

**PUTLING SABBATH SIKUL
BIBLE ZIRHONA**

KRISTAA KAN INPUMKHATNA

by
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**October, November, December
2018**

Sabbath School Lesson
ဟဂ္ဂလိုကာသာ

ပုနိုင်သူ
ဦးဖုန်းနိုင် (၀၀၃၅၄)
မန်နေဂျာ
ကင်းစောင့်ပုနိုင်တိုက်
၂၀၆ ရွှေသွာလမ်း၊ ရန်ကင်းမြို့နယ်
ရန်ကုန်မြို့.

ထုတ်ဝေသူ
ဦးစောထီမသေ (၀၀၅၉၀)
ဥက္ကဋ္ဌ
မြန်မာပြည်သူ့လန်းလုပ်အသင်းတော်
၆၈ ဦးဝိစာရရလမ်း၊
ရန်ကုန်မြို့.

အပ်ရေ - ၇၀၀

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Thuhmahraui:

KRISTAA KAN INPUMKHATNA

Kohhran hi he leia Pathian chhûngkua niin, rawngbâwlna, thu zir leh chibaibûkna nei tlâng tûr an ni. Isua chu hruaitu leh Tlantu anga thlîrin, kohhran hi chhandamna chanchin thâ chu mî zawng zawng hnêna thlen tûra koh a ni.

Seventh-day Adventist Kohhran Thurin Bulpui 12-na chuan heti hian a sawi a: “Kohhran hi Lal leh Chhandamtu atâna Krista neitu pâwl a ni a. Thuthlung Hlui huna Pathian mî nihna kha chhunzawm zêlin, khawvêl atanga koh chhuah kan ni a. Pathian be tûra inpâwl ho tûr te, Pathian thu kaihhruaina dawng tûr te, LALPA Zanriah kîl tlâng tûr te, mihringte rawngbâwlsak tûr leh ram tina Chanchin Tha puang tûr tea inzawm khâwm kan ni,” tiin.—*Seventh-day Adventist Believe* (Boise, Idaho Pacific Press© Publishing Association, 2005) p. 163.

Mahse kohhran tih hi eng kan tihna nge ni? Kohhranah chuan tûte nge tel? Hêng zawnate kan chhân dân hian kohhran kan hrilhfiahna chu a hril hlê.

Kohhran hi Isua ring a LALPA thuâwih hmun khata awm ho, chibaibûkna leh rawngbâwlna nei tlâng tûra kal khâwm thîn an ni a. Anni chu mi mal chênnna inah te emaw, thahnem tham deuh zâwka inpâwl ho tham emaw te pawh an ni (*Rom 16:10, 11*). Kristian hote inkhâwmna hmun (church) sawi nân pawh hman a ni a. Mahse, hei hi a hrilhfiahna tha ber chu a ni chiah lo. Kohhran hi a mihringte sawina a ni ber zâwk.

Thuthlung Thar lamah, kohhran hi khawi lai ram bial biék emawa ringtu awm hote sawi nân hman a ni thîn a. Chutiang chuan, Paulan Galatia ram kohhran tiin

chünglai bial khawpui leh thingtlâng lama tuâlchhûng kohhran hrang hrangte sawi nân a hmang a (*Galatia 1:2; 1 Petera 1:1*). Kohhran tih hi mî a huhova pâwla insiam emaw, an thurinte leh chênnâ azira hming invuahte sawi nân pawh hman a ni tho bawk.

Chutichungin, hetianga sawifiahna zawng zawng hi a famkim chiah lo vek a. Kohhran chu hê lei pum puia Pathian ringtûte sawina a ni. Kohhran/pâwl hrang hrangah hian Krista zuitu rinawm tak takte an awm a (chüng zînga tam takte chuan buaina hnuhnung hunah chuan Pathian mî ziding kal zêl (a la bâng) an la rawn zawm dâwn [*Thupuan 18:1-4*] a ni. Tûn kuartar chhûng hian kan kohhran, Seventh-day Advcntist chu thupuia neiin, Kristaa inpumkhatna kan neihin kan tâna awmzia a neih dân kan en zui dâwn a ni.

Thurin Bulpui No. 14-na, ‘Kristâ Taksâa Inpumkhatna’ tiyah chuan heti hian târlan a ni: “Kohhran hi hnam tin rêng, chi tin rêng, tawng tin rêng leh mi tin rêngte atanga koh chhuah member tam tak pumkhata insiam an ni. Krista-ah chuan thilsiam thar lo niin, chî, hnam zia, zirna leh hnam inan lohna te, ropui leh ropui loh te, hausak leh retheih te, mipa leh hmeichhia nihname hi min then hrangtu an ni tûr a ni lo. Thlarau pakhatah chuan Amah néna inpâwl tûr leh, mi dangte nén inpâwl tlâng tûra insuihkhâwm kan nih avângin, Krista-ah chuan ang khat vek kan ni; duhsak bik leh chin tâwk nei miah lova rawng inbâwlsak tlâng vek tûr kan ni sî a. Pathian Lehkhabu hmanga Isua Krista chu a inpuanchhuah avângin, rinna leh beiseina hmun khat kan intâwm a, hriattirna hmun khatin kan inpawh tlâng vek bawk. Hê inpumkhatna hi Pathiana Mi Pathum inpumkhatna atanga lo chhuak niin, chutah chuan Pathian fâa vuahin kan awm a ni.”—*Seventh-day Adventist Believe*, p. 201.

Keini Seventh-day Aventist, tûnhmâ atanga tûnah ngîi pawh inpumkhatna chungchângâ chona hmachhawn mîk, tâwpna hun thlenga la hmachhawn zêl tûrte hian, Kristian inpumkhatna chungchângâ Bible zirtîrna chu kan inhriat thatfir leh hi, kan Bible zirlai hrang hrangten an tum ber chu a ni.

Chutichungin, Pathian Lehkha Thûah hian Pathian thilthlâwnpêk, Kristaa inpumkhatna chungchângâ bengvârna thû chu kan hmu nuâl mai. Chüng bengvârna thu hmang te, kohhran chhûngâ inpumkhata khawsak dân tûr leh lantîr dân tûr kaihruaina min pêkte chu, tûn kuartar chhûng hian thupuiah kan nei dâwn a ni.

Tûn kuartar-a kan zirlai bu buatsaihtu, Denis Fortin-a hi Seventh-day Adventist Theological Seminary, Andrews University, Berrien Springs, Michigan, USA-a professor a ni a. Kum 1994-a hê hnâ a chelh tan atang khân, Fortin-a hian Master of Divinity director hnâ (1999-2007), associate dean (2000-2004), Department of Theology and Christian Philosophy chair (2006) bâkah, tûn hnâi (2006-2013) thleng khân dean nihna a chelh bawk.

ZIRLAI 1-na**September 29-October 5, 2018****THILSIAMNA LEH TLÛKNA**

CHÂNGVAWN: “Tichuan ani chu pâwnah a hruai chhuak a, ‘Vân lam kхи en la, arsite kхи i chhiar theih chuan chhiar teh khai,’ a ti a. Amah vêkin a hnênah, ‘I thlahte chu khiti zât kхи an la ni ang,’ a ti a. Ani chuan LALPA chu a ring a; tichuan ani chuan chu chu a felnaah a ruatsak ta a” (*Genesis 15:5, 6, NKJV*).

SABBATH CHAWHNU**SEPTEMBER 29**

Chhiar tûrte: *Genesis 1:26, 27; 3:16-19; 11:1-9; Deuteronomi 7:6-11; Galatia 3:29; 1 Johana 4:7, 8, 16.*

PATHIAN mîte chanchin hi mihringte siam an nih leh an tlûk leh tâkna chanchinin bul tan a ni a. Kohhrana inpumkhatna niphung manthiam kan tum dâwn a nih chuan, Thilsiamnaa Pathian ruâhmannaa khân bul kan tan ngéi tûr a ni a, chutah Tlûkna thlen hnûa dinthar leh mamawh nihnaah kan kal zél tûr a ni.

Bible bung hmasa lamah hian Pathianin mihringte chu chhûngkhat anga khawsa tlâng tûrin a ruâhman tih a lang a. Vânduaithlâk takin, hê inpumkhatna hi sualin a tikhawlo zo ta a. Sual chu inremlohma leh inthendarhna bul niin, thuâwih loh zui zélnain nghawng tha lo tak a neih belh zél bawk a, Thing rah ei khap an ei hnûa Pathian a lo kal a, Adama leh evi-te inchhân dân atang khân inthenna lo awm ziarâng chu kan hmu nghâl a (*Genesis 3:11*). Khata tang khân, thil dangte bâkah, chhandamna ruâhmanin a

tum chu, a tîra inpumkhatna awm dintha lehna pawh chu a ni ta rêng a ni.

Pathian mîte thlahtu, Abrahama kha Pathian chhandamna ruâhmana mi tangkai tak a lo ni a. Pathian Lehkha Thû chuan ani kha “rinnaa felna” (*Rom 4:1-5*), Pathian mîte kârah leh Amah LALPA nêna inpumkhatna thlentu rinna ang chí entîrna ropui takah a hmang a. Inpumkhatna din thar leh tûrin Pathianin a mîte hmanga thawkin, mihring bo tâte hnênah A ruâhmannaa a puâng chhuak thîn a ni.

SUNDAY**SEPTEMBER 30****HMANGAIHNA: Inpumkhatna Lungphûm**

*Genesis 1 leh 2-a Thilsiamna chanchin atanga thuchah chiang taka lo lang chu, khâ Thilsiamna chawlkhâr tâwpah khân thil engkim mai an inrem tlâng tih hi a ni. Pathian thil sawi chhuah pawh kha ‘A va tha êm!’ (*Gen. 1:31*) tih a ni a, khâ khân a mâuina chauh ni lo, Pathianin hê khawvêl a siam zawh a, chuta chêng tûr mihringte a siam zawh hlîm khân sual leh inremlohma chhe tê mah a awm lo tihna a ni. Thilsiamnaa Pathian thil ruâhmannaa khân thil nung tin rêngte inrem tlâng taka khawsak ho leh inrintawnna pawh a tel a. Mihring chhûngkaw tâna siam kha khawvêl mawi tak a ni. Thil zawng zawng kha thafamkim leh Siamtû duh ang tak a ni bawk a. A tîra Pathian duhthusâm leh ruâhman chu inremna, inpumkhatna leh hmangaihna khawvêl nihtîr a ni.*

Genesis 1:26, 27 chhiar la. Genesis bung 1 leh 2-a târlan hê leia thilsiam dangte laka mihring danglam bikzia chungchâng eng nge min zirtir?

Genesis hian 'Pathianin Amâ anpuuin mihring a siam' tih a sawi a, chutiang chu thil dangte chungchângah sawi lan a ni vê lo. "Tichuan Pathianin, 'Kan anpuuin, keimahnî ang takin mihring i siam ang u,' a ti a; tichuan Pathianin Amâ anpuuin mihring a siam a, Amâ anpuui ngéiin a ni a siam ni; anni chu mipa-ah leh hmeichhia-ah a siam a" (*Genesis 1:26, 27, NKJV*). Hê anpuui nihna tak leh, Pathian nihphung chungchâng hi Bible zir mîten kum za tam tak inhniâl nân an lo hmang tawh thîn nân, Bible châng tam takah Pathian nihphung chu hmangaihna anga sawi a ni.

1 Johana 4:7, 8, 16 chhiar la? Engtin nge hêng chângte hian, atîra siam kan nih dân leh Thilsiam tîrhnaa inpubhaktna awmzia hrethiam tûra min tanpui?

Pathian chu hmangaihna a ni a, (hê leia thilsiam dangten an theih vê loh anga) mihringte pawhin an hmangaih vê theih avângin, Amah anga siam nihnaah hian hmangaih theihna a tel ngéi tûr a ni. Chutichungin, hmangaihna hi mi dangte nêna inlaichinnaah chiah a awm thei a. Chuvângin, Pathian anpuia siam nihnaah hian hmangaih thei nihna, thûk taka hmangaihna chu a huâm tel ngéi tûr a ni.

**THAWH TANNNI
TLÛKNA NGHAWNGTE**

OCTOBER 1

Tlûkna nghawng tha lo hi râpthlâk tak a ni. Adama leh Evi-te thuâwih lohna khân thil nung zawngte kâra inrem taka inrintawnna a nghawng chhe nghâl a. Chû mai ni lo, mihringte zînga vawiin thlenga awm zui ta zêl inremlohma te, intihbuaina te, leh inthendarhna te a thlen a. Chû inremlohma chu Adama leh Evi-te kârah pawh a lang nghâl a, Tlûkna thlen thû-ah mi dang an mawhchhiat

nghâl a nih kha (*Genesis 3:12, 13*). Khata tang khân thil chu a duhawm lo chho tiâl tiâl a ni.

Genesis 3:16–19; 4:1–15 chhiar la. Hêng chângte hian Pathian siam khawvêla inremna awm thîna sualin nghawng a neih dân eng nge a târlan?

Adama thuâwih lohna khân rah tha lo tam tak neein, chu chuan Pathian thilsiam dang zawng zawngte a nghawng tel nghâl a. Kan khawvêl ngéi pawh hian sual nghawng tha lo chu a tuâr a. Mihringte inlaichinna ngéi pawh a khawih a. Únau inhmangaih leh inngaihsak tûr Kaina leh Abela-te pawhin, chibaibûkna chungchâng Pathian duhdân zui âia, mahñi hmasialna kawng zawh chu thlangin, an kârah inhriatthiam lohna a lo awm ta zâwk a. Chû inhriatthiam lohna chuan tharum thawhna leh thihna hial a thlen ta a. Kaina phei kha chuan Abela âi mahin Pathian kha a mawhchhiat zâwk a. Pathian chungah thinrimin (*Genesis 4:5*), chu chuan Abela ngaihtheih lohna a neiktîr a. Thuâwih lohna chuan mihringte inlaichinna a tichhe zo ta a ni.

"LALPA chuan leiah hian mihring sualzia chu nasa tak a ni tih leh, an rilru suangtuahzia rêng rêng chu sual hlîr a ni fo mai tih a lo hmû a" (*Genesis 6:5*). Khâ thil tha lo khân Tuilêt nghawng chhuakin, chû chuan atîra Pathian thilsiamah chhiatna râpthlâk tak a thlen a. Mahse, Pathian chuan mihringte chu hawisan mai lo vin, a la bâng, Nova leh a chhûngte hmangin bul a tan thar leh ta a ni.

Tuilêt hnû khân, Pathianin Nova leh a chhûngte hnênah thutiam a pê a. Vâna chhimbâl zâm chuan A enkawlna leh thutiamte, ngilneihna leh zahngaihna (*Genesis 9:12–17; Isaia 54:7–10*) chu a hriat chhuahtîr fo thin dâwn a ni. Pathianin Nova hnênah thû thlungin, Amah leh A

Thu chunga rinawmte hnênah a tîra A ruâhman mihring chhûngkua nêna inpumkhatna chu a dinthar leh ta a ni.

Engtiang kawngtein nge sualin inremlohma a thlen? Duhthlanna i siamin a nghawng theih tûrte zînga awmzenei taka inremna dinthar leh tûrin eng duhthlannate nge i siam theih ang?

**THAWHLEHNI
INREMLOHNA LEH INTHEN ZUI ZÊLNA**

OCTOBER 2

Genesis 11:1-9 chhiar la. Hetah hian inthenna leh inlungruâl loh harsatna tieluâr lehzual tûr eng thil nge thleng?

Tuilêt hnûa thilthleng dang Bible-in a târlan zui chu Babel Insâng sak thû a ni a, chutah chuan tawng thûa buaina leh, khatih hun thlenga tawng khat hmangte tih darh an nihna kha a ni. Hêng lui pahnih Eufrates leh Tigris inkâr ram mâwi leh thlai that duhna khân Nova thlahte chu hîpin, Shinar ram, tûnlai Iraq ram chhim lamah chuan anmahnî puâla khawpui dinin, insâng an sa ta a ni (Genesis 11:2).

Hmânlaï thil hlui laihchhuahin Mesopotamia chu, khawvél chanchin tan tirhna lam atang khân mihring bitna ram a ni tih a târlan lang a. Chûng mîte zînga Sumerian an tihte chuan leirawhchan phêk hmanga thuзиak dân an hmuchhuak a. In tha tak takte sâin, hêng lunghlû te, hmanruâ te leh bungbélte an siam thiam a. An biak pathian chi hrang hrangte chibaibûkna atâna hman tempul ang deuh in tam tak an sâ a.

Nova thlahte chu Shinar ramah chêngin, Nova biak Pathian leh Tuilêt hmanga khawvél a tihchhiat tawh loh

tûr thutiamte ah theihnghilh a. Babel insâng an sak kha an finna leh thiamna chungchuâng hriat reng nân a ni a. Lâr leh zahkâi tûra ‘an hming tihthan’ (*Genesis 11:4*) tumin khâ insâng kha an sâ a ni.

“Chunglam ruâhman ang chuan sâkhuana dika insuhzawmna hmanga an inpumkhatna vawn nun zêl tûr a ni a. Milem biakna leh pathian tam tak neihnain thlarau lama an chhûnglam inzawmna a tichhiat tâkah chuan, sâkhaw lama inpumkhatna chauh ni lo, inûnau tlânnâ rîlrû pawh an hloh ta bawk a. Chhûng lama inpumkhatna an neih tâk loh, pâwn lam thila khuh nâna an insâng sak ruâhmanna ang kha a hlawhtling thlei ngâi lo a ni.” - *The SDA Bible Commentary, vol. 1. pp. 284, 285.*

Adama leh Evi-te tlûkna khân mihringte zînga inpumkhatna leh atîra Pathian ruâhman chu a tkhawl zo va. Chibabûkna chungchâng buaina te, lei chunga thil tha lo leh bawlhhlawhna put darhna te, mihringte zînga hnam zia, tawng hrang, leh chia intliârna thlenin, chû chuan inremlohma a thlen zui ta zêl a ni.

Hnam, chî leh tawng hrang hmanga kohhran chhûngah meuh pawh intihnatna thleng thin thâwi dam nân engtin nge ataka hmâ kan lâk ang?

**NILAINI
ABRAHAMA: PATHIAN MÎTE PA**

OCTOBER 3

Pathian pakhat ringtu khawvél sâkhaw lian deuh: Juda te, Kristian te leh Islam (Muslim) ho hian Abrahama chu an pa angin an en a. Kristiante tân chuan hê inlaichinna hi thlarau lam thil a ni. Mesopotamia lama an chênnâ chhuahsan tûra koh a nih khân, Abrahama hnênah, “hê leia chhûngkua zawng zawngte chu an la

engthâwl ang,” tih hrilh a ni a (*Genesis 12:3; 18:18; 22:18*). Chû malsâwmna chu Isuâ zârah a lo thleng ta a ni.

Hebrai 11:8-19; Rom 4:1-3; Galatia 3:29 chhiar la. Hêng chângte hian Abrahama rinna eng lai nge an târlan a, engtin nge Kristian inpumkhatna nêñ a inlaichîn? Chû chu, hêng chângate hian Kristian inpumkhatnaa thil pawimawh tak chu manthiam nâna sâwtpui tûr eng nge kan hmuh theih ang?

Ringtû zawng zawnte pa a nih angin, Abrahaman Kristian inpumkhatna atâna thil pawimawh thenkhat min pê a. Pakhatnaah, ataka thuâwihna a ni. “Rinnain Abrahama chu kohva a awm lai khân a rochun tûr hmuna lût tûrin kal chhuah thû a pawm ta a; tin, a kalna tûr lam pawh hre lovin a kal chhuak ta a,” (*Hebrai 11:8*). Pahnihnaah, Pathian thutiamteah beiseina a nei. “Rinnain ram tiamañ khân mî rama châm ang maiin a lo châm ta reng a, thutiam hmun khat a rochunpui tûr Isaaka leh Jakobate nêñ chuan puan inahte an awm a; khua lungphûmte nei mi, Pathian rôlbâwl leh siam chu a nghâk reng sî a,” (*châng 9, 10*). Pathumna, Pathianin fapa a la pê ang a, a thlahte chu arsi zât an la ni ang tih a ring. Chutianga a chhânlétna behchhanin, a rinna chu Pathianin thiam a chantîr ta a ni (*Rom 4:1-3*). Palîna, Pathian chhandamna ruâhman a rinchhan a. Abrahama rinna fiahna namên lo ber chu Pathianin Moria Tlânga a fapa hlân tûra a tih kha a ni (*Genesis 22:1-19; Hebrai 11:17-19*).

Thuthlung Hluuin Abrahama kha ‘Pathian thian’ (*2 Chronicles 20:7; Isaia 41:8*) tiin a sawi a. A rinna nun, a thuâwihna chuai ngai lo leh, Pathian thutiâmte a rinna chuan tûna kan Kristian nun awm dân tûr entîrna min pê a ni.

Hmalam hun ni eng emaw ti chhûnga i thiltihte leh thusawi tûr chungchângte ngaihtuah la. Eng tiang kawngtein nge i thiltih leh sawi tûr emawte chuan i rinna a târlang ngîi tih i chiân theih ang?

**NINGANI
PATHIAN MI THLANTE**

OCTOBER 4

A chhiahhlawh atâna Abrahama a koh khân, Pathianin khawvél hnêna Amâ âiawhtu tûr Amâ tân A thlang a. Hê koh leh thlan nihna hi Pathian hmangaihna leh zahngaihna a ni. Pathianin Israelte a thlanna chhan pawh kha, Tlûkna avângâ chhiatna leh inlungruâl lohna thlen hnúa mihring zawng zawnge dinthar leh an nih nâna A ruâhmannâ atân a ni. Chanchin thianghlim pawh hi hê dinthar lehna thlentîr tûra Pathian thawh dân zirna a ni a; chû ruâhmannâah chuan Israel hnam nêna thuthlung kha a pawimawh lai tak chu a ni.

Deuteronomi 7:6-11 sawi dânin, engati nge Pathianin Israelte kha ‘A mîte’ a tih? Engati nge A mîte atân Abrahama thlahte chu a thlan?

Pathianin A mîte atâna Israelte a thlanna chhan ber chu hmangaihna a ni. Abrahama leh a thlahte chu thû a thlunpui a; chû chu A mîte hmanga Pathian hriatna chu vawn nun zêl a nih a, mihringte tlanna chu hlen a nih theih nân (*Sam 67:2*) a ni. Chutichungin, a hmangaihna thiltih chungchuangin Pathianin Israelte a thlang a. “Hnam dang âia in tam avângin LALPAN in chungah a hmangaihna fûktîrin, a thlang che u a ni lova; hnam zawng zawnge hnam tlêm ber in ni asîn,” (*Deuteronomi 7:7*).

A mîte ni tûra Pathianin a thlan dân hi mihring ngaih dân nêñ a inang lo. Mihring chuan thiltihtheihna te, finna te leh mahni-inrintâwkna an neih behchhanin hruaitûte

kan thlang a. Pathian erawh chuan mi chak leh thiltitheite hi a rawngbâwtuah a thlang lo va; mahnî chak lohna leh tlinlohma, eng mah nih lohzia inhriate a thlang a, chû chu tû mah a hmâa an chapo-uân vêl loh nân a ni (*1 Korinth 1:26-31*).

Chutih laiin, hamthatna an neihte hi en teh: "Pathianin A mî Israelte chu hnam ropui leh fakawm ni tûra siam a duh a, thlarau lam malsâwmna pawh a pe bîk deuh a ni. Amâ ái-awhtûte ni tlâka an nungchang an chher theih nân, an lakah thil tha eng mah kawmpui a nei lo.

"Pathian dân an zawm phawt chuan khawvêla hnam dangte hmâah hmuingîlna mak tak siam Pathianin a duh a. An hnêna finna leh kawng tin rënga themthiamna pe theitu chu an zirtirtû a ni reng ang a, A dânte an zawmna azârah chawisân leh tihropui an ni bawk ang. Tihâwih tak an nih phawt chuan hnam dangte tihrehawmtu hrîte lakah a vêng him ang a, finna tha tak pêin mal a sâwm zui zêl ang. Pathian ropuina te, a lalna te leh thiltihtheihna te chu an hmuingîlnaah hmuin a awm ang a, lal fâte leh lal puithiamhote an ni bawk ang. Leia hnam ropui ber ni tûrin an tân thil tûl tinrêng Pathianin a pê a ni."—*Krista Tehkhin Thute*, pp. 245, 246.

Pathianin hmânlai Israelte ko va, thil a tihsak leh keini Seventh-day Adventist-te min ko va thil min tihsak tâkte kâra thil inzûl tak engte nge kan hmuh theih? I chhâna chu Sabbath nî-ah in pâwlah rawn keng ang che.

ZIRTAWPNI

October 5

NGAIHTUAH TÛR: Chhiar tûr: Ellen G. White, *Thlahtubulte leh Zâwlneite*, tih bû-a 'Lei leh Ván Siamna' pp. 21-29 leh 'Abrahama Kohna' pp. 106-113.

Atîra Pathianin mihringte a siamnaa a thil tum chu chhûngkua a dinnaah (*Gen. 2:21-24*) leh Sabbath-ah hmuh theih a ni a. Sabbath kha Amah Isua ngéiin a sawi angin (*Marka 2L27, 28*) mihringte malsâwmsak nâna din a ni a. Khawvêl pum huâp a nihna pawh hi Genesis-a thil siam chungchânga, ni sarihna a serh hrannaah khân kan hmû a. Chû chu A mîte ni tûra thuthlunga Israelte a koh chhuah hmâ daih, khawvêla sual a lo luh hmâa mi tawh a ni. Mî zawng zawngte hian lo serh vek chu ni se, Sabbath hi pumkhata min siamtu thiltithei tak a ni ngéi ang. Pathian ruâhman dân chuan chawlha nî a nih bâkah, Adama leh Evi thlahten Amah leh an mihring puite nén pawha inzawmna an neihna tûr nî a ni.

"Sabbath leh chhûngkua hi Eden-ah khân inang renga din niin, Pathian tum dân chuan then hran theih loh khawpa inzawm nghet an ni. Hemi nî hian ni dang zawng âiin Eden nun kha a chan leh theih a ni. Pathian remruat dân chuan chhûngkua chu hnathawk ho va, zir ho va, Pathian chibai bûk ho tûr leh intihhlim ho zêl tûr an ni a. Pa ber chu chhûngkaw puithiam ni tûr leh, nû leh pa chu an fâte tâna zirtirtu leh thian tha tak ni tûr an ni bawk. Mahse sual avângin mihring nun dân chu a lo danglam ta a, hei hian chhûngkaw inlungualna tûr a dâl nasa ta êm êm mai a ni. Kâr tluanin pa ber chuan a fâte hmêl chu a hmu ngai ta meuh lo va. Fâte kawmna hun leh zirtîrna hun pawh a nei lo a ni ta ber mai e. Mahse Pathian hmangaihna chuan thawhrimnate hi tâwp chin neein A siam a. Sabbath-ah hian A zahngaihna kut chu A dah a. A Sabbath nî-ah ngei hian chhûngkaw tâna Amah leh A thilsiam hnaihna hun leh chhûngkaw inpâwl hona hun te A siam ta a ni."—Ellen G. White, *Naupang Kaihhruaina* (4th Edition, 2013), pp. 494, 495.

SAWI HO TÛRTE:

- 1. Engtin nge thilsiamna chungchâng Genesis-a Adama nâkruh atanga hmeichhia (Evi) siam a nihna khân, nupui leh pasal chu hmangaih taka inlaichin tûr an nihzia eng nge a târlan? Chû chuan Bible pum puia Pathianin A mîte inkûngkaihpui dân a zawn chu nûpâ inh mangaihna ngaihuatna hmanga a tih chhan chu eng nge ni ang?**
- 2. Babel Insâng chanchin khân, atîra mihringte tâna Pathian thil ruâhman chu chî leh tawng hmanga then darh a nih loh tho laiin, engtin nge tûnliaia chutiang zâwnga inthen darhna chu kan hriatthiam tâk ang? Kohhranah pawh hnam hrang leh tawng hrang tam tak kan awm chungin, engtin nge inpumkhatna leh inrem tlânnna chu kan la neih theih cheu?**
- 3. Hmânmai Israelte koh an nihna leh keini Seventh-day Adventist-te koh kan nihna inzûlna thenkhat chu engte nge ni hlawm? Chû âia pawimawh zâwk, Kristaa chunglam kohna kan chan chunga kan rinawm tlat theih nân eng zirlaite nge kan zir chhuah theih ang?**

KHÂIKHÂWMNA: Atîra Thilsiamnaa mihringte tâna Pathian thil ruâhman chu chhûngkua anga inrem leh inpumkhat tlâng taka nun a ni. Kan nû leh pa hmasâte thuâwih lohna khân Pathian thil ruâhman chu a tisukuk zo ta a. Chutichungin, Kristâ zârah chiah hmuh theih tûr dinthar lehna thutiam chu A vawn nun zêl theih nâna mîte dinnghet tûrin Pathianin Abrahama a ko a ni.

ZIRLÂI 2-na**October 6-12, 2018****INREMLOHNA CHHANTE**

CHÂNGVAWN: “**LALPA tih hi finna bul a ni a, Mi Thianghlima hriat hi hriatthiamna a ni**” (*Thufingte 9:10*).

SABBATH CHAWHNU**OCTOBER 6**

Chhiar tûrte: *Deuteronomi 28:1-14; Rorêltûte 17:6; 1 Lalte 12:1-16; Jeremia 3:14-18; Tirkohte 20:25-31; 1 Korinth 1:10-17.*

THUTHLUNG Hlui zâwlneiten Israel mipuite chu Pathian kaihhruaina zâwm tûrin an ko fo thîn a. Thuâwih lohna leh fimkhur lohna chuan kalsualna leh inrem-lohnaah a hruai a. Pathian dânte zawmna erawh chu sual nghawng tha lo laka himna tûr leh, an chhehvél hnam dangte laka titianghlimtu tûr a ni. Pathian duh dân zuina chuan mipuite zîngah inremna thlenin, an chhehvél zawng zawnga milem biakna leh chin tha lote an chin vê loh nâna an khawtlâng nun tichaktu tûr a ni. A mîte tâna Pathian ruâhman chu, mi thianghlim an nih a, an kiang vêla mîte tâna thuhretu an nih chu a ni.

Aigupta ram atanga Hebrai hote LALPAN a chhanchhuah hnû khân: “Ngai teh u, in va luah tûr ramah pawh in zawm zêl tûrin LALPA ka Pathianin thu min pêk ang takin dânte leh rorêlte chu ka zirtîr che u a. Chutichuan, pawm ula, zâwm rawh u; chu tak chu, hêng dân zawng zawngte hi hria a, ‘Hê hnam ropui tak hi mi fing tak leh thil hre mi tak an ni ngei mai,’ titu hnamte

mithmuah chuan in finna leh thil hre mî in nihna a ni ang,” (*Deuteronomi 4:5, 6*).

Inzawh thû a chéng lo: Rinawm takin awm zui zêl chu ni se, A mîte chu nasa taka malsâwmsakna dawng, mi dangte tân pawh malsâwmna an ni ngéi ang. Mahse, rinawm lohna avângin, harsatna te, inpumkhat lohnate chu thil tha lo thleng tam tak zînga tlêm tê a ni ta.

SUNDAY

OCTOBER 7

“AW HNUNGTAWLH HMANG FÂTE U, LO KÎR RAWH U”

Israel mîte chanchin kha thuâwih lohna leh buainain a khat a ni ber a, Pathian hnêñ lamah kîr lehin, thûte an âwih leh a; chutah a hmâ áia nasa zâwka thuâwih lohna leh buaina bawk a lo thleng leh a. Chutiang rêng rêng chuan an awm thîn a ni. Pathian mîten A ruâhmanna an zui leh apiang khân malsâwmna dawngin muânnna leh nunna an chén leh thîn. Thuâwih lo va, mahni kawng an zawk zâwk apiangin an nun chu hrehawm tak, indona leh inbeihna hlîrin a khat a. Israelten Ram Tiâm an luh hmâ pawh khân, Pathian chuan chutiang chu a ni dâwn tih a hrilh lâwk a, dinhmun châu taka din an pumpelh theihna tûr kawng a hrilh sâ diâm a ni.

Deuteronomi 28:1-14 chhiar la. Israelten Pathian duhzâwng an zuiin eng malsâwmnate nge thleng ang?

Jeremia 3:14-18 chhiar la. Pathianin Israelte chu sim a, A hnêñ lam hawi tûra A kohna atangin eng nge kan zir theih ang? A mîte chunga Pathian hmangaihna leh dawhtheihna chungchâng eng nge min hrilh?

Jeremia bûa thil ngaihnawm tak chu, helh mang, inthen darh leh milem biak chîng an ni chunga A mîte chunga Pathian hmangaihna leh zahngaihnaa leh thilphalna hi a ni. A hnêñ lama lo kîr leh a, vah bo chîng

an nihna atanga lo kîr tûrin Pathianin A mîte a sâwm reng thîn a. Din thar leh a, hmalam hun atâna beiseina siamsak A tiâm nawn fo a ni.

“Kal la, hêng thû hi hmâr lamah va puang rawh; ‘hnung tawlh hmang Israel, lo kîr rawh,’ tih hi LALPÂ thu chhuak a ni; ‘thinrim hmêl puin ka en lo vang che u a, zahngai thei tak ka ni sî a,’ tih hi LALPÂ thu chhuak a ni, ‘Ka thinur kumkhua lo vang. LALPA i Pathian chunga i helna te, thing buk hnuiai awze mîte hnêña i inphalraina te, ka tawngka chhuak i âwih lohna tea i khawlohnaah chuan thuphâ chawi rawh,’ tih hi LALPÂ thu chhuak a ni,” (*Jeremia 3:12, 13*).

Jeremia thusawi kha mipui nâwlpuin Pathian Thû an hlamchhiah lai a ni a. Lal Josia rorêl lai khân siamthatna thil thenkhat chu tan a ni tawh a, mipui nâwlpuin chuan rinawm taka Pathian thuâwih tûlna vak pawh an hre lo. An sualna te, milem biakna leh mahni ngawt an inngaihtuahna chuan thlarau lam leh ram inawpna lamah chhiatna a thlen ta a. Pathian duhzâwng tih an hawisan nasat poh leh, an hmalam hun chu a thim ting mai a. Chutichungin, Jeremia hmangin Pathianin a la ngén zui zêl a. Pathian chuan hmalam hun êng nei tûrin a duhsak a, hmuingilna te, inpumkhatna te, leh hrisêlna te neihtîr leh a duh êm êm a. Mahse, chû chu rinna dikan a huâm tel zawng zawngte ataka an nunpui chauhin a lo thleng thei dâwn sî a ni.

Nangmâ nunah, thuâwihna leh thuâwih lohna awmze inkâr danglamna chu eng nge ni?

THAWHTANNI

MAHNÎ NGAIHA DIK

OCTOBER 8

Rorêltûte bûa thu chuângte atangin LALPÂ ruâhmanna an zui loh avângin Israelten a nghawng tha lo

tak an tuâr hnem hlê tih a lang a. Kanaan ram an luh hnû lawk khân, ti vê hauh lo túra vaulâwk an nihna pawisa lo vin, Israelten an kiang vêla hnam dangte sâkhaw dik lo an zui nghâl deuh mai zu nia! Vânduaithlâk takin, chû chauh chu harsatna an hmachhawn pawh a la ni lo cheu.

Roréltûte 17:6; 21:25 chhiar la. Hêng chângte hian Pathian mîte zînga harsatna lo thleng chungchâng engte nge min hrilh?

Pathian mîte zînga inthenna leh lungruâl lohna thlen thin thilte sawi ula. Hnam lungrualna thlentu tûr chu Pathianin a lo luhpui tawhna thuthlung, LALPÀ chunga rinawm leh thuâwihsna atanga lo thleng tûr a ni a. Mahse mahni ngaiha dik ang chu—a bikin an chhehvêl hnamte tih dân zui chu—an tih tâk zâwk avângin, an chunga chhiatna lo thleng tûr chu tawng buâk loh theih a ni ta lo. Keini hi tlu tawh kan ni a, mahni duh ang leh tha tih ang zâwng zêla nun tûr ni ta ilang, Pathianin zawh túra kawng min hrilh chu kan pênsan vê ngéi ang.

Roréltûten ro an rôl laia Israelte thlarau lam leh vântläng nun dinhmun chungchâng eng nge hêng chângte hian min hrilh?

Roréltûte 2:11-13

Roréltûte 3:5-7

“Israelte hian an rinawm lohna rah an seng ngei ngei dâwn tih LALPAN Mosia hmangin a hrilh a. A thuthlung an vawn duh loh chuan Pathian nêna an inzawmna anmahni ngein an tichat tihna a ni a, A malsâwmna an dawn loh phah bawk dâwn a ni. A châng chuan LALPÀ hnêñ atanga vaulâwkna thûte hi Israelten an pawisak avângin, malsâwmna nasa tak an dawn phah a, anmahni zârah an

vêla mîte pawh malsâwmna an awm thin. Mahse Pathian thu zawm âia pawisak loh an thlan fo zâwk avângin, A aiawhtûte hnêna malsâwmna tiam an dawn loh châng a tam mai. An laka LALPAN a beisei an hlen thin loh avângin, sâkhaw lam thilah an vêla mîte an kaihruai thei ngai lo. Grêp huan enkawltu an ni a, mahse anmahni tân chauh rahte seng khâwm an tum tlat a, an hmasialna leh duhâmna chu ring lo mîten hmuhsit phah nân an lo hmang ve hlauh a. Chuvângin Jentailten Pathian nungchang leh A ram dân hriat thiamna leh ngaihsânna an nei hlei thei lo a ni.”—Ellen G. White, *Zâwlneite leh Lalte*, 2nd Edition, (2014), pp. 15, 16.

