

## UPA SABAT SKUL ZIRLAI

### PATHIAN HNATUAN – KA HNATUAN

**Global Mission Center Directors**

**October, November, December  
2023**

Sabbath School Lesson

ဖလမ်းခင်းဘာသာ

ပုံနှိပ်သူ  
ဦးဖုန်းနိုင် (၀၀၃၅၄)  
မန်နေဂျာ  
ကင်းစောင့်ပုံနှိပ်တိုက်  
၂၀၆ ရွှေသစ္စာလမ်း၊ ရန်ကင်းမြို့နယ်  
ရန်ကုန်မြို့။

ထုတ်ဝေသူ  
ဦးဖိုးဖိုးလူ (၀၁၉၈၃)  
ဥက္ကဋ္ဌ  
မြန်မာပြည်သွေမနေ့ဥပုသံအသင်းတော်  
၆၈ ဦးဝိစာရလမ်း၊  
ရန်ကုန်မြို့။

အုပ်ရေ - ၃၅၀

ဓမ္မဒါန

ပထမအကြိမ်

### **A Sung Um Thupawl**

(1)	Kan hrang Pathian hnatuan: Part 1 .....	7 (September 30-October 6)
(2)	Kan hrang Pathoan hnatuan : Part 2 .....	18 (October 7-13)
(3)	Hnatuan dingih Pathian kawhnak .....	30 (October 14-20)
(4)	Pathian hnatuannak .....	41 (October 21-27)
(5)	Pathian hnatuan hrialnak phuahhlaam .....	52 (October 28-November 3)
(6)	Pahian hnatuannak hrang forhfialnak le timlamnak .....	63 (November 4-10)
(7)	Ka inn hnen ah Pathian hnatuannak.....	75 (November 11-17)
(8)	Tulsam mi hnenih Pathian hnatuan .....	86 (November 18-24)
(9)	Thiltithei pawl hnenih Pathian hnatuan .....	97 (November 25-December 1)
(10)	Thlenhrih lonak hmun ih Pathian hnatuan : Part 1 .....	108 (December 2-8)
(11)	Thlenhrih lonak hmun ih Pathian hnatuan : Part 2 .....	119 (December 9-15)
(12)	Esther le Mordekai .....	130 (December 16-22)
(13)	Pathian hnatuan netnak .....	141 (December 23-29)

### **Na tong cawl awla, ziangmaw tal tuah thok aw**

Kum reizet liamzo mi ahkhan Adventist magazines cun tipi tihnung um zet thuhla tahthimnak a ngan. Mipi in cutawk zin an zawh lai ah lungmolh in an um ih, an tlu tupti theu, an mangbang awmthawm pawl cu khawsung kiangkap pawl in an rak theithei thluh. A rapthlak zet.

Khawsung mi pawl cu tokhawmnak an nei, a taktak ahcun khaw tamzet hmuhkhawm awknak a si. Ngaihdan dangdang le thil umdan pawl rel suak in thuhla tamzet an thlen. Asinan hmuh khawmawk le thurel tlangnak men tilo cu zianghman tuahbet theimi an nei cuang lo. Kum tamzet cu thurel tlangnak an nei ringring men. Himi thuhla hi thupi ah hmangin mi tamzet cun ca an ngan theu, thusimtu an ko ih, hitawk hmun ah paisa thawh khawm in an ngahmi pawl hmuahhmuah cu reipi thungai ih to pawl ei innak dingah an hmang. A netnak ahcun an paisa thawhkhawm theumi cun an tokhawmnak inn sung cu lenglam thilri awn zianghman theithei nawn lo dingih phihtar thluhnak pawl an lei thei ih, cutin an thurel lai buaiter tu ding lenglam thilri awn zianghman an thei nawn lo. Asinan zohman in cutawk hmun ih buainak nei pawl cu an va bawm thei lo. Harsatnak tuarpawl va bawm dingin zohman an va feh ngam taktak lo ih, thu rel in an tong rero men theu.

Kawhhran pum le sabbath sikul zirlai ahkhin cutawk hmun ih um mipi pawl vekih um men ding a si lo. Kan tikcu caan hi thlacam thlangnak, thuruah tlangnak, le thurel tlangnak ih hmang dingin kan duh zet. Asinan cutivek in kan um dah fawn silo, a taktak ahcun kan kiang le kap hrangah thil ziangmaw tal cu tuahtuan ding kan si. Kan umnak hmun ah le leitlun khalah thil danglam deuh tuah dingin kan duh thluh. Hnatuan hi theh zangzang sehla

kan duh, cule Jesuh a rung tum zang ding khal kan duh zet fawn. Tui kuata sabbath sikul zirlai cun vak suak ih thil va tuah dinghi a bitumbik mi a si. Bible thuanthu ih tampi ka la suak ding. Tohteh nun danglam zetzet le tahthimnak pawl khal kan siar ding. A kiangkap(A hleice in Khristian a si lomi pawl hnen ah) pawl hnen ih Pathian thu kan sim theidan ding pawl khal a cang thei tawk in kan zir ding. Asinan cumi pawl cu duhsannei tahthimnak le kan nun in neh theitu men fang an si ding. Bitumbik mi taktak, thinlung ih bitummi taktak cu zarhtinten ninga ni zirlai ah a um ding, sawmngairnak cu fehsuak ih ziangmaw thil va tuah taktak hi a si.

Pathian thu pawl kan hlawm aw ding ih, a tulmi pawl khal sim telin, na hnatuannak ih na hmang thei ding ruahnak kan hlawh aw tlang ding. Zarhtin ten ningani zirlai cun sawmngiarnak a nei ringring ding. A hmaisa lam ahcun olsam te pawl an si ding. A hung rei kei kuatar laihawl hrawngah harsatnak a rung um ding. A bitumbik mi cu bulpak cio in thlarau thianghlim ih in kaihhruanak dingin thlacannak nei dingin le kan zirmi kan hmang theinak dingin, cule neta ah ziangtin kan nun kan hmang timi relkhawm tlangnak ding pawl hi sawmngiarnak nasazet an si ding. Himi hi uangawknak tikcu caan a si lo, hlawm awknak tikcu caan a si, kan tuahthatnak le tluanlonak pawl simaw ton ding kan si. Cutin kan hlawmawk tikah kan group cu a pitling ding ih, thlacam thupi khal a tam sinsin ding.

A netnak ahcun himi quarter hi kan cinken thei ringring ding tlak le kan ngaihtuah ih, thuanthua thatha hmu in, Pathian thu zirnak lamih thukzet ih kan luhnak ding si sawn hram seh. Hivek pawl hi an um tuk ding, a taktak ahcun an tam zet ding hminsin tlak pawl hi. Asinan Thlarau thianghlim in ngaitlawm awknak nun in neither

lai le a hminthannak ding hrang le a zahumnak ding hrangah hnatiuan inpek mi kan tuan lai tikcu caan vekih kan thlirlet thiam ding hi duhthusam a si. The Global Mission Centers hi a hmaisa bikin General conference in kum 1980 a rak dinmi a si. General conference office ihsin Adventist mission hnuai ih kaih hruai mi a si. Tu fang ahcun center 6 rori an um thlang. An bitum bikmi cu leitlun ih khristian a si hrih lo mi pawl lakah zumtu pawl in hmual nei zetih an um theinak dingah kawhhran bom hi a si.

Himi ca ngan rero lai ah, Himi centers(Petas Bahadur, Richard Elofer, Kleber Gonçalves, Clifmond Shameerudeen, Doug Venn, Greg Whitsett ) ih Director pawl cu Gary Krause (director, Adventist Mission), Homer Trecartin (retired director, Global Mission Centers) and Jeff Scoggins (Global Mission planning director), pawl hnen ihsin bomnak a um ih, himi Bible zirnak kaihriat tu ngantu khal a an si. Thei bet duh hrangah zangfahten [www.GlobalMissionCenters.org](http://www.GlobalMissionCenters.org) ah va zoh uh...

**ZIRLAI 1****September 30–October 6**

**KAN HRANG PATHIAN HNATUAN  
PART 1**

**SABBATH TLAILAM**

**Tuizarh sung siar ding:** Sem. 3:9–15; Sem. 28:15; Suah. 29:43, 45; Matt. 1:18–23; John 1:14–18; John 3:16; John 14:1–3.

**Bible Cangken : “Cun Bawipa Pathian in Adam cu a ko ih a hnenah, Khuiah na um? a ti.** (Semtirnak 3:9, NKJV).

Pathian hnen lawngah mission le mi ih suahkehmi tumtahnak pawl hmuh a theih. Himi Pathian hnatiuan dingih kawhnak hi Abram kawh a sinak ihsin a thok lo(Semtirnak 12:1-4), suahhannak ihsin khal hram a thok cuang lo(Suah 12: 31-42). Leitlun ih Jesuh a rung um ihsin a thok mi a si fawn lo(Mathai 1:18-25), asilole Paul in Pathian hnatiuan in khual a tlawnnak khal in a si cuang lo (Tirh 13:4-14:26). Hi hnatiunnak cu Amah Pathian thawn a um thokmi a si, tlolak le leitlun pawl a umter hnu ah milai a tuah ih, cumi ihsin a thok dahi zo (Semtirnak. 1:26, 27).

Cathianghlim sungah a fale pawl thawn um ding a duh zettu, an hnenih um nuam a ti zettu Pathian kan hmu. A hramthok ihsin, Adam le Eve thawn pehzom awknak a tuah. Sualnak a lut hnu hmanah, A hnatiuan cu a sunzom vivo lai, sinan tu ahcun cumi cu milai pawl thawn An zomhawk thar ding a duh zet. A netnak ahcun, Pathian ih hnatiunnak cu thehfel a si leh ding(Thup 21-22), cumi ruangah si leitlun ah kumkhaw thuthangtha phuang dingah hnatiuan dingih thazang kan pekawk a tul (Thup. 14:6, 7).

Curuangah Pathian hnatiunnak ziangvek khal ih bulhram cu sersiamtu thawn pehzom awknak tha neih le felfai zetin a hnatiuan theih fiang ding hi a thupi zet. Asinan Pathian ih hnatiuan kan theihthiam hlan ah, hnatiunnak ih Pathian tumtah mi kan theihthiam hmaisat a thupi.

**NIKHAT NI****October 1****Kan hnen thleng Pathian**

Pathian cun Amah bangtuk le a hmulhmel kengin in tuah. A famkim mi leitlun in pe, cule a tumtah mi cu amah thawn famkim zetih pehtlaih awknak nei in, a ngai thupi bikmi duhdawtnak a lai ah ret in, kanmah thawn pehzom awknak a um ding hi a si. Asinan cui duhdawtnak cu a taktak a si theinak dingah Pathian cun thilpek mangkhung zet in pek: Cumi cu mai palung duh hrilnak a si – Khuitawk deuh ah feh ih thlun ding timi hril theinak zalenak a si. A si tuk lam, Pathian in Adam le Evi hnen ah thuawihlonak ih rahuak dingmi thihnak le tihnung umnak pawl khal a sim thluh(Sem. 2:16, 17). Satan khal in Evi hnen ah sia le tha theihnak thingrah ei dingin a rak thlem rero. Asinan zianghman thiltha lo a um hrih lo. Cumi kalk ciah in, anih cun an hnen ah, “Pathian veikin sia le tha an theih ding cu a sim” (Sem. 3:5, NKJV). Cule vansiathlak zetin Evi cun theirah cu ei dingin duhhrlnak a tuah ih, Adam khal ei ve dingin a pek, an duh hrilnak a bangaw. Cuticun sersiammi famkim cu sual in a bawrhhlawh ter.

Cumi ihsin Pathian in a sersiam tharmi leitlun ih a tumtah mi pawl cu thleng danglam in a um thluh. Rundamnak hnatiuan, “Leitlun semhlan ihsin” (Eph. 1:4) rak tuah cia mi cu ti hlawhtlin in a um a tul thlang.

**Siar aw:** Semtirnak 3:9-15. **Evi thawn sual iuh an tluk hnu Adam hnenih Pathian tongkam hmaisa bik kha**

**ziangsaw a si? Cumi cu ziangruangah ah tuisan Pathian  
thu zir pawl hrang ih a thupitnak san?**

Pathian cun khuitawk ciah ah an um timi a thei tuk. Tihnak in a uk thluh ih, Adam le Eve sawn kha ziangthil a thleng timi hmu dingih tul zettu an si. Hmaiton rori ih an hmuh thiam a tul, cuticun an sualnak ih rahsuak mi tih a nun zia an theithiam ding a si. Satan khal neh a tul. Cumi hrangah Pathian in a hnatauan a thok: Tlennak khawkhannak a si(Sem. 3:14, 15)— “Leitlun thawn an rualrem awk theisalnak ding” ih beiseinak umsun a si (2 Cor. 5:19, NKJV).

Ziangkhal sehla, Rualrem awk salnak ding thuthiam zianghman a um hlan ihsin Pathian cu sualnak ih a tluzo minung hawl in a ra timi cu ngunngaih zetin vun ruat ta aw. Zianghman beiseinak um nawn lo cing khal in, Pathian in Adam hnen ih thusuhnak a neih mi ahkhan thil pahnih a rel tel: Kan tluknak dinhmun le A hnatauan thuhla hi a si. Kan rak hlo dah zo, cule rundamnak kan tul zet. Anih cu kan hnenah um dingin le in rundam dingih in rung hawl suaktu a si.

**San thuanthu fehtlang in Pathian cun himi thusuhnak a nei theu, “Khuitawk ahsaw na um?”  
Nangmai hmuhton mi ihsin himi hi ziangsaw a sullam a si, cule a hnenah ziangtin saw na sawnlet ding?**

**NIHNIH NI**

**Kan hnen ih umduhtu Pathian**

**Siar ding:** Sem 17:7, Sem 26:3, le Sem 28:15. **Himi bungcang ahhin Pathian in Abraham le a cithlah pawl hnenih thutiamkamnak a neihmi hi ziangbik saw a bitum bik mi?**

Thukam hlun lam ahcun Pathian in a tumtahmi a tuah famkim theinak dingah a hnatauan a sunzom rero thu

kan hmu. Thimnak ah, tilik a thlen hnu ah Babel mi pawl cu hmunkhat ah pumkhawm aw in khawpi din le vanram tiang thleng thei innsang pi sak an tum. Cumi ah Pathian a run tel ve, an tong a hnok ter thluh ih, leitlun ah a tekdarh thluh (Sem. 11:1-9). Cule a hnatauan cu a kau ter deuhdeuh, Abram(lehnhnu ih Abraham rung si leh sal tu kha) cu leitlun pumhuap ih thlawsuahnak thehdarh tu dingah a ko suak (Gen. 12:1-3). Pathian in Abraham le a cithlah pawl cu thil tampi a tiakam ih, asinan thil pakhat cun a run luahkhat thluh. Pathian in veitam zet cu an hnenah a simfiang: “Na Pathian ka si ding.” “Na hnen ah ka um ding” tin a sim theu. (zoh aw. Sem. 17:7, 8; Sem. 26:3, NKJV; Sem. 28:15, NKJV).

San thuanthu feh tlang vivo ahkhan Josep cu Izipram ah mual a liam, asinan a miphun pawl hrang ih rundamnak thlen tu vekah a cang. Josep ih a hringnun ton so mi pawl...hringnun harsa zet a ton lai khalah kan Bible cun, “ Pathian in a umpi” tiah a ti (Sem. 39:2, 21, 23). Cui hnu kum tamzet ah Pathian in a hnatauan cu famkimter dingin a mi Israel pawl cu an saltannak ihsin hruaitu dingah Faro hmai ih ding dingin Moses cu a thlah. Moses ih, “hnatauan lai ah” Pathian cun, “ Na hnen ah ka um tengteng ding” (Suah. 3:12, NKJV) tiah a ti. Cumi thluh hnu ah Yahweh cun a mipi pawl thawn um tlang a duh zet thu a run nemhgnet.

Suahlannak 29:43,45 kha siar aw. Thukam hlun ih puanthlam ummi ih khiihmuh bikmi kha ziangsaw a rak si? Pathian cun a fale thawn um tlang thei dingin lamzin dang in thutluknak a tuah. Moses hnen ah puanthlam sungah um in Israel fate pawl hnen ih um a duh thu le A hnatauan Netabik a simi Jesuh rak khii hmuh theitu ding umzia nei zet thil a tuah duh thu a nem hnget. “Raithawi thilhlan, le Judah pawl ih puaithiam hna hi Khrih

**October 2**

ih palai hna a tuan ding le a thihnak ding rak kawh hmuhtu an si. Khavek daan tesep pawl khan sullam zianghman an nei nawn lo, a hlutnak zianghman a um nawn lo, Jesuh thawn pehtlai aw thluh zo mi pawl an si”—Ellen G. White, The Advent Review and Herald of the Sabbath, December 17, 1872.

**Na nunnak ih Pathian a umdan pawl ziangvek in saw tontehnak na neih?**

**NITHUM NI**

**October 3**

**Kan hnen ih um Pathian**

Thukam hlu ahhin Sersiamtu in Leitlun ah a thiltumtah mi le a sinak langter tu ding mipi pawl hmangih khawkhannak a fehpidan pawl a rak khiihmuh. A hnatauan dan dingih khawkhannak a neihvek ciah in Pathian cun a tuah thluh. Profet Isaiah hmang in Pathian cun hitin a ti: “Keimah cu Pathian ka si, Keimah vek zohman an um lo. A thok ihsin a net tiang... ka tumtah mi cu ka tuah ding, ka duhmi hmuahmuah ka tuah ding tiah ka rak phuang zo” (Isa. 46:9, 10). Ziangkhal sehla, Thukam thar ahcun Pathian cun hringmi pawl thawn um khawm a duh. Khrih ih pumpek awknak thawng in Eden hmuau (Sem. 3:15) ih thuthiamnak a ummi cu a takram in a thleng a si.

**Mathai 1:18-23 sungih um Jesuh a suah thuhla thawn pehpar aw ih thuthan mi pawl kha siar aw. Himi hin Pathian thuhla ziangtin in sim?**

“Pathian kan hnen ah a um” Immanuel. Pathian cun puanthlam ahkhan a mipi pawl a um pi zo ih, tu ahcun Nazareth mi Jesuh a mah rori in taksa in a um pi hai. Diktak cun Jesuh a suah rual in Pathian cun asinak le a hnatauan ah kan hnen ih um sunzom vivo a duhnak cu lamzin fiang zetin a run pho lang: Pathian fapa cu minung

famkim le Pathian famkim sinak nei a si ih, Anih cu mi pakhat, “Kei cu lamzin, thutak le nunnak ka si. Keimah ihsin siar lo zohman pai’ hnen an thleng thei lo ding” (Johan 14:6, NKJV) tiih ti famkim tu kha a si.

**Johan 1:14-18 siar aw. Jesuh tisa ih a rungcangnak ihsin Pathian in kan hnenih hnatauan mi thu ziangsaw in zirh?**

Pathian cun a hnatauan a sunzom ih, cumi hnu ah Jesuh Khrih feh tlang in a fale pawl hnen ah tisa in a rung um. “Pa hnen ihsin ra fapa mal le neih sun, ngilneihnak le thutak ih khat” (Johan 1:14, NIV), Thukam hlun simcianak kimter thluh ih, Pathian khawkhan vekih umtu cu kanmah thawn a um tlang tu, Pathian tisa ih rung cang tu a si. Pathian ih hnatauannak cun a tumtah mi cu a tihlawhtling ter ringring.

**Pathian ih in duhdawtnak a natsattuk ruangih kan minung sinak tiang rori hman la a ra um hi vun ruat hnik aw. Himi duhdawtnak hi ziangtin saw kan sown let ding, a hleice in midang hnen mission hna kan tuahnak ahhin ziangtin saw a duhdawtnak kan sown let ding?**

**NILI NI**

**October 4**

**Kan hnen ih um sunzom Pathian**

Jesuh’ nun le Pathian hna a tuannak cu Pathian phuangawknak netabik a si. Kum 3 sung hrawngah Pathian cun amah cu zo a si tile ziang hna a tuan timi a phuangawknak cu a liamcia san pawl hmuahmuah ih a rak phuang awk ai hmanin a nasa sown men thei. Khrih cu famkim, “Hmuu theih lo Pathian hmulhmel,” Anih cu, “famkimnak tinkim,...A thinglamtah thisen thawngih remnak a tuahtu” (Kol. 1:15, 19, 20, NKJV) kha a si. Khrih ahcun Pathian ih hnatauannak cu theihter in a um zo. Jesuh amah rori hmanin a hnatauan cu amah ten phuang

aw suak in, “Milai fapa cu a hlomi hawl dingin le rundam dingah a ra” tin a ti aw (Luke 19:10, NKJV).

**Johan 3:16 hi ralring zetin siar aw. Pathian ih duhdawtnak le a hnatauan ziangmi na hmu?**

A hnatauan a netalam ah, Jesuh in a hringnun zarth netabik a thlen ding ahkhan minung ih hmailam caan thleng ding netabik cu a buai thluh. Cumi lai ih thil a thleng mi pawl hi a liamcia caan ih beiseinak cu a ralai dingmi caan ih beiseinak thawn an zom khawm aw thluh. Lantakpuai an hmang lai ahkhan— Cumi cun Ezipt ram ih harsat tuarnak ihsin zalennak a rak khhim hmuh, — Jesuh Khirh, Pathian minung tisa pu cun sualnak sal sung ihsin kan luat theinak dingah a nunnak a pe a si. Tirhthlah Paul cun hitin a rak ngan, “Amah ahcun Pathian ih dingfelnak kan si theinak dingah sual thei lo cu kan hrangah sual ah tuah in a um a si”(2 Kor. 5:21).

**Siar ding:** Mathai 28:18-20. **Himi thupek ahhin ziangmi thutiamkamnak saw kan hmuh thei? Pathian hnatuannak ih kan tel tikah ziangmi amkhamnak saw himi in a ken tel?**

Khrih a thihnak cu rualremsalnak feh vivo lakah pakhat a si, asinan a netnak a si hrih lo. A thawhhsalnak thawngin Jesuh cun thihnak a neh ih, “ Van lei lei ih thuneihnak hmuuhmuah khal angah thluh (Matt. 28:18, NKJV). Himi thil thleng taktak ah thum aw in, a dungthluntu pawl hnen ah leitlun ah feh in dungthluntu va tuah dingin thupek a pe ih, thiamkamnak duh um zet, “ Sancem tiangin nan hnen ah ka um ringring ding” timi a rel tel (Matt. 28:20)

**Pathian hnatuannak ih na tel ve tikah nangmai hringnun hrimhrim ih Jesuh ih thutiam, “Ka lo umpi ringring ding” a timi hi ziangti zawng in saw na rak hmuve dan?**

**NINGA NI**

**Ka hrang rasal ding Pathian**

**October 5**

**Johan 14:1-3 siar aw. Himi hi Bible sungih kan hmuh mi netnak caan thawn ziangmi pehtlaih awknak lamzin an nei?**

Leitlun ah Pathian hnatauan ih a um lai ah, Khrih ih thuthiam thupi zet beiseinak lungawi um cun Sersiamtu in kan hnen ih um a duhnak vei tamzet a langter a si. Jesuh cun, “ ka ra sal dingih, ka umnak ih nan um ve theinak dingah ka lo hruai ding a si” (John 14:3, NIV) tiah a run rel fiang.

Tirhthlah Johan ih reldan vek asile, thuthiam cu a taktak in a thleng. “Cun van ihsin hitiin aw ring zet pakhat ka thei, Ngaihnik, Pathian biakbuk cu minung pawl hnenah a um zo, cun anih cu an hnenah a um ding ih annih cu a mi an si ding, cule Pathian amah rori cu an hnenah a um ding ih, an Pathian a si ding” (Thup. 21:3, NKJV).

“Tlennak hnatauan cu a famkim leh ding. Sual a tamnak hmun ah Pathian zangfahnak a tam sinsin. Satan in amaita vekih a ham zo mi hi leilung tlennak ding men lawng ah siloin cawisang ding tlak a si. Hitawk hi Pathian fapa biakbuk, minung ih um, siangpahrang ropi zetih nunnak, a tuarnak le a thihnak hmun a si. Hi hmun hi thil ziangkim a thar ih a tuahtikah, Pathian biakbuk minung hnen ih a umnak ding hmun a si. Bawipa ih eng ahcun tlencia pawl cu tawpni nei loin an lengvak ding, simfiang theih lo thilpek, Immanuel – “Pathian kan hnenah a um” timi pek an si ruangah Pathian an thang that ding.”—Ellen G. White, The Desire of Ages, p. 26.

**Hitawk ahhin tlennak hmulhmel mawizet kan hawl hmu thei. Pathian ih hnatauan a si mi a fale pawl thawn kum khua ih umtlang a duhnak cu a thleng**

**famkim thluh thlang ding. Himi ih rak tel ve dinghi ziangtluk vanthatnak saw a si ding?**

Zarhtin ten sawmngiarnak a um ringring. Himi kuatar fehtlang in Pathian hnatuannak ih tel ve dingin sawm na si. Himi hi na hringnun ih Pathian hnatuuan tontehnak dingin le na hmuh theinak dingih caan tha zet a si. Himi hlawknak hi la awla, zarhtin ten nan siar mi cu midang hnen ih simsal thei dingin ralring ringring aw. Cui hlei ah Pathian hnatuannak ih tel ve thei dingin thazang cahnak a lo pe ding a si.

Sawmngiarnak: Pathian in a hnatuannak ih na tel theinak dingah na thinlung sangka lo ongsak dingin a ra lai dingmi zarth ah nitin ten thlacamnak nei aw.

**Na theih dah lomi mi pakhat - veng hnen, hnatuunpi, dawr kilpi, bus mawng pi, hmunphiat ih hnatuun tu khal pakhat sangsang hrangah nitin ten an hrangah thlacamnak neih sak aw.**

**NIRUK NI**

**October 6**

**Ruahbet ding:** Ka hrang tlennak ding khawkhannak cu Adam a tlusiat thluh hnu ih tuah cop fang mi men a si lo. Cumi cu ‘Kumkhua tluan ih daiten ummi thuthup’ phuangnak a si. Rom 16:25 RV... Cumi cu kumkhua Pathian Bawi tohkham bulhram ihsin a rung luangsuar mi a si. A thok ihsin, Pathian le Khrih cun Satan ih feh sualdan pawl, feh sualnak huham bumnak thawngin minung a tlukdan pawl khal an rak thei thluh zo. Sualnak um dinghi Pathian cun rem a ruat lo, asinan a um ding timi cu a thei ih manhlap thlak zet tong dingin khawkhannak tuah a si. Leitlun a duhdawtnak a natsattuk ruangah, a fapa neih cun pe dingin remtinak a nei ih, ‘a zumtu hmuahhmuah cu thih loin kumkhaw nunnak a neih theinak dingah a si’ John 3:16. —Ellen G. White, The Desire of Ages, p. 22.

“Khrih cun a dungthluntu pawl hnenah an hnatuuan a olsam ding thu a sim lo... Asinan anmah te lawngih do ding cun a tanta hai lo. Anmah thawn a um tlang dingthu a tiakam a si: zumnak thawn an feh a tul, ziangkim tithei thlaza hnuai ah um a tul... A thu an ngai kulhsung cu, Amah thawn pehzom aw in an hnatuannak cu an hlawhsam dah lo ding. Miphun tin hnenah feh uh ti ah a fial. Leitlun hmunram a hla thei bikah feh uhla cutawk hmun khalah ka um thotho ding. Zumnak le zumngam awknak thawn hnatuuan uh, ka lo hnongnak ding tikcu ziangtik hmanah a thleng dah zik lo. Nan hnen ah kumkhua in ka um ding, nan hnatuannak ah, mi nan kilhimnak ah, mi nan va hnemhnak ah, thianghlimnak lam khalah ka lo bawm ringring ding, Varam tiang a thlen theitu tongkam hlawhtling zet pawl ka lo pe ding”. Ellen G. White, The Acts of the Apostles, p. 29.

**Relkhawm ding thusuhnak pawl**

**1. Himi sullam hi vunruat hnik aw, minung tlu zo hnen ih Pathian tongkam hmaisa bik mi cu, “Ziangthil na rak tuah?” asilole “Ziangah ka thu nan Ngai lo?”, timi a si lo, cumi hlan ih a tongmi cu, “ Khuitawk ah na um?” timi hi a si. Himi ciah ahhin kan hrangah le kan duhdawtnak hrangah Pathian tumtah mi ahhin ziang hnangamnak saw in pek?**

**2. Pathian amah rori, Jesuh minung cu in rundam dingin hi leitlun ih a ratnak san sullam hi vun ruat hnik aw. Thinglamtaih ih Khrih thihnak cu Pathian hnatuuan phuangawknak netabik a si, hi thu in a mizia ziangsaw in sim?**

3. Hnatuan hi Pathian ta a si. Curuangah himi hnatuan dingin mipi cu a thuam dingih, a cakter fawn ding. Himi a takram hi, leitlun pumhuap thuthangtha simnak ih kan zoh tikah ziangtin saw tlin lonak le tihnak lungput pawl cu na cinfel thei dan ding?

**ZIRLAI 2****October 7-13****KAN HRANG PATHIAN HNATUAN  
PART 2****SABBATH TLAILAM**

**Tuizarh sung siar ding:** Johan 20:21, 22; Matt. 28:16–20; Thup. 14:6, 7; Daan. 7:6, 11, 12; Thup. 7:9, 10.

**Bible Cangken:** “Cuiruangah va feh uhla, miphun hmuahhmuah cu dungthluntu ah va tuah uh, Pa, le Fapa, le Thlarau Thianghlim hmin in baptis-ma va pe uh”(Matthai 28:19).

Pathian cu hnatuantu Pathian a si zia cu ca thianghlim fehtlang in a um thluh. Cumi cu milai san thuanthu ih pehzom aw mi a si ih, cumi cun Pathian in a sersiammi hrangih a tumtah mi a pholang. Cui hlei ah, Pathian ih a langter duh blik mi cu : Sual ih tlu zo a fale in Pathian hmulhmel an neih theisalnak ding hrangah a si(Col 3:9,10; 1 Johan 3:2)

Pathian ih hnatuan hi kan hmuh thei mi le ka hnenih a tongkam kan theihthiam theimi tam pi an um ve. Bible kan siar tikah, kan hnen ih in ra pan tu Pathian kan hmu thei. Sualnak ruangih thenawknak um cing khal in(Isaiah 59:2), a hnatuannak hmang in Pathian cun, “ziangkim a tuah thar”(Thup 21:5) tikcu caan sunglawi zet a thlen hlan tiang minung pawl thawn zomawknak siatbal zo mi cu a tuah tha sunzom rero a si.

Pathian in a tumtahmi le a sinak kan theihthiam theinak dingah kan hnenah amah ten phuang lang aw dingin duh hrilnak a nei, cumi pawl hmuahhmuah tlun ah kannih pawl cu amah thawn a taktak le kumkhua in laicin awknak kan nei thei a si. Tongdang ih kan sim ding

asile, Amah kan theih lawng hman siloin, a duhdawt rundamnak ah le amah thawn kan um tlandan pawl mi dang hnen ah kan va sim a si.

#### **NIKHAT NI**

**October 8**

#### **Thumkom Pathian: Pathian hnatauan um thokdan**

Cathianghlim ih Pathian hnatauan mi cun Rundamnak lamzin umsun le laimu bik ah Jesuh a nei a si. Amah Khrih rori hman in, “Kei cu lamzin, thutak le nunnak ka si. Keimah thawng lo cun zohman pai hnen an thleng lo ding” tiah a ti(Johan 14:6, NKJV). Asinan Jesuh khal in Thumkom Pathian ih hnatauandan pawl kan theihthiam theinak dingah in bawm ve a si.

Ziangkim Khrih ih a tuahtuan mi hi a Pa vancung ih um mi hrangah simaw, a hnen ihsin simaw a si theu (zoh aw; Johan 4:34; Johan 5:30; Johan 12:45). Ziangkhal sehla, Jesuh hnatauannak hi leitlun ih a rat ihsin a thokfang mi a silo timi cu kan theihtiam a thupi zet. Leitlun sersiam a si hlan ihsin a Pai' hnen ihsin a rak ngah zo (Zoh tlang aw; Efesa. 1:4, 1 Pit. 1:20).

Curuangah minung hnen ih ra um dingin Pathian ih remruatnak cu kan leilung a sem hlan ihsin a rak si zo, cule a tumtahmi a famkim theinak dingah hringnun san thuanthu ah tumtah vekin a runglut a si.

Fapa cun leilung a sersiam (Johan 1:3) cule “A tikcu a kim ngah tikah” (Gal. 4:4, NKJV), Pathian cun hitawk ih Fapa a run thlahnak thawngin a duhdawtnak a langter a si. (Johan 3:16, 17). Fapa cu a rungih, thinglamta parah thi in, thihnak a neh fel. Cumi theh ah Pa Pathian ih thlahmi thlarau thianghlim cu hitawk ah a ra ih(Johan 14:26, Johan 16:7), leitlun hi thiam a co ter lo (Johan 16:8-11), cule tuini ah Pathian le Fapa ih hnatauan cu thilti theinak hmangin Pathian hnatauan dingah a minung pawl an thlah sunzom rero lai a si. (Johan 14:26; Johan 16:13, 14).

**Siar ding:** Johan 20:21,22. **Kan Pathian hnatauan mual a neih theink dingah Pa Pathian, Fapa Pathian le Thlangrau thianghlim in hi hnatauannak ih bulram bik an si timi ziangtin saw kan theihthiam thei ding?**

“Thumkom Pathian” timi tongfanf hi Bible ah um ciah lo khal sehla, Pathian hnatauannak ihsin thumkom Pathian a um zia hmuh ding tampi a um. Tahthimnak ah, thihnak ihsin a thawsal hnu ah, Khrih cu a dungthluntu pawl hnenah a lang ih, an hnenah thu a tiam: “Ka pa ih thuthiam cu an hnenah ka run thlah ding; asinan tlunlam ihsin huham thawn thuam nan si hlan sung cu khawpi ah um uh” (Luke 24:49, NIV). Hitawk ahhin Pathian sinak taktak hnatauan hi catlang tluan pakhat ah kan hmu thei: Pathian thuthiam mi, Fapa in cumi thuthiam a thlen famkimnak ding a rel, cule cui thuthiam, thlarau Thlarau thianghlim a ra thlen dan pawl a um thluh. (Luke 3:16; Tirh 1:4, 5, 8).

Himi ihsin Pathian hnatauan cu kanmai ta a si lo timi kan zirsuak thei. Cumi cu Thumkom Pathian ih ta a si. Cumi a si ruangah a hlawhsam dah lo ding.

**Pa Pathian, Fapa le thlarau thianghlim pawl cu thlarau rundamnak ding hrangah hna an tuan tlang thluh. Himi ruatnak hi ziangruangah saw na hnangampi emem?**

#### **NIHNIH NI**

**October 9**

#### **Dungthluntu tuah: Pathian hnatauan bitumbik**

**Siar ding:** Matthai 28:16-20. **Himi ahhin dungthluntu sinak thuhla ziangsaw na hmuh?**

Mathai 28:16-20 cun Bible sungih van lam thilpek, mikip in thupek ropi zet tiih theih lar mi thu fiangzeten a sim (Matt. 28:18-20), cumi ahcun Jesuh in a dungthluntu pawl hnen ah fehsuak ih dungthluntu va tuah ding le

zumnak thawn thu va zirh ih, pawlkomnak ih tel ter hai dingin a fial (zoh aw; Mark 16:15, 16; Luke 24:44–49; Johan 20:21–23; Tirh 1:8).

Matthai 28:16-20 ih bulhram tonak cu hitin thil 4 in kan hmu thei ding: (1) Jesuh cun a dungthluntu pawl cu Galilee lamah a mah thawn feh dingin thu a pek (Matt 28:16,17), (2) Jesuh cu an hnenah a ra ih, A thuneihnak le thilti theinak thu a ra sim (Matt. 28:18), Cule Jesuh cun a dungthluntu pawl hnenah hnatuan ding hleice tuah dingin thu a pek, cumi cu dungthluntu ih midang va tuah dinghi a si(Matt. 28:19, 20); A netnak ahcun,(4) Jesuh cun a dungthluntu pawl hnenah san a cem hlansung an hnenih um dingin thutiamnak a nei(Matt. 28:20).

