatna khat hongnei ta a, tua in ama' nutaknaleh tangthu teng khelgawp hi.

Hebrew 11:24–29 sim in. Moses in bang nusia a bang manawh cih ngaihsutsak in. Khensatna abawlmaa in ama' dinmun panin etsak in. Bang nusia a, tua nutsiatna tawh bang manawh ding teel hiam?

Egypt pen tanglai leitungah gam thahatpen ahiloh hang, tuate lakah khat ahi hi. **Nile** gun in tua leihioh gam piangsak a, khaigah a tamna, a hau leh a vanglian gam hi a, Moses zong tua gam ah nambat khatpa ding ahi hi. Leitung hongzolnate ngaihsut haksa mahmah hi. A khankhin ciangin Egypt leh ahauhna khempeuh ama'

tungah omding cih hizen hi. Zahtakna lianpi, nopsakna, hauhna cihte in ama a'ding vive hi. Amahmah ninlakah kipaaikhia in salsuah leltak sangin omsuakziau theilel peuhmah hi.

Laisiangtho in “*tomno sung mawhna sungah nuamtak in omding sangin Pasian’ mite tawh gimna thuak ding a utzaw hi*” (*Heb. 11:25*) cihi. Haksat thuakna genleng, Paikhiatna laibu a tamzaw pen Moses haksat thuakna vive hi a, tua teng a kantankhit ah zong Khapsa Gam tumna’ng Jordan gun nangawn kantan khalo lai hi (*Gam. 20:12*). Hi napi a tawpna ah Moses in teelna hoih teelkha zaw ahihna amahmah in zong lamdang saliang sop ding hi.

Leitung muhnapan Moses in Egypt ah omsuak tuakzaw hi. Hi napi, Christian hihna pan, leitung galkhat hong puakthei lampi hong kipia nahizaw hi. Leitung in hong zol ciangin, tuasang a lianzawkhat i maiah koibang in kemcing thei ding hiam? Bangzah thupi naci hiam?

FRIDAY

February 10

Ngaihsut behding:

Pasian in Abraham thupha piakna tawh Ama' lam pahtawi hi. Abraham in zong leitung neihsa khollohnna tawh Pasian pahtawi hi. “*Iluah ding gam, Pasian hong ciamna mun pen, hih leitung hilo hi. Abraham in ‘akhe ngak nading mun zong’* (*Saul. 7:5*) hih leitung ah na neilo hi. Neihsa tampi

*nei a, tuate Pasian’ minthan nading leh a lawm a gualte phattuam nading in zang hi. Hih leitung pen teen nading gam in enlo hi. Topa in milimbia a mipihte susia dingin sam hi. Canaan gam pen a luahden ding gam in pia hinapi, amah, ata, atupa nangaun in zong luahkho lo uhhi. Azi a sih ciangin, a kivui nading mun neilo ahih manin Canaan mite kiangpan hankhuk ding a lei hi. Canaan gamah Machpelah a suang kikhuak hankhuk longal bangmah neilo hi.”—EGWhite, *Patriarchs and Prophets*, p. 169.*

Eite zong i nuntak sungin zong hauhna leh manna in hong zolpha mahmah thei hi. Tuate zawploh ding pen upna khauh mahmah kisam hi. “*Pharoah’ kumpi inn thupi mahmah leh a kumpi tokhomte, Moses a dingin iiplahhuai mahmah hinapi, tua kumpi inn sung mah ah Pasian a mangngilhsak thei nopsaknate omhi cih amuhciangin, Moses in iiplah tuanlo hi. Mawhna ninbanglo a kiptawntung gamnuam a sangpenpa misiangthote’ ngah ding pahtawina en in, kumpi inn leh kumpi lukhute bangmah in a simkei hi. A upna tawh vantung kumpipa in gualzawhna ngah mite tungah a kisiatheilo kumpi lukhu apiak dinglam mu hi. Hih upna mah in leitung kumpi ahihna ding panin kiheisak a, mawhna bawl ding sangin, Pasian’ sawlna amang nuam, azawng, a kisimmauh Pasian teeltuam minamte a suaksak hi.*”—EGWhite, *Patriarchs and Prophets*, p. 246.

Kikupding Dotnate:

1. Zeisu hong paikik ciangin neih leh lamh teng bangsuak ding hiam? (*2Pet. 3:10*). Zeisu hong paimaa in e bang piangthei hiam? (*Mate 6:20*). Banghang in nakhempeuh amau munciatah kepding thupithei hiam?

2. Zeisu in “hauhna in khemna” hi cih*i* (*Mark 4:19*). Bang gennuam hiam? Hauhna in koibang in hong khemthei hiam?

3. Moses in sehnel gamsungah taithap in salpeuh suah ding sangin Egypt ah omsuakzaw peuhleh bang cithei ding cih kikum dih un. Ama’ khensatna bangin thapia in khensat hiding hiam?

Lesson 7*February 11 - 17***HIH ANEUPENTE TUNGAH****Sabbath Nitaklam***February 11*

Tukalsung Simding: *Luka 4:16–19; Isa. 62:1, 2; Thuhilhkik. 15:11; Mate 19:16–22; Luka 19:1–10; Job 29:12–16.*

Kamngah: “Tua ciangin Kumpipa in a taklamah a om mite kiangah, ‘Ka Pa in thupha a piak mite aw, hong pai ta un. Leitung piancila kipanin note-a’ dingin a kibawlkholsa gamnuam hong luah un.’” (*Mate 25:34*).

Laisiangtho in pemtat (*sanggamte zongci*), pa neilote leh meigongte’ thu gen zel hi. Zeisu in “hih aneupente” acihcih teh tuate a cinuam hihtuak hi (*Mate 25:40*).

Koi bangin hihmite hithei ding ihi hiam? Laisiangtho hunlai a lengla cihte pen innlehllo nusia ahi a, galtau peuh kialpi hang avakvai cihte peuh ahi uhhi. Tu hun ciangin tuabangte ding pen, amau’ gam ah omnuam nawnlo in gamtai ding gambeel mite tawh kibang ding hi.

Pa neilo cihte zong, gal, liamna leh damlohnna tawh a pasite ahi hi. Tuate lakah pa thongkia leh pa omlo limlimte kihel hamtang ding hi. Hihthu pen zailua hi.

Meigongte icihteh, pa neilote mahbang in pasal site ahi hi. Nu bek pa bek in a makaih innkuuan tampi om a, tuate pawlpi in a huhtheihbang in huh ding ahi hi.

Tukal sungin, Pasian nasepna ah a geelsiam vive i hihna dungzui in, mizawngte huhding bek hilo hi. Zeisu etteh in zui ding hang a, a thupiaknate mangding hihang.

SUNDAY

February 12

Zeisu' Nuntak leh a Nasep

Zeisu a nasepcil lai-in, Galilee huam Nazareth khua ah vapai hi. Ama' khantohna khua hi a, khuatual mipi in ama' nasep leh nalamdangte theikhin uhhi. Zeisu in Ama' ngeina bangin Sabbath ni in biakinn kah hi. Amah makai Siapi ahiloh hang, biakinn kah midangte in Isaiah Laisiangthobu pia uh a, thuhilh in sawl uhhi. Zeisu in Isaiah 61:1, 2 asim hi.

Luka 4:16–19 leh Isaiah 61:1, 2 enkak in (Luka 7:19–23 sim in). Banghang in Zeisu in hihmun teel citciat hiding hiam? Hih munah a genpen in banghang in Messiah a gennopna hithei hiam? Messiah nasep bangteng hong lak hiam?

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Biakna makaipite in Zeisu nihveina hongpai kikna'ng a kawk Messiah' omzia genkholhna teng seelcip in aleh-amak in genuh ahil manun, mi a tamzaw in, Messiah' nasep taktak pen Israel mite a zogawp leh a

nengniam Rome mite khut sungpan suaktasak dingin umsak hi. Messiah nasep pen Isaiah 61:1, 2 sunga pen hiding hi cih upna hong omtheihna hangin dipkuathuai liang hi.

Mizawngte pen, ukna aana neite, siahdongte, mihaute leh a vengte nangawn in enneu thei mahmah uhhi. Zawnna pen Pasian samsiatna hi ci in ngaihsun uh a, amau' mailam thupiang teng zong amau' mawhna hang ci uhhi. Hihbang lungsimpauk a kineih manin, mizawngte leh amau kamsiatna thute adingin a ngaihsutsak mi tawmpha mahmah hi.

Zeisu in mizawngte a itna pen Messiah' nasepna sungah a kicianpen thupiang hi a, tuiphum John' dotna Zeisu in a dawnna (*Mate 11:1-6*) sungah omhi. “Honpa’ nungzuite mahbang in, tuiphum John in zong Khazih’ kumpigam thu telpha mello hi. David tokhom luah dingin lam-en hi napi; hun hong beibei a, Honpa in kumpi ding peuhmah in hong kipan hetloh ahil manin John lungkia in patau ta ht”—Ellen G. White, *The Desire of Ages*, p. 215.

“Pa Pasian in a siangtho biakna citak in a ngaihsut thu in: Tagahte leh meigong numei te a haksatna uhah hoihtak in kem in, leitung siatnate tawh kisawhkha lo in siangtho takin omna ahi hi” (James 1:27). Hih thu in biakna vaiah a kimasak dingte koibang in hong theisak hiam?

MONDAY*February 13***Mizawngte ading Pasian' Vaihawmna**

Laisiangtho gelhte in a laigelhna vuah, mizawngte, pemtate, meigongte leh pa neilote ading Pasian' vaihawmna tamveipi mah kihel hi. Sinai mual tunmaa lampi tawntung ah thupiang ciaptehna omgige hi. “*Kum guk sung khai tuhin a piangte na kaikhawm ding a, ahi zongin, a kum sagihna ciangin, nomau mizawngte'n a nektheihna dingun leitang tawngasak in, lokhul in na omsak ding uh a, gamlak ganhingte in mizawngte neklohte nethei ding uhhi. Na lenggui lote leh olive lote uhzong tua mahbangin nahih ding uhhi*” (Pai. 23:10, 11).

**Siampi. 23:22 leh Thuhilhkikna 15:11 simin.
Tuhun eite nuntakzia tawh kibang nawnlo hitaleh, bang thukhun khatpeuh i ngahtheih a omding hiam?**

Hihteng ah “sanggam” acihpen in Israel mipihte ahih keileh thu umte ahi uhhi. Amaute pen mizawngte ahih keileh “hih Ka sanggam a neupente” ahi uhhi. Late in, mi cimawhte tungah hihding daan lam honglah hi. “*A ginalo mite leh pa neilo mite tungah thuman unla, a thuakte leh a cimawh tetungah aman in thukhen un. A ginalo mite leh a cimawh mite hon unla, migilote khut sungpan in amauti honkhia un*” (Late 82:3, 4). Hih thute in anpiakna cianglel khengval in lam hong lak hi.

Mi cimawh ahuhte tungah kamciam zong omlai hi. “*Mizawng ahuhte cimawh ngeilo ding*” (Pau. 28:27) a, “*mizawngte' thu amanin a khensak kumpipa, a ukna kip tawntung ding h̄i*” (Pau. 29:14). Kumpi David in zong “*mi genthei a khualte thuphangah ahi hi; Topa in haksat hunah amau honkhia ding h̄i*” (Late 41:1) cihi. Tanglai Israel mite hunlai in hihthu kimasak den mah hiven, tuhun ciang kimansuah phialta hi.

Tua tawh kilehbulhzaw in tuhun England gambang ah, “**Darwin upna**” kinei tekin, mizawngte pen huh ding hilo, tuabang huhna zong khial hi cizawsop uhhi. Tuabang in Darwin thu ummite in, mizawngte, damlote huhna in, tuabang mite khangpungsak ahih manin, kipawlina leh gam susia hi ci in um uhhi. Hihbang ngaihsutna gilo pen evolution kici nakhempeuh amau thuthu in piang cih upna neite muhna ahi hi.

Lungdamthu, Khazih in mi khempeuh ading si cih upna in, kuakua ciло midang tungah nasepna bangzah in huzaap naci hiam?

TUESDAY*February 14***A Hau Khangnopa**

A hau khangnopa' thu tampi kithei mello a, khangno, ukpa leh hau ahihlam bekmah kitheikha hi. Khalam zong lunglutna ciang neihtuak veve hi. Amah thazaang saisai in Zeisu kiang lam zuan hong taai daidai hi (*Maku 10:17*). Tawntung nuntakna thu sinnoptuak

mahmah hi. Ama' tangthu thupi mahmah ahih manin, Lungdamthu a buthum mahun a tom in ciamteh uhhi: Mate 19: 16-22; Maku 10:17-22; leh Luka 18:18-23.

Mate 19:16–22 sim in. Zeisu in ama' kiangah “Mi cingtaak nahih nopleh pai in na neihsate vazuak inla, na khot sumte mizawngte tungah vapia lecin, vantungah sum na hau ding hi. Tua ciangin hongpai inla ka nung hong zui in” a cihi. (Mate 19:21)

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Eite zong i neihsa khempeuh zuak in mizawngte piading in Zeisu in hong sawllo hi. Hih khangnopa ading in sum in a pasian hi a, Zeisu' dawnkikna sungah, Amah'n hihpa lam-et hotkhatna pen hihciang bekmah cih a theihman ahi hi.

Laisiangtho in, amah haumahmah ahih manin, dah mahmahsa in paikhia hi cihi. Sum mah biatakpi ahinhna thukip ahi hi. Tawntung nuntakna zong kipia a, Zeisu in Ama' huam sungah zong sam hi (*hongzui in ci in nungzui 12 teng a sapna kammal mah zang*). Hih mipa kiangpan bangmah thudang zakik nawnlo hi. A tawntung nuntakna pen leitungna tawh zuakta mai hi.

Tuabang sumbawl lauhuai si e, ciло maw? A dahhuai dan “**Nung pahtawina**” cih lampi zuilo tazen. Hihpa teelna bang pen khemna hi a, hauhna manna in bangmah hongpia

theilo a, cik ciang hiam khat kisilel ding a, tawntungthu maingat pah ding hihang. Tuabang in mihaute in amau hauhna in amau zon daihna lungnopna bangmah piatheilo cih thei ding uh a; a kilehbulh lamvive khawng hong piang zawsop thei ding hi. Mihaute tangthu ciaptehna tampitak mah omkhin zo a, lipkhap huai mahmah lel hi. A lungkimhuai zolo tangthu kiciamteh khempeuh lakpan a kicianpen khat **Thuhilhsia** laibu sungah omhi. Pilna dangdang laktheih lakloh omphial taleh, a kician pen khat: Sum in kilemna leh lungnopna leitheilo cihthu hi.