Engtin nge kohhran kan nihna anga kan chêtname hian kan chhehvêla mîteah hû a neih? Anmahni hneh thei tûr eng thil tha lam nge Seventh-day Adventist-teah hian hmuh an neih?

**THAWHLEHNI
HEBRAI HNAM ZÎNGA INTHENNA**

Kalsualna kawng leh a nghawng râpthlâk tak kha zan khat thila lo thleng a ni lo. Mahse, duhthlanna leh thuthlûkna dik lo chu kum za têl chhûng a inchhêk khâwm hlek hlek zêl a, a tâwpah chuan Pathian mîte chungah chhiatna râpthlâk tak a lo thleng ta a ni.

1 Lalte 12:1-16-a Lal Rehoboama chanchin chhiar la. Pathian mîte zînga hê inthenna râpthlâk tak thlentirtu chu eng nge ni?

“Israelte chungchâng Pathian duhzâwng chu Rehoboama leh a remruatpu tlangvâl ho khân hria selâ chuan, mipuiten ram rorêl khâwl siam that an rawtna kha an ngai pawimawh tûr. Mahse Sekema an inhmuh khâwm

OCTOBER 9

tum khân a bul a bâl taka chhût chianna nei lovin, an hun thâ kha an liamtîr ta a; a tha lama mi tam tak kaihuai thei tûr an nihna chu an hloh ta a ni. Solomona lal laia mipui chunga khauh taka rorêlna chhunzawm zêl leh, belhchhah hial an tumna hian Israelte tâna Pathian duhzâwng a kâlh tlat a, an thiltih tum hi mipuiten dikan an hre thei lo. Fing lo tak leh mi khawngaihna tlachham tak, khauh taka thuneihna kenkawh an tumna hian, lal leh a remruatpuite hi thuneihna leh dinhmun sâng ûmtûte an ni tih a lailang chiang hlê a ni.”—Ellen G. White, *Zâwlneite leh Lalte*, p. 79.

Hêng chângte hian duhthlanna dik siam tûra finna mamawh a nih chungchâng eng nge an sawi? Finna dik hnâr chu khawiah nge a awm?

Thufingte 4:1-9 _____

Thufingte 9:10 _____

Jakoba 1:5 _____

Rehoboaman ngaituah chiang lo leh fing lo taka thutlükna siam a, a mîte hna rip tak thawhtîr tûra a ti ta mai kha Israel Lalrama thil thleng pawi tak a ni. Lal khân mi chi hnih hnêñ atangin thurâwn a ngaichâng a, a tâwpah tawnhriat la nei vê mang lo a ruâlpui tlangvâl hote thurâawn lain, a pa Solomona leh a pû Davidâ lalram lo din kum 80 lai ding tawh chungah chhiatna a thlen ta a ni. Mipui pungkhâwmte vaudaih nâna lalin thurâwn a lâk, a pâ âi mahin a khawng zâwk dâwn tih kha thil âtthlâk tak a ni. Tlangvâl hote thurâwn anga phurrit belhchhahsak tih ang kha chu hruaitu tâna thurâwn bengkhawn tûr chî a ni lo. Lal hrohrâng na tak leh râwng tak anga inlanter tûrin thû an râwn a. A tâwpah chuan mi vau hmang, a mîte pawhin an zah leh a laka rinawm phû lo ang a ni ta zâwk a. Tichuan,

Pathian mîte zîngah (Lalram) inthenna, Pathianin a mîte zînga thleng tûra a duhsak hauh loh chu a lo thleng ta a ni.

**NILAINI
KORINTH-A INTHENNA**

OCTOBER 10

Vânduaithlâk takin, Pathian mîte zînga inrem lohna kha Thuthlung Thar hunah pawh a tâwp mai lo.

Entir nân, tirhkoh Paulan Korinth mîte hnêna a lehkathawn hmasa zâwk bung hmasa palî chu inpumkhat tlâng tûra a ngenna thû a ni. Ephesi khuaa a châwm laiin Paulan Korinth kohhrana inthenna a awm thû a hria a. Tichuan, lehkathawn sei reih rawih, inthenna pumpelh a inpumkhat tlâng tûra fuihna a ziak ta a. Hetiang lo chhuah dân hi Paulan a engto hlê a, hê thil tha lo tak tuâm dân nân thâwkhum thurâwn a pe ta a ni.

1 Korinth 1:10-17 sawi dânin, lungruâl lohna thlentu, an inthenna leh intihthiam lohna bul chu eng nge ni?

Chloe lama mîte hnêñ atanga Korinth khuaa mîte zîngah inthenna leh intihthiam lohna a thlen thû a hriatin, Paulan chuta a ûnaute chu a vei êm êm a. Chutianga a veizia chu a lehkathawn bultanna atang hian a hriat theih a: “Unaute u, in zain thu thuhmun in sawi a, inzînga inthenna rêng a awm lohna tûrin, rilru hmun khat leh ngaihtuahna hmun khata fel taka in inzawm tlat zâwkna tûrin kan LALPA Isua Kristâ hmingin ka ngên a che u,” (*1 Korinth 1:10*). An inhniâl leh inthen chhan chu eng pawh lo ni se, Paulan tâwpسان hmak tûrin a duh a ni.

Paulan Korinth mîte chu mihring chu eng anga talent nei thâ emaw, thilpêk dawng emaw pawh ni se, chutiang mî ni lo, Kristâ hniakhnung zui tûra koh an ni

zâwk tih a hriat nawntîr leh a. ‘Pâwl pâwl’ tia inthenna awm anga a lan laiin, chutianga pâwla insiama inthenna awm chu Kristâ duhzâwng a ni lo tih chiang takin a hrilh a. Kristian inpumkhatna chu Kristaa leh kraws-a a inhlanna a inngħat a ni tih a sawi bawk (*1 Korinth 1:13*).

Kristian inpumkhatna hnâr chu Isua Kristaa awm thutak leh Amah khenbeha chu a ni a, hēng thurâwnpetu chu, thuhrlitû leh hruaitu tling tak pawh ni se a inngħahna a ni vê lo. Kraws bulah chuan inzâwl khat tlâng vek kan ni. Kan baptism a channa chu, sual laka min tlēng fâi theitu, Isua-ah vek a ni. Chutichungin, hē Kristaa inpumkhatna hi ataka chang tûrin kan thawk ngēi tûr a ni.

Hei hian min hriattîr tûr chu, keini Seventh-day Adventist-te hian rinna leh rawngbâwl naa kan inpumkhatna hi kan ngaizam mai thei lo tih hi a ni. Kristâ hmangaihna leh lalna hian Amah min inpumkhattîr a nih loh chuan, inthenna leh intihthiam lohnate hian kan kohhran inpumkhatna hi a tichhe vek mai ang.

Engtin nge heta Paulan chinfel a tum mēk thil hlauhawm hi pumpelh dān kan zir theih ang? Engati nge Krista hnēnah āia tû dang hnēnah pawh rinawm kan tumna kawngah kan fîmkhur hlê a ngaih?

NINGANI

“CHINGHNIÂ AN LO KAL ANG”

OCTOBER 11

Tirhkohte 20:25-31 chhiar la. Ephesi kohhran upate hnēnah Paulan eng vaulâwkna thû nge a hrilh? Chû chu a lo thlen loh nân eng nge an tih tûr?

Rawng a bâwl chħung khân Paulan dodâlna a tawng fo va, Isua Kristâ chanchin tha thiengħlimna chu vawm him reng a harsa dâwn tih a hria a. Ephesi kohhran upate

nêna inthlahna thû a sawiah Ezekiela 33:1-6-a râlvêngtu kha thupuia hmangin, an hruaitupuite chu chanchin tha vawng himtû tûr an ni tih hrilh tûrin a chah a. Anni pawh chu an kohhran mipuite rinawm taka vēnghimtu tûr an ni.

Paulan zirtirtu suâk/derte sawi nân ‘chinghne kawlh’ (*Tirhkohte 20:29*) tih a hmang a. Hei hian Isuan zirtirtu derte chu berâm vun sina inbâwl danglama an lo kal tûr vaulâwkna thû (*Matt. 7:15*) a sawi kha min hriat chhuahtrîr a. Hēng zirtirtu derte hi Paulan hē vaulâwkna thû a sawi hnû lawkah an lo chhuak nghâl a, Asia ram kohhran a dintea ringtûte chu saseħah an rawn hmang a. Ephesi 5:6-14; Kolosa 2:8-ah Paulan Asia Minor vêla kohhrante hnêna vaulâwkna thû a sawi thenkhat kan hmu thei a ni.

Timothea hnêna a lekhathawn pahnihnaah, Paulan Ephesi kohhran enkawltu hnênah vaulâwkna thû a hrilh a, tâwpna huna kohhrana kalsualna leh Pathian ngaihsak lohma lo thlen tûr thû a hrilh a ni.

2 Timothea 2:14-19; 3:12-17 chhiar la. Zirtirtu derte lo dodâl a, kohhrana inpumkhatna vawnhim dān tûr Paulan Timothea hnêna a sawi chu eng nge ni?

Pakhatnaah, Timothea khân a Bible, ‘thutak thu fel taka hman’ (*2:15*) dān a hre tâwk tûr a ni. Hetianga tûl hlei lova inhnial leh ngaiħruât vak vak damdâwi chu Pathian pêk thû dik taka manthiam leh zirtîr theih a ni. Bible thutakte hi dik taka hrilhfiah tûr a ni a; tichuan, Bible thu pum puiin sawi a tum kalk nân a khawi lai mah hman a ni lo thei ang a, Isuaa kan rinna min tipħêt thei tûr Bible hrilhfiahna dik lo kan dâl thei bawk ang. Ringtûten Kristaa hnehħna nun an chan theih nân, Pathian Thħa thil pawimawħ lo deuh zâwkte chu ngaih pawimawħ lo deuh

thiam tûr a ni. Timothea tâna Paula thurâwn dang leh chu: ‘Pathian zah loh lam thu sawi mai mai’ (*châng 16*) bânsan tûr a ni bawk. Timothea zirtîr rawngbâwlnaah chuan thu sepsel leh ngaihuât thil mai a tel tûr a ni lo; tichuan, rawngbâwlta tling leh rinawma ngaih a ni thei ang. Hetiang ang zâwnga inbiakna hian Pathian ngaihsak lohna thlenin, ringtûte rinna a tisâwt chuâng lo. Thutak chauhin ringtûte zîngah Pathian ngaihsakna leh inremna a thlen thîn. Timothean chutiang thil dik lo a hawisan a, a mîte pawh hawisan tûra a ngen chhan tûr chu, hei hian pânchhe ei anga a ei thin vâng a ni (*châng 17*). A tâwpah chuan, Pathian Thû âwihna hi zirtîrna dik lo, kohhran inpumkhatna tichhe theitu laka invênnna a ni (*2 Tim. 3:14-17*).

Engtin nge keini kohhran mîte hian, zirtîrna dik lo hmanga inthenna rawn thlen theitûte lakah kan lo invênhim theih ang?

ZIRTAWPNI

OCTOBER 12

CHHIAR TÛR: Ellen G. White lehkhabu, *Zâwlneite leh Lalte*, tih bû-a ‘Lalram Then Sawmna,’ pp. 77-85; *Tirkhohte Thiltih*’ tih bû-a ‘Vaulâwkna leh Ngenna Thuchah,’ pp. 267-275.

“LALPAN a chhiahhlawh atâna a thlante chu lungruâl taka thawhhonaa inpumkhat dân zir tûrin a duh a. Mi thenkhat chuan an thilpék dawnte chu mi dangte nêñ lungruâl taka thawhpui atân chuan ropui lutukin an ngai a; mahse, rilru hrang hrang pûte hnêñ tleng tûr an ni tih an hriat reng a, hnathawktu pakhat chauhin thutak chu hnar a ni dâwn tih an hriatin, an thinlungte Pathian thu lama hawnsak tûr chuan thawktu hrang hrangte beihna te leh tangrual tlânga thawh ho tumin an bei tûr a ni. An theihna inang lo tak tak te chu Thlarau thuhmun thununna hnuaih a awm ang a. Thusawi leh thil tih tin

rêngah, ngilneihna leh hmangaihna târlan niin, thawktu tinin rinawm takin an hmun an luah theuh ang a, A hnungzuitûte tâna Kristâ tawngtaina chu chhânin a awm ang a, hêng mîte hi A zirtîrte an ni tih khawvêlin an hria ang.”—Ellen G. White, *Gospel Workers*, p. 483.

SAWI HO TÛRTE:

1. **Mahnî ngaih dâna dik tih hi thil thar pawh a ni lo. Tûnlai khawvêl hi chuan ‘mi dang ngaih dân, ngaih dân awm sâ leh Bible’ tih vêl hi chu a ngainêp sâ deuh tlat a. Engtin nge keini Kristiante hian hetiang ang chî chona hi kan hmachhawn ang?**
2. **Israel lalram inthen darh leh Rehoboama chanchin târlang la. Chutah chuan kan tân eng zirlai zir tûrte nge awm?**
3. **Engtin nge kan tuâlchhûng kohhranah pâwl intibîk deuhte an awm loh nân hruaitûten tan an lâk ang? Khâwi len a nih hmâa hmeh mih dân tûr engtin nge ni ang? Korinth mîte awhna thang ang kha pumpelh tûrin engtin nge tan kan lâk ang?**
4. **Thufingte 6:16-19-a inremlohma tobul hi zir ula. In tuâlchhûng kohhrana inremlohma a awm loh nân eng nge heta tang hian in zir theih ang?**

KHAIKHÂWMNA: Bible-ah hian inremlohma tleng kan hmu nuâl mai. Pathian mîten rinawm taka thuâwihna an nunpui hian inremloh hlauhawmna a kiâm deuh huái thîn. Rorélûté hunlai leh Rehoboama rorél laia thutlûkna dik lo vângin inthenna kawng a inhawng a. Thuthlung Thar

hunah meuh pawh, inthenna thlen hlauhawmin a awm fo. Pathian Thû dik taka hriatthiamna leh zâwm tûra thianghlim taka beih hi kan zînga inthen darhna laka invén himna tha ber a ni.

ZIRLAI 3-na**October 13-19, 2018****“AN ZÂA PUMKHAT AN NIH NÂN”**

CHÂNGVAWN: “Hênghote tân chauh hian ngensak ka ni lo, an thû avânga kei mi la ring tûrte tân pawh ngensak ka ni bawk e; an zâa pumkhat an nihna tûrin; ka Pa, nang keimaha i awm a, kei nangmaha ka awm ang bawk hian, anni pawh keimahnia an awmna tûrin; nangin kei mi tîr tih khawvêlin an âwih theihna tûrin,” (*Johana 17:20, 21, NKJV*).

SABBATH CHAWHNU**OCTOBER 13**

Chhiar tûrte: *Marka 9:28-41; Johana 5:20-23; 13:18-30; 17:1-26; 1 Johana 2:3-6; Thupuan 18:4.*

CHANCHIN Tha Johana hian Isuan mantîr leh a thihna lo thleng mai tûr a engtozia hriatna min neihtîr a. Hêng bung pawimawh tak pangâ (*Johana 13-17*) teah hian Isuâ zirtîrna thusawi hnuhnung kan dawng a, chû chu “puithiam lal tawngtaina” (*Johana 17*) an tih mai hmanga khâr a ni ta a ni.

“Hê tawngtaina kan LALPAN inthâwina atâna mahni leh mahni puithiam leh inthâwina (*ran*) anga a inhlân kawp hi thil inhmeh tak a ni. Chutih ruâlin, inthâwina a hlansak—khatih laia pindan chungnunga awm zirtirte leh an thusawi avânga Amah la ring zêl tûrte tâna inhlân tawngtaina a ni.”—F. F. Bruce, *The Gospel of John* (Grand Rapids Eerdmans, 1983), p. 328.

Hê tawngtaina laimû tak chu Isuan A zirtirte leh a hnûa Amah la ring tûrte zînga inpumkhatna a veizia a ni. Hei hi a tawngtaina thupui chu a ni: “An tân ka ngensak hi. Khawvêl tâna ngensak ka ni lo, nangin mi pékteho tân

zâwk a ni; i tâ an ni sî a. Ka tâ zawng zawng i tâ a ni e, i tâ chu ka tâ a ni e; anmahni avângin châwimâwiin ka awm thîn.” (*châng 9,10, NKJV*).

Hê tawngtaina chik taka ngaihtuahna tel lo chuan kohhrana tanrualna sawi ho te, Kristaa inpumkhatna te chuan awmzia vak a nei lo vang. Eng dîlin nge Isua kha a tawngtai a, tûte tân nge a dîlsak a, A tawngtaina chuan tûna keinî tân hian eng awmzia nge a neih?

SUNDAY

AMÂ TÂN ISUA A TAWNGTAI

Puithiam-lal tawngtaina hi bung thuma then a ni: Mahni tân Isua a tawngtai hmasa phawt a (*Johana 17:1-5*); chutah A zirtîrte tân (*châng 6-19*); a hnûah Amah la ring vê tûrte tân (*châng 20-26*).

Johana 17:1-5 chhiar la. A tawngtaina thupui chu eng nge ni a, kan tân eng awmzia nge a neih?

Isuan mahni tân a indîlsak phawt a. Chanchin Thâ Johanaa a hmâ thilhlengahte khân Isuan A hun a la thleng rih lo tih Isuan a târlang a (*Johana 2:4; 7:30; 8:20*). Tûnah erawh chuan A inhlanna hun a thleng ta tih a hria a. A lei damchhûng khârna hun pawimawh tak chu a lo thleng a, A hnâ thawk zo thei tûra chakna a mamawh ta a. A tân tawngtai hun a ni.

Pâ duhzâwng tiin Isuan a châwimâwi dâwn a, kraws tawrhna meuh pawh ni se a tuâr tlang tûr a ni. Kraws tawrhna lo thleng tûr a pawm kha pumpelh theih loh thil ni lo vin, Pâin thuneihna a pêk ataka hmanna a ni zâwk. Martara thihsnaa thi ni lo vin, mihringa a rawn chan chhan: khawvél sualte tâna inhlâna kraws chunga thi tûr a nih

ang ngêiin, mahni duhthû rêngin A Pâ a châwimâwi zâwk a ni.

Johana 17:3 sawi dânin, chatuan nunna chu eng nge ni? ‘Pathian hria’ tih hi eng nge a awmzia?

Pawimawh hmasa ber, Isuan min hrilh angin chatuan nunna chu mi mal taka Pathian hriatna kan neih a ni. Hei hi thil tih emaw hriatna emawa chhandamna ni lo vin, kraws-a Isuan thil min lo tihsak tâk avânga LALPA hriatna ataka channa a ni. Hê hriatna hi mi mal taka Pâ nêna inlaichinna neih zâra mi a ni. Keini mihringte hi chu thil chinchâng hriat vê deuh luâm chauh duh tâwk thîn kan ni; mahse, heta Isuan sawi a tum chu mi mal taka Pathian hriatna thûk zâwk leh hlâwkpuiawm zâwk neih a ni. Isuâ lo kal hmasaknain a tum pawh mihringen Pathian hriatna awmzenei zâwk, chhandamna thlen thei chu an zawn nân leh, chû hriatna zâra an inpumkhat tlân that zâwk nân a ni.

Pathian chungchâng hria tih leh mi mal taka hriatna nei tih inkâr danglamna chu eng nge ni? Pathian hriatna i neihna tûra sâwtpui tûr nuntawng eng nge i lo paltlang vê tâk?

THAWHTANNI

A ZIRTÎRTE TÂN ISUÂ TAWNGTAINA

OCTOBER 15

Johana 17:9-19 chhiar la. A zirtîrte tân Isuan eng thil bîk tak chu nge a dîlsak?

Hmalam huna Isuan tisâa a awmpui loh huna Amah an rinna hloh theih dinhmun hlauhawma an awm dâwn avângin A zirtîrte tân a dîlsak leh ta thung a. Chutiang chuan Pâ kutah anni chu a dah a ni.

Isuâ dîlna kha khawvêla vênhim an nihna tûr a ni. Chutiang chuan Isuan khawvêl tân a ngensak lo, a chhan chu Pâ ruâhmannna dodâl an ni tih a hriat vâng a ni (*1 Johana 5:19*). Khawvêl hi zirtirten rawng an bâwlna hmun tûr a nih sî avângin, khawvêl thil tha lo laka hum him an nih theih nân Isuan a dilsak a. Khawvêl pawh hi Isuan a vei a, chhandamtu pawh a ni rêng a. Mahse, chanchin tha thehdarhna chu kal chhuak a chanchin tha hriltûte thuhretua tanna nêñ a inzawm tlat a. Chuvângin thil tha lo vin a hneh mai loh nân Isuan a dilsak a ngai a ni.

Zirtirte zînga pakhat kha chu hneh a ni ta tho mai. Khâ mi tlâi tîr lamah khân, an zînga pakhatin Amah phatsan tûrin duhthlanna a siam tih Isuan a lo sawi tawh a (*Johana 13:18-30*). Juda'n a mantîr tûr chungchâng chu Pathian Lehkhathûin a sawi lâwk (*Sam 41:9*) tih pawh Isuan a sawi a; Juda kha chutiang tûr rêng chu a ni lo. Zanriah Hnuhnung kîl laiin, Isuan hmangaihna leh inthianna lantîrna hmangin ngenna a siam a (*Johana 13:26-30*). “Kalhlén Kût chaw kîlnaah khân mantîrtu thiltih tum puang zârin, Isuan A pathianna a lantîr a; mahse, rawngbâwl hnâ thawk tûrin zirtirte zîngah a teltîr vê zîl tho va. Chû chu Kristan Juda tâna hmangaihna nêna a ngenna hnuhnûng ber, Judan a pawisak duh tâk loh chu a ni.”—*Chatuan Nghafâk*, p. 810.

A hmâa thleng fo tawh angin, thîkna leh îtsîknain zirtirte a tidarh thei dâwn tih hriain, an inpumkhatna tûr chu Isuan a dilsak a: “Ka Pa thianghlim, nangin kei mi pêktheo hi i hmingin hum rawh, pumkhat an nih theih nân, keimahni ang bawk hian,” (*Johana 17:11*). Chutiang inpumkhatna ang chî chu mihringte neih mai theih a ni lo va, Pathian khawngaihna thilhlâwnpêk chauhin a thlentîr

theih a ni. An inpumkhatna chu Pa leh Fapa inpumkhatnaa innghat niin, chû chu hmalam huna hlâwk taka rawng bâwl theihna tûr a ni.

Rawngbâwlna atân chuan thutaka tihtianghlim nih chu a tûl hlê bawk a. Zirtirte thinlunga Pathian khawngaihna chuan anmahni a siamtha dâwn a. Mahse, Pathian thutak tâna thuhretua an tang dâwn a nih chuan, anmahni ngéi chu chû thutak hmanga siamthat an ni hmasa tûr a ni.

**“Khawvêla mi ni lo” tih chu eng nge a awmzia?
Keini hi, kan nun leh khawsak dân chen hian ‘khawvêla mi ni lo’ chu kan ni vê meuh em?**

THAWHLEHNI

“KEI MI LA RING TÛRTE TÂN PAWH”

OCTOBER 16

A zirtirte tâna Isuan tawngtaina a hlan hnùin, “An thû avângâ kei mi la ring tûrte tân” (*Johana 17:20*) pawh Isuan a dîl kêt a ni.

Johana 17:20 chhiar la. Chanchin tha thuchah la pawm tûrte tâna Isuâ duhthusâm sâng ber chu eng nge ni? Hê tawngtaina thlen famkimtîr hi engati nge a pawimawh viau?

Pâ leh Fapa pumkhat an ni ang bawk a hmalam huna ringtû la ni tûrte pumkhat an nih vê nân Isuan a dilsak a. Chanchin Thâ Johana-ah hian Pa leh Fapa inpumkhat thû hi tlêm a chuâng a. Mahnî nîn an che mai ngai lo va, an tih apiangan an tangruâl zîl thin (*Johana 5:20-23*). Mihring tlu tâté chu an hmangaih êm avângin Pâin A Fapa chu khawvêl tân a pe phal a, Fapa pawhin Amâ nunna chu a hlân phal bawk (*Johana 3:16; 10:15*).

Heta Isuâ tawngtinaa a sawi inpumkhatna hi Pâ leh Fapa hmangaihna leh thil tuma an inpumkhatna kha a ni. “In inhmangaih chuan mi zawng zawngin ka zirtirte in ni tih chû mî-ah chuan an hria ang,” (*Johana 13:35*). Hê hmangaihnaa inpumkhatna lantîrna zârah Isua leh Pâ chu an kûngkaihpui a ni tih vântlângin an pawmpui ang. “*Inpumkhatna dik târlanna chuan chanchin tha thutak chu pawmawm takin a lantîr dâwn a ni.*”—Andreas J. Köstenberger, *John*, p. 498. Hei hi khawvélén Isua chu chhandamtu a ni tih an hriat dân tûr a ni. Isuan a dîlsak ang inpumkhatna hi hmuhtieih loh a ni lo. Pathian mîte zingah hmangaihna leh inpumkhatna an hmuh theih sî lohin, engtin nge khawvélén chanchin tha thutak nihna chu an pawm thei ang ni?

“Pathianin duhthusâm ang thlapa inpumkhata chatuan thutak dawhsâna ding tûrin mîte a hruai chhuak mék a.... Rinnaa an inpumkhat tlân vek hi Pathianin A mîte a duân dân a ni. Khenbeh a nih hmâ lawka Pâ nêna an inpumkhat anga zirtirte inpumkhatna tûr Kristâ tawngtinaa a dîl kha, Amah chu Pâin a tir ngéi a ni tih khawvélén an rin theih nân a ni. Hê tawngtinaa ropui leh rilru khawih tak hi, tûn thlengin a kal zêl a; khata a thu sawi kha: “Hêng mîte tân chauha dîlsak ka ni lo, an thû avânga kei mi la ring tûrte tân pawh dîlsak ka ni,” tih a ni.

“Krista zuitûa inchhâlte hian, anmahnî nunah hê tawngtai chhâンna hi engang tako thahnem ngaia zawng tûr nge an nih?”—Ellen G. White, *Testimonies for the Church*, vol. 4, p. 17.

Keimahnî nunah leh kohhranah heta inpumkhatna sawi ang chî thlentîr tûrin eng nge kan tih mék? Kan kohhran hi a nih tûr ang tako inpumkhat tûrin, engati nge mahni intihsan chu a pawimawh viau?

NILAINI

KRISTIANTE ZÎNGA INPUMKHATNA

OCTOBER 17

Marka 9:38-41 chhiar la. Tirhkoh Johana zawhna Isuan a chhâンna khân Isua zuitu dikan rilru zâu leh ngaihtuahna fing neih chungchâng eng nge min zirtîr?

Johana 17-a Isuâ tawngtinaa hi Seventh-day Adventist-te chuan kohhrana inpumkhatna nei tûr kan ni tih angin an ngai a. Khawvél hnêna vântirhkoh pathum thuchah puân tûra kan mawhphurhna hlen tûrin kan tang rual ngéi tûr a ni. Hê mi thû-ah hi chuan inhniâlna a awm vak lo.

Mahsa, Kristiaan (kohhran) dangte nêna inpumkhat chungchâng hi le? Isuâ dîlna êngah anni chu engtianga en tûr nge kan nih ang?

Kohhran dangahte pawh hian Pathian mi rinawm tak takte an awm tih chu inzawh thû a chêng lo. Chûbâkah, Bible hian Babolon Chhûngah pawh mi rinawm tak takte a neih tih chiang takin a sawi bawk. “Ka mîte u, a sualnaakte in tel lohna tûr leh, a hremnate in hmuh vê lohna tûrin, a chhûng atâ chhuak rawh u,” tiin (*Thupuan 18:4*).

Chutih ruâlin, Thupuan sawi dânin, Kristâ hming lamtûte zingah kalsualna nasa tak a awm a, hun hnuhnungah chuan Thupuan 13:1-17-a târlan ang tihduhdahna thlentîr tûrin Kristian suâk tam takte chu an la inpumkhat dâwn sî a ni. Hei vâng hian Kristian pâwl inzawm khâwma kan hmuh anga kohhran dangte nêna inpumkhatna nei tûra kohna chungchângah pawh Adventist-te chu an fimkhur hlê thîn a ni.

Chutih ruâlin, Thupuan sawi dânin, Kristâ hming lamtûte zingah kalsualna nasa tak a awm a, hun hnuhnungah chuan Thupuan 13:1-17-a târlan ang

tihduhdahna thlentir tûrin Kristian suâk tam takte chu an la inpumkhat dâwn sî a ni. Hei vâng hian Kristian pâwl inzawm khâwma kan hmuh anga kohhran dangte nêna inpumkhatna nei tûra kohna chungchângah pawh Adventist-te chu an fîmkhur hlê thîn a ni.

Chutichu, engtin nge kohhran dangte nêna kan inkûngkaih tâk ang? Eng thil bîk emawtea Kristian dangte nêna thawh hona tûr chungchâng Seventh-day Adventist awm dân tûr hetiangin Ellen G. White-in a saw: “Mihringin a duhdân chu Pathian ruâhmanna hnuia a tukluhin, Thlarau Thianghlim chuan rawng a bâwlsak tûrte thinlungah hnâ a thawk ang. Hmuhtir ka nih dân chuan WCTC (Woman’s Christian Temperance Union) thawktûte hi kan lo kawmserh tûr a ni lo. Nghei hlauh tûra anmahni nêna tanruâlna vângin ni sarihna kan serh dân dinhmun eng mah a tidanglam lo va, insûmna chungchâng a dinhmun kan ngaihhlutna pawh kan entîr ang. Kawng hawnga insûmna chungchâng tanruâlpulia sâwmin, insûmna thilah kan tangkaipui thei dâwn a; kan tanhona atangin Thlarau Thianghlimin an thinlunga tuh a tum thutakte chu an hre thei ang.”—*Welfare Ministry*, p. 163.

Ani khân hun bika thil bîk sawi a ni nâin, Kristian dangte nêna kan inkûngkaih dân tûrah kaihhruaina min pê a, a bîkin thil eng emaw ti tûra tanrual chungchângah a ni.

A hmasa berin, vântlâng tâna thatna tûr thilah kan thawk ho thei a. Pahnihnaah, anni nêna kan thawhho chuan, kan thurin leh tihdân phungte inhnûkhniam chuâng lovin kan ti tûr a ni. Pathumnaah, chû ‘thawhhona’ chu keini pawhin kan thatpui tawh thutak hlu takte an hnêna thlenna tûr remchângah kan hmang tûr a ni.

NINGANI

RINNA PAKHAT HMANGAIHNAA PUÂN

OCTOBER 18

Johana 17:3-ah Isuan Pathian hriat chu chatuan nunra a ni tih a sawi a. 1 Johana 2:3-6 chhiar la. ‘Pathian hria’ tih chu engtihna nge ni? Engtin nge kan nî tin nunah Pathian kan hriatna chu kan târlan?

A tlângpuiin, tûnlai vântlâng mi nâwlpu hian khuâ-leh-tui dân zâwmtu nih an duh thîn a, chutiang mîte tho chuan Pathianin a thupêkte vawng tûra Bible thupêk chu an namnûl leh mai lawi a. Thenkhat phei chuan Pathian khawngaihnain Pathian thupêkte a nuai bo vek tawh tiin an sawi a. Bible zirtîrna erawh chu chutiang a ni sî lo: “Thupêkte zawm hi Pathian hriat theihna a ni lo va, Pathian/Isua chu hriain kan hmangaih a ni tih chhinchhiahna a ni zâwk. Chutichuan, Pathian hria tih chu hriatna satliah mai ni lo vin, ataka chêtnaah a hruai thîn.”—Ekkehardt Mueller, *The Letter of John*, (nampa, Idaho: Pacific Press, 2009), p. 39. “Min hmangaih chuan ka thupêkte zâwm rawh u.” “Tû pawh ka thupêkte neia zâwm chu mi hmangaihu a ni,” (Johana 14:15, 21).

“Hê mî-ah hian Pathian fâte kan hmangaih tih kan hria, Pathian kan hmangaih a, a thupêkte kan zâwm hian. Pathian kan hmangaihna chu hei hi a ni, a thupêkte kan zâwm hi; a thupêkte chu a khirh sî lo va,” (1 Johana 5:2, 3).

Johana 13:34, 35 chhiar la. Eng thupêk thar nge Isuan a pêk a, chû chu engtin nge Isua zuitûte zînga inpumkhatna nêna a inkûngkaih?

Mahnî thenawm hmangaih tûra thupêk kha thupêk thar a ni lo va, Pathianin Mosia hnêna kaihhruaina a pêkah khân hmuh theih a (*Leviticus 19:18*). Isuâ thupêka thil thar

lai tak chu *Aman anmahni a hmangaih anga inh mangaih tlân*
lai chu a ni a. Mahni-inhlana hmangaihna Isuan a entîr
ang kha Kristiante tân thil thar a ni.

Kan hmâah puanzâr sâng taka khâi a va ni êm! Isuâ nun kha hmangaih rawngbâwlina, mahni-inphatna leh mahni-inhlanna ataka chêt dân entîrna a ni. Kristâ nun kha mi dangte thatna tûra hmangaihna leh mahni-inhlanna târlan zui zélna angin kan ngaihruat thei ang. Mi dangte nêna thil an tihna rêng rênga chéttirtu chu Krista chéttirtu thupui tho kha a ni tûr a ni. Chutiang hmangaihna chu khawvél tâna thuhretu thiltithei tak a ni ngîi ang a, kan zînga inpumkhatna thlentu tûr thiltithei tak a ni bawk ang.

Engtin nge Isuan a lantîr ang mi dangte tâna mahni-inhlana hmangaihna ang chî kha kan lantîr vê theih ang?

ZIRTAWPNI

OCTOBER 19

NGAIHTUAH TÛR: Chhiar tûr: Ellen G. White lehkhabu *Indona Ropui-a* “Pathian Dân Thlák Theih Loh” pp. 443-446.

“Seventh-day Adventist Kohhran hi khawvél pum huap, tuâlchhûng kohhran tam tak a ni nân, Adventist-te chuan Kristâ khawvél pum huap kohhran ang chuan an inchhâl ngai lo. Khawvél pum huap hi chu kohhran pâwl tin âi hian a zâu zâwk a. Chû chu langthei leh hmuh theih loh, Isua ringa zuitûte huâm tel vek a. Thupuan bûin chiang taka a sawi Kristiante kalsualna chungchâng kan ngaihtuah chuan, hemi chungchâng thu inchuh hi a nasa duh deuh thîn a. Thupuan 12-a kohhran thianghlim leh Thupuan 17-a nawhchizuâr, chu inang lo tak a ni: Babulon khaw ropui pawh chu Berâm No mo, Thupuan 21 leh 22-in an sawi Jerusalem Thâr nén pawh inang lo tak a ni bawk.

Kum zabi khatna lai hun kha chuan khawvél huâp kohhran chu a hmuh chiân theih deuh maihei e, Hun Laitâ vête erawh kha chuan chiang taka hmuh hleihtheih a ni lo.

“Chutichuan, Adventist-te chuan Pathian kohhran dik chu anmahni ngawtah an bel vek bîk lo va, Kristian kohhran dangte pawh an rînlüt tel ngawt chuâng lo. Pathian kohhran dik hian Amah ringtu mi malte chu a huâmtel vek a ni. Pathianin anni chu a hria a. A lehlamah, Adventist-te chuan anmahni chu Thupuan 12:17 leh bung 12-14-a tâwpna huna hmuh theih, a la bâng, mi bîkteah an inchhâl thung a ni. Hê a la bâng hi tuâlchhûng leh khawvél huap nihna nei kawp a ni (*Thupuan 2:24; 12:17*).”—Ekkehardt Mueller, “The Universality of the Church in the New Testament,” in Angel Manuel Rodriguez, ed., and *Message, Mission, and Unity of the Church* (Silver Spring, Md., Biblical Research Institute, General Conference of Seventh-day Adventists, 2003), p. 37.

SAWI HO TÛRTE:

1. **Engati nge Johana 17-alsuâ tawngtaina thlen famkim hi kohhran tân a pawimawh viau? Kum zabi-khatna huna kohhran Isuan inpumkhat sê a tihna khân tûna kan kohhran tâna min duhsak chu a târlan?**
2. **In tuâlchhûng kohhran khân thil thenkhata Kristian dangte thawhpuina in nei em? Enganga che thâ nge in nih? Kan hnêna thutak min pêkte hnûkhniam sî lo vin, engtin nge a remchân dân anga kan thawhpui theih dân tûr?**
3. ***Indona Ropui-a* hê thû hian engte nge a kawh tel? Engtin nge ataka kan chantîr theih ang? “Pathian**

mîa inchhâlten, A thû atanga ênna chu an neih chuan, Kristan inpumkhatna atâna a ngen, Remna phuarnaah chuan Thlarauva inpumkhatna chu vawng tûra tirhkohvin a sawi chu an thleng ngei ang. ‘Taksa pakhat leh Thlarau pakhat chauh a awm a, LALPA pakhat, rinna hmunkhat, baptisma hmunkhat,’ *Ephesi 4:3-5.*”—*Indona Ropui*, 379.

KHAIKHÂWMNA: Johana 17-a Isuan puithiam-lal tawngtaina a hlan hian tûnlai kohhrana inpumkhatna nei tûra min duhzia min hriattir a. A dilna kan dîlna ni vê sela, Pathian Thû kan rinna sawhnggeh dân kan zawng tûr a ni. Pathian thû kan zirtir dân chu lo hrang deuh pawh ni se, mi tin, Kristian dangte huâm tel veikin, inh mangaih tlânna chu kan thupui a ni tûr a ni.