Dungthluntu tuah ding hi thupek ropi zetih a bitummi bik a si, Pathian hnatuan ding bik cu a si. Grik tong cun Matthai 28:19 hi hitin a thok, “Curuangah va fehsuak in dungthluntu va tuah uh(....)” hitawk ih “Curuangah” timi hmangin thu a pek suaknak hi cumi hlan te ih relmi ah a thum aw a si(Matt 28:18): Jesuh ih thiltitheinak, thuneihnak, lalnak... hivek pawl hmuahmuah hi thawhsalnak ih nehnak a conak ihsin ra suak mi pawl an si.

Thupek ropi zetih thiltuah tul tengteng ding pakhat a rel mi, “Dungthluntu ih tuah” timi hi thil thupi zet a si. Mikip hnen ih va zirh, tihnimnak pek le leitlun pumhuap ih Jesuh zirternak phuang suah hi dungthluntu si dingih mizia pawl an si. Hitawk ah Jesuh in a dungthluntu pawl hnenah fiangzet ih tumtah mi a simmi a um: Dungluntu va tuah uh timi hi a si. A taktak ahcun himi cahmai hi cathianghlim hmuahmuah lakih Pathian hnatuan ropi lakih pakhat a si. Cumi cu Jesuh in a dungthluntu pawl hnenih a umpi ringring ding thutiamnak thawn a net khar a si.

A fiang tuk zo, thupek ropi zet kha a umkhawm mi a dungthluntu hmaisa pawl hnen lawngih sim men mi a si lo. Dungthluntu thar tuah vivo ding hnatuan famkim ter dingin anmah ten ramtin hmuahmuah an thleng thluh thei lo. Curuangah Thupek cu leitlun pumhuap hrang a si: Jesuh Khrih thlun taktak tu pawl hmuahmuah cun dungthluntu va tuah dingah an tel ding a si. Cumi hlei ah, thucah sim vivo ding – Jesuh khrih ih kumkhaw thuthangtha cu leitlun pumhuap hrangih khawkhanmi a si ih, leitlun lam zirmi hrang, khawtlang lam le hnam tivek khal ah bikhiah zianghman a um lo.

Hnatuan ding mi cu “Dungthluntu tuah ding” a si. Ziangtin saw himi Bawipa ih thupek in na hringnun le midang thuthangtha na va simnak ah rahuah a neih ding? Tuah dingih kawh na sinak hmun ah hmang aw deuhdeuh dingin ziangsaw na ti ding?

#### NITHUM NI

#### Kumkhua thuthangtha: Pathian hnatuan thucah

Thuphuan 14:6,7 siar aw. Vancungmi pathum thukken mi lakih a pakhatnak in “kumkhaw thuthangtha” a timi hi ziangvek Pathian hnatuannak saw a si dingih na ruat?

**October 10**

Himi hi Bible sung ih “kumkhua” tile “thuthangtha” timi a zomawknak umsun a si. Thuthangtha timi cu Jesuh Khrih fehtlang ih pekmi zangfahnak thuthangtha a si. “Zangfahnak le thutak” (Johan 1:14) in hmuh dingin kan leitlun ah a ra. Sualnei lo hringnun a hmang ih, kan sualnak phur in kan ai awh in thinglamta parah a thi (Isa. 53:4, 5; 1 Pet. 3:18). Nunnak nei in a thosal, vanram ah a kai, Pathian in a cawisang ih, tuini ah van biakbuk ah kan hrang ah ngaidam dilnak hna in tuan sak (Thup. 1:18, Tirh 2:33, Heb. 7:25). A thuthiam ropi zet a thleng famkim cing ding – huham nasa zet le sunglawi zet in a ra

sal ding, kum 1000 uknak a cem tikah Pathian lalram din a si ding (Johan 14:1-4, Tirh 1:11, Thup. 21:1-4). Himi pawl hmuahmuah hi kumkhaw thuthangtha ih thil thupi zetzet pawl an si.

Ziangkhal sehla, a taktak ahcun himi thucah kumkhua timi hi hminsintlak thil a si. In rundam thei tu ding thuthangtha pakhat lawng a um. Pathian hnatiuan a famkim thluh hlansung cu a um ringring ding. Ziangtik hmanah ziangvek thuthangtha dang khal a um zik lo. Bumawknak, zirter awknak le thurin pawl cu an hung um ih an hlosal cingcing (Ef. 4:14), Asinan rundamnak thuthangtha, kumkhaw thuthangtha cu tleng a theih lo, a zummi hmuahmuah cu thuawih in an um dingih lawmman khal pek an si ding (Zoh aw Daan. 5:33, Rom. 2:6).

A hmaisa in dungthluntu pawl hnenih thupek ropi zet pek mi kha tuini ah kan hrang khalah pek a si. Kannih cu khuitawk hmun khalah Khrih hrangah dungthluntu tuah dingih hnatiuan cu kan sunzom vivo ding a si. Asinan ziangvek dungthluntu saw? Thatnak, tlaungtlam le pumpek aw thluhnak, midang va duhdawtnak tivek pawl an si kem? Hivek pawl hi an tel thluh ko, asinan a tawk hrih cuang lo. Dungthluntu sinak thuhla Bible ih thil um mi pawl hmuahmuah (Luke 9:23; Johan 13:34, 35; 2 Kor. 5:17)ah thum aw in dungthluntu si dingin kan tuah ding a si. Cumi cun tumtahmi a nei: Bawipa, Jesuh Khrih a veihnihnak a rungtumnak ding hrang timlam awk le midang khal timlam dingih zirh hi a si.

“Thuthennak phuangsuaknak(Thup 14:6,7) timi cu Veihnihnak Khrih a rungtum salnak ding thu phuangsuaknak a si. Himi thu phuangsuahnak cu kumkhaw thuthangtha tiih kawh a si. Khrih veihnih a run tum ding thu simnak, a caan a nai thuhla phuangsuaknak

ti pawl hi thuthangtha thucah ih thil thupi zetzet pawl langtertu an si.” —Ellen G. White, Christ’s Object Lessons, pp. 227, 228.

**“Kumkhaw thuthangtha” timi vancungmi pakhatnak ih thucah le thuthennak in ziangtin pehzomawknak an nei? Ziangruangah saw thuthennak laimu bik ah thuthangtha hi a um?**

#### NILINI

#### **Pathian minung: Pathian hnatiannak**

**October 11**

Santhuanthu fehtlang in Pathian cun amah ih rinum, a sinak keng theitu, thu awih zet le a tumtahmi thluntu thei a nei ringring Pathiann minung pawl cu kawh an si mi le A zangfahnak ruangih a sawmnak rak cohlang tu pawl an si. An zaten Pathian hnatiannak a famkim theinak dingah hna an rak tuan rero zo ih an tuan sunzom rero lai.

**Siar ding:** Semtirnak 12:1-3 le Daanpeksalnak 7:6,11,12. **Thukam hlun sungih a mi pawl hrang Pathian ih tumtahnak a neihmi kha ziangsaw a si?**

Pathian in Abraham le a cithlah pawl thawn thukamnak a neihmi ah tumtahmi a nei a si. Annih pawl cu kawh an si, sersiam an si ih, Pathian hnatiuan tu dingih palai ropi zet, ram pumhuap thlawsuahnak tlentu an si(Daan. 28:10, Isa. 49:6). Ziangkhal sehla Pathian thawn pehzomawknak nei dingih hrilmi an si ih, cumi cu thu awihnak le zumnak ih thum aw a si. (Sem. 22:16-18; Suah. 19:5, 6; Daan. 28:1, 2; 2 San. 7:14). Hivek ih hnatiandan pawl hi Israel ram kiangkap pawl a hip tu Pathian ih “Hnatiuan fehpidan” Thukam hlun ih ummi a si.

Thukam thar khalah Pathian hnatiuan cu sunzom vivo a si. Thosal Bawipa le rundamtu in tu ahcun “Pathian hnatiandan” tuahthar sal in ( Matt. 28:18-20, Tirh

1:8)Khrih cun a dungthluntu- kawhhran sungtel pawl cu leitlun pumhuap ah Pathian hnatauan in an feh suak. Pathian hnataunnak hi kawhhran ih ruah cop mi thil a si lo. kawhhran a umnak san cu Pathian hnatauan ti famkim dingin a si ih, cumi famkim ter dingin A kawhhran a hmang sawn a si.

Cumi cingin thusuhnak a um hrih lai: Kawhhran ih Pathian hnatauan cu ziangsaw a si? Cumi cu kawhhran um dingih kotu thawn a bangaw a si : “Ziangah tile Milai fapa cu a hlomi hawl dingin le run dingin a ra a si”(Luke 19:10, NIV). Kawhhran sungih um kannih cun zohman kan rundam thei lo nan, rundam theitu umsun Jesuh Khrih cu midang hnenah kan kawh hmuh thei a si.

“Khrih kawhhran ih hnataunnak cu sualnak ih hloral rero pawl rundam ding hi a si. Mi hnenih Pathian duhdawtnak theihter le cumi duhdawtnak hmangin Khrih hnen ih hruai ding hi a si.”—Ellen G. White, Testimonies for the Church, vol. 3, p. 381. Himi hi tuanvo ropi zet le caantha zet khal a si.

Pathian hnatauan cu kan hringnun ah thli ngah thatnak biakinn a si. Thli tel lo sehla kan thi ding. Pathian hnataunnak tel lo cun kawhhran hi a thi ding a si. Bulpak zetin nan kawhhran a nun theinak dingah ziangsi na tuah thei mi um?

## NINGA NI

**October 12**

### Leitlun: Pathian hnataunnak hmun

**Siar ding:** Thuphuan 7:9, 10. **Himi thungan mi in Pathian hnatauan kau zet thuhla ziangsaw a rel?**

Tuizarh ahhin zirlai thupi zet pahnih, dungthlutsiter ding thupek ropi zet le kumkhaw thuthangtha thupi kan zir. An pahnih in an thupi zet ih, Pathian hnatauan cu “khuitawk ah” timi thu ah zomawknak an nei. Hitin siar a

si, “Cutin cun va feh uhla, miphun hmuahmuah hnenah dungthluntu va si ter uh” (Matt. 28:19, NKJV), “ Leithun ih um pawl hmuahmuah- citin, hnamtin, tongtin le miphun kip hnenah” (Thup. 14:6, NKJV).

Tongdang cun Khirh ih thuthangtha cu miphun kip, ramkip, tongtin le mipi pawl hnenih thleng ding a si. Thuthangtha ih luahkhatnak cu rundam fa pawl unau vekih ropi takih um khawm theinak hi a si. Zohthim ding pakhat ciah lawng kan nei, cumi cu Khrih hi a si. Jesuh ih ummi thudik kan pawm a si ahcun, miphun thleidan awknak le hamtamnak tivek pawl cu vuak kuai darh thluh an si ding ih, thutak thlarau cun kan thinlung hmunkhat ah a tuah thluh ding a si.

Jesuh in, “Ka thu theihpi nan si ding” (Tirh 1:8, NRSV), timi a rel tikah thinlung sungah hmunram dangdang pathum a um.

Hmunram pakhatnak : “Jerusalem ah ka thutheihpi tu nan si ding.’ “ himi tikcu caan hrawngah A dungthluntu pawl hi Jerusalem kiang te ah an um. Curuangah Jesuh cun cumi thawn pehpar aw in, “Na tonteh nun cu Pathian hnen ah le nangmah thawn nai zetih a umtu hnenah phuangthok a” tiah a ti. Pathian hnatauan cu inn ahhin hram a thok, innsang ah, veng le hnen le rualpi pawl ihsin a thok a si. Himi cu Pathian hnataunnak ding hmun hrampi a si.

Hmunram pahnihnak: Hitin a sunzom vivo, “Juda le Samaria tiang in” . Kan Pathian hnatauan khal hi kan kiangnai ih um pawl hrangih a si rualin hmunhla zetih um pawl hnen khalih hnatauan ding kan si. Himi pawlkom ahhin kan tong hmanmi vek ciahciah a hmangtu,- Nunphung bangaw zet, asinan kan nundan le kan umdan vekih um lotu pawl tla an um. Himi cu hmunhla sawn Pathian hnataunnak a si.

Hmunram pathumnak cu: Himi pawl hmuahhmuah tlun ah Khrih cun, “Leitlun dengtiang in” (NKJV) tiah a ti. Pathian hnatiannak cun hmuntin, ramtin, miphun tin, tongtin le nunphung tin hnenah bulpak rori ih thleng thei dingin in ko a si. Himi Pathian hnatiannak ih kan umnak netabik a si.

Sawmngiar thlacamnak : Tuizarh ah na umnak pawlkom hrangah nitin ten thlacamnak nei aw. Pathian in san le vang nei in cutawk hmu ah a lo um ter a si.

Sawmngiarnak: Na umnak hmunram ih umpawl kha hliakhlainak nei aw(Na kiangih um pawl kha ziangvek mi pawl an si), an nunphung, an sakhua, an upa maw an nauhak, milian an si maw, mi neinung an si maw, ziangmi tong an hmang tivek tete pawl...Anmah pawl hnenah Pathian duhdawtnak na sim theinak dingah Pathian hnenah bomnak dil aw.

## NIRUK NI

**October 13**

**Ruahbet ding:** Miphun kip hnenih thu theihpitu si ding in: “Rundamtuh tongkam, “Nannih cu leitlun ih eng nan si” a timi cun a dungthluntu pawl cu leitlun pumhuap ih thuthangtha sim dingin thu a pek tinak a si. Ni eng mawizet cu Leitlun kilkip ih a luh tlang vek bangtuk in Pathian cun thuthangtha eng cu leitlun ih um hringnun hnen ah thleng thei thluh dingin a tuah a si. Khrih ih kawhhran cun kan Bawipa ih tumtah mi a famkimter a si ahcun thimlak ih a ummi pawl hnenah le thihnak phemthlam ih a umtu pawl tlun ah engnak a um ding a si. Mipi pawl umkhawm ruiri le an hna cio tuan ih thinglamta phur ai hmanin kawhhran member pawl ramtin ah feh tlang in, anmah ihsin Khrih ih eng an suah ih thlarau rundamnak ding hrangih hnatiuan tu vekih an um ding hi a tha mi a sim, cule Himi “vanram uknak

thuthangtha” hi olsam zetin leitlun ah phuangdarh a theih ding a si.

“Ramtin ihsin Macedonia kawhnak aw cu a thang, “Ra uhla, in bawm uh”. Pathian cun hnatiannak hmun in ong sak. Vanlam mi pawl cu minung pawl thawn an bawmaw ton, Bomnak cu ka hmaiah a um ringring, Pathian thilti theinak cu minung hnatiannak ah hna a tuan a si. Bawipa ih hnatiuan rero mi a hmu lotu pawl cu Mitcaw taktak an si ding ih, Tuu khaltu diktak in a tu pawl a kawh lai a theilotu cu hnaset taktak an si ding. A hrekkhat cun Pathian kawhnak an thei ih, an sawn let. Nunnak pe thei thucah phuang tumnak thawn thinglung a thianglim mi pawl hmuahhmuah cun tu ahhin sown let hram seh. Nunau le mipa in huaidor aw zet le rinum zet in Pathian pekmi, hnatiuan pekmi an tuan a si ahcun Pathian thiltitheinak langin thutak lamah mi tampi an piangthar ding a si. An hnatiannak rah cu mangbangza a si ding.”— Ellen G. White, The Advent Review and Sabbath Herald, November 14, 1912.

## RELKHAWM DING THUSUHNAK PAWL

**1. Khawtlang nun ahhin kawhhran ih in luahkhat dan cu kanmah- khih ih taksa- kan hringnun ahhin pathian duhdawtnak thawngin pathian hnatiuan famkim in a um maw timi zohthim ding a um le um lo ah a thum aw a si. Bulpak zetin himi sawmngiarnak hi ziangtin na cohlang ding?**

**2. Nan kawhhran cu adventist a si lomi na venghnen pawl in ziangtin an rak theithiam ih, ziangtin a rak hmu tin na ruat? ziangtin na thei? An hmuhdan pawl a tha a si ahcun, thazang ngah sinsin dingin ziangtin na tuah ding? An hmuhdan a tha lo a si ahcun thleng aw danglam dingin ziang na tuah ding?**

**3. Leitlun ih pathian hna kan tuannak ah “kumkhaw thuthangtha” timi kan keng ringring hi ziangah saw a thupit? Mi pakhat sangsang hnen ah, khuitawk hmun khalah thinglamta parih jesuh ih kan hrang a tuahmi thuthangtha, cui thangtha ruangih beiseinak kan neihmi a zumve lotu hrangah ziangtin saw beiseinak netabik kan pek thei ding?**

**ZIRLAI 3****October 14–20****HNATUAN DINGIH PATHIAN KAWHNAK****SABBATH TLAILAM**

Tuizarh sung Bible zir ding: Sem. 11:1–9, Sem. 12:1–3, Dan. 9:24–27, Matt. 1:21, Sem. 12:10–13:1, Tirh 8:1–4, Tirh 1:8.

**Bible cangken:** “Asinain Thlarau Thianghlim nan parih a rung thlen hnu ahcun huham nan co ding ih, Jerusalem ah, le Judea ram hmuahmuah ah, le Samaria ah, le leitlun dengkawr tiang ah ka thu theihpitu nan si ding a si, a ti.” (Tirhthlah 1:8).

Khuimaw caan ahcun Pathian in kanmai duhdan ihsin in hruaisuak ih a thu theihpitu si dingah in tuah theu. Khuimaw caan ahcun himi thlengawknak hi Babel innsang zet ih mipi pawl a thekdarh awk ter thluh vekin a tumtahmi thlen famkimnak dingah a hmang theu. “Himi thekdarh awkternak ih sullam cu leitlun minung pawl hi an si, Bawipa ih tumtahmi pawl cu an thlen famkim theinak dingin cui minung pawl hmang an si”—Ellen G. White, Patriarchs and Prophets, p. 120. Abraham cu thu theihpitu si dingah a umnak ram ihsin suak in hmun dangah a feh (Semtirnak 12). Jesuh ih dungthluntu pawl khal an miphun pawl hnen lawngah hnatauan loin (Tirh 3) hmundang ah an tuan ve (Tirh 8:1–4). Tirh 1:8 ah Jesuh cun Pathian hnatauan dan ding a sim fiang hai: Tualsung ihsin thok ding, Jerusalem le Judah ram, cule Samaria lam ah, cuisin leitlun dengkawr tiang tiin a sim.

Asinan kan ram em cu kan suahsan lo hmanah, Pathian cun kan kiangkap ih um pawl hnenah feh dingin

in duh thotho. Jerusalem ih um kawhhran an tam tikah an member pawl cu an thekdarh theh. Hremnak thleng tahrat in mi pi pawl in tuar khal sehla, hivek pawl hmuahmuah hi leitlun pumhuap ih thuthangtha phuangsuaknak thil thupi zet ah a rung cang phah a si.

### **NIKHAT NI**

#### **Kan duhdan lenglam ah feh in**

**October 15**

Midang hnenih thuthangtha kan sim theinak dingah Pathian cun kanmai cahnak lenglam ah um dingin in duh a si. Kanmai duhnak, hnam le khawtlang pawl thawn um tlang duh mennak cun duhamnak mi a thlen ih, sualnak tiang mi a thlen thei. Hivek tihnung umzet zirlai pakhat cu Babel innsang thuanthu ihsin laksuah mi a si.

**Siar ding:** Semtirnak 11:1-9. **Mipi pawl ih tumtah mi cu ziangsaw a si? Ziangtuah ding saw an duh, ziangruangah saw Pathian in a tibuai?**

Babel innsang thuanthu ih mi pi pawl ih tumtahmi cu a fiang tuk. Leitlunun khuitawk khal ih um dah lo innsang zet le khawpi tum zet tuah dingin khawkhannak an nei: “Vantawng thei khawp innsang pakhat sak uh si, cule kanmah ten kan hmin kan pe aw ding” (Sem. 11:4, NIV).

**Tulai ah cuvek ih cangvaih cingcing tum mi ziangmuah lai saw um ding?** Ramkhelhnak in siseh, thiamzung, pursumleidawnnak, sakhuhanak lam khalin va si khal sehla, a poinak zianghman an thei nawn lo. Anmah ten hmin ropi zetih tuahawk duhtu tamzet an um. A netnak ahcun an tuanbangnak pawl cu zianghman lo le umzia nei hlo hlir an si. (Thusimtu. 2:1-11.)

Bible cun Semtirnak 11:4 ah mi pi pawl in leitlun ih teekdarhernak rung um ding hrial thei dingin innsang zet sak an duh thu a rel. Anmah ten hamtam zet in pumkhawm awk an duh zet. Asinan Pathian cun khawkhannak dang a rak nei.

Hi minung pawl cu himi hnatiuannak ah an pumkhawm zet. Asinan “Bawipa cun, ‘Tong cikhat hmang mi pakhat vekin himi hnatiuan hi an thok, cuti asile an khawkhan mi pawl zianghman hi an hrangah ti theih lomi an nei zik lo’ (Sem. 11:6, NIV). A taktak ahcun himi mi pi pawl ih tumtah mi hi sualnak a si.

Bible in himi ah fiangzeti in zianghman rel lo khal sehla, Ellen G White cun Pathian in tidai hmangin leitlun a siatsuah nawn lo ding thutiam kha annih cun an zum lo tiah a rak ti (Sem. 9:14, 15). Pathian kamsuak thu ah rinsannak nei loin anmai sahimnak ding ruatin innpi an sak. An thil tuahmi cu ziang a va si khal le Pathian cun an ruatnak a thianglim lo ih mai hmaikhua lawng sial duhamnak in an khat thluh ti a thei. Cuticun an hlawhtlingnak ding a rak kham sak thluh a si.

**Mahten nuam ti aw zet mi pawlkom pakhat si maw, lole hnam pawlkom tivek ah na tel dah maw? Ziangtin saw na ci le hnam si lo mi pawl thawn nan pawkkom aw thei ding?**

### **NIHNIH NI**

#### **Leitlun hrang thlawsuahu ih hungcang**

**Siar ding:** Semtirnak 12:1-3. **Ziangvek zawng in saw Pathian in a hnatiuan dingin Abraham kha a kawh ih a zirhdan?**

Pathian cun Ahram(Netalam ah a hmin hi Abraham tiih thleng a si) hnenah a ram le a miphun suahsan ih ramdang ih feh dingin a fial. Pathian in leitlun ih a

**October 16**

tumtahmi famkim ter thluh dingah Abraham a hman hi a khawkhannak pawl an si. Bawipa ih tongkam vekin Abraham khal a feh mai. Pathian in na hrangah khawkhannak a nei a si ahcun, midang hrangih thlawsuahnak na si theinak dingah na innsang le na miphun suahsan in amah na rian theinak ding hmun ih feh suak dingih kawhnak khal a si men thei.

**A hnuai ih Bungcang khi siar aw: Hi Bungcang pakhat hnu pakhat in kan hnenih Pathian thutiam mi thukam thuhla ziangsaw in sim?**

Sem. 3:15 -----

Sem. 17:19 -----

Mipum. 24:17 -----

Isa. 9:6 -----

Dan. 9:24–27 -----

Matt. 1:21 -----

A tlun ih Bible bungcang ummi cun Sual buainak cinfel dingin mi pakhat a ra ding timi Eden hmuhan ih Pathian thutiam mi cu a famkim thluh ding timi a fiang zet. Himi cinfelnak a si mi Jesuh Khrih Messiah hi Abraham le Isak(sarah ihsin) thlahsawng ihsin a suak ding a si. Hebru 11:9 ah Isak le Jakob cu Pathian in Abraham hnenih a tiammi thlawsuahnak rocotu an si thu a rel.

Abraham in tiammi cithlah cu amah ihsin a suak ding timi amah ten ziangtlukin a thei aw ih, a theithiam timi cu kan theifiang ciah lo, asinan anih cu zumnak in a fehsuak a si. “Rinnak in Abraham cun lehhnu ih a roco

dingmi hmun ah feh dingih kawh a si tikah thu a awih; cun a fehnak ding hman thei loin a pok (Heb. 11:8).

Kan hrang zohthim ding a va si em!!!

**Khuitawk ah na feh ding “tihman thei lo” in Pathian in lo ko bangta sehla, ziangtin saw na sawnlet ding?Ziangruangah saw?**

**NITHUM NI  
Abraham kawhnak**

**October 17**

Pathian kawhnak thlun in, Pathian ih thu a pek vekin Abraham cu ram sungah a lut. Ziangkhal sehla a thok pek ahcun thil a feh tluang lo zet a bang. Pathian in feh dingih a simnak hmun a thleng, asinan Bible ih a landan vek a si le, “Cui ram ahcun kanan mi an rak um” (Sem. 12:6, NKJV)—mi thah hmang le an sual tuk ruangih Pathian nung bia lo pawl tiih theih mi an si. Cutawk hmun ih Abraham a thleng veten Pathian cu a hnen ah a lang ih, “ Na cithlah hnen ah hi ram hi ka pe ding a si” tiah a ti (Sem. 12:7, NKJV). Abraham in thazang peknak tongkam a tul lutuk timi cu a fiang zet. Ziangkhal sehla, a thok ihsin a hrangah cun thil ziangkim hi a tluangtlam thei ngaingai hrih cuang lo.

**Siar ding:** Semtirnak 12:10-13:1. **Ziangsaw a hnenah thleng, himi Pathian minung hi ziang tisual mi saw a neih?**

A hrangah ziangtluk beidon za saw a si ding : “A fehnak ding hmun hman a theih lonak” (Heb. 11:8, NKJV) ah feh dingin Nunnuaum zet le neinung zetih a um theinak ram a suahsan. A hmaisabik ih a tonmi cu pam a si lailai! Himi pam hi a nasa lutuk ruangah Pathian in a simmi hmunram hman suahsan in a dang ah a va um phah a si. Boruak cu pakhat hnu pakhat a rit deuhdeuh.

"Ezipt ram ih a um lai ah, Abraham cu minung cak lonak le famkim lonak ihsin fihlim aw mi a si lo thu a hmu suak aw. Sarah a nupi a si thu a thup ih, Pathian kilhimnak rinsan loin, zumnak sangzet le thazang pe aw phahphah le a hringnun ih zohthim ding a umdan pawl cu a phatsan thluh. . . . Abraham ih zumnak a maltuk ruangah Sarah cu tihnung um dinhmun ah a um. Ezipt siangpahrang hnenah Sarah mawizia an sim tikah, a siangpahrang inn ah a hruai ter hai ih, a nupi dingah a la. Asinan Bawipa, a zangfahnak ih a nasa zet ruangah Siangpahrang innsang ah lairelnak a thlen ih, Sarah cu a humhim a si"—Ellen G. White, Patriarchs and Prophets, p. 130.

Zohman in Pathian hnatauan cu a olsam tuk an ti dah zik lo, cule bumnak le thuphan hmangin Abraham cun boruak a ti rit deuhdeuh. Pathian hi thinsau Pathian a si hi vanthat thlak za a si. A siahhlawh ih thil sual tuah ruangah a hlonhlo lo, vansiat thlak zetin Abraham lawng hi thilsual tuah tu a si lo. Abraham vekin zumnak in Pathian hnenah kan ap awk a si ahcun kan palhnak, sualnak pawl in ngaidam lawng hman siloin Bawipa in a hnatauan tu dingah in hmang thei lai timi vun theih khi kan palhnak kan tuah can ah hnemh awknak dingih tha a si.

**Ezip ram ih Abram a um thuhla ahhin ziangvek zirlai saw kan lak thei mi um ding?**

**NILINI**

**Kawhhran hmaisa le hnemh awknak**

**Siar ding:** Tirh 8:1-4. **Kawhhran hmaisa ah, ziangmi thil in saw zumtu pawl an hnemh awknak lenglam ih teekdarh tertu?**

**October 18**

Himi tikcu caan a thlen hlanah Kawhhran hmaisa kha Jerusalem ah an um hrih lai(asilole Judah pawl ih pawlkomnak lole Judah mipi pawl umnak hmun ah). Harsat hremnak a um thok tikah, biaknak lam ih Judah sakhua mi zet le farasi mi Saul khal a tel ve ih, Jerusalem ih um kawhhran pawl cu Judah ram le Samaria ram hmun tin ah an darh thluh a si kha. Jesuh cun Tirthlah 1:8 ah a rak simcia: "Jerusalem ah, le Judea ram hmuahhmuah ah, le Samaria ah, ka thu theihpitu nan si ding a si, a ti." Himi thu cu a famkim zo, Tirhthlah 8:4 khalah, "A tekdarh mi pawl cu an fehnak hmun kip ah thu an phuang" (NIV).

Kawhhran cu Jerusalem leng lam ih a um thluh hnu hmanah Judah ram sung ah le khawpi dang ih Judah pawl umnak hmun ah thuthangtha an phuang rero lai. Tirh 11:19 ahcun kawhhran cu a tekdarh nasa ih, Phoenicia, Cyprus tivek tiang hman a thlen thu a um. Asinan hivek pawl hi Judah mi pawl hnen ti lo ahcun thuthangtha an phuang lo. Jesuh dungthluntu pawl le kawhhran hmaisa pawl khan Zentel pawl hmuh an tum lo ih, Judah pawl lawng Bawipa hnenih an feh kha hmuh an tum a si. Kawhhran in Pathian hnatuannak a hmuhdan cu a rak bi zet.

Paul in Zentel pawl hnenih thuhthangtha a sim thok hnu khalah Jesuh ih dungthluntu le Kawhhran hmaisa kai hruiatu lakih mi langsar zet pakhat Piter cun Zentel pawl hnen ih thuthangtha sim cu a duh riai lo. Piter hi serhzimtan pawl hrang(Judah pawl a relduhnak si) ih thlah mi a si ih, Paul cu Zentel pawl hrangih thlah mi a si tiih theih lar zet an si (Gal. 2:8). A thokpek ahcun, Piter cun Zentel pawl hmuh hman hi a duh lo zet (Gal. 2:11, 12). Ziangkhal sehla, Pathian in Piter cu a khawruahnak ihsin a suak ter ih, a thinlung a thlengh ter. Thuthangtha hnatauan hi ziangvek a si timi a zir thok ih, Jesuh thihnak cu leitlun pumpi hrangah a si timi thu a zir thok.

**Siar ding:** Tirhthlah 10:9–15, 28, 29. **Bawipa in Piter hnen ih a pekmi thucah kha ziangsaw a si, Himi thuhla hi Pathian hna kan tuannak ah ziangtin kan hmang thei ding?**

#### NINGA NI

#### Na umnak ihsin thok aw

**Siar ding:** Tirh 1:8. **Leitlun ah a thu theihpi tu le Pathian hnatuannak neih a si lai ih Jesuh ih kaihhruainak hi ziangsaw a si?**

Himi kaihruaiawkdan cu Jesuh ih tuahsuak mi rori a si, cumi cun a dungthluntu midang hnenih thuthangtha va phuangtu ding kan si vekin ziangtin kan um ding timi in hmuh a si. Thutak sim hi midang hnenih an diklonak va pom ter cienco lam a si lo ih, vancungmi pathum thuken, Thup 14:6-12 sungih ummi vekin Jesuh va theihter sawn hi a si.

Ziangkhala sehlah Tirth 1:8 ah Jesuh ih kaihruaiawknak tongkam a um.

Pakhatnak ah, “Jerusalem ah ka thu theihpitu nan si ding” (NIV). Kan hmuh zo vek in (Asinan relnawn sal rero tlakza thil a si): Taksa rori ih kan umnak hmun kip ah a thutheihpi tu si ding kan si. Himi ih tel thei mi cu kan inn, kan kawhhran, kan inn hnen le kan pawlkom pawl an si. A hmaisabik ah kan umnak hmun kip ah a thu theipitu kan si a tul, a hramthok ih in retnak hmun – inn lole hnatuannak tivek khalah, kan kiagnai ih um pawl hnenah a thutheihpi tu kan si a tul rori a si. Cumi ahcun kan laicin lole kan sungkhat, kawhhran mipi pawl, kan tlawngkai pi pawl, kan venghnen pawl le kan pawlkomnak hmun pawl khalah an tel thluh.

Khui maw caan ahcun mipi pawl cu hmun hlazet, ram hla zet ah feh in a thutheihpi tu si an duh cienco.

Asinan an kiangkap ih um mipi pawl hnenah a thutheihpi tu an si fawn si lo. Kan umnak hmun ihsin kan thok a tul, cumi ihsin Pathian ih in kaih hruainak ah feh ding fang kan si.

Neta sawn ahcun, “Judah ram hmuahhmua le Samaria ram, le leitlun dengkhawr tiang” (Tirh; 1:8, NIV)ti a si. Himi ah Jesuh cun thutheihpi tu sinak cu phunhnam leng ih um khal a tul timi a run rel fiang. Kan umnak hmun ihsin hmuhdang deuh, pawlkom dang deuh, miphun dang deuh le biaknak sakhua dang deuh ih um dingin kawh kan si men thei. Hnam cikhat lole tong cikhat umnak mipi lakih kan um ahcun hnam nunphung lamah harsatnak malte lawng kan neih ding ruangah kan hrangah a thutheihpi tu si cu a olsam men thei. Leitlun hmun hrekhat ahcun kawhhran dinthoknak ahhin hnam pakhat lawng tivek an um theu. Ziangkhala sehlah, Jesuh ih thupek ropi zet cun A thutheihpitu kan si vekin kan umnak hmun ihsin suak in, mipi hrangih kan theihnak ziangkim suah hi a thupi zet tin in sim. Mipi pawl ih tul mamawh mi bik thucah cu Jesuh hi a si.

**Sawmngiarnak:** Na umnak khawtlang ih tulsamzet pawl, kawhhran in thuthangtha phuan dingih an hnen ih a thleng hrih lo mipawl kha theih tum awla, hminsin hai aw.

**Sawmnak:** Hmailam tikcu caan ah a tul mamawh zetmi pawl hnenih Pathian hnatuannak tikcu caan tha a thlen theinak dingah thlacamnak nei thok aw.

#### NIRUK NI

#### October 20

**Ruahbet ding:** Siar ding, Ellen G. White, “The Great Commission,” pp. 25–34, and “A Seeker for Truth,” pp. 131–142, in The Acts of the Apostles.

"Vanram ih a kai hlan ah Khrih cun a dungthluntu pawl hnenah an hnatauan ding pawl a sim. An hnen ahcun Leitlun hrangah kumkhaw nunnak ro thliri a tanta mi thuthiam cu hlawhtlingter tu an si ding thu a sim. Nannih cu leitlun ai awh in ka nunnak ka ap thu theihpitu ding nan si tiah an hnenah a sim. Israel hrangih ka hnatauan mi pawl nan hmu ngah zo. Ka mipi pawl hi nunnak nei thei dingin ka hnenah ra khal sehla, Puithiam pawl le hruaitu pawl in an duhdan vekin kan tlun ah thil tuah khal sehla, in rak hnong khal sehla, Annih pawl cun Pathian fapa cohlang theinak tikcu caan tha an nei lai thotho a si. Ka hnen ah ra ih an sualnak pawl hmuahmuah phuang aw tu pawl cu a lak rori in ka cohlang thluh ti khal nan hmu ngah zo. Ka hnenih a ra tu cu ka rak hnong thei lo. Ka dungthluntu pawl nan hnenah hin, himi zangfahnak thucuh hi ka lo pe a si. Himi cu Judah le Zentel hnen khal ih pek mi a si - A hmaisa ah Israel hrang a si ih, cutin hnamtin, tongtin le miphun kip hrangah a si. A zumtu pawl hmuahmuah cu kawhhran pakhat ah an um thluh ding a si."—Ellen G. White, The Acts of the Apostles, pp. 27, 28.

Thupek ropi zet cu a fiang tuk: Cuticun feh uhla, miphun hmuahmuah ka dungthluntu va siter uh" (Matt. 28:19, NKJV). Curuangah, himi hi hmundang ih feh ding thuhla rori a si. A hleice in miphun dang hnenih feh ding thuhla si.