“Hih leitung nuntakna ahu nuamte in, a nuntakna bulpi nangawn suplawh ding a, Keima hang leh lungdamthu hangin a nuntakna a suplawhte in a nuntakna bulpi huzo ding uhhi. Mi khatpeuh in hih leitung khempeuh a ngahhang in anuntakna bulpi suplawh leh, bang phattuamna om ahi hiam?” (Maku 8:35–37). Lungdamthu hangin nuntakna suplawh cih in bang a cihnopna hiam?

WEDNESDAY

February 15

Zacchaeus

Zacchaeus pen Jew mihau khat hi a, mi' muhdah Roman mite ading phiangsiah dongpa ahi hi. Amah leh adangte khempeuh in kumpite ngetzah sangin a tamzaw ngen uh a, Zachaeus bangpen kimudah mahmah lel a, “**mawhneipa**” kicihsan hi.

Zacchaeus in Jericho ah teng a, sumbawlte' mun phualpi leh lampi ahi hi. Zacchaeus leh Zeisu kimuhna pen a kituahkha pak hihetlo hi. Zacchaeus mahmah in khalam khanlawhna khat hong neikha ahih manin ama' nuntakna kikhelnuam ta hi. Zeisu' thu zong zakha a munuam mah mah hi. Tuani a Zeisu leh a khualzin pihteng Jericho hong tung dinguh cih nazahiau hi. Zeisu in Galilee pan Jerusalem a khualzinna lampi ah Jericho tawnding hita hi. Khazih in Zacchaeus tungah a pau masakpen kammal in Jericho khuasung a tunmaa ahihlam hong theisak zawsop hi.

Luka 19:1-10 simin. Hih mihaupa leh mihau ukpa khangno tegel in Zeisu tawh a kimuhna uh bang kilamdanna namu hiam?

.....

Zacchaeus leh mihau ukpa khangno tegel a kibatna uh in, hautuaktuak uhhi. Haukhawm uh; Zeisu munuam khawm uh a, tawntung nuntakna zong lunggulh khawm uhhi. Hih ciangciang in amau tegel kibatna tawpta hi.

Zacchaeus in kaneihsa khempeuh "**alang**" mizawngte tungah kapiakhia ding (*Luka 19:8*) acihpen phawk inla, Zeisu in zong tua pen pianthakna takta hi ci in sang hi. Phamawh hetkei ei Zacchaeus aw, ahau ukpa khangnopa bangin a vekpi cih zong bangmah genlo hi. Alang zong kilak khiatsaklo ding hi. Banghang? Zacchaeus in hauhna lunggulh tuakmah ahihhang, ukpa khangnopa bang

in a pasian nahi samlo bilbel hi. Zeisu in ama' kiangah bangteng gencih kithei samlo hi naven, mizawngte sumpia ning a cimasa penpa Zacchaeus ahi hi. Tua tawh kikelki in Zeisu in mihau ukpa khangnopa kiangah a vekpi piak dingin gen a; tua hikeileh a sumin amah susia thei ding hi. Tua hi a, Zacchaeus zong, mihau dangte mahbang in hauhna a kidop mahmah kul a, ukpa khangnopa sang in kepcinzia siamtuaak zawtham hi.

Zeisu kiangpan ahau ukpa khangnopa a paikhiat khit ciangin, Zeisu in "*Pasian' ukna sung ah mihaute a lutding uh bangzah takin haksa ahihiam*" (*Maku 10:24*) acih pen nungzuite in lamdang salua uh a, "*tua bang hileh kua in hotkhiatna ngahzo ding ahihiam*" (*Luka 18:27*) a ciuh ciangin, "*Mihingte'n ahih zawhloh pen Pasian in hihzo h'*" (*Maku 10:24, 26; Luka 18:27*) a cihi. Mihau khat in Pasian' hehpihna tawh vantunggam aluttheihna thu hong muta uhhi"—Ellen G. White, *The Desire of Ages*, p. 555.

THURSDAY

February 16

Job Kicipa Lungngai In

Job 1:8 sim in. Pasian mahmah in Job' thu koici pulak hiam?

.....

Pasian mahmah in Job pen "**a paubaanglo, a thutang**" (*Job 1:8*) naci a, paubaanglo leh thutanna lamah leitung ah kuamah tawh tehzawhloh ahi hi. Hih pen

Pasian' kammal mah hi a, kammal kician mahmah tawh apaukhiat ahihi.

Job tungah lam-etlohpí vive in siatna khatkhitkhá hong tungzangzang taleh, Pasian in Job' thu a genngei tengmah kipsaklai a, leitungah Job tawh kibang kuamah omlo, paubaanglo thutang tawntung kawmkal ah thuthak honglutvat hi. Job a ngeibangin kiplai a, "thu omlopi in amah susia dingin kei nong kampau sak a" (Job 2:3) cihi.

Ama' tungah thupiang khempeuh leh azi in "na upna khiam tuanlo ding nahi hiam? Pasian samsia inla sisuk mai in" (Job 2:9) cihbang a zi' kampauna khempeuh tungtangah, Job in Pasian khahsuah tuan hetlo cih kiteltak in kimukhin zo hi. Ama' laibu mahin, hihbang thusia teng a pianma in ama' nuntakzia hong theisak bilbel hi.

Job 29:12–16 sim in. Job gamtatna sungah a thukzaw in namuhthei bangpeuh a om hiam?

.....

Hih Job kammalte sungpa khuamuhna a kidimpén in, "mizawngte a dingin apa uh kahi a, lungkhamna a thuak ka theihloh mite nangawn ka panpih tauntung hí" (Job 29:16). Job in ama' kiangah hongpai khutdawhngente mawk-etlo hi. Amau kisapna bang zongkhia in gamtang hi.

EGWhite in zong, "Amaute (mizawngte) tungah nalunglut dinguh hun ngakkei un. Job bangin gamtang un. A

theihloh thute zongkhia hi. Vakkha inla bang kisam a, bangci hihleng hoih pen ding hiam cih zong in"—Testimonies for the Church, vol. 5, p. 151. Hih thu in sumzeekzia cialkhat mah hi a, tuhun a Pasian'sum zeeksiamna namkhat leh, Pasian' tate in ahih khakloh thukhat zong ahi hi.

Isaiah 58:6–8 sim in. Hih tanglai kammalte koibang in i sang a, tuhun in koibang in i zang hiam?

FRIDAY

February 17

Ngaihsutbeh ding:

"Mihing Tapa in minthanna tawh hong pai ciangin, van misiang khempeuh tawh hongton ding a, Ama' minthang tokhom tungah tu ding a: Ama' maiah minam khempeuh hong kikhawm ding a; Amah in mi khatkhitkhá hong khenkhia ding hi. Khazih in Olive mualtung ah omin, thukhenna lianpi hilhcian hi. Tuamun pan a thukhenna ah thukip khatbek omding hi. Minamte Ama' maiah hong kikhop ciangin, pawlnih bekin kikhenkhia ding a, amau' tauntung mailam' thu ding zongpen, amaumah un mizawngte leh thuaksiate tungah bangteng semkhia a, koibang in awlmawh khalo hiam cihte tungah kinga ding hi" Ellen G. White, *the Desire of Ages*, p. 637.

"Khazih adingin mizawngte leh thuaksiate kong na honsak leh, muhloh vanmite zindo nahi gige hi. Van mihonte a sam nahigige hi. Amau un zong lungnopna leh kilemna hong

paipih ding uhhi. Amau muk panin phatna leh, kidawng a phatna te kiza hi. Veiina nasep peuhmah in tualai ah la suak uhhi. Pa in zong Ama' tokhom tungpan in angkhuallo a nasechte ciameh in Ama' neihsa a manphate asuak uhhi." EGWhite, *The Desire of Ages*, p. 639.

langdona ahi hi. A tawpna ah amau' sumin amau nuntakna honkhia zolo ding cih theigige mah taleh; tuabang in ahih dinguh pen banghang in baih lua mahmah thei hiam? A nungta Pasian muanding longal thudang bangmah muanloh ding banghang in kidop kulthei hiam?

Kikupding Dotnate:

1. **"Leitang tungah mizawng bei ngeilo ding uhhi"** (*Thuhilhkikna 15:11*). Hih genkhoh thute in kumtul tampi paikhin ahihang, tuhun in koibang ciangin kitel theilai hiam? Pawlkhhat in amau mahmah kithutangsak nading in hibang in cithet uhhi, "Pasian in mizawngte eilakah omden ding ci hilo hiam? Leitung ngeina hi lel hi" ci uhhi. Bang ngaihsunkhial uh hiam?

2. **1 Timothy 6:17-19 simin:** "Tuhuna ahaumite kisathei khalo in, a kiplo hauhnate muan leh suan in neikhalo in, eite in nuamtakin i zattheih dingin, citna tawh ahong pia Pasian amuan asuan nadingun na hilh in. A hoihnat semin, gamtatpha in, citna lungsim nei in midangte hawpnopna a neihtheihna dingun nahilh in. Tua hileh mailamah amaut'e' nuntakna ding bulpi taktak ahi neihsate, amau adingin akhol mite ahi dinguh hi." A lahuaina zong phawk in: **Mikhat hauhna muanna pen Pasian**

Lesson 8*February 18 - 24***LAWHCING DINGIN GEELNA****Sabbath Nitaklam***February 18*

Tukalsung Simding: *Thuhilhsia 12:1; Pian. 2:15; 1Tim. 5:8; Col. 3:23, 24; Pian. 39:2–5; Pau. 3:5–8.*

Kamngah: **“Mite' nasem bangin kingaihsun loin, Pasian' nasem bangin kingaihsun un la, na sep peuhpeuh uh lungsim takpi tawh lawpin sem un. Topa in note tungah thaman a hong piakding lamtak phawk gige un. Tua bangin na sepna uhah Khrih Topa' na a semsem na hi uh hi.”** (*Colossian 3:23, 24*).

Mitampi in “lawhcincing” takin nungta nuam ciat uhhi. Ahih hangin hih a puksa leitung ah kamsiatna leh lauhuainate in a hunhun in hong tung thei ahih manin, tua ngimna zong picing zolo thei hi.

Tua ahih manin “lawhcincina” cihpen bang hiding hiam? Egypt gamah Joseph tangthu enin; lawhcincina khat mah hilo ahiam? Thong sung pan kumpi inn ah, tua bangte lawhcincina hi. Tuiphumpa John eleh? Thong sung pan hanah pai hi. Ama’ nuntakna bangzah in gualzo naci hiam? “Lawhcincing” cih limlim eima muhdan leh sandan tungah kinga hilel hi.

Tukal sungteng kemcing leh sumvai tawh kisai “Lawhcincing” ciythu kisin ding hihang. Kuakua nahi zongin sum leh sumvai pen ut/utlo ciло in maban ding vive ahi hi.

SUNDAY*February 19***Amasa mah Masak****Thuhilhna 12:1 sim in. Bang thupuak omhiam?**

Khangno hong khangcing a, mihing’ kisap bulpi-an, puan, leh inn cihte ngaihsut in hong neita hi. Zeisu mahmah in kisapnate mah bawl masa ding ci in; “*Pasian’ ukna leh ama’ deihna zong masa unla, tua hileh na kisap uh dangte khempeuh hong piathuah veve ding hi*” (*Mate 6:33*) cihi. Khangcing khinzo napi, khangnolai in Zeisu a teelkhalo mite, kemcing siamte ahihtheih lai nading in teelna hoih teeltheih hun omlai hi.

Piancil 28:20-22 sungah, Jacob in khantawn a dingin khalam leh sumlam mahah teelna thupi pawlkhat neitheih hi. A mangmuhna sungah, Topa in Amahmah a kipulakna ah “*Kei pen na pa Abraham leh Isaac’ Pasian Ka hi hi*” (*Piancil 28:13*) ci hi. Jacob in zong kamciam piathuk in “*Topa pen keima’ Pasian hiding hi*” (*Piancil 28:21*) ci hi.

Piancil 29:9-20 sim in. Jacob nuntakna ah hih thu a pian hun banghang in thupi kici thei hiam?

Jacob in Pasian tungah khalam ki-apna abawlkhit ciangin, Topa in tuikhukgei a **Rachel** kiangah makaih hi (*Pian. 29:9–20*). Kiteenna sung lutma in khantawn ading khalam khensatna bawl masak huai mahmah hi. Na lawm in “bang sung tung ding” cih a theih masak kul hi. Hih mi in a ki-ap Christian ahiveek hiam? Amah’ bangpeuh semsem hiam? Hih mi in sangsia, zatusia, upadi-sia, lokho maw cihte zong e. Kei zong e koibang nuntakzia nei ding? Kiteenma in kidot cianphat ding dotna pawlkhat: Pilna laitan bangzah tungta? Mopawi bawlna ah leiba bangzah om thei ding? Hih dinmun teng keima’ vaipuak dingin saangzo takpi ding maw?

2Cor. 6:14, 15 sim in. Khantawn lawmding zonna ah hih thukhun in banghang in thupi hiam? Kiteenna hoih ngahteitei ding cihna ahihpah lohhang, a hoihzawk hamtang theih nading in koibang in hong huhthei ding hiam?

MONDAY

February 20

Nasepna Pan Thupha (Ngaihdaan)

Nangmah suakta takin hau nahihkei a, NulehPa in, ni khat beekzong nangsep kul hetlo in hong kholsaksa peuh ahihkhak leh (*tangthu tampitak sungah naupangte ading tua sum in thupha ding bang hinapi khancin ciangin adahhuai in taupzel*), nangzong nuntak theihna dingin nasep na kipatpah kul hi. Ngaihdaan khatin, nangma

lunglutna khat, sumlut hoihna ah kisin inla, nasep khat zong ding a, tualai ah nasem in. Hih pen ngaihsut piakna ngaihdaan hi a, hibang in piangpahpah ding hisamlo hi.

Pian. 2:15 sim in (Thuhilhna 9:10 leh 2Thess. 3:8–10 zong). Mawhna hong lutma in Adam leh Eve zong nasep ding kipia cih bangci bangin kician naci hiam? Nasep a neilote in samsiatna thuak ahihthu a tunga thu in koibang in hongtelsak thei hiam?

.....

Hih nasep pen gawtna ahihloh lam kician hi. Amau hoihna’ng hizaw hi. Paradise ah ahi a, mawhna, sihna leh thuaksiatna omlohnna nangawn ah zong, Pasian in nasep kulta hi.