ZIRLAI 4-na

October 20-26, 2018

“AN ZÂA PUMKHAT AN NIH NÂN”

CHÂNGVAWN: “A duhzâwng thurûk kan hnêna min hriattîrin; hun bi kim khawsak hunah a lâwmzâwng engkim-vâna thil awm te, lei chunga thil awm te pawh-Kristaa fâwk khâwm tûr chu amahin tih a tum ang kha; amah ngeiah chuan a ni,” (*Ephesi 1:9, 10, NIV*).

SABBATH CHAWHNU

OCTOBER 20

Chhiar tûrte: *Matthaia 20:25-28; Galatia 4:7; Ephesi 1:3-14; 2:11-22; 4:1-6, 11; 5:15-6:9.*

EPHESI khua kha Asia Minor-a sumdâwnna hmun leh hûhâng nei tak a ni a. Hê khuaa kohhranah chuan Juda mî te leh Jentail nun kawng hrang hrang zawhtûte an awm a. Chutianga mi inang lo tak takte an nih avâng chuan, Kristâ taksa pêng hrang hrang inpumkhatna nei lo chu ni se, an chênnâ khawvélah khân buaina a chhuak duh viau ang. Chutiang a nih avâng chuan *Ephesi* Lehkhathawn Paula thil engto tak pawh Krista zuitu an nihnaa an inpumkhatna chu a ni.

Paulan inpumkhatna ngaih dân chu kawng hnih a ni a: Kohhrana inpumkhatna, Judate leh Jentailte taksa pakhat—Kristaa khawsak hona; khawvél pum huapa inpumkhatna, he lei leh vâna thil zawng zawngte chu Kristaa inpumkhatnaah a infâwkhhâwmna chu a ni.

Inpumkhatna hnâr chu Krista a ni a. Paulan ‘Kristah’ emaw ‘Krista nêñ’ emaw tih hi a lehkhathawn hmun hrang hrangah a hmang a, chû chu Isua Kristâ nun, thihna

leh thawhlehna zârah Pathianin kan tân leh khawvél zâu tân a thawk zo tawh tih entîr nân a ni. Chhandamna ruâhmana Pathian thiltum chu Kristâ zâra thil zawng zawngte inpumkhattir leh a ni. Chû inpumkhatna chu khawvél tâwp hunah chiah a famkima târlan a la ni ang.

SUNDAY

KRISTAA MALSÂWMNATE

Ephesi 1:3-14 chhiar la. Heta Paula sawi dânin, Kristaa-chuan eng nge pêk kan lo nih?

Isua zuitûte hian Pathian fakna chhan tûr tam tak an nei. Pathian chuan a fanû-fapâte ni tûr leh, khawvélâ Amâ âiawhtûte ni tûrin min lo thlang tawh a. Kristaa Pathian nêna kan inlaichinna thar pawh chu kawng hrang hrangin Paulan a sawi bawk a. Chutiang ngaihruâtna zînga pakhat chu fâa inlâk thû hê zirlaiin a sawi inpumkhatna thupui chu a ni. Hê chhûngkaw lam sawina hi Pathianin Israel fâte thû a thlunpuina ang chî sawina pawh a ni a. Paula lehkathawn thu tobul lamah, Isua chu Messia-a pawmtu Jentailte pawh Pathian fâte, Israelte hnêna thutiâm siam (*Rom 8:17; Galatia 4:7*) tawh rochungtûte an lo ni ta.

Kristaa nêna inlaichinna hlâwkna, Kristaa awm nihna chu Kristian inpumkhatna zawng zawng thupui a ni. Hê châng hian mî zawng zawng Kristaa fâwkkhâwm chu Pathian lâwmzâwng a ni tih min hrilh bawk. Pathian chhûngzîngah chuan, Pathian fâte kan ni vek a, thuhmun renga hmangaih leh châwm kan ni.

Hê chângâ ruât lâwk (*Ephesi 1:5, 11*) tih thû an chhiarin, mi thenkhat chu an buâi deuh thîn a. Pathian thutiâm chuan chhandam ni tûrin min lo thlang tawh tih

hi, ‘mi thenkhat chu bo tûra thlan sâ an ni maw’ tiin an ngai a. Mahse, chû chu Bible zirtîrna a ni lo. Mi tinte chhandam an nih theihna tûrin, khawvél lungphûm phûm a nih hmâ khân Pathianin chhandamna ruâhman a lo siam tawh zâwk a ni. “Pathianin khawvél a hmangaih êm avângin A Fapa mal neih chhun a pê a, Amah chu tû pawh a ring apiang an boral loh a, chatuan nunna an neih zâwk nân,” (*Johana 3:16; 1 Timothea 2:6; 2 Petera 3:9 en tel la*). Tûten nge A chhandamna ruâhman chu pawm dâwn tih chu Pathianin a hre lâwk a; mahse, chû chu mî duhthlanna siam dân tûr ruât lâwk tihna chu a ni sî lo. Kan tâna Kristan thil min lo tihsak tawh avângin mî zawng zawng tân chhandamna chu hlui theuh an ni. Zawhna awm ta chu: ‘Engtin nge hê thil min hlui hi kan chhân lêt?’ tih a ni. Pathianin chhandam duh bîk leh duh loh bîk a nei lo.

“Vân rorêlnaah chuan, bawhchhetu mihringte tân an thuâwih lohnaa an boral lohna tûr kawng ruâhman a ni a; mahse, anmahni âiawhtu leh zakhamna chu Krista a ni tih rinnaa pawmna zârah, Pathian mi thlan lo niin, Amâ lâwmzâwng ang zêlin Amâ hnêna Isua Kristâ fâte ni tûra ruât lâwk an ni. Mî zawng zawngte chhandam an nih hi Pathian duhdân a ni; chutiang atâna kawng hawnsak nân Pathianin mihring tlan nân a Fapa mal neih chhun chu a pe ta rêng a. Boralte chu Isua Kristâ zâra Pathian fâte nih an duh loh tlat vânga boral an ni ang.”—Ellen G. White Comments, *The SDA Bible Commentary*, vol. 6, p. 1114.

THAWHTANNI

DÂIDANNA BANG THIATIN

OCTOBER 23

Mihringte min dâidangtu lâr deuhte chu chî leh hnam bâkah sâkhuana hi a ni. Ram thenkhatah chuan nihna târlangtu lehkha pawimawh (identity card) inpêk a

ni thîn a; chutah chuan eng hnam leh sâkhaw betu nge tihte târlan niin, chû chuan nî tin khawsaknaa hamthatna emaw, khabna emawte pawh a keng tel thîn. Indo emaw, intihbuai emawte a lo chhuahin, chutianga nihna azir chuan tihdudhah tuâr theih tepawh a ni fo thîn.

Ephesi 2:11-22-ah, Paulan Kristian tâna kawng tha zâwk a târlang a. Engtin nge Kristaa kan inpumkhatnain kan danglamnaah nghawng a neih thin? Kraws-a Kristâ thihna khân eng chu nge a thiât?

Paulan Ephesi mîte chu Kristaa Pathian khawngaihna dawng an nih hmâa an nun dân hre reng tûrin a sâwm a. Chî leh hnamzia leh sâkhaw inan lohna chuan mi chi hrang hrangte kârah inngaihtheih lohna leh buaina a tichhuak a. Mahse, chanchin lâwmawm chu, Krista-ah chuan kan zâin inthuruâl tlâng, LALPA leh Chhandamtu thuhmun nei kan ni ta. Kan vaiin Pathian mîte kan ni a. “Tûnah erawh chuan Krista Isua-ah, nangni hmâna hla taka awmte kha Kristâ thisen chuan tihhnaihin in lo awm ta,” (Ephesi 2:13).

Hmânbai Jerusalem tempulah khân Judate bîk chauh kal phalna chin, dâidanna bang a awm thîn a. Bangah chuan hnam dang rêng rêng luh khabna thû târ a ni a, luh vê chu thihna a ni mai. Hemi chungchângah hian a nia, Paula pawh kha ramthim rawngbâwlina atanga a lo kîr leh khân bawhchhia niâwma hék a nih ni. Judate chauh luh thianna hmuna Ephesi mî Trofima (*Tirkohote* 21:29) kha hruai lûta puhin, Paula chu an man a. Hê lehkathawnah hian, Paula chuan Krista chu “kan inremna a ni sî a; ani chuan pâwl hnihte chu pumkhatah a siam a, an kâr pindanna bang chu a tichim a,” (Ephesi 2:14) tiin a sawi.

Krista-ah chuan ringtûte chu Abrahama thlahte, thinlung lam serh tante an ni a. Tî sa lam serh tan

Pathianin Abrahama hnêna a pêk khân thlarau lam serh tan, ringtûten Kristaa an dawn chu a entîr a ni (*Deut. 10:16 en la*). “Krista serhtannaah chuan tîsa taksa hlip vekin amah vêkah chuan kuta serhtan ni lova serh tan in nih kha,” (*Kolosa 2:11*).

Ephesi 2:11-22 chhiar leh la. Engtiang kawngtein nge heta Paulan a ziah hi kan tuâlchhûng kohhranah ataka kan hmuh? Eng chonate nge la awm zui?

**THAWHLEHNI
TAKSA PAKHATA INPUMKHATNA**

OCTOBER 24

Ephesi mîte hnêna a thâwkkhum thu sawiah Paula kha ataka ti mî a ni. Chî leh hnama inang lo, Juda leh Jentailte zînga inpumkhatna awm kha thu puârpawlêng mai emaw, ngaih dân mai emaw a ni lo va, “kohna in nihna phûa (ataka) awm tûrin” (*Ephesi 4:1*) a ngiat a ni.

Ephesi 4:1-3 sawi dânin, Kristiante chu Kristaa koh an nihna phûa eng tianga awm tûr nge an nih?

Hêng khawihna leh thil thâten Kristian nuna ataka an rahchhuah hian ‘remna phuarnaah chuan Thlarau inpumkhatna chu vawng’ (*Ephesi 4:3*) tûrin a tanpui a. Hêng nihna zawng zawngte hi hmangaihnaa zungkâi vek a ni (*1 Korinth 13:1-7*). Ataka hmangaihna phûr taka chêtpuina hian ringtu ûnaute zîngah inlaichînna a chhawm nungin, Kristiante zîngah leh a bâkah pawh, remna leh inpumkhatna a awmtîr thîn. Kohhran chhûngä inpumkhatna hian mak taka Pathian hmangaihna lantîrin, chûng chu mi dangten an lo hmu thei a. Kohhran chu buaina, inthenna leh indo chhuah laitea thuhretûa tang tûra koh a ni.

Ephesi 4:4-6 chhiar la. Hêng châng thumtea thupui pawimawh chu eng nge ni?

Hê bunga châng hmasa berah hian, Paulan kohhrana inpumkhatna a veizia a sawi a. Inpumkhat tlâng tûra ngennain bul a tan a (*Ephesi 4:1-3*), chutah ringtûte inpumkhattirtu thil pasarih a sawi zui ta a ni (*châng 4-6*). Inpumkhatna chu ringtûten an neih tel nghâl a ni a, chû chu vawn nun tûr a ni a, hmalam huna nei zel tûra thahnemngai taka beih tûr a ni bawk (*châng 13*).

“Tirkoh chuan a ûnaute chu an nuna thutak thiltihtheihna an hnêna a lo puân tawh chu târlang tûrin a fuih a. Thuhnuairawlha te, nunnêmna te, dawhtheihna leh hmangaihna hmangin Kristâ nungchang leh A chhandamnaa malsâwmnate chu tha takin an lantîr tûr a ni. Taksa pakhat leh Thlarau pakhat, LALPA pakhat, rinna pakhat chiah a awm a. Kristâ taksa pêngte an nih angin, ringtûte chu thlarau thuhmun leh beiseina thuhmuna chawhphûr tûr an ni. Kohhrana inthenna hian khawvél hmâah Kristâ sâkhua chu tihmingchhiain, thutak hmêlmâte an kawng sawimâwina remchâng a siamsak thin. Paula zirtîrnate kha a hunlaia kohhran tân maia ziak a ni lo. Pathian chuan keini hnêñ thlenga thawn ni tûrin a ruâhman a. Keini hian ‘remnaa phuâr khâwmna’ vawng him tûrin eng nge kan tih vê?”—Ellen G. White, *Testimonies for the Church*, vol. 5, p. 239.

“Koh in nihna phûin” in nung ngîi a ni tih tichiang tûrin tûnah hian eng duhthlanna nge in siam theih ang?

NILAINI **October 24**
KOHHRAN HRUAITÛTE LEH INPUMKHATNA

“Nimahsela, a thlâwna Krista thilpêk tehna ang zêlin khawngaihna chu kan hnênah theuh pêk a ni,” (*Ephesi 4:7*). Chhandamna chu a pawm duh apiangte tâna

thilthlâwnpêk a nih laiin, thlarâu thilpêk thenkhat hi chutum bîk neia mi thenkhatte hnêna pêk a ni thung.

Ephesi 4:11 chhiar la. Eng thilthlâwnpêkte nge Pathianin kohhran hnênah a pêk? Ephesi 4:12 sawi dânin, Pathianin kohhran hnêna hruaitu nihna thilthlâwnpêk bikte a pêk chhan chu eng nge ni? Engtin nge hêng thilthlâwnpêkte hi an inlaichîn tlâng?

Kristian zawng zawnge hi Pathian leh chanchin tha rawngbâwl tu leh chhiahhlawh an nih dân a awm a. Matthaisa 28:19, 20-a Kristâ tirhna thupêkah khân Kristian zawng zawnge chu kal a, hnam zawng zawnge chu zirtirahte siam a, baptisma chantir leh zirtir tûra tih vek an ni. Rawngbâwl na hnâ hi mi hamthâ tlêm tê, pastorte leh tirhkohte hnênah chauh pêk a ni lo va, Kristâ hming putû zawng zawnge hnêna pêk a ni. Hruaitu nihna thlarau thilpêkte hi kohhran tihpuitlin nân bîka pêk a ni a. Kohhran hruaitûte chu inpumkhatna châwm a, sawimâwi leh fuih tûra mamawh an ni.

Paulan thilpêkte zînga hruaitu nihna a sawi hian bote zawnge chhuak tûra Pathian mîte thuâm an nihna tûr pawh min hrilh tel a. Kohhran chhûng mi thenkhat chu, Kristâ tâna rawngbâwl leh chêtne nei tûr leh Kristâ taksa tipuitling tûra “rinna leh Pathian Fapa hriatna kawngah chuan thu khat vua a, puitling a, Krista famkimna lenzia tluka kan zaa kan lo awm thleng a” (*Ephesi 4:13*) mi dangte tanpui tûra mawhphurhna nei an ni. Rawngbâwl na kan bawhzui kawngah hruaina kawnga Isuâ tih dân kha kan entawn tûr a ni. Ani kha chu ‘rawngbâwlsaka awm tûr ni lo, mi dangte rawngbâwlsaka tûr zâwk’ (*Matthaia 20:25-28*) a ni ang khân kan ti vê tûr a ni.

Mi dang rinchhan loh leh mi dang va ngaihsak loh hi mihring rîlrû rêng a ni a. Khawthlang mîte rîlrû phei

chu a ni NASA lehzual. Paula erawh chuan Kristian tû mah hi khawvêla mahnâ awm ni lo vin, vânlam pana kan zinnaah, infuih phûr tlâng tûra thlarau lam hruaitu nei rinnaa inpâwl hote kan ni tih min hriat nawntîr thung a ni.

Eng thlarau thilpêkte nge i neih a, chû chu in tuâlchhûng kohhran inpumkhat nân engtin nge i hman mêm?

NINGANI

KRISTAA MIHRINGTE INLAICHÎNNA

Kristian sâkhua hi inlaichinna sâkhua a ni: Pathian nêna kan inlaichinna leh keini kan inlaichin tawnnate hi. Pathian nêna inlaichinna thûk tak neiin, mi dangte nêna kan inlaichinnaa nghawng nei sî lo a awm thei lo. Kristianna hi awmzenei lo vin a nunpui theih loh. Paulan Ephesi mîte hnêna a lehkathawna inpumkhatna thû a sawite hi mi dangte nêna kan inlaichinnaah pawh ataka hman theih tho a ni.

Ephesi 5:15-21 chhiar la. Châng 21-ah hian eng nge Paulan min hrilh? Inpumkhatna leh intukluhnâ kâr inlaichin dân chu eng nge ni?

Intulût tawn tûra Paula fuihna hi ‘thlarauva khata awm’ (*châng 18*) nêna inzawm a. Thlarauva khat nih lanna pakhat chu intulût tawn nihna hi a ni. A awmzia chu, inngaihtlâwmna rilru pu chunga mi dangte ngaihsakna neih a ni. Hei hi mihring rilru put phung rêng chu a ni lo va, kan thinlunga Thlarau lo chêngin a rahchhuah a ni. Kristaa min phuâr khâwmtu Thlarau thilpêk a ni bawk. Hetiang zâwnga thlirna atangin, intukluhnâ chu chhünglam thatna, Krista leh kan tâna a inhlanna kah zahna ataka lantîrna a ni.

Ephesi 5:22-6:9 chhiar la. Krista ringtûte in chhüng leh hna thawhna hmuna inphahhnuai tawnna chuan kan inkûngkaih tlânnaah nghawng eng nge a neih ang?

Eng emaw chenah, mahni in chhûnga inpumkhatna hian kohhrana inpumkhatna a hril hlê. Paulan nupui leh pasal kâra awm tûr inpumkhatna, hmangaihna leh inzahthiamna sawi nân Kristan kohhran a hmangaihna, mahni-inpêk hmangaihna chu a târlang a. Chutiang chuan Kristâ tih dân anga in chhüng leh kohhran member-te zînga inzahthiamna chu neih a ngai. Chutiang bawkin nû leh pâté leh fanâute kârah te, hnathawktu leh a ruâitu kârah te pawh a ni tho. Hetiang ang chi inremna, muânnna boruak hi kan inchhüngah leh kohhranah lêng rawh se.

I chênpuite leh thawhpuite chunga chêt dân tûr tha zâwk manthiam nân vawiin zirlai atang hian eng zirtîrna thupuite nge i lâk chhuah theih ang?

ZIRTAWPNI

OCTOBER 26

NGAIHTUAH TÛR: “Kristan hnam emaw, dinhmun emaw, sâkhaw thurin emaw vânga inthliârna hi a pawm vê lo. Lehkaziaktûte leh Farisai hote kha chuan vânlam thilpêk zawng zawngte hi an tuâlchhûng leh hnam tâna pumbil vek a, khawvêla Pathian chhüngte dang chu chhawk vek an duh thîn a. Mahse, Krista chu dâidanna bang tichim tûrin a lo kal a. A zahngaihna leh hmangaihna thilthlâwnpêk chu boruâk, êng leh lei tithianghlimtu ruah sûr anga pumbil bik theih a ni sî lo.

“Kristâ nun khân sâkhuana a din a, chutah chuan chi inthliârna, Juda leh Jentail sâkhua, zalêñ leh khuahkhirhte pawh an väiin inûnaunaa inzawmin,

Pathian hmâa intluk tlâng vek an ni. Tih dân phung eng mahin A chêt vêlna a dâl lo. Thenawmte leh mikhualte, thiante leh hmêlmâte a thlei hrang ngai lo. A thinlungin a vei zâwng chu nunna tûite in châka tuihâlte an ni.”—Ellen G. White, *Testimonies for the Church*, vol. 9, p. 190, 191.

SAWI HO TÛRTE:

1. Ephesi 4-ah Pathian thil ruâhman chu chiang leh fiah taka târlan a ni a, chuvângin A fâte zawng zawng chuan thutak chu an chelh thei ang. Hetah hian A kohhran inpumkhata awm a, a member-ten khawvâl hnêna sâkhaw nuntawng hrisêl an lantîrna tûr hmanruâ chu chiang taka puân chhuah a ni.”—Ellen G. White Comments, *The SDA Bible Commentary*, vol. 6, p. 1117. Ephesi 4-ah hian kohhran inpumkhatna kâwk eng thil nge i hmuh? Chû inpumkhatna chu a awm ngêi theih nân eng nge kan tih theih ang?
2. Inpumkhatna chungchânga pawimawh tak pakhat chu inngaihtlâwmna leh intukluhnna a ni. Hêng thilte tel lo chuan, engtin nge kohhranah inpumkhatna a awm theih ang ni? Kan chapo va, kan ngaihdân leh thlîr dân kan tan tlat a, mi dangte thû leh hlâ kan ngaithlâk duh loh chuan inpumkhat ngaihna a awm lo. Engtin nge hê inngaihtlâwmna leh intukluh dân hi kan zir theih ang?
3. Kawng engkima inthuruâl thap ni lo chung pawhin, engtin nge kan inpumkhat tho theih ang?

KHAIKHÂWMNA: Ephesi lehkhhathawnah hian Paulan ‘Kristaa awm’ Kristian nih chungchângah thurâwn tam tak a pê a.

Isuaa chhandamna chuan atakin kan nun a siamthâ a. Kan mihring inlaichînna zawng zawng, kohhran chhûnga inûnauna chenin, Kristâ thiltihtheihnain kan nunah a siamthâ a. Hê siamthatna hi inpumkhatna neihna atân a pawimawh êm êm a ni.

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ZIRLAI 5-na**October 27-November 4, 2018****KOHHRAN HMASÂA INPUMKHATNA**

CHÂNGVAWN: “Anni chu tirhkohte thurinah ding nghetin, inpâwlin, chhang phelin, tawngtaiin an awm reng a” (*Tirhkohte 2:42, NKJV*).

SABBATH CHAWHNU**OCTOBER 27**

Chhiar tûrte: *Tirhkohte 1:12-14; 2:5-13, 42-47; 4:32-37; 5:1-11; 2 Korinth 9:8-15; Thupuan 14:12.*

KOHHRANA inpumkhatna hi thutak, Isua thlarau lam nuntawng inhrilh tawnna rah chhuah a ni. “Kei hi kawng leh thutak leh nunna chu ka ni, keimah lo vin tû mahni Pâ hnêñ an thlent thei lo,” (*Johana 14:6*). Thlarau lam zin kawng zawh ho va, nuntawng thuhnun neih tlânnna atangin inpâwlhona duhawm tak neih a ni thîn a. Adventist sôlsutûte pawh khân Miller-a thuhril zuiin an lo chang tlâng a. Kum 1844-a an thil paltlang tlân khân an thinlungte suih khâwmin, beidawnna lo thlen chhan hrilhfiahna an zawng tlâng ta a. Chû nuntawng atang chuan Seventh-day Adventist Kohhran hi lo ding tâin, Rorêl Lâwkna leh Chumiin a kaihhnawih dang thutak hriatna an lo nei ta a ni.

Isuâ vân lâwn hnûa A zirtîrte nuntawng pawh kha, pian leh mûrna inang lo tak tak ringtûte zînga inpumkhatna leh inremna thlen tûra Pathian Thu, tawngtaina leh inpâwl honain thil a tih theihzia nemnghehna a ni. Tûnah pawh hian khatiang kha ataka chan theih a la ni reng.

“Chibaibûk hona atân hian inpâwl hona hi thil pawimawh a ni ka ti duh a ni . . . Ringtu dangte leh LALPA

Isua Krista nêna inpumkhattîrtu thlarau lam insuih khâwmna nei tûrin Kristian tân a tluk a awm thei lo . . . Isua Kristian Amâ hnêñah min hruai hmasa phawt a, chutah Amâ taksa, kohhrana ringtûte nêna inpumkhat tûrin min hruai zui zêl thîn.” - Robert G. Rayburn, *O Come, Let Us Worship* (Grand Rapids: Baker Book House, 1980), p. 91.

SUNDAY
INBUATSAIHNA NÎTE

OCTOBER 28

A thih hmâ hunte chu zirtîrte hmanpuuin, Isuan anni chu anmahni maiin a kalsan dâwn lo tih a tiam a. Thlamuantu dang, Thlarau Thianghlim chu an rawngbâwlnaa awmpui tûra tirh a ni dâwn a. Chû chuan Isuâ thil sawi leh tih tâkte hre reng thei tûrin a tanpui ang a (*Johana 14:26*); thutak hmuh chhuah belh tûr pawhin a kaihuai bawk ang (16:13). A vân lâwn nî-ah pawh khân hei bawk hi Isuan a tiâm nawn leh a: “Tûn atanga ni rei lo téah Thlarau Thianghlimin baptismal in chang ang. . . . Thlarau Thianghlim chu in chunga a lo thlen hunah thiltihtheihna in la nei ang,” tiin (*Tirhkohte 1:5, 8*). Thlarau Thianghlim thiltihtheihna chu zirtîrten Jerusalem-ah te, Judai leh Samari ram khaw tinah, kâwkil thlenga thuhretûa an tan theih nân pêk a ni ang (1:8).

Tirhkohte 1:12-14 chhiar la. Khâ ni sâwm chhûng khân zirtîrten eng nge an tih?

Khâ ni sâwm chhûng kha nasa taka thlarau lam inbuatsaihna hun angin kan ngaihruat thei a, chumi chhûng chuan zirtîrten Isuâ thiltih te, zirtîrta te leh thilmak tih an hriatte chu an inhrilh tlângin an intuâi thar a. Anni kha “rilru hmun khata thahnemngai taka tawngtaiin an awm reng” (*châng 14*) a ni.

"Thutiam famkimna an nghah lai chuan zirtîrte chuan simna dik tak nêñ an thinlung an phah hniam a, an rin lohnate an puâng bawk a. Kristan a thih hmâa A thusawite an han ngaiantuah chhuak leh a, a awmzia an lo hrethiam lehzual ta a ni. Thutak an theihngihilh tawhte pawh an hre chhuak leh a, hêngte hi an inhrilh tawn leh hlawm a. Chhandamtu an hriatthiam lohnate chu pawi an tiin an inthiam lo êm êm a. A nundân mak tak maite chu an mitthlâah a lo lang nawn leh zut zut mai a. A nun thianghlim dânte an han ngaiantuah chuan eng hnâ mah hi a hahthlâk lutukin an hre lo, eng inhlanna mah hi a ropui lutuk lo va, Kristâ nungchang mâuina chu an nunah lo awm ve thei se an ti ber mai a ni. 'Âw, kum thum kal ta kha lo kîr leh thei sela an tihdân tûr chu a va han dang tawh dâwn êm!' tiin an ngaiantuah thîn a ni. Hotupa chu han hmu leh thei sela Amah an hmangaihzia chu hmuhtîr an châk êm êm mai dâwn a, thû leh thiltiha an rin lohna an lo tilang tâte kha an inchhîr hlê mai a; amaherawhchu, ngaihdam nia an inhriat avângin an thlamuang a ni. A theih ang angin an rin lohna sual khuh nân khawvél mîte hnênah huaisen tako Amah tantu nih an tum ta tlat a ni.... An danglamma zawng zawngte dah bo va, chungnung ber nih duhna rilrûte dah bovin, Kristian inpâwlhonaah chuan an lo inhnaih tlâng ta êm êm a."—Ellen G. White, *Tirhkohte Thiltih*, pp. 30, 31.

I rinna chungchângah eng thilte nge tih that i châk ang? Hmalam hun tha zâwk nei tûrin hun kal taa i inchhîrna atangin eng nge i zir chhuah theih ang?

**THAWHTANNI
BABEL ATANGIN PENTEKOS LAMAH**

Isuâ vân lâwn hnâa thlarau lam inbuatsaihna nîte chuan Pentekos a thlenpui ta. Châng hmasa ber hian an

chunga Thlarau Thianghlim leih a nih hmâ chiah khân 'an zâin rilru hmun khatin' (2:1) hmun khatah an awm khâwm tih min hrilh.

Thuthlung Hlui hunah khân, Pentekos chu Israel mipa zawng zawngte an awm kim theuhna tûr, an kût pui pathum zînga a pahnihna a ni. Kalhlen kût atanga a ni sawmngânaah (Greek, *pentekoste*) an hmang thîn. Kût an hman laiin Hebrai mîten an nipui thlái thar hmasâte chu lâwmthu sawi nân Pathian hnênah an hlân thîn a ni.

Isuâ hunlaia Pentekos Kûtah khân Sinai Tlânga dân pêk (*Exodus 19:1*) pawh an lâwm tel thîn a nih hmel a. Chutiang chuan, hetah hian Isuâ chungchâng Kristian thuchahah Pathian dân hi la pawimawh zui zêlin, A thihna zârah Pathian dân bawhchhiat sim apiang tân ngaihdamna a awm tih kan hmû a ni. Ni hnuhnung chungchâng châng pawimawhte hian dân leh chanchin thâ an sawi tel hi a mak lêm lo: "Hetah hian mi thianghlim, Pathian thupêkte leh Isuâ rinna vawngtûte tân chhel a tûlzia a lang," tiin (*Thupuan 14:12*).

Sinai Tlânga Mosian Thupêk Sâwm a dawn a (*Exodus 19:16-25; Hebrew 12:18*) thil mak danglam thleng ang kha hê Pentekos-ah pawh hian a thleng nuâl mai. "Thâwklehkhatan vân atâ rî, thlipui leh angin a lo thleng ta phut a. Chu chuan an thutna in chu a tikhat ta vek a; lei te, amaha inseñ darhin, mei angin an hnênah a lo inlâr ta a. An chungah a chuâng theuh va, an zain Thlarau Thianghlimin an khat ta vek a, Thlarauvin a tawngtîr ang zêlin tawng dangin an lo tawng ta a," (*Tirhkohte 2:2-4*).

Tirhkohte 2:5-13 chhiar la. Hê thilthleng mak tak pawimawhna chu eng nge ni?

Pentekos kha kût hlimawm tak, LALPA thatna chunga lâwmthu sawina kût a ni a. Chûvâng pawh chu a ni ang zui

rûi tâ ni âwma dik lo taka sawisêl an nih tâk kha ni (*chang 13-15*). Mak taka tawng dangtea tawng leh hriatna an neihnaah khân, Pathian thiltihtheihna chu hmuh a ni. Hê kût hmang tûra Rom Lalram hmun tin atanga Juda mi Jerusalema lo kalte khân mahnî tawngin Messia, Isuâ thuchah chu an hre ta a ni.

Babel Insâng atanga lo awm tan tawng, chî leh hnam vânga inthenna chu thiat tûrin Pentekos khân mak takin a lo tanpui a. Mihring chhûngkua chu khawngaihna thilmak khân a lo phuâr khâwm tan leh a. Babel (Insâng) a hloh tawh A lalram nihphung chu khawvêl huâpin Pathian kohhrana inpumkhatnaa dinthar a ni leh ta a ni.

**THAWHLEHNI
INPÂWLHONAA INPUMKHATNA**

OCTOBER 30

Petera thusawi hmanga simna leh chhandamna chang tûra ngenna chhângin, Thuthlung Hlui lama Israelte hnêna thutiâmte famkimna, Isua chu Messia a ni tih chu mi sâng thum laiin an pawm a. Hêng mîte thinlungah hian Pathianin hnâ a thawk a. Mi tam tak chuan ram hla tak atanga Isuâ chanchin lo hriain, Amah hmuh beiseiin Jerusalem-ah an lo zin a. Thenkhat kha chuan Isua kha hmûin, Pathian chhandamna thuchah a sawite an ngaithlâ pawh a ni maitheie, a hnung zui tûr erawh chuan duhthlanna an siam mai lo. Pentekos-ah khân Pathian chu mak taka zirtîrte nuna lo chéin, Isuâ thawhlehna thuhretûahte a hmang a. Tûnah chuan Isuâ hmingin an sualte ngaihdamna an chang theih tih an hre ta a ni (2:38).

Tirhkohte 2:42-47 chhiar la. Ringtu inpâwlho an nih angin khâng Isua zuitu hmasâte khân eng thilte nge an tih? Hê inpâwlhonaa inpumkhatna hi engin nge siam?

Khâng ringtu tharte a huhova an inhman tlânnna hmasa ber chu tirhkohte zirtîrna zir vê kha a ni tih hi thil chhinchhiah tlâk tak a ni. Ringtu tharte thlarau thanna neihtîrna atân Bible zirtîrna a pawimawh a. Isua pawh khân a zirtîrte chu “thû ka pêk tâk che u zawng zawng” (*Matthaia 28:20*) zirtîr rawh u tiin thû a pê a. Tichuan khâng ringtu tharte khân zirtîrte hnêñ atangin Isuâ chanchin zir nân hun an hmang a. Isuâ nun leh rawngbâwlna te, A zirtîrna te, tehkhin thû te leh thusawi te bâkah, A thilmak tih te an ngaithla thîn a nih hmêl a; chû chuan zâwlneite thuзиaka Pathian thûte lo famkimna a sawifiah a ni.

Tawngtai leh chhang phel nân pawh hun an hmang ho bawk a. Chhang phel tih kha LALPÀ Zanriah kîl ho sawina nge, Tirhkohte 2:46-in a kawh ni âwma lang, chaw hlui kil ho hrim hrim sawina tih a chiang chiah lo. Inpâwlho sawina hian khâng mi tharte khân hunserh leh chibaibûk nân Jerusalem tempul leh an mi mal chênnâ inte pawh an hmang ho fo thîn tih a kâwk a. Inkâwm nêl takin nun an hmang a; ei leh in bâkah tawngtai ho pawh an ti thîn a. Tawngtai phei hi chu rinna inpâwlhona leh thlarau thanna a pawimawh hlê a ni. Khâng mîte khân [Pathian] chibaibûk nân hun an hmang thîn a. Chutiang thilte tih kawngah chuan an ‘dingnhet’ tih min hrilh.

Hetiang inpâwlhonaa dinnghehna hian Jerusalama mi dangte nêñ inkûngkaih tawnna thâ a siam a. Ringtu tharte chu “mi zawng zawng láwmzâwngin an awm” (2:47) tia an chungchâng sawi a ni. An nuna Thlarau Thianghlim hnathawh khân an vêla mîteah hû chaktak a nei a, Isua chu an Nghahfâk (Messia) a ni tih thutak chu thiltihtheihna nêñ an sawi theih phah a ni.

Inpumkhatna, inpâwlhona leh thuhretûa tan chungchângah heta entîrna atang hian eng thil nge in tuâlchhûng kohhran khân in zir chhuah theih ang?

**NILAINI
THILPHALNA LEH DUHÂMNA**

OCTOBER 31

Pentekos hnû lawka Isua zuitûte inpâwlhonain a hrin zînga pakhat chu an inchhawmdâwl tlânnna kha a ni tih Lukan min hrilh a. “A ring apiang chuan engkim an intâwm hlawm a, an rote, an sumte an hralh a, an châkkhai daih lek theuhvin an zâa hnênah chuan an sem thîn a,” (*Tirhkohte 2:44, 45*).

Khatianga thil intâwm tlân kha ngiat pawh a ni lo va, inpâwlhona ataka an chan zâra inh mangaih tlânnna atanga lo awm mai a ni. An inpumkhatzia ataka lanna pawh a ni bawk. Khatianga inchhawmdâwl tawnna ang chî kha eng emaw chen an nei a, chumi chungchâng chu Tirhkohte 4 leh 5-ah chiâng deuh zâwka târlan a ni. Thluthlung Thar hmun dangahte pawh kan hmû a, chû chu kan la en zui leh ang.

Chutiang nêna inzawmin Barnaba chanchin pawh târlan tan a ni a. A lan dânin, ani kha ram nei khawpa khawsa thei a ni. Kohhran that nân a ram neih chu a hralh a, a man chu tirhkohte hnê a rawn thlen a (*4:36, 37*). Ani kha entawn tûr atâna târlan a ni.

Tirhkohte 4:32-37; 5:1-11 chhiar la. Barnaba leh Anania leh Safiri-te nûpa rilru puthmang chu khâikhin ang che. Hê mîte nûpaah hian eng nge kal suâl ta?

Thlarau Thianghlim chunga dâwt sawina sual bâkah, hêng mîte hian duhâmna leh awhna an târlang a. Mahnihmasialna leh duhâmna âia únau inh mangaihna leh inpâwlhona boruak tichhe thei dang a awm âwm lo ve. Banaba khân kohhran hmasa boruâk a thalam a entîr lain, Anania leh Safiri-te nûpâ kha chu chutiang an ni vê sî lo. Luka pawhin zêp lo vin ringtûte zînga thil duhawm lo thleng chu dik takin a târlang hmiah mai a ni.

Thupêk Sâwma (*Exodus 20:1-17*) thupêk hnuhnung ber kha a dang ang lo takin, awhna chungchâng a ni. Thupêk dangte kha chu Pathianin mihringte awm dân tûra a duhsak bawhchhiatna lang thei lam a nih laiin, a hnuhnung ber erawh hi chu thinlung chhûngâ thuhrûk chungchâng a ni thung. Awhna sual hi chu pâwn lama chêtina ni lo vin, ngaihtuahna a ni. Awhna kawppui chiah chu hmasialna niin, mihring nihphung sual, hmuh mai theih loh sual a ni.

Hmasial taka chêt chhuahpui a nih chauhin hmuh theih a ni a, chutiang chu Anania leh Safiri-teah pawh a ni bawk. A nihna takah chuan, thupêk dang zawng zawngten an dem theuh chêtina ang chî chu thupêk hnuhnungah hian târlan a ni. An awhna hmangin Setana hneh nihna kawng an inhawn a, Pathian chungah dâwt an sawi phah a; Juda pawh kha awhna vângin khatieng khân a lo che vê rêng a ni.