"Thuthangtha phuang dingih thupeknak hi Khrh uknak ih a thupi zetmi missionary hnatuannak a si. Dungthluntu pawl cun taima zet in thlarau hrang hna na tuan dingin le mi hmuahmuah hnenah zangfah sawmnak cu an pe ding a si. An hnen ih mipi an rat ding kha an hngak ding a si lo, an thucuh keng mi pawl thawn mipi hnenih feh sawn ding an si."—Ellen G. White, The Acts of the Apostles, p. 28.

"Leitlun ahhin kanmah ih Pathian kan naih ding ai hmanih Pathian uknak thawn nai aw zetih um minung tam zet an um. Himi Leitlun sualnak khawthim sungah Bawipa cun a dungthluntu pawl kai hruai tu ding mankhung zet lungman khung tampi a nei. Hmunkip ah Khrih hrangih ding an um ringring. Leitlun ih hlawnthil pawl tlun ah Pathian ih fimnak a ngai thupi pawl cu rinzum zetih eng kengtu an si ding, Piter ih a thilton mi pawl kha Pathian khawkhannak kimtertu an si timi an zum ih, an thleidan thiamnak le an lak hranawknak pawl cu thuthangtha thlarau thawn an kah aw ti an theithiam ih, Pathian an sunloih ih, "Pathian khal in Zentel pawl hnenah sualsirnak nunnak a pe ve a si hi' tiah an ti. El buai awknak zianghman um loin thleidan awknak pawl cu an siatbal thluh ih, cuvek lakhran awknak pawl khal hnon an si thluh, Zentel pawl hnen ih thuthangtha simnak ding lamzin cu on a si zo"—Ellen G. White, The Acts of the Apostles, pp. 140–142.

### **RELKHAWM DING THUSUHNAK PAWL:**

- 1. "Pathian hnatuannak" timi tongkam hi ziangtin saw na hringnun ih na hmuh fiangdan?**
- 2. Nitin ten ziangti zawngin saw na sinak le na ziaza ah Pathian hnatuannak na langter ding? Ziangtin saw nitin ten Pathian hnatauan duhnak nei sinsin dingin na tuah awk ding?**
- 3. Kan thinglung kan fiah le kanmah vek ih a umlo tu pawl hnen lak ihsin thianghlim ter kan si theinak dingah tlunlam ih thuthennak sak cianak kan hawl hi ziangrawngah saw a thupit?**

**ZIRLAI 4****October 21-27****PATHIAN HNATUANNAK****SABABTH TLAILAM**

**Tuizarh sung zir ding:** Semtirnak 18; James 5:16; Rom. 8:34; Heb. 7:25; Sem. 19:1-29; Sem. 12:1-9.

**Bible cangken:** “**Thupek thar ka lo pe, Pakhat le pakhat duhdaw aw uh; keimah ih ka lo duhdawt bangin, nannih khal pakhat le pakhat duhdaw aw uh. Pakhat le pakhat nan duhdaw aw asile, himi ihsin mi hmuahhmuah in ka dungthluntu nan si zia an lo thei ding a si, a ti** (Johan 13:34, 35, NKJV).

A thok ihsin Pathian in Abraham cu a hnatauan tu dingah a duh rengreng. Hi thil cu a dik ti hmuh a theih, thimnak ah Semtirnak 18 ahkhan Pathian in Sodom le Gomorrah ih thil a thleng dingmi ah ralringnak thuhla a sim. “Thungaiin Bawipa Pathian cun a thuthup cu a siahhlawh profet pawl hnenah phuang loin ziang hman a tuah lo ding”(Amos 3:7, NKJV). Cule Sodomm le Gomorah thuhla ahkhan “ A siahhlawh profet” cu Abraham a si.

Abraham cu nisa lai takfang ah a cawl hahdam ih, cule khualtlawng mi pathum a hmu. “Abraham cun a mikhual pawl lak ihsin pakhat cu sual tel loin cibai a buk thei mi a si timi zianghman a ruat lo, a hmuh mi cu a cau zetmi khualtlawng pathum an si”—Ellen G. White, Patriarchs and Prophets, pp. 138, 139.

Ziangkhal sehla lehhnu ah Abraham cu bulpak in Pathian hnataunnak ahcun a tel. A telnak thuhla himi bungcang ih lang mi cu Sodom le Gomorrah hrangih a thlacannak le dilsaknak hi a si. Ziangtin simaw, hi mipi

pawl hi anmah ten hnong aw in rundam an si thei pei maw timi a hmu duh, himi cu lehlam zawngin Pathian hnataunnak a si lo ahcun ziangsaw a si cuang ding?

Himi bungcang pumhlum ahhin Abraham ih thlarau lam mizia ro pi zetzet pathum a lang: Mikhual hmuak thiamnak, duhdawtnak, le thlacannak an si – Pathian hnataunnak ah nasa zetin a bawm thei a si.

**NIKHAT NI****October 22****Mikhual lom thiamnak thilpek**

**Siar ding:** Semtirnak 18:1-15. **Abraham in a mikhual pawl a ra sawnletdan ahkhan ziangvek mikhual lom thiamnak saw pholang ih a um?**

Abraham cu a riakbuk kot ah sun nisat lai fangah a rak to. Himi a thil tuah mi cu a tuahdah tuk lo mi a si. Hivek mizia mi thil danglam zet a si. An tikcu caan lai ahcun thal caan, ni a sat tuk lai caan ah mikip cu beunak an hawl ih, zilthli umnak hmun an hawl kual theu. Asinan Abraham cun amah run lan tu pawl a bom theinak dingah khawhlum zet a tuar tla a si thei men lo maw?

Cutin a um laiah mikhual pathum a hmu. A thiltuah theumi cu, a taktak ahcun hmeltheih lo mi midang pawl mikhual ih rak lawm luh hi a si. Himi ruangah ton hmuh awknak nei hmaisabik tu hi Abraham hnen ihsin a suak mi a si: Bible bungcang ahcun Abraham cu a puanthlam kotka ihsin an hnen lam pan in a va tlan tiah um. Khami, mihi ciah si thupi bik cu: Anmah an rat hlan hmanin Abraham cu anmah hmu dingin a va tlan hngal.

“Zangfahtein tidai malte’n ka lo khaisak ta ding ih, nan ke tla kholh uhla, thing hnuaih cawl ta uh. Cun sang hlom khat ka va la ta ding ih, nan thinlung cawl hahdamter uh; cuihnuah nan feh lan ding: ziangahtile cumi hrangah nan siahhlawh hnenah nan ra a si, a ti. Cutikah annih in, Na ti vekin tuah aw, an ti”(Gen. 18:4, 5, NKJV).

Abraham cun a hnatuan dingmi a thei zet, cumi cu pathian tampi biaknak, milem biaknak le Pathian nung bia duh lotu pawl ih an kuh theih mi leitlun ah Bawipa thei dingin mikip hnen ih phuang darh thluh ding hi a si. Hitawk ih kan hmuh bangin, a hnatuan famkimnak dingah zamrang zetih lamzin a hman mi cu himi hmeltheih lo mikhual, boruak ihsin runglang men mi vekih um pawl tha zetih rak mikhual theinak hi a si.

Cumi karlak ah Abraham ih, "Sungkua pawl hi an ropi zet ih minung thawngkhat lai an um, mi malte siloin mi tam sawn cu innsang lubik pawl an si, Pathian zum lotu ihsin piangtar pawl an si. Khavek ih innsang tam zet ahcun kut hnget khoh zet an tul. Thazang mal ih thinlung thutthum mi an si lo a tul. Abraham ih hringnun cu amai innsang lenglam ah kau zetin a um. A riahbuk a thawnnak piangah thawiawknak le cibai buknak biaktheng a tuah ringring. Riahbuk a thawn tikah, biaktheng cu a um ringring lai: Kanaan mi khualtlawng veivak theu, A siahhlawh Abraham hnen ihsin Pathian theihnak rak nei tu pawl cun cui biaktheng ahcun Jehovah hnenah raithawina an nei theu."—Ellen. G. White, Education, p. 187.

A thok ihsin, himi pa cun Pathian in a hnatuan dingin a ko timi a theifiang, cule tiampia ram ih a feh ding cu colh hahdamnak ding men siloin a kiangih um pawl hmuahmuah hrang le a tesinfa, leitlun hrang thlawsuhnak a si ding timi a teifiang tuk.

**Nangmai hringnun ih zohthim thei ding mi Abraham ih mikhual lom a thiamnak zohthim ding mi pawl kha ziangsaw an si?**

#### NIHNIH NI

#### Abraham in mikip a duhdawt

**Siar ding:** Semtirnak 18:16-33. **Nunphung, hnam le miphun thleidang loin ziangtin saw Abraham khan mikip a duhdawt theinak ropi zet kha a langter?**

October 23

Semtirnak 18 sungih Abrahram ih thatnak a pahnihnak cu mipi a duhdawt ih, bulpak ih a theih lomi khal a duhdawt theinak hi a si. Himi hi kan zaten kan zir ding zirlai ropi zet a si. Sodom le Gomorrah ih um mipi pawl hi misual hlir an si ih, a ngai hlutnak ihsin hlazet ih um an si, asinan a thinlung cu nunau mipa, hnam, tong le biaknak tivek zianghman thleidannak um loin duhdawtnak hlir in a khat thluh.

Cule Pathian in Sodom le Gomorrah khawpi pawl siatsuah thluh dingih thutluknak a neih duh thu Abraham hnenah a phuang aw. "Cule Bawipa in, Sodom le Gomorrah pawl ih auaw cu a natsat tuk ruangah le an sualnak cu a rapthlak tuk ruangah, Tu ah ka vung suk ding ih, ka hnenih hung thlengmi an au aw vekin an tuah taktak maw ti ka vung zoh ding; a rak si ngai lo ahcun ka thei ding a si, a ti(Semtirnak. 18:20, 21).

Tangdornak le upa tihzahnak te thawn Abraham cun Pathian hnenah: "Misual ral pawl thawn miding fel thah an si ding cu, cuvek pawl cu na hnen ihsin hla hram seh, cun miding fel pawl cu misualral vek an si ding cu na hnen ihsin hla hram seh! Leitlun hmuahmuah ih thuthentu cun thildik a tuah lo ding maw si?" tiah a ti(Semtirnak. 18:25, ESV).

A duhdawtnak thawngin Abraham cun khawpi sungih mifel pawl lawng siloin mi hmuahmuah rundamnak an ngah ding a beisei zet. A taktak ahcun cutawk hmun ih um mipi pawl ih sual zia le that lo zia cu Abraham cun a thei thluh. Cutawk hmun ih mipi pawl le an nundan thuanthu pawl ziangtin a rak thei ngah zo timi zo in saw thei ding? Cule an thuhla kan theih dan cun a bung dot ciah ahkhan Lot' inn lenglam ih um fhnung za mipi um ruiri pawl an si (Semtirnak 19:1-11). Annih pawl hi misual rapthlak zet an si.

Cumi cingin Abraham cun Pathian duhdawtnak a theihfiang ruangah anmai ai-awh in a dil sak a si kha. Minung cu sual sirawknak hmaning Pathian hnenah a kirsal thei ringring timi hi Abraham in a theifiang tuk. Abraham hrangah cun, himi khawpi pawl ih umtu minung pawl rundam an sinak cun sualsirnak caan tha pek an si ding tihi a si.

Anetnak ahcun, Abraham cun Pathian in minung a duhdawt zia thuhla amah rori ih a theihmi ah thum aw in dilnak a nei. Amah rori hman in misual pawl duhdawtnak nasa zet a nei, nunnak a um sung ahcun rundamnak ding hrangah ruahsannak a um hrih lai timi khal a thei.

**Kanmah ten bulpak thlacamnak ah ziangahsaw midang hrang thlacamsak hi a thutpi emem? Ziangtin saw bomtul pawl thlacamsaknak le Pathian in misual pawl a duhdawtnak taktak ahhin tontehnak le thlarau lam thansohnak kan neih thei ding?**

#### NITHUM NI

#### Thlacamnak ih Abraham Nun

**Siar ding:** Semtirnak 18:23-32 **le** Jiem 5:16. **Midang hrangih thlacamnak ih thilti theinak thuhla himi in ziangsaw in zirh?**

Abraham le Pathian biakawknak hi thiltha zet, ai-awh sinak le thlacamsaknak thuhla a si. Himi bungcang ahhin Abraham cu Sodom le Gomorrah mipi hrangah Pathian hmai ih ngennak dilsak tu a si. An hrang rori ah, anmah ai-awh in a dilsak: Cumi a cangvaihdan cu kan hrangah Pa hmaiah in dilsak tu Jesuh hmuhsaknak a si. Hivek ih thlacamnak kan fehpi a si ahcun tuisun caan ih kan Pathian hnatiuan hi kan hlawhtling rori ding.

Abraham cun Sodom le Gomorrah ih um pawl siseh, a kiangih ummi khawpi pawl khal siseh a duhdawt zet. Himi ruangah si a thlacamnak khal a felfai ih a that zet. Sodom le Gomorrah siangpahrang pawl rak nehtu siangpahrang pawl khal a rak do zo. Raldonak ih nehnak a co hnu ah Sodom siangpahrang Bera cu Abraham hmu dingin Melkhizadek thawn an ra. Bera cun a mipi pawl cu an inn lam ih tlungkirter sal thluh dingin a ngen: “Minung pawl hi i pe awla, thlilri pawl cu la aw” (Semtirnak. 14:21, ESV). Himi cu a mipi pawl duhdawttu siangpahrang ih pumpek awknak a si. Abraham mizia ih ropi zet pakhat cu duhdawtnak a neihmi hi a si bangin, Sodom le Gomorrah siangpahrang pawl khal a duhdawt ih, anmai hrang le an mipi hrangah thlacamnak a neih sak: “Thlarau hlo rero pawl duhdawtnak cun Abraham cu thlacam dingin a forhfial a si”—Ellen G. White, Patriarchs and Prophets, p. 140.

Abraham cun hnuaidornak le taimaknak pawl cu thlacam saknak ah a langter thluh. A pakhatnak ih a ngenmi, mi dingfel 50 an um ahcun khawpi rundam a si ding timi thu ah Pathian in a ngennak a cohlang veten, a dilnak cu a sunzom vivo.

Kan Pathian hnatiuanak hi Thlacamnak, midang hrang thlacamnak tel lo hlawhtlin a theih dah zik lo. Mi khatkhat thawn kan hmuw awk hnu ah, thuthangtha sim kan theh hnu ah asilole Bible zirnak kan neihpi hnu ah kan pehtlaih mi mipi hrangah thlacamnak kan neih tengteng a tul. Pathian cun amah thawn pehtlaihnak nei ih thinlung takten thlacamnak neitu pawl cu a ngaihsak zet. Kan rualpi pawl asilole kan hmeltheih pawl ih piantharnak cu kan tongkam ruangah le thusim thiam ruangah a si lo, Thlarau thianghlim hnatiuan sawn a si. Himi ruangah Pathian hnatiuanak ah ziangvek ih kan um khalah bulpak zetin thlacam sak aw rero ding kan si.

#### October 24

**Siar ding:** Rome 8:34 le Hebru 7:25. **Kan hrang Jesuh ih a tuah mi thuhla ziangsaw in sim, cule midang hrangih thlacamsaknak kan neihnak ahhin himi thudik in ziangvek in saw theithiam dingih in bawm?**

**NILI NI****October 25****Abraham ih Pathian hnatuannak**

**Siar ding:** Semtirnak 19:1-29. **Abraham in mikhual a lom thiamnak, a duhdawtnak le thlacam saknak thlarau a neihmi ih rahuak mi kha ziangsaw an si?**

Himi bungcang ahhin Sodom khawpi ih um Lot dinhmun thuhla ngai nuam zet a um: "Lot cu Sodom kulh sangka ah a rak to"(Semtirnak. 19:1, NKJV). Himi ih sullam cu anih hi khawpi sungih mi thupi zet a si ti a theihtheih, vantlang kaihuaitu a si ko ding ti a theihtheih, ziangahtile kulh sangka ih to hi hruaitu lu pawl, thuthen tu le siangpahrang ih tuah theu mi a si (2 Sam. 19:8, Jer. 38:7, Ruth 4:1).

Semtirnak 19 hi Bung 18 ih um vancungmi le Abraham ih thuanthu thawn an bang aw zet. Abraham le Lot hi kulh sangka lole lutnak ding sangka ah an to veve. (Semtirnak. 18:1, Semtirnak. 19:1); Abraham le Lot hin mikhual cu an inn ah an ko veve(Sem. 18:3, 4; Sem. 19:2); Abraham le Lot hin mikhual hrang ei ding an tuah veve (Sem. 18:4-8, Sem. 19:3). A dik lonak cu ziang a va si khal le, Lot in mizia thatnak cu a nei in a lang.

"Cule Bawipa in Sodom le Gomorrah khaw tlunah vancung ih Bawipai' hnen ihsin kaat le meisa a surer; Cuticun cui khua pawl, le phairawn zate, le cui khaw luanthu zate, le leilung parih a keuhmi pohpoh cu a siatsuah thluh" (Semtirnak. 19:24, 25, NKJV).

Himi tikcu caan ahhin Sodom le Gomorrah khawpi pawl ah mipum ziangzat an um ti zianghman kan thei lo,

asinan mipum thawng tampi lakah mi pali lawngin khawpi a suah san ih, cule mi pathum lawng runhim an si. Semtirnak ih tilik a tlun vek thotho kha a si. Minung ziangmuah an rak um ti kan thei lo, asinan mi tampi cu runhim an si lo timi cu kan thei.

Sodom khua ih a ummi lakah mi nung malte lawng rundam an sinak hin kan Pathian hnatuannak ahhin thil thupi zet a run keng tel: Mikip hi rundam an si lo ding tihi a si. Mikip in Jesuh le A rundam khawkhannak an cohlang ding cu kan duh thluh, asinan bulpak tin hin duhhril theinak zallenak an nei thluh. Kan hna pibik cu a cang thei tawkin mipi in Jesuh an hril dingih tuah hi a si. Pathian hna kan tuan laiah, Pathian in a thlarau thianghlim thawn in umpi, asinan mikip ih duh hrilnak cu a dodal dah lo ding. Duh hrilnak timi sullam cu, a netnak ah, ziangtluk in kan tuan, ziangtluk in thlacamnak kan nei a si hmanah rundamnak cu mikip duh hrilnak ah a um thotho ding.

**Pathian hna kan tuan caan ah a rahuak mi hmu dingih kan beisei vekin zianghman kan hmuh loh tikah ziangtin saw tha nau lo dingih kan zir thei dan ding?**

**NINGA NI****October 26****Pathian duhnak ih pekawknak**

**Siar ding:** Semtirnak 12: 1-9. **Himi ahhin hmailam tikcu caan zianghman felfai in thei lo khal sehla Pathian duhnak ih pumpek awknak thuhla ziangsaw in zirh?**

Abraham ih a thatnak hleice lakih pakhat cu Pathian duhnak ih a pumpek awknak hi a si. Pathian thawn an umtlannak pawl hmuahmuah kha himi pumpekawknak ihsin a langmi mizia hlir a si.

**Kawh a sinak:** Abraham cun vanlam ihsin sawmngiar kawhnak a dong: "Bawipa cun Abraham

hnenah, ‘Na ram, na miphun le na pa ih innsang ihsin suak awla ka lo hmuh dingmi ram ah feh aw’ tiah a ti” (Sem. 12:1, NIV). Van ihsin aw a theih tikah, himi aw hi ngaihsak lo deuh in a um men thei, theihsual pang thil a si ko ding ti khal in a ruat rero men thei. Asilole cumi thu cu dokalh in ka feh duh lo, hitawk ih um hi ka duh tin a rak tong thei ko. “Ka lo hmuh dingmi ram ah” timi hi thlennak ding hmun relfiangnak maksak zet khal a si men thei. Asinan anih cun kawhnak cu a rak cohlang hngal. A duhnak cu Pathian ih duhnak ah a ap thluh ih, a pai’ inn le a ram a suahsan. “Cuticun Bawipa ih sim vekin Abraham cu a fehsuak” (Sem. 12:4 NIV).

**Ram hrildan:** Lot ih siahhlawh pawl le Abraham ih siahhlawh pawl karlak ah buainak a suak, Asinan Abraham cu mai thisen le taksa zompi thawn doawk duhmi minung a si lo. A hnenih thlawsuahnak pesal tu Pathian duhnak ah a pumpe aw a si: “Cun a hnen ihsin Lot cu a thiari fihlimawk hnuah Bawipa in Abram hnenah, Tu ah khua hun cuan awla, na umnak hmun ihsin saklam, le thlanglam, le nisuahnak lam, le nitlaknak lam khi zoh aw: Ziangahtile na hmuhmi ram hmuahmuah khi nangmah le na cithlah hnenah kumkhua in ka lo pe ding a si” a ti (Gen. 13:14, 15).

**Sodom le Gomorrah siatnak:** Himi khawpi pawl ih ton dingmi hi Pathian in Abraham hnen ih a sim tikah, duhdawtnak ih khat Abraham cun khawpi pawl cu runhim a duh zet. Khawpi pawl ahcun mi dingfel 10 te hman an um lo ruangah khawpi pawl cu siatsuah in a um. Abraham cun Pathian duhnak ah a pum a pe aw ih, cule Pathian in himi khawpi pawl tlunih a thuthennak khal a pawm thluh.

Bawipa cun Abraham a hmang thei, ziangahtile ziangkim ah Pathian duhnak ah pum a pek awk ruangah a si. Tuini khalah cutivek cu a si thei thocho.

Sawmngiarnak: Kan khawpi pawl ah thuthangtha thazet le hmulnei zetih phuangnak ahhin harsatnak kan tong theu. Pathian ra tel ve dingin kan ngen a tul.

Sawmngiarnak: Nangmah vek ih dinhmun harsa a tongtu zo si maw thawn pehtlaih awk theidan lamzin hawl aw. An hnen ahcun an hrang ih thlacamnak na neih thu kha sim aw, anmah bawm thei dingin ziang na tuah thei timi Pathian hnen ah lo hmuh dingin dil aw.

## NIRUK NI

**October 27**

**Ruahbet ding:** “Thlarau hloral rero duhdawtnak cun Abraham ih thlacamnak a cak ter sinsin. Cui khawpi tlusia zo sualnak cu hua zet khal sehla, misual pawl rundam an si ding cu a duh zet. Sodom a ngaihsaknak cu a sehrehnak in a langter ih, cumi cu kannih khal in sualsirnak nei duh lo pawl hnen ih thinlung kan neih dingmi a si. Sualnak kan huat ruangah lungawi ding kan si, asinan misual pawl cu kan duhdawt ih ka zangfah sawn ding a si. Kan kiangih um pawl ahhin Sodom khua ih thilthleng mi vek ciahciah ih ruahsannak nei nawn lo, rapthlakza, hloral dingih vungsuk thlarau hlo an um ringring. Nitin in mi hrekhat hrangah zangfahnak cu khar rero a si. Nazi tinten mi hrekhat pawl cu zangfahnak leng tiang an thleng. Khuitawk ahsaw himi siatralnak tihnung um zet ihsin misual tlanhlo dingin ralring peknak aw thawm a um? tihnak thim sung ihsin an tlansuah theinak ding, Thihnak ihsin la suak theisal tu ding ban phar mi cu khuitawk ahsaw a um? A hrangah Pathian hnen ah zumnak tha le tangdornak thawn a dil sak tu pawl khuitawk ahsaw an um?

Abraham ih thlarau cu Khrih ih thlarau a si. Amah Pathian fapa rori cu misual ai-awih ih palai hnatauan tu ropi zet a si. Tlennak hrangih a man a petu cun minung

thlarau hlutnak a thei. Sualnak dodalnak cu sual kai lo pakhat hnen lawngah a um thei, Khrih in thatnak lawng ih a ngaihtuah theimi duhdawtnak cu misual pawl hnenah a langsuak ter. Khenbetnak ih donhar a tuarnak ah, leitlun pum ih sualnak rit zet cu amahten a phur ih, amah relsia tu le thattu pawl hrangah thla a camsak, "Ka pa, ngaidam hai aw. Ziang an tuah ti an thei lo" Luke 23:34."—Ellen G. White, Patriarchs and Prophets, p. 140.

"Abraham cu siangpahrang fapa le mifim le hruaitu lu vekin a kiangkap ih um ram pawl cun an upat zet. A vengnen pawl ihsin mi theih larnak cu a kharpit cuang lo. A hringnun, mizia cu milem biatu pawl lakah cun a rinnak dik cu rel a hlawh zet. Pathian hnenih a rinumnak cu a tlaniam lo ih, a hnuaidornak le ngilneihnak cun zum ngam awknak le rualpi sinak a tuah ih, a ropitnak cun zah umnak le upatnak a pe a si."—Patriarchs and Prophets, pp. 133, 134.

#### **RELKHAWM DING THUSUHNAK PAWL**

- 1. Bible sung ihsin bulpak zetin Pathian hnatauan dingih kawh a sinak famkimter tu zohthim ding dang kha zosaw a si? Tipil petu Johan thuhla the? Anih kha a hlawhtling tin na sim thei kem?**
- 2. Siar aw: Semtirnak 19:30-36. Himi in Sodom ihsin rundam mi pawl ih mizia thuthla ziangthu saw in sim?**
- 3. Pathian hnataunnak le a tuahsuahdan thawn pehpar awin Abraham hnen ihsin ziangmi zirlai dang pawl kan zir thei ding?**
- 4. Himi hi ruat aw: Abraham in Sodom le Gomorrah hrang ih a thlacamnak cu hlawhtling lole thlawhsam tin na ti thei kem?**

#### **ZIRLAI 5**

**October 28–November 3**

#### **PATHIAN HNATUAN HRIALNAK PHUAHHLAM**

##### **SABBATH TLAILAM**

**Tuizarh sung zir ding:** Jonah 1–4; Nahum 1:1; 2 Siang 17:5, 6; Saam 24:1; James 1:27; Isa. 6:1–8.

**Bible cangken:** "Zo saw ka thlah ding ih, zo saw kan hrangah a feh ding? tiin Bawipai' aw khal ka thei. Cutikah kei in, Hinah ka um; keimah i thlah aw, ka ti" (Isaiah 6:8, NKJV).

Pathian hnatauan dingih kawhnak hi Abraham kawhnak vek a si thluh cuang lo. Jonah ah zoh thim ding a um(Siar aw Jonah 1-4). Pathian in Jonah kha, Assyria khawpi Nineveh va auh khum dingin a fial. Himi khawpi hi tuisan ahcun Iraq ah a um ih, Jerusalem ihsin peng 60 ih ummi a si ih, khualtlawngnak a nuam zet. Cutawk ih feh ding cu Jonah in a hnong lawng a siloih, cumi ralsan ah a feh daih. Joppa thleng dingin Tarship ah a feh, tu ahcun Spain ram a si. Peng 2,000 rori ih hla Lawng ih va feh ding cun nikhua umdan ah thum aw in asilo bik thlakhat sung a awih a tul. Assyria Ram siangpahrang ton a duh lo ruangah Jonah cun Nineveh a thlen theinak ding nithla cu hmang in hmundang ah a feh. Ziangah saw, Pathian minung in hivek in a tuah?

Nineveh khua pawl hi misual zet an si ih, Israel le Judah rak do rero tu misual le rapthlak zet an si tiih theih mi an si. Ziangsikhah sehla, Pathian in Jonah cu Nineveh ih feh dingin le an sualnak nasazet pawl va auh khum dingin ko (Jon. 1:2). Hi tawk ih tongkam hman mi hi Semtirnak 18:20,21 ih Sodom le Gomorrah thuhla thawn pehpar aw in Pathian in Abraham hnenih a hman mi

tongkam thawn an bangaw zet. Ziangkhal sehla kan hmuh vekin Jonah cu Abraham a si lo.

Pathian hnatuan tuan lo dingin phuahhlaam kan tuah theimi thuhla ah Jonah ih mizia ihsin ziangsaw kan zir thei ding?

#### **NIKHAT NI**

#### **Kan phuahhlaam : Tihnak**

**Siar ding:** Nahum 1:1; Nahum 3:1–4; le 2 Siang 17:5, 6; 2 Siang 19:32–37. **Himi bungcang pawl in Nineveh thuhla le Israel le Assyria karlak laicin awknak ziangvek a phuang? Himi laicinawknak ruangah ziangtin saw Jonah khan Tarshish lam ih feh dingin thutluknak a tuah?**

Jonah in Nineveh khua a feh duh lonak a san le vang bik pakhat cu tihnak ruangah a si tengteng ding. Assyria mi pawl hi tihnung umza doral an si ih cule Nineveh hi an khawpi a si.

“Israel ram a thenawk lai hrawngih hlanlai khawpi tampi lakah Assyria khawpi Nineveh hi khawpi tum zet lakih pakhat a si. An tikcu lai ahcun Nineveh cu sualnak le buainak hmunpi bik a si. An khawpi mizia cu, ‘Thisen suah hmang khawpi, bumnak le mi ramhnak thawn a khat mi khawpi ti a si. Tongthimnak lam hmangin Profet Nahum cun Nineveh mi pawl cu nun siava le mithil hlonsak hmang kiosa vekin a rak tah thim. ‘Na sualnak in tlaitluan ih a rak hrut zo mi zo saw um?’—Ellen G. White, Prophets and Kings, p. 265.

Nineveh cu a nasa zetmi khawpi a si. Santhuanthu zirmi pawl cun Sennacherib cun khawpi cu nasa zetin a kau ter ih, cumi ahcun saklam ih siangpahrang innpi tum zet pi 794 ihsin 1,650 le pi 794 tlukih kau khal a tel thu in sim. Cule asilo bikin innkhan hi 80 hrawng a um. Cule peng 40 tluk lai a hlatnak hmun ihsin khawpi sungih

tidai lakluhnak ding tikua 18 a tuah. A tumdan zoh men hman in tih le hupphurh tham a tling.

Asinan Assyaria pawl cu mi zangfahnak nei lo pawl an rak si. Babylon an neh thuhla ah Sennacherib cu uang aw zet in, cutawk hmun ih lamzin pawl cu tleirawl, le upa pawl ih ruak hlir in a khat ter thluh ih, cumi buaipi tu pawl ih hna an tuan rero lai cu ralkap pawl cun zoh tha an rak ti zet. Hivek minung hnen ih feh ding cu na duh ve zik lo, Annih pawl cun diklo zetih cangvaihnak hi an hua lo ih, anmah te thu ih misual zet pawl an si, an duh lomi pawl an dodal. A taktak ahcun Nineveh khaw mipi pawl lakih vahkual ding a ruah tikah Jonah cun a tih zet.

Himi pawl a um ti thei cingin, Jonah in tihnak ruangih Pathian thu simmi a tlansan thuhla hi pompi lo zetin kan siar theu. Kan theih ngah ciah lo mi cu kannih khal cuvek thotho in Pathian ai hmanin tihnak ih in uk thei dingin kan pe aw thei a si timi hi a si.

**Pathian in thil pakhat, tihnak ruangih na tuah duh riai lo mi tuah dingih a lo fial tik cu pawl kha vun ruat sal aw. Himi hmuhtonak ihsin ziang zirlai saw na zir ih?**

#### **NIHNIH NI**

#### **Kan phuahhlaam: Ruahdan dik lo**

Thlisia a hran tikah Jonah cu amah ten sualmawh a puh aw (Jon. 1:1–12). A thinlung mizia cun cui tikcu caan lai ih mi tampi in Pathian asilole “pathian pawl” thuhla ih leitlun mipi theihthiam dan le an ngaihdan cikhat a tarlang.

Ram dangdang ah pathian dangdang pawl in ram an uk tiih an zum lai ah, tifinriat cu khawsia ih luahkhat mi ah an ngai. Lawngsung hnatauntu pawl ih leitlun an thlirdan ahcun, an thinhengnak a dah theinak dingah

raithawinak pek a tul ti a si. Jonah hi Hebru mi a si ko nan, a tikcu lai ih hnam nunphung zumdan pawl in a luah khat thluh ruangah a leitlun thlirdan khal cuvek cu a si ko ding tiah zum a um zet.

**Siar ding:** Jonah 2:1-3, 7-10. **Himi bungcang ah Jonah in Pathian kilkhawinak a theihthiam thokdan thuhla ziangsaw a lang?**

Mi in Jehovah cu an Pathian vekih an pawmnak ram sung ihsin Jonah cu tlan khal sehla, Pathian cu a ropi ringring lai timi cu ramdang nunphung neimi lakah khual a tlawngnak ihsin a va zirsuak thotho. Thli le tisuar pawl cu Pathian ta an si. Nga khal an si thotho. "Leitlun le a sungh um pawl hmuahmuah hi Bawipa ih ta an si" (Saam. 24:1, NKJV). Jonah ih thinlung cu leilung le tifinriat pawl a tuah tu Pathian lam a her ih, cuticun a phuang aw ih, rundam in a um.

Kannih khal Pathian thuhla le kan hnen ihsin a beiseimi thuhla ah theihthiam lonak kan nei ve theu ko ding. Theih thiam lo pang theumi thil lar zet pakhat cu Pathian in kan hrangih a duh mi cu kanmah ten rundamnak lam kan ngaihtuah ih, kan kiangkap ih um leitlun mi pawl ih sualnak ihsin kan thiar fihlim awk ding hi a si timi hi a si. Kanmah ten, "Leitlun bawrhhlawh ih um lo" dingin zirh awknak um khal sehla, kan bitum bik ding mi cu a tulsam mi pawl hnenah ziangtin Pathian thlawsuahnak le beiseinak kan thlen ding timi hi a si.

Pathian hnatuan dingih Pathian ih kawhnak cohlangnak ihsin mi a cawlter theetu, kan theihthiam thei riai lomi a dang thil pakhat cu hlawhtlinnak hi kanmah ah a thum aw a si timi zumnak neih hi a si. Jonah in Nineveh khua ih thlarau hlo a rundamnak ai hmanin tam sawn kan runhim thei zik lo. Pathian hnatuan thuhla ahhin "Rundamtu" ih thinlung kan nei thei a si. Kawh kan

sinak hi rundamnak hnatuan dingin siloin Pathian in rundamnak hna a tuannak ih tel dingin a si. Pathian in kan nun in thlenghdan lamzin dangdai zetzet pawl rel in Pathian kan thangthat theu, asinan amah Pathian lawngin minung hi amai kiangah a hruai thei. Thutak ci kan tuh thei, asinan Pathian amah lawng in thinlung a thleng ter thei. Khuimaw caan ahcun kan tuanvo le Pathian tuanvo hi kan theih rawi theu, cumi cu mikip in thu theihpitu si ding duh loih phuahhlam an tuahnak ah a tawk zet mi thil a si. Si e, Pathian in Jonah kha a hmang ko, asinan Jonah siloin Pathian lawngin Nineveh khua kha danglam ter thei a si.

Thlarau hlo kaihngah hi thil harsa zet a si, minung in anmai cahnak hmangin an tuah ahcun a har sinsin. Pathian in thlarau hlo a ngah theinak dingah kanmah ihsin, kan nun in le thutheihpi tu kan sinak ihsin ziangthil saw kan zir thei ding?

**NITHUM NI**

**Kan phuahhlam: Remcan lonak**

**October 31**

Jonah in Ngapi pumsung (*Zoh aw Jonah 2*) ih a hmuhton mi pawl cu a maksak zetmi Pathian ih duhdawtnak le zangfahnak lanternak a si. Cule Jonah ih thlacamnak ihsin a langmi cu Pathian ih duhdawtnak thucah kha a theih hngilh lo tihi a si. Asinan Pathian thawn an pehtlaihawknak mangbangza a neih ruang men ah Nineveh khua ah feh thotho khal sehla, a thinlung put hmang, a mizia cu olsam zetin a thlengaw thluh tinak a si cuang lo.

**Siar ding:** Jonah 3. **Jonah in thuthangtha simnak a neih tikah mipi pawl in ziangtin an rak sawn let. A thutheihpi tu si dingah himi thuhla cun kan hrangah ziangmi zirlai in pe?**

Nineveh thuhla ah Jonah in ziangvek bulpak ngaihdan rak nei khal sehla, Pathian fial vekin thuthangtha a sim, cule a rahsuak mi cu mangbangza a si. Nineveh khaw mipi pawl cun sualsirnak an nei. Si e, Jonah khan a tuah duh lomi tuah dingin thil tampi a pah tlang ta a tul, asinan a vun tuah taktak tikah, Pathian cu sunlawih in a um a si.