*“Adam tungah tua huan kepcin ding vaipuak kipia hi. Piangsakpa in Adam pen nasep neilo in lungnopna omlo ding cih thei hi. Huan’hoihna in amah lungnuamsak hitaleh kicingzo nailo hi. Ama’ pumpi sungah sazang leh thaguite a gamtang thei dingin nasep kul hi. Bangmah seplohnna sungah lungnopna om peuhmah leh, ama’ mawhneilohna dinmun in bangmah semkhia loding hi. Mihing a piangsak Pa in a lungnop theihna ding theilel hi; tua hi a, a piangsak khit phet in nasep zong guanpah hi. A kimanawh minthanna leh mihing in nisim neklehdaun dingin nasem ding cihthu zong tua tokhom tungpan mah ahi hi”—Ellen G. White, *Our High Calling*, p. 223.*

Ahita zongin, Pukna khit ciang, nasep pen mawhna in hong subuaita a (*nakhempeuh zong*), Pasian in Adam kiangah: “*Nangmah hangin leitang in samsiatna ngah hi; Na nuntak sung tauntung gimpipi in nasemin na annekk ding na zong ding hi*” (*Pian. 3:17*) cihi. Phawk dingin, Pasian in leitang a samsiat lai in “***Nangma ading***” acihleh, Adam ading hi a, a puksa mihing ading in nasep pen ama’ kisapna khat hiding cihna ahi hi.

Nasep in eite adingin thupha hithei takpi ding hiam?

TUESDAY

February 21

Thalawh Kumte

Pasian in, mihingte’ nasep ding pen ama’ sepzawh tanvei bekmah ahi hi. Khankhat sung i nasepzawh tanvei pen kum sawmli (40) sungkhawng mah hibek hi. Mi tampi ading in hih hun pen ta neihhun leh pilna piakhun leh innkuan ading zong leiding tampitak mah omhi. Hih hun pen a haksatpen hun zong ahi hi. Innkuan buppi in, thuakna leh veina tawh nasepkhop hun hi a, innkuan in khantawn kipumkhatna piantheih hunzong ahi hi. Hih hun sungin sumlehpai vai tawh kiteenna zong a kisiattheih hun ahi hi. Innkuan mahin Christian ki-apna khawng neihkhop theihhun hi a, Laisiangtho thukhun khawngte zong kihilhphat hunhoih ahi hi.

1Timothy 5:8; Pau. 14:23; leh Col. 3:23, 24 sim in. Innkuan sung sumvai tawh kisai in hihteng lakpan a thupi bangpeuh laakkhiat theih ding om hiam?

.....
T-7

Innkuan tampi ah, nulehpa nasemkhawm phial mahleh pa pen in an zong pipa ahi hi. Hita leh, upmawh lohpi in natlehsat, sum haksatna leh a dangdangte omvat thei a – hih thu haksasak tuam hi. A kisam bangbang in vaihawm tawmzel ding ahi hi.

Hih bang hun laitak a tapiangte pen “***Topa’ letsong***” (*Late 127:3*) kici hi. Naupangte in zong vaipuak thupi mahmah nei uh cihpen phawkhuai mahmah hi. Christian nulehpa in tatepen a khancin uh hun a ding kigingkhol dingin hilhding uhhi. Nulehpa hong huhthei ding thuthum:

1. Christian Innkuan suaksak ding. Hih munsan ah innkuan biakpiakna, Sabbath School leh biakinn paina, sawmah khatleh sumpi cihtakna cihte kisam hi. Hih ngeina teng peuhmah khangno hunlai in neisak limlim ding hihang.

2. Nasep nopna lungsim guan inla zong pakta sakin. Nasepna ah a citakte peuhmah kiphawk, kipakta leh thaman ngah cihtu naupangte in hongthei ding uhhi. Midangte kiangah namanpha khatpeuh sepna panin sum honglut cihzong theisak ding hi.

3. Pilna hoih sinsak ding. Tuhun ciangin pilna manham mahmahta hi - adiakin mimal neihtuam Christian sangte hiphadiak uhhi. Hitaleh naupangte ading hih leinunsung bek hilo, tawntung ading nangawn agelkholsak nulehpa a ding in hoihbek lel ci uhhi.

Bangbang hihtaleh uh, naupangte bangsuak ding cih a theikhol zong kuamah ki omkhol tuanlo hi. Ta upa lamte in teelkhialh khawng aneihuh ciangun, nulehpa in amau aki mawhsakloh dinguh banghangin thupi thei ding hiam?

WEDNESDAY

February 22

Vangnei takin Nasepna

A “lawhcing” nuntakna, a cial nunung pen in, lung hong nuamsak penpen zong hi a – tua pen khangno laimah in khensatna hoih a neikha leh, upmawhloh haksatna khawngin a suksiatloh mite ahi uhhi. Innkuan hoih khat sungah nulehpa in atateng khangkhin sak a, inn pia, vaklehciahna pia, leiba neilo in, innpii ading akisamteng khempeuh akicing ding sumlut nei uhhi.

Pasian in Atate peuhmah asangpen dinmun ah nasep leh nunna nei dingin hongsam hi. Tua asangpen dinmun cihpen Pasian’ thukham lungtang tungah kigelh (*Jer. 31:33*) in, a nuntakpihte a cihna ahi hi. Kipawlina hong kiamsuk in Christian kihilhna hong niamsuk semsem ciangin, a thupi zawanlai khat ah Christian mimal in kimawhsakna omlo in nasep ding ahi hi. Laisiangtho in “*Hauhna sangin min hoihna deihhuaizaw a, kham leh ngun sangin mi’ hong thusimna deihhuaizaw hi*” (*Pau. 22:1*) cihi.

Laisiangtho in, Pasian a it nasechte a cialkhak manin thupha a sanlawhte tangthu ciaptehna om hi. Jacob in a innkuunun a sunghpa **Laban** a nusia in, ama’ pianna

gam lam zuanin a ciahkik ding ciangin; Laban in, hong nusia naikei tapeuh un, “*Omlai peuh un, kei thu hong gensak dih in. Topa in nangma hangin kei thupha hong piakna ka thei hi*” (*Pian. 30:27*) ci hi. Joseph zong Egypt ah sal in akizuak lai in, a topa, Potiphar in, Joseph nasepna hoih takin entel sitset in, tuabang lianin thaman pia hi.

Pian. 39:2-5 sim in. Laisiangtho in akimin a genloh hang, a topa’ pahtaak theih nadingin Joseph in bangci hih cih nangaihsun thei hiam?

.....

“Na hihna khempeuh, nekna dawnna ah ahi zongin Pasian minthanna dingin nahih un” (*1Cor. 10:31*). I nasepna leh sumvai leh sepna bawlna ah, Pasian minthanna dingin hihding hihang. I nuntak sungin lawhcinna ding in pilna leh thahatna hongpia Pa Amah ahi hi.

“*Topa aw liatna, vangliatna, minthanna, gualzawhna leh minliatnate nangma aa’ ahi hi. Vantung leh leitunga om khempeuh zong Nangma aa’ ahi hi. Topa aw kumpigam nangma aa’ hi a, tuate khempeuh tungah Nangmah a lutangin hong kisangsak hi. Hauhna leh minphatna Nangma kiangpan hong pai a, Nangmah in na khempeuh tungah Na uk hi. Na khut sungah vangliatna leh minthanna om a, liatsakna ding leh thakhauhsakna ding Na khut sungah om hi*” (*1Khang. 29:11, 12*).

Nasepna sungbek hilo in, nuntak sung mahmah ah bang thukhun tengpeuh nazui hiam? Bang kikhelna nakisam diam?

THURSDAY

February 23

Pasian Deihbang Ngaihsutpiakna Zong

Sumlehpai kepzia nam tampi mah om mahtaleh, Pasian in Ama hong piaksa teng hoihtakin kepcin khialhloh ding hong phawksak den hi. “*Mi nuamsa i cihte pen migilote’ thu azuilo mi, mi mawhte gamtat bangin a gamtalo mi, mi a thusimlote tawh a kipawlo mi ahi hi. Ama’ nopsakna pen Topa’ thu sung bekmah hi a, sunlehzan in ama’ thu a ngaihsun mi ahi hi. Amah pen tuiliuang gei a kisuan, ama gah hun in gah a, ateh avul ngeilo singkung tawh kibang hi. Ama’ hihna khempeuhah amaa pai mahmah hi*” (*Late 1:1–3*).

Topa’ thukhamna sungah a kipak mite in (*thukham cihteh Pasian’ kammal hi*) mi hampha ahi uhhi. Tua hiziau lel hi. Amah maapai ding a – lawhcing ding hi.

Paunak 3:5–8 sim in. Hih thu eimau sumkepna ah koici zat theihding hiam?

Laisiangtho in a manpha mahmah sum zeekdaan thukhun pawlkhant hongpia a, sagih khawng ensuk dih ni.

1. Kipawl ding. *Sum zeekding daan geelun.* (*Pau. 27:23, 24*). Innkuan tampitak in paycheck tawh hihziauziau uhhi. Thalawhna ding, zatna ding geelkholtina a omloh ciang, nuntakna pen gimhuailua hi.

2. Thalawhzah sang tawmzatzaw in. *Na neihzah sungah nuntaksaum in* (*Pau. 15:16*). Nitumna lamgam innkuan tampi takin a thalawhzah sang tam zangzaw den uhhi. Hihbang dampen leiba tawh zattheihna bekmah lem hi. Leibanei mi tampi in buailawh uhhi.

3. Sum saansim in tawmcikta khol in (*Pau. 6:6–8*). Mailam ah leinop tampi om banah upmawhloh in liampakna, natleh sat cihte adingin sum i khol uhhi. Sum khol pawlkhatte pen, i teekhun, nasepzawh nawnloh hunciang a ding zong hithei hi.

4. Leiba pelh in COVID-19 tawh kibang hi. (*Pau. 22:7*). Summet om hetlo in nuntak ding hizaw hi. Mi khat, innkuan khat leiba tawh a nungtate pen – sum leitawite cihra – mailam ah a thalawh laiding sumte tawh a nungta uh ahi hi. Nuntak kikhelna a omkhak leh, sumlam buaina nasiatak in omthei hi.

5. Nasepna ah kuhkal in. “Thadah mi in adeih ngahzolo a, nasep a hahkat mi in a deih khempeuh ngahzo hi.” (*Pau. 13:4*).

6. Pasian tungah sumtawh citak in. (*Thuhilhkikna 28:1–14*). Pasian’ thupha lotawh a nungta thei innkuan omlo hi.

7. Hih leitung pen eite inn taktak hilo cih phawkden in. Eima vaihawmna in eima lunglut penna mun pulakkha hi (*Mate 25:14–21*).

FRIDAY

February 24

Ngaihsutbeh ding:

“Tulaitak a ding bek ngaihsun in, a bei ngeilo tawntung hun ading a kihello ngiimna peuhmah picing ngeilo ding hi ... Vantung adingin hih leitung pan ama nuntakna azonglo mi peuhmah, vantungah sum khol theilo ding hi”—Ellen G. White, *Education*, p. 145.

“*Nasepna ah lawhcinna taktak ngahtheih nading a bulpi pen Pasian in na khempeuh aneipa hi cih kipsakna ahi hi. Na khempeuh a Piangsakpa, Aneipipa ahi hi. Eite in Ama’ van kemcingte ihi uhhi. Eite neihsa khempeuh Ama hong piaksa hi a, Ama’ deihna bangbek in zang ding hihang.*”—*Education*, 137.

Innkuan neklehdawn vaihawmna vangik hangin, eima nasep pen sumzong ciangbek mah in kingaihsun khazel hihang. Christiante in ihihleh, Zeisu in a nungzuite khempeuh tungah apiak sawlna lianpi zong asem ding ihi hi. Maku 16:15 sunga om hih sawlna thu a genkhit ciangin EGWhite in “*Mi khempeuh in siapite mission nasemte suak khin theilo ding hi; ahiihang i vekpi mah in ‘midang tungah lungdamthu apuak nasemte’ ihi thei hi. A lian a neu, apil ahai, akhang atee khempeuh tungah sawlna ahi hi.*”—EGWhite, *Education*, p. 264.

“*Pasian hong ngiimsak bang nuntak ziate zuihkul hi. Eimah tawh akinaipen nasep isem ding a, i lampi Pasian ap*

in, Ama’ hong vaihawmsak nate i kemcing ding hi. Hih thukhunte pen, nasep zonna ah a lungmuanhuaipenpen thukhunte ahi hi”—*Education*, p. 267.

Kikupding Dotnate:

1. Ei Christiante ading “lawhcinc” nunna pen bang acihna hiam? Leitung in a khiatdan leh eite’ khiatdan koibang in kilamdang hiam? Gentehna in tuiphumpa John lungngai in. Ama’ nuntakzia koici muh nahiam? Numei gilo khat hang in bangmahlo in thong sungah a nuntakna tawp hiven. Lawhcinc icihsak thei diam? Dawng dih sin in.

2. Laisiangtho thukhunte zui selo napi a “lawhcinc” veve mihau tampi takte koibang in mu nahiam? Laisiangtho thukhunte zuinapi a “lawhcinc” lo mi tampitakte e bangci muh na hia? Natlehsat, buaina patauhna tuak thei hi. Koi bangin telsiam sakthei ihi hiam?

Lesson 9*February 25 – March 3***HAZATNA PAN KIKEM****Sabbath Nitaklam***February 25*

Tukalsung Simding: Isa. 14:12–14; Eph. 5:5; Joshua 7; John 12:1–8; Saul. 5:1–11, 1Cor. 10:13.

Kamngah: “**Hoihtakin kidawm un la, na huaiham lohna dingun kikem un. Bang hang hiam cih leh bangzahta-in mi khat a hauh hangin a neihsa tawh a nuntakna takta kicing zolo hi.**” (Luka 12:15).

Deihgawh hazaatna pen, eima neihsa hilopi, thumanlopi in lunggulhna ci in kikhia hi. Deihgawh hazaatna pen, khemlo, gulo, thatlo hinapi; mihing a susia thei thulianpi khatmah ahih manin, Pasian in A thukham sungah guang hi. “Na vengte’ inn na deihgawh kei ding uhhi. Na vengte’ zi hitaleh, a nasempa hitaleh, a nasemnu hitaleh, a bawng ala hitaleh, ama’ neihsa khat peuhpeuh deihgawh kei in” (Pai. 20:17).

Deihgawh hazaatna peuhmah pen Pasian’ gam sungpan hepkhiat ding mawhna gilo sungah kihel hi. “*Mi gilote Pasian’ ukna sungah luthetlo dingcih na thei uhhi. Note kihabawl kei un. Numei tawh a paktatte, milim biate, mi’zi, mi’pasal tawh amawhte, pasal leh pasal akhialte, a gutate, a huaihamte, zukhamte, mi gensiate leh mi’na asutte Pasian’ ukna sungah lutthei hetlo ding hi?*” (1 Cor. 6:9, 10).

Deihgawh hazaatna in, mi’na suttolhna, milim biakna leh numei/pasal mawhna tawh kibang zawzen ding hiam? Tukal sunteng hihthu a siathuaina leh zawhzawh nading gentehna tampi tawh kisin ding hi.