Keimahnî nuna awhna awm hi kar phawng daih tûra kawng kan dap theih chu engte nge ni? Engati nge kan thil neih chunga (Pathian) fak leh lâwmthusawi hi hê suâl tihna laka invênnna chak tak a nih?

**NINGANI
RETHEITE HRERENG RAWH**

NOVEMBER 1

Kohhran hmasa huna an inpumkhatzia lan chhuah fona chu thil neih *intâwm tlân* kha a ni. Tirhkohte bu bung hmasa lama an thilphalzia târlan kha, Jerusalem-a mi rethei chhawmdâwl nâna Paulan Makedonia leh Akaia ram lama kohhran a dinte hnêna ngenna a siam thleng khân kan hmu zui zêl a (*Tirhkohte 11:27-30; Galatia 2:10; Rom 15:26; 1 Korinth 16:1-4*). Khâ thilpêk khân ringtu Jentail

mîte deuh hlîr awmna kohhrante meuh pawhin Jerusalem lama an ringtu ûnaute hmangaihin an ngaihsak a. Hnam leh chî zawnga danglam daih ni mah se Kristaa taksa pakhat niin, chanchin tha thuhmun tho ngaihlutûte an ni. Tlachhamte chhawmdâwl na khân kohhran chhüngä inpumkhatna lo awm reng tawh chu a târlang chauh ni lo vin, chû inpumkhatna chu a châwmnung bawk a ni.

2 Korinth 9:8-15 chhiar la. Korinth kohhranin a lantîr thilphalna ang chiin rah a chhuah tûr engte nge Paulan a sawi?

Kohhran hmasa huna inpumkhatna an neih ang chî kha tûnah pawh neih vê theih a la ni reng tho. Chutihlaiin, hmun tina ringtu zawng zawnget tum rënga inpêkna tel lo chuan a tanruâl theih tak tak loh. Kohhran hmasa huna hruaitûte kha chuan Kristaa inpumkhatna kha vawn nun kha an rawngbâwl naah an ngai a. Nû leh pâ leh fâte kâra inpêk tawnna hi tum rënga châwm nun tûr a ni a, chutiangin ringtûte zîngah pawh a ni tho. Kristaa inpumkhatna kan neih hi kawng hrang hranga châwm leh târlan a ni thîn.

Kohhran hmasa huna inpumkhatna châwm nungtu thil pawimawh chu: tawngtaina te, Pathian biak hona te, inpâwl hona te, hmathlîr thuhmun neih te leh Pathian Thû zirhona te a ni. Hnam zawng zawnge hnêna chanchin tha puân chu an rawngbâwl naah tûr a ni tih an hre chauh pawh a ni lo va, inh mangaih leh inngaihsak tlân chu an mawhphurhna a ni tel tho tih pawh an hre bawk a. An inpumkhatna chu an tuâlcchüng kohhran memberte chunga thilphal leh inchhawmdâwl tawnna hmangin an lantîr a; zâu zâwkin lam hla taka mîte chungah pawh.

“Mite tâna an thilphalna chuan Pathian khawngaihna chu a thlâwnin an dawng lo tih an lantîr a.

Chutiang thilphalna chu engin nge lo awmtîr thei le? Thlarau tihtianghlimmain a ni. Ringtûte leh ring lotûte mit hmuah chuan khawngaihna thiltih mak a ni.”—Ellen G. White, *Tirkhothe Thiltih*, p. 308.

Engtiang kawngtein nge nang leh in kohhran khân mi dangte chunga thilphalna atanga hlâwkna in lo têl tâk? Mi dangte tâna thil pe thînteng malsâwmna nge an dawn?

NGAIHTUAH TÛR: Chhiar tûr: Ellen G. White lehkhabu *Tirkhothe Thiltih*-a “Pentekos” pp. 30-40.

“Thlarau Thianghlim leih buakna avângin ringtûte chuan thilphalna an lo nei ta a. Chanchin thâa lo piangtharte chuan ‘rilrû leh ngaihtuah hmun khat’ an nei a. An hmâah an hlawhtlin theih nân duhzâwng thuhmun an nei ta a; an nunah chuan awhnain hmun a nei lo. Sum leh pai, rote âiin an ûnaute leh an hnâ chu an hmangaih nasa zâwk a. Lei hausakna âiin mîte thlarau chu an ngaisâng zâwk a ni tih an thiltihah a lo lang a ni.

“Pathian Thlarauvin mîte nun a luahkhah phawt chuan chutiang chuan thil a lo awm zîl ang. Kristâ hmangaihnain a luah khah thinlungte chu Amâ tih dân zuiin an lo awm ang. Ani chu keimahnî avângin rethei takin a lo awm a, kan hausak theih nân retheihna a lo tuar ta a ni. Tangka te, hun te, mi hnehtieihna thilpêk zawng zawnge hi Pathian kut atanga an hmuh a nih avângin chanchin tha hnâ tihhmasâwn nân chauh an ngaihlû dâwn a ni. Chutiang chuan kohhran hmasâte nunah a lo awm a. Tûnlai kohhranah pawh hian member-te chuan Thlarau thiltihtheihna khawvél thil duhnate chu an kalsan ang a, an mihring puiten chanchin thâ an lo

hriat vê theih nân an lo inhlân phal bawk ang a, tichuan thutak an puan chuan a ngaithlatûte chu NASA takin a lo hneh tawh ang.”—Ellen G. White, *Tirhkohte Thiltih*, pp. 62, 63.

SAWI HO TÛRTE:

1. **Kohhran hmasa huna inpumkhatna an neih theih nâna thil pawimawh deuh deuh kha engte nge ni? Engtin nge tûnlai kohhrante hian chutiang chu kan tih vê theih ang?**
2. **Engtin nge Thuthlung Thar huna kohhrante khân Jerusalema mi retheite chhawmdâwlna tûr phal taka an thawh kha entawnah kan hman theih ang? Vântlâng nuna thu inchuh dangte kha engtin nge ni ang? Engtin nge tuâlchhûng kohhrante hian an chhehvêla retheihna ûmbo tûr leh mamawh zuâlpui phuhrûk kawngah an inhman vê ang?**
3. **Anania leh Safiri-te chanchin duhawm lo tak atang khân eng zirlaite nge kan zir chhuah theih ang? Tirhkohte 5:5, 11-a mi pahnih thihna chungchânga kohhranin an ‘hlâu ta êm êm’ tih thu pawimawhna chu eng nge ni?**

KHAIKKHÂWMNA: Thlarau Thianghlim súrtîrna tûr tiâm lâwk tlentîrna tûra Isuâ zirtîrte chu tum rênga an inbuatsaih avângin kohhran hmasâah chak taka thanna an tawng a. Pentekos lo thlenna tûra an thinlungte buatsaih nân Thlarau Thianghlimin an inpâwlhona leh rinna hmun khat an nihna chu a hmang a. Pentekos hnâuh pawh Thlarau Thianghlimin hê pâwl thar hi a siamtha chho zêl a, chû chu mi dangte chunga thilphalna leh kohhran lo pun chaknaah târlan a ni.

ZIRLÂI 6-na

November 3-9, 2018

INPUMKHATNA HMÊLHMANG

CHÂNGVAWN: “Taksa hi pumkhat a ni a, pêng tam tak a nei a, taksa pêngte zawng zawng chu tam mah sêla, taksa pumkhat a ni sî a; Krista chu chutiang bawk chu a ni,” (*1 Korinth 12:12, NKJV*).

SABBATH CHAWHNU

NOVEMBER 3

Chhiar tûrte: *Exodus 19:5, 6; Sam 23; Johana 10:1-11; 1 Korinth 3:16, 17; 12:12-26; Ephesi 2:19-22; 1 Petera 2:9.*

BIBLE zirtu tawh phawt chuan entîrna leh hlimthlâ a hmang nasa hlê tih an hria a; chûng chuan entîrna leh hlimthlâ âia thil ropui zâwk daihte an entîr thîn. Entîr nân, Bible-a inthâwina kalhmang pum pui khân thil ropui zâwk fê: Isua leh chhandamna ruâhman pum pui chu a lo entîr a ni.

Bible hian hlimthlâ leh ngaihruât theih thil chi hrang tam tak a hmang a, a châng chuan thil tlânglâwn tak tak—tui te, mei te, leh thlite pawh a hmang a. A hman dân azirin, hêng hi thlarau lam leh Pathian thuzirna thutakte a entîr a. Entîr nân, Isuan, “Thlî khawiah pawh a duh duhin a tleh thîn, a rî i hria e, nimahsela khawi atanga lo kal nge, khawiah nge a kal dâwn tih pawh i hre sî lo; tû pawh Thlarauva piang chu chutiangin an awm,” (*Johana 3:8*) a tih khân, thlî chu Thlarau Thianghlim entîr nân a hmang a ni.

Kohhran chhûnga inpumkhatna awm ang chî ngaihruât nân Bible-in thil chi hrang hrang a hmang a, chû inpumkhatna chu Pathianin khawvêl hmâa lantîr tûrin

min ko a ni. Kohhran inpumkhatna hi mi mal ngawt chuan a phur chhuak zo lo va, a huho erawh chuan thil tam tak a târlang thei thung a; chûng zîngah chuan Pathian leh kohhran inlaichinna te, member-te inkûngkaih tawnna te leh, kohhran leh khawtlâng inlaichinna lamte pawh a tel thei ang.

Tûn kâr zirlai hian chûng ngaihruâtna thil thenkhatte chu min enpuuin, Kristaa inpumkhatna chungchâng chu min târlansak dâwn a ni.

**SUNDAY
PATHIAN MÎTE**

1 Petera 2:9; Exodus 19:5, 6; Deuteronomi 4:20; 7:6 chhiar la. Hêng chângte hian Pathian mîte dinhmun bîk chungchâng eng nge an sawi?

Kohhran hi a mipuite a nih laiin, mipui chi tin sawina chu a ni lo. Kohhran chu Pathian mîte, Pathian chu an Pâ leh Chhandamtua chhâl a, Kristan a tlan, A thuâwihtûte an ni. Héi hian chhandamna ruâhman puân chhuah a nih atanga tanin, Thuthlung Hlui huna Israelteah chhunzawm zélin, Thuthlung Thar huna kohhran thlenga hê leia Pathian mîte a kâwk a. Adama hun atangin, Tuilét hmâ leh hnúa thlahtubulte leh Abrahama hnênah pawh, Pathianin a mîte chu thû thlunpuiin, anni chu khawvél hnêna a hmangaihna, zahngaihna leh rôldikna târlang tûr an ni.

Pathian mîte chu ‘hnam thlan’ te, ‘lal puithiam chî’ leh, ‘hnam thianghlim’ tih an ni a. Hei hian ruâhman neia serh hran an ni tih a kâwk a; chû chu: “thim atâ chhuak a, a êng mak takâ lüt tûra kotu che u thatna chu in entîr theih nân” (*1 Petera 2:9*) a ni. Hei pawh hi Exodus 34:6, 7-a târlan anga Pathian chu khawngaih thei tak a ni tih sawi nawnna a ni. “Pathianin kohhran chu a chhûnga member-H-5

ten anmahni nuna A nungchang hlu takte pû a, mi zawng zawng hnêna A thatna leh zahngaihna an puân chhuah theih nân Amâ ta puâl ni tûrin a duh a ni.”—*The SDA Bible Commentary*, vol. 7, p. 562.

Deuteronomi 7:6-8 chhiar la. Abrahama thlahte Pathianin a thlanna chhan kha eng nge ni? Engtin nge hei hi tûnah pawh bel theih a la nih cheu?

Tûnlai khawvélah hian eng ram hian nge ‘hnam thianghlim’ (kohhran sawina dang) tih chu phû ang tiin kan inzâwt pawh a ni mahnâ. Khawi mahin. Hnam leh chî zawng zawngte hi tû mah Pathian hmangaih leh khawngaihna phû rôeng an awm lo. Bible chuan mi thianghlimte ni tûr chuan min ko nân, Israelte thlan leh dinngheh an nihna pawh kha mihringen A hnêna thil thâ an tihsak theih lam ni lo vin, A hmangaihna behchhan chauha tih a ni. Pathian mîte din an nihna kha—an hnam chu suâl leh kalsual an ni chungin—hmangaihna vânga din an ni a, Abrahama thlah, Krista hmangin A mîte a la chhandam dâwn tih Pathian thutiam hlenchhuahna a ni. Pathian mîte thlan an nihna chu A khawngaihna thiltih a ni ang khân, chhandamna pawh chutiang tho chu a ni a. Hê thupui hian kan tobul, phû loh Pathian khawngaihna chu min hriatchhuahtîr thîn a ni.

Engati nge hê thutak thianghlim, kan chhandamna hi Kristâ thil min tihsak tâk chunga innghat a ni a, ‘Pathian mîte’ chu ni mah ilang, keinî tâna thil kan tihtheih chunga innghat a ni lo tih hi hre reng tûr kan nih?

**THAWH TANNI
PATHIAN CHHUNGTE**

Thuthlung Thar lama Pathian mîte sawina dang leh chu in emaw, Pathian chhûngkua tih emaw hi a ni. Hei

hian in sakna hmanruate chu entírnaa hmangin kohhran chhûnga chéng mihringte inlaichin tawn leh, inrinchhan tawn dán chu a târlang a. Peteran Kristiante chu ‘lung nungte’ (*1 Petera 2:5*) tiin a sawi a. Hê entírna hian tlo leh sakhat a nihna pawh a târlang bawk.

Ephesi 2:19-22 chhiar la. Hetah hian Paulan eng thupui nge a sawi uâr? Chû chuan kohhran chhûnga inpumkhatna chungchâng eng nge min hrilh?

Hê thû-ah hian Paulan kohhran nihna kawng hnih a sawi a: pakhat chu che thei lo, biak in; a dang leh chu thil nung, kohhran mîte an ni.

Lung ngawt chu thil hlu tehchiam a ni lo va; mah se, lung dangte nêna châr zawm a lo nih chuan thlipuiah pawh a ding nghet thei ta mai a. Kristian tû mah mahnia lung ni thei an awm lo va, Pathian chhûng zînga mi dangte nêna inpâwl ho ngéi tûr an ni. Ding nghet tûr chuan lungphûm nghet chunga rem a ni tûr a ni. Isua Krista chu hê lungphûm leh Pathian ina ‘a kila lungphûm’ (*1 Korinth 3:11* en la) chu a ni. Kohhran hian Krista chu a kila lungphûma a hman loh chuan a tlú thuai mai ang. Kohhran hi Isua Kristâ nihna: A nunna, thihna, thawlehna leh lo kal lehna tûr chu a ni ber mai. Kohhran hi ringtûte pâwla insiam, khawvél hnêna Isuâ chungchâng chanchin thâ puang tûra tangruâl tûr a ni. A thupui pawh Isua niin, A nihna te, kan tâna thil min tihsak tâkte leh, keimahnia a tih mêm te, Amah chu LALPA leh Chhandamtua pawm duh apiangte hnêna a thil pêk tûmte chu ngaihtuah ber tûr a ni.

Chhûngkua anga ngaihruât pawhin awmzia a nei hlê. Chhûngkaw member-te zînga inlaichin tawnna hrang hrang: nû leh pâ te, ûnau farnu leh nutâ te an awm a. Chhûngkaw inlaichinna hi a ng het hlê a, inlaichinna dang

zawng chu a khûm vek a ni ber mai. Rinawm tlân a ngai a, chumi tel lo chuan engtin nge inpumkhatna a awm theih ang ni?

Engtin nge chutiang chu kohhran nêna a inkûngkaih? Kohhran pawh hi chhûngkaw hung tak ang a ni vê tho mai a. Adama thlah kan nih tlân theuh vânga inkûngkaih lek kan ni lo va, ‘piantharna’ nun neiin Adama pahnihna, Isua nêna inkûngkaih tlâng kan ni bawk a. Chuvâng chuan thurina thutakte vâng mai ni lo, piantharna Isuâa nun thar a taka chang tlângte kan nihnaa inpumkhat kan ni.

Thil pawi tak chu, mahní chhûngkuaa mîte nêna hê thil ropui kan chang theuh sî lo hi a ni. Chûng mîte tân chuan hei hian awmzia vak a nei lo maithei e. Chutichungin, engtin nge kohhran hi thil duhawm tak kan tawn vêna chhûngkua a lo nih theih ang?

**THAWLEHNI
THLARAU THIANGHLIM TEMPUL**

NOVEMBER 6

Paulan ngaihruatna dang a hman pakhat chu Pathian/Thlarau Thianghlim tempul tih a ni a, in sak hautak leh hlu tak a ni. *1 Korinth 6:19*-ah kan taksa hi Thlarau Thianghlim tempul a nih thû sawiin, hmânmai Bible ram vêla hmun thianghlim leh hlu ber, Pathian tempul sawina ang chu a hmang a ni.

1 Korinth 3:16, 17 chhiar la. Kohhran chu Thlarau Thianghlim tempul a ni tih hi eng nge a awmzia? Châng 17-ah eng vaulâwkna thû nge min pêk?

Paulan ‘Pathian in’ a tih hian a rilrûah tempul emaw, Pathian chénna hmun emaw a kawhtir lo tih a

chiang a. Greek Thuthlung Thar bu lamah chuan, mi pakhat blik sawi nana ‘i tih leh mi tam zawk sawi nana ‘in’ hmanna hi a inang chiah lo. Hetah hian a hnuhnung zawk hi hman a ni a, chû chuan a huho a kâwk a; Korinth khuua Kristian fuân khâwm chu Thlarau Thianghlim tempul niin, an zingah Pathian a chêng tihna a ni.

Paula ngaih dän chuan Kristian inpâwlhonaah Pathian a lo chêng a, chuvâng chuan hê inpâwlhona tihchhiat tumabeitûte chuan rorêlna nghawng hlauhawm tak an tuâr dâwn a ni. Ringtûte inpumkhatna hi an inpâwlhona leh hê tempula Pathian chêncihlnaa innghat a ni. Hê châng hi taksa enkawl kawnga fimkhurna lam sawi nân hman a ni fo (chû chu Kristiante tih tûr chu a ni vê rêng) nain, chû chu heta Paula sawi tum tak a ni lo. A thuchah chu kohhran inpumkhatna tichhiat tumabeitûte hnêna vaulâwkna thû a ni zawk.

Hê bungah tho hian Paulan inpumkhatna tiderthâwng thei anga a ngaih chu a târlang tawh a: “In zingah ïtsikna leh inhnialna a awm thîn,” (1 Korinth 3:3) tiin. Hetiang rilrû leh nungchang put hi Kristian inpumkhatna tichhetu niin, tempul atangin Pathian chêncihlna lâk kian a ni thîn. Tawngkam dang chuan, kohhran chhûnga inngahirngthonain Pathian tempul a tichhe thei tihna a ni. Chuvâng chuan inpumkhatna tichhe thei rilrû leh nungchang pu lo tûrin member-te chu a duh a ni.

Kohhran chhûnga intihthiam lohna a chhuah chângin, Korinth mîte hnêna Paula thurâwn hi a taka nunpui tlâk a ni. “Unaute u, in zain thu thuhmun in sawi a, inzinga inthenna rêng a awm lohna tûrin, rilru hmunkhat leh ngaihtuahna hmunkhata fel taka in inzawm tlat zawkna tûrin kan LALPA Isua Krista hmingin ka ngén a che u,” (1 Korinth 1:10).

Ïtsikna te, intihbuaina te leh inthenna—hêngte hi Paula hunlai chauha kohhranin harsatna a hmachhawn a ni lo. Tûnlai pawhin a awm reng tho. Hetiang harsatnate hian kan inpumkhatna tiderthâwng lo va, chin fel kawng zawng tûrin eng nge tih theih kan neih?

**NILAINI
KRISTA TAKSA CHU**

NOVEMBER 7

Kohhran hmêl lan mâwi dän ber leh a inpumkhatna sawi fiah tha ber chu: Kristâ taksa pêng hrang a nihna hi a ni maihei e. “Taksa hi pumkhat a ni a, pêng tam tak a nei a, taksa pêngte zawng zawng chu tam mah sela, taksa pumkhat a ni sî a; Krista chu chutiang bawk chu a ni. Chutichuan, nangniho hi Krista taksa chu in ni a, a pêngte in ni theuh bawk a,” (1 Korinth 12:12, 27).

Taksa pakhatin pêng tam tak a nei a, chûng chuan hnathawh hrang an nei theuh ang hian, kohhran Kristâ taksa a nihna pawh chutiang chu a ni.

1 Korinth 12:12-26 chhiar la. Engtin nge hetianga taksa pakhat pêng tam tak nei a nihna hi in tuâlchhûng kohhranah in bel ang? Khawvél pum huap Seventh-day Adventist Kohhranah engtia bel tûr nge ni ang?

1 Korinth 12-a Paula zirtîrna hian Kristian inpumkhatna dik tak chu, danglamna kârah pawh inpumkhatna a ni tih a sawi a. Danglamna kâra inpumkhatna hnâr chu Thlarau Thianghlim a ni tih hi mak kan ti lêm tûr a ni lo. Mihring taksa pawh chi hrang tam tak a ni chunga mak taka an thawk tlâng thîn ang hian, Kristâ taksa pawh chutiang tûr chu a ni. A chi hrang danglam tak tak a nihna zârah Kristâ taksaa famkimna leh hausakna chu lantîr a ni sî a.

Chutiang chuan kohhran nihphung chu hriattir kan ni a. Chhuán liam ta eng emawti chhüng khân Seventh-day Adventist Kohhran hi namén lo vin kan pung chak a. Kohhranah hnam hrang leh chi hrang, mi chi tin rēng an lo lüt a; mahse, chüng inan lohna avânga Kristâ takâ thenhran chu kan phal ngai lo. Eng pawh ni se, hê danglamna hi inpumkhatna tlentir tûrin Thlarau Thianghlim thununna hnuaiah kan tulüt tûr a ni; chû chuan chutiang danglamna kârah pawh chuan Kristâa inpumkhat tlâng vek kan ni tih thutak chu a târlang a ni.

Kan hmuh tâk ang khân, kan nihna bâkah pian leh mûrma chu eng pawh ni se, kraws bulah chuan intluk tlâng vek kan ni. Kan khawvél hi a inthen hrang nasa tiâl tiâl a; mahse, kohhran hian danglamna kârah pawh inpumkhatna neih theih a ni tih a târlan tûr a ni. Pathian mîte chuan chanchin tha hmanga tihdamna leh inremna chu a entîr thei a ni.

Mak takin, chutiang thil duhthusâm tlentir dân tûr chu Paulan min hrilh a. "Krista chu kohhran ho lû a ni a, amah ngei taksa chhandamtu a ni sî a," (*Ephesi 5:23*). "Ani chu taksa (chu chu kohhranho) lû a ni a," (*Kolosa 1:18*). Ringtu tinte chu thlarau lama Krista zawmtu theuh an ni a, chaw thuhmuna châwm an ni theuh bawk. Chuvâng chuan Pathian Thu zir leh Thû atanga kan thil zir zawm zêl leh, Kristâ taksaa inpumkhat nâna chibaibûk leh tawngtaina neih pawimawhna hi sawi uâr lutuk tih a awm thei lo vang.

NINGANI

BERÂM LEH BERÂMPÛ

Johana 10:1-11 chhiar la. Heta kohhran entîrnaah hian berâm huâng a khawi laite khân nge inpumkhatna han phur chhuak deuh ang? Sam 23 en bawk la.

Tûnlai khawvél khawpui lianahte chuan, ran vulhna hmun pui hmuh tûr a vâng ta a. Mi tam zâwk chuan berâm leh berâm pu inlaichin dân pawh an hre meuh lo. Chutichungin, Isuan hê tehkhin thû a sawi lai kha chuan mîten Amah chu an hrethiam viau thung a. "Berâmpui thâ ka ni," a tih pawh khân, Sam 23 thû "LALPA chu min vêngtu a ni" tih a sawi tih hriain, an ngaihlû rêng a ni. A sawi tum a chiang chauh ni lo vin, rirlû a khawih nghâl hlê bawk. Hmânla Bible ram vêlah chuan, tûnlaiah pawh a la ni deuh tho va, berâmpûte chu an berâm enkawl kawngah an impezo hlê a; chona chu eng pawh ni se an hmachhawn zêl mai a ni. Pathian nungchang leh A mîte nêna an inlaichin dân Bible-a sawina duhawm ber pakhat chu berâmpû hi a ni.

Pathian mîte berâm ruâl anga sawi pawh hi a ngaihnawm a. Berâm kan hriat dân chu pawisawi lo leh mahni invêng him thei lo a nihna hi a ni thîn a. Vênhim leh kaihhruai kawngah berâmpuah an innhat nasa hlê. Ran â tak anga ngaih an ni bawk. A châng chuan berâmte hi an vâk bo va, berâmpûin huâng lama a khâlh hâwn lehte a ngai thîn. A notê phei chu koki chhuân leh dimdâwi an ngai thîn. Berâm enkawl tûr chuan chhel leh dawhtheih ngai tak a ni a. Kawng tam takin hei hian kohhran a entîr a. Kohhran hian eng mah hlauh tûr chu a nei lo va; mahse, Berâmpû nêna inlaichinna hlâwpui loh mawlh chu a hlâu tûr a ni.

Isuan a tehkhin thu sawiah berâmin a pû âw a ngaihthlâk a pawimawhzia uâr takin a sawi a. Eng emaw chângte phei chuan, berâm ruâl tlêm deuhte chu huâng khung khâwma vân him a ngaih hunte pawh a awm thîn. Engtin nge an thliâr hran leh tâk ang? Chutiang ti tûr chuan berâmpû chu huâng kawngkâa dingin a berâmte chu a ko va. A berâmte chuan a âw hriain an pan khâwm mai thîn a

ni. “A tâ zawng zawng a chhuahtîr vêleh, an hmâ a hruai a, berâmte chuan amah an zui thîn a, a âw an hre sî a,” (*Johana 10:4*).

Kohhran tân Berâmpu âw ngaihthlâk hi a pawimawh hlê a ni. Dik tak chuan, Pathian mîte himna leh inpumkhatna chu Amah an hnaih leh inpahhniam taka A âw an âwih dânah a innghat a ni.

Miten berâma inchan hi an lâwm vak lo thîn. Chutichungin, engati nge thil inhmech tak chu a nih si? Hei hian Berâmpû kan mamawh bâkah A âw kan âwihi a ngaihzia eng nge min hrilh?

ZIRTAWPNI

NOVEMBER 9

NGAIHTUAH TÛR: Chhiar tûr: Ellen G. White lehkhabu *Chatuan Nghahfâk-a* “Pathian Berâm Vêngtu” pp. 536-543.

“Jerusalem tempul emaw hmun tin hmun tanga Greco-Roman insakte emawte behchhanin, Thuthlung Thar ziaktûten kohhran thianghlimna ringtûte mitthlâ thiamtîr nân tempul an hmang thîn a. Kohhran din leh thantîr tûra Pathian chêtina te, Krista leh Thlarau hnathawh kalphung te, kohhran chhünga ringtûte inpumkhat dân sawi nânte pawh hman a ni tho bawk. A biak in hi chuan thil che sawn lo a kâwk a ang a. A entîrna hman dân erawh hi chu pun belh zêl lam a kâwk zâwk a ni. Sak zawh tawh ang chî ai chuan sak chhunzawm zêl chu min mitthlâtîr a. Kohhran chu ‘Pathian nung tempul’ (*2 Korinth 6:16*) a nihna thû leh, nunna chu inngaitlâwm taka pawm tûra hamthatna pêk a ni.”—John McVay, “Biblical Metaphors for the Church: Building Blocks for Ecclesiology,” in Angel Manuel Rodriguez, ed., *Message, Mission, and Unity of the Church* (Hagarstown, Md.: Review and Herald[®], 2013), p. 52.

SAWI HO TÛRTE:

1. Bible-a kohhran entîrnate târlang la. A khawi chuge i duh deuh ber? Engati nge chû chuan a hîp deuh bîk che? Hêngahte hian a hmuh theih nuâl ang: 1 Timothea 3:15; 2 Timothea 2:3-5; 1 Petera 2:9. Kohhran chungchâng eng thil dangte nge hêng chângte hian an zirtîr?
2. “Pathianin A mîte chu Kristian inpâwlhona duhawm thei ang bera inpumkhat tûrin a duh a: kohhran hmuingil nân kan ûnaute rinngam hi a pawimawh a, sâkhaw buaina tangruala chêt ho hi a pawimawh bawk. Fing lo taka pên khat pên, fîmkhur lova chêt vângin kohhranin harsatna tâwkin, chû buaina atang chuan kum eng emawti chhüng a dingchhuak leh lo maihei a ni.”—Ellen G. White, *Testimonies for the Church*, vol. 3, p. 446. **Hei hian kohhran inpumkhatna vêngim tûra fîmkhur a ngaihzia eng vaulâwkna thû nge min zirtîr? Hê mawhphurhna thianghlimah hian eng chanvo nge kan chan theuh?**
3. **Sunday zirlai khân Pathian mîte ni mah ila, cħhandamna atân Pathian rinchhanin, mahni kan inrinchhan ngai tûr a ni lo tih uâr takin a sawi a. Pathian thatna kan rinchhan zârah ‘Pathian mîa siam kan ni’ tih hi i hniâl thei dâwn em ni? Engati nge thu dik a nih?**

KHAIKHÂWMNA: Kohhran nihphung leh rawngbâwlna sawi nân Thuthlung Tharin entîrna hrang hrang a hmang a. Pathianin A mîte vêngin a huâlhim thîn tih pawh min zirtîr bawk. Hêng entîrnate hian Pathian mîte chu intlhun zawm tlâng leh, koh kan nihna hnâ chu hlen tûra kan thawh ho a ngai tih min zirtîr.

Zirlai 7-na**November 10-16, 2018****BUAINA A LO CHHUAH HUNIN**

CHÂNGVAWN: “In zînga Kristaa baptisma chang apiangte kha Krista chuan in inthuâm tawh sî a. Chutah chuan Juda mî emaw Grik mî emaw a awm theih loh a, bâwih emaw, bâwih lo emaw a awm theih loh a, mipa emaw hmeichhia emaw pawh a awm theih hek loh; Krista Isua-ah chuan in zain pumkhat in ni sî a” (*Galatia 3:27, 28, NKJV*).

SABBATH CHAWHNU**NOVEMBER 10**

Chhiar tûrte: *Amosa 9:11, 12; Mathaia 5:17, 20; Tirhkohte 6:1-6; 10:1-28; 11:3-24; 15:1-22.*

KRISTIANTE zinga thil harsa ber pakhat chu, kohhran nihna leh rawngbâwlna tûr chungchâng ngaih dân hrang hrang nei kâra inpumkhatna vawn nun reng hi a ni. Hêng thila danglamnate hian chhiatna râpthlâk tak a thlen thei a ni.

Tûnlai huna Kristiante pawh hi Thuthlung Thar huna kan hmuhte ang tho kha an ni mai. Mipui chu mipui an ni miâu va, thil pawimawh tak takah ngaih dân inang lo a lo la thleng zêl ang. Kristian hmasâte zîngah pawh khân, mi mala inngaihtheih lohna avâng te, Thuthlung Hluia chanchin leh thil lo tih than pawimawh tak tak hrilhfiah dân inan lohna avângte pawhin inhriatthiam lohna a lo chhuak a. Tirhkohte leh hruaitûte khân chik taka ngaihtuah a, Thlarau Thianghlim leh Pathian Lehkhathû hruaina hmanga chinfel dân kawng dap lo se chuan,

kohhran hmasâ kha a tiah hlimah khân a hmuih ral leh nghâl mai ang.

Zirlai hmasa lamah khân kohhran hmasain kohhran inpumkhatna engtin nge an lo neih tih kan zir tawh a. Tûn kâr chhûng hian, chû inpumkhatna tiderthâwng leh nuâi chhe thei tûr chhünglam atanga lo chhuak, inbeihna kohhranin a chinfel dân chungchâng kan zir dâwn a. Chutiang inbeihna chu eng ang nge ni a, engtin nge chinfel a nih a, engtin nge an thil paltlang atang khân zirlai kan zir vê theih ang?

**SUNDAY
CHÎ LEH CHÎ INTHLIARNA**

NOVEMBER 11

Tirhkohte 6:1 chhiar la. Kohhran hmasa huna hmeithaite hnêna chaw sem dân chungchângah eng ang phunnâwina nge lo chhuak?

Kristian hmasâte zîngah mi thenkhat khân an zîngah Grik hmeithâite kha an ngaithei vak lo niâwmin a lang a, an chaw chanvo sem dânah Hebrai hmeithâite âiin an sem tlêm deuh a. Chutianga hleih neihna anga lang chuan ringtu hmasâte zîngah khî a siam a. Hleihneihna chu a awm ngîi em tih Bible-in a sawi chiah lo. Mi thenkhatin chutiang chu niin an ngai tih a sawi. Chû chuan ringtû hmasâte zîngah inpumkhatna a tiderthâwng nghâl mai a. Chi inthliärna chu kohhranah a va chhuak hmâ êm! Tirhkohte 13:12 thû hian chutianga piangtar ta chanchin chu min hrilh chiang hlê a ni.

Tirhkohte 6:2-6 chhiar la. Khâ inhriatthiam lohna kha ching fel tûrin engtin nge kohhranin hmâ a lâk nghâl?

Kohhran hmasâ kha a thang duâng hlê mai a, chû chuan tirhkohte phurrit pawh a belhchhah nghâl a. Rawngbâwltu (deacon) pasarih ruât zui nghâlna khân Jerusalem kohhran phurrit chu a chhâwk a, kohhran rawngbâwlinaah pawh mi tam zâwk an inhman theih phah ta a ni.

Tirhkohte khân ringtûte zînga Grik tawng hmangtûte phunna chu chîk takin an ngaihthlâksak a, a chin fel dân tûr pawh an zâwt nghâl a. Tirhkohte tanpuitu tûr mi pasarih thlan chhuah chu hêng mîte kuta dah a ni a; tichuan Grik tawng hmangtûte zawng zawng chuan zirtîr mi pasarih chu an rawt ta a. Chûng mîte chu ‘mi hming thâ, Thlarau Thianhglim leh finnaa khat’ (*Tirhkohte 6:3*) tih an ni. Khatih hun thlenga tirhkohte rawngbâwlina chu Pathian Thu hril leh pâwl hniha inthen hmeithaite chaw chanpual sem a ni. Chanchin tha puân darh rawngbâwlina hlu tak kha an ti theuh bawk. Lukan ‘rawngbâwlina’ leh ‘rawngbâwlsak’ (*diakonia*) tih thumal hi tirhkohten Thu hril hnâ an thawh (*châng 4*) sawi nân leh rawngbâwtûten chaw sem hnâ an thawh sawi nân (*châng 1*) pawh a hmang a ni.

Harsatna chin felna tûr kawng dap a hrugitûten mipui a tam thei ang ber an ko khâwm khân eng pawimawhna tak nge a neih?

**THAWHTANNI
JENTAILTE PIANTHARNA**

Isua Kristâ chanchin tha lama Jentailte an lo piangthar ta kha, Tirhkohte bûa thilthleng pawimawh tak, kohhran hmasa nuna buaina namén lo thlen a, a rawngbâwlina leh dinna chena dinhmun hlauhawma awmtîrtu a ni.

Tirhkohte 10:1-23 chhiar la. Jentailten chanchin thâ an pawm theih nâna an thinlunga thawktu chu Thlarau Thianghlim a ni tih eng thilte nge hê thû hian a târlan?

A inlârna hmuh kha Petera tân a mak ngawt ang. Dânin a ngiat angin ani khân thiang lo leh chaw bawlhhlawh a ei ngai sî lo va, ani ang Juda rinawm tân chuan thin a thâwng thei viau ang (*Leviticus 11; Ezekiel 4:14; Daniel 1:8 en la*). Hê inlârnain a tum erawh chu ei leh in lam a ni lo va, chanchin tha thehdarh zêlna tûr dâltu Juda-te leh Jentailte inkâra dâidanna bang thiah thû a ni zâwk. Chutiang dâidanna chu tûnlai ang tho hian hmânlai pawh khân a lo hluâr hlê a ni.

Chhuâñ hmasa ber hunah kha chuan Kristiante kha Juda mî an ni tlângpui a, chûng mîte chuan Thuthlung Hlui hrilhlâwkate angin Isua chu tiâm lâwk Messia a ni tih an pawm a. Khâng Isua ringtu hmasâte kha Juda rinawm, zirtîrna an dawn anga dân zâwm tha takte an ni. Anni kha chuan Thuthlung Hlui thûte kha Isua Kristâ chanchin thâin a nuâi bo ta angin an ngai vê lo (*Matthaia 5:17-20*).

Tirhkohte 10:28, 29, 34, 35 chhiar la. Joppa khuaa inlârna a hmuh awmzia eng nge Peteran a hriathiam tâk? Chutianga a hrilhfiah tâkna chhan chu eng nge ni?

Tirhkohte-a thil thleng kan hmuh chu, Thlarau Thianghlimin Kristian inpâwl honaa Jentailte pawm an nihna atâna kawng a buatsaihsak chu a ni. Serh tan leh Juda mî ni hmasa kher lo vin chû chu an ti thei a. Pentekos nî-a Isuâ zirtîrten an chan tâk ang tho Kornelia leh a ina mîten an chang vê ta mai tih a hmuh atang khân, chû chu

Pathian thil ruâhman a ni tiyah Petera leh a thiante chu an hmin ta a ni (*Tirhkohte 10:44-47*). Judente hnêna pêk a nih ang tho va Jentailte hnêna Thlarau Thianghlim pêk a nih vê sî chuan, Isua kha Messia chu a ni tih ring tûrin serh tan hmasak kher a ngai lo tih a chiang a. Hemi chungchâng thutlûkna siam thû-ah hian Kristian hmasâte zîngah inhniâlna NASA tak a chhuak a ni.