Cutivek ciah in Pathian hnatiuan timi cu hrehzet khal sehla pumpe aw dingih a duhtu pawl ih liang parah Pathian in a phur ter vivo a si. Kan hlutnak pawl hi Pathian ih a ngai thupi zetmi hloral pawl hnenah kan pe ding a si. Jonah vek ciah in, kannih khal khuimaw caan ahcun mi pakhat lole pawlkom pakhat hnen ih thuthantha sim dingin thleidannak kan nei theu.

Himi thleidannak pawl kan donehnak dingah hnuaidor nun kan neih a thupi. Pathian hnatiannak cun tikcu caan le phurnak a ko a si. Midang nunnak ih sumphum le anmah ngaihsaknak cun siyah a pe rero a si. Mai nunnak le buainak pawl ih in ciahneh lai ahhin thinlung lam ih bombawinak pekawk cu thil harsa lutuk ding vek tla khi a bang zet.

Anetnak ah Pathian hnatiannak ih telnak hin Pathian hnatiuan thuhla ih kan ruahdan le paisa kan hmandan pawl khal thleng danglam dingin in ngen a si. Mipi kan ngaihsak, cabu siar ding pawl khal kan lei ih, hmundang ih thuthangtha a thlen theinak dingah thilri kan buaipi, asilole hnatiuan man kan pe asilole, Pathian hnatiannak ding hrangah tikcu caan tha pek a si hmanah Pathian hnatiannak thawn a pehtlai aw mi thilri hmannak a um thotho. Ziangvek ava si khal le, Pathian hnatiannak cun pumpek awknak a duh a si.

Thuthantha cu Jonah kha famkim lo zet cing khal in Pathian hnatiannak huham nasazet cun Nineveh

khawmi pawl sualsirnak ah a hruai thei ti hi a si. Riahsiat thlak zetin vanlam lungawinak ah Jonah kha a tel ve lo.

Pathian in ziangvek raithawinak saw tuah dingin a lo ngen mi – asilole midang hnenih a duhdawtnak thu sim dingih na ralring theinak dingah ziangvek pek awknak saw tuah dingin a lo duh? Pumpek awknak thawngin A thuthiam famkim ter dingah na nun ah ziangtin saw amah cu na rinsan ngam ding?

## **NILI NI**

### **Kan phuahhlam: hmaton awk remlonak**

“Bawipa, hihi a si lo maw, kan ram ih ka rak um laiih ka tongmi kha? Cuiruangah a si Tarshish lamih ka rak tlanhloh: ziangatlie nang cu ngilnei Pathian, le lainat thiam, thinheng har, le duhdawt zangfahnak maksak nei, le thilmhalo ih siraw mheu na si ti ka thei.” (Jonah 4:2, NKJV). Jonah ih thlacamnak mawi zet a si. A si ko lo sawm?

### **Siar ding: Jonah 4. Himi pa in ziang diklonak saw a neih?**

Jonah cun Pathian in thusim dingih a fialnak mipi pawl tlun ah huatnak NASA zet a nei ih, Niveneh khua dokalh zawngih thu a simmi a hlawhsam ti a runglang ding hmuh hnacun thih mai khal a duh sawn. Jonah cun Nineveh cu Sodom le Gomorrah vekih a um ding a duhzent. A mi huat zetmi pawl tlun ih Pathian thuthen ding cu a beisei zet. Cuvekih thil zianghman a thlen lo tikah a thil thliardan pawl cu a danglam thluh ih, Jonah cun leitlun a linglet zawngih a um hnak cun thih khal a duh sawn a si.

Jonah thuanthu pahnihnak ah Pathian cun Jonah a tong, thuthangtha simnak asilole phuangnak lam asilo ih hmuhtonak rori a si. Leitlun mi ih thlirnak hi ngennak vek ih ruat ding a si lo. Thilhar kan theihnak in si maw, asilole danglamnak ziangmaw thil a um ruangih danglam

## **November 1**

cuang khal a si lo. Leitlun thlirnak timi cu hringnun hmuhtonnak ah le ziangtin an simfiang asilole ziangtin an relfiang timi ah thum aw in a thleng aw ih, a tuah aw sawn a si.

Pathian in thilthar a pekmi cun Jonah in a leitlun thlirdan diklo zet a theihfiang awk theinak dingah a bawm a si. Ni sa ihsin a kilhim theinak dingah Pathian cun nikhat sung daih thing a to ter. Jonah cu a lungawi tuk, mangbangza a tuahtu Pathian ruangah siloin thing hramkung ruangah a si. Himi hi laktlak lo mangbangza tin rak hmu sawn loin, a hnatuan that ruangih thlawsuhnak dongtlak ah ngai in a ngahmi tin a hmu sawn. Thinghram kung cu a thih tikah Jonah cu a thinhengnak a sosang, a ngai hlutawknak a rinsan lo zet ih, a ruahnak cu mah le mah thahawk duhnak ah a suah pi.

Cui thil cu Pathian aw nem zet cun tuah tha dingin a thlun vivo ih, Johan in Nineveh khua ih um nauhak pawl le nunau, mipa thawng tampi, le an ramsa pawl hnakin thinhram a ngai hlutnak pawl cu a hrangah atthlak za an si lam hmu thiam dingin a bawm a si.

Thuanthu cu Jonah sualsir awk netnak in thawn a mi lo aw. Cumi hnakin thuanthu sim hrih lo cun thildangah in herkual pi a si. Pathian in misual pawl, mi hremtheu tu pawl, leitlun ih thuthangtha thlen hrihlonak pawl ih a ngahdan thuhla ah ziangsaw kan tuah ding?

## **NINGA NI**

### **Hinah ka um, in fehter aw**

Jonah thuanthu hi mangbangza ti hman ih daih lo a si. Jonah thu simnak hi rethei zet khal sehla Pathian in Nineveh mipi a rundamnak cun kan hnatuan pawl cu mipi thinlung danglamter theitu Pathian hrangah a si timi in va theiher a si. Himi cun Pathian in thinlung takten le a

kaihhruainak vekih feh duhtu, tangdor zet pawl lawng hi a hawl a si timi khal in theiher.

**Siar ding:** Isai 6:1-8. **Himi ahhin ruahnak ih laimu bik ziang saw a relsuak mi?**

Kawhnak cu khinah a um a si. Pathian cun thinlung takte ih pumpe aw pawl a hawl. A kaihhruainak ah pum pe aw in, a aw ngai in cui kawhnak cu kan sawnlet ding a si, cule in simmi ziangkhal ngai dingin duhrilnak kan nei ding a si.

Jonah thuanthu cun Pathian in a duhdawtnak le a aw theih a si hrihlonak ih um mi pawl khal a duhdawt thotho a si timi a langter. Pathian in Nineveh parah zangfahnak a neihvek ciah in thing le pangpar pawl innsang zetih an suahnak hmun, thawmvang tam zet ruangah thu thaten ngai a theihvak lonak tuisan ih khawpi tampi ih a umtu mipi pawl par khalah zangfahnak a nei a si. Nineveh cu Pathian in, annih pawl cu “An kut kehlam ihsin vorhhlam hman an theithiam lo” tiah a ti (see Jon. 4:11, ESV). Duh um lo zet hringnun a hmang tu pawl hnen ih A beiseinak thucah phuang ding ih a feh duhtu Pathian in a mamawh a si.

Isaiah cun, “Zo saw feh ding” timi aw a thei, ziangtin saw na rak sawn let ding?

**Sawmngiarnak:** Ziangman ngan lo mi cahnah pakhat asilole na thlacamnak cabu khalah zumlotu an si tiih na theihmi mipum 10 hmin ngan aw. Na “dungthluntu” tin kan ko ding. A cang thei a si ahcun an hmin rori in ngan aw. Himi hi na kiangah um ter ringring aw, quarter sung hmauhmuah ah, na dungthluntu 10 hrangah thlacamnak nitin nei aw. Rualpi memmem pawl thawn rualpi nai aw zet nan si theinak dingah Pathian ih lo bawm dingin thlacamnak nei aw. Na rualpi pawl thawn rinsan aw zetmi rualpi thatnak nan neih ih, nai aw zetih nan um theinak dingah thlacamnak nei aw. Nan rualpi awknak a hnget deuhdeuh asile na ngaihsak ding ih, an tulmi, an

## **November 2**

natnak, an thinharnak pawl na theihsak dingih na ngaithlak sak thei ding a si. Cule an tulnak zawn te ah Pathian in a ton theinak dingah thlacamnak na nei thei ding a si.

**Sawmngiarnak dang:** Na umnak thawn a nai aw mi khawpi pakhat lole leitlun ih um khawpi pakhat sangsang hril aw. Cutawk hmun ih um le hnatuantu pawl hrangah thlacamnak nei thok aw. Kanmah ih kan theih vekin cutawk hmun ih um pawl hnenih thudik a sim theitu an um theinak dingin le Jesuh a rungtumnak ding a nai thlang timi thu sim theitu ding an um theinak dingah Pathian hneah dil aw.

#### NIRUK NI

#### November 3

**Ruahbet ding:** An umnak pawl ah Jesuh in a thutheihpi tu dingih a kawhnak thlun dingih harsatnak nei pawl hnenah Ellen G White cun nasa zetin ralrinnak a rak pek.

"Himi hnatiuan dingih phuahhlam nei theu pawl cun an tuanvo an theifiang lo a si, cule himi hna tuan lo dingin duhhrlnak an neih a si ahcun, Khrih in an hrangih a thihsak mi thlarau hlo an hnong, Pathianin tuanvo a pekmi an hnong tinak a si, annih pawl cu vanram ih cabu pawl ah rinum lo siahhlawh tiih ngankhum an si. Hnatiuantu in mai bomnak tul zettu pawl a tlansan lai ah a Bawipa vekin cah zet le midang thlawsuah in hna a tuah dah maw? Midang thawn pawlkom awknak a hnongtu, mah le mah ngaihsak awknak nei tu cun an thlarau dinhmun a theihthiam ih, a tikcu te ih mikip hnenih ei ding rawl a pek ih Pathian tuurun rual a cawmdan ding a theih theinak dingah a unau pawl thawn pawlkom aw ih um hi a mamawh a si. Himi hnatiuan hnongtu cun thangphawknak a mamawh ti a langter ih, cule hnatiuan ih phur a rit zia khal zianghman an hmu thiam zik lo."—Ellen G. White, The Advent Review and Sabbath Herald, August 30, 1892.

Pathian hnatiannak ah thil thupi le hnget khoh zet tongkam hminsintlak a um lai ah, beiseinak zianghman um loin tanta in kan um cuang lo. "A hnenih tuanvo peknak ah Jonah cu tuanvo rit zetah rinsan tlak in a um dah zo. Asinan fehkirsal dingih a simtu cun a siahhlawh cu hlawhtlinnak a pek a si. Profet in thusuhnak zianghman um loin thu rak awih bang sehla, harsatnak khat zet tampi pawl ihsin a luat ding ih, thlawsuahnak khal nasa sinsin in a dong ding. Asinan, Jonah a beidong lai ahkhan Pathian cun a feh hloh san lo. Fiahnak dangdang le khawkhannak maksak zetzet hmangin profet cun Pathian le Rundam theinak a neihmi cemti nei lo a zumnak cu nunter leh sal ding a si."—Ellen G. White, Prophets and Kings, p. 266.

Jonah vekin Pathian hnatiannak ih tel lo dingin phuahhlam olsam zet lamzin kan hawl hmu thei. Himi phuahhlam hi thil tampi lakih pakhat fang a si men thei. Ziangkhal sehla, Pathian hnatiuan dingih kawhnak hi, Jonah kawhnak ai in a nep ce lo. Thusuhnak cu himi a si, Sawnlet dingin ziangtin duh na hril ding?

#### RELKHAWM DINGMI THUSUHNAK PAWL

- 1. Pathian hnatiannak ih tel lo dingin ziangmi phuahhlam saw na rak hmang dah zo? Na Nineveh cu ziangsaw a si?**
- 2. Kannih Seventh-day Adventist pawl ih kan neih mi thutak hi ziangtluk in ruak hnik aw. Hivek thutak na theih ruangih thlawsuah na dondan khal ruat aw. Kan duh tuk mi pawl midang hnen ih kan sim theinak ihsin in rak dir suak tu hi ziang saw a si?**
- 3. Pathian hnatiannak le a theihpitu sinak thuhla ah tihnak pawl hmuahhmuah Pathian zangfahnak ih nan eh thei danding pawl ziangtin na zir thei ding?**

**ZIRLAI 6****November 4–10**

**PATHIAN HNATUANNAK HRANG  
FORHFIALNAK LE TIMLAMNAK**

**SABBATH TLAILAM**

**Tuizarh sung siar ding:** Luke 24:1–12; Luke 24:36–49; Tirh 1:12–26; Heb. 10:24, 25; Tirh 2:1–41; 1 Kor. 11:1.

**Bible cangken:** “**Hi thu pawl hi nan hnen ka um laiik ka rak lo simmi an si, Moses ih daan bu ah siseh, profet pawl ah siseh, saam ah siseh, keimai’ thuhla nganmi hmuahmuah cu a thleng kim thluh tengteng ding a si, tihi” (Luke 24:44, NKJV).**

Filipi mi pawl hnenah Paul cakuat a ngan: “Mi hrekhat cun nahnak le eltainak thawn Khrih thu an sim taktak ko; cun mi hrekhat cun thinlung tha thawn an sim ve: lhenkhat cun tawnhrem ka sinak ah harsatnak beet tum in eltainak thawn tlaitluang lo zetin Khrih ih thu an sim; Asinain a dang cun kei hi thuthangmha humtu dingih ruat mi ka si ti thei in duhdawtnak thawn an sim. Cuti asile ziangtin a si ding? Ziangkhal sisehla, titerawknak in siseh, thutak in siseh, a ziang ti zawng khalin Khrih ih thu cu sim in a um; cun himi ah ka lung a awi taktak, a si, ka lung a awi ding” (Fili. 1:15–18, NKJV).

Thilti theizet tongkam a va si ve! “Titerawknak in siseh, thutak in siseh, a ziang ti zawng khalin Khrih ih thu cu sim in a um- Himi cu Paul ih duhdan a si. Khrih ih thuthangtha phuangnak ding hrangah, Pathian hnatuannak hrang, thuthangtha thawn midang hnen ih thu va simnak ding ih forhfialnak hi naksiknak, eltainak le maizawn lawng ruatnak men siloin thutak ihsin a suak mi a si a tul.

**Asile Khrih thuthangtha simnak ding hrangih forhfial awknak pawl cu ziangsaw an si, himi tuah thei dingin timlamnak ding lamzin hrekhat pawl teh ziangsaw an si?**

Tuizarh ahcun Pathian hnatuannak ding hrangih thil thupi zetzet kaihruainak in pe thei tu kawhhran hmaisa pawl thuhla kan zir ding.

**NIKHAT NI**

**Thuthangtha phuangdarh dingah**

**Siar ding:** Luke 24:1–12. **Khrih thawsal thu theitu pawl ih sawnletnak kha ziangsaw a si?**

Jesuh a thih hnu Sunday zingpit ah nunau pawl cu thlanmual ah an feh tiah Luke cun a rel. Rimthaw an keng, a landan ahcun tu ahhin Sabbath ni a cem zo ruangah Jesuh taksa an va hnih tum a bang. Thlan cu tacik khen ih a um lai hmuh an tum, asinan thlan kawlawng pi an va hmu cu mak an ti zet. Ziang an tuah ding ti an thei lo, korvar tleuzet a hrub tu mi pahnih an rung lang tikah an ti zet. Jesuh tongkam an theiter sal ih, nunau pawl hnen ahcun Jesuh cu amai a relvekin a thawsal zo thu an sim. Cui thuthang ruangah lungawi zetin an um ih, dungthluntu pawl le Jesuh thluntu midang tampi pawl umnak lam ah zamrang zetin an kirsal ih, an hmuh mi le an theih mi pawl cu an va sim thluh, ziangatile an lungawinak cu an umpi men thiam lo a si. Cui thil cu Khrih ihsin an zirmi cu midang hnenah an phuangsuak tinak a si.

Nunau pawl khal ziangtluk an lungawi ding ti vun ruat hnik awla, An thil hmuhton mi mak zet cu an tongve fang ih, curuangah mak tinak hlir in an khat ko ding, asinan an hmuhton mi cu Dungthluntu pawl cun, “thuanthu lengvak” men ah an rak pomsak ih an zum lo zet. Cuticun, nunau pawl zum ding le ding lo thei loin Piter

**November 5**

cu amah rori ih hmuh duh ah thlanmual lam pan cun a tlan.

Piter hrangah – kan zate hrang khalah- zo simaw ih an rel mi thil ziangsi maw hi olsam zetih vun pawm mai ding hi awloksawngza thil a si. Piter in nunau pawl tong mi cu ngai khal sehla, lehhnu ti lo bakah an thil tonmi pawl cu a rel pi thei lo. A hmai ah, a va hmuhton mi cu thlan kawlawng pi a si, cule luke cun “Mak ti zet” in a um maimai men tiah a ti(Luke 24:12). Thlan kiang ih a hmuhton cu nunau pawl thawn an bang aw lo.

Piter ih sawnletnak cu ziang a va si khal le, himi nunau pawl cun Jesuh thuhla an theih veten midang pawl hnen ih va sim an duh. Midang pawl hnenah Jesuh in an hrangih a tuahsak mi thuhla va sim aiih Pathian hnatiuan cangvaihnak NASA sawn ziangha um cuang? Kan zaten beiseinak kan neih sunmi Jesuh ih rundamnak thuthang phuang ai ih cangvaihnak NASA sawn ziangsaw um cuang?

Midang hnenih thu kan sim hlan ah kanmah bulpak in Pathian thawn hmuhton awknak kan neih ta a tul a si. Kan duh zet mi midang hnen ih va sim thei ve kan duhnak hi Pathian hnatiannak hrangih kan cangvaihnak thupi zet a si rori ding. A netnak ahcun, kanmah rori hman in kan neih lo mi cu kan phuang thei lo a si lo sawm?

A takram in Pathian le a duhdawtnak thawn hmuhtonmi na neihzo mi pawl kha ziangsaw an si? Cui tikcu caan pawl cu ziangruangah na hrangah a sunglawi, cumi pawl cun midang hnenah thuthangtha va phuang dingin ziangtin forhfialnak an lo pe?

## NIHNIH NI

### Profet lungphum

**Siar ding:** Luke 24:36-49. **Hitawk ah ziangthil a thleng, ziangah hivek hi tirhhlah pawl hrangih hmuhtonnak thupi zet a si?**

A thok ahcun dungthluntu pawl khal tihnak ruangah an zum theilo tih ngai nuam zet thil a si. Jesuh an hmuh thluh hnu ah, a nung taktak timi an theihfiang hnu ah an lungawi tuk ruangah an zum thei lo lala(Luke 24:41). Thil ziangmaw cu thudik si dingin a tha leh lutuk tiin na ruat dah maw? Himi ciah si tlunta khaan ih um dungthluntu pawl le midang pawl ih an hmuhton mi cu a si.

Himi hmuhtonnak lawng hi Jesuh in an hnenah tang bangta in fehsan daih bangta sehla, an zumnak cun rei a awih zik lo. Caan a hung rei dingih an hmuhton mi thilti theinak pawl cu an cuai deuhdeuh dingih, an theih hngilh mai ding, cuti a silo hmanah thusuhnak an nei tam vio ding. Curuangah Jesuh cun a hmasi pawl zoh ter in, an kiangih ngasa ei men ahkhan a duh tawk lo ih, kamsuak thu ah hruailut in a hnatiuan le rawngbawlnak hrangih Profet lungphum pawl cu a kawh hmuh thluh. Cumi ciah si, ziangvek in Amah thawn hmuhtonmi ropi zet an rak neih zo hmanah Jesuh cun an zumnak cu Pathian kamsuak thu ih phun hnget mi an si ding a duh thotho lai.

“Hi thu pawl hi nan hnen ka um laiih ka rak lo simmi an si, Moses ih daan bu ah siseh, profet pawl ah siseh, saam ah siseh, keimai’ thuhla nganmi hmuahmuah cu a thleng kim thluh tengteng ding a si, tih”(Luka 24:44, NKJV).

Hitawk ah Pathian hnatiannak ding hrang, thu theihpitu sinak ding hrangih thil ti theizet cangvaihnak kan hmu: cumi cu Pathian kamsuak thu a si. Jesuh cun dungthluntu pawl ih hmuhtonmi a hnet khoh theidan ding khal a thei, ziangruangah a thih a tul, thawsalnak ih thupit zia ziangvek a si timi an theihthiam a tul. An leitlun thlirdan cu ramkhelhnak le leitlun lalram pawl ihsin sualnak cinfel dan le Khrih ih thihnak a nehnak lam ah an thawn a tul. Thuthangtha cu Israel hrangih

## November 6

ramkhelnak ih hlawhtlinnak neih ai in a tha sawn. Cumi cun Khirh in satan a nehnak le Nikhat khat ahcun leitlun ih misual pawl siatsuah thluh an si ding ih, leilung cu a thar in tuah a si ding ih, Pathian cu a minung pawl hnenah a um ding timi a langter. Anih cun, "An theihthiam theinak a onsak" (Luka 24:45, NKJV) cuticun leithlun ih an tlangau pi mi thutak pawl hi an theihthiam phah a si.

Jesuh thawn kan hmuhton awknak pawl cu Pathian kamsuak thu ih hrumbun mi a si lo ahcun kan nung ter thei ringring lo ding. Cumi pawl ahcun Jesuh veikhat a rung tumnak le veihnih a runtumnak ding khal telin hmailam caan ih thil thleng ding pawl simcianak khal a tel a si. Himi hngetkhoh zetih kan theihthiam mi thudik thawn Pathian hnatiuan cangvaihnak ah kan ralring thei ding a si.

**A hmaisa le neta ih a ratnak ding khal tel in, Jesuh rak kawhhmu tu simcianak thu ah ziangtluk in saw na rak phum awk? A hleice in nineta ah, simcianak khal tel in ziangruangah saw Pathian kamsuak thu ih kan phum awk a tul, a hleice in Pathian hnatiannak hrangah ziangahsaw cumi va theih thiam hi a thupit emem?**

#### NITHUM NI

#### Hngakmi le Pathian hnatiuan

Luke 24 hi Jesuh vanram ih a kaisoh in netkhar a si(Luke 24:50–53). Asinan himi hi thuanthu netkharnak a si lo. Cangantu Luka cun a tirhthlah cabu sungah a ngan sunzom vivo. Van ih Jesuh a kai hlan te ah, dungthluntu pawl hnen ah hnatiuan ding, thuthiam pawl a pe hai, cule "tlunlam ihsin thiltitheinak" (Luke 24:49; himi khal zoh aw Tirk 1:4–8) hngakin Jerusalem ih um hrih dingin a fial.

Jesuh cun a dungthluntu pawl hnenah Jerusalem, Juda le samaria le hmunkip ih theihpitu si dingih thilti theinak petu ding(thlarau thianghlim) thlah dingah Pa ih thuthiam thleng famkim dingih a ti am mi a thlen hlan lo cu Jerusalem ah um dingin a sim hai.

**Siar ding: Tirk 1:12-26. Dungthluntu pawl, tu ahcun mipum 120 tlun nunau le mipa an um zo, tiammi an hngak sungah ziangsaw an rak tuah?**

Jesuh cun dungthluntu pawl hnenah hnatiuan ding felfai zet a sim: Leitlun ah amai hrang theihpitu an si ding. Cuticun thutiam kim ding an hngak lai ahkhan, Pathian hnatiandan ding lamzin pahnih timlamnak an nei. A pakhatnak cu, Luka cun pumkhat aw zetin thlacammak an nei sunzom vivo tiah a ti. Jesuh in ziangvek hnatiuan ding a pe ti an thinlung sung khalah thusuhnak zianghman an nei lo. Cui Pathian hnatiannak cu an zaten an pawm tlang thluh. Himi cun thlacammak ah lungualnak a suah ter. Ziangmi hrangah thlacammak an nei timi ciah cu Luka hin a rel lang lo, asinan fimnak, thazang cahnak le Pathian hnatiannak famkim dingah lungual zetih thazang cahnak an neih theinak dingah an dil ko ding ti cu a fiang zet. Kan hrang zohthim ding a va si em.

An hngak rero lai ih an thiltuahmi a pahnihnak cu an hnatiuan dingmi ah thil um tudan ruat thiam dingin an timlam aw. Judah cun Jesuh kha thah dingah a hlan, cule amai nunnak khal amah ten a la aw. Himi ruangah 12 lakah hmunlawng a um. Cuticun, an hngak rero phah ah dungthluntu pawl cu Pathian ih kaih hruainak le ai-awh hril ding mi ah nasa zet in Pathian hennah an dil. Cutin dungthluntu pawl cu an pawlkom aw ih, an hnatiuan thok thlang dingin khawkhannak an nei. Himi thutluknak tuahnak ah Piter cun hruaitu din hmun a luah. A cangvaihnak cu zohman in an el lo, Pathian fimnak a um

timi an hmu thiam thluh. An cangvaihnak, an hnatiannak le an thinlung ah Pathian a um timi an zum hnget ih, an theithiam fawn. An hngak sung hi an um menmen lo, tumtah mi hlawhtling dingin le hnatiuan dingin an timlamnak in a silh khat thluh.

Pathian hnatiuan ropi zet theng famkim dingih in bawm tu ding thlarau thianghlim tleng ding kan hngak lai ahhin, thazang pe aw in pumkhat ih um ding(Heb. 10:24, 25), le thlarau thianghlim dil in Pathian hnen ih thlacam rero ding kan si. Cule kan kawhhran ih Pathian a ngai thupibik mi- thlarau hlo kai ngah dingih kan um ding a thupi zet.

Bawipa hngah phahah na zumnak na hloh lonak dingin ziangtin na zir suak thei ding? Cumi rual in, na hgnak rero lai ah, hitawk ih dungthluntu pawl ih an tuah vekin ziangtin saw na tikcu caan cu tha zetih na hman thei ding?

## NILI NI

### **“Nan khenbet mi”**

Tirh 2 ah pentikos ni ih thlarau thlarau thianghlim pek a si thu a ngan. Cutin Jesuh dungthluntu pawl thla an cam rero lai ah an lu par ahcun tong thiamnak meisa alh a um. Thlarau thianghlim thilti theinak thutiam pek an si ti an theithiam.

**Siar ding:** Tirh 2:1-41. **Pentikos ni ih thlarau thianghlim an don ahkhan dungthluntu pawl parah ziangthil a tleng?**

Dungthluntu pawl cu tongdang in an tong thok, “Thlarau in tong dingih a pek vekin”(Acts 2:4). Hitawk ah zumlotu pawl ih hlawknak dingah bulpak tin Pathian in thil ti theinak a pek hi ziangtluk thil thupi zet saw a si. Thlawsuahnak hi anmai thatnak ding hrang men ah a si

lo. Vanram an thlen theinak ding asilole ramdang tong olsam zetih an thiam theinak ding thlawsuahnak men khi a si lo. Himi thlawsuahnak cu thlarau hlo pawl hrangih Pathian hnatiuan famkimnak ding hrangih pek mi a si. Tuini ah Pathian cun a dungthluntu pawl cu zumlotu pawl hnen ih Pathian hnatiuan dingah bulpak ciar thilpek an don mi hmang dingin a ko hai a si. Thilpek cu pek in kan zum zo: Midang hnen ih thu kan va simnak ahhin in pek cia mi hmang aiih Pathian hnatiuan ding ih kawhnak ropi ziang a um cuang?

Thlarau thianghlim pek an sinak ih rahuak mi cu messiah hnongtu mi tampi pawl cu sual sir in an um ih, mi hrekhat pawl tla cu Jesuh a thih tikih Jerusalem ih rak um pawl kha an si tengteng ding. Hitawk ih thiltitheinak hi vun ruat hnik aw: Piter cun anmah lakih mi hrekhat pawl cu Khrih khengbettu ah a puh. Si e, an thil tuahzo mi an thei fiang ih, thiam lo coter in an um, cule hitin a au: “ U le nau pawl, ziangsaw kan tuah ding?” tin (Tirh 2:37).

Sinan cuvek si khal sehra an nih khal in sual ngaidamnak dong thei an si. Asinan Piter cun an hnen ah, „ Sual sir uhla, sual ngaidamnak ding hrangah Jesuh Khrih hmin in nan zate’n baptisma co uh, cule Thlarau Thianghlim ih thilpek nan co ding a si” (Tirh 2:38, NKJV) tiah a ti.

Thlarau thianghlim hnatiuan hi Jesuh dungthluntu pawl cun sualsirnak thu le sual ngaidamnak thu cu Jesuh khenbettu lakih rak tel pawl hnen khalah an phuang a si. Himi cu thuthangtha ih thilti theinak a si. Himi thucuh in Pathian hnatiuan dingah thathonak in pek lo ahcun ziangin thathonak in pe ding? Leitlun misual, tluse zo, sualnak ih khat leitlun, a tlusia zo mi minung pawl hnenah thuthangtha phuang darh thluh dingah kan zaten kawh

kan si. Kan hnatauan cu midang va relsiat asilo ih, kan hnatauan cu Jesuh ih thiliti theinak ih rundamnak thuhla phuang suah ding hi a si.

**Ziangruangah saw Khrih thihnak ih a rak teltu pawl tiang in rundamnak ngah dingih ruatnak hin (1)kanmai nunnak hrangah thazang in pek ih, (2)ziangvek ih misual va si khal sehla an hnenih thuthangtha sim dingin in forhfial?**

#### NINGA NI

**November 9**

#### Kawhhran hmaisa hlimthla

**Siar ding:** Tirh 2:41-47. **Hitawk ahhin kawhhran hmaisa ih hlimthla ziangsaw um?**

Tirhthlah 2 cu kawhhran hmaisa pawl ziangvek an si tin netkhar a si. Tirhthlah 2:41 cun tihnimak a cotu pawl cu “an hnenah telh” an si a ti. Himi cu mi pakhat in a tuat ih, member um zo mi lakah member thar vun bet khi a si tin kan rel thei ding. Pawlkom hrang ih member komkhawm ah a thar a um tinak a si. Asinan cumi cu theihfiang theinak ding hrangih thil puan zet a si. Tongkam hmang ih thuh hloh mi cu himi tihnimnak co thar pawl hi pawlkom lakah tluk tlang awknak an nei ve thluh ti hi a si.

Hlansan Khristian pawl hnataunnak laimu bik cu dungthluntu sinak hi a si. Member thar an um vekein, annih khal lamzin 3 in dungthluntu an si. Pakhatnak, dungthluntu thurin le pawlkom awknak pawl an zir sunzom vivi. “Thurin” tile “pawlkom” timi tongfang, hitawk ih um mi hi a taktak ahcun, “zirhtir awknak” tile “umtlang khawmnak” ti a si. Dungthluntu pawl ih thusimnak cun zumnak diklo pawl hmaiah pholang in a um ih, mipy in an hmuu le an theih mi pawl simfiangnak ah a cang. Asinan cumi thudik thar zet cu an nun ah ziangtin an nunpi ding timi zirhnak a tel lo.

Thudik cu pawlkom ih telmi an si vekein mi pakhat hringnun ih pehzom awknak ah a um a si. Zumtu thar pawl cu fimkhur zet le ralring zet in zirhnak diktak hmangin zirh an si ih, cubak ah zumtu dang pawl ih nitin nun an hmang mi ah an tel ve a si, cumi pawl hmuahmuah cu thlarau lam ih pitlinnak, hnget zetih dungthluntu ih phum awknak le kaihhruainak hnuai ah an um thluh a si.

Mipy hnenah ziangtin an tuah ding timi sim loin an tuah dingmi va sim hi thil tha a si lem lo. Ziangkhal sehla cabu pakhat siar ih, asilole ziangtin tuah ding timi simfiangnak Sermon ngai khal sehla, cutin an thiltuah mi hmuu men ahkhan thlengawknak zianghman a um cuang lo, an cawn ve a tul a si. Paul in himi pawl a theih ruangah a dungthluntu pawl hnenah amah rori in Jesuh a cawng vek ciah in a nun kha cawng ve dingin a sim hai a si(1 Korin 11:1). Midang in Khrih thawn nan hmuahawknak nun taktak an lo hmuu tikah anmah khal in hlawknak an rak nei ve ding a si.

**Sawmngiarnak:** Zumtu si dingih na duhmi mi pakhat vun ruat aw. Jesuh thawn bulpak zetih an hmuu awk theinak dingah nitin thlacam sak aw.

**Sawmngairnak :** Zosaw dungthluntu si ding le Jesuh thawn zomawknak nei dingih na kaih hruai mi? Zumtu dang pawl thawn pawlkom sungih an um theinak dingih hruai theinak lamzin hawl aw.

#### NIRUK NI

**November 10**

**Ruahbet ding:** Kan Pathian hnatauan hi a thuk zetmi duhdawtnak ihsin a suak mi a si tengteng a tul, cule Jesuh in kan hrang a tuah mi le kan hringnun ih a tuah mi ah kan lungawi thiam zet khal a tul. Ziangvek forhfialnak khal hi a dik thluh cuang lo. Thu sungah hnimpum awk

ringring le a thu ih nun ringring hi midang hnen ih thuthangtha phuangnak ih hlawhtlinnak bik tawhfung a si.

“Kan hringnun hi Jesuh hringnun thawn an pehzom aw ding a si; Kannih cun van ihsin a rungtum mi nunnak sang cu amai hnen ihsin ka la dingih kan ei ding a si, cerhti thianghlim ihsin a suak mi, ro thilri pawl khal a hnen ihsin kan don mi a si. Kanmai duhnak tuah hlanah amah cu kan ret hmaisa a si ahcun, amah sunlawih dingin le lungawi thu sim dingin kan thinlung sangka a ong ding ih, kan sakhua hringnun ah kan thianghlim ringring ding a si. Kan thlacannak cu rualpi pawl thawn kan biakawk vek ciah in Pathian thawn kan biakawknak pianghmang a si. A thuthup cu bulpak zetin in sim thei. Jesuh ih umpinak duhum zet khal kan hnenah a ra um theu. Enoch a biakvek ciahih thei aw zet in kan thinlung ah meialh bangin a run um theu. Himi thudik cu Khristian ih hmuhtonmi a si caan ah an nun ah thil olsam zet, hnuaidor zet, lungnemnak, thinlung tangdornak pawl a um ding, cumi cun Jesuh thawn an um tlang zo thu le amai hnen ihsin zirsuak a si timi cu a pawlkom mi pawl hmuahmuah hnenah a langter a si.”—Ellen G. White, Christ’s Object Lessons, pp. 129, 130.

“Mai zawn lawng ruat pawl hringnun ahhin pitlinnak le rahtha suahnak a um dah lo. Khrih cu nangmah bulpak zetih rundam tu tiah na pom a si ahcun, nangmah le nangmah na ruat aw lo ding ih midang na bawm sawn ding a si. Khrih ih duhdawtnak rel a si tikah, Khrih ih thlarau na don vek in rel (an hrangah pumpe aw zetih a thihnak cu )aw....Mai tanghmai sial lo thlarau le midang hrangih hnatiuan duhnak thlarau na don ahcun na pitling ding ih rahtha na suah thei ding a si....Na zumnak a thanglian ding ih, a rinnak a thuk ding ih, na duhdawtnak a famkim ding a si.”—Christ’s Object Lessons, pp. 67, 68.

#### **RELKHAWM DING MI THUSUHNAK PAWL**

- 1. Paul in Filipi pawl hnenah Khrih thuthangtha phuangnak ah nabsiknak, eltainak, hmaikhua sialnak tivek pawl um hlah seh a timi hi ziangtin saw na theihthiam? Ziangtin saw kanmah rori hman cuvek thil tinak ahcun kan sual lo tin ka theih awk thei ding?**
- 2. A takram in Pathian le a duhdawtnak cu nangmah rori in hmuhtonmi na nei maw? Cumi cu nangmai hmuhton mi ah thum aw in, rinum zet le thianghlim zetin Pathian ih duhdawtnak cu midang hnenah na phuang maw? Na tetti khannak cu ziangsaw a si ding?**
- 3. Bawipa na hngahnak ah ziangsi na hmuhton mi, amah ah zumnak neih le zumnak pangai zet neih thuhla ah ziangsi a lo zirh?**

**KA INN HNENAH PATHIAN HNATUANNAK****SABBATH TLAILAM**

**Tuizarh sung zirding siar aw:** Luka 10:25–37; 2 Tim. 3:16; James 2:17–22; Matt. 22:37–40; Gal. 5:14; Mikah 6:6–8.

**Bible cangken:** “Cule anih in a let ih, ‘Bawipa na Pathian cu na thinlung zate, na nunnak zate, na cahnak zate le na ruahnak zatein na duhdaw pei; cun nangmah na duhdawtawk vekin na innhenen na duhdaw pei,’ tiah a ti” (Luke 10:27, NIV).