SUNDAY*February 26***Mawhna’ Bulpi**

Vannuai Pasian’ gam sungah koibangin mawhna hong piangkhia thei hiam cih dotna omthei zel hi. I telna ciang khat zong ommah hi. Lungsim tawngpan *deihgawh hazaatna* ahi hi. Tua deihgawh hazaatna in mawhna masa pen’ bulpi ahi hi.

Isaiah 14:12–14 sim in. Lucifer apuk theihna thubul bang cih hong lahciauna a om hiam? Deihgawh hazatna in tualai munah koibang in mapang hiam?

.....

“*Vantung mite tungah pahtawina ngah hinapi, ama’ dinmun tauh lungkim zolo in, Piangsakpa bek in a ngahtheih dinmun hong deihgawhta hi. Piansaksa khempeuh in, Pasian lianbel sak ding cihlam in paizoaw in, vanmi khempeuh ama’ khut nuai ah thumantakin omsak nuam hi. Pa in vangliatna apiak a Tapa, vantungmi’ mangpa Khazih bekin a tanhtheih tua vangliatna pen amah’n hong deihgawhta hi.*”—Ellen G. White, *Patriarchs and Prophets*, p. 35.

Ephet 5:5 leh Col. 3:5 sim in. Paul in deihgawhna pen bangtawh kikimsak hiam?

Paul in deihgawhna leh milim biakna kikim cih nihveitak pulakkha hi. Pasian sangin aki thupisehzaw khat peuhpeuh, Piangsakpa sangin piansaksa peuh aki thupiseh zawk ciangin milim abia kihiziau lel hi (*Rom. 1:25*). Deihgawh hazatna cihpen, ei deih ding ahilo nakhat, deihkhialua mahmah, Topa' sang thupisehzaw in, lungtuppi in nei cihna ahihi.

Lucifer in zong a ciillam in ama'lunggulhna pan khialhna piang cih theilohei tak hi. Eite zong hithei tak hihang. Deihgawh lohna ding thukham in, lungsim ngaihsutna bekmah akhaam hi a, thukhaam dang khatpeuh palsatkak loh nadingin hong khawlsak hizaw hi (*2Sam. 11 etbeh in*).

1Timothy 6:6, 7 sim in. Hih Paul laigelhte in deihgawh hazatloh na'ng koibang in hong kemthei hiam?

MONDAY

February 27

Giahphual Sungah Samsiatna Khat

Bangbang hileh Israel mite tangthu sungah hun thupipen khat ahi hi. Gamlakah kum 40 a vakvai khit uh ciangun, Khapsa Gam lut taktak tading uh ahi hi. Thu lamdang mahmah ahi dingin Jordan guntui a tawmpen

laitak in – Israel mite in leikeu tungah kantan thei uhhi. Tua bangin lei-keu tungah gun kantan cih athei Canaan kumpite a lungsim uh tuisuak uh in, galsim nopna lungsim zong neizo nawnlo uhhi (*Josh. 5:1*).

Canaan a zawhna vuah ton a masapen in, kulhbit mahmah Jericho khua ahi hi. Jericho leh amite bangci suksiat ding cihpeuhmah kuama'n theilo a – Joshua nangawn inzong theilo hi. Joshua thungetna a kidawnna in, Pasian in tua khuapi suksiatna ding ngiimna teng hoihtak in hilh a, tua bang lianmah in hih uhhi. Hi taleh nate in thusia hong piangsak hi.

Joshua 7 sim in. Jericho azawh dikdek khit uh ciang bangthu hong piang a, eimau ading in bang thuthak peuh i ngah thei diam?

Achan in bel tua vante ka muh ciangin iplah in *deihgawh* kha mawkmah ing cihi. Hebrew kammal deihgawh acih kammal **chmd** pen Laisiangtho mun khatkhat ah ahoihlam in zong kizang hi. Tua kammal mah Daniel 9:23 ah, Gabriel in Daniel kiangah “*Pasian in nang hong it mahmah*” acihna ah zong omkik hi.

Ahihang hi thu ah *chmd* pen thusia ahi hi. Khuapi a simna uh pan a ngah khak uh khempeuh amau adingin la theilo dingcih thupiak kician mahmah (*Joshua 6:18, 19*)

napi, Achan in hihmawk ahih manin, a minambup phial minsiatlawh gawp uhhi. **Ai** khua alelh dikdek khituh ciangin “Canaan mi leh hi gama teng mi khempeuh in hih thu za ding uh a, kote hong umcih in leitung panin kote hong phiatkhia mang ding uhhi. Tua ciangin a lian mahmah Nangma min bangcih ding na hiam?” (Josh. 7:9) ci uhhi. Thukhat pan, Topa in, hih galzawhna lianpite pen, Ama’ mite lakah Ama’ vangliatna in nasem cihthu, amau’kiimlehpam a ommite in, a theihsak nop man ahi hi. Amau’ galzawhna pen Yahweh Pasian’ vangliatna teci ahi hi. Ai ah amau gualleh man in mihing nuntakna suplawh bekthamlo tua teci nangawn a kiholes uh hi.

Achan in: tua ciangkhawng lelbel a khuapi buptawh tehkak leng tawmnocik hilel e, cithei lua mahmah lel uhhi. Kuamah’n lah theiselo a, a kua’n liamlawh peuhmah ding cithei tak hi. Ka innkuan un tuate kisam mahmah ung. Tuabang a lahuai thute pan koibang in eima kidalthei ding ihi hiam?

TUESDAY

February 28

Judas’ Lungsim

Laisiangtho tangthu a lipkhaphuai penpen **Judas Iscariot** ahi hi. Hih mipa in adang 11 te mahbang in hamphatna hunpha neiveve hi: Zeisu tawh om tawntung thei a, thumaan zong a Topa tungpan mitang kimu in sinthei hi. Judas bangin Zeisu kiang nai om mahmah napi tawntung siatna sung tungding hi a, anai omhetlo a

gamla panin Zeisu’ thuhilh zong a zakha ngeilote in hotkhiatna ngah ding cihpen dahuai mahmah hi.

Bangthu piang? A dawnna kammal khatbek hi: Deihgawhna, ama’ lunggulhna ahi hi.

John 12:1-8 simin. Pawilak a mi’ lungsim a lazo mahmah ding bangthu Mary in hih hiam? Judas in koicih hiam? Banghang? Zeisu in koibang in dawngthuk hiam?

Honpa in Judas’ deihgawhna a kidawk in zaidamtak in a dawnthukna hangin, Zeisu’ galte omkhopna munah amah vataipah vingveng hi. Mary in Zeisu a piakzah sang a naktawmzaw tham bek tawh tuate khutsung ah zuak ding in va aap hi (Mate 26:14-16).

Judas tungah bang piang hiam? Hunhoih hun manpha tampi ngah hinapi, banghang in gitloh gamtat peuhmah hiam? Ellen G. White in Judas in “Siapipa it mahmah a, ama’ kiangah omnuam hi. Gamtat leh nundan kikhel nuam a, Zeisu leh amah kizop tektekna tawh piangding lam-en hi. Zeisu in Judas pumnolh lo hi. Saumleh nihte lakmah ah omsak lel hi. Evan nasep zong sawllai hi. Cina damsakna leh dawi hawkhiat theihna zong pia hi. Ahihhang Judas in Khazih tungah ki pumpiak zolo hi”—The Desire of Ages, p. 716.

Eite khempeuh zong gamtat hoihlo i neih ciat hang, ki-ap peuhleng Pasian' vang in ei' sungah nasem peuhleh kizothel lel hi. Hitaleh Judas in Khazih tungah kipum-aap hetlo in, ama' deihgawh hazatna teng, Khazih thahatna tawh azawh ding sangsik in, amah kizosak zawsop ahih manin, a lipkhaphuai dinmun hong tungta hi.

Eite lakah deihgawhna leh adangkhat peuh a buaipihlo ki omse ding hiam? Hihtengah, ama' deihgawh penbel sum hi a; a deihgawhna pen lungsimvai hi a, tua in guktaklam (*John 12:6*) ah paipihpah a, atawpna ah Zeisu nangawn zuakliang hi.

Deihgawhna in hongtuttheih lauhuaina pen bangzah in siahuai hiam. Lungsim sungah lunggulhna neucik khat hilel napi, tawntung manthanna dong hong makaih thei hi.

WEDNESDAY

March 1

Ananias leh Sapphira

Pawlpi mikhat hihna in lawphuailua mahmah hi. Penticost ni in Khasiangtho kibuaksuk ahih manin, nungzuite in vangliatna tawh lungdamthu tangko uh a, atultul in pawlpi sung honglut uhhi.

"Thu a ngetkhit uh ciangin, amaute kikhopna mun hong linggaup hi. Amaute khempeuh Khasiangtho tawh kidim uh a, hangtak in Pasian' thu agen uhhi. Thu ummi khempeuh a lungsimuh leh a ngaihsutna uh kipumkhat uh a, kuamah in

aneihsa keima tuam ciло in, aneih khempeuh uh a neikhawmciat uhhi" (Sawl. 4:31, 32).

Ananias leh Sapphira tenupa zong pawlpi masate lakah omthei a, hampha mahmah uhhi. Pawlpi khantoh mukha thei in Khasiangtho nasepna khawngzong mukha zen uhhi.

"Inn ahi a, lo ahi zongin aneite'n zuakuh a, asumngahte sawltakte kiangah a aap uhhi. Mi khempeuh tungah kisapna bangciatin asumte uh hawmuh ahihmanin, amauta lakah sum kitangsam omlo uhhi" (Sawl. 4:34, 35).

Ananias leh Sapphira tenupa in zong tuate lakah kihelnuam bilbel uh a, a neihsa uh pawl khat zong zuakkha in pawlpi sumhawmna sungah piakkhat ding thukhen uhhi. Hoiakhia mahmah hi.

Sawl. 5:1-11 simin. Sum alang kemsim khialkhual in zuau genna pen bangzah in siahuai thei hiam? Banghang in gawtna khauh thei mahmah hiam?

.....

Aciillam inbel, amauta in tua nasepna a pia dingun thusiam mahmah bang hiphot hi. Tua khitciang in "Ananias leh Sapphira te nupa in, amau deihgawh huaihamna hangin amau siangtho mahmah bangphot zauzen hi. Amau kamciamna uh hongphawkkik uh a, amau lungsim alumsak a thupha te leh Khazih' nasepna lianpi sepding hong mansuhta

uhhi.—Ellen G. White, *The Acts of the Apostles*, p. 72. Amaute gel gamtat hoihipen gamta ding hongkipat samuh hangin, amau deihgawh hazatna in amau dinmun taktak ahilo, kineihkhemna hong piangsak zawsop hi.

“Pawlpi leh tuathu aza mikhempeuh tungah kihtakna hong piang hi” (*Sawl. 5:11*). Hih thupiang khitciang in, mikhempeuh in sawmah khat peuhmah hoihtak in hong aapkik uhhi. Ahihhang hih sawmah khat tungah cihtakna pen Laisiangtho in helnawnlo ta hi. Tua sangin deihgawh hazatna in koisung hongtun thei ci hiam?

THURSDAY

March 2

Deihgawhna Zogawp

Deihgawhna pen, kiphatsakna leh angkhualna mahbangin lungsimthu hi a, kiphawkkha selo himahleh, sihna hongtunthei khemzolna ahi hi. Mawhna dangdangte: zuau genna, guktakna, khangham mawhna, milimbiakna leh Sabbath palsatna cihte mahbangin zawhding haksa veve hi. Ahihhang hihteng pen muhkhiat gamtatna hi a, gamtatma in kingaihsun masaphot hi. Tua ngaihsutna zawk ding cihpen haksa mahmah hi.

1Cor. 10:13 simin. Bang kamciam om a, deihgawhna tawh a kizopna i telcian ding a thupi bangpeuh om hiam?

T-8

.....
Koici bangin Pasian’ vangliatna in, hih a lauhuai khemna pan hong kemcing thei ding hiam?

1. Pasian innkuuan sung a lut dingin Ama’ na sem ding leh Amah muang dingin khensat in. “*Tuni in ana na sepsak dinguh teelun; . . . keileh ka innkuante un, Topa’ na semding hi ung*” (*Josh. 24:15*).

2. Nisim thungetna sungah Mate 6:13 hel den ding, “*Zia-etau hong thuaksak ke’nl, gilopa kiangpan hong honkhia in: Uczawhna, vangliatna minthanna neitauntung ta in.*” Nang ading ahilo khat nalunggulh khak ciangin, thungen inla, Laisiangtho kamciam 1Cor. 10:13 khawng simkawm in zawhgawp na’ng ngen in.

3. Laisiangtho simden in. “*Nangma tungah kong khialhloh nading in ka lungsim sungah Nangma’ thu ka khol ht*” (*Late 119:11*).

Zeisu in mi leh mawhna ah panla hi. Amah zong thunamkim pan mawhzolna thuak khinzo hi. A nangzo dingin zanthalpai thungen in A Pa tawh kizom hi. Hih leitung hong pumnutsiat hetlo in, etteh ding lampi honsa in hong koihsak a, Khazihbang gamtatna aneithei ding in upna leh thumanhna lampi honglak zo hi.

“*A kimuhtheih hunlai in Topa zong unla, Amah anai omlai in thungen un. Migilo in ama’ gitlohma nusia henla, thumanlo mi in ama’ngaihsutna nusia hen. Topa in ahehpih*

theihna dingin eite' Pasian kiangah amah paisak un. Amawhna maisiangsak ding h" (Isa. 55:6, 7).

Nangma nuntakna sungah, deihgawhna peuh a omom lai hiam? Bang pilna peuh ngakhin nakisa hiam? Bangpeuh sinbeh ding kisamlai nakisa hiam?

FRIDAY

March 3

Ngaihsutbeh ding:

Jericho laakna ah, kham leh ngun, sumngo beel leh kuang, leh siik khempeuh amau giahphual tunin apuakhia pen Achan bek hilo hi. Joshua in, tua kham leh ngun sumngo beel leh kuang, leh siik khempeuh Pasian sumkholina innpi sung a tundong apua dingin ama' mite sawl hi (*Josh. 6:19, 24*). Na khempeuh a kihaltum khin ding ahi hi. Ama a'dingin a kemcip pen Achan bekmah hipah hi. "Mi awn tampi lakpan, mi khatbek in, tuabang gualzawh hun leh thukhen hunin Pasian thupiakna palsat ngamzen hi. Achan' deihgawhna pen Shinar puan manpha a muhna pan ahi hi; amah'n sihna dong masuan in 'Babylon puan hoih' a cilailai hi. Mawhna khat in adangkhat tun a, Topa' sumkholina ah a ki-aapsa kham leh ngun – Pasian ading Canaan gam gahmasate a buluh ahi hi."—Ellen G. White, *Patriarchs and Prophets*, p. 496.