THAWHLEHNI
THLARAUVIN A HRUAI ZÊL

Kaisari khuaa Kornelia-te chunga thil tleng thû khân Jerusalema Kristian hruaitûte hnêna a tleng thuai a, Petera chu thil chinchâng sawi fiah tûrin an ko nghâl a. Petera chêt dân kha an lâwm chiah lo, a chhan chu anni Judente hriatthiam dân chuan Mosiâ Dânin Juda rinawmte chu Jentailte hnêna ei leh in a khap tlat sî a ni (*Tirhkohte 11: 3*).

Tirhkohte 11:4–18 chhiar la. Thlarau Thianghlim hna thawh dân leh hê thilthleng atâna A hruai dân tih fiah nân eng nge Peteran a sawi? Thilthleng chungchâng a sawi khân eng chu nge sawi chiân a tum ber?

Petera chêt dân leh Jentailte baptismal chantir tûra thutlûkna a siam chungchâng mi thenkhatten zawhna an siam náin, Pentekos ang tho khân Thlarau Thianghlim chuan A chêncilhna rawn lantirin, a nemnghet a ni tih hriatpuit tam tâwk an awm sî a (*11:12*). Hê thila Thlarau Thianghlim kaihhruaina leh awmpuina chu phat ruâl a ni lo va, thilthlâwnpêk chu pawmpui a ni ta bawk. “Chûng thû chu an hriatin an ngâwi ta a, ‘Chuti a nih chuan Pathianin Jentailte pawh nung atân sim a phal ta a nih tak chu,’ tiin Pathian an fak ta a,” (*châng 18*).

Tirhkohte 11:19–24 chhiar la. Kohhran hmasa nuna thil tleng dawt leh chu eng nge ni?

Jerusalem mi thenkhat chuan ‘Kornelia leh a chhûngte chunga thil tleng kha chu thil bîk deuh a ni a, khatiang kha chu tih nawn leh tawh loh tûr’ an ti a. Mahse chû chu Thlarau Thianghlimin a tum dân a ni lo. Isuâ zirtirten Stefana thih hnûa lo chhuak tihduhdahna avânga Jerusalem leh Judai ram biâl pâwna tlân darh a, Samaria te, Foiniki te, Kupra leh Antiokei lama an kal khân, Jentail mi tam zâwkten Isua chu an Chhandamtu atân an pawm a. Chû chu Isua sawi lâwk dân pawh a ni (*1:8*). Jentailte a hlawp hlawpa an rawn luh tâkah kha chuan, mahni pawh an dinhmunah indah chhin ta ilang, Juda ringtûte tân engtiang taka tih tûr nge ni ang tih chiân a har fû ang.

Engtin nge keini ngîi pawh hian kohhran leh kan thuchah thlîr dân zîm tak kan neih tlat avânga kan rawngbâwlna kawng a dâl vê thin?

NILAINI
JERUSALEM RORÊL INKHÂWM
NOVEMBER 14

Tirhkohte 15:1, 2; Galatia 2:11–14 chhiar la. Kohhran hmasa huna inhniâlna tichhuaktu thu inchuh pahnih chu engte nge ni?

Kohhran hmasa huna kohhran inpumkhatna ti derthâwng thei kha a taka awm khirh tak ni bawk sî a ni. Juda Kristian zîngâ mi thenkhatten chhandamna chu Pathian thuthlunpui mîte zîngâ tel chauha chan theih niin an ngai a; chuta tân chuan serh tân chu loh theih loh ang a ni. Juda rinawmte nun pêng khat chu, an chhandamna kawng dâl thei tûr Jentailte pâwl miah loh chu niin an ring bawk.

Judate kha Jentailte nêna inkawm ho chungchângah dân kherkhiap tak nei an ni a. Chû chu Kristiante dân kawng dâltu lian tak a ni nghâl a, a bîkin Isuâ hnungzuitu nih vê châk Jentailte zinga rawngbâwl tûra tirhkohte chhuahna lamah a ni zuâl. Messia chu thuthlunga Pathian mîte Chhandamtu tûr a ni tiin Thuthlung Hlui lamin a sawilâwk sî a; chuti a nih chuan Jentailten chhandam nih an duh dâwn a nih chuan, Juda mîa inpe hmasa zetin, thuthlung dânte chu an zui vê tûr a ni dâwn lo'm ni?

Tirhkohte 15:3-22 chhiar la. Jerusalem Rorêl inkhâwma an thupui khel thenkhat chu engte nge ni?

Heta an thupui khel hiThuthlûng Hlui thawnthûa serh tan leh Jentailte nêna inlaichînna neih chungchâng hrilhfiah dân hmangah a ni ber a. Tirhkohte, upate leh Antiokei lam atanga palai kalte an thu ho va, thutlûkna siam mai thei lo vin hun rei tak an sawi ho a nih hmîl viau mai.

Chutah Petera te, Barnaba leh Paula-te thusawiin an ding chhuak ta a. Petera thusawi kha Pathianin inlârna hmangin Jentailte tâna rawngbâwlna kawng hawngin, Thlarau Thianghlim thilthlåwnpêk chu a pê tih a ni ber. Chutah Paula leh Barnaba-te pawhin anmahni hmanga Pathianin Jentailte tâna thil a tihsakte an sawi a. Tichuan thutak thar lamah mi tam takte mit chu tihmenin a lo awm ta a ni. Peteran: "Anmahni (Jentailte) rin ang bawk hian keini pawhin LALPA Isuâ khawngaihna avânga chhandam tûr niin kan inring sî a," (15:11) a ti a. Tichuan kum za tam tak thurochhiah anga an lo neih tawh chu chanchin tha êngah tihchian a lo ni ta a ni.

Ni tûr anga i lo rin ngheh deuh bur tawh chunga ngaih dân thlâk leh tâk i nei tawh em? Thurin i

hriatthiam dân chungchâng zawhna a lo awm châng sâwtputi tûr eng thil nge heta tang hian i zir chhuah ang?

NINGANI

THIL CHINFEL HAR TAK

NOVEMBER 15

An inhniâlna chin fel dân kawng tha ber tûr dap a, Jerusalem lama âiawh intîr tûr chuan Antiokei kohhran tân rinchhan ngamna sâng tak neih a ngai âwm e. Tichuan dârkâr eng emaw chen tirhkohte leh upaten sawi hona an neih hnûin, khatih laia inkhâwm kaihruaitu niâwm taka lang, Jakoba, Isuâ ûnaupa chuan thil tih dân tûrah thu khâikhâwmna a nei ta a (*châng 13-20*). Rorêl thukhâwm thutlûkna chu, Kristian ni tûrin Jentailten Juda-a piangthar an nih te, hlimthla rawngbâwl dân zawng zawng, serh tan pawh telin, an zawm vê vek a ngai lo tih a chiang.

Amosa 9:11, 12; Jeremia 12:14-16 chhiar la. Israelte chhehvêl hnamte chungchâng hrilhlåwkna eng thû nge hêng Thuthlung Hlui hrilhlåwkna hian a sawi?

Jakoba khân Amosa 9 thû a lâk chhuah laiin, Thuthlung Hlui hrilhlåwkna dangahte pawh hnam dangte chhandam an nihna tûr lam hawi kan hmû a. Israelte thuhretua an tan leh nuntawng atanga khawvêl pum pui chhandam kha Pathian thil tum a ni. Pathianin Abrahama a kohnah pawh khân amah leh a thlahite zâra hnam zawng zawngte enghâwlna kha a tel sâ rêng a (*Genesis 12:1-3*). Thlarau Thianghlim hruaina te, Petera, Barnaba leh Paulaten Jentailte zîngä rawng an bâwlna te, leh Jentail mi tam takte lo piantharna te kha hnâwl theih ruâl a ni lo. Chûng thilte chu an hriatin, Jerusalema Kristian hruaitûte khân Thuthlung Hlui hrilhlåwkna tam tak chu a lo thleng famkim ta a ni tih an hrethiam ta a ni.

Dik takin, Pathian chuan Israelte zînga Jentailte awm tûr chungchâng dân leh khapna dân hman dân tûrte pawh a lo pe diâm tawh zâwk a ni (*Leviticus 17, 18*). A thutlûkna siamah Jakoban hêng dânte pawh hi a sawi tel a (*Tirhkohte 15:29*). Pathianin Jentailte chu A mîte zînga tel a, Isuaa a chhandamna chang vê tûrin a ko a ni tih an chiang tlâng ta a. Thlarau Thianghlim hruaina zârah thûk zâwka Pathian Lehkhathû hriathiamna leh, a hmâa an la hmuh loh thutak pawimawh takte puân chhuah a ni ta tih an hre ta a ni.

Tirhkohte 15:30-35 hian Antiokei khuaa ringtûten Jerusalem rorêl thutlûkna an lo dawnsawn dân min hrilh a: “Fuihna thuchah avâng chuan an lo lâwm ta hlê a,” (*châng 31*).

Helai Tirhkohte-ah hian kohhran hmasâin Pathian Thûa intukluhnâ leh, Thlarau Thianghlim hruina zâra hmangaihna, inpumkhatna leh rinchhanna rilrû pû a, inpumkhatna chungchâng buaina lian tak chhuak chinfel a nih tâk dân entîrna thiltithei tak chu kan hmû a ni.

Hê thû hian mîte thusawi lo ngaithla ngawt ni lo va, an thusawi chu kan ngaihthlâk châk zâwng ni lo mah se, a dik leh dik loh chik taka ngaihtuah kan tâna a pawimawhzia eng nge min zirtîr?

ZIRTAWPNI

NOVEMBER 16

ZIR BELHNA: Chhiar tûr: Ellen G. White lehkhabu *Tirhkohte Thiltih-a “Thutak Zawngtû”* pp. 117-127; ‘Judeate leh Jentailte’ pp. 168-178.

“Hê thubuai ching fel tûra lo kalte hi tirhkoh te, zirtîrtû te Juda leh Gentail Kristian kohhran dintu mi langsâr tak takte leh, hmun hrang hrang atanga lo kal

upâte bâkah, Antiokei khua atanga lo kal palaite an awm bawk a; kohhran lian deuh deuh palaite chu an kim hlê a ni. Inkhâwmpui chu rorêl dân tûr êng pêk an nih ang zêl leh, Pathian duh dân anga din—kohhran zahawmna vawng zélin an kal a. Gentailte chunga Thlarau Thianghlim chu leih a lo nih tâk avâng chuan an thu ngaihtuah chhânnna chu Pathian ngîin a rawn pê a ni tih chiang takin an hmû a. Thlarau kaihhruaina chu zawm zêl tûr a ni tih pawh an hre bawk.

“An thu ngaihtuah tûr hian Kristian zawng zawng koh khâwm an ni lo. Tirhkohte leh upâte rorêlna lam leh thiltih lama mi pawimawhte chuan thu tihtlûkna tûr chu an lo duâng chhuakin, an lo siam ta a. Kristian kohhrante chuan a tlângpuiin an lo pawm deuh zêl bawk a. Amaherawhchu, hê thu tihtlûknaah hian lâwm vê lo an awm tlat mai; mahni tha inti tâwk leh mi inngaisâng tak maite chuan rem an ti vê thei lo. Hêng mîte hian anmahnî thû thûa rôl an duh tlat mai. Thil tihdik loh lai hmuh tum rân mai leh phunna tûr ngaihtuah rânin thil tharte an rawt chhuak a; chanchin tha thuchah zirtîr tûra Pathianin a ruat nghehte hna thawh sa chu tihchhiat tumin an bei a. A tîr phat atangin kohhran chuan hetiang harsatna tawh tûr hi a nei a, hun tâwp hmâ loh chuan hetiang harsatna siamtûte hi an awm reng dâwn a ni.”—Ellen G. White, *Tirhkohte Thiltih*, pp. 174, 175.

SAWI HO TÛRTE:

1. In tuâlchhûng kohhranah khân inlungruâl lohnate lo chhuak ta se, tûnkâr zirlai behchhan hian entin nge a chin felna kawng zawng tûra hmâ in lâk ang? Heta an inrem lohna hi Pathian thu zirtîrna hrilhfiah kawngah a ni ber a, thil dang dang avâng kohhran

inpumkhatna tiderthâwng thei lo awm ta se, engtin
nge hei hi kan sâwtpui theih ang?

2. A chunga Ellen G. White-i thusawi lâk chhuah hi en nawn leh ula. Thil tha tak chu a rah chhuak tho nânin, thenkhat chu an la lungâwi mai duh chuâng lo. Chû thil duhawm lo tak atang chuan eng zirlai nge kan lâk chhuah ang?

KHÂIKHÂWMNA: Chhûng lama thu inchuh hrang hrang avângin kohhran hmasâ kha dinhmun derthâwngah a ding a. Pathian Thùa intukluhnâ leh Thlarau Thianglim hruaina zârah harsatna chin fel niin, inthen darhna tleng thei dan a nih dân chu kan hmû a ni.

ZIRLAI 8-na

November 17-23, 2018

RINNAA INPUMKHATNA

CHÂNGVAWN: “Mi dang tû mâ hnênah chhandamna a awm lo, vân hnuia mihring sak zîngah min chhandam tûr hming dang rêng a awm lo,” (*Tirhkohte 4:12, NKJV*).

SABBATH CHAWHNU

NOVEMBER 17

Chhiar tûrte: *Exodus 20:8-11; Matthiae 25:1-13; Tirhkohte 1:11; 4:8-12; 1 Korinth 15:51-54; Hebrai 9:11, 12.*

KUM 1888 khân Seventh-day Adventist kohhran chuan Bible châng pawimawh thenkhat hrilhfiah dânah sawi hona an nei chiâm mai a. Pastor-te leh kohhran hruaitûten Daniela 7-a ki sâwmte chu tûte nge tih leh Galatia 3:24-a dân chungchângah inhniâlna an nei a; an zînga mi tlêm tê chauhin chutianga an inhniâl vakna chuan inngeih lohna rilrû puttîrin, an inpâwlhona leh inthianna chenin a nghawng khaw lo zo tih an hria a; kohhran inpumkhatna leh rawngbâwl hmalâkna chenin a khawih pawi hiâl a ni.

Ellen G. White-in chutiang boruâk pawi a tih thû hrilhin, chutiang sawi honaa tel zawng zawngte chu chik leh fimkhur taka Isua nêna an inlaichinna ngaihtuah a, Isua kan hmangaihna chu kan nungchangah, a bîkin kan inrem lohna lâiah lantîr ngîi tûr kan ni tiin a fuih hlawm a. Bible chângte kan hrilhfiah dânah kohhrana mi tinte kan inlungruâl vek tûra beisei tûr a ni lo tihte pawh a sawi bawk a.

Thil a sawi uâr tel bawk chu, Adventist thurin pawimawh zînga mî a nih hi chuan hriathiam dânah

inpumkhatna kawng kan zawng tûr a ni tih a ni (Ellen G. White, *Counsels to Writers and Editors*, pp. 28-32). Tûn kâr chhûng hian Bible zirtîrna pawimawh thenkhat, Adventist kan nihnaa kan rinna inpumkhatna siamtûte kan en tlâng dâwn a ni.

SUNDAY
ISUAA CHHANDAMNA

Keini Seventh-day Adventist-te hian Kristian pâwl dangte nêna inanna kan nei nuâl chungin, kan thurinte hi Bible thutak danglam deuh bîk, Kristian khawvél a puân vê lohte an ni a. Hêng thutakte hian tâwpna huna Pathian mi ziding kal zéл kan nihna a tifiah a ni.

Tirhkohte 4:8-12; 10:43 chhiar la. Chhandamna ruâhman a hriatthiam dânah Peteran eng ang takin nge Isua Krista chu a dah pawimawh?

Tirkoh Paulan Korinth mîte hnêna chanchin thâ a hrilhah. "Pathianin Krista-ah chuan khawvél hi Amah nêñ inremin a siam," (2 Korinth 5:19) a ti a. Kristâ thihna kha Pâ nêna kan inrem lehna bul a ni a, sual leh thihnain khit chat a lo siam tawh chu a dawh zawm leh ta a ni. Kum za eng emawti chhûng chu, Kristianten Isuâ thihna, thawlehnna leh a rawn kal chhan inremlehna chungchâng an ngaihtuah tawh thîn a. Hê inremlehna kalpui dân hi 'inremna' (atonement) tih a ni a, a awmzia chu 'pum-khat-lehna' a ni. Inrem tawh lo 'inrem' thar lehna a ni ber. Chutiang chuan, inlaichînna kawnga inngeih lo va lo awm tawh chu inremna neih thar a lo ni leh ta a, chû inremna siamin a rah chhuah a ni a. Kohhran chhûng a inpumkhatna pawh chu hê inremna thilhlâwnpêk hi a ni.

Hêng chângte hian Isuâ thihna leh thawlehnna chungchâng eng nge an zirtîr?

- Rom 3:24, 25 _____
 1 Johana 2:2 _____
 1 Johana 4:9, 10 _____
 1 Petera 2:21-24 _____

Kristâ thihna leh thawlehnna chungchângah Kristian dang tam takte nêñ kan thurin a inang nâin, keini chuan chatuan chanhin tha (*Thupuan* 14:6) behchhanin kan puâng a, hei hi Thupuan 14:6-12-a vântirhkoh pathum thuchah péng khat a ni. Keini Seventh-day Adventist-te hi chuan Kristian ûnau dangte tih dân ang lo vin, hêng thuchahte hi kan sawi uâr deuh bîk a ni.

Engtin nge Kristâ thihna leh thawlehnna leh chuta beiseina min hlui chu engtik lai hunah pawh ngaihtuah thupui bera neih dân i zir thei ang?

**THAWHTANNI
KRISTÂ LO KAL LEHNA**

NOVEMBER 19

Tirhkohte leh Kristian hmasâte kha chuan Kristâ lo kal lehna tûr chu 'beiseina lâwmawm' (*Tita* 2:13) angin an ngai a; Isuâ lo kal leh hunah chuan hrilhlâwkna leh Pathian Lehkhathûa thutiâm zawng zawngte chu thleng famkim vek tûrin an ngai a. Chû chu Seventh-day Adventist-te pawhin an pawm dân chiah a la ni reng. Dik takin, kan hming 'Adventist' tih hian chû chu a phur chhuak nghâl a. Krista hmangaihtu zawng zawngte chuan chû ni lo thleng tûr chu nghâkhlel taka thlîrin, Amah nêna hmâichhana intawng a, inpâwlhona hun tûr a ni. Chû ni

chu a lo thlen thlengin, Kristâ lo kal lehna thutiâm chuan Pathian mîte chu min suih khâwm zêl dâwn a ni.

Kristâ lo kîr leh dân tûr chungchâng eng nge hêng chângte hian an zirtîr? Engtin nge chumi chungchânga ngaihdân tlânglâwn thenkhatte nêñ a danglam? *Matthaia 24:26, 27; Tirhkohte 1:11; 1 Thesalonika 4:13-18; Thupuan 1:7; 19:11-16.*

A tlante lam tûrin Isua a lo kal leh dâwn tih Bible hian min tiâm nawn fo va. Hê thil hi ngaihruât thil mai a ni lo, Amah Isua ngêin heti hian a sawi: “Chu mi nî leh a hun thû chu Pâ chauh lo chuan tû man, vâna vântirhkohte pawhin, Fapa pawhin an hre lo,” (*Matt. 24:36*) tiin. Kristâ lo kîr leh hun tûr hi kan hre lo chauh pawh a ni lo, ‘kan hre lo’ tih min hrilh ngat a ni.

A rawngbâwlna tâwp dâwn khân, Isuan nula thianghlim sâwm mo hmuak tehkhin thû a sawi a (*Matt. 25:1-13*), hei hi A lo kal leh dâwna kohhran nuntawng tûr entîrna a ni. Nula thianghlim pâwl hnihte khân Isuâ lo kal lehna nghâktúa inchhâl mi chi hnihte a entîr a. A lan dân maiah chuan danglamna vak an nei lo; mahse, A lo kal hâr tâk deuh avâng khân an danglamna tak chu a lo lang ta a ni. Lo nghah rei deuh a ngai chungin, pâwl khat kha chuan beiseina an vawng nung reng a, thlarau lam inbuatsaihna tâwk pawh an nei zul zêl bawk a ni.

Hê tehkhin thu hmang hian Isuan A zirtîte hnênah ‘Kristian nuntawng chu rilru phûr hlut thil mai ni lo vin, Pathian thutiâmte thleng famkim hmuh mai tûr awm lêm lo chung pawha A khawngaihna rinchhan leh, chhel taka rinna nei zui zêl’ tûra zirtîrna pêk a duh a ni. Isuan tûn thlengin keini pawh hi ‘ngaihvena’ A lo kal hun atâna lo inring tûrin min sâwm a ni.

Kan hming ‘Seventh-day Adventist’ tih hian Isuâ lo kal lehna kan ngaih pawimawhzia a târlang tho nân, engtin nge mi mal taka Isuâ lo kal lehna chu atak ngêi a ni tih kan pawmzia kan vawn nun reng ang? Tehkhin thûa Isuâ vaulâwkna ang khân engtin nge kan tih sual loh theih ang?

THAWHLEHNI

NOVEMBER 20

VÂN BIAK BÜKA ISUÂ RAWNGBÂWLNA

Thuthlung Hlui hunah Pathianin hê leia a ‘chênná’ (*Ex. 25:8*) tûrin Mosia kha biak bûk (hmun thianghlim) sa tûrin a hrilh a. Chuta rawngbâwlna hmang chuan Israelite chu chhandamna ruâhman zirtîr an ni thîn a. A hnû, Lal Solomona hunah khân, zâwn sawn theih biak bûk chu Tempul ropui taka thlâk a ni ta a ni (*1 Lalte 5-8*). Biak bûk leh tempul kha vâna mi, “Hmun thianghlim leh biak bûk tak tak mihring sak ni lo, LALPÂ sak zâwk” (*Hebrai 8:2*) anga sak an ni.

Bible-in min kawhhmuh angin vânah biak bûk tak tak, Pathian chênná hmun chu awm tûra ngaih a ni. Lei biak bûka rawngbâwlne kha chhandamna ruâhman leh vâna Isuâ puithiam rawngbâwl dân ‘entîrtu’ a ni.

Hebrai 8:6; 9:11, 12, 23-28; 1 Johana 1:9-2:2 chhiar la. Hêng chângte hian vâna Isuâ puithiam rawngbâwlna chungchâng eng nge min zirtîr?

Vân a lâwn atang khân vân biak bûk chu chhandam kan nihna tûra Kristan A puithiam hnâ a thawhna hmun a ni a (*Hebrai 7:25*). Chuvâng chuan “zahngaihna kan hmuh theihna tûr leh, puih kan ngaih huna tanpuina leh khawngaihna kan hmuh theihna tûrin, khawngaihna lalthutphah chu huai takin i hnaih” (*4:16*) tûra fuih kan ni.

Lei biak bûka puithiam rawngbâwlna kha chhâwng hnih—nî tina Hmun Thianghlima rawngbâwlna leh kum tina Hmun Thianghlim Bera rawngbâwlna a ni a. Chutiangin vânah pawh Isuâ rawngbâwlna chu chhâwng hnih a ni. Hmun Thianghlima a rawngbâwlna chu dilsakna te, ngaihdamna te, inremna te leh dinthar lehna te a ni ber. Sawipuitu Isuâ zârah mi sualin Pâ hnêñ thlen nghâl theihna an nei a (*1 Johana 2:1*).

Kum 1844 atanga Isuan vân biak bûk Hmun Thianghlim Bera rawng a bâwlna chu rorêlna leh tlenfaina niin, chutiang chu kum tina Inremna Nî-ah (*Leviticus 16*) khân neih a ni thîn. Biak bûk tlenfai rawngbâwlna hi Isuâ thisen chhuak behchhana neih a ni a. Khâ nîa inremna siam khân tâwpna huna Kristâ tlinna ataka hman tûr leh, sual thenfaina lo entîr lâwkin, Pathian rorêlna hnuasia khawvél zawng zawng inrema awmtîr lehna chu a kâwk bawk. Hê rawngbâwlna chhâwng hnih hi, chhandamna ruâhman pum pui hriathiamna tûra Adventist-ten thurin danglam bîk an chhawp chhuah chu a ni.

**NILAINI
SABBATH CHU**

Seventh-day Adventist-ten Bible zirtîrna pawimawh tak an rin leh châwisân dang leh chu ni sarihna Sabbath hi a ni. Hei hi thurin pawimawh, kan zînga inpumkhatna leh inpâwlhona siamtua ni a. Kristian khawvélah hian mi tlêm tê tih loh chu thuruâlpui kan nei vak lo.

Sabbath hi Thilsiam chawlhkâra mihringte hnêna Pathian thilthlâwnpêk a ni (*Genesis 2:1-3*). Thilsiamnaah khân Pathian thil tih pathum hmanga Sabbath chu dinngheh a ni a, chûngte chu: 1) Sabbath nî-ah Pathian a châwl a; 2) Chû nî chu mal a sâwm a; 3) A titianghlim

bawk a ni. Hetianga chêtina kawng thum hmang hian Sabbath chu Pathian thilthlâwnpêk bîk, hê leia vânram an chên theihna leh ni-ruk chhûngin Pathianin thil a siam tih nemngheh nân a ni. Rabbi lâr tak pakhat, Abraham Joshua Heschel chuan Sabbath hi ‘huna lal in’ a vuah a; danglam bîk deuh taka Pathianin A mîte a rawn tawhna ni thianghlim a ni.

Hêng chângte hian Sabbath chu mihring tân a nih chungchâng eng nge an zirtîr? *Exodus 20:8-11; Deuteronomi 5:12-15; Ezekiela 20:12, 20.*

Isuâ tih dân (*Luka 4:16*) zui châkin, Seventh-day Adventist-te chuan kâr khata ni sarihna Sabbath an serh thîn a. Sabbath inkhâwma a tel vê thinna khân hê nî hi chawlhma leh chibaibûkna nî a ni tih a nemnghet a. A thilmak tih thenkhat kha Sabbath nî-a tih a ni hlawm a, chû chu Sabbath serhna (*Luka 13:10-17 en la*) azâra lo thleng (tisâ leh thlarau) damna zirtîr nân a ni. Tirhkohte leh Kristian hmasâte khân Isuan Sabbath a tibâng lo tih an hrethiam a; anni pawhin serhin, chumi nî chuan (Pathian biak) inkhâwmna an nei thîn a ni (*Tirhkohte 13:14, 42, 44; 16:13; 17:2; 18:4*).

Sabbath nihna duhawm tak dang leh chu, sual atanga chhanchhuah kan nih chhinchhiahna a ni hi a ni. Sabbath chu Israel mîte Aigupta bâwiha an tânnna atanga Pathian chhandamna hriatrengna a nih bâkah, Kanaan rama an chawlhma tûr thutiam a ni bawk (*Deut. 5:12-15*). An thuâwih loh leh milem biak fona avângin Israelte kha hê chawlhmaah hian an lût ta chiah lo nâin, Pathian chuan “Pathian mîte tân chuan chawlhma a la awm ta fo va” (*Hebrai 4:9*) tih chu a la tiâm cheu tho a ni. Chû chawlhmaa luh duh apiangte chu, Isuan chhandamna kawng a buatsaih rinna zârah an lût thei a. Sabbath chawlhma hian

Kristaa thlarau lam chawlhna, sual laka min chhandam a chatuan nunna min pe tûrin, kan thiltihte ni lo, Amâ thatna chu kan rinchhan tih a entîr (*En tûr: Heb. 4:10; Matt. 11:28-30*).

Engtiang kawng lang sâr deuh takin nge Kristan a mîte tâna a duhsak inpumkhatna leh inpâwlhona ataka chang tûra Sabbath-in a lo tanpui tawh che?

NINGANI

THIHNA LEH THAWLEHNA

Thilsiamnaah khân, “Pathianin leia vaivut hmangin mihring a siam a, a hnârah chuan nunna thâw chu a thaw lût a, mihring chu mi nung a lo ni ta a,” (*Genesis 2:7*). Heta mihring siam dân chungchâng hian nunna lo chhuahna chu Pathian a ni tih a târlang a. Thihtheihlohma hi hê nunnaa tel nghâl hi a ni em? Bible chuan Pathian chauhin thihtheihlohma a nei tih a sawi a (*1 Timothea 6:16*). Mihring a lo pian hian theihtheihlohma pêk a ni lo. Pathian ang lo takin, mihringte chu thi thei an ni a, Pathian Lakhka Thû chuan kan nun hi “tuihû rei lo tê lo lang a thâm ral zui leh nghâl ang mai” (*Jakoba 4:14, NKJV*) a ni tih a sawi a. Kan thih hian kan nunna chu muhil ang niin hriatna rêng a awm tawh lo (*En tûr: Thuhrlitu 9:5, 6, 10; Sam 146:4; 115:17; Johana 11:11-15*).

“Pathianin khawvél a hmangaih êm êm a, chutichuan A Fapa mal neih chhun a pê a, Amah chu tû pawh a ring apiang an boral loh a, chatuan nunna an nei zâwk nân,” (*Johana 3:16*).

1 Korinth 15:51-54; 1 Thesalonika 4:13-18 chhiar la. Hêng chângte hian thih hnu nun, mihringte hnêna thihtheihlohma pêk a nih hun tûr chungchâng eng nge min hrilh?

Tirhkoh Paula chuan Pathianin mihringte hnêna thihtheihlohma a pêk hun tûr chu, thih hunah ni lo vin, tâwtawrâwt hnuhnung ber a rîk a thawlehma thlen hunah a ni dâwn tih chiang takin a sawi. Ringtûten Isua chu an Chhandamtúa an pawm vêleh hian chatuan nunna thutiám chu an dawng nghâl a, thihtheihlohma erawh chu thawlehma hunah chauh pêk an ni ang. Thuthlung Thar lamah hian mî an thih a thlarau vâna lâwn tih lam thû rêng a sawi lo; hetiang zirtirna hi ringlo mîte tichhuah niin, hmânlai Grik mifingte phuah chhuah a ni a, Thuthlung Hlui leh Thar lamah chutiang rêng a awm vê lo.

Engtin nge thihna chungchâng manthiamnain Isuâ lo kal lehna tûr thutiam min ngaihhlut zuâltîr? Engtin nge hê thurin hian keini Seventh-day Adventist-te hi nghet taka min phuâr khâwm?

ZIRTAWPNI

NGAIHTUAH TÛR: Keini Seventh-day Adventist-te hian Kristian ûnau dangte nêñ thurin thuhmun pawimawh tak tak kan intâwm tlâng a. Chûng zînga pawimawh tak pakhat chu ‘kan âiawha Isua thihna leh tlanna rinna avânga chhandamna’ hi a ni. Kristian dangte ang bawkin, felna kan hmuhna chu, keini tih vâng ni lo vin, Kristâ felna, khawngaihna thilthlâwpêk, rinnaa kan chan a ni. Ellen G. White-in heti hian a ziak: “Krista’n a phû chu kan chan theih nân, kan phû ang ngeia kan chunga tla tûr chu A chungah a tla ta zâwk a. Keinin kan neih ve rêng rêng loh A felnaa thiam chantîr kan nih theih nân, A neih ve miah loh kan sualna avângin thiam loh chantîr a ni. A nunna kan tâwmpui theih nân, kan tuar tûr rêng thihna chu Anin a tuâr ta hlauh zâwk a.”—Ellen G. White, *Chatuan Nghahfâk*, p. 19.

Chutih ruâlin, a pum pui thû ngaihtuahin, kan thurin bulpuite, chûng thurinte atanga lo chhuak chînthan

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leh nunphungte vâng hian Kristian khawvêlah danglam bîk riâuna kan nei a. Chû tak chu Seventh-day Adventist kan nihnaa kan din chhan pawh a ni rêng dâwn lo'm ni? Isua kan hmangaihna te, zirtîrna kan puâncchhuah te hi min suihkhâwmtu thiltithei ber a ni tûr a ni.

SAWI HO TÛRTE:

1. Pi White-in a lehkhabu *Faith and Works*, p. 103-ah thiamchantîrna leh sualte ngaihdamna hi thil thuhmun angin a sawi a. Engtin nge Kristaa ngaihdam leh thiamchantîr kan nihna ngaihhlutna chu rinnaa kan ûnaute nêna inhuho leh inpâwlhona lungphûm ber tûr a nih?
2. Kohhran inpumkhatna atâna kan thurinte pawimawhna ngaihtuah la. Kan thurinte bâkah, khawvêl ram hrang hranga mi chi hrang, nunphung inang lo tak takte zâi khata min luântîrtu chu eng nge ni ang? Chû chuan thurin pawimawhzia eng nge min hrilh?
3. Kan hming ‘Seventh-day Adventist’ hian thil pawi-mawh pahnih: nisarihna Sabbath leh Kristâ lo kal lehna tûr a zirtîr a. Kan hming chanvê hian Thilsiamna a kâwk a, a dang leh hian tlanna a kâwk vê thung. Engtin nge hêng zirtîrna pahnihte hi an inlaichîn a, kan nihna pawimawh tak chu engtiang kawngtein nge an târlan?

KHAIKHÂWMNA: Seventh-day Adventist-ten thurin bulpui tlânglawn pawm an ngah mai. Thenkhat chu Kristian dangte nêñ pawh a inzûl a, thenkhat chu a impersan thung. A pum pui thû ngaihtuahin, hêng zirtîrnate hian kohhran danglam kan nihna leh Isuaa kan inpumkhatna chu a târlang a ni.

ZIRLAI 9-na

November 24-30, 2018

FINFIAHNA PAWMAWM BER CHU

CHÂNGVAWN: “Chû thû chu amâ phuahchawpin a sawi lo, chumi kum chuan Puithiam Lalber a ni a, an chîte âia Isua a thih tûr thû a sawi lâwk a ni zâwk e. Chu mi chîte âi chauh chuan a ni lo, Pathian fâ khawvêla darhte zawng zawng pâwl khata a hruai khâwmna tûr pawhin a ni bawk,” (*Johana 11:51, 52, NKJV*).

SABBATH CHAWHNU

NOVEMBER 24

Chhiar tûrte: *Johana 11:51, 52; Tirhkohte 1:14; Rom 14:1-6; 2 Korinth 5:17-21; Ephesi 2:13-16; 4:25-5:2.*

KAR kal ta chhûng khân inpumkhatna chu, Isua chu Chhandamtu a nihna leh tâwpna huna Pathian thutak sawi uâr tûr thuchah inang hmanga târlan a nih dân kan zir a. Pathian thuchah min pêk leh khawvêla puâng darh tûra koh nihna chu kan nihna tak chu a ni.

Tûn kârah hi chuan, kan nî tin Kristian nun leh kohhran rawngbâwlna hmanga lang thei lama kohhran inpumkhatna târlan a nih dân kan thlîr dâwn a. Isuâ sawi dânin, kohhran hian Pathian chhandamna leh inremna thuchah hi a puâng chhuak satliah mai a ni lo. Kohhrana inpumkhatna ngîi hi chû inremna tangkai tako târlanna a ni. Sual leh helnain a chîm khawvêlah hian, kohhran hi Kristâ thiltitheihna leh chhandamna hna thawh thuhretu langsâr tak a ni. Thuhretüa tan tlânnaa inpumkhatna leh tanruâlna tel lo chuan, kraws chhandamna thiltihtheihna chu khawvêlah lantir a harsa viau ang.

“Krista nêna inpumkhatna chuan inpumkhatnaa inphuâr khâwmna a siam a. Hê inpumkhatna hi khawvél hnêna Kristâ ropuzia leh thatna bâkah, sual la bo tûra A thiltihtheihzia pawmawm taka finfiahna a ni.”—Ellen G. White, *The SDA Bible Commentary*, vol. 5, p. 1148.

SUNDAY
ISUÂ KRAWAHS HNUAIAH

Pathianin A mîte hnêna thlarau malsâwmna dang tam tak a pêk ang tho vin, kohhran inpumkhatna pawh hi Pathian thilthlawnpêk tho a ni. Inpumkhatna hi mihringte beihna, thawh that leh tumnate vânga awm a ni lo. A bul takah chuan, Isua Kristan A thihna leh thawhlehna hmangin a siam a ni ber zâwk a. Baptisma channa leh sualte ngaihdamna zâra A thihna leh thawhlehna chu rinnaa kan chan a, inpâwl honaa kan tel vê leh, khawvél hnêna vântirkoh pathum thuchah kan theh darh hian, Amah nén inzawmin, keini pawh kan lo inpumkhat tlâng ta thîn a ni.

Johana 11:51, 52; Ephesi 1:7-10 chhiar la. Isuâ nuna thilthleng eng kha nge keini Seventh-day Adventist-te zînga inpumkhatna lungphûm chu ni ang?

“Chû thû chu amâ [Kaiafa] phuahchawpin a sawi lo, chu mi kum chuan Puithiam Lalber a ni a, an chîte âia Isua a thih tûr thû a sawi lâwk a ni zâwk e. Chumi chîte âi chauh chuan a ni lo, Pathian fa khawvêla darhte zawng zawng pâwl khata a hruai khâwmna tûr pawhin a ni bawk,” (*Johana 11:51, 52*). Thi tûra Isuâ chungthû a rêm khân eng chiah nge a tih Kaiafa khân a inhre lo nâin, Isuâ thihna awmze dik tak sawi fiah tûra Pathianin ani a hmang kha thil mak tak chu a ni. Puithiam khân a thusawiin awmzia H-7

a neih thûkzia pawh a hre hek lo. Ani kha chuan ram inkaihruaina ngawt emaw sawi a inti pawh a ni ang. Johana erawh chuan, mihringte âiawha Isuâ thihnain Pathian mi rinawm zawng zawngte tân thihsakin, engtikah emaw chuan ‘pâwl khata hruai khâwm an la ni dâwn’ tih thutak lungphûm târlan nân a hmang thung.