Hi bungcang cu kan thei thluh: “Bawipa na Pathian cu na thinlung zate, na nunnak zate, na cahnak zate le na ruahnak zatein na duhdaw pei” (Luke 10:27, NIV) ti hi! Asinan Pathian kan duhdawt ti cingin a thu kan ngai lo ahcun Pathian hrangih duhdawtnak kan neih mi cu zianghman lo men a si ding. Pathian kan duhdawt tin kan ruat aw, asinan nitin kan nunnak ah himi duhdawtnak in ziangsaw a langter? Pathian duhdawt timi cun kan thinlung, thlarau, taksa, ngaihtuahnak pawl hmuahmuah nitin ten a zaten pek thluh ding hi in ngen a si. Mi pakhat sangsang in Pathian a duhdawt thu a rel ahcun a tuah tengteng a tul, ziangkhal sehla, taimaknak a tul a si.

Ziangkhal sehla, Pathian duhdawt hi a tha ih, a thupi zet ko nain, Pathian cun midang khal kan duhdawt dinghi a duh a si, ziangah tile midang kan duhdawtnak cun Pathian kan duhdawtnak a kawh hmuh a si, cumi cu thilti theizet le lamzin diktak khal a si. 1 Johan 4:20 ah, “Mi pakhat in, Pathian ka duhdawt ti si in, a unau a hua a si

ahcun cupa cu thuphanper a si: ziangah tile a hmuhmi a unau hman a duhdawt lotu cun a hmuh lo mi Pathian cu ziangtin saw a duhdawt thei ding?” tiah a ti. Paul khal in Galatia 5:14 ah, “Ziangahtile daan zatein hi tongkam khat, Nangmah na duhdawtawk vekin nan innhenen duhdaw aw, timi ah a famkim a si” tiah a rak sim ve.

**Tui zarth ahcun himi zirlai hi kan nunak ah ziangtin kan hmang thei ding timi kan zir suak ding?**

**NIKHAT NI****November 12****Thusuhnak pawl ih thusuhnak**

Zosaw kan si? Ziangah hinah kan um? Kan thih tikah ziang a cang ding? Kan canvo netabik cu ziangsaw a si. Hi vek pawl hi lamzin tamzet ahcun thi thei sersiam mi, thi thei an si zia thei tu pawl (*Tisung ih um Kep le Ar tivek khal an thi thei thotho, asinan zianghman an thei lo*) ih thusuhnak thupi zetzet pawl an si. Cun Luka thuthangtha ahcun mi pakhat cu Jesuh hnenah thusuhnak nei dingin a ra a ti, a taktak ahcun thusuhnak hmuahmuah ih thupi bik a si.

**Siar ding:** Luka 10:25. **Hi daan thiampa in ziangthu saw a suh, ziangah cumi cu a sut?**

Thusuhnak cu ziang a si khal le, Bible cun Jesuh fiah a duh ruangah ti fiangzettin a tarlang. Khuimaw caan ahcun rinhelnak ruangah le zumum lo zet thusuhnak keng in an ra men thei, an thusuhnak hman ah an thutak lo tla si men thei, asinan biak an rak tlak zet thotho. Hivek cekci hi Jesuh in daan thiampa a tidan cu a si, Cumi pa ih a thiltumtah mi cu a thok ihsin a dik lo ti a thei cia. Asinan daan thiampa le an thu rak ngaitu mipi pawl hrangah himi thusuhnak cu Jesuh in an thinlung anmah ten an hawl hmuh suak theinak dingah a onsak a si. Daan thiampa ih cangvaihdan theithluh khalsela, Jesuh cun hnong in le zah lo zetin a umsan men lo.

A netnak ahcun himi ai hman ih thusuhnak poimawh ziangsaw um cuang ding? “Kumkhaw nunnak ro co thei dingin ziangsaw ka tuah ding?” timi hi a si. Kan sakhua daan le nunphung pawl ziangvek a si khal le himi thusuhnak thupi zet phen ah an um thluh a si. Himi thawn kah aw zetin, An nun cu, “Caan malte sung a lang ih, a hloralsal mi tikhu vek fang a si” (James 4:14, NKJV) tiih tarlan mi hrangah ziangsaw thil thupi zetzet um cuang? Kumkhaw thihnak ai hman in kumkhaw nunnak ding umsun cu ziangsaw a si?

**Siar ding:** 1 Kor 15:30-32. **Hitawk ahhin Pual in kumkhaw nunnak thupit zia langtertu ziangsaw a rel?**

A tumtah mi cu rinhlel um vio khal sehla, daan thiampa cun thusuhnak thupi zet a sut, cule Jesuh cun Pathian hnatuannak ding hrang ziangthil khal hmang dingin a ralring zet ih, cumi cu thuthangtha theih hrih lo pawl hnen ih a thlen theinak dingah a hmang a si.

**Kan dinhmun a tha lo vio a si hmanah Pathian thu simnak ding tikcu caan remcang hung um pawl cu ziangtin saw thinlung fim zetih kan rak hmang tangkai dan ding?**

**NIHNIH NI**

**November 13**

**Jesuh ih fehpi dan le sawnletdan**

Daan thiam pakhat Jesuh hnenih a rat thu Bible cun in sim, asinan a thiltumtah mi a thei cia thluh. A taktak ahcun kanmah ten kan theih awk ai hmanin kan thinlung ih a tul mi le kan duhmi pawl hi Pathian in a rak thei thluh. Cule thu in suhtu pawl ih thinlung cangvaih dan le phei cu kan thei lo sinsin, a dik lo sawm?

Khuimaw caan ahcun sakhua dang biami pawl hnen ihsin kan zumnak thuhla ah thusuhnak in ra nei theu. Muslim sakhua bia mi kan rualpi pawl in Jesuh ih

Pathian-nak thawn pehpar aw zetin thusuhnak in nei theu, cui thusuhnak pawl cu “Bible sungah Jesuh in Pathian a si thu a rel awknak khuitawk ah a um?” asilole “Thumkom Pathian ahhin mi 3 a um nan ti a si cun ziangahsaw Pathian pakhat lawng a um tin na ti thei?” tivek hi an si. Himi thusuhnak pawl cu thinlung buaiter theitu thusuhnak si khal sehla thinlung takten Jesuh tul zetmi le thinlung duhnak taktak ih tuah mi a si thei, asilole zianghman lo men ih thusuhnak tuah men mi khal a si thei thotho. An thinlung ruahmi taktak kan thei lo, kan theih ciamco khal a tul lem lo. An ruatnak thuk zet pawl ziangsiar lem cuang lo in, Kan theitawk in midang hnenah thuthangtha kan phuang ding a si.

**Siar ding:** Matt 26:56; Acts 17:11; 1 Kor 15:3, and 2 Timote 3:16. **Himi Bungcang pawl in Luka 10:26 ih Jesuh ih daan thiampa a letdan theithiam dingin ziangtin in bawm?**

Khuimaw caan ahcun sawnlet kan duh, asinan kanmah rori in kan hawl pahi lo. Jesuh cun, “Daan ah ziangtin saw a ngan awk? Ziangtin saw na siar?” (Luke 10:26, ESV) tiah a ti. Zirnak a thupitzia Jesuh cun a run tarlang. Midang pawl in ziangthu in sim ding timi ngai hnak hman in, Kanmah te Cathianghlim(Pathian kamsuak) kan siar a tul. Thusuhnak ih sawnletnak cu a um thluh zo, cule thlarau thianghlim cun kan thinlung ah hna a tuan ih, kan tuah dingmi in theihter a si.

Pathian cun a kamsuak thu in pe a si. Cumi ah cun ziangtin kan nung ding, ziangtin midang kan zoh ding tile ziangtin “kumkhaw nunnak ro” kan co thei ding timi thu ah kan theih duhmi thudik pawl hmuahmuah a um thluh a si. Taktak te cun, zirhtu le Pathian hnatiuan pawl khal an um ko, asinan a netnak ahcun thutak hmu dingin Bible ah kan feh tengteng a tul. “Na thu cu ka ke hrangah

meiinn a si ih, ka lamzin hrangah eng a si” (Saam. 119:105, NKJV). Himi bungcang hi Biazai memen a si lo, Pathian kamsuak thu le cumi cu Zumtu pawl hrangih a thupitdan in rak kawh hmuh a si.

**Jesuh, Pathian thu tisa ih rungcang mi cun cangan mi lamah feh dingin mi a kawh hmuh a si. Himi in Bible thupitdan le Bible kan rinnak malter tu theological le Philosophical pawl kan hnongnak ding san ziangsaw a rel?**

#### NITHUM NI

**November 14**

#### Kumkhaw nunnak ro nei dingin

Siar ding: Luke 10:27, 28. Daan thiampa khan amai thusuhnak lala kha ziangtin saw a sawnlet?

Daanthiam pa cun thusuhnak a nei ih, amah lala in a sawnlet: “Na thinglung zaten Pathian duhdawt aw..... Nangmah na duhdawtawk vekin na inn hnen khal duhdawt aw”( Luka 10:27, NIV).

Jesuh ih a sawnlet dan kha ziangtin saw? Anih cun, “ Na let dik’ ” (Luka 10:28, NKJV) tiah a ti. Cule Jesuh cun thildang tuah dingin a sawmngiar ih, hitin a ti, “Himi tuah awla, na nung ding”(Luke 10:28, NKJV).

Zumtu tam zet hrangah thurin thuhla le zumnak thuhla ah letnak dik pek hi thil harsa a si lem lo. Cumi ai hman in annih cun an theihmi a dik an tiih an tuah, an zummi an thlun. Rundam an si theidan ding thei khal sehla, an thutheih vekin an thlun lo ruangah mi tampi an hlohral phah. Cuvek in himi thubuai khal a thupi tuk. Pathian duhdawt ding le inn hnen duhdawt ding timi thuhla theih lawng hi a tawk lo. Na tuah tengteng a tul.

**Siar ding:** James 2:17–22. **Ziangtin saw himi bungcang pawl hi Jesuh in daanthiam pa hnenih a thurel mi thawn an mil awk thei?**

Pathian kan duhdawt a si ahcun, a thu kan siar ding, thla kan cam ding, a thupek pawl kan thlun ding, “Kan thinlung hmuahhmuah” in a thu kan ngai ding a si. Midang kan duhdawt ka tiih asinan biakinn ah zohman ka ngaihsak lo asilole mi ka bawm thei caan ah mitulsam pawl ka hnong lala a si ahcun, Ka zumnak ahhin ziang thatnak saw um ding? Khristiannak hi zumnak dangdang zomkhawm aw men mi a si lo ih, Nunnak lamzin a si.

“Lawngfangkheh in unau pa asilole unau nu cu um in, nitin rawl tlasam sehla, Cun nan lakih mi pakhat in an hnenah, Hnangamtein feh uhla, hlum le puar in um uh, ti sehla, cui taksa hrangih thil tul pawl nan pek si lo ahcun, ziang a thahnem?” (James 2:15, 16, NKJV).

Midang ih vanthatnak hi ziangtluk in saw na ngaihsak? “Mikip mai bul thil lawng zoh loin midang thil khal zoh ve uh” (Phil. 2:4, NKJV) tiih Paul ih a tongkam hi ziangtluk in na rak thlun? Pathian zangfahnak thawngin Midang ngaihsak theidan ding ziangtin saw na zir suah?

#### NILINI

**November 15**

#### Kanmah kan duhawt vekin midang duhdawt ding

**Siar ding:** Matt 22:37–40. **Hitawk ah Jesuh amah rori in a relmi hi ziangtin saw Luka 10:27,28 ih daanthiam pa hnenih thawn a tahthim?**

Matthai 22:37-40 ih a landan vek asile Jesuh in zumtu taktak pawl cun nitin an nunnak ah himi daan pahnih hi an langter a tul thu fiah zetin a sim. Cule Luka 10:27,28 ah mi pakhat in himi a tuah ahcun, kumkhaw nunnak a ngah ding thu fiangzet in a um.

Duhdawtnak timi cu Van le leilung ih Pathian uknak bulhram pibik a si, cumi cu Khristian mizia khalih bulhram lungphum a si a tul. Himi lawngin a fekter thei ih, a kilkhawi thei a si. Himi lawng in fiahnak le thlemlnak

a tuar thei a si”—Ellen G. White, Christ’s Object Lessons, p. 49.

**Siar ding;** Gal 5:14; Mikah 6:6–8; Le 1 Johan 4:20, 21. **Himi cang pawl in ziangtin saw Jesuh ih in sim pawl a ti hnget?**

Paul ih reldan vek asile, “Ziangahtile daan zatein hi tongkam khat, Nangmah na duhdawtawk vekin nan innhnен duhdaw aw, timi ah a famkim a si (Gal. 5:14, NKJV). Paul hrang ahcun duhdawtnak cu midang pawl kan zohdan ah zohthimnak ih a um tikah Pathian kan duhdawtnak a takram in a lang a si. Amah in, “Mifel pawl cu zumnak in an nung ding” (Rom. 1:17, ESV) ti khal sehla, zumnak nung timi cu thil ziang maw thuhmi, lole theih lomi, asilole midang ih hmuh theih lo mi tivek lampang kha a si lo. Paul, Mikah le Johan cun kan relmi zumnak taktak cu tuahnak in a lang ding a si tiah fiangzet in an rak sim.

1 Korintian 13 ah Paul cun hmual nei zet in mi pakhat in theihnak nasa zet nei khal sehla, asilole tuahsernak ropi zet nei khal sehla, asilole zumnak nasa zet nei khal sehla, asilole nunnak pe ngam tiang khal in um khal sehla, duhdawtnak a neih lo ahcun, cumi pa cu, “Dar sumsel awn ruiri vek men” (1 Kor. 13:1, NKJV) ah a cang ding tiah a ti.

A tlun ih Ellen G white ih cangan mi khi zoh aw. Duhdawtnak lawng in minung hi fek zetin a umter thei ih thlemnak a tuarsuak ter theidan pawl a rel mi kha vun mang suak sal aw. Ziangtin saw himi ruahnak hin duhdawt dingih thupeknak cu tuahnak ruangah rundamnak a si lo ih, Jesuh ih kan neih mi zumnak tarlannak a si timi a langter?

## NINGA NI

### Tuisan ih Samaria mitha thuanthu

**November 16**

Letnak dikzet a petu daanthiam cu Jesuh in a porh zetih cule a hnenah, “ Himi tuah awla, cule na nung ding” (Luke 10:28, NKJV) tin a ti ih, cupa ih thinlung a tham sak. Thudik tak ih letnak pek cu Daanthiam pai’ hrangah a olsam tuk, asinan cuvek ih thil tuah cu kum 2000 liamzo ahkhan sullam nei zet thil a si, tuisan khalah kanmah lakah buainak a um ringring lai. Daanthiam pa cun Jesuh kha thangsung ih awh ter a duh ruangah a fimmak a lang ter aw. Hitin thu a vun sut, “Ka innhnен cu zo saw a si?” (Luke 10:29, NKJV).

**Siar ding:** Luka 10:30–37. **Hitawk ih a ummi thuanthu Jesuh ih a relmi hi ziangtin a tawizawngin na kai thei ding?**

Kan kiangkap ah diklo zetih dekcok a tuar tu an um pang maw? Anmah bawm thei dingin thil ziangmaw kan tuah dah zo maw?

Khuimaw can ahcun bomtul zet pawl hi Pastor pawl, kawhhran upa pawl le member pawl khal in an bawm dah lo timi cu thudik a si. Khuimaw caan ahcun kanmah hnak hman in zumnak dang neitu pawl hi khawtlang ah ngilneihnak an nei theu. Ngilneihnak nei dingin kan tong theu tla si men thei, asinan midang pawl cun kan ruatdah lomi bomtul pawl ih harsatnak an rak cinfel man. Kan zumnak in ziangmaw si sullam a nei a si ahcun fehsuak in bomtul mi pawl kan bawm ding a si.

Jesuh cun samaria mitha thuanthu cu anmah pathum lakah bomtul zettu ih inn hnen cu zo deuhtu saw a si timi hmangin net a run khar.

“Zosaw ka inn hnen?” timi thusuhnak hi kumkhua hrang simfiang in a um. Khrih cun kan inn hnen cu kan kawhhran mi pakhat menmen asilole kan neihmi zumnak

lawng hi a silo timi a run langter a si. Himi cun phun hnam, vun rong le dinhmun zianghman danglamnak a tuah ve lo. Kan bomnak a tultu pohpoh cu kan inn hnen an si thluh. Kan inn hnen cu thlarau lam ih hriamhma ngah le doral ih vuak dup mi pawl an si. Kan inn hnen cu Pathian ih ta pohpoh kha an si”—Ellen G. White, *The Desire of Ages*, p. 503.

**Sawmngiarnak:** Nangmah vek a silomi asilole mi pakhat bulpak zetih na ngaih vak lo mi hrangah nitin ten thlacamsak dingin hram thok aw.

**Sawmngiarnak:** Na hmeltheih(Adventist a silomi) mi pakhat ih hmin kha ngan aw; An tulsam mi (Thinlung lam, taksa lam, pawlkom lam)theih tum aw, cule a tulmi pawl hnenah ziangtin bulpak zetin thuthangtha na sim thei ding timi ruat aw. Hmaizarh ah an hrangah a takram in ziangsaw na tuah thei ding?

#### NIRUK NI

November 17

**Ruahbet ding: The Desire of Ages timi cabu ih “Samaria mitha” timi cahmai 497-505 ih ummi Ellen G. White ih nganmi hi siar aw.**

Tui kan san ahhin rilrawng, bomtul le mipi ih an zoh that lomi minung tampi an um. Na tuanvo cu na tuah thei ko, ziangkhal sehla, “fate” zet vekin tla a lang men thei. Jesuh khrih a rungtum hlan ahcun Leitlun ih buainak pawl hmuahmuah hi kan cinfel thei zik lo. Cuvek tuah dingih kawh khal kan si lo. Asinan cumi a thlen hlan ih kan hnatiuan ding mi cu rawlei ding khopkham nei lo kan theih mi va bom ding hi a si, asilole Kawhhran sungh buainak tong, mai zumnak lawng dik tiih ngaitu pawl bomnak khal a si thei, cumi pawl cu tuisan rori hmanah kan leitlun ih a tang laimi buainak taktak a si.

“Sakhuhanak thianghlim le Pai’ hmai ih bawrhbah lo cu hihi a si: ‘ Pa neilo pawl le natnak tuar nuhmei pawl hnen ih va leng hi a si, cule leitlun ihsin amah ten a tiangfai aw ter mi a si ding a si. Thiltha hi Khrih in kan keng dingih a duhmi rah tha a si; Tongkam nel um, tirhsiannak, natnak tuar, tulsam zet mi farah hrangih ngailneihnak lanter hi a si. Riahsia mi le beidongmi ih phurrit phurtu awl hnen ih zawnruatnak thinlung kan neih tikah, tulsam mi pawl hnenih kan kut kan phar tikah, Lawngfangkheh pawl thuamhnu hruk ding kan pek tikah, na tonak ding midang na kian thei tikah na thinlung ah na ret hai tikah vancungmi pawl cu na kiangnai ah an ra ih, cule vancung ramah sawnletnak cu a cak zet a si. Diknak, zangfahnak le tirhsiannak ih thilti hmuahmuah cun vanah lungawinak a thlen a si. A Bawi tohkham ihsin Pathian cun zangfahnak ih cangvai tu pawl cu a hminsin ih, a hlawnthil mankhung lakah a siartel a si. ‘Ka hlawnthil ka tuah ni ahcun annih cu ka ta an si ding, ralkap pawl ih Bawipa in a ti’. Tulsam mi, natnak tuartu pawl hnen ih zangfahnak thawn tuahmi ziangkim hi Jesuh tlun ih tuahmi vekih ruah a si. Mifarah bomnak na pek ih, natnak le neekrawk a tuartu pawl an zawn na ruat ih, nu le pa nei lo pawl rualpi ih na tuah tikah nangmah ten Jesuh naih sinsinnak ah na hruai aw a si.”—Ellen G. White, *Testimonies for the Church*, vol. 2, p. 25.

#### RELKHAWM DINGMI THUSUHNAK PAWL:

- 1. Pathian duhdawt dingih thupeknak le thildang cu tuahnak thawngin rundamnak a silo timi hi ziangtin saw kan theihfiang thei? Jesuh cu zosaw a si timi le thinglamah kan hrangah ziang a tuah( Zoh Filipi. 2:5-8) timi kan ruah tikah, ziangah saw rundamnak kan ro thei, lole kan ngah theinak dingah kan thiltuah ziangkim hi**

**hnong a sinak san? Rundamnak ngah dingih hnatauan cu thilsual a si timi le Jesuh ah rundamnak kan neih zo timi kan nun ih a langternak ih danglamnak hi ziangtin kan zirsuak thei ding?**

**2. kan lak ihsin danglam deuh pawl tlun ah kan suahpi thinlung putdan hrekhat pawl cu ziangtin saw theithiam thei dingin kan zir ding?**

**3. Tuizarh ih kan zirmi pawl tel loin zo vekmi an va si khal le midang hnena ngilneihnak langter ding timi kawh hmuh theitu ding Bible cang hmuh theih mi na nei maw?**

## ZIRLAI 8

**November 18-24**

### TULSAM HNEN IH PATHIAN HNATUAN

#### SABBATH TLAILAM

**Tuizarh sung siar ding:** Luka 5:17-26, Johan 5:1-9, Daan. 10:19, Pui. 23:22, Matt. 25:34-40, Johan 15:13.

**Bible cangken:** “Cutikah Siangpahrang in a let ding ih an hnena, Thungaiin ka lo sim, Hi ka unau mitenaubik pawl lak ih mi pakhat khat parih nan tuahmi hi ka parih tuah nan si, a ti ding”(Mathai 25:40, NKJV).

Luka 5:17-26 cun Pathian in tulsam mi pawl a bomdan hmuhsaknak in rak pe a si. Khuimaw caan ahcun kanmah in bawm dingin Pathian in midang a hmang theu, asilole midang kan va bom theinak dingin Anih cun in hmang theu. Himi hi hnatauan harsa zet a si theu, asinan laksawng tamzet a kengtel. Tulsam mi bomnak ihsin, Jesuh Khrih ih hnatuannak kan rak zohter a si. Khuimaw caan ahcun tulsam mi pawl zo an si tin olsam zetin simrel awk a theih, asinan khuimaw caan ahcun theih an har zet lala. Ziangvek dinhmun a si hmanah kannih cu mipi dinhmun zoh lo in a tulsam pawl hnenih Pathian bomnak pe dingih kawh kan si.

Bible cun hmeltheih lo kiangih um dingin le an mi rinngamnak hlawhsuak ih Jesuh an hmuh theinak ding lamzin tha sawn ih kan bom theinak dingah thazang in pe a si.

Tui zarh zirlai ih kan thuhlu cu, “Tulsam mi hnen ih Pathian hnatauan” timi a si, cumi cun bom tulmi pawl hnenah lamzin tampi ih a thlen theinak dingah Pathian in khawkhannak a nei timi a hmuhsak a si. An tulsam mi

cu taksa lam, thinlung lam, paisa lam, asilole khawtlang lam: cumi cu sungkua lole khawtlang ihsin dawi hlo a tuartu pawl tivek tla an si men thei. An tulsam mi cu ziang a va si khal le kan bom theidan ih bom dingin kan ralring a tul a si. Himi cu Khristian ih sullam diktak a si ih, Pathian hnatuannak khal ih tel ding hrimhrim a si.

### **NIKHAT NI**

#### **Rualpi pawl ih zumnak**

Thuthangtha cabu sung ih thuanthu thiltithei zet ahcun mi hrekkhat in Jesuh hnenah a rualpi tulsam zet mi a hruai thlen thei dingin thil tampi a paltlang tul mi a um thu a rel. Tulsam mi hnen ih Pathian hnatuuan hi khuimaw caan ahhin a harsa zet timi thuhla hitawk ihsin kan zir thei ding a si.

**Siar ding:** Luka 5:17-26(**Zoh aw.** Matth 9:1-8, Mark 2:3-12). **Hitawk thuanthu ih Pathian hnatuannak le a rongbawlnak thuhla a ummi ihsin ziangmi zirlai pawl kan zir suak thei ding?**

Hi minung pawl in an rualpa cu Jesuh hnen ih hruai dingah tuanvo nasa zet an la. Himi pa ih rualpi vekin bomtul mi pawl cu Jesuh hnenih thlen thei dingin Pathian cun in ko a si. Himi hnatuannak cun zumnak, tuahnak, thinsaunak le pumpeknak pawl le, a tul a si ahcun thil pangai lo zetih um ding khal in a ngen a si. Mipa pawl cu Jesuh hnenah an ra, asinan khamtu an rak nei. An rualpi bom tul zet cu anmai daan vekin Jesuh hnenah an hruai thleng thei lo. Asinan dung an sip duh ce lo, Jesuh hnen ih a thlen theidan ding lamzin an hawl. Luanglu lam ihsin an rualpa cu Jesuh hnenah an vun thlak! Cuvek in tuah khal sehla, Luka ih reldan vek asile Jesuh khal in an thil tuahmi cu a pawm pi a si (Luka 5:20).

Ellen G. White cun bomtul ih um pawl bawm ding in forhfial : “Na hnauuan sim na si ding hngak aw hlah. Na mit meng awla kiangkap um pawl zoh aw, nangmah ten bomtul mi, natnak tuar tu le tulsam mi pawl hnenah va pan sawn aw. An lakin relh tum aw hlah, An tulsam mi cu thei lovek in um aw ter hlah. James cabu sungih sakhuannak thianghlim nei, mai tanghma sialnak si maw, nighthluh lakah hnuaihni aw lo langternak cu zo saw a si? Rundam khawkhannak ropi ah zo pawl in saw an thilti theinak hmuahhmuah thawn hna tuan duh?”—Testimonies for the Church, vol. 2, p. 29.

Jesuh amah rori hman in bomtul mi pawl ziangtin bom ding an si timi le cuvek in tuah ve dingih kawh kan sidan pawl a lang ter thluh. Ahmaisa ahcun, An rualpi kan si phawt a tul; cule an tulsam mi kan zirsuak thei ding; cun a netnak ahcun, anmah pawl a bawm theitu umsun Jesuh hnenah kan hruai ding a si. Himi ciah a si, himi thuanthu ih mipa pawl ih tuah mi cu; kan dinhmun cu ziangvek a va si hmanah fimzet in thil kan tuah a tul a si. Mipi pawl cu anmah rundam theitu umsun Jesuh hnen ah kan hruai ding a si.

**A tu rori na kiang ih um khan bom a tul maw?**  
**Ziangular an hrangah na tuah sak ding?**

### **NIHNIH NI**

#### **Khrih ih tuahdan lawngin**

**A hnuai ih thuanthu pawl in tulsam mi pawl hnenih kan hnatuandan ding ziangular in zirh?**

Johan 5:1-9-----  
-----

Marka 1:23–28-----

Ellen G. White cun Pathian hnatuandan ding, a hleice in tulsam mi pawl hrang Jesuh ih tuahdan karbak 5 a rel: “Jesuh ih tuahdan lawngin mipi hnenah hlawhtling zetin kan thleng thei ding a si. Rundamtu cun an thatnak ding duh zettu vekein minung lak ahcun a um ve. An zawn a ruatdan pawl a langter ih, an tulsam mi a tuahsak ih, an mi rinngamnak a hlawhsuak. Cule an hnenah, ‘In Thlun aw’ tiah a ti”—The Ministry of Healing, p. 143.

Pakhatnak ah, bomtul mi pawl thawn kan um tlang a tul, an thuhla kan theihfiang theinak dingah tikcu caan kan hman tam pi a tul, cule an hrangih thiltha ding an tulsam mi kan theithiam thei ding a si. Tili kap ih um zengnat neitu hnen ih Jesuh ih thil tuahdan kha zoh hnik aw. “Mitcaw, kebai le mizeng, natnak tampi nei pawl an umnak” hmun ah Jesuh kha a um ve a si(John 5:3, NKJV).

Pahnihnak ah, zawnruatnak kan langter a tul. Himi cu khuimaw caan ahcun zumlonak ruangah a harsa men thei, cule khuimaw caan ahcun anmah rak nautat tu an va neh theinak dingah minung in an ngilneihnak an hmang tla si thei. Ziang si khal sehla, Pathian cun zianghman ngah sal ding beiseinak nei lo ih midang parih zawnruahnak langter dingin in ko a si.

A pathumnak cu tulsam mi pawl hnenih hnatiuan a si. Himi cu tongkam hnih khat men lawng a si lo. Himi cu tulsam mi rualpi lole hmeltheih lo pawl hnenih hna va tuannak khi a si. Jesuh cun mizeng pa a bia ih, a tulsammi a sut, cule a aiawh in mangbangza a tuah. “Thlarau sia” ih a um cilh mi, mi pakhat thuanthu ahkhan Jesuh cun an dinhmun pawl a kilkhawi thluh ih, bomtul pa in amah ten a tuah theilo mi kha a tuahsak a si.

A palinak cu an rinngamnak va hlawhsuak hi a si. Mipi hnen ih hna kan tuan caan, kan bawm caan ahhin in rinsan dan an zir ding ih, cule kan bia tha ding ih, cuticun Jesuh thuhla kan sim thei ding, cule annih khal in tha zetin an ngai duh ding a si. Jesuh cun an taksa lawng a damter lo ih, Amah ih kumkhaw nunnak an neih ding a duh a si(Zoh aw, Johan 10:10).

A netabik ahcun Jesuh hnen thleng dingih bom hi a si. Cumi cu nangmah le nan bommi hnen ihsin zumnak ih thiltuah a tul.

**Jesuh ih a tuahvekin mangbangza cu kan tuah taktak thei dah lo, asinan bomnak a tul mi pawl hnenah ziangtin saw hna kan tuan thei thotho ding?**

#### NITHUM NI

#### Raltlan le ramsung runglut

Ramsung runglut le raltlan timi thupi hi relsiat elawknak nasa zet a si ih, a hleice in tuisan ah cuvek tampi an um ruangah a si. Ralbuai ruangah si maw, vansiati ton ruangah si maw, asilole ei hawlnak tha deuh hmuh duh ruangah si maw leitlun ih mithawng tampi cu an inn suahsan in, bom tul zetin an um theu.

Matthai 2:13-14 ah Jesuh hi raltlan mi a si. Leitlun ih a nu le pa Josep le Mary cu mi thattu Herod kut ihsin tlansuah tum in zan ah Bethlehem ihsin tlan suak in Izip ramah beunak an hawl a si. Izip ram ih an hmuhton mi pawl hi Bible in ziang thuhla hman a rel lo, asinan cutawk ih an um cu a harsa zet ding timi cu theih harmi thil a si lo, tuisan ih raltlan pawl ih harsatnak an tondan vek ciah a si men thei. A taktak ahcun, Jesuh ih sungkua in ramdang ah sahimnak an dildan thawn mil aw ciah in, muslim, Buddhist, Hindu, Khristian le sakhaw nei lo mi tampi khal in tuisan ahhin ram dangdang ah sahimnak an hawl rero a si.

#### November 21

Kanmai nunphung le tong bangaw a hmang mi pawl thawn thuhla tampi kan rel khawm tlang thei ruangah bulpak zetih rualpi va tuah cu thil olsam zet a si tihi rel tlangpi mi a si. Ziangkhal sehla, ramsung ih a runglutmi pawl le kan hnen ih beunak rung hawl pawl, tong hman mi bangaw lo, sakhua biaknak bangaw lo, le rawl ei mi bangaw lo pawl thawn rualpi tuah ding cu thil harsa zet a si. Thuthangtha cun ram thleidannak, hnam thleidannak le nunphung thleidannak lakih tal suak dingin le kanmah thawn danglam aw zet si khal sehla bomtul mi pawl hnenih feh dingin in ko a si.

**Siar ding:** Daan 10:19, Saam 146:9, Rome 12:13, le Pui 23:22. **Hitawk ahhin kan theih ringring dingmi thulu thupi zet ziangsaw um?**

Raltlan pawl le ramsung ih runglut pawl hi ziangtin saw ka rak zohkhen ding? Thil harsa zet a si ding, ziangahtile ram hrekhat ah hivek minung pawl thawn um tlang asilole va bom tivek khi ramkhelhnak in a rak duh lo. Cuvek cing khal in kan theihthei mi cu kan tuah tengteng a tul, kan tuah thei lai ah hivek mipi, harsatnak tikcu paltlang ih kan bomnak a tul zettu pawl hi kan zohkhen a tul rori a si. Cutin, ziangvek dinhmun ih kan um khalah, kan bom a tul hrimhrim.

Thlacamnak thawn hram thok awla, cuticun ramsung ih runglut le raltlan pawl thuhla hliakhrai aw. Cuvek minung pawl ngaihsak zettu pawlkom cu hmun tam zet ah an um. Pawlkom pakhat sangsang ahhin na tel thei, asilole nan tualsung sabbath sikul cun ramsung runglut lole raltlan pawl cu bom theidan ding hram nan thok thei a si.

**Paisa malte lawng a si hman ah ramsung runglut lole raltlan na theih mi thuhla cu ziangtin bomnak na pe thei ding?**

## NILI NI

### Nattuar bawm dingin

**November 22**

Kan leitlun ahhin natnak ziangtluk ih nasa in a um timi ah hmuhton zianghman nei lo kan lakah zosaw um ding? Milian le thilri neihduhnak hmun ah um khal sehla, asilole reitheihnak le thilri tul zetnak hmun ah um khal sehla, cumi cun ziangthil hman a danglamter lo. Mipi pawl cu an na, an tuar, harsa in an um ringring. Thimnak ah mi pakhat in a tuah ding mi umsun cu leitlun ah neinung zetih thilri neihnak lawng hi lungawinak le daihnak ngah thei dingih tiakamnak thil a si lo timi a va theihsuak ding hi a si.

“Bawipa ih thlarau cu ka parah a um, ziangahtile mirethei hnenih thuthangtha sim dingah hriak i thih zo; thinlung kekkuaimi damter dingah, saltang pawl hnenah luatnak thu sim dingah, le mitcaw pawl hnenah khaw hmuhsalnak thu sim dingah, le dekkok a tuartu pawl luatter dingah, Cosan tlak Bawipa ih kum thu sim dingah i tirh a si” (Luke 4:18). Himi ih Jesuh thil tuahmi le kan kiangkap ih um bomtul pawl hnen ih kanmah rori ih kan tuah ve ding thula ahhin ziangvek saw in zirh duh?

Mipi pawl in Jesuh ziangtik ah an cohlang ding, asilole an cohlang lo pang kei maw timi kan theih lo khalah mipi hmuahhmuah ih tulsam mi tuahsak dingin in ko a si. Jesuh hnen ih mipi va thlen ter ding hi Pathian hna kan tuanbiknak lungphum si khal sehla, bomtul mi pawl cu thinlung takten kan bawm ding a si, ziangahtile kan bomnak an tul a si. Jesuh cu kan Bawipa ih kan pawm ruangah annih pawl cu kan bawm ding a si, himi ciah si, tuan dingih in kawhnak bik cu a si.

Mi hmuahhmuah tulsam mi tuahsaknak lamzin ih Jesuh zohthim ding cu Bible thu thlun hi a si. Mi kan

va bom mi hmuahmuah in amah an rak cohlang le cohlang lo kan thei lo.