Paul in hun nunung lim a gualhna ah, a masapen nihte in sum tungah a lungsimpluak zia ahi hi. "Nitaupni hun pen alahuai hun ahihding lamtak phawk in.

Tua hun ciangin mite in amau bekmah a ki it, sum it (deihgawh) (2Tim. 3:1, 2)" cihi. Deihgawhna leh sum itna pen hun nunung tuhun in alaang mahmah ding mihind omzia ahi hi.

Kikupding Dotnate:

1. **1Timothy 6:6-10 sim in:** "Pasian biakna hangin aneihsa tawh a lungkimte pen, biakna in mihau a suaksak takpimah ahi hi. Hih leitungah mihind in i suah laitak in sumlehpai tawh i suakkei a, leitung panin bangmah i kengthei tuankei hi. Tua a hihmanin annekkuidawn, nikten puansilh ineih nakleh aphazo hi. Ahi zongin a haunuamte in ze-etna tuamtuan thuak a, duhhopna, huaihamna a haivai thute ah awkcip in, haksatna leh siatna a tuahlawh uhhi. Sum deihluatna in siatna namkim piangsak hi. Mi pawlkhat in sum deihlualiang uh ahihmanun a upna pan in pialkhia in gimna lungkhamna tampi a thuaklawh uhhi."

Na khansung ah sum deihluat manin "amau leh midang a liamsuah liangte" thu kikum un. Tuabang honpikhat om hilo hiam? Koibang in khaikhin siamthei ding a, sum kisapna thei kawmsa in, Paul hong vauna

omsa thaang sungah awkloh na'ng bangcih ding hiam?

2. **Sum ahilo eite' deihgawhtheih bangpeuh omlai thei ding hiam?**
3. **Thukham huamsungah nakhat peuh lunggulhna leh deihgawhna koibang in kilamdang naci hiam? Thukham huam sungah lunggulhna in banghun ciangin deihgawhna suakthei hiam?**

Lesson 10

March 4 - 10

PIAKKIKNA

Sabbath Nitaklam

March 4

Tukalsung Simding:

Luka 12:16–21; Thuhilh. 2:18–22, Pau. 27:23–27, 2Cor. 4:18; Thuhilhna 5:10; Col. 1:15–17.

Kamngah: “Tuaciang in vantung panin awging khat ka za a, ‘Tu a kipanin Topa’ thu ah asi mite mi hampha mahmah ahi hi’ ci in na gelh in. Tua ciangin Khasiangtho in, ‘Hitakpi hi. Amaute nasepna thaman in amaute zui ding ahih manin a nasep gimna panin tawnga in nuamsa in om ding uhhi’ ci in adawng hi.” (Mang. 14:13).

I sumthalawh kumte a tawpna lam ah, sumlehpai teng pen eima teek hun ciangin nuntak theih nading mungtupna ah hong kiheita hi. Nasepna pan tawngak hun hong tun laitak pen lungsim a phawng mahmah hun zong ahi hi. Sumlehpai vai ah, koibang hoihpen ding hiam?

Mi a khangham semsem ciangin, mailam ading lung hihmawhna kipan hi. A kipatau pente: sibaih khaleh (*innkuan kem manlo*); khansau lua (*neihsateng beikhin liang*); natsia satsia (*neihsa teng bei dikdek*); lungsim/ pumpi picing nawnlo (*kua'n hongkem ding*) cihte ahi hi.

Hih thute tungah EGWhite in: “Hih patauhna teng khempeuh Satan kiangpan hong pai a ... Pasian’ ngiimna bangin om peuhleh, amau ninunungte pen a lungdamhuai pen

nite ... Patauhna leh lungsim vangikte paai zawleh, amau hunte lungnuam takin zangzaw in, vantung ading kiging zaw ta hen—*Testimonies for the Church*, vol. 1, p. 424.

Tukal sungteng pen eima ninunung dingteng a ding Pasian thupiakna teng kisin ding hi. E'n bang hihthei, bang hihlo ding, bang thukhun peuh zui ding?

SUNDAY

March 5

A Hau Mihaipa

Luka 12:16–21 sim in. Ei ading bang thupuak om hiam? Mihaipa tungah Topa' thuhilhna khauh bang om a, eima' neihsa tetungah eima lungsimpauk tawh kisai bang gen hiam?

A thupuak in hibang ciangsangin zaizawtham hinaven, Zeisu in eite *pensen lakciang* in hibang hihlo ding cih hong hilhna ahi hi. Mi khatpeuh in nasep tawlnga ta in, ama' thalawhsa teng mahtawh nungta kikta ding ahihleh, hih tangthu a lungsim sungah lungngai taken. A buainapi pen nasep hahkat hilo, hauhna zong hilo hi. Mi peuhmah khangham semsem hau semsem zong hithei peuh ding hi. A buainapipen in aneihsa tungah a lungsimpauk zia hizaw hi. “Anne, zudawn in a nuam theithei in omta in” (Luka 12:19) cihpen a buaina taktakpen ahi hi.

“Hih mipa’ ngiimna pen tua sapi kisiasate sangin hoihzaw tuanlo hi. Pasian, vantung, mailam nuntakna omlo bangin nungta leltak a; ama’ neihsa khempeuh ama’ bangkeek, Pasian tungah leiba neilo bangkeek in omhi”—Ellen G. White, *Christ’s Object Lessons*, pp. 257, 258.

Hih hun laitak in, eima a dingbek kingaihsun a, midang leh Pasian nasep khawng peuh aki mangngilh khakleh – ahau mihaipa bang kihilel ding hi. Zeisu in tua mihaupa thadah in thumanlo zong cituanlo hi. Pasian in amah apiaksateng a zatkikzia a gen hibek hi. I sihding ni kitheilo ahih manin, angsung ading bekbek zonliang sangin, Pasian’ deihna tawh akituak in nungta zawleng cihna ahihi.

Laisiangtho in acihnopna bulpipen ah, nasemmi khat in, ama’ sepzawh sungteng nungtazo ding hi. Daniel leh Mangmuhna laibu laikungpu tegel bangpen, amau kum 80 kimpawl in amau’ nasep khinzo uh cihthu lungluthuai mahmah hi. Tualai hunin mi atamzaw kum 50 kimpawl in a sihhun uh ahi hi. EGWhite in, ama’ laibu hoihpen leh ithuaipen *The Desire of Ages* pen, ama’ kum 70 kimpawl in agelh ahi hi. I cidam laiteng, i nasep khawllo ding, ahoihte sepna ah eima tutzawh zahzah semding hihang.

Zesi in Ama’ hong kumkik ding pen ngak ding bek cilo a, nasem kawm ding cilai hi (*Mate 24:44–46*).

**Eima kum phakzah khat leh sum neihzah
peuhtawh, hih mipa pukna thaang sungah i puklohma
ding koici pelhthei ding ihi hiam? “Bang ading nungra
ka hi hiam?” cih kidong in.**

MONDAY

March 6

Keng Theilo Ding Hiteh

Mi khat in aminthang mahmah Evanpa **Billy Graham** kiangah nuntakna tawh kisai thu dong hi. Graham zong kum 60 kim hita hi. Graham in a dawnna ah “**tomlue e**” ci hi. Nuntak hunbel bei zangzang mah hi.

**Anuai a munte in hih leitung nunzia bang hong
hilh hiam?** Late 49:17; 1Tim. 6:6, 7; Late 39:11; James 4:14;
Thuhilhna 2:18–22.

Nuntak hun bei bekthamlo, nasih ciangin, bangmah keng theilo, na neihsa na kholsa khempeuh e. (*Gamtatna e? Thutuam khat*). “A sih ciangin bangmah kenglo ding a, a minthanna in amah zuisuklo ding hi” (Late 49:17) acihteh, midang khatin angah dingin nutsiat ding acihsna ahi hi. Kua’n ngah ding cihpen acil apat in ngiimna omsa tungah kinga ahi hi.

Mi khempeuh in neihlehlam neikhin lo ahihang, a tamzaw in kum tampi nasem uh in, a khomkhat ciangbel

neisam ding uhhi. A tawpna ah bangpiang ding a, tua neihsa teng kua tungah piasawn ding cih khawng a ngaihsuthuai athupi mahmah dotna ahi hi.

Neihlehlam aneite, atawm atam ciloh in, neihlam geelna khatpen **kemcingte’** nasep ding hi-a, Pasian’ thuphate zeeksiam ding kisam mahmah hi. “*Lungtupna, muanna*” (aowr f ;;) kici laikung laidal cihte tawh ngiimna kician na neih keileh, kumpi thukhun ombang in hong sepsak ding uhhi (*nangma tenna mun tawh a kituak hiding hi*). Lungtupna laidal lo tawh na sih leh, tangpi tangta ngeina bangin, na tanau khatpeuh in ngah mawkmawk ding a, ahoih in zang thei, zanglo thei, ama’ tungah piak ding nang’ ngiimna zong hithei, hilo theitak hi. Pawlpi in bangmah ngahlo ding hi. Tuabang nangma ngiimna ahihleh lah nang’ thu; ahih keileh ahun omlai in semkhia in.

A thuneem penpen in genleng, Pasian pen na khempeuh anei Pa (Late 24:1) hi a, Laisiangtho tawh akituak theipen dingin genleng, Pasian hong piaksa khempeuh i zatkhit ciangin, khatveilai in innkuuanbup in i neih ngeingai teng khempeuh pen, anei taktak Pa kiangah aaplik ding hihang.

**Sihna peuhmah, upmawhloh hun in hong pai lel
ding a, tuni zong hithei hi. Tuni nang si lecin, na
innkuanipte bangsuak ding uhhiham? Na neihsa teng
zong bang suakthei ding hiam? Nang lunggulh bangin a
kihawm beek diam?**

TUESDAY*March 7***Mimal Tangsapna tawh Kipan**

Laisiangholui hunlai Israel mite pen lokhomi leh gankhawimi ahi uhhi. Tua ahih manin Pasian' kamciam thupa pawlkhat bangpen lolam kammal hiliang uhhi. Paunak 3:9, 10 ah Pasian in sum lamah aki cihtak nakleh “*ansalte an tawh kidim ding*” naci hi. Tu hun Christian tampi in ansal nei hetlo lel uhhi. Tua hi a, athu akimanh nakleh Pasian in nasepna khempeuh thupha piading cih telcian pah ding hihang.

Paunak 27:23–27 sim in. “Na tuuhonte hoih takin thei inla, na bawngchte hoih takin kem in.” Hih kammalte tulai Christian nuntakna ah koibang in na telcian hiam?

.....

Laisiangho in mihaute in mizawngte a nuaisiahna uh leh, amau hauhna’ng bekin huaiham ci in vauden himah taleh, hauhna dingin nasepna leh hauhna limlim cikmah hunin mawhpaih ngei hetlo a, amau un thumanlo takleh midang nuaisiahna khawngtawh asep uhleh hibek hi. Tuni sinna in, innkuuanbup nuntakna’ng zonna sumvai ah kuhkal mahmah ding cih. “*Na kelnawite ahihleh na innkuuan annekk ding leh na nasem numeite’ nuntakna dingin kicing ding hi*” (Pau. 27:27) cih.

Hih munzong tuhun ading in koici khatding ihi hiam? Gentehna in “*Na sum dinmun endik inla, na mailam ding geelpha in*” ci ding maw, “*Na sum sazian bawlcian inla, leiba loh dingdan geel in*” cihkhawng eleh. Na sum thalawh hun sung khempeuh, nangma lungtup ahi a, laidal khatpeuh ahi zongin a kisam bangin bawlpha in. Lungtup leh muanna laidalte pen, hun nailopi in sihvatna khawng om khaleh, lungsim picing nawnlo in khensatna hoih neihzawh nawnloh hunpeuh omkha leh, ci in kikepkholna in kingiimkhol limlim hi. Deihna bulpi pen, nangma neihsa tengmah nanga’ ahih nawnloh hun hongtung zenkha leh cih ngiimna ahi hi.

Atom in, kemcing siam cihpen, tu a Pasian hong piaksa teng pen, tu laitak eima nuntak sung teng bek hilo in, ei om nawnloh ciang zong bang piang ding – eima nuntak sung Topa hongpai nai kei zenleh, tampi inei a, ineikei zongin, ei om nawnloh nungah tuate kinusialai ding hi. Tua hi a, tuhun in vaihawmhun hita a, eima saansa thuphate in, midangte ading ahi a, Pasian' nasepna mazan theihna’ng zong hithei lai hi.

“Neihsa kip tawntung lohi” (Pau. 27:24). Hih thu ngaihsut tawntung ding banghang in thupi thei hiam?

WEDNESDAY*March 8***Sihlupmun pan Migitna**

Hih anuai amunte pan sumvai bang thukhun i ngahthei ding diam?

1Tim. 6:17

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2Cor. 4:18

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Pau. 30:8

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Thuhilh. 5:10

.....

Sumin mihing hong ukzo mahmah a, siatna atundong mah mi tampi tak ukcip zo hi. Sum tampi nei khinzo napi in – sum hang mahin gitlohma abawl mite' thu a za ngeilo omse ding hiam? Tuabang ding hi hetlo hi. Ama' hong piaksa thuphate khawng samsiatna peuh i suahsak loh nadingin, Pasian' vangliatna mah tawh zozo ding hihang.

Sih hun adingin kemcing siam hih nading ngiimkhohna ah, a lauhuai khatpen, "ka sih ciangin ka neihsa teng ka piakkhat theih nading" ci in neihlehlam kholsim khinkhian uhhi. Nuntak sungin zangtum gawp cih lawmlawm sang hoihzaw (*sumhaupa khatin ka siluang vuina'ng sum a omman bekin a nungta kahi hi cihi*) a, tuabang lel sangin a hoihzaw in hih buangding hihang.

"Ka muhna ah, mi tampi takin nasepna ding pan ton uh a, asih uh ciangun mizawngte piak ding mangngilh uhin; amau nuntak sungbeek Pasian upna sungah piakkhat ding

*kisin hetlo uhhi. Ahih hang, Khazih in hih sih/lupmun pan mititna tawh piakkhatna hong ngenlo hi. Tua in a nungtalai mite angkhualna vengsak theilo hi. Amau' neihse, Pasian nasepna ah piakkhat ding sangin, amau sih dongmah kem tentan mi zong omhi. Supna hong kizom daudau ding hi. Bank pan sumh ding a, a neihsa peuhmah lampi tuamtuan tawh kisia ding hi. Bawlnop tampi tak om napi, ziakailua uh ahih manun, sumkhohna mun hongtun lohna'ng Satan in daltansak pah hi. Pasian kiang aki-apkik maa in mangthang ta a, Satan kipaak mahmah tahi."—Ellen G. White, *Testimonies for the Church*, vol. 5, p. 154.*

Thupha i saansa neihlam khempeuh zatzia ding banghang in kidop mahmah kul hiam?