Keini Seventh-day Adventist-te thurin te, thuchah kan puân chhuahte chu eng pawh lo ni se, kan inpumkhatna lungphûm chu kan tâna Kristâ thihna kan pawm tlânnna hi a ni.

Chûbâkah, hê Kristaa inpumkhatna hi baptisma channa hmangin kan chang bawk a. “Krista Isua rin avângin Pathian fâte in ni vek sî a; in zînga Kristaa baptisma chang apiangte kha Krista chuan in inthuâm tawh sî a,” (*Galatia 3:26, 27*). Krista kan rinna entîr nân keini Adventist-te chuan baptisma kan chang thîn a, hei hi pumkhata min siamtu dang chu a nih leh a ni. Kan zâin Pâ thuhmun kan intâwm tlâng a; Pathian fanû-fapâté kan ni vek. Chhandamtu pakhat kan nei tlâng a, chû mî thihna leh thawhlehnaa baptis kan ni bawk (*Rom 6:3, 4*).

Keini Seventh-day Adventist-te zîngah hian hnam, vântläng, chî leh politic vânga danglamna chu lo awm vê pawh ni se, engati nge Isua ringtu kan nih tlânnna hian chutiang min thenhrang thei thilte chu khûm vek tûr a nih?

THAWHTANNI
INREMNA RAWNGBÂWLNA

NOVEMBER 26

Kan khawvél kan hriat dân chu fel lo, buâi, indonate leh intihthiam lohna hlir a ni. Hêng hian kan mimal nun, khawthlang leh hnam chenin a nghawng vek a. Eng emaw chângte phei chuan kan mimal nun pawh a

buai nuâi thîn a nih hi. Mahse buai leh intitâurâu rêng rêng hi kan ni reng dâwn lo. Lei leh vân huâpa inpumkhat tlâng kan nihna tûrin Pathianin a thawk mât a. Sual chuan inremlohma a thlen laiin, Pathianin inremlehna tûr a chatuan ruâhmannâ chuan remna leh inpumkhatna a rawn thlen dâwn a ni.

Ephesi 2:13-16-ah, ringtûte zînga Kristan remna thlen tûra a chêt dân chu Paulan a târlang a: kraws chunga a thihoa zârah Isuan Judeate leh Jentailte chu pumkhatah a siam a, anmahni dâidang thîntu chî leh sâkhuana chu a thiat ta a ni tiin a sawi. Kristan kum zabi khatnaa Judeate leh Jentailte zînga a ti thei a nih chuan, tûnlai kohhrana min dâidangtu, hnam leh chi hrang, nunze khawsak phung bang hi min thiahsak thei vê tho dâwn lo'm ni?

Heta tanga bultan hian, khawvél chu kan pawh thei ang.

2 Korinth 5:17-21-ah, Paulan Krista-ah chuan thilsiam thar, Pathian nêna inrem kan ni tih a sawi a. Hê khawvélâ kan rawngbâwlna chu eng nge ni tûr? Kohhran inpumkhat thâ kan nih angin kan chhehvélâ miteah eng danglamnate nge kan tlentir theih ang?

Pathian thilsiam tharte an nih angin, ringtûte chuan rawngbâwlna pawimawh tak—inremna rawngbâwlna thuang thum chu an chang a. Chüng chu:

1) Kan kohhran hi tûnhma lama Pathian hlat taka awm thînte kan ni a; mahse, Kristâ inhlanna khawngaihna zâra chhandam niin, Thlarau Thianghlim zâra Pathian nêna inpumkhat ta kan ni. Kohhran ziding kal zêl, khawvél hnêna tâwpna hun thuchah puâng tûra kohte kan ni. Kan rawngbâwlna tûr chu tûna Pathian hlata awmte Pathian nêna inrem a, kan rawngbâwlna min zawm vêna tûra sâwm a ni.

2) Kohhran hi Pathian mî inrem tlângte kan ni bawk a. Krista nêna inpumkhat tih awmzia chu, keini pawh kan inpumkhat tlâng tihna a ni. Hei hi duhthusâm mai a ni lo va, lang theia a taka thleng a ni tûr a ni. Unaute zînga inrem tlânnna te, muanna leh inlungruâlna chu khawvél hnêna hai ruâl loha Isua Krista chu kan Chhandamtu leh Tlantû-ah kan pawm tih lantirna a ni. “In inhmangaih chuan mi zawng zawngin ka zirtîrte in ni tih chû mî-ah chuan an hria ang,” (Johana 13:35).

3) Hê inremlehna rawngbâwlna hmang hian, kohhran chuan lei leh vân hmâah Pathian tlanna ruâhman chu a dikin thil a ti thei a ni tih a puâng a. Indona ropuia thu inchuh chu Pathian leh a nungchang chungchâng a ni a. Kohhraninpumkhatna leh inremlehna a neih hian, lei leh vânin Pathian chatuan finna hnathawh dân chu an lo hmu thîn a ni (Ephesi 3:8-11).

THAWHLEHNI ATAKA INPUMKHATNA

NOVEMBER 27

Kum 1902 khân, Pi White-in heti hian a ziak: “Hê leia Krista a awm lai khân, Kristian tinte nun dân tûrin a lo nung tawh a. Ani chu kan entawn tûr a ni a, bawlhhlawh kâi lova a thianghlimnaah chauh ni lo vin, A chhelnaah te, nunnêmnaah te leh, khawsak phung mi hnehethei tak a nihnaah te kan entawn tûr a ni.”—Ellen G. White, *Signs of the Times*, July 16, 1902. Hei hian Paulan Philipi mite hnena a ngenna: “He rilru, Krista Isuaa awm bawk kha nangmahniah pawh awm bawk rawh se,” (Phil. 2:6) tih kha min hriat chhuaht\$r a ni.

Ephesi 4:25-5:2; Kolosa 3:1-17 chhiar la, chutah hêng zawnate hi chhâng ang che: Kan nun pêng eng

kawngahte hian nge Isuâ chunga kan rinawmna lantîr tûra koh kan nih? Engtin nge vântlâng zînga kan nunah Isuâ chanchin tha thuhretûa tang tûr kan nih?

Bible-ah hian Isuâ tih dân entawn a, mi dangte hnêna Pathian khawngaihna thuhretu nunga tang tûra Kristiante sâwmna a tam mai. Mi dangte thatna tûr zawnsak tûra sâwm kan ni bawk a (*Matthaia 7:12*). Phurrit inchhâwk tlâng tûr te (*Galatia 6:2*), tluangtlam taka nung a, pâwn lam langthei âia chhûng lam thlarau nun chu ngai thupui zâwk tûr te (*Matthaia 16:24-26; 1 Petera 3:3, 4*), nun dân hrisêl nupui (*1 Korinth 10:31*) tûrtea sâwm kan ni bawk.

“Duh takte u, mikhual leh khualzin in nih avângin, thlarau do thîntu fîsa châknate bânsan tûrin ka ngên a che u; Jentailte zînga in chêtzia chu mâwi tak ni rawh se; chutichuan, thil tisaultûte anga an sawichhiat che u kawngah chuan, in thil tihthat an hmuhte avângin fanin an awm hunah chuan, Pathian an châwimâwi thei ang,” (*1 Petera 2:11, 12*).

Min lo thlîrtûtea Kristian nungchangin nghawng a neih theihzia hi kan ngaipawimawh tâwk lo leh mai thîn. Zarbuai nih lâia chhelna te, intihthiam loh leh inhauh châng pawha inthunun tlat te, tawngkam dêngkhâwng leh chuhhelh tak tawn chânga nunnêm nih te hi Isuâ rirlû tâwmpui tûra sâwm kan nihna chu a ni. Pathian nungchang hriatna nei lo khawvêla thuhretua tang tûr Seventh-day Adventist-te kan ni a, Pathian ropui nân leh thatpui tûra chakna kan ni thei. Kristâ âiawhtûte kan nih angin, ringtûte chu dikna kawngah chauh ni lo, mi dangte thatna tûr pawh a takin an tuipui tûr a ni. Kan sâkhaw nuntawng hi a dik tak a nih chuan, amaha lo lang

chhuakin, khawvêlah nghawng thâ a nei ngîi ang. Ringtu inpumkhata-tangrualin Pathian nungchang a târlanna chu khawvêl hnêna thuhretu thiltithei tak a ni dâwn a ni.

**Mi dangte hnênah eng ang thuhretû-ah nge i tan?
Mîten Isua zui an châk phahna tûrin nangmâ nunah eng nge an hmuh ang?**

NILAINI

DANGLAMNA KÂRA INPUMKHATNA

NOVEMBER 28

Rom 14 leh 15-ah, tirhkoh Paulan Rom kohhrana inthenna thlentu thilte a sawi a. Chutiang harsatna chhâンna atân Rom mîte chu dawhtheihna leh chhelna nei tlâng a, chutiang avânga kohhrana inthenna thlentîr lo tûrin a sâwm a. Hê a thurâwn atang hian eng nge kan zir vê theih ang?

Rom 14:1-6 chhiar 1a. Rom khaw kohhran member-ten insawisêl a, inpâwl tlânnna an neih loh chhan chu eng thil nge ni?

Hêng thil tobul chu Judeate serh leh sâng dâna thiangular lohna a nih hmêl a. Paula sawi dânin hêng thilte hi “rinhlelh thilte chunga intihthiam lohna” (*Rom 14:1, NKJV*) a ni a; chhandamna chungchâng thil pawimawh niâwmin a lang lo va, mi mal chhia leh tha hriatna anga kalpui mai tûr niâwmin a lang zâwk (*châng 5*).

Hêng ngaih dân inang lo hi a tîrah chuan chaw-ei chî chungchâng a ni a. Leviticus 11-a sa ei khap ang chî kha heta Paula sawi hi a ni lo. Paula hunlai khân Kristian hmasâten vawk sâ emaw, sa thiangular lo dang emaw an ei ta mai tih finfiahna rêng a awm lo va, Petera pawh khân chutiang chu a ei hek lo (*Tirhkohote 10:14*). Mi chak loten thlai chauh an ei thû (*Rom 14:2*) leh, thil in chî lama

inhniâlna (*châng 17*) thû hian serh leh sâng chungchânga thianghlim lohna a kâwk tih a lang a ni.

Chutiang a nihzia chu Rom 14:14-a tawngkam hman *thiang lo (koinos)* hian a tichiang bawk. Hê thumal hi sa bawlhhlawh sawi nân hmânlaik Grik Thuthlung Hlui lehlinnaah hman a ni a, Leviticus 11-a sa thiang lote sawina a ni lo. Rom mîte zingah khân an inpâwlhona ruâi kil vê duh lo mi thenkhat an awm tih a chiang a, chû chu chaw buatsaih dân kha a tha tâwk em emaw, milim hnêna hlan loh a ni ngîi em tih thûa an chiân loh vâng a ni.

Chutiang deuh bawk chuan ni serh thû-ah pawh a ni. Hei hi kâr tina lo inher chhuak Sabbath serh chungchâng a ni lo, pelh hauh lo vin Paulan a serh thin a ni sî a (*Tirhkohte 13:14; 16:13; 17:2*). Hei hi Judeate kût nîte emaw chawnghei nîte emaw sawina a nih hmêl hlê. Heta Paulan a sawi chu, hêng sâkhaw thil hmanna hi chhandam nih nân tia hmang an nih loh chhûng chu, lo dawh hrâm tûrin a ngên a ni. Kan rinna kawnga thil pawimawh ni vak lo thilahte chuan kan lung a ruâl thap kher lo thei a, chûng hunah chuan Kristiante zînga inpumkhatna chu chhelna leh indawhtawnna hmanga lantir a ni thin.

In class-ah hê zawhna hi zâwt teh: Seventh-day Adventist kan nih vânga kan rin leh tih thin, Adventist-a inchhâl zawng zawngten an rin leh zawm kher ngai lo eng emawte a awm em?

NINGANI

RAWNGBÂWLNAA INPUMKHATNA

NOVEMBER 29

Luka 22:24-a LALPÂ Zanriah neih laia zirtîrte rilru sükthlêk leh Tirhkohte 1:14 leh 2:1, 46 Pentekos hmâ

lawk nuntawng danglamna târlang la. An nuna khatiang tak danglamna thlentu kha eng nge ni?

Tirhkohte 1:14 leh 2:46-a ‘rilru hmunkhat’ tih hian ‘rilru hmunkhata awm zui reng’ tih a kâwk bawk a. Chû chu hmun khata awm khâwm a, Isuan Thlamuantu rawn tirh tûr thutiäm thlen famkimna dîla tawngtai honain a rah chhuah a ni.

An lo nghah chhûng khân lo inpuhmawh leh insawisêl vêl chu a awl duh fû ang. Thenkhatin Peteran Isua a phat (*Johana 18:15-18, 25-27*) thû sawiin, Isuâ thawhleh hnúa Thoman a ringhlel tlat (20:25) te pawh an sawi thei ang. Johana leh Jakoba-te ûnauvin Isuâ lalrama dinhmun sâng chan tuma an beih thû te (*Marka 10:35-41*), Matthaia pawh chhiahkhawntu hmuhsitawm (*Matt. 9:9*) ni thin a nih thûte pawh an sawi thei bawk ang.

Chutichungin, “Hêng inbuatsaihna nîte hi, thinlung inenfiahna hun pawimawh tak a ni. Zirtîrte chuan an thlarau lam mamawh chu an hria a, thlarau hnehnâ tûra anmahnî tlintîr theitu hriak thiunga thianghlim tak chu LALPÂ hnênah an dil a. Anmahnî tân ringawta malsâwmna chu dil an ni lo. Thlarau veina chu an nei nasa êm êm mai a. Chanchin Thâ chu khawvêl pum puia puân tûr a ni tih an hre chiang a, Kristan a lo tiäm tawh thiltihtheihna chu an ngiat tlat mai.”—Ellen G. White, *Tirhkohte Thiltih*, p. 32.

Zirtîrte inpâwlhona leh thahnemngai taka an tawngtai hona zârah Pentekos thiltawn pawimawh taka tân buatsaih an ni a. Pathian an hnaih zual a, an inngeih lohnate an dah that tâkah chuan, zirtîrte kha Isuâ thawhlehna thuhretûa zâm lo leh huaisen taka tang tûrin Thlarau Thianghlim buatsaih an ni ta a ni. An tlinlohma hrang hrangte chu Isuan a ngaihdamsak tawh tih an inhria a, chumi zârah chuan hmalam pan zêl tûra huaisenna an

nei a. Anmahnî nuna Isuan a lo tihsak tâkte kha an hria a. Amaha chhandamna thutiâm chu an hria a, tichuan “Ringtûte tum ber chu Kristâ nungchang ang tihlan leh, A lalram tihzâu zêl chu a ni ta a ni.”—p. 41.

Anmahni hmanga LALPAN thil ropui takte a ti thei ta kha a mak lo ve. Keini tûnlai kohhran mîte tâna zirlai pawimawh a va ni êm!

Mi dangte nuna thil fel lo hmuh hi a awlsam viau mai thîn a. Kohhran tangruâl, Pathian duhzâwng ti tlâng tûra inpe nasa zâwk kan nih theih nân, engtin nge mi dangte tihsual palh en khûm dân kan zir theih ang?

ZIRTAWPNI

NOVEMBER 30

NGAIHTUAH TÛR: Helai thu lâk chhâwn hian kohhran hmasâ, Kristaa inpumkhat khân danglamna kâra inpumkhatna an vawn nun zêl a, khawvél hnêna thuhretu thil ti thei tak a nih tâk dân a târlang:

“Kohhran chhûngah chuan, thutlûkna siam kawnga kohhran hmasâ Thlarau Thianghlimin a kaihruai dân chu Bible-in min hrilh a. Chû chu hetiang kawng thuma eng ber emaw hmang hian tih a ni thîn: Inpuâncchuahna (entîr nân, Thlarau Thianghlimin mîte hnênah thil tih tûr a hrilh; Kornelia te, Annania te, Filipa-te ang kha; leh thumvâwr angte pawh); Pathian Lehkhathû (kohhranin thutlûkna siam nân Pathian Lehkhathû an hmang thîn); leh mipui nâwlpu ngaih dân (Thlarau Thianghlimin chhûnglam mi nâwlpuiah thawkin, inbiakna leh zirhona atangin inlungruâl tlânna an nei a, a hnûah chuan Thlarau hnathawh a ni tih an man thian leh hnuhnawh thîn).

“Ringtûte zîngah hnam zia te, thurin te leh Pathian thu kalpui dâna inhniâlna a chhuah chângin, thutlûkna siam kawngah Thlarau Thianghlim chuan zâi khata luân

nân a thawk thîn. Hetiang tihnaah hian, hruaitûte chauh ni lo vin ringtûte chu phûr taka an inhman tlânna kan hmû a, thil hriat dik theih nân tawngtaina pawimawhzia pawh kan hmu bawk. Pathian Thû an hriatthiamna kawngah te, ringtûte nuntawng leh mamawh neih kawngah te, hruaitûten rawng an bâwlna kawngah te hlarau Thianghlim hruaina an dawng zui zêl a. Kohhran thutlûkna siam hrang hrangah khân Thlarau Thianghlim chuan Pathian Lehkhathû te, tawngtaina leh nuntawng lo neih tawh hmangin a kaihruai bawk thîn a ni.”—Denis Fortin, “The Holy Spirit and the Church,” in Angel Manuel Rodriguez, ed. *Message, Mission, and Unity of the Church*, pp. 321, 322.

SAWI HO TÛRTE:

- 1. In class-ah, Nilâini zirlaia zawhna ‘Seventh-day Adventist kan nih vânga kan rin leh tih thin, Adventist-a inchhâl zawng zawngten an rin leh zawm kher ngai lo eng emawte a awm em?’ tih in chhânnna en ho ang che u.**
- 2. Kohhran danga Kristian, keini anga Isuâ thihna leh thawhlehna ring vê thote hi eng anga inkûngkaihpui tûr nge kan nih?**

KHÂIKHÂWMNA: Inpumkhat nih finfiahna tha ber chu Isuâ tih anga ûnaute inh mangaih tlân diâl diâl hi a ni. Kan sualte ngaihdamna leh chhandamna kan puân tlân hi Adventist kan nihna anga min phuâr khâwmthu tha ber a ni a. Kristaa chuan, khawvél hnênah kan inpumkhatna târlangin, kan thurin thuhretuâh kan tang thei dâwn ta a. Chû âia nêp lo chu ti tûra koh kan ni.

ZIRLAI 10-na**December 1-7, 2018****INPUMKHATNA LEH INLAICHÎNNA KEHCHHIA**

CHÂNGVAWN: “Hmêlmâ kan nih lai maha a Fapa thihna avânga Pathian nêna lo inrem tawh kan nih sî chuan, inrema kan awm tawh hnû hian a nunna avângin chhandamin kan awm ngei ang” (*Rom 5:10*).

SABBATH CHAWHNU**DECEMBER 1**

Chhiar tûrte: *Matthaia 18:15-17; Rom 5:8-11; 2 Korinth 10:12-15; Ephesi 4:26; 2 Timothea 4:11; Philemona 1-25.*

KAN hmuh tâk ang khân, Pentekos hnûah pawh ringtûte kâra inlaichinna a duhawm chiah loh chângte a awm thîn a. Thuthlung Thar-ah hian chutiang chona lo chhuakte chu kohhran hruaitûte leh member mi malte pawhin an hmachhawn dân a chuâng nuâl mai. An tihdân phungte chu tûnlai kohhran tân pawh a pawimawh êm êm a ni. Intihthiam lohna chinfel nâna Bible zirtîrnate kan zuia rah thâ a chhuah dân leh Kristaa kan inpumkhatna humhim a nih dân an târlang a.

Tûn kâr chhûng hian, inlaichinna siam that a lo nih dân leh, chû kan inlaichin tânnna chuan Kristaa kan inpumkhatna a nghawng dân chu kan zir dâwn a ni. Thlarau Thianghlim rawngbâwlna zârah miten Pathian hnaih lehzualin, kan inkâra dâidanna bangte chu thiah a ni thîn. A tâwi zâwngin, chanchin tha thiltihtheihzia târlanna ropui ber chu, kohhranin eng nge a sawi tihah ni lo vin, engtin nge kohhran chu a nun tihah a ni zâwk.

“In ihmangaih chuan mi zawng zawngin ka zirtîrte in ni tih chû mî-ah chuan an hria ang,” (*Johana 13:35*). Hê hmangaihna tel lo hi chuan, kohhran inpumkhatna kan sawi zawng zawng chu eng mah lo mai a ni ang.

SUNDAY**INTHIANNA DINTHARLEH****DECEMBER 2**

Isuâ thuhretûa tangin Paula leh Barnaba an thawk dûn thîn a. Mahse zâm hmang tak Johan Marka chu an ring ngam dâwn nge dâwn lo tihah an thû a ruâl thei lo va (*Tirkhothe 15:36-39*). Chanchin tha hrila an vah vélna hmun khata hlauhawm vângin Johan Markan Paula leh Barnaba chu a hâwnsan daih mai a (*13:13*).

“Hun eng emawti chhûng chu Paula pawhin Marka chu a lâwm lo takzet a. Barnaba erawh chuan thil la tawng vê thang lo a ni tih a hriat avângin a ngaithiam thei a. Kristâ tâna rawngbâwltu tangkai tak ni thei tûra tlinna chu nei tlata a hriat avângin Marka chuan rawngbâwlna chu bânsan mai lo se a ti êm êm a ni.”—Ellen G. White, *Tirkohote Thiltih*, p. 152.

Pathianin mî zawng zawng a hmang nâin, an inkâra thu inchuh chu chin fel a ngai a. Pathian khawngaihna puâng thîntu tirhkoh hian, amah tibeidawngtu thuhrlitu tlangvâl chungah khawngaihna a lantîr a ngai a. Ngaihdamna tirhkoh chu ngaihdam a ngai tlat mai. Barnaba kaihhruaina hnuaih Johan Marka chu a tha zâwngin a lo thang puitling tiâl tiâl a (*châng 39*), a tâwpah phei chuan a hmasâwnna chuan Paula thinlung pawh a khawih leh ta hlê a ni.

Engtin nge Timothea hnênah leh Kolosa mîte hnêna Paula lehkhathawnin Johan Marka nêna an

**inlaichînna dinthar leh niin, hê tlangvâl thuhrliftua rinna
thar a neih chu târlan a nih le? Kolosa 4:10, 11; 2 Timothea
4:11.**

Paula leh Johan Marka-ten inremlehna an neih dân chiang takin kan hre lo nâin, Bible-in a sawi chin hi chu a chiang. Chu chu Johan Marka kha tirhkoh thian rinawmte zîngä pakhat a ni tih hi. Kolosa kohhran hnênah chuan Johan Marka chu 'ka thawh pui' tiin a ngaihsân thû a sawi. A hun hnuhnung lamah Paulan Timothea chu Rom khaw lama Johan Marka chu rawn hruai ngîi tûrin a chah a, a chhan chu 'rawngbâwlna lamah ka tân a tangkai' tih a ni (2 Timothea 4:11).

Paula rawngbâwlna chu thuhrlitu tlangvâl hian a tiphusui a, a ngaidam tawh tih a chiang hlê. An inkâra daidanna bang chu thiah a ni tawh a, chanchin tha hril tûrin an thawk tlâng thei a ni. An pahnih inkâr thû chu eng pawh ni se, a hma lama Johan Marka chunga a rilru put hmangah Paula chu lo inthiam viâu pawh ni se, tûnah chuan thu mu hnû an chang zo ta.

**Engtin nge min tinatu emaw, tibeidawngtû
emawte chu ngaihdam dân kan zir theih ang? Chutih
ruâlin, engati nge ngaihdamnaah hian a hmâa
inlaichînna ang chiah dinthar leh vek kher chu a tel fo
lêm loh? Engati nge a ngaih khêr lêm loh theih bawk?**

**THAWH TANNI
BÂWIH ATANGA FAPA NIHNA**

Rom khuâa a tân lain, Paulan Kolosa atanga Rom lama bâwihi tlân bo, Onesima a tawng hlauh mai a. Paula hian Onesima pû hi mimal taka a hmêlhriat a ni a. Philemona Hnêna Lehkhathawn pawh hi a bâwihi tlân bo

nêna an inkûngkaihna dinthar leh tûra a thian hnêna mimal taka ngenna a siam thû a ni.

Paulan inlaichînna hi a ngai pawimawh a. Tirhkoh hian inlaichînna kehchhia hi thlarau thanna leh kohhran inpumkhatna dâltu a ni tih a hria a. Ani Philemona kha Kolosa kohhran puipâ a ni a; Onesima huâtna thinlung a pâi reng chuan, Kristian thuhretûa a tannaah leh ring lote zîngä kohhran chu thuhretûa a tannaah duhthû a Sam dâwn lo a ni.

**Philemona 1-25 chhiar la. Hetah hian inlaichînna
dinthar leh chungchânga thupui pawimawh eng nge
kan hmuh theih?**

Han ngaih mai chuan, Paulan bâwihi neih a khak na deuh lo hi mak pawh kan ti maithei e. Mahse, Paula hmalâk dân hi a fuh zâwk fê a ni. Chanchin thâ chuan mihring inthliârna zawng zawng chu a thiat vek a (Galatia 3:28; Kolosa 3:10, 11). Tirhkoh khân Onesima chu a pû Philemona hnênah a hâwntîr leh a; mahse, bâwihi ang ni tawh lo vin Isuaa fapa ang leh LALPAÄ Onesima 'ûnaupa duh tak' ang zâwkin a ni (Philemona 16).

Bâwihi tlân bo hmalam hun a thim hlê tih Paulan a hria a. Engtik hunah pawh man mai theih reng a ni. Rethi leh kawnkâw dinhmuna ding mai thei an ni a; mahse, Kristaa Onesima ûnaupa leh thawktu fel tak a nih chuan, a hmalam kâwl a êng leh deuh thei ang. A ei leh in te, chênnâ hmun leh eizawnna hnâ thlengin Philemona hnuaih chuan a ziâ deuh ang. Inlaichînna tuâm dam lehna chuan amâ nunah danglamna ropui tak a thlen bawk ang. Paula tân 'ûnau rinawm leh duh tak' (Kolosa 4:9) leh chanchin tha thawhpuitu a lo ni ta a ni. Isua ringtu ûnau pahnih kâra inrem lehna siam chu Paulan a ngaih pawimawh êm avângin, sum sén a ngâi dâwn a nih pawhin ani chuan châwisak hiâl pawh a inhuâm a ni.

Heta kan hmuh ang hian, mi dangte nêna inlaichinna lo chhe ta tuâm dam lehna tûra tangkaipui tûr chanchin tha thupuite lo la chhuak dâwn ta ila, engte nge i lâk chhuah ang? Engtin nge chûng thupuite chuan in tuâlchhûng kohhran inpumkhatna kechhe tûr a dâl theih ang?

THAWHLEHNI**INPUMKHATNA ATÂNA THLARAU THILPÊKTE**

Zirlai hmasa lama kan hmuh tâk ang khân, Korinth khaw kohhranin harsatna namêm lo tak an nei a. Thâwi dam leh dinthar lehna bâkah, kohhran inpumkhatna atâna tûl tak eng thupuite nge Paulan hêng chângahte hian a lo zam: 1 Korinth 3:5-11; 12:1-11; 2 Korinth 10:12-15?

Heng changahte hian tirhkoh chuan kohhran inpumkhatna atana thil tul takte chu a lo sawi a. A kohhran chhunga rawngbawlna hrang hrang atan Isuan thawktu chi hrang hrangte a lo hmang tih a sawi a, chungte chuan Pathian lalram din turin an thawk tlang theuh a ni (*1 Korinth 3:9*).

Pathianin inel lo va, thawk tlâng tûr zâwkin min ko va. Kristâ taksa tân leh vântlâng rawngbâwlina atân thawk tlâng tûrin Pathianin ringtûte hnênah thilpêk a pe theuh (*1 Korinth 12:11*). Thilpêk ropui bîk leh nêp bîk a awm chuâng lo, Kristâ kohhran tâna tangkai tûr vek a ni (*châng 18*). Kan Pathian-pêk thilthlâwnpêkte hi mahni tanghma hâina tûr ni lo vin, chanchin tha theh darh rawngbâwlina tûra Thlarau Thianghlimin a pêk a ni.

Mi dangte nêna inkhâikhin vél hi a fintlhâk loh, a chhan chu kan chapopui a, a nih loh leh kan insitphah mai dâwn a ni. Keini âia mi dangte chu ‘ropui zâwk fê’

anga kan ngaih chuan, kan inkhâikhin vél rawngbâwl kawnga eng mah tih theih nei vê lo vah kan inngai mai ang. A lehlamah, Kristâ tâna rawngbâwl kawngah, mi dangte âia thawk hlâwk deuh zâwka kan inngaih chuan, kan lo chapo mai ang; Kristian tân chutiang rilru put chu a awl êm êm a ni.

Chutiang a eng rilrû zâwk pawh chu pû ni ta ila, Kristâ tâna kan thawhna leh kan inpâwl hona tûrah min tizeng tlat ang. Kristâ min dahna huâng chhûnga kan thawh laiin, Kristâ tâna thuhretûa kan tannaah lâwmna leh lungâwina kan chang ang a. Kan chétna chuan mi dangte chétna a tiphusui bawk ang a, Kristâ kohhran chuan lalram tân hlâwkna ropui tak a têl ang.

Tûte rawngbâwlina thilpêk dawnte emaw han itsik deuh tlat ngaihtuah theih i nei em? Chutih ruâlin, mi dangte thilpêk dawn nêna khâikhina i chan han uânpu deuh chângte i nei tawh ngai em? Paula thil enghelh hi tlu tawh mihringa awm rêng a ni. Kristaa kan inpumkhat tlânnna vawng him tûrin engtin nge hmasialna rilrû dah bo dân kan zir theih ang?

NILAINI**NGAIHDAMNA****DECEMBER 5**

Ngaihdamna chu eng nge ni? Ngaihdamna chuan kan chunga thil dik lo tak titûte nungchang chu thiam a chantir ta mai em ni? Ka ngaihdamna chu thil sual titû simnaa inngihat a ni em? Min tibuaitu chuan ka ngaihdam phû lo vin lo hre ta ila, engtin nge ni zél ang?

Engtin nge hêng chângte hian Bible zirtîrna anga ngaihdamna chungchâng man thiam tûra min tanpui? Rom 5:8-11; Luka 23:31-34; 2 Korinth 5:20, 21; Ephesi 4:26.

Amah nêna inremna kan neih theih nân Krista chu a lo che hmasâ a. "Pathian thatna chuan simna tûrin a hruai thîn che" (*Rom 2:4*). Misualte kan la nih laiin Kristah chuan Pathian nêna inrema siam kan ni tawh. Kan simna leh inpuânnna hian inremna a siam a ni lo. Kraws-a Kristâ thihna khân a siam zâwk a ni; kan lo tih vê tûr chu kan tâna min tihsak lo pawm mai chu a ni.

Kan sualte kan puân hmâ loh chuan ngaihdam nih malsâwmna kan chang thei lo tih hi a dik a. Kan inpuanna hian Pathian thinlungah ngaihdamna a siam tihna erawh a ni sî lo. Inpuanna zârah keini hi dawng thein min siam a ni zâwk (*1 Johana 1:9*). Inpuân chu thil tûl tak a ni, chû chuan kan chunga Pathian rirlû put hmang a thlâksak ni lo vin, Amâ chunga kan rirlu put hmang a thlâk zâwk a ni. Thlarau Thianghlimin sual sim leh inpuân ngai nih inhriatna min neihtîr a kan zawm hian, kan lo danglam ta thîn a ni.

Ngaihdamna hi kan thlarau nun thatna tûr pawhin a pawimawh hrim hrim a. Kan chunga thil sual titûte kan ngaihdam duh lo tlat hian, ngaihdam phû vak lo pawh ni se, anni âiin keini lam hi min hliam na zâwk. Tûin emaw i chungah thil a tisual a, i ngaihdam duh loh avânga chhünglam natna i tuâr a nih chuan, an tihnat zui zêl che i inphal tihna a ni. Chutiang rirlû pûa intihnat vânga kohhran chhüngä boruak duhawm lo thleng hi a va tam êm! Member-te kâra intihnatna chinfel sî loh hian Kristâ taksa inpumkhatna a tichhe thîn a ni.

Kristan thiam-loh-chantîrna laka min chhuahtîr tâk avângin ngaihdamna hi mi dangte thiam loh kan chantîrna atanga kan chhuah zaléntîr vêna a ni. Kan chunga an khawsak dân kha thiam kan chantîr ta e tihna chu a ni chuâng lo. A chungah thil dik lo kan ti chungin, Kristan Amah nêna inremin min siam a, chutiangan keini pawhin

kan chunga thil dik lo titûte chu kan rempuí vê thei ang. Ngaihdam kan nih tawh avângin keini pawhin kan ngaidam thei ta a. Hmangaihna dawng kan nih avângin kan hmangaihna vê thei bawk ang. Ngaihdamna hi duhthlanna a ni. Mi dangin kan chungah eng thil pawh lo ti se, ngaihdam chu kan thlang thei, Hei hi Isuâ rilru dik tak chu a ni.

Engtin nge Kristaa ngaihdamna kan chan ngaihtuahna zârah mi dangte ngaihdam dân kan zir theih ang? Engati nge hê ngaihdamna hi kan Kristian nungtawng pawimawh tak a nih?

Matthaia 18:15-17 chhiar la. Kohhran member dangten kan pawi an khawih huna buaina chinfel dân tûr eng rahbi pathumte nge Isuan min pêk? Engtin nge ataka kan hman ang?

Matthaia 18-a Isuan thurâwn pêk a duh chu, kohhran chhüngä buaina chhuak tihpunlun loh mawlh hi a ni. A intithiam lote chuan an pahnih kârah chingfel zêl mai se a duh a. Hei vâng tak hian Isuan, "I ûnauvin i chungah thil tisual sela, kal la, amah leh nangmah chauhva hriatah a sualnaah chuan zilh ang che; a ngaihthlâk che chuan i ûnau chu i hneh a ni tawh ang," (*Matthaia 18:15*) tiin a puang.

Mi pahnih kâra intithiam lohnaah inhnâmhawih an tam poh leh boruâk a sâng ting mai a, chû chuan ringtûte inpâwl hona a nghawng chhe ting mai dâwn a ni. Mîten tan lam an nei nghâl thuai thîn. Kristianten mi inhnâmhawih tlêm thei ang bera chin fel an tum a, Kristian inhmangaihna leh inhriathiam tawnna rirlû nêna chuan

inremna boruak a lêng leh thîn. Inremna siam tûra hmâ an lâknaah, Thlarau Thianghlim lo chêt theihna tûr boruak thâ a lo awm ta thîn a ni.

Eng emaw châng chuan inrem tûra ngenna siam hian awmzia vak a nei lo thei a. Chutiangah chuan Isuan mi pahnih-khat sâwm belh tûrin min tî a. Rahbi pakhatna tih hnû-ah chauh hei hi tih tûr a ni. A tum ber chu an inthenna tûr ni lo vin, an inremna tûr zâwk chu a ni a. Mi sâwm belhte pawh chu tan lam neia inpuhmawh leh indem rawn vélna tûr a ni lo. Mi intithiam lote inremtîr lehna tûra Kristian hmangaihna leh lainatna nêna thurâwn petu leh tawngtaipui tûrin a ni zâwk.

Chutianga hmalâkna zawng zawngte pawh chu a la sâwt vak lo cheu a ni thei. Chutiangah chuan, Isuan kohhran hnêna thlen tûrin min kawhhmu a. Mipui inkhâwm tam lai taka chutiang intihthiam lohna chungchâng chu theh tûrin a ti lo chiang hlê. Rahbi hmasa pahnihte an sâwtpui tawh hnû-ah chauh, kohhran rorêlnaa thlen tûr a ni. Hetah pawh hian Kristâ thil tum chu inremtîr a la ni tho. Pakhat thiam loh chantîr a, pakhat thiam chantîr tum bik lam a ni lo.

“Ngaihuâtna chhiatnaa chantîr phal lul suh u. Hliâm hi thil tawiha chantîr tûrin thu tûr pâi sawi chhuak suh u, a lo hretûte tân rilru natna a thlen sî a. In rilrûah ngaihtuahna kha tak awmtîr phal hek suh u. Unau hnêna kalin, inngaihtlâwmna leh tihtakna thinlung nêna thil awmzia sawipui ang che u.”—Ellen G. White, *Gospel Workers*, p. 499.

ZIRTAWPNI

DECEMBER 7

NGAIHTUAH TÛR: “Hnathawktûten an nuna Kristâ chêncilhna an chan a, hmasialna zawng zawnge a thih a, inerna a awm loh a, chungnun inchuhna a bo va, inpum-

khatna a awm zâwk a, mahni an intihthianghlim chuan, inh mangaih tawnna chu hmuh niin, rilrûah a châm a, chutah chuan Thlarau Thianghlim khawngaihna chu ruahpui angin a lo sûr ang a; Pathian thutiâm chhun han tê tak tê pawh tlawlh lo anga chiangin a lo thleng ngîi ang.”—Ellen G. White, *Selected Messages*, book 1, p. 175.