Midang va bawm ding in, an tulsam mi kan theih tengteng a tul. Nunphung hmuahmuah in rualpi zohkhendan ding lamzin an nei cio thluh. India ram ahcun, mikhual an ra leng asile ei ding le in ding rakpek hi an tuah theudan a si. A duhdawtnak ih a hlohsan tu rualpi pakhat hnemh rero hnacun hmel theih lo hnen ih paisa pek hi a olsam deuh. Na rualpi cun paisa le taksa lam harsatnak ai hman in tul mamawh mi a nei sawn men thei. Khuimaw caan ahcun harsatnak nasazet a um lai ih zawnruahnak na neih mi khi na bomnak ah tla a cang thei.

Kan rualpi pawl hnenah Jesuh bomtu sinak dingih thil thupi zet cu mai tanghmasialnak silo duhdawtnak langternak in hram kan thok ding a si, cule anmah pawl kan bom hlanah an tulsam mi kan thei hmaisa phawt ding hi a si. Jesuh an thlun zo maw timi na rak thei lo tla si men thei, asinan an tulsam mi cu na pe ding a si.

**Siar ding: Mat 25:34-40. Hitawk ah kan hrang ziang thucah a um?**

## NINGA NI

### Duhdawtnak tum sawn

Kan zaten kan theih vek in, kan theihfiang thluh veikin tulsannak pawl hin cemnetni an nei lo. Midang bom na duh asile, tikcu caan tampi na nei. A naizet ih um rualpi pawl asilole hla zetih um raltnan pawl an va si hman ah mipi cu bomtul in an um a si, cule kan tuah thei mi cu kan bawm ding, tikcu caan kan neih laiah bomnak kan pe ding. Leitlun ih Pathian hna a tuannak hmuahmuah ah Jesuh khan anmah ten bawm aw thei lo pawl bomnak a pe a si. Thil dang ahcun amah rak tultu pawl hnen ah a feh

ih, a dang ahcun zengnat neipa, a rualpi pawl in inn luanglu ihsin an runthlak mi hnen khalah a um lala.

“Mi pakhat in a rualpi hrangih a nunnak a liam hnakih tum sawn duhdawtnak zohman in an nei lo” (John 15:13, NKJV). Midang hnen ih rian kan tuannak ah himi kaihhruai awknak hi ziangtin kan hmang thei ding?

Missionary tuan innsang pakhat cu Trinidad le Tobago ah kum 6 sung rori an um. Kum 3 tu cu Hindu le Muslim umnak hmunpi ah an um. Hindu mi tamzet cun Khristian pawl hnenah kumtin ih an tuahmi an lungawi thusimnak puai ih tel ve dingin an sawm hai ih, cui sawmnak cu Khristian pawl in an rak hnong theu ruangah an phunzai theu. Nikhat cu himi tei sungkua cun Hindu a rualpi thar tei tuahmi lungawi thusimnak puai ah an feh. Himi cu Jesuh ih tuahdan an thlun a si: A rualpi pawl in an puai tuahnak ih an sawm ruangah Anih khal in a rualpi pawl a sawm ve hai. A taktak ahcun, Hindu pawl ih zirhawknak ah mikhual lole rualpi pawl cun an inn ah thlawsuahnak an run keng ti a si.

Tuizarh ahhin mi pakhat hrang thlawsuahnak si thei dingin rualpi tuah thok thlang uh si. A hmaisabik ah, na umnak hmun, nan khawtlang, nan khua lole nan khawpi pawl kha theifiang ta aw. Cutawk ih raltnan le ramsung ra lut mi zianghmuah an um ti na thei maw? Nan umnak hmun ih um mipi pawl teh na theifiang hai maw? Ziangtin saw na theih thluh? Nanmai dinhmun vun tanta in, hmeltheih lo rualpi tuah ding cu thil harsa zet a si. Thlacam in Pathian hnenah bomnak dil uh si. Anih cun zokhal a thei ih, rualpi ih na tuah dingmi khal a thei thluh. Thei ringring aw, tumtah mi bik cu an rualpi ih va tuah awk ding hi a si, cule bomnak ngah dingin Pathian hnenah anmah pawl na hruai thei a si.

Sawmngiarnak: Ramdang mi asilole nan ram ih um Khristian a silomi pawl thuhla zir fiang aw. [JoshuaProjects.org](http://JoshuaProjects.org) cu nan phunhnam ih minung um pawl thuthangtha an theih hrih lonak hliakhlainak ding hmun tha zet a si.

Sawmngiarnak: Na thuneihnak sung ih um mi zo simaw thuhla kha theihsuah tum aw. A hnuaiah thusuhnak pawl na san thluh hnu ah mi pakhat hrangah nitin thlacamnnak nei thok ringring aw:-

Ї% Jesuh in rualpi awknak a tuahdan vekin himi hi ka rualpi a si maw?

Ї% A hringnun le a tulmi ka thei taktak maw?

Ї% Jesuh hnenah damnak ngah dingin ziangtin ka hruai ding?

#### NIRUK NI

**November 24**

**Ruahbet ding: Siar aw: Arthur White, “A Few Days at Long Point,” Ellen G. White: The Australian Years: 1891-1900, vol. 4, pp, 100-104.**

Thuthantha cabu ngantu pawl cun Jesuh in hnamdang mi rundam an si theinak lamzin pi a tuahdan zohthim ding an ngan (Matt. 8:28-34, Mark 5:1-20). Cuvek ciah in, Kannih khal rualpi tuah le hnamdang pawl hnen ih Pathian hnatuan dingih kawh kan si thotho. Khrih thihnak cu mi hmuahmuah hrangah a si, hnam, ram, milian le dinhmun lam zianghman a um ve lo. Himi hi kan theih hngilh dahlo dingmi a si: “Cun anih cu kan sualnak hrang ih mawhrawhcawinak a si: cun kan hrang lawngah si loin, leitlun pumpi ih sualnak hrang khalah a si” (1 John 2:2).

“Mipa le nunau pawl in Pathian khawkhannak famkim ter loin, an sungkua hrang lawngih tha duhdawtnak an lanter ahcun.... An mahmawh zetmi

luatnak ihsin thlawsuahnak le hnangam duhdawtnak ihsin an ngah dingmi cu an hnong tinak a si....

“Pathian in kan inn lenglam ah midang hrangih thiltha tuah dingih in fial tikah, kanmai inn hrangah kan duhmi pawl a mal vivo ding a tinak a si cuang lo, cule zawnruahnak kan langter dingih in duh ruangah kan ram le kan miphun kan duhdawtnak a mal vivo a tul tinak khal a si cuang lo. Asinan kan duhdawtnak le zawn kan ruatnak cu kulh 4 sungah kan khum men ding a si lo, Kan lungawinak ah midang ih hlawnak an ngah thei lonak dingah Pathian in kan hnenih in pek mi thlawsuahnak cu kan khuh hlo ding a si lo”—Ellen G. White, The Advent Review and Sabbath Herald, Oct. 15, 1895.

Kan umnak lenglam ih um pawl hrang thlawsuahnak si dingih tuanvo in pek mi hi, hnamdang ihsin a ra mi asilole zianghman tlakttlai lo na si hman ah cuvek pawl bom dinghi Jesuh hnen rori ihsin a rami el theih lomi thupek a si (Acts 1:8, Mark 11:17).

#### RELKHAWM DING THUSUHNAK PAWL:

**1. Na ramri cu ziangsaw a si, tulsam taktak caan ah ziangah cutawk hmun ihsin suak ding na duh?**

**2. Jesuh cu “ rawlpham pa, sabitti heh pa, siahkhawng pawl le misual pawl ih rualpi” (Matt. 11:19, NIV) tin an kawh mi in ziangvek thupitnak saw a ken tel? Cumi puhawknak ra thleng thei ding khawp in Jesuh in ziangsaw a tuah, Himi in Pathian hnatuannak thuhla ziangsaw in zirh?**

**3. Khristian pawl in Zumlotu pawl ih puai ahhin ziangvek tiangsaw a tel thei ding? Ziangtin saw Khristian pawl in Bible zirhnak siatsuah cuang si loin an tuah thei ding?**

**ZIRLAI 9****November 25–December 1****THILITHEINAK NEI PAWL HNENIH HNATUAN****SABBATH TLAILAM**

**Tuizarh sung siar ding: Daniel 4; 2 Siang 5:1–19; Johan 3:1–12; Johan 7:43–52; Matt. 19:16–22; Johan 19:38–42.**

**Bible cangkeng:** “Ziangahtile mi pakhat in leitlun pumpi hi nei khal sehla, a nunnak a hloh ahcun a hrangah ziang a mhahnem ding? Asilole mi pakhat in a nunnak cu ziang thawn saw a lei ding?”(Mathai 16:26, NKJV).

Pathian kamsuak thu Bible hi kum thawng tampilamzo ih ngan mi si khal sehla, kan leitlun hrangih Pathian thutak phuansuaknak a si. Cumi thudik pawl lakah minung sinak khal a lang fiang zet – kum zabi 7 ih Judea pawl asilole kum zabi 1 ih brazil pawl khal siseh, minung cu an bangrep aw thluh: Pathian ih zangfahnak a tulsam zettu misual an si.

Himi ahcun thiltitheinak le lennak a tel cih. Bible san lai ih thiltitheinak nei le milian pawl cu tulai san ih milian le thiltitheinak nei pawl thawn danglam awknak a um cuang lo, a hleice in lennak le hminthannak le thil ti theinak an hawlnak ah khui maw caan ahcun(ringring cu a si lo) midang an va siat suah theu. Cu cingin Pathian in thazang caklo le tulsam mi pawl a ngaihsak vekin milian le thiltitheinak nei pawl ih rundamnak ding thuhla a ngaihsak tuk ve. Bible ah milian, asilole thiltitheinak nei, asilole a pahnih ih nei kop pawl ih mizia zohthim ding in rak pe a si, Rampi hrangih thlawsuhnak an si theinak

dingih Pathian ih a hmandan pawl khal kan theithei.cubang pawl cu: Abraham, Isak, Job, Solomon, le Josep pawl tla an si.

Tuizarh ahcun Milian le thiltithei pawl hnenih Pathian hnatuandan kan phorhsuak ding. Hivek mi pawl hnenih Pathian a thlendan le a kawhdan pawl le, tuisan khalah Seventh-day Adventist pawl in ziangtluk in a thutheihpitu si kan tul timi pawl kan zoh ding.

**NIKHAT NI****November 26****Nebuchadnezzar**

Seventh-day Adventists kan si vekin, “Cemni neilo remnak” tiih kawh mi hi kan zum zet. Cumi ih sullam cu Khristian hrekkhhat pawl thawn bangaw lo zet in, Jesuh thihnak cu mi hmuahhmuah hrangah a si ih, rundamnak ngah ding hi Pathian remruatcia mi pawl hrang lawng a si lo timi kan zum zet. Ziangahtile Pathian cun, “mi hmuahhmuah rundam an si ding le thutak an theih ding a duh a si” (1 Tim. 2:4, NKJV), Jesuh cun amah le mah cu, “Kan sualnak ruangah le kanmah lawng siloin Leitlun pumpi” (1 John 2:2, NKJV) hrangah a hlan aw a si. Curuangah ah mi hmuahhmuah in Amah an hril loh lai khalah A nih cun mikip hi, “Leitlun sem hlan ihsin amah ah” a hril cia thluh zo. Curuangah kannih khal in Bible sungah Pathian in mi dangdang hnen ih hna a tuandan kan rak hmu ve thei a si.

**Siar ding:** Daniel 4. **Hitawk ah Siangpahrang hi ziang a cang saw, cule Leitlun ih thilti theibik pakhat hnen ih rundamnak a rung thlen ding thuhla hitawk ah ziangsaw in zirh?**

Zumlotu thilti thei zet pawl hnenih Pathian a va thlen theidan Bible ihsin zohthim ding larzet pakhat cu Siangpahrang Nebuchadnezzar thuanthu hi a si. Pathian

ih thuthennak cu Israel siangparhang pawl hnenih a thlen vekin a thlen ter (Zoh aw, thimnak ah, 2 San. 32:25, 26; 1 Siang 14:21-31; 1 Samuel 28). Bible sungih um Nebuchadnezzar, a theihnak nei sal in, Sersiamtu Pathian theitu cun Pathian in thazang caklo tulsammi pawl a ngaihsak vekin milian le thiltitheinak nei pawl a ngaihsak timi a run langter. Cang 37 ahkhan, leitlun ih thil ti thei bik cun, "Tu ah kei Nebukhadnezzar in van Siangpahrang cu ka thang mhat, ka cawimawi ih, upatnak ka pe, a tuahmi hmuahmuah cu an dik ih, a lamzin pawl cu an ding a si: cun hngal zetih a umtu pawl cu a namthla thei a si" (Dan. 4:37, NKJV) tiah a run relfiang. Himi thudik hi thithei milian le thiltitheinak le porhaw pawl khal ih theih thluh mi a si.

Himi thuanthu ihsin ziangsaw kan zir thei? A hmaisa in, Pathian cun a pumpe aw mi zumtu a hmang a si, Daniel khal kha zumlotu thilti theizet thinlung neh dingin a hmang. A pahnihnak ah, zumlotu thiltithei zetzet pawl hnenih thlen theinak dingah Pathian a rung tel ve theu a si. Nebuchadnezzar cu a porhawknak le a tiawkternak ruangah Pathian cun hnuaidor zetin a um ter. Cun himi hi thuanthu ropi zet si khal sehla, milian le thiltithei pawl, misual pawl hnuaidor ter theidan ding lamzin tampi a um lai.

**Leitlunden in kan lian lo, thiltitheinak kan nei lo a si hmanah, himi siangpahrang ih a langter mi porhawknak mizia hi ralring zetih kan hnong a tul, Ziangahsaw cui lungput cu ka ruah ai hman in kan neih olsam ding a zumumnak san?**

**NIHNIH NI  
Naaman**

Dinhmun, milian le phunhnam thleidannak tivek zianghman um loin Khrih cu kan zaten hrangah a thi.

**November 27**

Pathian cun Leitlun ih Khristian a si lomi pawl hnen ah tleng in, An neihmi eng cu nunpter dingin a beisei a si. (Zoh Ellen G. White, The Acts of Apostles, p. 416).

**Siarding: 2 Siang 5:1-19. Himi thuanthu ihsin Bawipai' hrang mipi hnenih kan thlen theidan ding thuhla ah ziang zirlai saw kan zir thei ding?**

2 Siang 5:17-19 ah Naaman in Pathian hnen ihsin a pharnat damter a si hnu ah ngennak danglam zet pahnih a nei. Pakhatnak ah, Pathian nung cibai a buk duh ruangah Syria ram ih tlun dingmi Israel ram leilung laak pahnih phur la dingin a ngen. Hitin a ti, "Ziangaatile na siahhlawh in tuisi thokin mei-ur thawinak siseh, thawinak khal siseh, pathian dang hnenah hlan nawn lo in Bawipai' hnenah ka hlan sawn ding a si" (2 Siang 5:17, NKJV). Pahnihnak ahcun, A siangpahrang pathian cu bia nawn lo ding khal sehla A siangpahrang hmai ih a kun ding thu ah siannak a dil.

Tu ahcun Naaman cu Pathian dik umsun zumtu ah a cang. Cucingin zumlotu pawl ih thurin cu a nei lai thotho. Israel ram ihsin leilung a laknak cun sersiamtu Pathian a theifiang taktak lo ti a fiang zet. A pathian hlun vekin Pathian cu ramri khamtu Pathian tin a hmuh ruangah leilung kha rak la duh maimai tla a si men thei, asilole Israel ram ihsin a lakmi leilung hmangin Biaktheng a tuah duh ruangah tla a si men thei. A ziangmi sawn tu va si khal sehla, Pathian a zumnak cu a hlanih a rakzummi pathian thawn a rawi thluh a si. Naaman ih thuanthu cun tuisan ih Khristian silo pawl Khrih hnen ih an ratnak ding a rak kawhmuah a si. Naaman thuanthu ihsin kan zir thei mi pakhat cu khaw hmuhdan tleng thei ding cun tikcu caan lak a tul ti a si.

A pahnihnak zangfahdilnak cu a buaithlak deuhdeuh. Ziangruangah saw Naaman in a siangpahrang

hmai ih kun dingin siangnak a lak ih, cule Pathian hnen ah ngaidam a dilnak san? Profet ih sawnletnak hi a fiang zet: "Hnangamzet in feh aw" (2 Siang 5:19, NKJV). Syria ram ih thiltithei zet mi pakhat a si vekein, Naaman cun a zumnak thar phuan suah ding cu a tuanvo a si. Himi hi zumtu thar hrangah cun a thupi tuk, a hleice in, zumnak dang ihsin a ra tu, zumnak ih an rat hlan hringnun le khawtlang thil tulmi pawl an buaipi theu vekein thazang pek le kaihhruaiawknak hi a um ding a si.

Naaman cu phar natnei a si vekein a pathian ngaihsak lonak ram cu a fehsan ih, cule damter mi le sersiamtu Pathian dunghluntu vekein a ra kir sal timi hi cing ringring aw. A khualtlawnnak a thokfang. Thangso vivo dingin tikcu caan a tulsam tuk lai.

**Himi thuanthu ihsin zamrang zetmi mipi thuthensak mai ding asilo, a hleice in Khristian a silomi lole nunphung dang zet mi a rat tikah olsam ih hremnak pek ding an si lo timi thu ah ziang zirlai saw kan ngah thei?**

## NITHUM NI

November 28

### Zirmi hnen ih theihpitu sinak: Nikodemus

Nikodemus hi zirmi a si. Bible cun Judah pawl hruaitu tiah a sim (Johan 3:1). Jesuh cun Israel pawl zirhtu tiah a ti (Johan 3:10, NKJV). Bible a theithiam zet ih, Bawipa lam ih thlarau rilrawng zettu a si. Minung zohdan ahcun Pathian thluntu rori vekeh zohmi tla a si men thei. Thupek pawl khal a thlun thluh ih, Judah mi lakah cun tihzah upat zetmi a si. Mi thilti theizet le lian zet a si. Mi tampi cun himi hi Pathian in thlaw a suah a si timi hminsinnak ah an ruat. Cuvek si cing khal in, lenglam ih landan cu lenglam landan men fang a rak si.

### **Siar ding: Johan 3:1-12. Himi thuanthu in Nikodemus ih thlarau lam tulsam mi thuhla ziangsaw a langter, cule cumi pawl cu Jesuh in ziangtin saw a sim?**

Jesuh hnen ih Nikodemus a rat tikah nasa zetin a lenglam landan, a sinak thup a tum. Asinan Pathian cun a thinlung a rak thei. Cuvek ciah in ziangvek dinhmun va si khal sehla Pathian cun milian le thiltithei pawl ih tulsam mi le thinlung a thei thluh. Jesuh ih thuzirh mi in a thinlung a nehtuk ruangah Nikodemus kha Jesuh hnenah a ratnak san a si. A porhawknak ruangah Jesuh Khrih cu Bawipa a si timi phuang suak lo dingin a kilkhawi aw, asinan khai zan khan kumkhua in a danglamter. Jesuh cu Pathian ih run thlah mi a si ti a zum hngah hnu khalah Jesuh khrih ih dunghluntu a si lam a phuangngam hrih cuang lo.

### **Siar ding: Johan 7: 43-52 le Johan 19:39. Himi bungcang pawl in Jesuh le Nikodemus thuhla ziangsaw in sim?**

Himi bungcang pawl ah Nikodemus cu Jesuh in nasa zetin a thinlung a tham ti a theihtheih. Jesuh a dam lai ah kilhim a duh ih, cule Jesuh a thih hnu ah sunlawih a duh. Jesuh in Nikodemus thinlung a neh rori a si timi cu thusuh ding zianghman a um lo, fimmak le theihnak nei zet khal sehla kanmah vek thotho in rundamtu hi nasa zetin a tul a si.

Ziangruang ahsaw rundam kan si theinak dingah "Thutak kan neih" (Kan tuahtheu mi) le kan theih lawnghi a tawk tuk timi thang lakah kan ralrin a tul? Theihnak nasa zet neitu, rundam si dingah vancungmi pathum thucah thei tu lak tiang hman ah, zianghmuah thlarau hlo um kem maw?

**NILI NI****November 29****Milian hnenih hnatuannak**

**Siar ding:** Matt 19:16–22. **Himi thuanthu ah Nikodemus vek siloin mi pakhat Jesuh hnongtu thuhla ihsin ziang zirlai kan zir thei ding?**

Jesuh in Lennak thang hi ziangtluk a tihnung um timi milian tlangval thawn an tonawknak ihsin a langter. Himi tongkam pawl hi siar aw: “Cun ka lo sim beet, Pathian uknak sungih milian luh hnakin them hnakuva sungih kalauk luh a ol sawn a si, a ti(Matt. 19:24, NKJV). Himi hi milian rundam an si lo ding tinak lam a si lo, hivek minung pawl hi an ralring lo ahcun, an lennak cu an rundamnak donkhamtu ah a cang thei a si.

A netnak ah milian le mi rethei cun canvo bangaw an nei: cumi cu Thlanmual a si. Himi sullam cu milian pawl hin midang pawl vek thotho in rundamnak an tul ve lutuk. Paisa in a lei theimi cu ziang va si khal sehla, thihnak ihsin luatnak a lei thei lo. Himi luatnak cu zumnak hmang ih neih a duhtu hnenah Jesuh ih a pekmi laksawng umsun ihsin ra suak mi a si. “Keimah cu thawsalnak le nunnak ka si. Keimah i zumtu hmuahmuah cu an thih khalah, an nung lehsal ding a si” (John 11:25, NKJV).

**Siar ding:** Luka 19:1-10. **Milian tlangval thuhla thawn kah aw zetin himi thuanthu in ziangmi danglamnak saw a tuah?**

Milian tlangval ih tuah lo vekin Zakia cun Jesuh cu a sawnlet a si. Jesuh cun Zakia hnenah milian tlangval pa hnen ih a sim vek in na neihmi hmuahmuah zuar awla mi rethei pawl pe aw tin a ti ve lo timi hi theih ding ah a tha. Jesuh cun milian tlangval pa cu a paisa in a kai hnget tuk ti a theih ruangah si ko ding, Jesuh in a hnenah

khativek ih a tuah. Cumi thawn kah aw zetin Zakia inn ahkhan Jesuh in ziangthu ciah a rel ti zianghman kan thei thluh lo nan, Zakia cu Jesuh in thiam lo a coter a si ti cu a fiang zet, a nun ah thleng danglamnak ziang si maw tuah a duh, a hleice in himi cu a lennak thawn an zom aw a si.

**“Ziangahtile mi pakhat in leitlun pumpi hi nei khal sehla, a nunnak a hloh ahcun a hrangah ziang a thahnem ding? Asilole mi pakhat in a nunnak cu ziang thawn saw a lei ding?” (Matt. 16:26, NKJV). Himi tongkam in kan zate hnen ah ziangthu saw a rel?**

**NINGA NI****Thiltithei hnen ih Pathian hnatuannak**

Jesuh cun thilti thei pawl thawn rualpi tuahdan ding a thei. Anih cu mi tampi ih ngaisang le tihzah zetmi a si, cuti rualin mi tampi ih nautat mi khal a si. Bible sungah mi thiltithei pawl Jesuh hnen ah bomnak duh ih an rat tikah a rak ngaihsak zet timi a langfiang. Cule milian le thiltithei mi tampi cun langsar in Jesuh hnenah an ra dah lo, Jesuh cu Pathian fapa rori a si timi an theihfiang tiang an hngak. Hivek cu Nikodemus le Arimathea mi Josep tei thuhla kha a si.

**Siar ding:** Matt 27:57–60 (Zoh aw Marka 15:43–47; Luka 23:50–53, le Johan 19:38–42). **Himi thuanthu hin Jesuh in an thinlung a neh mi milian pakhat a hman dan thuhla ziangsaw in sim?**

Himi a thlen hlan cu Arimathea mi Josep thuhla zianghman kan thei lo. Rinlopi in himi milian pa hi a rung lang, khuitawk in a ra suak tihman theih tuk lo pa cu simcianak famkim ter dingih bomtu si dingah a run hmang a si. Pathian a hmang rero zo ih, a tumtah mi hrangah milian pawl a hmang sunzom vivo lai ding. Cule kannih khal in hnatauan ding kan nei ve a si.

**November 30**

Thilti theizet minung pawl thawn rualpi tuahawk dingih hramthoknak cu thil harsa zet lakin pakhat a si ko ding. A tlangpi thu in, anmah va tlawn ciamco a tul lo, na hnenah ra hai seh. Jesuh cun hivek ciah in a tuah; annih pawl cu a thucak, damternak le Pathian ihsin thilitheinak pawl theihpi tu ah an rungcang. Amah cu Pathian fapa taktak a si timi a dunglam thuhla ihsin an zum a si.

Mi thilti thei zet pawl cun san le vang dangdang hmangin Pathian hnatuannak ih telve thei dingah tuanpi an hawl ding a si. Minung hringnun thleng danglam theitu ziangsi maw thiltha tuahnak ah tel an duh a si. Himi hi an hringnun thleng danglam theitu a si ti khal lamzin pakhat ihsin an thei. Himi cu Milian le thilithei zet pawl in vantlang ah anmai tulsam zetmi phuang suak loin bomnak an dawn theinak ding lamzin kawh hmuhnak a si

A pahnihnak cu Pathian hnatuannak ih tel dingin milian le thilti thei zet pawl hrang lamzin diktak Pathian hnatuannak ahhinhram an thok ding a si. Nan pawlkom khawtlang ih milian le thilithei pawl nun ahkhan na tikcu caan hmang tam aw.

**Sawmngainak:** Nitin na thlacamnak ah zumtu a si lo mi pakhat, tikcu na neih caan ih na hmang thei dingmi thilitheinak nei zet kha telh ringring aw.

**Sawmngiarnak:** Thilitheinak nei mi zo simaw hnenah Email lole ca kuat aw, na hmuhdah lomi tla a si men thei, cumi hnen ahcun a hrangih thlacamnak na neihnak theu thu sim aw.

## NIRUK NI

December 1

**Ruahbet ding: Siar ding:** Ellen G. White, "Ministry to the Rich," The Ministry of Healing, pp. 209–216; "Captive Maid Shows Concern for Naaman," Reflecting Christ, p. 337.

Jesuh in rethei pawl a duhdawt vek ciah in leitlun ih milian le thilti thei pawl a duhdawt a si. Kutdawh pawl

hrangih a thih bangin Siangpahrang pawl hrang khalah a thi a si. An thinlung va neh theidan ding lamzin hi Jesuh cun a thei zet. Hitin ralringnak in pek, "Milian pa Pathian uknak sungih luh ding hnakin mhim hnakua sungih kalauk luh ding hman a ol sawn a si, tiah a ti" (Mark 10:25, NIV). Kannih khal tuizarh ah Jesuh Khrih ih thuthangtha thawn bulpak zetin milian le thilithei zet pawl hnenah thuthangtha phuang dingih sawm kan si. Mikip ih an tulzet vekin annih khalin rundamnak an tul ve zet, vansiatthlak zetin an lennak cu an "humhimnak" tiih an ruah ahcun an rak thei lo tla si men thei.

"Mi rethei hnong mi pawl hnenah kan hnatiuan a tam zet tiih rel a si; ngaihsak lomi milian pawl hi ziangmaw tal in kan ngaihven lo ding maw si? Hivek zirlai hi mi tampi hrangah at hna tla a si men thei. Zianghman ralrinnak pekmi um loin milian tampi cu an thlan ah an um. Asinan zianghman silo vekin lang khal sehla, milian tampi lakah mi hrekhat pawl cu thlarau phurrit phur pawl an si."—Ellen G. White, The Ministry of Healing, p. 210.

## RELKHAWM DING THUSUHNAK

**1. Jesuh in leitlun ih a um lai ah Milian le mi farah hnen ih Pathian hnatuannak a neih tikah phunhnam donkhamnak pawl a siatbal theh. Adventist kan si vekin himi kan khawtlang rori hman ih a um mi milian le farah karlak buainak hi ziangtin kan cinfel thei ding?**

**2. Jesuh cun, "Cun hlingrul lakin tla thlaici khal cu thu rak theitu a si; asinain hi leitlun donharnak le lennak ih bumnak in thu cu a zaap pit ih, rah a rah thei lomi ah a cang"(Matt. 13:22, NKJV). Jesuh in "lennak ih bumnak" a timi hi ziang a relnak a si ding tin na zum?**

**Lennak ih thlem theih dingin ziangah len ding hi a tul kherkher lo?**

**3. Class ahkhan, Thutak theih men hi rundamnak a si lo timi va theih thuhla Nithum ni ih kan zirlai cemnak ih kha thusuhnak tuah aw. Himi bangawk lonak hi ziangruangah saw kan hrangih tuah dingih a thupit hleicenak? Thutak theihnak in in rundam lo a si ahcun, ziangin saw in rundam?**

**4. Zakia in Jesuh a cohlang lai ah ziangahsaw Milian tlangvalpa khan Jesuh a rak hnong kherkher timi a san le vang danglam ih na ruat theih mi ziangsaw a si?**

**ZIRLAI 10**

**December 2-8**

**THLEN HRIHLONAK HMUN IH HNATUANNAK  
PART 1**

**SABBATH TLAILAM**

**Tuizarh sung siar ding:** Tirh 17; 1 Kor. 2:2; Rom. 1:18-25.

**Bible cangken:** “ ‘Pathian, leitlun le a sungih thil hmuahmuah tuahtu cu lei le van ih Bawipa a si ih, kut ih sakmi tempal sungah a um lo” (Tirh 17:24, NIV).

Athens khawpi ah Pual ih a relfiang zet mi cu Luka cun hitin angan: “Cuiruangah sinakok ah Judah pawl le sakhaw ngaihsaktu pawl thu a el, cun dawr hmun ah amah a ra tongtu pawl thawn nitin thu an elaw” (Tirh 17:17, NKJV).

A taktak ten vun ti cun Paul hin a mi le sa Judah pawl hnenih hnatauan cu a remcang sawn ding. Asinan Paul cun amai miphun pawl lakah hnatauan lawng hi a duhtawk lo. Midang hnen khal ih thleng dingih kawh a si.

Asilole Paul cu “Pathian tihzah” Zentel, leitlun hmuuhdan ah nasa zet ih danglannak nei pawl thawn hna a tuan thei. Paul in a dinmi Bible thuhla lungphum an nei, An tihzah mi Messiah Jesuh ih thuhla nasa zetin an theihbet a tul hrih lai.

Asinan, khawruah thiam mifim pawl ruangih hminthang zet Athens khawpi ih a um lai ah Paul cun mipy pawl hnenah thuthangtha sim a duh. Anmah lakah mi tampi pawl cun Hebru mi le an thuanthu a thianghlim pawl an thlirdan le an nunphung thlirdan pawl ah danglannak nasa zet an nei. Cumi cun Paul in Athens mi pawl hnenih thuthangtha phuan a duhnk zumnak lungphum tuah.

**Ziangtin saw Paul in cumi pawl hnen a thlen, cule a tuanrahnak pawl ihsin ziangmi kan zir thei ding?**

**NIKHAT NI**

**Athens khawpi sungih Hebru mi pakhat**

**Siar ding:** Tirk 17:1-16. **Paul in ziangtin saw Athen khawpi ah thli a hrang ter, cutawk hmun ih a hmuh mi pawl kha ziangtin saw a sawnlet?**

Athens khawpi cu “Milem hlir in a khat” thluh (Tirk 17:16, NKJV). A mi pawl ih thu hla le an milem biakduhnak pawl a theih ruangah Paul cun Athens khawpi ih milem a hmuh mi pawl hmuahmuah ah a lungawi lo zet. Pathian diktak an zir suah lo ahcun an sualnak ih thi ding Athens mihi pawl zangfahnak a neihnak hin Paul cu a cangvaiter a si timi cu thusuh ding um lo khawp ih fiang a si.

Tuisan ah Paul ih a rak hmuh vek lawmmam si lo khal sehla, kan khawpi pawl hi milem hlirin a khat thluh. Vansiat thlak zetin zumtu mi tampi pawl cun cui khawpi ih milem pawl cu ngaihsak lem lo in an feh kan theu. Asinan Paul cun cui thil pawl sawnlet dingin thlarau thianghim in a um pi. Thuthangtha hi leitlun pumhuap hrang a si lo timi kai hnget zet Zumtu hrekkhaw pawl vek siloin Paul cun midang pawl vekin Athens mihi pawl khal in rundamnak an ngah dinghi Pathian in a duh ve a si timi a theithiam. Leitlun pumhuap Pathian hnatuannak cu mifim khawruah thiam pawl ih an silkhkhat thluh mi Athen khawpi lamzin kap ih um Pathian zum loin milem a bia tu pawl khal tel in, Pathian thuthangtha a thlen hrihlonak hmun ih thuthangtha kenluh ding a si timi hi Paul ih theihthiamdan a si.

Curuangah hivek minung pawl an um theinak dawr hmun ah Paul hi a um deuh ringring theu. Anih hi Leitlun pumhuap Pathian hnatuuan fehpidan a tuah hmaisabik tu ti khal in kan ti thei ko ding, zumlotu pawl thinlung a

nehdan ding le an hnen ih a thlendan ding zirfiangnak ah dawr hmun pawl cu a hril.

Paul cun Judah mi asilole Pathian tihzah zettu Zentel pawl hnen ih thuthangtha a simvekin Athens mihi pawl hnen ih sim cu a cang thei lo ding ti a thei. Hibang pawl ih an hramthoknak cu Israel pawl ih Pathian asilole Israel ram sungih a hnatuannak ihsin a si lo. Hivek pawl ih an pomdan le zumdan pawl cu Judah le Pathian tihtu Zentel pawl hrangah sullam nei zet khal sehla, Paul in dawr hmun ih a hmuhmi Athens khaw mihi hrang ah zianghman sullam a nei lo. Curuangah thuthangtha simdan a thar ih tuah a tul.

Tuisan ah, “Judah-Khristian” tiih kawhmi pawl thawn zianghman bangawknak a nei lotu pawl hnen ah Thuthangtha sim thei dingin kan zuam ciamco theu. Curuangah, Paul vekin thil kan tuah remthat a tul. Thimnak ah hnatuandan cu Buenos Aires ih hman tlak zetmi kha Bangkok ahcun hman a tlak lo.

**Nan khawtlang mihi pawl in ziangvek milem saw an biak, cule cumi pawl cu zianghman sullam a nei lo timi an theihthiam theinak dingah ziangtin an mit na vangter ding?**

**NIHNIH NI**

**Areopagus ah Paul a um**

Khuitawk ih a um khal ah Paul cu Pathian hnen ihsin tuanvo pekmi a si ruangah Thuthangtha phuang ding a si. Cumi ciah si Athens khawpi ah hnatuuan dingih nawr tu cu a si.

**Siar ding:** Tirk 17: 18-21. **Pual ih thusimmi le thusuhnak pawl cu dawr hmun ih um zumlotu pawl ih an rak sawnletnak dangdang pawl kha ziangsaw a si?**

A “Ramdang pathian pawl” ruangah Paul cun dawr hmun ih um mipi pawl thirlung a neh zet (Tirh 17:18), Curuangah Paul cu daan vekih fiahnak tong lo veikin lang khal sehla daan le sakhuhanak lam ih thuthennak khawpi hmun pakhat Areopagus ahcun an hruai. Cutawk hmun ah A “thurin thar” ngaih thlaknak nei dingin caan an pe (Acts 17:19). Hi mipi hnen ah thil danglam zet thuthar rel ding khal sehla, anih vekih tongkam thiam, mifim le zangfahnak nei mi pakhat hnong ding cu thil harsa zet a si.

Tirh 17:21 cun Athens khawmi pawl cu tong loin thuthar hlam ngaithlak duhzettu an si thu a rel. Luka hin mi zangzel zet tin sual a puh maw si? Puh lamlam lo. Annih pawl cu thuruat thiam le thuel thiam zet an si thu a rel lang a si. Hivek pawl hmuahmuah ruangah Grik mi pawl cun Socrates, Plato, le Aristotle tivek mifim zetzet, a tu ih kan san tiang rung lang vivo pawl an nei a si. Athens khua hi kum zabi tamzet ihsin mifim pawl le thuruah thiam pawl umnak hmunpi a si tin a lar theu. Himi khawruat thiam mifim hrekhat pawl hi Pathian a um lo timi zumtu pawl an si lo, asinan tuisan ih Pathian a um lo tiih zumtu kan tivek cu an si cuang lo ti a fiang zet, an khawruah fimnak tamzet cu Khristian zirhawknak thawn an danglam aw tuk. Hihi thil buaithlak zet a si, thimnak ah, Messiah thawsalnak thuhla tivek thil ziangmaw rel dingah Stoik le Epikurea mifim pawl hnen ihsin hmuhsuak ding zianghman a um lo.