THURSDAY

March 9

Khalam Gamh

Mihing in mawhneikei zenleh leitung nunna koibang ahizen tam cih ngaihsut haksa a, a kitelcian khat bel: kisaktheihna, deihgawhna, zawnna leh leitung a susia thei peuhmah omlo ding hi. Na i sep khempeuh, a neitaktakpa theitel in, thumannna leh cihtakna tawh sem leng, eima a taktak hi cih apuksa leitungah lakhariatna ahi hi. Bangzah nasem in na semkei phial zongin, a tawpna ah ciapteh tawntung ding a thupi khat om hi.

Anuai a munte sim in. Bang thubul khat nei uh a, tua thubul in na khatpeuh zangin na nasep ciangin Pasian in thupha hongpia hi cihna hiveve cih koibang in honglak hiam? (*Late 24:1; Heb. 3:4; Late 50:10; Pian. 14:19; Col. 1:15–17*).

.....

Eite pen Ama hong piaksa tengbek akemcing leh azeekkhia ihi a; anei taktak Pasian ahi hi. Amah'n lei nunna, om theihna leh nasep zawhna'ng thahatna hong pia hi. A thupaizia taktak bel Pasian hong piaksa khempeuh i zatkhit ciang, innkuan kivakna kivaakkhit ciangin, a omlaiteng Amah aapkik tading hihang.

“Pasian’ nasepna ah na piakkhat peuhmah, vantungah sum akholkhol na hi hi. Tua na kholsa khempeuh zong leitung siatna leh supna tawh kipelh a, tauntung hun adingin meet in kip hi. Tua teng khempeuh nangma min mahin kiciamteh ngiat hi”—Ellen G. White, *Counsels on Stewardship*, p. 342.

Eima nuntak sungmah in piakkhat theihna'ng hunpha tampi om hi.

1. A piakhiate muhtheih pah – biakinn thak, college ah sangnaupang, Pasian’ thu genna’ng sum kingah.

2. Kisapna lianpenpen khat ahihleh nasepna leh asemte a hampha.
3. Nangma sihkhit innkuan sung kitotna omnawnlo.
4. Innkuan ading a ettehhuai Phalna leh midang itna.
5. Phiangsiah tawmzaw pah.
6. Nangmah’n piakding na lunggulhna mun tung taktak (*tanaute leh thuneite’n sawk theilo*).
7. A piakhiate lungsim in angkhualna pan angkhuallohma ah kikhelta.
8. Vantungah neihsa khol.

FRIDAY

March 10

Ngaihsutbeh ding:

EGWhite in hih thulu tawh chapter nihbang na gelh hi. “To (Aged and) Wealthy Parents,” *Testimonies for the Church*, vol. 3, lai. 116–130, leh “Wills and Legacies,” *Testimonies for the Church*, vol. 4, lai. 476–485.

Neihsa geelna ding tawh kisai in *Counsels on Stewardship*, lai. 323–335 ah Ellen G. White mah in: “Mi

tampi in a sihkuan ciang bekun akhiam uh hiven, tuate Christian hipeuh mahleh, amau' thahatlai hun mahin hihpah ding uhhi. Amau pumpi leh aneihsa tenguh Pasian tungah aap dinguh a, Ama' neihsa kemcing ahihmah bangun, amau vaipuak asepna vuah lungkimzo ding uhhi. Amau' thuneih hun sung mahin, Pasian in amau asawlna teng pen midang suansawn selo in amaumah un zoman ding uhhi.”—Testimonies for the Church, vol. 4, p. 480.

EGWhite in “amau thuneih hun sung” acihpen bang a cihnopna hiam? Lungtupna bawlna ah, tua lungtupna abawlpia in, ama sihkhit ciangin, amau' neihsa teng khempeuh tungah thunei ding khat sehsa in koih hi. Nangma tungah nangma' thuneihna hangin, nangma nuntaklai mahin, nangma neihsa teng, nangma' lungtupna bangin nazeekthei ding hi. Tua bang hileh, nangma' nasepna gahte namuh ciangin, Pasian hongpiaksa talent teng hoihtak in zeekkha nahihlam nakithei ding hi.

Christiante adingin Khazih' hong kumkikna pen “**Lametna Thupha**” ahi hi. Meii tung tuangin Zeisu hong kumsuk ding pen kihtaakuai mahmah ding cih ki ngaihsun thei hi. “**Diktat**” cih kammal zakkal ding bang ngaklah hihang. Zeisu hong tunma in tawnga khin leng eleh bang ici tam? Ama' hong lahsa bangin zuipeuh leng, eima hanciamna geelna omsa bangin nasep na kizom paisuak ahihlam i muh ciangin lungkimlel ding hihang.

Kikupding Dotnate:

1. **Tu mahmah in vantungah sum kikholthei hinapi in, banghang in vantung gam leh hotkhiatna pen ki thalawh theilo a, kilei theilo sese hiam?**
2. **Tu a eima neihsun sungpan piakkhiat ciangin pilvang mahmah kul hi. Mihingte in ni peuh ciangtanh zelzel uh a, sum tawh kisai in tuani ciangin tuabang piang ding a, sum mansel ding a, tu mahmah in Pasian' na sepna ah puakleng hoihzaw ding hi acihcih uh za tawntung hihang. Pasian' na sepna sungah thukip tawh ngetna leh khemna tawh ngetna koibangin khentel siam ding ihi hiam?**

Lesson 11*March 11 - 17***HUN HAKSAT SUNGAH ZEEKSIAM****Sabbath Nitaklam***March 11*

Tukalsung Simding: *2Khang. 20:1-22; 1Khang. 21:1-14; 2Pet. 3:3-12; 1John 2:15-17; Mang. 13:11-17.*

Kamngah: “**Lungdam biakpiakna Pasian tungah pia unla, Sangpenpa tungah na thuciamnate uh bawl un. Haksat hun ciangin Keimah hong ko un; Note kong honkhia ding a, note in Keima’ min nong thangsak ding uhhi**” (*Late 50:14, 15*).

Khatveivei leitung in a uk asai omlo bangin pai gawpmang hi: galkidona, sisan luanna, tatsiatna, zualzanna, khuahun siatna hanga buaina, pulnatna gilo, sumvai buaina, gamvai siatna cihte ahi uhhi. Eima mimal leh innkuuanvai masak ding cih hanthotna khauh omzo hi. Hibang hun hoihlo laitak in bit theihna’ng ngaihsut ding zong hong kisawl tawntung hi.

Nuntak nasepna in bulphuh ngiimna tampi hong neisak hi. Leiba lohding, naupang pattah ding, neihlam kepcin ding cihte pen hun leh ngaihsutna la mahmah hi. Tua banah, silhlehten, annekk, inn zong kisam lailai hi. Mualtung thuhilhna sungah Zeisu in, mihing kisapna

bultaktak a genna ah, “*Vantung na Pa in tua no kisap khempeuh thei gige hi. Pasian’ukna leh Ama’ dikna zong masa un. Tua hileh hih na kisap dangte khempeuh uhzong hong piathuah veve ding hi*” (*Mate 6:32, 33*).

Sittel hun sungah, Topa ibelh semsem ding akisap hun ciangin, izuih ding Laisiangtho thukhun kipkho mahmah pawlkhat om gige hi.

SUNDAY*March 12***Pasian Masak**

2Khang. 20:1-22 sim in. Haksatna bangpeuh tuaktaleng, hih tangthu panin bang khalam thukhun kingahthei hiam?

.....

Jehoshaphat maankum tawpna lamah, Judah kizo gawp hi. Jehoshaphat pen acitak hangsan khat ahi hi. Kum tampi sung a galkap thahatsak in khuapi kulh zong puahpha hi. Bang galpeuh hitaleh maituah dingin kiging sitset khin hitaleh; hihthu tungtang ah ama’ tha muanglo in Topa’tha muangzaw hi. Topa zon nadingin, Judah buppi antang dingin vaikhak hi. Solomon hunlai a gal atuah uh ciangin ahihuh mahbang in mipite biakbuk huang sungah hong kikhawm uhhi. Judah mite khempeuh azi ata uh tawh Pasian’ maiah thungen uhhi. Pasian in agalte uh buaisak in Ama’ minthanna hizawleh ci in ngen uhhi.

Kumpipa in zong thungen in, “*Kote a sim dingin hong pai hih mi hon tampite ado dingin thahatna ka neikei uhhi; ka cihna dinguh ka theikei uh a, Nangmah bek kong mitsuan uhht*” (2Khang. 20:12) acihi.

Tua bangin Pasian kiang a ki-ap khit uh ciangin, Topa’ Kha in mi khat tungah hong tuaksuk in, “*Kihta kei unla, hih a tam mahmah mi honpi hangin lungkia kei un. Galdona pen note a’ hilo a, Pasian a’ ahihi ... Note in hih gal nado dinguh kisamlo hi. Na panmun uh la in taanglo in ding unla, note tangin Topa’ gualzawhna mu un*” (2Khang. 20:15-17) acihi.

A zingciang zingtungin kumpipa in mipi kaikhawm a, amau maiah Pasian phatna lasa ding Levi mi lapawl zong a om uh hi. Tua munah mipite hanthawn in, “*Topa na Pasian uh um un, tua hileh note na kip ding uhhi; Ama’ kamsangte um un, tua hileh, na maavang ding uhhi*” (2Khang. 20:20) aci hi. Tua ciangin lapawl lasak hong kipan uh a, galte amau leh amau hong kisaatgawp uh a, “*khat zong suaktalo*” (2Khang. 20:24) hi. Galte vanteng a kaihkhopna ni thum sung sawt a, a ni lini in lasa kawm in Jerusalem zuan in hong ciah uhhi.

Amau a honkhia Pasian pen, eima’ it leh i biak Pasian mah hi a, Ama’ vangin tua hun lai a mahbangin tu in zong lian hi. Ama’ makaihna muang dingin hongto hi.

2Khang. 20:20. Hih munin Seventh-day Adventist adingin bang tumdanna neituam hiam?

MONDAY

March 13

Pasian Muang un, Nomau Tha Muangkei un

Kumpi David in telzawsem ding hi. A lawm hohipenpa Jonathan tawh Pasian sungah a kamciamna bangin, mi tam naneih leh neihloh thupilo hi; Pasian in galzawhna hong piathei hi. 1Samuel 14:1-23 ah, Saul’ tapa Jonathan leh a galhiam tawipa in, Pasian huhna tawh, Philistine galphualpi khat a susia uhhi. Hihbang hun, gal haksat hun khawng hong tun ciangin kumpi David in Pasian zon ding sangsikin, ama’ tha muang dingin Satan kizolsak zaw mawk hi.

1Khang. 21:1-14 sim in. Banghangin David in Israel mite leh ama’ galkapte simsawm hiam? Ama’ galkapmangpa Joab in banghang in khaam hiam?

.....

Galkap a simding pen Satan’ ngaihsut piakna ahihi. David in, Pasian vaihawmna a muan zawk ding sangin ama’tha kimuangsaak hi. Galkap mangpipa **Joab** in, Israel mite sungah Pasian nasepna mukhin ahih manin, Israel mite a simloh nadingin zolzol himah taleh, David in simsak teitei hi. Tua gamtatna in Israel mite lakah lahuaina piangsak hi.

Pasian muanna pen khawnkhong ngeilo hi. Topa adingin bang galpeuh na do ding ahizongin kigingpha khol

in. British mite' makaipa **Oliver Cromwell** (1599-1658) in, a galsim ding ciangin a galkapte kiangah, “*Naute aw, Pasian muang un, thauvui keu silsel sak un!*” cihi. A cihnopna ah nomau hihtheihzah hihphot unla, Pasian in galzawhna hong pia ding cih phawk un acihna ahi hi.

Tutawm inbel kumpi thahatna leh bank sungah sum omteng muanhua mahmah bang ahih hang, Laisiangtho sungah haksatna khatpeuh a omciang in, mihing in Pasian a muannakleh, Amah in tuamite pahtawi in panpih hi.

I hunte Pasian tawh i kituaksak ding a, leiba pelh in, hong piaksate tungah zong cingh ding hihang. Lungdam la khat in “*Topa i kisap ngei leh, tu in zong Amah i kisam uhh*” cihi.

Eima septeih peuh i seplaitak in, sumlam bitna leh na khempeuh ah Topa muanna koibang in i khaikhin thei ding hiam?

TUESDAY

March 14

Baihsak Hun

Seventh-day Adventist Christiante in haksat hunte koici dawnthuk uh hiam? Suakta lel hang ci in tusuk ziau lel ding maw? Hilo hi. Zeisu hong paikik ding hunleh leitung beiding hun naita cih i theih manin, lungdamthu tangkona leh, Pasian in a it mite' kisakkhol theih nadingin, eima

neihsa teng zangnuam hihang. Ni khat ciangin hih leitunga om na khempeuh kangtum ding cihzong i tel sitset lel hi.

2Peter 3:3-12 sim in. Peter in hih thuteng tawh bang hong gen ahi hiam?

Pasian' kammal sungah, i neihsa teng khempeuh puaktoh nadingin Pasian in mawtaw hong paisak ding ciло hi. A nunung pen lauhuai meikuangpi in, mawhna leh mawhna tawh kisai teng khempeuh kangtum ding a, Zeisu khutpeek sunga meimapawn bekmah om paisuak ding hi.

Tua ahihleh neihsa tengtawh bang hih ding hiam? “*Tu in i sanggamte neihsate in khangzaw lo in kiamzawsop hi. A hoihzauna gam ahi vantungah kikhin ding hihang. Leitung khaung luah kei ni in na khempeuh ahitheizah in kiciansak sitset ding hihang*”—Ellen G. White, *Counsels on Stewardship*, p. 59.

Hi thute pen abeisa kum zakhat lai in agelh ahi hi! Hi napi athukhun omgige lai hi: i nuntak hun tommahmah hi. Kum 60, 80, 100 cihpen tawntung hun tawh tehkak in, cidam mahmah leng hibek hi. Tukal sinna teng na simkhit ma in zong nuntak tawptheilai a, tua khit na theih kik masak ding pen, Zeisu hong kumkikna hipah hi.

Seventh-day Adventist Christiante in tawntung khuavak sungah tengding hihang. Eimah leh innkuante

nuntak nadingin nasep kihahkat a, thupha i saankhakleh, tua thupha sungah nopsak lelna in khiallo a, mizawng cimawhte tungah cinghtakin piakhia ding hihang. Hi leitungah eite kholsa peuhmah pen, hun tomno sungbek hi a, a ukpa om ahih manin, kepcin siamkei leng, khalam nangawn zong siatlawh thei hi.