“LALPÂ ni ropui takah, Krista chu kan inhumhimna leh kulhbîng anga kan dinpui dâwn a nih chuan, îtsîkna zawnzawng te, chungnun duha beihna zawnzawngte kan dah bo vek tûr a ni. Hêng thil thianghlim lote hi a zung nêna lam kan pawt chhuak vek tûr a ni; tichuan, kan nunah a lo chawr chhuak leh tawh tûr a ni lo. LALPÂ lamah chuan keimahni hi kan tang hmiah tûr a ni.”—Ellen G. White, *Last Day Events*, p. 190.

SAWI HO TÛRTE:

1. **Kolosa 3:12-17 chhiar la. Kolosa kohhranten nei tûra tirhkoh Paulan a fuih Kristian nihnate chu sawi ho teh u. Engtin nge hêng hi buaina chinfelna bul a nih? Engtin nge hêng hian Matthâia 18:15-18-a Isuâ zirtîrna hlen tûra min kaihhruai thin?**
2. **Kolosa 3:12-17 leh chuta zirtîrna in hmuhte chu ennawn leh ula. Engati nge hêng thilte hi kohhran inpumkhat nâna pawimawh tâwpkhâwk a nih?**
3. **Kan kohhran, Seventh-day Adventist hi kan thlîrin, khawvêl pawh theihna tûr inpumkhatna kan neihna dâltu lian ber chu eng nge ni? Kan zirtîrna leh thurinte hi em ni? Ni lul lo ve! Hêngte hi chu Pathianin khawvêla puâng tûra min tih kha a ni a. Harsatna chu keini hi kan ni zâwk maithei, kan inlaichîn tawnnaah hian thîkthû te, inrêl te, hmasialna te, chungnun duhna te leh chutiang lam**

chu a awm a ni maithei. Engati nge kohhrana inpumkhatna a thlen theihna tûra nangmaha danglamna thlen tûrin Thlarau Thianghlim chakna dîl chu tih mâkmawh a nih?

KHAIKHAWMNA: Isua Kristâ chanchin thâ chu tihdamna leh insiamthatna thû a ni. Hêng hi a lo thlen hunah, mi dangte nêna kan inlaichînnaah nghawng a nei ang. Bible-in zirtîrna pawimawh tak min pê a, sualna khawvêla kan chêng chung pawha inlaichînna duhawm leh thâ neih dân tûr entîrna min pe bawk.

ZIRLAI 11-na

December 8-14, 2018

CHIBAIBÙKNAA INPUMKHATNA

CHÂNGVAWN: “Leia awmte hnênah leh hnam tinrêng te, chi tinrêng te, tawng tinrêng te, mi tinrêng te hnêna tlângaupui tûra, chatuana Chanchin Tha nei vântirkoh dang vanlaizâwla thlâwk ka hmû a; tin, ani chuan aw ring takin, ‘A rorêl hun chu a lo thlen tâk avângin Pathian chu hlâu ula, chawimawi rawh u; vân te, lei te tuifinriat te, tuihnâ te Siamtu chu chibai bûk rawh u,’ a ti a,” (*Thupuan 15:3*).

SABBATH CHAWHNU

DECEMBER 8

Chhiar tûrte: *Daniela 3:8-18; Matthais 4:8, 9; Tirhkohte 4:23-31; Thupuan 4:8, 11; 14:6, 7, 9.*

PENTEKOS hnû lawk atang khân Kristian hmasâten Pathian chibaibûk nân an hun tam tak an hmang a. “Tirhkohte zirtîrin, inpâwlin, chhang phelin, tawngtaiin thahnemngai takin an awm reng a,” (*Tirhkohte 2:42*). Thuthlung Hlui hrilhlâwknate lo thlen famkimna, Isua chu Messia a ni tih hriatna atanga lo chhuak nêñ, Pathian chunga lâwmna leh lâwmthu sawina an thinlungah a khat liam a. Hê thutak ropui hriat hi hamthatna a va ni êm! Khâng Kristian hmasâte khân inpâwl ho nân te, thu zir leh tawngtai nân hun hman ho tûl tihna an nei a; chûng chu Isuâ nun, thihoa leh thawhlehna zâra A thutak inpuâng chhuak vâng leh, anmahni nuna thil A tihsak avângta Pathian chunga lâwmthu sawi nân a ni.

Isua Kristâ kohhran chu kan hrilhfiah dâwn chuan, [Pathian] chibaibûka inpâwl ho tihna a ni a, “thlarau lam in, puithiam thianghlimho, Isua Kristâ zâra Pathian lawm tlâk, thlarau lam inthâwina hlân” (*1 Petera 2:5, NKJV*) tûra Pathian koh nihna a ni. A huhova Pathian chibaibûknna A chunga lâwmna chuan mîte thinlung leh rirlûte chu Amâ nungchang pu tûr leh rawngbâwl tûra buatsaih nân a siamtha thîn.

Tûn kâr chhûnga kan zirlai hian chibaibûknna awmzia leh chû chuan Isua ringtûte zînga inpumkhatna a vawn him dân min zirpui dâwn a ni.

**SUNDAY
MIN SIAMTU LEH TLANTU CHIBAIBÛKIN**

DECEMBER 9

Pathian chibaibûknna chungchâng sawi honaah, eng thilte nge tel tûr ni a, engtia tih tûr nge tihte kan târlang fo thîn a. Mahse, chibaibûknna awmze ril tak chu eng nge ni? Pathian chibai bûk tih hi eng nge a awmzia? Engati nge kan tih thin? Sam 29:2-ah Davidan, “*LALPA hnênah a hming ropuina chu pê ula; thianghlim mâuina inbelin LALPA chu chibai bûk rawh u,*” a ti a. Hê Sam thû hian chibaibûk awmzia manthiam tûrin min tanpui a. LALPA chibaibûk tih chu ‘A phû ang ngêia ropuina leh châwimâwina hlân’ tihna a ni.

Thupuan 4, 5 chhiar la. Vâna chêngten Pathian leh Isua, Pathian Berâm No chibai an bûk chhan engte nge a sawi? En tûr: Thupuan 4:8, 11; 5:9, 10, 12, 13.

Vân lalthutthlêng hûnna hmuna chibaibûknna ziárâng târlanaah hian, Isua chu Pathian Berâm No leh khawvél Chhandamtu zahawm tak anga sawi a ni a. Chibaibûknna lo thlen dân pawh chu, Pathian thil tih tâkte

chunga fakna leh lâwmthu sawina thûtea Pathian thilsiamten Amah an chhân lêtta a ni. Pathian thilsiamna leh chhandamna mi malin lâwm taka a chhân lêtta hi chibaibûknna chu a ni. Tâwpna hunah chuan, tlanten hê fakna hi zawm vêin, Pathian chhandamna chu chutiang chuan an chhâng lêt vê ang.

“Aw LALPA Pathian, Engkimtithei, I thiltihte chu a ropuiin a mak a; Nang, hnam tin Lalber, I kawngte chu a felin a dik a ni. Aw LALPA, tu nge i hming zah lo vang a, châwimâwi lo vang? Nang chauh i thianghlim sî; I thiltih felte chu tihlan a nih tawh avângin, hnam tinrêngin chibai an rawn bûk ang che,” (*Thupuan 15:3, 4*).

Chutiang chuan, chibaibûknna chu A thiltih ropui takte avângä Pathiana kan rinna chhân lêtta a ni a; a hmasa berah, min siam avângin; a dawt lehah min tlanna avângin a ni. Pathian chu châwimâwi, zahna hlân, fak, hmangaih, thu âwihin, chutiang dawn phû rêng a ni tih ringin chibai kan bûk thîn. Ni e, Pathian chungchâng kan hriatna, min Siamtu leh Chhandamtu a nihna te hi kan hnêna puân chhuah Bible thû atanga lo chhuak a ni. Chûbâkah, Kristianten Pathian kan hriat chian lehzualna chu Amah Isua leh a rawngbâwlna atangin a ni (*Johana 14:8-14*). Chûvâng chuan, Kristianten Isua chu Chhandamtu leh Tlantu a nihna te, inhlannaa a thihna leh thawhlehna chu chibai an bûk chhan tak chu a ni.

Chibaibûknna nei tûra Kristiante an rawn inkhâwm hian, chutiang chu a ni tih hriatna avângä zah leh lâwmthu sawina nêñ chibaibûknna chu kan nei tûr a ni.

Amâ duhthû rênga min thihsakna azârah, Kristan min Siamtu leh Tlantu a nihna angin, eng mah khêk nei lo va engkim min hlui chungchâng hi ngaihtuah la. Engati nge hêng thutakte hi amah chibai kan bûkna lungphûm tûr chu a nih?

**THAWH TANNI
CHIBAIBÙKNA SUÂK**

DECEMBER 10

Matthaia 4:8, 9 chhiar la. Thlalêra Isua thlêm a nih tum thumna kha eng nge ni?

Chapo leh uâng takin Setanan hê khawvél rorêltu nihna neiah a inchhâl a, a hausakna leh ropuina neitûah a inchhâl bawk a. Khawvél chu amâ siam niâwm ziâzângin, chuta chêng zawng zawngte zah leh châwimâwina dawng tûr niin a inngai ngawt a. Siamtu Pathian tân chuan indiriamna chimawm tak a ni. Setana khân chibaibûkna awmze dik tak chu a man hlé a ni; lei leh vân neitu dik tak hnênah chuan zahna leh châwimâwina chu hlan tûr a ni rêng a ni.

Daniela 3-a Hebrai thian pathumte thil tawn (a bikin châng 8-18) leh Thupuan 13:8; 14:9-11 tâwpna huna thuneitu hi khâikhin la. Tâwpna huna dinhmun derthâwnga ding chu eng nge ni dâwn? Hêng thil pahniha thu laimû tak chu eng nge ni?

Kaina leh Abela-te atanga Babulona Hebrai tlangvâl pathumte leh, tâwpna huna ‘sakawlh chhinchhiahna’ (*Thupuan* 16:2) chungchâng thlengin, Setanan chibaibûkna suâk dinngheh a tum ngar ngar a, chumi hmang chuan mîten Pathian dik an hawisan a, fing verther taka amah chibai an bûk zâwkna tûr kawng a zawng thîn. Tlûkna thlen hmâ pawh khân, Pathian ang nih a lo duh tawh thîn a (*Isaia* 14:14). Hebrai tlangvâlten milim chibai an bûk duh dâwn loha an nun dinhmun hlauhawma a awm thei ang bawk khân, tâwpna huna Pathian mi rinawmte pawhin sakawlh ‘lim’ chu chibai an bûk duh lo a nih chuan, tihhluma vauna an hmachhawn dâwn a ni. Engati nge eng ‘lim’ mah chibai bûk lo va, Pathian dik chauh chu chibai bûk tûra koh kan nih?

“Dura phaizâwla Hebrai tlangvâlte thil pal tlang atang hian zir tûr pawimawh tak tak a awm. . . .

“Pathian mîten manganna an la tawh tûr atân hian rinna nghet, sai ngai lo neih a tûl dâwn a, chibai an bûk tûr Pathian chauh a ni tih an pawm ngheh tlat a tûl a, thil eng mahin, nunna chân hial pawh tûl dâwn mah se, chibai bûkna dik lo a pawmtîr ngai tûr a ni lo. Thinlung chhûngrila takna leh rinawmna neite tân chuan, tâwp chin nei mihring thupékte chu, Chatuan Pa thu nêna kaikhin râlah chuan eng mah lo mai an ni ang. Thutak chu, tân ina khung te, hnawh chhuah te leh thih hial pawh huâmin, an zâwm zêl ang.”—Ellen G. White, *Thlahtubulte leh Zâwlneite*, pp. 432, 433.

Kan chibaibûk Phâua chauh ni lo tû dang pawh chibaibûk tûrin engtiang kawng hrang hrangtein nge thlêm kan nih thin? Engtin nge chibaibûkna suâk hi kan ngaih ngawt âia verther zâwk daih a nih? Tûnah ngîi pawh hian eng thilte chu nge chibai bûk tûra thlêm kan nih thin?

**THAWHLEHNI
VÂNTIRHKOH PAKHATNA THUCHAH**

DECEMBER 11

Seventh-day Adventist-te chuan Thupuan 14:6-12-a vântirhkoh pathum thuchah hi Isuâ lo kal leh hmâ chiaha (*châng* 14-20) an rawngbâwlna tûr leh, an thuchah laipui angin an ngai a. Hêng thuchahte hi leia chêng zawng zawngte hnêna ‘aw ring taka’ puân chhuah tûr chu a ni.

Thupuan 14:6, 7 chhiar la. Vântirhkoh pakhatna thuchah chu eng nge ni a, Pathian chungchâng eng nge a târ lan? Chibaibûkna tûra hê thuchaha sawi lan a nih chhan chu eng nge ni?

Vântirkoh pathum zînga a hmasa ber thuchah puân kha khawvél pum pui tân a ni. Hei hi *Matthaia 24:14* a Isuâ hrilhlâwkna lo thlen famkimna a ni bawk. Vântirkoh pathumte leh an rawngbâwlha hi tuah leh hmanhmawhpui ngâi tak anga târlan a ni a. A hmasa ber hian Pathian ngaihsak tûrin mîte a tur a “A rorêl hun chu a lo thleng ta,” (*Thupuan 14:7*) tiin a puang. Isuâ lo kal lehna tûr chu rorêlna tâwpna tûr a ni ang.

Vântirkoh chuan, “Pathian chu hlâu rawh u,” (*chang 7*) a ti a. Pathian ngaithupui vak lote tân chuan hê thuchah hi che tûra kohna a nih angin, mi tam tak thin a thâwng hlê dâwn a ni. Isua zuitûte tân erawh chuan Amah zahna leh lâwm tûra sâwmna a ni thung. Pathian lam thlîrin A thutiamte famkimna chu an hmû a. Pathian zah tak chunga lâwmna chuan an khat a ni.

“Vân leh lei te, tuifinriat leh tuihnâte Siamtu chu chibai bûk rawh u,” (*châng 7*). Hê tawngkam hian Thilsiamna chungchâng Sabbath thupék (*Exodus 20:8-11*) kha thâwi tham deuhin a sawi a. Thilsiamna Pathian tho kha thilsiam theitu a nih hriat reng nâna Sabbath dintu, zah leh chibaibûk tûr chu a ni.

Tâwpna hunah chuan chibaibûkna chungchâng hi thu inchuh ber, tû chungah nge mihringte hi an rinawm tih lantirna a ni dâwn tih hi a ngaihnawm hlê mai. Hê khawvél huap thupuân hi Siamtu chibaibûk tûra kohna a ni.

“Buaina hnuhnunga thu inchuh ber tûr chu chibaibûkna thû-ah a ni dâwn. *Thupuan-in* chiang tako a sawi chu fiahna chu chibaibûk khap lam ni lo vin, ‘tû chu nge chibai kan bûk’ tiyah a ni ang. Tâwpna hunah chuan, khawvélah hian mi chi hnih chiah an awm dâwn a: Pathian dik hlâuva chibaibûktûte (11:1, 18; 14:7) leh thutak huâ a dragon leh sakawl chibaibûktûte chu (13:4-8; 14:9-11) an ni. . . .

“Buaina hnuhnunga chibaibûkna chu thu inchuh ber a nih dâwn chuan, leia chêngtena an ngaih thupui viau leh, chibaibûk phû awm chhun, Siamtu chu chibaibûk tûra ngen nâna Pathianin tâwpna hun chanchin thâ a puântîr chu thil tih âwm tak a ni.”—Ranko Stefanovic, *Revelation of Jesus Christ: Commentary on the Book of Revelation* (Berrien Springs, Mich.: Andrews University Press, 2002), pp. 444, 445.

NILAINI

DECEMBER 12

BIBLE ZIR HO LEH INPÂWL HONA

**Tirhkohte 2:42 chhiar la. Kristian hmasâte
Pathian biak inkhâwma an thil tih thin thenkhat chu
engte nge ni?**

“Anni chu tirhkohte thurina ding nghet leh inpâwl hovin an awm reng a,” (*Tirhkohte 2:42, NKJV*). Kohhran hun tîr tê atang tawh khân, chibaibûknaah tirhkohten kan hnêna min lo pêk Pathian Thu zirna neih kha a pawimawh lai tak a ni chho reng a. Isua chu Messia a ni tih sawina chungchâng sawina Pathian Lehkhathu zir kawngah Kristian hmasâte kha an rinawm tlat a. Pathianin an hnêna malsâwmna a vûr tharte chu inherilh tawn tûr leh, thlarau lama Pathian lênpui tûra infuih phûr tlâng tûrin inpâwl hona an nei fo thîn. Thû atang chuan thutak hlu tak takte an chhar chhuak a, chûng chu khawvél hnêna an thuchah lungphûm a lo ni ta a ni.

**Ringtu dangte nêna inpâwl hona neiha Pathian
Thu zir hona neih pawimawhzia eng nge hêng chângte
hian an sawi?**

Tirhkohte 17:10, 11
2 Timothea 3:14-17

“Thutak chanchin tha puân a nihna hmun apiangah rinawm taka thil dik tih duhtu apiangte chu Pathian Lehkha thûte ngun taka zawng tûra hruaiin an awm thîn. Hê khawvêl chanchin tâwp dâwn lam hnaihah hian fiahna thudik puan ngaithlatûte chuan Beroia khuâa mîte anga, nî tina Pathian thûte zawng a, an thusawi ngaihthlâkте chu Pathian thû nén an khaikhin zêl phawt chuan, tûna mi tlêm tê awmnaah hian Pathian dân thûtea rinawm tam tak an lo awm ang.”- Ellen G. White, *Tirhkohte Thiltih*, p. 206.

Kan puân chhuah thutak avâng te, Pathian Thû atanga thutak kan hmuh chhuah avângte hian impumkhat tlâng kan ni. Chutiang chu hmânlai Pathian mîte pawh kha an lo ni tawh a, tûnlai hunah pawh chutiang tho chu a ni. Pathian Thu zir hona hi kan Pathian chibaibûk inkhâwm leh, khawvêl hnêna vântirkoh pathum thuchah puâng chhuak tûra kohte inpumkhata awmtirtu chu a ni. Chibaibûkna leh inpâwl hona nei tûra chhûngkua anga kan lo kal khâwm hian, Isua lo kal lehna tûr leh kan rawngbâwlna tûra kan nunte buatsaiha min kaihruai tûrin, Pathian Lehkhathû chuan Pathian atangin thû min hrilh thîn a ni.

Kan rinna thû-ah hian, eng ang taka Bible-a zung kâi nghet nge i nih? Hebrai tlangvâl pathumte ang khân tihhlm tûra vauna hmachhawn ngam tûr khawpa zung kaih nghet i ni vê tawh em?

NINGANI
CHHANG PHEL LEH TAWNGTAIIN

Kohhran hmasâin chona an hmachhawn kha eng pawh ni se, Isua an rin tlânnâah leh, khawvêla puân darh

tûr thutak an kuta kawltîr chungah an inpumkhat tha that a. Petera phei chuan ‘tûnlai thudik’ (*2 Petera 1:12*) tiin a sawi hial a ni. Chutiang chuan thutaka tangrualin, an inpumkhatna chu kawng hrang hrangin an lantîr thîn a ni.

“Anni chu . . . ding ng hetin, chhang phel leh tawngtaiin an awm reng a,” (*Tirhkohte 2:42, NKJV*). Heta chhang phel tih hi inpâwl hona chawhlui kîl sawina emaw, ringtûten chaw an ei ho thin sawina emaw pawh a ni thei. Chutianga inpâwl hona chawhlui an kîlna thenkhatah chuan, tû emaw lo ding chhuakin Isuâ thihna leh thawhlehna hriat reng nân leh, A lo kal leh thuaina tûr beiseiin chhang leh in tûr chu malsâwmna bîk a dîl pawh a ni thei. Kristian hmasâte khân Isuâ nun leh rawngbâwlna hriat reng nâna hun hmang thîn, inpâwl hona chawhlui kila sawi hote kha nuâm an ti a ni. Chawhlui an kîl honate pawh chu chibaibûkna hunah a chang ta zêl a ni ber.

“Nî tin rilru hmun khatin Pathian biak inah chuan thahnemngai takin an awm thîn a, an in lamahte pawh chhang an phel a, hlim tak leh lungâwi takin an châw an ei thîn a, Pathian an fak a, mi zawng zawng lâwm zâwngin an awm thîn. A chhandam mîk apiangte chu LALPAIN nî tin an hnênah a teltr zêl thîn,” (*Tirhkohte 2:46, 47*). Rinhlelh ruâl lohin, hetianga inpâwl hona an neihna hian Isuâa inpumkhatna an neih tawh chu a châwm nung tha hlê a ni.

Tirhkohte bû-ah hian Kristian hmasâten tawngtai hona an nei thîn tih eng entîrnate nge kan hmuh? Eng dîlin nge an tawngtai thîn?

Tirhkohte 1:14

Tirhkohte 4:23-31

Tirhkohte 12:12

Kohhran hmasâte khân Pathian nêna inbiakna neih remchânnna kha an ngaihlü hlê thîn a, Amah chibaibûka inkhâwm honaa dilna thlen phei chu an pelh phal ngai lo. Paulan Timothea hnêna a lehkhathawn pakhatnaah Kristian kal khâwmnaa tawngtaina neih pawimawhzia a târlang tel a (*1 Timothea 2:1*). Ephesi mîte hnênah pawh tawngtaina neih a tûl thû uâr takin a sawi bawk: “Tawngtaina leh dilna tin rêngin eng hun pawha Thlaraauva tawngtaiin, chu mi kawngah chuan mi thianghlim zawng zawng tân thahnemngai tak leh dil tlatin ngaihven rawh u,” (*Ephesi 6:18*) tiin.

Thil tlânglâwn deuh indîlsak thiltihtheihna zârah, inpumkhatna thûk zâwk kan chan theihna tûr chu eng kawngte nge ni ang? Engtin nge hetianga tawngtaina hian kohhran pumkhat tûra min tanpui thin?

ZIRTAWPNI

DECEMBER 14

NGAIHTUAH TÛR: “Thilsiam hriat reng nâna Chawlhní pawimawhna chuan, Pathian chu chibai bûk tlâk a nihzia leh, Siamtu A nihzia leh A thilsiamte kan nihzia a lantîr reng a. Chuvângin Chawlhní chu Pathian biakna nghahchhanah chiah a awm a; hê thutak ropui tak hian, mi lungkuai zâwng tak thu zirtîrna danga awm lo chu a zirtîr a. Pathian chibai bûk dân dik, nisarih nîa chawlhnâ satliah mai ni lo, chibai bûkna tinrêng chu Siamtu leh a thilsiamte inkâra danglamnaah hmuh a ni ang. Hê thil kalhmang dik ropui tak hi hluihlâwn mai theih a ni lo vang a, theihngihlh a ni hek lo vang. Hê thutak hi mihring rilruah an vawn reng tûrin Pathianin Eden-ah Chawlhní chu a lo

din a. Siamtu a nihna hi amah chibai kan bûkna tûr chhan a nih chhûng chu Sabbath nî hi chhinchhiahna leh hriat rengna a ni reng ang. Sabbath nî chu khawvél zawng zawngah serh ni ta sela chuan, mihringte rilru leh thinlung chu Siamtu zahna leh chibai bûkna lamah a hruai ang a, Pathian awm ring lo, milem be mî leh Kristian sâkhaw ngaihsak lo an awm ngai lo vang. Sabbath ni serh chu, Pathian dik, ‘vân te, lei te, tuifinriat te, tuihnâ te Siamtu’ laka rinawmna lantirtu chhinchhiahna a ni a. Pathian châwimâwi tûr leh, A thupêkte zâwm tûra mihringte hnêna thu petu thuchah chuan thupêk palina, zâwm tûrin a sâwm bîk ang.”—Ellen G. White, *Indona Ropui*, pp. 437, 438.

SAWI HO TÛRTE:

1. **Chibaibûkna, thilsiamna leh chhandamna hi Bible thupui inphiâr khâwm chiât a ni sî a, engtin nge Sabbath serhna hi chibaibûkna suâk laka Pathian damdâwi a nih i rin? Hê tâwpna-hun hrilhlâwkna Thupuan 14:6, 7-ah hian Sabbath-in eng pawimawhna tak nge a neih? Engati nge vântirhkoh pakhatna thuchahah Sabbath chu sawi a lo nih?**
2. **Pathian chibaibûk inkhâwma tih tûrte leh tih loh tûrte kan sawi fo va. Hei hi a tha tâwk em? Chibaibûkna chu eng nge a nih chiah? Engtin nge in tuâlchhûng kohhran khân chibaibûkna awmze nei tak chu ataka in chan thin?**
3. **Hnam thenkhat zîngah Kristian chibaibûk hona ang chî hi a bo deuh tiâl tiâl a, Adventist zîngah ngîi pawh a ni. Chutiang dâl tûr chuan in tuâlchhûng kohhran khân eng nge in tih theih ang?**

KHAIKHÂWMNA: Chibaibûkna hi Pathian chhandamna thil-thlâwnpêk Kristian ringtûten lâwm taka an chhânlêtna a ni. Kristante inpumkhat leh inpâwl hona atâna thil tûl tak a ni bawk. Tawngtaina leh kan tâna Pathian thutak hriat châka Bible zir hona tel lo chuan, Kristaa kan inpumkhatna hi ataka chan a ni ngai lo vang.

ZIRLAI 12-na

December 15-21, 2018

KOHHRAN INRÊLBÂWLNA LEH INPUMKHATNA

CHÂNGVAWN: “**Chutichungin nangnî zîngah zawng chutiang a ni lo vang; tû pawh in zînga mi ropui nih duh apiang chu in rawngbâwltauah a awm tûr a ni. Tû pawh in zînga hmasa ber nih duh apiang chu in chhiahhlawhah a awm bawk tûr a ni,**” (*Matthaia 20:26, 27*).

SABBATH CHAWHNU

DECEMBER 15

Chhiar tûrte: *Matthaia 16:19; 20:25-28; 28:18-20; Galatia 6:1, 2; Ephesi 5:23-27; Tita 1:9.*

KEINI Seventh-day Adventist-te hi Protestant Kristian, mihringte tâna Isua Kristan a tihsak tawh chunga rinna nghah vâng chiah a chhandam nih ringtûte kan ni. Kristan kan tâna min tihsak tâk hlâwkñate têl tûrin kohhran emaw, kohhrana dinhmun sâng emaw kan mamawh lo. Kristâ hnêñ atanga thil kan dawnte hi, krawsa kan Âiawhtu leh vân biak bûka kan Puithiam Lal, min dilsaktu a nihna angin, Amâ hnêñ ngéi atanga dawng kan ni.

Chutichungin, kohhran hi Pathian din a ni a, chhandam kan nih nân ni lo vin, khawvêl hnêna chhandamna puâng tûr leh, kan nihna lantîrna hmanruâ ni tûrin, kan tân Pathianin hetah hian a dah a. Kohhran rawng a bâwl theihna tûr leh, insawh nghehna a nih dâwn phawt chuan inrêlbâwlna neih hi a pawimawh a ni. Kohhran pâwla insiamna tel lo chuan, Isuâ chhandamna thuchah hi a thawh hlâwk tûr angin mi dangte hnênah

kan puâng thei lo vang. Kohhran hruaitûte hi an pawimawh a, chutah chuan inpumkhatna châwmin Isuâ entîrna chu atakah an chantîr thîn.

Tûn kâr chhüng hian, rawngbâwlna atâna kohhran inrêlbâwlna pawimawhzia leh kohhran inpumkhatna a châwmpuitlin dân kan zir dâwn a ni.

SUNDAY
KRISTA: Kohhran Lû Chu

Zirlai hmasa lama kan hmuh tâk ang khân, Thuthlung Tharah chuan kohhran hi taksa hmanga entîr a ni a. Kohhran chu Kristâ taksa a ni. Hê entîrna hian kohhran nihna hrang hrangte bâkah, Krista leh A mite kâra inlaichînna a entîr a. Kristâ taksa a nih angin, kohhran hian a nunna atân Krista a rinchhan a ngai a. Ani chu Lû (*Kolosa 1:18; Ephesi 1:22*), kohhran nunna Hnâr a ni. Amah tel lo chuan kohhran a awm thei lo.

Kohhran chuan Kristâ hnêñ atangin a nihna a dawng a, Amah chu thurin leh zirtîrna zawng zawng Zikchhuahna, Hnâr leh Lungphûm chu a ni. Chutichungin, kohhran chu hêng thilte bâk hi niin, nihna pawimawh tak nei a. Kohhran nihna hriltu tak chu Pathian Lehkhathûa târlan Krista leh A Thû chu a ni. Chutichuan, kohhran hian a nihna leh pawimawhna chu Kristâ hnêñ atanga a dawn a ni.

Ephesi 5:23-27-ah, Paulan Krista leh A kohhran kâra inlaichînna sawi nân nupui leh pasal inlaichînna ang chî hi a hmang a. Krista leh A kohhran kâra inlaichînna sawi nâna hetiang a hman chhan tak hi eng nge ni âwm?

Kum zabi eng emawti chhüng chu hruaitûten ‘intulût’ tih hi an lo hman suâl nasat tawh êm avângin,

thenkhat chuan hê tawngkam hman hi an duh vak lo a ni thei e. Chutichungin, kohhran chu Lû, Kristâ hnêñah leh A thuneihna hnuaiâ intulût tûr chu a ni sî a. Krista chu kohhran Lû a nihna hi pawm a nih chuan, tû chunga rinawm tlat tûr nge tih hre reng tûrin kohhran chu a pui ang a, tû dang chungah ni lo vin, Amah LALPÂ chunga rinawm tûr a ni. Kohhran hi fel tako inrêlbâwl tûr a ni a; mahse, chû chu kohhran Hruaitu diķ, Isuâ thuneihna hnuaiâ a ni ngéi tûr a ni.

“Kohhran dinna lungphûm chu Krista a ni a, Kohhran chuan Krista chu a lû a nih avângin A thû a zâwm tûr a ni. Mihringah a innghat tûr a ni lo va, mihringte thu hnuaiâ a kûn tûr a ni hek lo. Mi tam tak, kohhrana dinhmun pawimawh luahtûten, mîten an tih tûr leh an rin tûr barh luih theihna neiin an inhria a; chû ngaihdân chu Pathianin a tâwmpui vê lo. “Nangni zawng zawng hi ûnau in ni asîn,” tiin Chhandamtun a hrilh. Thlêmna tâwk thei vek an ni a, thil sual ti thei an ni vek bawk. Min kaihruai tûra rintlák tluantling, tâwpchin nei mihringte zîngah tû mah an awm lo. Kan rinna Lungpui chu kohhrana Kristâ chêñchilhna nung hi a ni. Chû Lungpui chu mi chak lo berin a nghenchhan thei a, mi chak ber nia inhriaten Krista chu an engkima engkimah an neih loh chuan, chak lo ber an lo ni ang.”—Ellen G. White, *Chatuan Nghahfâk*, pp. 466, 467.

Engtin nge ‘chinnei mihring’ ni lo, Krista rinchhan dân kan zir theih ang?

THAWHTANNI
CHHIAHHLAWH HRUAITU
DECEMBER 17

A zirtîrte nêna rawng a bâwl lai khân, dinhmun thâ inchuh rêng rënga an inîtsîk thiltih vêl chu Isuan a tawng deuh fo mai a. Zirtîrte khân Isuâ lalrama hruaitu thiltithei

dinhmun chan an duh ni ngēi tûr a ni (*Marka 9:33, 34; Luka 9:46*). Zanriah Hnuhnung an kîl ho mêt lai meuh pawh khân, zirtîrte zîngah chungnun duhna boruâk chu a la lian hlê (*Luka 22:24*).

Chutiang thlenna tum khatah khân, Isuan a mîte zînga thlarau lam hruaitû dinhmun chungchâng a ngaihdân chu chiang takin a sawi chhuak a. Matthaia 20:25-28-a Isuan a zilhna thû atangin hruaitu nihna eng thupuite nge kan zir chhuah theih? Engtin nge chû chu kan nunah, a bîkin kan kohhranah kan lantîr theih ang?

“Helai thu tâwítéah hian Isuan thuneitu nihna entawn tûr kawng hnih min kawhhmu a. Pakhatna chu Rom mîten thuneihna an ngaih dân chu a ni. Hetah hian mi chungchuâng deuhte chu mi dangte chunga lêng an ni a. Thutlûkna siam tûrin thuneihna an nei a, an hnuia mîte chu an hnêna intulût mai tûra beisei an ni. Chutiang chî thuneihna chu Isuan a hnar nghâl a, “Nangnî zîngah chuan chutiang a ni lo vang!” tiin a sawi. Ani chuan thuneihna dân kawng thar danglam tak chu zirtîrte hnênah a hrilh nghâl a; chû chu anni hriat than ang thuneihna indawt thliai ang hi a ni vê lo.”—Darius Jankiewicz, “Serving Like Jesus: Authority in God’s Church,” *Adventist Review*, March 13, 2014, p. 18.

Hê thawnthùa Isuan thuneihna chungchâng a sawi hi thu pawimawh pahnih: *Chhiahhlawh (diaconos)* leh *sal (doulos)* behchhanin a ni. Bible lehlin thenkhatah chuan, a hmasa zâwk *chhiahhlawh* tih hi rawngbâwl tu (minister) tia lehlin a ni a; a pahnihna chu ‘sal’ emaw ‘hrêng tâng’ emaw a ni. Hêng thumal pahnihte hian Isuâ sawi tum kha a thelh vê vê a. Isua khân thuneihna thiâh vek chu a tum a ni lo nân, A thil duhSam a sawi uâr chu kohhran hruaitûe chu a hmasa berin Pathian mîte chhiahhlawh

leh bâwih an ni tûr a ni. An dinhmun chu mipuite chunga thuneihna lantîr nân emaw, an chunga thunei emaw, hmingmâwina leh hmingthatna mahni inkhumtîr nân emaw a ni lo.

“Krista ram din kalphung erawh chu a danglam NASA hlê. Ani chuan mîte a kohin, thuneihna chang tûrin a ko vê lo va, rawngbâwl tu ni tûrin a ko zâwk a, mi chakten chak lote phurrit an phurhpui tûr a ni. Thiltihtheihna te, dinhmun te, pianpui thiamna te, lehkhatiamna neitûte chu an mihringpuite tâna rawngbâwl tûra beisei an ni.”—Ellen G. White, *Chatuan Nghahfâk*, p. 610.

Johana 13:1 chhiar la. Isuan A zirtîrte hnênah eng ang hruaitu entawn tûr nge a kawh hmuh? Heta tang hian Isuan eng nge min zirtîr a tum? Kohhran chhüng leh pâwnah pawh, kan chêtna zawng zawngah engtin nge heta thupui târlan hi kan târlan theih ang?

THAWHLEHNI

KOHHRAN INPUMKHATNA HUMHIMIN

DECEMBER 18

2 Timothea 2:15; Tita 1:9 chhiar la. Timothea leh Tita hnêna Paula thurâwn angin kohhran hruaitu leh upa rinawmte mawhphurhnaa tih tûr pawimawh chu eng nge ni?

Paulan thurinte leh zirtîrnate thianghlim taka vawn a sawi uârzia hi chhinchhiah la. Hei hi inpumkhat nân a pawimawh a, tûten emaw *kan kohhran min suikhâwmtu hi kan inzirtîrnate ang rênga pawimawh dang a aum lo* tîte pawhin an sawi thei a. Keini Adventist-te hi hnam tin chi tin, khawsak phung inang lo tak atanga lo chhuakte kan ni a, Kristaa kan inpumkhatna pawh hi Kristan min pêk thutak kan hriathiam dâna innghat a ni rêng a ni.

Hêng zirtîrnaahte hian kan buâi a nih chuan, tâwpna hun kan hnaih zêl lai hian inthennate chhuakin, kan ch'r) nak mai ang.

“Pathian mithmuh leh mi nung leh mitthi ngaihtuahtu tûr Krista Isuâ mithmuah chuan a inlärna leh a ram chhâlin, thahnemngai takin ka hriattîr a che: Thû chu hril rawh; a hunah te, a hun lovah te pawh bei zêl rawh; dawh thei taka zirtîr chungin an thiam loh hriattîr la, zilh la, fuih rawh. Zirtîrna dik an ngaih peih loh hun a la thleng dâwn sî; an bengte a zat avângin anmahni duhzâwng angin zirtîrtûte an hnênah an khâwm zâwk ang a, an bengte chu thutak lamah an chhu ngawng ang a, thawnthu lam panin an pêng tawh ang,” (2 Timothea 4:1-4).

Hêng thûte hmang hian Paulan a ngaihtuahna (thlarau) thâwkkhum hmangin Isuâ lo kal lehna leh rorêlna nî a ngaihtuah a. Tirhkoh hian Pathian pêk thuneihna zawng zawng hmangin (1 Timothea 1:11 en la) Timothea hnêna hê thurâwn pawimawh tak hi a pê a. Ni hnuhnunga zirtîrna dik lo leh bawlhhlawhna lo la hluâr tûrte ngaihtuahin, Timothea khân Pathian Thû chu a puâng tûr a ni a. Chutianga rawngbâwlna nei tûra koh chu a ni rêng a ni.

A zirtîr rawngbâwlna pêng khat atân, Timothea khân mîte hmin te, zilhhâu te, leh ngen te a ti tûr a ni a. Hetiang tih hi Pathian Lehkhatthu kaihruaina nêñ pawh a inmil (2 Timothea 3:16). Timothea hnâ chu zui te, zirtîr te, Pathian Lehkhatthâa a hmuu ataka hman zui te, chûng chu chhel leh dawhthei tak chunga tihte a ni. Dimdâwihna tel hauh lo va ânkhum phiâr phiâr mai chuan mi sual chu Kristâ hnêna hruai an ni ngai meuh lo. Paula thu ziah hi zui a, Thlarau Thianghlim hruaina zui a nih a, chhiahhlawh-hruaitu nihna rilrû nêñ chuan Timothea chu kohhran inpumkhata siamtu thawk chak tak a ni mai dâwn a ni.