Athens ahcun Paul cun Gamaliel hnuai ih a zirmi fimnak le tongkam thurel thiamnak pawl cu Thlarau thiaghlim ih a run hmang ding a beisei zet. Asinan a taktak ahcun Athens khawpi lamzin kap pawl ih Paul in a zirmi fimthiamnak kha Thlarau thiaghlim cun a hmang nasa sawn a si. “A thusimmi an theih tikah a rak ngaitu mifim zet pawl khal mak an ti tuk. Anih cun an kutsuak

pawl, an calai pawl le an sakhu fehdan pawl a theihfiang zia a tarlang”—Ellen G. White, The Acts of the Apostles, p. 237.

**Paul cu Athens khawpi ah himi pathian zumlotu le mifim pawl thawn an tonawk thlun hnu ah Korin mi pawl hnenah ca a ngan, “Ziangahtile Jesuh Khrih le khenbet mi pa ih thu siarlo nan lakah zianghman theih ka tum lo” (1 Cor. 2:2, NKJV). Zo hnen khalih thu kan sim tikah kan thusimmi ahhin a laibik ah Jesuh khrih ret ding hi ziangtluk in a thupi timi thuhla ah kan hrang ziangmi zirlai saw um?**

#### NITHUM NI

#### **Paul le theihlo pathian**

#### **December 5**

Paul in Athens mipi pawl ih pathian cu a dik lo tin simaw, saklaw diklo tin simaw a hmuhsuam lo timi hminsin aw. Thiltha a hmuh thei ih piang in a khongkhawm ih, malte khal sehla, cumi cu a hmangtangkai zet a si.

**Siar ding: Tirh 17:22,23. Paul in himi minung pawl hnenah thuthangtha a simtheinak ding in hitawk ahhin ziangsi a tuah?**

“Nannih Athen mi pawl tla, nannih cu ziang tinkim ah saklaw urhsun zet mi nan si ti ka lo thei” (Tirh 17:22, NIV). Paul in pathian dang bia pawl hi nasa zetin a porh. An sakhu cu lamzin tinkim ah fehdik lo zet an si, cucingin Paul cun cutivek ih an pumpekkawknak cu a porhzent, ziangahtile thlarau lam kaihruaiawknak dik lo khal sehla thlarau lam zianghman ngaihsak lonak cun an pumpekkawknak cu a porh sawn a si.

Paul cun a rel mi a sunzom hrih lai, “Ka feh phah ah, nan biaknak thilri pawl cu fimkhur zetin ka zoh...” (Tirh 17:23, NIV). Athens saklaw cu amah rori in a zirfiangdan

a simnak ihsin, Mipi pawl thawn tihzah aw zetin an bia aw thei. Mipi in ziangtluk danglammak an tul timi simfiangnak cu manhlap zet in a sim hngal lo. A taktak ahcun, hi mipi pawl ih tulsam mi simfiangnak ding a nei thluh. Asinan cuvek in a um ve lo, cutin a um hngal cun an rak hnong men thei. An hnen ahcun an thatnak ding le anmah ngaihsak emem tu mi pakhat vekin a va lang a si.

Cangan mi “ THEIH LO PATHIAN HNENAH” (Tirh 17:23NKJV) timi sim phah in, Paul cun rualremnak vekih hman theih mi thil cu a hmangtangkai zet. Annih cun pathian( a taktak ahcun mi tampi ) an zum, cumi cu hramthoknak thupi zet a si(Culai ah mi hrekkhak cu an rak zum cuang lo), cumi ihsin biakawk theinak ding thazet lamzin a ong thei a si. Anih cun theihlo pathian hnenah biaktheng an tuahmi cu hnihsuak sainak men ah a hmang ve lo. Anih cun thlarau lam thuhla ngaihsak zet, thil ziangmaw an hloh ding phan ruangih an theihlo cibaibuknak ih tikcu caan hmangin an pumpek awknak pawl cu a ngai thupi zet ih, a ngaisang zet hai fawn.

Kaihruai awknak diklo a si maw? Situk ee, Asinan cumi cu cinfel theih thil a si. A hmaisabik ih thupi zet cu annih cun an theihfiang mi ah sakhua mi zet an si. Cumi cu Thlarau thiaghlim in a tuan theimi a si ti Paul cun a fiang zet.

Paul cun an ruatnak thinkeng ter thei ding thurel dingmi a hmusuak.

**Na pehtlaih mi midang pawl thawn thukzetih biakawknak caan tha ngah thei dingin ziangvek in pehtlainak le lamzin saw a um ding ih na ruat?**

## NILI NI

### Pathian thar hmeltheihnak

Tu ahcun Paul cun Athen mithiam pawl lam a her thlang, A thungai tu pawl cu Van Pathian thu lamah a hruai pi.

F-8

### **Siar ding: Tirh 17:24-27. Himi pawl hnen ih thuthangtha sim dingin hitawk ah Paul ih a tuahmi ziangsaw a si?**

Theihlo pathian hnen hmanih biaktheng sak duh khawp ih thlarau lam ngaihsak pawl hrangah Paul ih tongkam cu ngainuam zet a si: Sersiamtu Pathian, biakinn ih um ve lotu cun minung hnen ihsin zianghman a tulsam ve lo, asinan minung tulsam mi a pe sawn a si. Grik thuanthu menmen ih rak thumaw nunphung, simcia theih lo pathian pawl, mah le mah ngaihsak aw, misual zet pathian bia pawl hrang ahcun Paul ih relmi Pathian cu mangbangza le ngainuam zet a si. Cule Areopagus khua mi pawl cun duhdawttu Pathian lamah an ke an her.

A taktak ahcun himi Pathian, an theih dah lo mi hi, an theih theimi Pathian a si. A taktak ahcun, anih cun theihter a duh ngaingai a si.

Himi thuanthu hi Luka ih relmi tongkam malte ai hman in Pual in Areopagus ahhin thu a rel rei men thei. Luka hin remcang sawnnak ruangah Paul ih tongkam pawl hi a tawizawngin a la a si men thei. Cumi cu a dik asile, ruahnak pakhat hnu pakhat kan siar zo mi pawl hi ciapciar zetin a sim ding ti zum a um zet. Paul ih thurelmi cu ruahdan dangdang in kan then ding:

1. Paul cun a hmaisain an thlarau lam dinhmun le an thutak zia pawl cu a porh zet hai.
2. Cumi hnu ah an zumnak pawl a zir thu a langter ih, a zirsuah mi ihsin a hmuah mi ah tihzahnak a lang ter.
3. Cule an hnenah an sakhua a zir tikah thil danglam zet pakhat a hmusuak mi thuhla a sim hai ih, annih khal in cumi cu an theih thiam lo thu an pom ve.
4. Cumi thluh hnu ah, Pathian thuhla a sim, an tulsam rori ti khal a thei, cumi cu Pathian a um ih anmah pawl cu a duhdawt zet hai ih, hlralah ah a um lo timi a si.

5. Netabikah, a thurel a netnak ah an theihlomi himi Pathian an hnongnak sullam ziang a ti timi ah ralringnak a pek hai.

An zumnak thuhla a theihmi sun ah thum aw in Paul cun nasa zetin a zirh. Cutluk ih a kaih hruai thei cun thazet in hmai a nor thei ding a si.

Paul cun Pathian cu sersiamtu a si vekin le a sersiammi leitlun hnenih ngennak a neih mi hi hmainsin aw(zoh saw Rom. 1:18–25). Ziangah saw himi hi mi tampi ih hram an thoknak ding hrangih a that emem? Sersiammi leitlun thuhla hin Pathian thilti theinak ziang a kawh hmuh?

## **NINGA NI Ramri lan in**

### **Siar ding: Tirk 17:24-34. Paul in theihpitu a sinak ziangtin a sunzom vivo?**

Paul cun Bible zirtirnak thudik thawn hla aw lem lo ih cangan tu, anmai cangan thiam hrekhat pawl hnen ihsin tongkam a la ih, a thuhla ngai tu pawl ih ngai nuam ti dingin a ongaw vivo a si. Cumi cu an zumnak thawn bangaw deuh nawn thil a hawl ih, cutin a fehpi hla deuhdeuh. Midang hnenih thlen theinak lamzin kan hawlnak ahhin an zumnak thawn bangaw mi pawl kan va theih a tul, cumi cu an hnen kan thlen theinak ding thil ti theizet a si.

Paul cun anmah thawn rualrem awknak ah cu pawl cu a hmang ih, cule a feh duhnak hmun ah a feh timi khal hi hmainsin aw: Jesuh thawhsalnak le cumi beiseinak cu an zate hnen ah a pe. Luka cun thawhsalnak thuhla ah Paul ih tongkam cemnetnak cu a run ngan fiang. Midang cun cumi ruatnak cu an hnihsan ih, a dang pawl cun Paul ih thusimmi pawl cu an ngai duh, cule mi hrekhat cun

an rak zum. Kan tummaknak hrangah himi thuanthu ih bitumbik mi cu an zaten an ngai thluh taktak maw timi kan theih ding hi a si. Cumi cu Paul in a hramthok ihsin a rak beisei mi khal a si.

Mi hrekhat cun thuthangtha an hnong ding ti kan thei, asinan an hnong rero mi hi ziang a si timi an theihthiam theinak dingah an hnong hlanah a cang theitawk in ziangkim kan tuah ding a si. Paul cun Athen mi pawl hnen ih a hnauandan le an thuhla a zir le a thil zirsuak mi cu khawkhannak fel zetin a hmang, cule anmah tuahtu Pathian a um rori timi cu thinlung kauzet pu phah in an theihthiam theinak dingah a fiangter a si. Himi Pathian cun a duhdawt zet hai ih, anmah ih an theih ding khal a duh zet. An hnong cing khalin Anih cun an parah zangfahnak a nei. Asinan Thuthennak ni cu a ra thleng thlang ding. Cule cuvek thu pawl hmuahmuah hi zum umlo zet vekih a lang ahcun Khrih thihnak ih a thawhsalnak ihsin kawhhmuah ding a um.

Tu ahcun mipi pawl cun an ngaithla ih thucah khal an theithiam, an hnong ding maw, lole an hliakhrai vivo ding timi cu an thutluknak ah a um thlang. Midang pawl cun an hliakhrai sunzom vivo ih, cule Jesuh dungthluntu ah an suak(Tirk 17:34).

**Sawmngairnak:** Thlacannak ah, na theihmi hnen ih theihpithu na si theinak dingah Pathian hnenah kaihhruai awknak dil aw.

**Sawmngiarnak:** Zumlotu pawl hnenah Paul in fiangzet in ralring zetih thuthangtha a simnak ding hrangah na hrang “Areopagus” a si thei ding mi social media ah hawl aw.

## **December 7**

**NIRUK NI****December 8**

**Ruahbet ding:** Areipagus hmun ih Paul ih thil tonmi thuanthu ihsin kan lak dingmi thil tha zet pakhat cu zum lotu umkhawm pawl hnen ih kan thlen theidan ding zirfiang hi a si, cumi ihsin a rah suak mi cu zumtu malte cu Athens ihsin an um thok a si.

“Dungthluntu ih tongkam, a mizia le a kiangkap um pawl a relmi, thawkhum cafung hmangih a nganmi cu, mahte zum ngam awknak siat dah lo, amah lawng a si caan le harsatnak a ton caan khal ih thazang a ngahdan le pathian nung bia lo tu pawl hmuahmuah thinlung ah Khristiannak um dingih hlawhtlinak a neihdan pawl khal a hung um vivo ding san hrangah hlan a si.

“Paul ih tongkam ahhin kawhhran hrangih theih ding ro thil a um. A thu ngaitu pawl le amah le mah harsatnak ih a barh luhawk theinak ding tongkam olsam zetih a hmang theinak ding dinhmun ah a ding. A thusimmi pawl cu an pathian pawl beihnak le an khawpi ih mi ropi pawl baihnak ah hmang sehla, Socrate thuhla lawng hmanah harsatnak a tong men thei. Asinan Pathian duhdawtnak thawn, zumlotu pathian pawl ihsin fimkhur zetin a hruai ih, an rak theih dah lomi A dikmi Pathian cu an hnenah a langter a si.”—Ellen G. White, The Acts of the Apostles, pp. 240, 241.

Hivek ih mipi pehtlainak, an nunphung le an sakhua zirnak ihsin thlarau lam ih an pumpek awknak ruangah a tihzah zet hai. Paul cun Athen ah hminsintlak zet thil ziangsi maw a kilkhawi- thil ziangsi maw Kawhhran hrangih theihding ro thilri a si. A ngaithlatu pawl thinhengternak cu a pumpelh thluh. A taktak ahcun himi hi Pathian thawkhum thil ropi zet a si. Ellen G White ih reldan vek asile himi theihnak rothil hi kawhhran pakhat vekih kan ngaih tikah himi thuanthu hi kan ngaihven a tul.

**RETLANG DINGMI THUSUHNAK PAWL**

**1. Athen ih Pual ih thuanthu zohthim dingah, khawpi pakhat ah Pathian hnatuannak a thar ih thok tuding hrangah a hmaisabik ih tuah dingmi ziangsaw a si?**

**2. Pathian thei lo khawpi(lailan zet in, khuitawk hmun khalah) ih um minung pawl thawn pehtlai aw dingin Khristian ih kan tulmi mizia cu ziangsaw a si?**

**3. Tuisan ih milem dangdang pawl hin in thinheng ter tikah, ziangsaw kan hrial ding, a hleice in milem cibai buktu pawl thawn hna kan tuan tlang tikah a hmaisabik ah ziangsaw kan hrial ding?**

**4. Paul cun anmah duhdawttu himi Pathian hi mipi pawl hnenah sim thei in a duhtawk thei ko. Cule cumi ahcun an lungawi zet ding. Asinan thawsalnak thuhla a runluh pi laiah mipi in bumawknak hmangih an neih mi ramri cu a runkan tlang thei zo. Cumi cu a tuah dingmi a si maw? Ziangruangah a si, lole ziangruangah a si lo?**

**ZIRLAI 11****December 9-15**

**THLEN HRIHLONAK HMUN IH HNATUANNAK  
PART 2**

**SABBATH TLAILAM**

**Tuizarh sung siar ding:** 1 Siang 11:1-6; Matt. 4:23-25; Matt. 15:22-28; Marka 7:24-30; Tirh 10:34, 35; Matt. 8:10.

**Bible cangkan:** “Cutikah Jesuh in a let ih a hnenah, Maw, nunau, na rinnak cu a nasa zet a si: na duh vekin na hnenah thleng ko seh, tiah a ti. Cuticun a fanu cu cui tikcu rori ah a rak dam” (Matt 15:28, NKJV).

A hramthok ihsin duhdawttu Pathian cun a hloral mi a fale a hawl rero zo (Sem. 3:9); cule tui kan san khalah, himi duhdawttu Pathian thotho cu hloral pawl hnenih thlentheidan ding a hawl rero thotho(Thup. 14:6-12), himi ahcun a hloral rero mi khawpi pawl khal an tel. Kum 2018 ahkhan, United Nations pawl ih an hmuhsuahnak ah leitlun ih um mipum zateek 55 cu khawpi ah an um a si tiah an ti. Hivek zel a sile kum 2050 ahcun zateek 68 cu an um ko ding. Zianghman duhhril theinak kan nei lo: khavek khawpi sungih a umtu pawl hnenah a thutheihipitu kan si a tul.

Cucing in Pathian minung pawl cu khawpi lam ih a thutheihi pitu si ding ih kawh an si tikah Jonah vekin an um: asan le vang cu ziangvek a va si hmanah hnatauan dingcu an tlansan a si. “Ziangahtile hlanlai ih rak nganmi thil ziangkhal kan zir ding hrangih nganmi an si, cuticun cathianghlim sung ih tuartheinak le hnangamnak ihsin beiseinak kan neih theinak dingah” (Rom. 15:4, NKJV). Himi ahhin Jonah thuanthu ngan mi khal a tel a si.

Hitawk ih Jesuh hnatuannak hi khawpi sungih um Israel hrang lawng a si lo, ramdang ih um pawl hrang khalah a si thotho; cumi sullam lam cu Judah ram leng ih um pawl hnenah le a hrilmipun pawl hnen khalah a si tinak a si.

Tuizarh ahcun Taiar le Sidon hnen ih Pathian hnatuandan thuanthu Bible ih ummi kan zir ding, cule tuini kan hringnun ih kan hmang theidan ding khal kan zir suak ding a si.

**NIKHAT NI****Ram lenglam ih Pathian hnatuannak****December 10**

Jesuh cun a dungthluntu pawl cu Kenesaret ihsin a hruaisuah thu kan siar(Matt. 14:34) “Taiar le Sidon ramah an feh” (Matt. 15:21, NKJV). Ziangruangah saw Galilee ihsin himi zumlotu umnak ram ih a hruai? Himi ramleng ramri lam ih a dungthluntu pawl a hruainaksan cu Galilee ram ah olsam zetin an zir theilomi pawl an zir ngahnak dingah a si. A dungthluntu pawl cu khawpi sungih um mipi pawl khal tel in, miphun hmuahmuah hnenah thuthangtha phuang dingih kawhnak ding hrang timlamnak nei dingih bawm theitu ding zirlai zir ter a duh a si.

**Siar ding:** Thuthentu 3:1-6, 1 Siang 5:1-12, le 1 Siang 11:1-6. **Himi bungcang pawl in himi khawpi pawl ih thuanthu theithiam dingin ziangtin in bawm?**

Thuthentu 3:1-6 ihsin himi khawpi cu Pathian in Israel pawl zumnak fiahnak hrangah a hmang ti kan theithe. Vansiat thlak zetin, himi fiahnak cu Pathian minung pawl in an hlawhtling lo, asilobik in hi pawl ruangah an si: “Cun annih in nupi ah an fanu pawl cu an mhi ih, an fanu pawl cu an fapa pawl an pek, cule an pathian pawl an rian”(Thuthentu. 3:6, NKJV). Cutin, a hramthok ihsin hi miphun pawl cu Israel ram tluknak an si rengreng.

1 Siang 5:1-11 ah cun Sidon miphun pawl le Hebru miphun pawl an laicinnak a hnget zet ti kan hmu thei. Dinhmun pakhat ahcun an pursum leidawnnak pawl ih an hlawknak pawl ah an ciah aw hnget zet, Hebru mi pawl cu pathian nung bia lotu pawl le milem biatu an hnataunpi pawl in an ciahneh tuk timi cu rinhmai ding zianghman a um lo.

1 Siang 11:1-6 ahcun siangpahrang rori hman ziangvek in a run ciahneh ti kan hmu thei : Siangpahrang Solomon cun lamzin diklo ih hruai pengtu sidon siangparhang fanu nupi ah a nei: "Ziangahtile Solomon cu Sidon mi pawl ih pathian nu Ashtoreth dung a thlun" (1 Siang 11:5, NKJV).

Asinan pathian dang bia le milem bia pawl thuanthu le hrilcia mi miphun pawl hman ciahneh zet khal sehla, Jesuh cun a dungthluntu pawl cu himi hmunram pawl ah a hruai a si. Hivek lamzin in annih pawl cu khawpi sungih miphun thliar danglam umlo Pathian hnataunnak bulhram a thokpi ih, mai zumnak lawng dik zet ih a ngaitu pawl hmaiton ter in, a dungthluntu pawl hrangah miphun kip le hnam kip hnenih khawpi ih hnatauand ding ah an zoh thim dingin a um a si.

Khawpi lam ih Pathian hnatauan Adventist mi tampi khal harsatnak an tong ve, anmah lakah hriselnak lam le khawtlang humhualnak tivek khal a tel. A hrekkhat ahcun ei in man khung lutuk, hnam hmuhsuam awknak, mai zumnak lawng dik zetih ngai tu, phunhnam ih tang pawl le sakhaw zallenak le thurelnak ding tlai ter zet pawl khal an tel. ziang asi khalah hivek harsatnak pawl um cing khal in khawpi pawl hrangah hna kan tuan ding a si.

**Khawpi lam ih Pathian hnatauantu pawl bomnak ah ziangsaw kan tuah thei ding?**

## NIHNIH NI

### Mipi tamzet hawl in

**December 11**

Sunglam le lenglam buainak um cing khal in Jesuh cun khawpi sungih a hnatauan dingah in zangfahnak thawn in ko a si.

**Siar ding:** Matt 9:35-38. **Himi hin mipi kan hmuhnak ih piangah Thuthangtha sim ding thuhla ziangsaw in zirh duh?**

Jesuh cun khawpi mipi pawl parah zangfahnak NASA zet a nei. Luka 19:41 ah Jesuh in Jerusalem a tahkhum dan pawl a rel lang. Jesuh in a fale pawl a duhdawtdan emem hi thuk zetin kan theithiam lo tla a si men thei, khawpi sungih um "bulpak hringnun mizia" pawl tla kan theithiam tuk lo men thei. Hi mi ruangah Matt 9:38 ah Jesuh in amah vek lungput nei le cangvai dingin in duh ruangah thlacam in fial a si.

**Siar ding: Matt 4:23-25. Jesuh in Pathian hnatauan hram a thok tikah, khuitawk hmun in saw mipi pawl hi an ra suah?**

Matt 4:25 ah Jesuh thluntu mipi pawl cu Galilee, Decapolis ramthen khawpi 10 ihsin saklam ih um pawl; Jerusalem; le Jesuh ram ihsin thlanglam ih um pawl an si. Samaria tel loin, ziangmi ram saw tulsa lai? Fonisia ram hrekkhat Taiar le sidon tipi kap ram, Mediteria tipikap ih um pawl le Galilee saklam ih um ram pawl tla an si. Ziangah saw Jesuh in hitawk ram pawl ih a feh ti cu kan theithiam ko ding. Himi Taiar le Sidon ram ih khual tlawnnak hi Jesuh ih phunhnam thleidan um lo Pathian hnatauan khualtlawnnak a si.

Farasi pawl thawn an ton awk hnu ah Jesuh cu Capernuam ihsin a suak ih, Galilee a pal tlang ih, fonisia ramri ih tlang pawl tiangin a tuahta a si. Nitlaknak lam cu a vun thlir ih, hnuailam a vun zoh ih, Taiar le Sidon

khawpi hlun pawl le an biakinn pawl, an siangpahrang inn pawl le an sumtuahnak hmun pawl le lawng colhnak hmunih lawng tampi um pawl khal a vun hmu thluh thei”—Ellen G. White, *The Desire of Ages*, p. 399.

Mipi pawl cu anmah le anmah “an siangparhang inn thupi zetzet pawl le an sumtuahnak” ah zianghman hlawknak a um lo zia le Jesuh an tulzia an hmuw awk theinak ding ziangtin kan bawm thei ding?

**NITHUM NI**  
**Taiar le Sidon ah**

Bible lam zirmi pawl cun Thuthangtha Matthai cabu hi Judah pawl hrangah a hleice ih nganmi a si ih, Marka cu Zentel pawl hrangah a ngan a si tiah an zum. Thuthangtha cabu kan zir ding tikah hibang pawl hi kan theihcia a thupi zet.

**Siar ding:** Matthai 15:22–28 le Marka 7:24–30. **Cui nunau cu a landan ah ziangmi danglamnak um in saw na hmu?**

Mathai cun hinu cu a miphun le hnam hmin a rel tel timi hmin sin aw : Kaanan mi a si. Marka cun cu “Grik” asilole “Zentel” mi tiih rel thei dingin Thlarau thianghlim in a kai hruai a si, cule thuhla rinsan tlakzet a pe bet: “suah keh Sirofenisian” lole “fenisia mi Siria” – mi a si, himi lawng hi Bible ih a langmi umsun a si.

Himi Matthai 15 ih um thuanthu a rak ngaithla tu pawl ih nunphung le leitlun thlirdan ziangvek in saw a tarlang. Matthai ih cabu siartu pawl cun hinu cu Pathian theilotu a si tin an hmu ding. Hivek ngaihdan cu Judah pawl in Kaanan mi pawl cu milem bia mi, misual zet le an miphun siatsuah duhtu vekih an ruatnak ihsin ra suak mi a si. Dungthluntu pawl hman in hinu in zumnak a nei ding ti le Pathian uknak ah a tel ve ding timi hi an ruat ban lo.

Marka 7 ahcun Marka ih thurel ngaitu Zentel pawl cu Matthai thurel ngaitu pawl hnak cun theihnak nasa zet an neih a rin um zet. Zentel pawl cun Judah pawl in Kanaan mipi an ruahdan vek lawmmam in an ruat ve lo. Zentel pawl cun hinu hi, “Grik mi, suahkeh Sirofenisian”(NKJV) tin an ngai men. Jesuh cun anmah lakih mi pakhat a damter! Zentel hrang ahcun hinu cu nu pakhat, a fanu hrangih tuanvo neitu, a fanu duhdawt zettu le a fanu adam theinak dingih Bawipa a pan tu, zianghman phunhnam le tong tivek ih buai ve lo tu a si tin an hmu ko ding.

“Khrih cun zamrang zetin nunau nu ih ngennak cu a sawn hngal lo. Himi ah Jesuh cu Judah pawl ih an tuahdan ding mi phunhnam hmuhsuamnak ai awh in a um. Hivek caan ah Judah pawl in thinlung nei lo zetih an cangvaihdan pawl a dungthluntu pawl thinlung ih umter a duh a si, cumi cu nunau nu a rak biangbiakdan ahkhan a langter ih, cuvek ih harsatnak tong pawl hnenah a zangfahnak cu nunau nu ih dilmi a tuahsaknak ihsin a langter a si.”—Ellen G. White, *The Desire of Ages*, p. 400.

**Siar ding: 1 Johan 2:2. Himi bungcang in Pathian hmaiah mi bangran thluh kan si tithu ziangsaw in sim?**

**NILI NI**  
**“Tlan ter aw!”**

Thuthangtha a thlenhrih lonak khawpi venghnen pawl ahhinbeiseinak rak hawl mi tampi an um. Khrih a um lai ahkhan Pathian minung pawl in Taiar le Sidon vekih ramdang khawpi tamzet ah Messsiah beiseinak an ken luh theinak ding donkham tu kha ziangsaw a si? Mai miphun lawng tannak, porhawknak, le thleidan awknak tivek pawl hin Pathian minung pawl cu Jesuh veikhat a rat ding thu siamcianak ih beiseinak rak neitu an kiangkap

ih um pawl hnenah tikcu caan tha hmu thei lo dingin an mitcaw ter in an um. Tusan ih khawpi pawl ah Khrih in a minung pawl in veihnih a rungtumnak ding “Beiseinak lungawi um”(Titas 2:13) thuhla mi mikip tampi hnenih sim dark dingin a duh a si. Jesuh in hnam le tong tivek ih thleidannak zianghman a neih lovek in kannih khal in kan nei ding a si lo.

**Siar ding:** Tirh 10:9–16, 28, 34, 35. **Thlarau thianghlim ih zirhmi zirlai hi ziangtin na kai tawi thei ding?**

Sunrawl ei ding ding a hngah lai ah Piter cun luanglu tlun lamah cabuai khuh puan ih tuam mi ramsa le vate thianghlim lo hlir ih khatmi langnak a hmu. Himi langnak ahcun voi 3 rori tho awla ei aw tiih sim a si. Pathian cun himi langnak cu Piter in sakhsuanak lam ih porhawknak a neihnak le Zentel pawl a huat zetnak pawl simfiangnak ah a hmang. A netnak ahcun Piter in himi thudik cu a theithiam: “Cutikah Piter cu a kaa a ang ih, hituin a sim, Pathian cu minung hmaisongtu a si lo ti dik zetin ka thei: Asinain miphun kip amah a tihsahtu le dingfelnak a tuahtu cu a cosang.” (Acts 10:34, 35, NKJV).

Himi thuhla pawl thawn, Taiar le Sidon ihsin kan zirding kan thuanthu pawl ruat hnik aw. Jesuh le a suahnak a nu thuhla pawl khi vun zoh sal aw. Piter ih langnak a hmuhami thawn pehpar aw in himi khualtlawnnak ihsin dungthluntu pawl in ziang zirlai saw an zir thei ding? Tuisan ah teh kan hringsun ah Khrih in khawpi pawl ah hnatuan dingih in kawhnak ahhin ziangtin kan hmang thei ding? Khawpi ih um pawl ih tulsam mi kan hmuh thiamnak ihsin in rak donkham tu cu ziangsaw a si? Pathian hna kan tuanmi kan thei thiam sinsin theinak dingin le kan ngai thupit awknak, hnamtannak le thlarau lam puarthaunak pawl kan beih ngam theinak

dingin khawpi pawl ahhin Pathian in ziangvek tikcu remcang saw in pek?

Pathian ih rundam khawkhannak ropi zet cu miphun pakhat le hnamtong phunkhat men hrang lawngah siloin minung sungkua hmuahmuah hrangah a si timi theithiam thluhhrih lo a dungthluntu pawl hnenah Jesuh cun thinsau zetin a zirh. Khawpi pawl ah kan hnatuan kan theh theinak dingah thinlung hnget khohlo le Thleidannak kan neih mi pawl nehthei dingin thlarau thianghlim cun in bawm thei a si.

**Siar ding: Galati 2:11–13. Kan nauhak lai ihsin in zirh mi thleidan awknak vun thiangfai ter ding cu ziangtluk a har ding timi thuhla ah himi hin ziangsaw in zirh duh mi?**

#### NINGA NI

#### Leitlun ih zumnak

#### December 14

Luka 18:8 ahkhan Jesuh in tahthimnak a simmi cemnetnak ah himi thu a sut: “minung Fapa a rat tikah leitlun ahhin rinnak a hmu ding maw?”. Tuisan ih Khrih thluntu kan si vekin, Jesuh ih a hawlmi hi kan theithiam a tul. Himi thuanthu ahhin, Jesuh cun khawthim laifang khal ih a tleumi rinnak a hawl a si ti kan theithiam.

**Siar ding:** Matt 8:10, 13; Matt 9:2; Matt 20:29–34; Marka 2:5; Marka 10:46–52; le Luka 18:35–43. **Himi bungcang pawl ahhin Jesuh in zo pawl saw zumnak nei tiih a rel?**

Himi ahcun a thim zetmi khawpi pawl khalah zumnak neitu pawl cu an tleu a si timi a tel. Kapernuam ah Jesuh cun mi ziangmaw zat cu zumnak an neih thu a tarlang. Mathai 8: 10, 13 ah pathian dang biatu ralkap za hotu in piangthar in zumnak a neih thu kan hmu thei. Zengnat nei an rualpi innthun luanglu lam ihsin run thlak tu zumnak nasazet ih khat mi pali khal kan hmu thei(Matt.

9:2, Mark 2:5). Marka 10 ahkhan a hlan ih mitcaw Bartimia kan hmu, A zumnak cu Jerikoh ah a eng suak a si.

Cuti rualin Pathian minung pawl lakah zumnak nasa zet a um kan bei zet. Asinan Jesuh suahnak khua Nazareth ahkhan zumnak malte – asilole zumlonak fiangzet tla si men thei- cumi pawl cun Jesuh ih hnatuannak ramri an kham a si. A dungthluntu lakah, voi tamzet cu Jesuh in Israel pawl thuhla rel in, “ Aw nang, zumnak nei mal”(Matt. 6:30, Matt. 8:26, Matt. 14:31, Matt. 16:8) tin a ti theu. Cule Mathai 17:17 ah Jesuh cu au in, “Maw zumnak nei lo le mi khermei cithlah pawl” tiah a ti.

Tuisan ih kan hmang thei dingin kan zirlai ih um zumnak cu beisei lonak hmun pawl ah hmuu an si: Khawpi pawl ih ramdang mi , pathian dang bia mi le sakhua biaknak dangdang pawl ah an um. Hnuaidor zetin Jesuh tuahdan vek ciah in khawpi pawl ah kan feh ding ih, thudik vun sim tikah Jesuh ah rundamnak zumnak nei ih a rak pom tu ding pawl kan hawl ding a si. A taktak ahcun hivek pawl hi a lenglam ah an um hai a si.

**Sawmngiarnak:** Na kiagnai um siseh, a hlan ih um khal siseh na duhdawtnak na hlawm dingmi zumnak nasa zet anneihnak dingah thinlung ongaw zetin thlacannak nei aw.

**Sawmngairnak :** Ziangtin saw Jesuh na theih ih, vancungmi Pathum thucah na ngai thupit? Na bulpak hringnun ah Jesuh hnen ihsin thlarau laksawng 3 na neihmi kha ngan aw. Himi pawl cu sabbath sikul nan zirnak ah relsuak aw.

#### NIRUK NI

#### December 15

**Ruahbet ding:** Pathian thei lo Judah pawl lakah Messiah thuhla thawn pehpar aw ih cathianghlim ih simcianak pawl cu Israel ram ih zirhtu pawl hnakin an

theithiam sawn. Sualnak ihsin in runhim tu ding Messiah a rung ding tiah beiseinak nei hrekkhhat an um. Mifim pawl cun Hebru pawl ih sum hawlnak mangbangza pawl zir dingin an zuam rero. Asinan Judah ih ngai thupi awkternak cun Eng a suak dingmi an tlaiter a si”—Ellen G. White, The Desire of Ages, p. 33.

“Bawipa Jesuh, rundamtu micak cu himi nunnak pawl hrangah a thi. An ngaihsak lonak ihsin a kai tho thei, an zangfahnak neihmi cu a harhter thei, an thinlung a nem ter thei, Thudik ih thiltitheinak le mawizia cu an nunnah a langter thei. Hnatuantu Bawi cu laktlak lo minung siloin Pathian a si. Cumi cingin thimsung ih umpawl hnenah eng a um theinak dingih palai ah minung a ko a si. Pathian in kawhhran tin ahhin lungmankhung zetzet a nei ih, himi hi leitlun sakhua pawl kan relsia ciambco ding a si lo, Hnuaidor zetin le duhdawtnak thawn Jesuh ih um thutak hmuahmuah cu kan sim ding a si. Saklaw mi zet le zuam zet vekin kan hmu ding a si, Khrii bangnak nei vekin kan hmu ding a si, cutin thudik lamah a dawlh deuhdeuh ding.... Leitlun tlen tu Jesuh ah an cawisang ding; Annih cun nunnak tongkam an kai hnget ding a si”—Ellen G. White, The Advent Review and Sabbath Herald, January 17, 1893.

#### RELKHAWM DING THUSUHNAK PAWL

**1. Kan theih vekih thudik thei hrih lo tu pawl hnenah na umnak hmun in remcannak lo pe in le na kawhhran in caan tha a neihnak hmun hrawngah ziangvek hlanawknak saw na tul mi?**

**2. A tlunih Ellen G. Whit ih tongkam, midang zumnak thawn pehpar aw ih a rel mi kha zoh aw: “Pathian in kawhhran tin ahhin lungmankhung zetzet a nei ih, himi leitlun sakhua pawl hi kan relsia ciambco ding a si lo”.**

**Ziangtin saw bulpak zetin midang va relsia si loin an lamzin diklo pawl kan va sim lanter theih ding?**

3. “Milai fapa a rat tikah, zumnak nei leitlun ah a hawl hmu taktak kem?” “(Luke 18:8, NKJV). Jesuh in himi tong mawi zet thusuhnak a hman mi sullam hi ziangsaw a si? Rinnak timi le zumnak timi ih danglamnak hi ziangsaw a si? Ziangahtil rinnak nei tu pawl hi Jesuh a rungtum tikah zumnak nei lotu pawl vekih hmuh an sinak ding san?

## **ZIRLAI 12**

**December 16-22**

### **ESTHER LE MORDEKAI**

#### **SABBATH TLAILAM**

**Tuizarh sung zir ding siar aw:** Dan. 1:1-12; Dan. 6:1-9; Esther 2:1-10, 20; Esther 3:1-15; Esther 4:1-14; Esther 9:1-12.

**Bible cangken:** “**‘Leitlun cemnet tiang ka rundamnak a thlen theinak dingah miphun hnen ih eng si dingin ka lo pe ding a si’** (Isa. 49:6, NRSV).