Mailam kumsawm sungah Zeisu hong paiding kicileh, nangma nuntakzia bangteng na kikhel diam? Kum nga e? Kum thum eleh?

WEDNESDAY

March 15

Masak dingte

Zeisu thuhilhna gentehna, Laisiangtho tangthute, EGWhite in ngaihsut hong piakte in, Zeisu kiangah pumlang ki-ap cihbang omtheilo cihi. Topa lam pangmaw panglo cih hiziau hi.

Laitheipa khat in thukham a lianpen bang hiam cih a dot ciangin Zeisu in, “Na Topa Pasian na lungsim khempeuh, na nuntakna khempeuh, napilna khempeuh leh na thahatna khempeuh tawh it in” (Maku 12:30) cihi. I vekpi in Khazih ipiak ciangin, topa dangkhat ading in bangmah kisiit kha nawnlo hi. Tuabang ding hizaw hi.

Mate 6:24 sim in. Hih kammalte tawh kizawitawn in nang phutkhak bangpeuh a om hiam?

Zeisu in, Pasian’ na leh sum’na semkhawm kei un cilo hi, tuagel’ na sepna ah kidawm mah mah un zong hong cituanlo hi. *Tua bang hitheilo hi cibek hi.* Hih ngaihsutna in kha ading tawmkhat hong lipkhaphuai pian hi (*Phil. 2:12*).

1John 2:15-17 simin. Hih thuthum teng leitungah koibangin kipulak a, a lauhuainate in ei upmawh sangin bangzah in pilvangzaw hiam?

Paul in zong “*vantunga om thute ngaihsut in nei unla, leitungah om thute ngaihsut in neikei un*” (*Col. 3:2*) cihi. Sepkhiat sangin genlel baihzaw ahih hang leitung’nate eite’maih om gige uhhi. “Leitung hongzolna” zong thahat mahmah; leitung huupna in nisim in hong huup den, i bil sungah hong huau in, puan banmong panin zong hong kaikai hi. Christian citakpen tezong leitung itna tawmbeek neisamlo ding hiam? Eima theihna tawh tuate khawlsak zosam ihih hang, hong huupveve lai hilo hiam? Lungdamthu cihipen Topa kiangpan tuathute in hong huupkhia zolo ding hi.

2Peter 3:10-14 simin. Hihtengah ama’gen thute in, eima’ nuntakzia leh ineihsa teng tawh nasepna koibangin hong huzaap thei hiam?

THURSDAY

March 16

Leitheih Zuaktheih nawnloh Hunciang

Laisiangtho in Zeisu nihveina hongpai madiak a thusia dingteng honglak khin hi. Daniel in zong “*leitungah*

mihing apianzawh akipan anasia penpen gimna hong tung ding hi" (Dan. 12:1) nacihi. Abeisa a gimnate lungngai kikleng, hong tungding gimnate in bangzah in suksia ding cih kingaihsun thei hi.

Mangmuhna laibu in zong Khazih hong tunma in gimna hun omphot ding naci hi.

Mang. 13:11-17. Hun nunung sungah sumvai tawh bawlsiatna koibang hiding hiam?

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Leitheilo zuaktheilo ding maw? Ei nuntakna in leitheilo zuaktheilo sungah bangciang kihel khin hiam? Eite naseppi penin, i hun, i siamna leh i nabawlte adeihte kiangah zuak ding ihi uhhi. Leitheilo zuaktheilo cibek a, milakah omtheilo ding ciло hi. A citak laidingte ading vangikpi hilai ding hi. Tua banah, sum tamnei semsem lecin, midangte tungah naki lamsang semsem ding a, vanhaute nangawn tua ciding uh a, hong kinenna thahat semsem lai ding hi.

Koibangin kiging ding hiam? Tu in kiging ding, Pasian' hehpihna tawh sum leh leitung nate'sila in omlo ding hihang. Tu in tuate tawh a kipelhsa hileng, mailam ah zong kipelhtoto ding hang a, citakin omthei ding hihang.

Thuhilhkikna 14:22 leh 23 a nununglam sim in. Pasian' mite in amau' kumsim summet koibang in zang hiam? Pasian in banghang in hibang hihsak hiam?

.....

Pasian in Moses kiangah sawmahkhat piakzia na hilhcian a, "Topa na Pasian uh na zahtak tauntung nading uh na theihna dingun" (Thu. 14:23) cihi. Late 31:19 sunga laphuakpa kammal in "Nang hong zahtakte ading in na koihsa na hoihste, Nang hong belte ading in, mite' muhna ah na bawl, Nangma hoihna kicing a, mi khempeuh in thei uhhi."

Topa zahtakna cihpen Amah muang cihna ahi hi. Tua hi a, Pasian in, angkhualna pan hongkep nadingin, Ama' hong vaihawmsak bang muangzaw dingin, sawmahkhat piakna hong bawlsak hi. Sawmahkhat cihtakna pen, a tawp dongin cihtakna'ng hipah samlo ahihhang, sawmahkhat a citaklote in hun nunung ah gimna sungah tampi kihelthei ding uhhi.

FRIDAY

March 17

Ngaihsutbeh ding:

Laisiangtho in neihsa tungtang vauna neilo a, khalam ki-aapna hangin neihsa pung cihzong gentuanlo hi. Hitaleh a lauhuaina thumaan hi. "Sum itna, neihsa lunggulhna cihtepen Satan in mihingte hong hencipna khamkhaukual hi." - EGWhite, Steps to Christ. p. 44.

Tulai leitung gam tampi pan pawlpi tampitak in, hauhna aneih uh bangun, Christian biakna apiancil lai in, pawlpi khat in zong neizo ngeilo uhhi. Dotna ah: Bangzah nei? Tua hauhna in i khalam hong huzaap a - a hoihlam hikhollo hi. Koici in maw? Christian hoihna ahi pumpi nialna leh kipumpiakna cihte munah, neihleh lam

hauhnate in munluhta maw? Tuivot bungpi (a&cJaow) neihna, mawtaw nih neihna, kumsim khualzin vakna, online vanleina cihte in, eima nek zawhloh ding zah in an hong pia hiam? Computer hoihpente leh smartphone hoihpente in leitung itlohma dingin hong huhthei hiam? I pawlpi mite tampi takin hibangte neizo samlo uh ahihang, tampitakmah in nei uh a, amau kha ading in lahuai veve hi. Hihciang pen a “hau” hinailo a, millionaire hinailo hi. Amau zong a hauhlaum uh kithei veve uh a, Laisiangtho sapna a dawnnop uhleh amau’thu ahi hi. Tu a igen pen “**milaihawl**” hi a, smartphone, iMacs, huihvotna AC, SUV mawtaw, cihte aneite in eite ciang lel bel “milaihawl” ihi lel a, ei’neihsa ciangciang in i khalam bangmah buaisakzo kei cikha ding uhhi. Tua hangin, hauhna hangin khalam lahuaina pan kidalna zatui ahi, sawmah khat piakna hong omsak hi a, ahaulote nangawn akidalna dinguh ahi hi.

Kikupding Dotnate:

1. **Leitung ciaptehna zahin i hauhkhak loh hang, sum leh hauhna tungah i lungsimpluak bang hang in kidophuai thei hiam?**
2. **Leitungnate sungah awklohma dingin, sawmah khat ahilo, adang hihtiehlai ding bangpeuh a om tammas?**
3. **Zing ciangin, “Pasian thukham leh Zeisu tec panna aneite” leitheilo zuaktheilo hong kici leh, Nang, bang naci tam maw (Mang. 14:12)?**

Lesson 12

March 18 - 24

CIHTAKNA’ THAMAN

Sabbath Nitaklam

March 18

Tukalsungteng Simding: *Heb. 11:6; Isa. 62:11; Rom. 6:23; John 14:1-3; Mang. 21; Mate 25:20-23; Rom. 8:16-18.*

Kamngah:

“**A topa in ama kiangah, “Hoih hi, ahoih acitak nasempa aw, tawmno nazeekna ah citak nahih manin, a tampi kahong zeeksak ding hi. Na topa nopsakna sungah lut in” aci hi.** (*Mate 25:21*).

Hotkhiatna pen thalawhtheih hingeilo napi, Laisiangtho in citaktak in nasepna tawh Pasian hehpjhna kisangthei cih thaman lam-etna cih kammal zang kinken a, a tawpna ah i ngahkhak peuh mah pen Pasian’ hehpjhna tungtawn hi tawntung hi.

David in: “*Topa’ thu kicing a, nuntakna a thak suaksak hi. Topa’ tec i panna hitakpi a, mi pilote pilsak hi. Topa thuhilhna man a, lungsim nuamsak hi. Topa thupiakna siang a, mitte vak sak hi. Topa a kizahtakna siang a, kip tauntung hi. Topa’ ngeina kipte thuman a avekin kituak in mankim hi. Kham sangin ahi a, kham hoihpen sangin tuate deihhuaizaw a, khuaizu leh khuailuzu taakte sangin zong khumzawlai hi. Tuate hangin anasempa in thuphawkna ngah a, tuate zuihna ah noptuamna lian a om hi*” (*Late 19:7-11*).

Laisiangtho mun tampi in thaman gengen a, tuate pen Khazih in nihveina hong kumsuk khit ciangin hongpiak ding hong kamciamsa hi a, hihmawhna kidim lampi tomno penbel kizosiang ta ding hi.

Bangpeuh hong kamciam a, tua kamciam angah dingte in bang khamuanna peuh neithei ihi hiam?

SUNDAY

March 19

Cihtakna' Thaman

Hebrew 11:6 sim in. Hihmun a khiatna bang hidng hiam? A gen thute koibang in dawngthuk ding ihi hiam?
Mang. 22:12; Isa. 40:10; Isa. 62:11. Bang hong hilh hiam?

A citak Pasian' tate thaman in kitelcian mahmah a, khalam' thu mahbang in ei telsiang zawh ding zong hikhollo hi. "Midikte thaman gentelna ding in mihing kammal kicing zolo hi. A mukha tebek in telzo ding uhhi. Pasian Paradise gampen ciangtanh neilua mihing lungsim in banzolo hi" —Ellen G. White, *The Great Controversy*, p. 674.

Zeisu in thupha Mualtung Sermon a honna a thupha namkim sungah: "Keima hangin midangte in hong simmawh in, hong bawlsia a, anam tuamtuan in hong bawlsiat uhciang in, thupha ngahmi nahi uhhi. Note a dingin vantungah thaman lianpi hong kikoishak ahih manin, lungdam un. Note hunma a

kamsangte zong tuamah bangin kibawlsia ngeizo hi." (Mate 5:11, 12). Hebrew 11 sungah upanei miteng a gualh khitciang in, a banzom ah, Zeisu in singlamteh tungah sihding a uttheihna hangthu gensuk hi.

"Tua hi a, eite in i kiim i pamah hizah in atam tec i nei iihh ciangin, eite ahong dongtang sakthei nakhempeuh leh eite ahong gakcip mawhna leh khialhnate khempeuh paaikhia in, i maiah a om, taina ding lampi among dongin lungsim kiptakin taini. Eite hong makaih in i upna hong cingtaaksak Zeisu mitsuan in neini. Mailam ah angahding lungdamna hangin maizumna kihtalo in singlamteh tungah sihna hongthuak a, tu in Pasian' taklamah a tu hi." (Heb. 12:1, 2).

Cihtakna hangin thaman kipia cihang, hotkhiatna pen sepkhiat hang hituanlo hi. Akua in Laisiangthosung nangawn ah nasep hoihna hangin Pasian hehpihna ngahtaakcing cih ompeuhmah ahi hiam? Omhetlo hi. Singlamteh in a ngiimna bulpi tuamah ahi hi. Ei sepzawhna tawh i kihot khiat zawh taakin, Zeisu zong singlamteh dongah a pai kulhetlo ding hi. Hehpihna tawh hizaw hi. "A teelna ah mihingte' nasepna bulphuh in ateel hilo in, Ama' dikna hangin ateel hizaw hi. Pasian in mihingte' nasepna bulphuh in ateel hileh, Pasian' dikna pen dikna kici theilo ding hi." (Rom. 11:6). Thaman cih peuhmah pen Pasian in eite adingin apualam ah hong bawlsakte hipeuh hi.

Hotkhiatna leh hehpihna, nasepna hangin thaman cihte a kilamdanna koibang ciangin natel hiam?
Sabbathni ciangin nadawnna hong hawmsawn in.

MONDAY*March 20***Tawntung Nuntakna**

Mihing limlim (*ut a utkei zongin*) tawntunghun in hong ngak gige hi. Lasiangtho cihna ah, mimalsim in tawntung hun nihlakpan khatta ngah ding a: tawntung nunna leh tawntung sihna hi. Tuabang lian hi a, munlai omlo hi. Kalkaaksa in munnih kawmin kisik theilo hi. Nunna maw sihna maw cih hibek hi.

Rom. 6:23 leh John 3:16 sim in. Eite ading bang hong kipia hiam?

.....

Tua nihgel bekmah hi a, adang omnawnlo ahih manin ngaihsut haks ahih. Ei hihtheih thu in tawntung nunna teel ding, lungngai ding cihbek hi. Pasian in Acih bangbang hihthei a, A kamciam zong tangtun theilel hi. Ei' lampan in bel, umziau ding, Zeisu dikna tungah kinga ding, upna tawh Ama'thu mang ding ihi uhhi.

John 14:1–3 simin. Tang 1 ah Topa thupiak bang hi a, tang 2 leh 3 ah bang Hong kam ciam hiam?

.....

A leitung nasep nitawpna lamah Zeisu in, hih alamdang lametna kammalte nungzuite kiangah pia hi.
T-10

Hih kammalte in lungkiat hun leh haksat hun in amau lungsim lapsangsak ding hi. Eite zong tuamah bang hiding hi. Zeisu vanpan hongpai a, vanah kahto kik in, hong kamciamna ah, “*Kei kahong paikik ding a, note in Keimah tawh na omkhop theihna dingun ka hong sang ding hi*” ci hi.

Adangte khempeuh sangin, hongpai masaklai in singlamteh tungah Khazih asihna in, anih veina hong paina ding lungmuanna lianpen hi a, nihveina hong paikei peuhmah leh khatveina hong paina in bang mannei ding hiam? Eite a dingin Zeisu singlamteh tungah asih tektek mah bangin, Ama hong kamciamna “*Kei vapai in note om nading mun ka va baulkholh khit ciangin, keima omna munah note nahong omkhop theihna dingun, note ahong lading in, ka hong paikik ding hi.*” (John 14:3).

Khazih hongpai masakna pen hongpai nihna adingin lungmuanna ciythu lungngai in. Hong pai masak lai in hongpai nihna ading eite lungmuan theihna'ng bang thupiang om hiam?