Kohhran hruaitûten kohhran chhûnga inpumkhatna an vawn nun theih nân engtiang kawngtein nge kan tanpui vê theih ang? Engtin nge inhmuh thiamlohma kârah pawh, inpumkhatna vawng himtûa kan tan fo theih ang?

**NILANI
KOHHRAN INTHUNUNNA**

DECEMBER 19

Kohhran inrêlbâwlnaa harsatna hmachhawn ngâi thin pakhat chu inthununna hman chungchângah hian a ni. Engtin nge inthununnain kohhran inpumkhatna a humhim tih hi sawi suâl leh ngaihsuâl awl tak a ni. Mahse, Bible thlirna atang chuan kohhran inthununna hian thil pawimawh pahnih a kâwk a: Thulin thianghlimna hum nân leh, kohhran nun leh thil tih dân phung thianghlimna hum nân a ni.

Kan hmuu tâk ang khân, kalsualna leh zirtîrna suâk a lo chhuah a, tâwpna hunah phei chuan a hluâr zuâl dâwn avângin, Bible zirtîrna thianghlim humhim hi Thuthlung Thar hian a ngai pawimawh a. Chutiang bawkin, hêng bawlhhlawhna te, rinawm lohna te, suahsualna te laka kohhran hmingtha humhim pawh a ngai bawk a. Pathian Lehkhatthû hi “zirtîr kawngah te, thiam loh chantîr kawngah te, zilh kawngah te, felna zirtîr kawngah te a tangkâi” (2 Tim. 3:16) tia sawi a ni.

Matthaia 16:19; 18:15-20 chhiar la. Inthunun leh thil ti-sualtu zilh kawnga kohhran hnêna Isuâ zirtîrna thupui chu eng nge ni?

Bible hian inthunun leh kan thlarau nun leh nun thianghlimna nun kawnga rintlâk nih tlânnna pawh hi a thlâwp a. Dik takin, kohhran tilangsârtu chhinchhiahna pakhat chu a thianghlimna leh khawvêl atanga a

inlâkhranna hi a ni. Kohhran chu thianghlim taka nung tûra ngiat a nih laia dinhmun khrirh taka a din thû Bible-ah hian kan hmu nuâl mai. Kohhranah hian thianghlimna hi vawn him tlat tûr a ni.

Kohhran chhûnga thu inchuh khrirh deuh ngaih-tuah kawnga zui tûr eng thupuite nge hêng chângahte hian min zirtir? *Matthaia 7:1-5; Galatia 6:1, 2.*

Kohhrana inthununna hman a tûl thû Bible zirtîrna hi phat ruâl a ni lo. A tel lo chuan Thû chungah kan rinawm reng thei lo. Chutih laiin hêng zilhna thûteah hian a tuâm dam zâwng pawh a tel tho tih hi chhinchhiah la. Thununna hi a theih chen chenah a thâwi-dam zâwng ni thîn teh se. Kan zâ hian mi sual, khawngaihna mamawh theuh kan ni tih hi kan inre reng tûr a ni. Chutiang chuan, thununna lek a lo tûl châng pawhin, inngaitlâwm tak chungin, mahni lo tlin loh vê thin tawhnate hre rengin kan ti thîn tûr a ni.

Thil tisual palhte chunga kan tih dânah, engtin nge hremna chelek zâwng ni lo, a thâwi dam zâwnga tih dân kan zir theih ang?

**NINGANI
RAWNGBÂWL NÂNA INRÊLBÂWLIN**

Tûn kuartar chhûnga kan hmuh tâk fo angin, kohhran kan nih angin pâwla insiamin, rawngbâwl leh che chhuak tûrin pumkhatah kan insiam tlâng a. Rilru sûkthlêk leh duhdân inmil chutiang ûm tûra pâwla insiam satliah mai kan ni vê lo va. Keimahni ngêi pawhin kan ngainat thutak chu khawvêl hnêna puâng chhuak tûra intêl khâwm kan ni.

Matthaia 28:18-20-ah, Isuan A zirtîrte hnêna khawvêla rawngbâwl dân tûr kawhhmuhna hnuhnung a pê a. Isuâ thupêka thu pawimawhte târlang la. Engtin

nge chûng thûte chuan tûnlai kohhran tân awmzia a neih?

Isuan A zirtîrte a tirh chhuahna thupêk ropuiah khân, tih tûr pawimawh tak tak palî a awm a: Kal te, zirtira siam te, baptisma chantîr leh zirtîrna pêk te a ni. Grik tawng zirna atang chuan thumal pawimawh ber chu ‘zirtîra siam’ lai tak hi a ni a, thumal pathumte hian chutiang chu hlen a nih theih dân tûr an târlang a. Ringtûte chu chanchin tha hril tûr te, mîte baptisma chantîr tûr te, leh Isuan a sawi tâk zawng zawng pawm tûra zirtîr tûrin hnam zawng zawngte hnêna an kal hunah zirtîrahte siam an ni ang.

Kohhranin hê tirhchhuahna thupêk hi an chhâmin, Pathian lalram a lo zâu va, Isua chu Chhandamtua pawm chi tin hnam tin zingah an lo pung hluái thîn a ni. Baptisma chantîr tûr leh, A zirtîrnate pawm tûra zirtîr tûra a thupêk an âwihin, khawvêl huâp chhûngkua a lo ding ta a. Zirtîr tharte pawhin nî tina zirtîr siam belh tûra an beihnaah Isuâ chêncilhna an dawng a. Isuâ awmpui nihna hi Pathian chêncilh nihna thutiam a ni. Chanchin Thâ Matthaian Isuâ lo pianna kha “Kan hnêna Pathian awm” (*Matt. 1:21*) a nih thûin bul a tan a, chutah Isuâ lo kal leh hun thlenga min awmpui zêlna tûr thutiamin a tlâng a kâwm ta a ni.

Kristan A zirtîrte hnênah an thawh tûrte chu a awlsam ang tih a hrilh ngai lo. Misual rualte chuan an rawn do dâwn tih a hrilh a. Lalna te, thuneihna te leh hê thim chunga khawvêl rorêtû leh vân hmunahte thlarau sualho awmte” chu anmahni chauha bei tûrin A hnutchhiah lo vang. An hnênah A awm zêl dâwn a ni tih a hrilh a, rinnaa an kal chhuah chuan, Engkimtitheia phâw hnuaiah an che vêl dâwn a. Huaisen leh chak taka awm tûrin A fuih a; vântirkhohte âia thiltithei zâwk, vân sipaite Hotu chu an lamah a tang dâwn a ni. An hnâ atân engkim

a buatsaih sak a, a hlawhtlinna pawh Amâ chungah a nghat nghâl bawk a. A thû an âwih chhûng leh, Amah nêna an thawh ho chhûng chuan an hlawhchham thei lo vang.”—Ellen G. White, *Tirhkohte Thiltih*, pp. 24, 25.

Isuan a lo kal leh tlenga a mîte awmpui zêl a tiamna awmzia hi târlang la. Isuan thupêk min pêk hlen dân kawng kan zawn mîk laiin, hê thutiam hian engtianga keimahnia awmze nei tûr nge a nih ang?

ZIRTAWPNI

DECEMBER 21

NGAIHTUAH TÛR: “Hruaitu thâ nihna thûte hi chu pâwla insiamna zawng zawng, kohhran pawh telin, a inang vek mai. Chutichungin, kohhrana hruaitû erawh hi chu hruaitu nihna bâk deuh a ni a. Chhiahhlawh a nih tel a ngai.

“Hruaitu nih leh chhiahhlawh nihna hi a kâr a inlahlei hlê a. Engtin nge hruaitu ni chunga rawngbâwlta chu a nih kawp nghâl theih tâk ang? Hruaitu chu dinhmun sâng changtu a ni lo’m ni? Mi dangte chu a thu âwih tûra beiseein, thû a pe thei dâwn lo’m ni? Chuti ni se, dinhmun hniam zâwk, chhiahhlawh dinhmuna dingin, thupêkte nghâk leh hlen zêl tûr a ni dâwn tihna em ni ang?

“Chutiang zawhnate chinfel nân chuan Isua kha kan thlîr ngîi tûr a ni. Ani kha chuan hruaitu nihna zo taka kengin rawng a bâwl a. A nun pum pui kha rawngbâwlakna deuh hlîr a ni mai. Chutih ruâlin, khawvêlin a hmuh tawh zawnga hruaitu ropui ber a ni bawk si a ni.”—G. Arthur Keough, *Our Churh Today: What It Is and Can Be* (Washington, D.C., and Nashville: Review and Herald, 1980), p. 106.

SAWI HO TÛRTE:

1. **Chhiahhlawh-hruaitu tihah khân châm zui lawk ula. Khawvêlah hian chutiang entîrna tling hmuh kan nei em?**
2. **Matthaia 20:25-28 chhiar leh ula. Khawvêlin a pawm dân ang lo taka Pathianin ‘ropuina’ a hriathiam dân chungchâng eng nge min hrilh?**
3. **Kohhran hruaitûte tih tûr pakhat chu inpumkhatna hum him a nih sî chuan, hruaitûte chu entawn tûr duhthusâm an tlin loh a, an zâm chângin eng nge kan tih tûr ni ang?**
4. **Engati nge kohhrana inthununna hi thil tisualtu chunga khawngaihna leh hmangaihna rilrû pu chunga kalpui a pawimawh? Chutiang tih laiin, engati nge Matthaia 7:12 hi kan rilrûa ngaih pawimawh thin tûr a nih?**

KHÂIKHÂWMNA: Ringtûte inpumkhat nân leh kohhran rawngbâwlna kalpui zêl nân kohhran pâwla insiam hi a thâ a ni. Krista chu kohhran Lû a ni a, kohhran hruaitûte hian Pathian mîte an hruaina kawngah, Amah chu an entawn tûr a ni. Inpumkhatna hi Pathian Thû rinawm taka zirtîrna leh rinawm taka nunpuina hmanga vawn him a ni thîn.

ZIRLAI 13-na**December 22-28, 2018****INPUMKHATNA DINTHARLEHNA**

CHÂNGVAWN: “**Nimahsela, a thuthiam ang chuan vân tharte leh lei thar, a chhûnga felna awm chu kan beisei a ni,**” (2 Petera 3:13).

SABBATH CHAWHNU**DECEMBER 22**

Chhiar tûrte: Isaia 11:1-10; 35:4-10; Johana 14:1-3; 1 Thesalonika 4:13-18; Thupuan 22:1-5.

BIBLE-A thutiam ropui berte zînga pakhat chu, Isuan lo kal leh a tiâmnâ hi a ni. Chû thutiamah chuan kan beiseina kan nghah a, kan tân awmzia a neih êm avângin hê thutiam tel lo chuan neih eng mah kan nei lo. Vân chhûmte nêna Krista a lo kîr hunah, khawvél thil, mihringsiam leh daih rei lo leh awmze nei vak lo thilte chu a bo vek tawh ang. Vâna kum sâng rorêl neih hnû, hê leia indonate, tâm tlâ te, hri lêng te, leh tawrhna zawng zawngte nuai bo vek niin, tlante chên nân siam thar a ni ang a; chutah chuan LALPA nêñ, keinihote nêñ kan inpumkhat tlâng leh vek ang.

Kristâ lo kal lehnaa beiseina hi Thuthlung Thar thupui niin, hê thutiam lo thlen famkimna tûr hi Kristiante chuan kum za tam tak chhûng an lo nghâk tawh a. Keini Seventh-day Adventist-te phei chuan kan nghâkhlel hlê a. Kan hming pawh hian chû beiseina chu a puâng rêng a ni.

Hê zirlai hnuhnungah hian, hê beiseina leh Kristian inpumkhat nâna a pawimawhzia kan en ho dâwn a. Kristaa

kan inpumkhatna chu kan mihring chak lohna leh chin nei nihna avâng hian a thuânapw fo thîn. Chutih hunah chuan inthendarhna a awm tawh dâwn loh avângin a chinfelta tûr kawng kan zawn pawh a ngai tawh lo vang. Kristâ lo kal leh hunah chuan, LALPA nêñ inpumkhat tlângin, chhûngkua inpumkhatna dinthar leh a ni ang.

SUNDAY**DECEMBER 23****KRISTÂ LO KAL LEHNA TÛR CHIANZIA**

Johana 14:1-3 hi Isuâ lo kal leh tûr thutiam hriat-lâr ber a ni. Hê thutiam hian lei thara tlante nun dân tûr chungchâng eng nge min hrilh?

Kohhran hmasâte khân Kristâ lo kal lehna tûr chu ‘beiseina lâwmawm’ (Tita 2:13) angin an ngai a. Chumi hunah chuan Bible hrilhlâwkate leh thutiamte chu thleng famkim vek tûrin an beisei bawk a; Kristian zinkawng tum ram chu a ni. Krista hmangaihu Kristian zawng zawngte chuan hmâichhana hmû a, amah nêna inpâwlha nei hun tûr chu thlîr berah an nei a. Hêng châng thûte hian Isua nêñ chauh pawh ni lo, keinihote pawh hlim leh innel tlâng taka kan awm khâwm tûr chu a kâwk a ni.

Bible-in a thleng ngîi dâwn tih min hrilh avângin Kristiante chuan hê beiseina hi an ring a. Amah Isua ngîi, “Ka lo kal leh ang,” (Johana 14:3) a tih avângin ngaihngam taka inngahh nân kan hmang a. A lo kal hmasakna tûr hrilh lâwk a ni ang khân, a lo kal lehna tûr pawh Thuthlung Hluiyah meuh pawh hrilh lâwk a ni a. Tuilêt hmâ tawh khân, thlahtubulte zînga Enoka hmangin Pathianin ropui taka Messia lo kal a, suâlna tihtâwp a nih tûr a lo sawi lâwk a. “Ngai teh u, mi zawng zawng chunga rorêl tûr leh, Pathian ngaihsak lote zawng zawng Pathian ngaihsak lohna hnâ Pathian ngaihsak lo chunga an thawh zawng zawng

kawngah leh, Pathian ngaihsak lo mi sualten a chungah thu khauh tak an sawi zawng zawng kawnga thiam loh chantir tûrin LALPA chu a mi thianghlim sîng khatte nêñ a lo kal a ni,” (*Juda 14, 15*) tiin.

Hê khawvêla Isuâ lo kal hmâ kum sâng khat daihah tawh khân Pathian mîte hruai khâwm tûra Messia lo la kal tûr thû Lal Davidan a lo hrilh lâwk a. “Kan Pathian chu a lo kal ang a, a ngâwi reng lo vang; A hma lamah chuan mei a kâng hluah hluah ang a, A vêlah chuan thlipui nasa tak a thleh bawk ang. A mîte ro a rôl theihna tûrin chung lam vânte leh lei hi a ko vang, ‘Ka mi thianghlimte ka hnênah rawn hruai khâwm rawh u, sa talha kan hnêna thu thlungtûte chu,’” (*Sam 50:3-5*) tiin.

Isuâ lo kal lehna tûr leh a lo kal hmasakna khân inzawmna a nei a. A lo piân leh rawngbâwlna tûr hrilh lâwknate (*entîr nân, Genesis 3:15; Mika 5:2; Isaia 11:1; Daniela 9:25, 26*) kha, A lo kal lehna tûr kan beiseina, rinchhanna leh thutiamte inngahhna a ni. Krista chu “inthâwi nâna inhmang chawpin sual tihbo nân vawi khatah a lo lang ta nghâl a ni. Chutiang bawkin Krista pawh mi tam tak sualte kalpui tûra vawi khat hlana awm tawhin, chhandamna hmu tûra amah lo nghâktûte hnênah chuan sual tel lovin vawi hnihnaah a lo lang leh ang,” (*Hebrai 9:26, 28*).

Isuâ lo kal lehna tûr thutiam atanga beiseina leh tlamuanna tûna i neih theih dân tûr chu engtiang kawngte nge ni ang le?

THAWHTANNI

DINTHARLEHNA THUTIAM CHU

Isaia 11:1-10 chhiar la. Eng thutiam nge Israelte hnêna pêk ni a, tlante chatuana an chênnâ tûr chungchâng eng nge a sawi?

Bible thû hi lei siamna chanchin hmanga bul tan a ni a (*Genesis 1, 2*). Kan nû leh pa hmasâ, Adama leh Evi-te kuta dah khawvêl mâwi leh inrem tlâng tak chungchâng a sawi a. Mihringte chênnâ atâna hmun duhthusâm, Pathian ngéiin a siam a ni. Bible bung hnuhnung pahninte pawh hi Pathianin tlante tâna khawvêl duhthusâm leh inremna hmun chungchâng sawina a ni a (*Thupuan 21, 22*); mahse, hei hi chu ‘siamthar leh’ ti ila a dik ang, suâl suâsam lei dinthar lehna a ni.

Bible hmun tam takah, hê tlante chatuan in tûr hi *hmun*, suangtuah ram mai ni lo, a taka awm ngéi a ni tih sawina a ni a. Tlante chuan hmu thei, ri hre thei, rim hre thei, khawiha hriatna nêñ nun thar, nuntawng thar hriatna chu an nei thei dâwn a. Isaia 11 hi hun thara min chuâñ kâitîrtu tûr, Messia lo kalna tûr chungchâng mâwi taka hrilh lâwkna a ni. Ani chuan tharum thawhna zawng zawng nuâi bo vin, chatuan muâンna a thlentîr ang a. Hê lei thara Pathian rorêlna chuan lei leh vân huap veka inremna a din nghet dâwn a ni.

Thupuan 21:1-5 chhiar la. Inremna thar lo awm tâk vânga chatuana bo hlen tawh tûr chu eng nge ni ang?

Ellen White-i chuan tlante la tawn tûr hetiangin a sawi: “Chatuan kumte chu a lo ral zêlin, Pathian hriatna ropui zâwk leh tam zâwk an rawn thlen ang. Hriatna hi a thang zêl angin hmangaihna, inzahna leh hlimna a pung zêl ang. Mihringin Pathian chungchâng thû an zir nasat poh leh A mizia an fakna a zual deuh deuh ang. Isuan an hmâa tlanna hausakzia leh, Setana nêna inhniâlna ropuia a thiltih puitlin mak takte an hmâa a sawiin, tlante rilrû chu Amâ hnênah an inpe thûk deuh deuhin, rangkachak tingtangte chu an tum uâr deuh deuh va;

sâng sâwm hmun sâng sâwm leh sâng tam tak âw chu fakna hla sâin an zâi a.”—Ellen G. White, *Tlanna Thû*, pp. 380, 381.

Tûnah pawh hian Pathian nungchang kan hriatthiam theih dân tûr kawng chu engte nge ni? Engtin nge tûna inrem leh inpumkhat tlânga khawsaknain Pathian nungchang leh nihphung chu a târlan?

THAWHLEHNI

DECEMBER 25

THAWHLEHNA LEH INLAICHÎNNA DINTHARLEHNA

Kohhran hun hmasa lam atang tawh khân, Kristâ lo kal lehna thutiâm chu, thil dang zawng âiin, Pathian mi rinawmte thinlung châwmnungtu a ni reng thîn a; harsatna hunahte phei chuan a ni lehzual. Buaina an tawhte chu hlauhawmin, lungngaihna leh natna namén lo takten tlâkbuak thîn mah se, Kristâ lo kal lehna leh chû hun lo tleng tûrin thutiâm a ken telte beiseina an nei reng thîn.

1 Thesalonika 4:13-18 chhiar la. Hê chângah hian eng thutiamte nge tel? Inlaichînna dinthar leh beiseina chungchâng eng nge hei hian a sawi?

Kristâ lo kal lehna tûr chuan eng emawti kawng mak takin mihring zawng zawng hi a nghawng theuh dâwn a. Pathian lalram dinna tûr chu thlante lâwr khâwmna tûr a ni. “Chutih hunah chuan Mihring Fapa chhinchhiahna chu vânah a lang ang. Chu mi hunah chuan leia chi tinin an âwmte an inchûm ang a; Mihring Fapa hi thiltihtheihna leh ropuina nasa tak nén vân chhûm chunga lo kal ang hmû ang,” (*Matthaia 24:31*). Hê intawhkhâwmna hunah ngîi hian, mi fel thi tawhte chu kaihthawh niin, thi H-10

theihlohma an chang ang (*1 Korinth 15:52, 53*). “Kristaa thi tawhte chu an tho hmasâ ang,” (*1 Thesalonika 4:16*).

Hê hun hi a ni nghâkhlel taka kan thlîr reng thin chu. Tho lehte chu anmahni thlahlela hmangaihtûte nén an intawng leh ang. Paula pawhin hê hun lo tleng tûra hnehna âuthâwm, “Aw thihna, i hnehna chu khawiah nge a awm tâk? Aw thihna, i tûr chu khawiah nge a awm tâk?” (*1 Korinth 15:55*) tia kan la âukhum tûr thû a sawi.

Thawhlehnaah chuan thlâna kan liampui natna te, hmél zûr leh hmuh hrehawm ang chî kha awm tawh lo vin, taksa thar, thi thei lo leh thafamkim nêna lo tho vin, chhiatna thlentu suâl hnûhmâ rêng a awm tawh lo vang. Mi thianghlim tho lehte chuan dinthar lehna Kristâ thawh zawh tâk chu changin, khawvîl siamnaa Pathian tum ang tak Amah anna thafamkim chu an pu tawh ang (*Genesis 1:26; 1 Korinth 15:46-49*).

Isuâ lo kal leh hunah chuan, tlansâ thi tawhte chu lo tho lehin, mi fel nungdamte chu tihdanglam, taksa thar tha famkim pêk an ni ang. “Hê tawih thei hian tawih theih lohma a sin tûr a ni a, hê thi thei pawh hian thi theih lohma a sin bawk tûr a ni,” (*1 Korinth 15:53*). Tichuan hêng tlan sâ mi chi hnih, tho lehte leh mi fel tihdanglamte hi “boruakah LALPA hmuak tûrin anmahni ruâlin chhûm zîngahte khian lâk chhohvin kan awm ang,” (*1 Thesalonika 4:17*).

Science thiamna a lo lâr tâk viâuah hian, Kristian thenkhatte meuh pawhin science thiamna hmanga thil tin rêng ‘thilmak tlengte’ nén lam hrilhfiah an tum thîn. Thawh lehna thutiam hian Pathian thiltihtheihna chungchuâng tak zârah chauh chhandam kan ni thei tih eng nge min zirtir?

**NILAINI
TLANTE TĀNA LEI THAR**

DECEMBER 26

“Ngai teh u, vân tharte leh lei thar ka siam a nih hi; tûn hma thilte chu hriat rengin a awm tawh lo vang a, rilruah pawh a lüt tawh hek lo vang,” (*Isaia 65:17*). Isaia leh Johana-te pahnih hian tiam lâwk lei thar chu an hmu vê vê a ni (*Thupuan 21:1*).

Johanan Thupuan 21:2, 9-27-a tlante khawpui ropui, Jerusalem Thar chungchâng a sawi dân ngaihtuah la. Hê khawpuia inpumkhatna leh inremna awm tûr chungchâng eng nge a sawi?

Thupuan 22:1-5 chhiar la. Pathian lalthutphah atanga luâng chhuak Nunna Tui Lui leh a kam vêla Nunna Thing ding tlar chu khawpui thar timâwitu pawimawh tak a ni a. Lei Thara an tangkai vêna tûr chu eng nge ni ang?

Nunna Thing, bawhchhiatna avânga Adaman a pan theih tâk loh (*Genesis 3:22-24*) chu Kristan Jerusalem Tharah a dinthar leh dâwn a ni. Hê thing bula kal theih hi ‘a hnehtûte hnêna’ (*Thupuan 2:7*) tiâmsak a ni. Rah chi hrang sâwm-pahnih, thla tin a thar zêl a chhuah dâwn a (22:2), hei hian “Thla thar atanga thla thar dang thlengin, chawlhi atanga chawlhi dang thlengin, mî zawng zawng ka hmâah chibai mi bûk tûrin an lo kal zut zut ang,’ LALPAN a ti,” (*Isaia 66:23*) tih kha a kâwk thei âwm e. “Hnamte tihdamna” tih pawh hian Pathianin dâidanna bang thiat a mî zawng zawng, hnam tin, chi tin te dinthar leh a, hnamte chu chhûngkaw khata suihkhâwmin, inrem leh inngeih tlâng taka khawsa diâl diâl a, muâanna nêñ inpumkhata Pathian hnêna ropuina hlân tlâng tih a kâwk bawk.

“Hnamte tihdamna’ tih hian hnam leh tawng hrang vânga dâidanna thiah chungchâng a sawi phawt mai a. . . . Nunna Thing hnahan hnamte kâra inngeih lohna a tidam a. Tûnah chuan hnamte chu ‘Jentailte’ ni tawh lo vin, Pathian mi dik takte angin chhûng khat an lo ni ta a ni (21:24-26 *nên khâikhin la*). Kum zabi eng emaw zât liam taa zâwlnei Mikan a lo beisei chu a lo thleng ta: “Ani chuan chi tam tak kârah ro a rôl ang a, hla taka hnam chak tak pawh a zilhhâu vang; an khandaihte chu leilehna hmâwr zumahte an chher ang a, an feite chu thei kûng ah chhumna chem kawmahte an chher ang: hnam dangin hnam dang chungah khandaih a lek tawh lo vang. Mi tinte chu an grêp hrui hnuaiah an thu zâwk ang a; tû man an tihlâu lo vang,’ sipaihote LALPÀ kâ chuan a sawi tawh sî a,” (*Mika 4:3-4, Isaia 2:4 en bawk la*).

Nunna Lui kamahte chuan tlante chuan Nunna Thing hnuaia, ‘thu tûrin mahni thenawmte in sawm theuh tawh ang,’ (*Zakaria 3:10*). Tihdam theihna thing hnahan a pâi hmangin, kum khâ leh chena min tibuai leh then hrangtu: hnam, chî, chhûngkua leh tawng hran vânga natna zawng zawng a tidam vek ang.”—Ranko Stefanovic, *Revelation of Jesus Christ: Commentary on the Book of Revelation*, p. 593.

**NINGANI
LEI THAR NUN**

DECEMBER 27

Isaia 35:4-10; 65:21-25 chhiar la. Eng ang takin nge tûna kan nun leh lei thar nun chu a danglam dâwn?

Isaia bû-ah hian *thil thar* eng emaw hmuh chhuah thar tûr a tam mai a: ‘*thil tharte*’ (*Isaia 42:9; 48:6*) te, ‘*hla thar*’ (*42:10*) te, ‘*thil thar* (mal sawina, *43:19*) te, ‘*hming thar*’ (*62:2*) te hi. Bung 65-a *thil thar* hi *thil awm dân thar* a

ni. Pathian thilsiamte zîngah muânnna leh inremna a awm a. Thuâwih lohna leh helna avânga ram chunga thuthlung ânchhe (*Lev. 26:14-17; Deut. 28:30*) tlengte chu sual a awm tawh dâwn loh avângin, chatuan atân sût leh vek a ni ang. Chûng âiah chuan hnianghnâr tham malsâwmna te, chênnâ tûr in te, chên tûr châwte a awm tawh zâwk ang.

Chutiang taka hmun mâwiah chuan nun hi eng nge a an vê ang le? Mi thenkhat chuan ‘kan taksâte chu thih theihlohma thuâm a nih a, Pathian anna dinthar leh vek a nih hunah chuan, kan chhûngte leh kan thiante hi kan la hre thei a ngem le?’ tiin an buâi a. Kristâ thawhleh hnû khân, A zirtirte chuan an hre thei nghâl mai a. Mari pawhin A âw atangin a hre mai a (*Johana 20:11-16*). Thoma pawh khân taksâa Isuâ rawn inlâr khân a hria a (*châng 27, 28*). Emmau kawnga zirtir pahnithe pawhin zanriah kîlnaa a chêt vêl dân atangin an man leh mai bawk a (*Luka 24:30, 31, 35*). Isuâ tholeh taksa ang kha kan pu dâwn a nih sî chuan, keini pawh kan inhre thei hlawm ngîi ang a, chatuan atâna inlaichinna dinthar leh tûr pawh chu nghâkhlel takin kan thlîr thei ang. Kan lo hmêlhriat leh hmangaihte nêna kan inlaichinna chu, kan awmpuite nêna chuan chhunzawm zel tûrin kan ngai thei ang.

“Chutah chuan tlante chuan, anmahni hriat an ni ang bawkin, an hre vê ang. Mihring thinlunga hmangaihna te leh lainatna te Pathianin a lo phun tawhnate chuan sâwi-zawina dik ber leh nuam ber chu an nei tawh ang. Mi thianghlimte nêna inkawmna thianghlim, engthâwlte leh leilung pian tirh atanga khawvîl tâwp tlenga mi thianghlimte zawng zawng, Berâm No thisena an puante sû-a, tivâr tawhte nêna inngeih dial diala inpâwl hona te leh ‘lei leh vân chhûngkua zawng zawng,’ (*Ephesi 3:15*) phuâr khâwmtu hrui thianghlim te chu, tlante tâna hlimna siamtu an ni.”—Ellen G. White, *Indona Ropui*, p. 677.

Chû mî avângin kan dawl lo va, kan pâwn lam mihring hi lo awngrawp telh telh mah sela, kan chhûng lam mihring chu nî tin siam thar zêlin a awm zâwk a ni. Kan hrehawm nêp tak, tûn mit khap kâr chhûng chauhva awm tûr hian ropuina nasa tak chatuan atân min siamsak nasa tulh tulh a ni; thil hmuh theihte hi en lovin, thil hmuh theihto chu kan en zâwk sî a; thil hmuh theihte chu rei lo tê atân a ni a, thil hmuh theihto erawh chu chatuan atân a ni sî a,” (*2 Korinth 4:16-18*). Engtin nge kan khawvîl ral mai tûrah hian dâk chhuak a, hmuh theihto loh chatuan thilte chu neih reng dân tûr kan zir thei ang?

NGAIHTUAH TÛR: “Kan LALPÂ thawhlehna leh vân lâwnna kha, thihna leh thlân chunga Pathian mîten hnehma an chan tûr finfiahna chiang tâwk a ni a; an nungchang kawrfualte su fai a, Berâm No thisena tivârtûte tân, vân chu hawnsak an nihzia finfiahna a ni bawk. Mihringte âiawhin Isua kha Pâ hnênah a chho va, Amah anna lantirtûte chu, A ropuina hmû leh chanpui tûrin, Pathianin a rawn hruai ang.

“Hê leia vâkvâite tân inte a awm a. Mi felte tân kawrfualte leh ropuina lallukhum leh hnehma tûmkâu a awm bawk. Hê leia kan chunga tleng kan rilrû tibuaitu zawng zawngte chu kan hriathiam theihtûra tihfiah vek a ni tawh ang. Hriathiam harsâte pawh hrilhfiahksak kan ni bawk ang. Kan hmâah khawngaihna thurûkte pharh a ni ang a. Kan rilru ngaihtuahna tâwi têin buaina leh thutiamte bawhchhiatna anga a ngaihte chu, tha famkim leh inchawih mâwi tak a ni tih kan hmû ang. Chin nei lo hmangaihna chuan harsâ leh khrîh ber anga kan ngaihte pawh a thlentir

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a ni tih kan la hria a ng. Kan thatna tûra thil zawng zawng thawhtirtû enkawlna kan hriat thiam hunah chuan, lâwmna sawi hleih theih loh leh, ropuinaa khatin kan lâwm tawh ang.”—Ellen G. White, *Counsels for the Church*, p. 358.

SAWI HO TÛRTE:

- 1. Kristian thenkhatten ataka Isuâ lo kal lehna tûr hi an ring a, Kristâ lo kal lehna tûr beiseina Adventisten an neih danglam bîkna chu eng nge ni?**
- 2. Sangha pahnihin tui an hleuh dûn a, pakhat zâwk chuan, “Engtin nge tui a awm le?” tiin a zâwt a. Pakhat zâwk chuan, “Eng nge ni tui chû?” tiin a chhâng a. Thil hi ngâia kan neih hneh tawh êm avângin a pawimawhna pawh kan hre lo. Engtin nge keini suala piang, suala khat, khawvél sual zînga chêngte hian lei thar leh vân thara nun thar kan neih tûr chu a nih dân tûr ang taka manthiam i le? Engati nge, kan ngaihtuahna a tawngchham deuh chung pawha suangtuah vê hrâm tûr kan nih sî le?**
- 3. Lei thara kan awm dân tûr chu eng ang pawh ni dâwn se, kan inrem tlâng vek dâwn tih chu a chiang. Chû hun lo thleng tûr atâna inbuatsaih nân eng nge kan lo tih theih ang?**

KHAIKHÂWMNA: Bible hian kan lei [khawvél] siam that a nih a, sual chu a hnûhmâ chena nuai bo a nih tûr thû huai takin a sawi a. A tâwpah chuan mihringte hi a tîra ruâhman ang kha chantirin, mi zawng zawng inremin an awm vek tawh ang. Tûna Kristaa thlarau lama kan inpumkhatna hi la famkim chiah rih lo mah se, chatuan atân a takah a chang tawh ang.

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|----------------|---------------------|
| 1. Thawhtanni | Thupuan 1:7 |
| 2. Thawlehni | 2 Petera 3:10 |
| 3. Nilaini | Joba 38:22, 23 |
| 4. Ningani | Isaia 13:13, 14 |
| 5. Zirtawpni | Sam 50:6 |
| 6. Sabbath | Matthaia 24:28 |
| 7. Sunday | Matthaia 24:27 |
| 8. Thawhtanni | Sam 50:3, 4 |
| 9. Thawlehni | Isaia 2:19 |
| 10. Nilaini | Philippi 3:21 |
| 11. Ningani | 2 Timothea 4:1 |
| 12. Zirtawpni | Marka 14:62 |
| 13. Sabbath | Ezekiela 38:21 |
| 14. Sunday | Thupuan 6:15, 16 |
| 15. Thawhtanni | Jeremia 25:31 |
| 16. Thawlehni | Jeremia 50:25 |
| 17. Nilaini | Matthaia 24:44 |
| 18. Ningani | Isaia 26:19 |
| 19. Zirtawpni | Johana 5:28, 29 |
| 20. Sabbath | Joba 19:25 - 27 |
| 21. Sunday | 1 Johana 5:11 |
| 22. Thawhtanni | 1 Korinth 13:12 |
| 23. Thawlehni | Tita 2:13 |
| 24. Nilaini | 1 Thessalonika 4:16 |
| 25. Ningani | Jeremia 4:23-25 |
| 26. Zirtawpni | Thupuan 20:1, 2 |
| 27. Sabbath | Jeremia 31:16, 17 |
| 28. Sunday | 2 Timothea 4:7, 8 |
| 29. Thawhtanni | Jakoba 1:12 |
| 30. Thawlehni | Luka 21:28 |
| 31. Nilaini | Thupuan 22:12 |

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November 2018

1. Ningani Juda 6
2. Zirtawpni Sam 91:11
3. Sabbath Matthaea 25:23
4. Sunday Hebrai 12:2
5. Thawtanni Matthaea 25:40
6. Thawlehni Isaia 53:11
7. Nilaini Matthaea 25:21
8. Ningani 1 Samuela 16:7
9. Zirtawpni Isaia 55:9
10. Sabbath Kolossa 3:2
11. Sunday 1 Korinth 3:14
12. Thawtanni 1 Korinth 2:9
13. Thawlehni Thupuan 22:2
14. Nilaini Thupuan 4:2, 3
15. Ningani Isaia 33:17
16. Zirtawpni Thupuan 14:1
17. Sabbath Thupuan 7:9
18. Sunday Daniela 12:3
19. Thawtanni Thupuan 7:14
20. Thawlehni Isaia 64:4
21. Nilaini 1 Korinth 4:18
22. Ningani Thupuan 22:14
23. Zirtawpni 1 Korinth 6:3
24. Sabbath Juda 14, 15
25. Sunday Thupuan 20:7, 8
26. Thawtanni Thupuan 20:7
27. Thawlehni Thupuan 20:12
28. Nilaini Thupuan 12:14
29. Ningani Johana 5:22
30. Zirtawpni Matthaea 25:34

MORNING WATCH
December 2018

1. Sabbath 2 Korinth 5:10
2. Sunday Isaia 45:23, 24
3. Thawtanni Rom 14:11
4. Thawlehni Thupuan 15:3
5. Nilaini Marka 4:1
6. Ningani Thufingte 31:31
7. Zirtawpni 1 Johana 3:2
8. Sabbath Johana 5:17
9. Sunday 2 Petera 3:11-13
10. Thawtanni Thupuan 21:4
11. Thawlehni Isaia 23:18
12. Nilaini Thupuan 2:7
13. Ningani Sam 16:11
14. Zirtawpni Isaia 65:18
15. Sabbath Kolossa 1:12
16. Sunday Thupuan 15:2
17. Thawtanni Ephesi 6:8
18. Thawlehni Isaia 65:21, 22
19. Nilaini Isaia 35:10
20. Ningani Zakaria 13:6
21. Zirtawpni Thupuan 21:3
22. Sabbath Isaia 52:6
23. Sunday Ephesi 2:7
24. Thawtanni 1 Petera 1:10-12
25. Thawlehni Sam 104:24
26. Nilaini Isaia 45:12
27. Ningani Marka 12:25
28. Zirtawpni Daniela 2:27
29. Sabbath Isaia 66:22, 23
30. Sunday Zakaria 14:9
31. Thawtanni Sam 91:16