TUESDAY*March 21***Jerusalem Thak**

Jerusalem thak' thu Laisiangtho genna pen Abraham muhna bang lian hipah hi. “*Pasian in geel in alam,*

bulkip anei khuapi, Abraham in angakna in tuabang in a om ahi hi” (Heb. 11:10). Tua Jerusalem thak pen Pasian in amah a itte leh a thupiak azuite adingin a hoih penpen dingin a bawlsak ahi hi. Jerusalem thak pen, kumtul maan sungteng leh tuakhit tawntung hunsungah zong Pasian’ mite adingin a teenna ding mun ahi hi. Van-tuun in kikhiin kawikawi nuam asalote adingin lungdamthu ahi hi. Pasian in nakhempeuh zuun hi. John in zong tua khuapi kamu cihi. “*Mothak khat a pasal tawh akituah dingin a kizem bangin, vantung Pasian kiangpan in khuapi siangtho Jerusalem khuathak ahong paisuk ka mu hi.*” (Mang. 21:2).

Mangmuhna 21 simin. Eite bangteng hong kikamciam hiam?

Eima’ lungsim pen mawhna in a suksiat baang hi a, mawhna sungah kidiahcip ahihtei hang, angaihsut theihthu tampi takmah omveve hi. Eitheih ciangciang bel lam-etna adim in omhi.

Amasa, Zeisu in hih a puksa leitung mahah, cilehsa tawh hong ommah bangin, leithak ah zong eite lakmah ah hong teeng ding hi. Zeisu tawh kinaitak in tengkhawm in mittang tawh amu dingte nak hamphat uh hiven! Tu laitak ahihleh mawhna in hongkhak honghal in i mutheiwei hi. Khitui tawh dahna, kahna, natna tawh a kidim mite in, a telzawh Laisiangtho kamciamte in:

“*Amaute mit panin khitui khempeuh nulsak ding hi. Thuluisate maimang khinta ahih manin, sihna, dahna, natna, kahna cihte om naunlo ding hi*” (Mang. 21:4) aci hi. Tua “**thuluisate**” khempeuh bei ding a, a om ngeinailo teng bek hong omta ding hi.

Pasian’ tokhom panin nuntakna guntui siangtho kilkel hong luangsuk a, gungei tuaktuak ah, nuntakna singkung po hi. Pasian’ kumpi tokhom zong omding a, “*amaute in Ama’ maitang mu ding*” (Mang. 22:4) uhhi. Hotkhiat mite in, tulai hunin i neihloh leh i theihkhak ngeiloh mun, Pasian tawh a kinai penpen in teeng ding uhhi.

Mang. 21:8 ah, nihna sihna thuakding a kisehsate thu ahi hi. Tualai a omte’ mawhna abang pen kimaisak theilo hiam? Tuabang mitemah pawlkhat hotkhiat hinapi in, hihmite in banghang in hotkhiat hilothei hiam?

WEDNESDAY

March 22

Sazian Sit

Zesi’ nasep a tawpnalam ah, nungzuite hongpai uhin thu dongsim uhhi; “*hihthute cikciang in ahong piang ding a, Nang nahong paina ding leh hun beina ding banglim omding ahi hiam?*” (Mate 24:3) ci in dong uhhi. Zeisu in zong chapter 2 dimin dawngpah hi. Mate 24 pen, leitungah lim

piangdingteng, galkidona, kisiatna khawngteng ahi hi. Mate 25 in, Zeisu hongtun madeuh a pawlpi omzia dingteng hileuleu hi. Hih dinmun thumteng pen tangthu thumtawh pulak a, khatpen talent gentehna hi a, Pasian in hong piaksateng mihing in a zatsiam leh siamloh hong pulakna ahi hi.

Mate 25:14–19 sim in. Gamlapi ah khualzinpa kua hiam? Ama' neihsateng kua tungah aap hiam? “Sazian Sit” cihteh bang acihna hiam (Mate 25:19)?

Eima talent ahi lasak siamna, thugen siamna khawngpen i pianpih ngeina ci in kingaihsun kha ahih hang, Luka 19:12-24 sungah, sum leh a zeeksiamzia kiciantakin omsitset hi. EGWhite in zong, “*Talent thugentehna pen hoihtak in kitelcian nailo hi cih hong kilak hi. Hih athupi sinna pen hun nunung a Christiante adingin nungzuite tungah akipia hi cihi. Hih talent gentehna in, Pasian’ kammal tawh kihilhna ciangbek hilo a, Pasian in amite hong piaksa teng zatsiamna zong a cihnopna ahi hi.*” —EGWhite, *Testimonies for the Church*, vol. 1, p. 197.

Mate 25:20–23 sim in. Pasian in Ama' na sepna ah sumthu a citakte tungtang bang gen hiam? “Na topa nopsakna sungah lut in” acihteh bang acihna hiam (Mate 25:23)?

Ei sangin talent atamzaw aneimi in, Pasian tungah eisang in vaipuak tam neizaw cihna zong hipah hi. Hih tangthu sungah talent khatbek angahpa, sum a tawmpenpa in citaklo ahih manin kumpigam taanlawh hi. Mi’ vaipuak khawng vakamkup sese sangin, Pasian in eimah bangzah hongpia a, koibang in zang ihi hiam cih bulphuh zawding hihang.

Pasian hongpai in nangmah “sazian sit” ciangin bangzah peuh naliau kha ding hiam?

THURSDAY

March 23

Thaman Mitsuan

Paul in akikhel khit ciangin, Khazih’na hunbit sem hi. A pilna leh alungsim teina hangin, leitung muhna lampan a gualzo mahmahpa ahi hi. Moses mahbang in, Paul in zong Khazih hangin Pasian’ ta micitak tetawh thuakkhawm ding teelzaw hi. Saatna, suangtawh deenna, thongkiatna, tembaw siatna, gilkialna, khuadamatna leh adangte 2Cor. 11:24-33 sungah kiciamteh diudeu hi. Hih teng khempeuh koibang in kantanzo peuhmah hiam?

Rom. 8:16–18 sim in. Pasian’ ta ahihna pen ama’ cihtakna panin koibang in kithei hiam?

Paul in Khazih adingin a thuakna sungah kiptakin a omtheihna thusim pen, cihtakna thaman ahi hi. Thongsung panin alaikhak na ah: “*Sanggamte aw tua hamphatna angahkhin in kaki ngaihsun kei hi. Tua ahih manin a beisa thute mangngilh bawl in, mainaut in kahanciam a, Khazih Zeisu' nasepna tawh vantung nuntakna ah Pasian hongsapna ahi, hamphatna ka ngahtheihna ding in, kunglam zuan in tangtak in katai hi.*

” (Phil. 3:13, 14).

1Timothy 6:6–12 lecin, nun glam in i etsa hinapi hong paikik ding zong hiveve hi. Christiante adingin bang athupi thupuak nei hiam?

Laisiangtho muhna ah, hauhna pen nangma kitangsap teng leh kisap hun a, neih ahi hi. Hauhna pen kholvenvan ding hilo hi. Hauhna cihlimlim Philippi 4:19 sunga Pasian kamciamsa hi a: “*Ama' na kasep i Topa Pasian in ama' hauhna tawh kizui in Khazih Zeisu hangin note kitaangsap khempeuh hongpia ding hi.*

” Anunung pen ah, hauhna pen, Topa’ sungah muanna tawh na neihsa hi a, lungdamko tawntung ding ahi hi.

Pasian in Ama' tate leitung sumpai haugai ding ci in hong vaikhak tuanlo hi. Pasian’ deihna bangin anungta peuhmah bawlsiatna thuak ding ciabel hong vaikhak ngiat hi. Ama' hong vaikhak thute pen leitungnate sangin hoihzaw lai hi. “*Note' tangsapnate kong vaihaumsak ding a, na paina khempeuh ah ka hong omkhawm ding hi*” cihi. A tawpna ah, a citak mite khempeuh, hauhna maan taktak

leh tawntung nuntakna hong pialai ding hi. Thaman lianlua mai!

Paul’ ni nunung hong tun kuan ciangin, Paul in, “*Kei ka hihleh Pasian’ biakna in hong kipiak ding hun hong tungta hi. Hih leitung nuntakna kanutsiat ding hun hita hi. Kidemna ah ka hat taup in ka hihkhin a, amongdong in ka taikhin hi. Thu amaanin akhen Topa in, tuani ciangin kei ahong piakding thuman lukhu ahi gualzawhna thaman in, tu in kei hongngak gige hi. Kei tung bekah a hong pia ding hilo a, Ama' hong paikik ding angakte khempeuh tungah zong apia ding hi*

” (2Tim. 4:6–8).

FRIDAY

March 24

Ngaihsutbeh ding:

Hih tengah Pasian’ nasepna ah acitak sumzeek siam pawlpi khat a om hi.

**Leitungbup huam Seventh-day Adventist
Pawlpi in Stewardship amuhdaan**

Maihun a sawtlo in; pastor te leh pawlpi makaite in pawlpi pen sumkemcing siamte suahding uhhi. Amau in hilh, kisinsak, panpih in pawlpi pen Laisiangtho bangin sum zeeksak ding uhhi. Mite in Laisiangtho thukhunte nuntak pih uhhi. Piakkhat cinghmahmah ding uh a, dongtuakna ah zatding zong kemkhinkhian in, leiba khutnuai ah omna pan suakta ding uhhi. Amau nundan in hoikhim, omdan siamin lungkim thei uhhi. Sum pen

amau' pasian ahihna pan hemkhia uh a, Piangsakpa
Pasian tawh kizopna ah khangto uhhi.

Sabbath zingsang, mite in biakna pia dingin hong
pai uhhi. Amau nundan ah daihna omngiat a - sumvai ah
kimuanlahna omlo a, lungkim zawhna leh kipaakna nei
uhhi. Nupa sumthu ah buainate tawmsak mahmah uhhi.

Biakpiakna sungah, Pasian hong om takpi in amau
lakah nasem cih lametna tawh lut uhhi. Pawlpi' Pasian'na
sepna khempeuh sum omsak den a, apualam zong baanzo
uhhi. Khazih hong itna pen, mit tawh muhtheih ding in
mizawngte panpih uhhi. Pawlpi in akisap vanzat
atuamtuan khawngzong vahawmpihzo in Pasian'na
ahoihpen in semthei ta uhhi. Eite mai ah dotna khatbek
om a, "*Pasian in eite hong piak bangbang tawh bangsem ding
in hong sam hiam?*"

Kikupding Dotnate:

- 1. Laisiangtho hong hilhna pan i telphat mahmah ding
dotna nih om a: upna hangin hotkhiatna leh
nasepna bangin thaman ahi uhhi. Hih thunih
koibang in tonkhawm sakthei ding nahi hiam?**
- 2. Tu a i neihsa bangbang tawh lungkim ding cihpen
sum zatnuam semsem nadingin zonbeh nawnlo ding
cihna banghang in hituanlo hiam?**
- 3. Tawntung hun in eite hong ngak gige zo hi. "Thu
neucik khat nangawn in tawntung hun ading muibun
thei ahihteh" bang teelna peuh na bawl hiam?**

MORNING WATCH January, 2023

1. Sunday	John	21:15
2. Monday	Isaiah	6:5
3. Tuesday	Daniel	1:8
4. Wednesday	Isaiah	66:2
5. Thursday	Jeremiah	2:6
6. Friday	Jeremiah	18:6
7. Sabbath	Paunak	29:18
8. Sunday	Ephet	3:20
9. Monday	Mark	1:35
10. Tuesday	Isaiah	55:11
11. Wednesday	Paunak	11:18
12. Thursday	John	17:21
13. Friday	Hebrews	4:12
14. Sabbath	Hebrews	12:6
15. Sunday	Late	110:3
16. Monday	Piancilna	12:2
17. Tuesday	Matthew	5:24
18. Wednesday	2 Korin	5:17
19. Thursday	Kolose	1:27
20. Friday	1 Peter	2:9
21. Sabbath	John	17:17-18
22. Sunday	John	17:26
23. Monday	John	8:32
24. Tuesday	John	1:38-39
25. Wednesday	John	6:65
26. Thursday	Hebrews	5:7
27. Friday	Hebrews	5:8-9
28. Sabbath	Ezekiel	22:30
29. Sunday	Exodus	19:11
30. Monday	Sawltak	26:19
31. Tuesday	John	21:20-21

MORNING WATCH
February, 2023

1. Wednesday	Late	1:1-3
2. Thursday	Thuhilhna	3:1
3. Friday	2 Timothy	1:7
4. Sabbath	Luke	24:32
5. Sunday	Mark	1:36
6. Monday	Hebrews	12:1
7. Tuesday	Romans	14:23
8. Wednesday	Filippi	4:6
9. Thursday	Sawltak	26:16
10. Friday	2 Korin	1:20
11. Sabbath	John	14:21
12. Sunday	1 John	3:4
13. Monday	1 Korin	13:7
14. Tuesday	Hosea	3:1
15. Wednesday	1 Thessalonika	4:9
16. Thursday	Matthew	6:12
17. Friday	Matthew	16:24
18. Sabbath	Matthew	16:24
19. Sunday	Matthew	16:24
20. Monday	Matthew	5:13
21. Tuesday	Matthew	5:16
22. Wednesday	Matthew	17:16-17
23. Thursday	Galati	2:20
24. Friday	Matthew	17:5
25. Sabbath	Mark	9:38
26. Sunday	Late	23:1-2
27. Monday	Late	23:4
28. Tuesday	Late	23:3

MORNING WATCH
March, 2023

1. Wednesday	Matthew	13:16
2. Thursday	Isaiah	61:1-2
3. Friday	Hebrews	11:6
4. Sabbath	Filippi	4:8
5. Sunday	John	17:3
6. Monday	Paikhiatna	3:4
7. Tuesday	1 Korin	12:7
8. Wednesday	Filipi	4:19
9. Thursday	Hebrews	10:19-20
10. Friday	Thuhilhnikna	8:2
11. Sabbath	Jeremiah	33:3
12. Sunday	Isaiah	55:9
13. Monday	Mark	1:20
14. Tuesday	Luke	5:4
15. Wednesday	Paikhiatna	4:24
16. Thursday	Habakkuk	2:1
17. Friday	Matthew	6:14-15
18. Sabbath	Late	50:15
19. Sunday	2 Korin	9:8
20. Monday	Matthew	8:26
21. Tuesday	Mark	14:13
22. Wednesday	Mark	14:18
23. Thursday	Mark	14:33-34
24. Friday	Mark	14:35
25. Sabbath	Mark	14:38
26. Sunday	Mark	14:27
27. Monday	Mark	14:41
28. Tuesday	Mark	14:49-50
29. Wednesday	Luke	22:31-32
30. Thursday	Mark	14:26
31. Friday	Mark	14:28