Thinlung nehzet Bible sungih a ummi lakih pakhat, “Phunhnam thleidang lo Pathian hnatuannak” thuhla cu Esther cabu sungah kan hmu thei. Kum thawng tampi ih rak ngan mi cabu a si, tuisan ah Esther 9:26-31 ah thum aw in Judah tamzet pawl cu Purim puai an tuah lai.

Esther le a pate Moderkai cu Persia ramuk sungkhi Khawpi Susa timi ah an um. A san le vang cu ziang a va si khal le ralkaihnak ihsin Judah ram ih kirsal Judah midang pawl vek siloin annih cu an saltannak hmun ramah an cambang.

Cule Pathian kilkhawinak nasa zet thawngin Esther cu siangpahrang nupi ah a hung cang. “Cun siangpahrang in Esther cu nunau dang hmuahhmuah hnakin a duh sawn ih, falahim dang hmuahhmuah hnakin a mithmuh ah zangfahnak le duhsaknak a co; cuiruangah a lu ah suilukhum a khumter ih Vashti aiah siangpahrang bawinu ah a tuah”(Esther 2:17, NKJV).

Himi hi Esther in ziangmaw cin cu duh lo khal sehla, Bible thuanthu ih hminsinnak ah hmun poimawh zet a co ngah. A thatnak emem cu himi thuanthu cun Pathian minung pawl hi ramdang umnak hmun ah um khal sehla thudik ah theihpitu an si thei a si timi in rak hmuh a si.

Tuizarh ih zir dingmi Esther cabu hi caan na neih dan ih zirin rak siar aw.

#### **NIKHAT NI**

#### **December 17**

##### **Ramdang nunphung ih saltannak**

Mai umnak silo ramdang nunphung dang umnak ih um hi thil harsa zet a si ko ding. Judah pawl ih an rak tonmi pawl cu tuini ah kan hrangah theihthiam harsat zet a si ko ding, ahmaisabik ah Babilon mi pawl ih kut hnuai ah an um ih, cule Persia kut hnuai ah an um lala.

Thimnak ah, kan thurin thuhrampi pawl hi ziangmaw cin ahcun rampi dan asinak hmun Adventist ram ah zohman kan um lo. Asinan dawisuak an si hlanah Judah pawl cu anmai ram rori ah anum, an zumnak thuorammi pawl khal an ram dan ah an ngan a si.

Dinhmun pakhat ah Pathian ih rinum zet si a olsamdan cu vunruat hnik aw. Cumi thluh hnu ah, Nisarihni sabbath ulh ding hi ram daan ah um bangta sehla ziangtluk in saw nisarih ni sabbath ulh hi a ol sinsin ding?

Ramdang ahcun, thuanthu thianghlim cun rampi in ziangvek thu a suah khalah, rinum duhnak, rinumnak cu thinlung ihsin, lungsung ihsin a suak ding a si timi in rak kawh hmuh, cuti asilole sualnak, biakmi bansannak le siatsuahnak cun a thlun vivo ding a si.

“Cuiruangah Bawipa in, Hi mipi pawl hin an kaa in in naih ih, an hmur in in upat ko na'n, an thinlung cu ka hnen ihsin hlapi ah an mhawn ih, ka parih tihzahnak an

neihmi khal hi minung daan ih zirhmi men a si”(Isa. 29:13, NKJV).

Cumi thawn kah aw ciah in, rinum dingih thutluknak tuahtu pawl cu kimvel boruak tha lo zet hman in thuawihnak ihsin a rak kham thei lo.

Siar ding: Daniel 1:1-12, Daniel 3:1-12, le Daniel 6:1-9. Dinhmun cu ziangvek in danglam hleice khal sehla, himi thungan mi pawl hin ramdang hnamdang lakih um Pathian minung pawl in harsatnak an ton theizia thuhla ziangsaw a tarlan?

Zo kan si, khuitawk ah kan um timi a thupi lo, kan umnak kiangkap ih thusuak, anmah ten daan an tuahmi asilole an hnamdan lole a pahnih khalin sisehla hibang pawl in kan zumnak le kan thutheihpitu sinak ahhin NASA zetin harsatnak in pe a si. Daneil cabu ah “nuamzet in” a netnak um theu khal sehla, cumi cun ziangvek harsatnak hnuai khalah Pathian ah rinum a theih timi an langter a si. Himi cangan pawl lakih pakhat hman hi a hlawhtlin lo a si hmanah, hi bang pawl cu an diknak ah an thi a si timi cu rinhmai ding zianghman a um lo.

**Na zumnak ruangih na phunhnam rori ih  
harsatnak na tonmi hrekhat pawl cu ziangsaw an si?  
Ziangtin saw na sawnlet hai?**

#### **NIHNIH NI**

#### **December 18**

##### **Ramdang lairelnak ah**

A netnak ahcun Babilon a tlusia in Medo-peresia a din hnu ah Judah mi tamzet cu an ram ah an kir lehsal. Asinan an zaten an kisal thluh lo. A hrekhat cu sankhat le a ai tam hman an um.

Cumi thinlung ih ruah tikah Esther thuanthu ihsin theihbet ding a um: “Siangpahrang Ahasueras cu siangpahrang inn Shushan ah a lalram laltohkham parih

a to lai" (Esther 1:2, NKJV). Hitawk hin Bible ih cangan mi cu a her danglam, himi siangpahrang hnuai ah Persia ramuknak a um a si.

Bung 1 ah siangpahrang nu Vashti cun siangpahrang ih lungawinak a thlen thei nawn lo ruangah siangpahrang in Vashti aiawh tuding mi pakhat a dang siangpahrang bawinu ding a hawl. Himi hi Esther le a pate Mordekai an ra langnak hmaisabik a si.

**Siar ding:** Esther 2:1-9. **Himi bungcang ahhin Mordekai le Esther thuhla ziangsaw in sim?**

A landan ahcun Mordekai cu siangpahrang kiltu a si vekin siangpahrang inn kawt ah a to ih, a fanu kilkhawi mi, lole a unau nu Esther thawn Susan khawpi ah an um in a lang. Cutin an dinhmun le an umnak hmun ih a zir ruangah Persia nunphung ah thuk zetin an phum aw. Himi ruangah a si tengteng ding Esther kha Siangpahrang hmai ih lang dingah hriltlin a si: "Esther khal siangpahrang innpi ah hruai a si ih, nunau pawl kilkhawitu Hegai kilvennak ah a um" (Esther 2:8, NIV).

**Siar ding:** Esther 2:10, 20. **Hitawk ah ziangthil saw thleng, ziang ahsaw Mordekai in khavek thupek kha a pek?**

A bungcang ahhin a san le vang felfai zetin rel lo khal sehla, ruat dingih harsat zet thil a si lo. Ramdang nunphnung le biaknak dang neimi an si vekin midang in an rak huat thei ruangah an sungkua le miphung thuhla ah daiten um hrih cu a fimthlak zet ti kan hmah hman in kan theithiam ding.

**Ziang dinhmun ahsaw kan zumnak kan pholang lo hi a fimthlak dingih na ruat? Lole cuvek in kan tuah dah lo ding maw si? Asilo ahcun ziangah saw a si lonak ding san cu?**

## NITHUM NI Modekai theihpitu rinum

**December 19**

Ramdang ih an um vekin reilote ah asilole rei deuh hnu khalah Mordekai le Esther in Pathian ih an rinum ringring cun buainak an tong thei. Himi cu Mordekai hrangah buainak a si leh ding timi cu a fiang zet.

**Siar ding: Esther 3:1-15. Ziangsaw himi ih thil cang hi, ziangah saw?**

Esther 3 ahkhan Siangpahrang Xerxes (Ahasuerus) cun Haman cu thilti theinak neikim zet dinhmun sangih a ret thu kan hmu. Mikip in Haman hmai ih an kun ding thu an sim. Asinan hitin kan siar thei: "Mordekai cun a kun duh lo ih, zahnak khal a pe duh lo" (Esther 3:2, NIV). Ziangah himi pai' hmaiah Mordekai a kun duh lo ti cu Bible in zianghman a rel lo. Asinan ziangruangah ti kan thei. Anih cu Judah mi rinum zet a si. Mordekai cun suahhlannak ihsin a mipawl ih ral a si mi Amalek mi, Agag ih ciithlah sawng hmai ah upatnak pek cu a duh hrimhrim lo(Daan. 25:19). Ziangtin saw Judah mi rinum zet cun Amalek mi hmai ah a kun thei ding? Asilole cumi si bang sehla, Bawipa lo cu a dang zosaw a biak ding?

"Cutikah siangpahrang ih kotka ih um siangpahrang ih siahhlawh pawlin Mordekai hnenah, Ziangah saw siangpahrang ih thupek na thlun lo? an ti" (Esther 3:3, NKJV). Ziangtin a sawnlet timi cu cipciar in kan thei lo, a cang dot cun hitin a run rel, " Mordekai cun Judah mi a si thu a rak sim dah" (Esther 3:4, NKJV). Khavek ih sawnletnak cun Mordekai cu lei le van sersiam Pathian cibai buktu a si vekin sualnak ih khat minung zohman cibai a buk thei lo thu simfiangnak ding tikcu caan a nei a si. Mordekai cun ziangmaw cin cu a zumnak thuthla a theihpi zet, cumi zumnak cu a thlun ih, cumi cun vansiathlak zetin amah le midang pawl harsatnak a thlen thei a si.

"Daniel le a rualpi pawl le Morderkai hnen ihsin Babilon lairelnak hmun thimzet cu a eng ter thluh a si."— Ellen G. White, Advent Review and Sabbath Herald, May 13, 1884.

Haman in Judah miphun pawl siatsuah thluh a duh tum ahkhan, anmah pawl cu hitin a rel: "Na lalram ih ramthen hmuahhmuah ah miphun dang pawl lakih a tekdarh le a vakdarh mi miphun pakhat a um; An nunphundan cu midang pawl hmuahhmuah ihsin danglam zet an si, cule Siangpahrang ih thupek khal an tlun lo (Esther 3:8, NIV). Miphun danglam cuang, siangpahrang ih daan tuahmi tlun lo? Hremnak pe ding in a tan hmun hi a tawk zet.

Tu khalah Mordekei vek ih fiahnak kan ton thei mi ziang lamzin saw um? Ziangtin kan sawn let ding?

## NILI NI

**December 20**

### **Hivek tikcu caan hrangah**

**Siar ding:** Esther 4:1-14. **Ziangahsaw himi tikcu caan te hi Esther hrangah Judah mi a si lam a phuangawknak canremcang tiih ruah a si?**

Mordekai in Esther hnenah bomnak dil ih a va pehtlaih tikah Anih cu Ahasuerus thawn an neih awknak kum ziangmaw zat a rak si zo, asinan Persia pawl in daan an nei ih, cumi ahcun siangpahrang ih a sawmnak teloin zohman in siangpahrang bawi tohkham ah an ra thei lo tihi a si. Himi daan a tlun lotu cu thihnak ton thei an si ringring. Esther khal in cumi cu thei cingin sawmnak tel riai loin bawi tohkham umnak khan ahcun a vung lut.

Mordekai ih zumnak cun Esther ih zumnak a kai tho. Esther cabu ih a laimu bik cu Mordekai in Esther hnenih a tongmi tongkam ah hmuh a theih: "Cutikah Mordekai in Esther hnenih let dingin hitiin thu a pek,

Nangmah rori khal kha siangpa-hrang ih inn sung ihsin Judah mi hmuahhmuah hnakin luat thei sawn dingah ruataw aw hlah. Ziangahtile tuvek tikcu ah daitei' na um men a si ahcun Judah mi pawl hrangah luatnak le runsuahnak cu hmun dang ihsin a ra suak ding a si; asinain nang le na pai' innsang cu siatsuah nansi ding: hitivek tikcu caan hrangih hi lalram ih ra thleng na si le si lo zo in a thei? Tiin" (Esther 4:13, 14, NKJV).

Mordekai in a miphun pawl duhdawt dingih a dil tikah Esther ih zumnak cu fiah in a um. Judah mi a si thu hi Mordekai tilo zohman in an thei lo. Cule hithu ih tel ve dingah thutluknak voikhat a tuah ah a hringnun cu tihiphannak ih a um ding khal awloksongnak zianghman a nei lo.

Pathian ih a zumnak cu a cakzet, cule Pathian bomnak tel loin a hlawhtling lo ding ti khal a thei. Mordekai hnenih a sawnletnak cun a zumnak a langter : "Feh awla, Sushan ih um Judah mi hmuahhmuah kha rak ko khawm aw, cule ka hrangah rawl ul uhla sun ah siseh zan ah siseh, ni thum sung zianghman ei le in lo in rak um uh: kei le ka hnenum nunau pawl khalin cutivekin rawl kan ul ve ding; cuisin daan vek a si lo na'n siangpahrang hnenah ka lut ding a si: ka thi a si khalle ka thi mai ding, tiin.." (Esther 4:16). Himi thuthang cu Mordekai cun Susa ram sung ih um Judah mi pawlkom pawl hmuahhmuah hnenah a sim darh thluh, rawlul in thlacamnak an neih lai ah Esther cun a hrangih tihnung umzet hrang timlannak a rak nei ve. "Tu ah a ni thumnak ahcun hiti hi a si, Esther cu a siangpahrang bawinu hnipuan a hruk ih, siangpahrang inn hmai zawnih siangpahrang inn tual sungta deuh ah a ding: cule siangpahrang cu inn kotka hmai zawnih siangpahrang inn sungah a laltohkham parah a rak to. Cun hiti hi a si, siangpahrang in tualih ding siangpahrang bawinu Esther cu a hei hmuh tikah a mithmuh ah Esther induhsaknak a

co: cule siangpahrang in a kut ih sui kianghrol cu Esther lamah a thlir. Cuticun Esther in a hei naih ih a kianghrol zim cu a tham" (Esther 5:1, 2).

**Judah hrangah a tlunih simfiang mi dinhmun vekin thlacamnak le rawlulhnak hi a thlun aw theu. Cumi cu an ai-awh in thil ti khal sehla, thlacamnak cu an sawnletnak laimubik a si. Himi ihsin ziangvek zirlai fiangzet saw kan zir thei?**

**NINGA NI**  
**Purim ih mangbangza**

Kum thawng tampi sung simfiangtu pawl cun Esther cabu sungah Pathian hmin hmuh a si lo thu an hmu suak. Hihi Bible sung ih umsun a si. Ziangkhal sehla Judah pawl cun Pathian in a runhimnak ropi cu an thei. Himi cabu cu Pathian minung pawl in Canon Bible ih tel dingin an hril a si.

Kan nitin hringnun ahhin Pathian ih in umpidan pawl hi kan hmusuak thiam maw? Pathian umpinak cu thilthleng pangai zet, thil a thleng dingmi hrimhrim vekin a lang thei, thaten kan ruah locun Pathian ih in umpinak kan theithei lo ding.

**Siar ding:** Esther 9:1-12. **Esther ih zuamnak ih rahsuak mi kha ziangsaw a si?**

Purim ih mangbangza hin thil danglam zet a nei. Mangbangza thu thuhin a um ih, thil thleng pangai zet vekin a um. Judah siatralnak ding caan cu danglamter a si lo, asinan daanthar ngan in a um, cumi cun Judah pawl cu anmah ten kilhim aw thei dingih siangnak thupek a si.

Cule thil a thleng zo mi pawl, himi thil hmangih hna a tuan theidan pawl khal hminsin aw. Persia mi pawl

cun Judah pawl ai-awh ih Pathian cangvaihnak an theithiam.

Cule a rahsuak teh?

"Hnamdang mi tamzet cu Judah mi ah an cang" (Esther 8:17, NIV). Himi hi Bawipa in thlarau hlo pawl in amah ah theihnak an neih theinak dingin a hnatuandan zohthim ding ropi zet a si.

Judah upa hruaitu pawl khal in Pathian hnatiuan cu an theithiam. Judah pawl cu anmah ten kilhim aw thei in hlawhtlingnak an hmuh tikah, an hlawhtlinnak theih ringringnak dingah kumtin (Purim tiah an ko) puai an tuah theu. Tuini tiangah Pathian in a runhimnak theih ringringnak ah Pathian hnenah lungawinak puai an tuah ringring theu.

**Sawmngiarnak:** Tuizarh sungah thlacamnak ih na telh mi hnen ah Pathian in na parih thil a tuah mi ziangsi maw na hlawm theinak dingih thazangcaknak a lo pek theinak dingah thlacamnak nei aw.

**Sawmngiarnak:** Pathian in na hrang a tuahmi thil tete kha ngan thok aw. Ruatsal awla, cule Pathian in hivek tete pawl hi midang hnenih na hlawm theisalnak dingah a tikcu te ih lo theihter sal dingin dil aw.

**NIRUK NI**  
**December 22**

**Ruahbet ding:** "Thuthangtha eng ih a ummi mi nauhak, zirhtu, nu le pa le tlawng hmuahmuah le innsang tin ah himi buainak hi siangpahrang nu Esther in Israel thuanthu ih thil thupi zet dinhmun ah dingin a thusuhnak hi a ra thleng thei a si: "Hi tikcu caan hrangah hi Lalram ih ra thleng na si le si lo zo in a thei" Esther 4:14."—Ellen G. White, Education, p. 263.

"Esther cu Judah nunau hmel tha zet, Mordekai ih unau nu(cousin) a si. A nu le pa an thih hnu ah a inn ah a

hruai ih, a fanu vek rori in a duhdawt. Pathian cun Persia ram ih Judah miphun rundam dingin a hmang a si.”(Hminsin: A tlunih catluan tlun Pahnihnak khi Ellen G White ih nganmi a si lo ih, Daughter of God timi cahmai 45 ih um Esther thuhla thuhmai hruai ih telh mi a si. Ziangkhal sehla, a hnuai ih cangah mi pahnih cu amai ngan mi a si.

“Hlanlai ahcun Pathian in a hnatiuan tu dingah a ai-awh dingah a hrilmi mipa pawl umkhawm tlangih hna a tuan duh nunau pawl hmangin mangbangza in hna a tuan theu. Anih cun nunau pawl cu hlawhtlinnak nasa zet ngahnak ah a hmang. Veikhat lawng hman siloin manhlap thil khalah mi tampi ih rundamnak an ngah theinak dingah anmah hmang in hna a tuan ih a ko theu a si. Siangpahrang nu Esther hmang in Bawipa cun a miphun pawl cak zetih rundamnak cu a hlensuak a si. Anmah rundam dingin thiltitheinak a um nawn lo ih a langlai caan ah, Esther le nunau dang pawl cu an pumkhawm aw ih, rawlulh thlacamnak nei in buainak cu an hmaiton ih, an mipi hrangah rundamnak a thlen phah a si...

“Thukam hlun sanlai ih Pathian tumtah mi thawn pehzom aw in nunau pawl ih hnatiandan zir fiangnak cun tuini kan hnatiannak ah manhlap thil kan ton theidan zirlai in rak zirh a si. Esther tikcu caan lai ih Pathian mipi pawl umnak vekih mi relsiat hmang le tihnun umnak hmun ahcun in hruai lo men thei. Asinan Piangthar pek nunau pawl cu hnuaidornak ding dinhmun ah mi thupi zet an si theu.”—Ellen G. White, Daughters of God, pp. 45, 46.

#### **RELKHAWM DING THUSUHNNAK PAWL**

**1. Esther cabu cun simfiang lomi thusuhnak in tanta, siangpahrang bawinu a sivek ih cawisan in um khal sehla siangpahrang lairelnak hmun ih Esther a va langnak thu**

**a si deuh bik. Himi hi a zumnak thawn ziangtin kan rualrem aw ter thei ding, kan rualrem aw ter thei kem?**

**2. Esther tongkam ih lar zet cu, “Ka thih a sile ka thi mai ding” tihi a si(Esther 4:16, NKJV), himi hi kum tamzet sung cu thihnak khamtlang ih ding hmanih rinumnak zohter tu a si ringring. Thup 13 sungih buainak kha a taktak ih a ra thleng tikah Esther ih tongkam pawl cun neta lam ih um Pathian minung pawl hnenah ziangtin hmual a nei ding?**

**3. Lesson Nihnih ni zirlai cemnet lamah a cang ahcun na zumnak phuang suah lo ding thuhla thuazawhnak kha vun zoh sal aw. Cuvek buainak cu kan hrang a si ringring kem?**

**ZIRLAI 13****December 23-29****PATHIAN HNATUAN NETNAK****SABBATH AFTERNOON**

**Tuizarh sung siar ding:** Thup. 1:1-7; 1 Pit. 2:9; Thup. 14:6-12; Luka 11:23; 1 Tim. 2:4; Thup. 21:1-4.

**Bible cangken:** “**Hi thil pawl hmuahhmuah an siatral ding ti nan thei ih, a ra thleng dingmi Pathian ih ni cu beisei le hngakhlap in umdan thianghlim le Pathian ngaihsakan ah ziangvek minung si awm saw nan si? Cui ni ahcun van pawl cu an kang ding ih an hloral ding, a sungih um thil pawl cu meiling in a em yup thluh ding”** (2 Peter 3:11, 12, NKJV).

Thuphuan cabu hi sancemnak ding thuhla hlirin thinlung a luahkhat. Cabu ih laibu bik cu Khrih le Satan karlak buainak vanlam doawknak a si. Satan cun leitlun a conak cu a hloh ih, tu ahcun Pathian ih rinum rero lai pawl a thlem rero. Cabu ih thupitnak bik cu Adam le Even sual ih an tluk ihsin Pathian ih rinum zet a thizo pawl le nungdam ih umlai A fale pawl runhim ding ih Jesuh rungtumsalnak ding hi a si. Himi cabu cun, Meisa hmangih Satan siatsuahnak ding le leithar ah Jesuh ih kumkhaw ram a din ding thu khal in rak sim a si.

Thuphuan cabu zir tlawngta pawl cun kum zabi pakhatnak AD ihsin tuisan tiang ih kawhhran thuanthu hminsinnak le thil ra thleng dingmi simcianak pawl cu taima zetin an zir ih, theihsuah an tum nasa. Cuvekih an tuah cu thildik zet a si thotho.

Ziangkhal sehla, tui kuata zirlai netabik ah Thuphuan cabu hi Missionary cabu, kawhhran in missionary tuan ding Pathian ih kawhnak cabu a sinak pawl kan zoh ding. “Tulai thudik” leitlun ah phuangsuak ding ih kawh kan sinak cu mi hmuahhmuah in Pathian an hril ding maw an dodal ding timi thu ah duhhrlnak an tuah lai hlanlo cu a um ringring ding a si.

**NIKHAT NI****December 24**

**Thuphuan : Ni neta ih Pathian hnauan**

**Thuphuan cabu ca tlangtluan onnak hin himi cabu ih bitum bik cu Pathian hnauan hi a si timi ca siartu pawl hnenah a theihter.**

**Siar ding:** Thuphuan 1:1-7. **Ziangvek lamzin in saw Thuphuan cabu ih bitumbik cu nineta hrang Pathian hnauannak a si lam na hmuhsuah?**

Cang hmaisabik ah Jesuh cu thuphuan cabu ih bitumbik le neitu bik a si lam a rel hnu ah, Thuphuan 1:4,5 cun Pathian sinak mi pathum a run tarlang sal ih, cumi cu milai rundam an si theinak dingih tuantlang pawl an si. Pa cu kumkhua mi a si, um zo, um lai, um lai ding a si. Thlarau thianghlim cu kum zabi pakhatnak ih kawhhran pawl hnenih thilti theizet ih hna a tuantu a si. Cule Johan cun hi leitlun neitu Jesuh khrih ih sinak a run ko suak ih, “theihpitu rinum” “Mithi lakih tho hmaisa bik” (Thup. 1:5, NRSV) tin a ti. Satan in a lalram din a tumnak ih a hmanmi hi leitlun cu a siat zo. Pathian in Satan a neh ih tlun ah in sersiamtu ih thisen cun kan palhnak le zahnak pawl hmuahhmuah a khawlh fai thluh.

**Siar ding:** Thuphuan 1:6 le 1 piter 2:9. **Himi cang ahhin tlenmi pawl ih thulu cu ziangtin an thupitnak a rel?**

Pathian hnauannak ih bitum bikmi cu a hloral rero mi runhimnak men lawng hi a si lo. Pathian ih

rundamnak cun sinak thar le dinhmun thar a pe suak a si, ziangahtile Pathian hmulhmel kanmah ah tuahthar salin a um. Tlenmi pawl cu Lal hrin ah an cang ding, ziangahtile kannih cu Jesuh ih thisen thawng in vanlam Lal ih thisen thawn zomawknak kan nei a si. Tu ahcun, Lal innsang vekin a dang minung pawl rundamnak ding hrangih Lal innsang hnatuannak ah kan tel ve a si. Himi cun puithiam ah in tuah! Khrih cun a kawhhran cu "Lalram" ti in le cumi ih sungtel pakhat cio cu "puithiam" ah a tuah zo a si. Lalram sungtel si cu puithiam sinak a si.

Thuphuan 1:7 ah, Pathian hnatuanih manhlap thlakzia kan hmu: Jesuh a ra cing ding, rampi cu hloral mi an si ruangah a riah a sia. Pathian cun amai hnen ihsin hlalar ih um zo pawl a duhdawt zet.

Cuti asile Thuphuan cabu cu minung hrangih Pathian hnatuannak thawn on a si.

**Pathian ih sersiam mi men lawng kan si mai lo ih, amai runhim mi khal kan si, cumi cu a man khung zet mi a si. Ziangvek dinhmun ih kan um khalah ziangruangah himi thudik cun beiseinak nasa zet in pek?**

#### NIHNIH NI

#### Vancungmi pathum thuken le Pathian hnatuuan

Thuphuan cabu cun doawknak ropi cu thilti thei zet le fiangzet in in hmuh a si, cumi cu Thuphuan 12:12 ih a langmi hi a si ko ding: "Cuiruangah nannih van pawl, le nannih a sungih um pawl tla, nan lung awi uh. Leilung le tifinriat a luahtu pawl tla, nan hmakhua a pit! Ziangahtile khawselal cun caan tawite lawng a nei ti a theih ruang ah thinhengnak nasa zet thawn nan hnenah a rung tum a si, tiin." Ninetabik ih thupi zet ding mi doawknak ropi tilo ah cathianghlim ih ummi pawl hi ziangtin saw mikip in an theihthiam thei ding ti ngaihtuah a har duh zet.

#### December 25

**Siar ding:** Thuphuan 14:6-12. **Hitawk ah ziangmi simfiangnak saw um, kan Pathian hnatuannak le thucah thawn ziang zomawknak an nei?**

Pathian hnatuuan laimu bik cu thucah, Pathian thucah: Thuthangtha hi a si. A taktak ahcun thucah cu Pathian hnatuuan hi a si. Leitlun cun a parih thil a thleng dingmi ah ralringpeknak a tul, mikip in duhhrlnak an tuah tengteng a tul thlang, nunnak hrangah maw thihnak hrangah timi duh hrilhnak a si.

"Ka lam ih a tang lotu cu i dodal tu a si, I khawm pi lotu cu i thekdarhtu a si" (Luka 11:23, NKJV). Hitawk ih Jesuh a rel mi hi kan Pathian hnatuannak thawn ziang zomawknak an nei?

Thuphuan 14 ih vancungmi pathum thucah leitlun ah phuangsuak dingih Seventh-day Adventists kawh kan sinak bulhram bik cu thinlung tuahthat hi a si. Cumi ih laimibik, lungphum thupi zet pahnih cu: "Kumkhaw thuthangtha"(Thup 14:6) le sersiamtu cibaibuk hi a si. Himi thupi pahnih cu mithianghlim tarlangnak ah an lang: "Hinah mithianghlim pawlih thinsaunak a um: hinah Pathian thupek pawl, le Jesuh ih rinnak a kilkhawitu pawl an um" (Rev. 14:12, NKJV). Ziangkan tuah ih, mipi bomnak dingih thiltha hmuahhmuah kan tuah hmanah a hleice ih kawh kan sinak le Pathian hnatuuan ding kan sinak hi kan hloh ding a si lo, cumi cu leitlun ah nikhat ni ih thil a thleng dingmi ah ralringnak kan pek rualin "kumkhaw thuthangtha" ih beiseinak ummi hi a hloral mi leitlun ih kan phuan ding hi a si.

"Ka lam tang lo tu cu in dotu a si" (Luka 11:23, NKJV). Hitawk ah Jesuh in ziang a sim timi ziangtin kan theithiam thei? Kan thinlung khuitawk ciah ah a um timi fiah aw dingin ziangah himi tongkam pawl kan hman a tul?

**NITHUM NI**  
**Harsatnak netabik**

**December 26**

Jesuh in a dungthluntu pawl le kan hnenah hitin a ti: "Cuiruangah va feh uhla, miphun hmuahmuah cu dungthluntu ah va tuah uh, Pa, le Fapa, le Thlarau Thianghlim hmin in baptis-ma va pe uh: Thu ka lo pekmi hmuahmuah cu ziangvek khal thlun dingin va zirh uh: cun, ngaihnik uh, leitlun cemnet tiang ka lo umpi ringring ding a si, tiah a ti. Amen."(Matt. 28:19, 20, NKJV). Himi cu thupek ropi a si, cule lamzin tamzet ahcun vancungmi pathum thucah ih, "miphun kip, hnamkip, tongkip le mikip" (Thup. 14:6, NKJV), timi cu "Tulai thutak" (2 Pet. 1:12) timi thupek ropi phuansuaknak men khi a si.

**Siar ding:** 1 Johan 4:8, 2 Piter 3:9, 1 Timote 2:4, le Sem 12:3. **Ziangahsaw pawlkom tin hi Pathian hnenah an thupuk thluh?**

Khrih duhdawtnak cu mi hmuahmuah hrangah a si, zohman telh lo in an um lo. Khrih cu hrilcia mi pawl hrang lawng ah a thi tiih a Zirhtu Pathian thu zir pawl ih zirhnak dokalh in Bible cun Khrih thihnak cu phunhnam, tongkip le thil dangdang khalah thleidannak zianghman um loin mi hmuahmuah hrangah a thi a si ti a fiang ter. Minung na si ahcun Khrih cu na hrang a thi a si. Mikip hrang thusuhnak a tang lai mi cu, a thihnak cu ziangtin saw na sawnlet ding? tihi a si.

Jesuh a rungtum tikah, riakbuk langsar zet pahnih te lawng a um ding. Thuphuan 13 le 17 ih kan hmuh vekin ramkhelnak lam le sakhuana ihsin Satan thuneihnak ih pumpe aw tu le Jesuh Khrih ih pumpe aw thluhtu, an zumnak cu "Pathian ih thupek pawl" (Thup. 14:12) thlunnak ih langsuk zumnak neitu pawl an si.

A hramthok ihsin minung pawl cun Pathian hi zo a si tile duhdawtnak le dingfelnak ih a lamzin pawl (Rom. 1:18-21) cu finfiahnak an nei thluh. Curuangah caan F-10

liamcia ih milai pawl hmuahmuah hi ziangmi tluk hna an tuan asilole ziangmi tluk an theithiam lo tivek ah thleidannak um loin ziangvekin nun an hmang tile ziangvek in Pathian thawn hnatiuan tlangnak an rak nei timi ah thum aw in thuthensak an si ding a si(Rom. 2:11-16).

Asinan a tui cannetnak tikcu ahhin thekdarh awknak a thang vivo ih, zalenak cu tihzah a si nawn lo. Mipi pawl cu satan ih nomcemnak hmun ah um dingin nor an si ding. Thuthangtha phuang ding hi manlap thlak zet a si, Satan pa ih khawkhannak thupi zetzet pawl phuan a tul. Hi ciah hi kan Pathian hnatiuannak le vancungmi pathum ih thucah pawl hmuahmuah cu an si.

**Khrih cu na bulpak hrangah a thi timi ahkhan cambang hrih lawk aw. Thinglamta ih Khrih thihnak hmangin a man pek thei lo ding khawp in ziangvek sualnak na rak tuah zo mi a um tin na ruat?**

**NILI NI**

**Pathian hnatiuan ih hlawhtlinnak**

**December 27**

Pathian hnatiuan hlawhtling timi hi ziangsaw a si? Himi cu tihnimnak, kawhhran tum neihnak, lole kawhhran zamrang zetih thansohnak tivek in kan rel thei ko ding. Hlawhtlinnak ahhin hnam tinkim ih va thlennak le leitlun ih um pawl thudik ih an umnak le radio, internet le Tv tivek kanhmang theinak pawl tla an tel men thei. Hivek pawl a tha tiih kan ruah laiah, Paul in Korin ih zumnak thuhla a relmi hi kan cinkeng ringring a tul : "Kei in ka phun ih, Apollos in tidai a tawih, asinan a thangtertu cu Pathian a ti" (1 Cor. 3:6, NKJV). Tongdang ih kan sim asile, kan bitum ding cu hmailam pan hi a si ih, Pathian ih bitum cu thansohter hi a si.

Pathian hnatuannak ih a tumtahmi bik cu, a hnatuannak ih a teltu Jesuh ih mi rinum zet pawl in leitlun mipi pawlkom hmuahmuah sungih mihlo rundamding hna na va tuan dinghi a si timi kan thei thluh zo.

A hnuai ih bungcang pawl hi siar aw. Jesuh dungthluntu ih hung suak pawl ih mizia thuhla ziangsaw in sim?

2 Kor. 11:2-----

Isa. 30:21; Johan 10:27; Johan 16:12, 13 -----

2 Thess. 2:9–11; Heb. 3:12, 13; 1 John 1:8 -----

1 Johan 1:9, Thup. 7:14, Thup. 19:8 -----

Jesuh thluntu pawl hi an thianghlim, mothar ih hamcia mi vekin Jesuh ah an rinum ringring. Thlarau thianghlim aw reh zet hmangin a hruai lai ah annih cun Jesuh an thlun. Himi cun midang hrang missionary lam ih in hruainak ah a tel a si. Himi dungthluntu pawl lak ahhin zianghman bumawnak tivek a um lo. Annih cu rinhmainak diklo, zirhernak dik lo le thil borhhlawh zirtirnak zinpeng ih hruai mi an si lo. Cun midang hnakin thilti thei sawn khalah an ruat aw dah lo. Annih cun mi famkim lo, Pathian zangfahnak le lainatnak mamawh ringring an si lam an thei aw. Himi theithiam in, zumtu dang pawl hnen ihsin zirhnak le tuahthatnak tivek pawl khalah an ong aw zet hai. Pathian hnatuannak ih hlawhtlinnak cun hivek dungthluntu a sersuak a si.

“Khrih hrangih fala thianghlim” tiih sullam ziangsaw a si(2 Cor. 11:2)? Ziangtin kannih misual in Pathian hmaiah hivek in kan um thei ding ih, midang khal Khrih hrangih fala thianghlim si ding in kan kawh hmuh thei ding?

### **NINGA NI**

#### **Hnatuan theh**

**Siar ding:** Thuphuan 21:1-4 le Thuphuan 21:22-22:5. **Hitawk ah ziangmi saw pholang ih a um?**

Leithar ih paradise cu ziangtak si kei maw! Thihnak le sual cu an hlo ding, satan le sualnak khal siatsuah thluh an si ding. Kan duhdawt zetmi rundamtu kan hmu ding ih kan duhdawtmi pawl thawn kan um tlang theisal ding. Cule leithar cu hnam dangdang le tong dangdang ai-awh pawl in an luah khat thluh ding.

The General Conference Mission Board cun Global Mission metrics cu a pom ih, cumi cu mipi pawlkom pakhat hnenah thuthangtha a thleng zo maw, thleng hrih lo timi theihtheinak a si. “Thuthangtha a thlen zonak ih mipi” pawl cu sungetl an kim tawk zet ih, lenglam ih bomnak zianghman tul loin midang pawl hnenah thu theihpitu an sinak an va tuah thei, cumi ahcun cibai buknak, Bible siarnak, le anmai tongin calai an nei ih, a dang mipi pawl hnenah tongletsak zianghman tulloin thuthangtha sim theitu kawhhran hruaitu an nei.

“Thuthangtha thlen hrihlonak mipi” pawl cun an hnam nunphung lenglam ihsin bomnak tello in anmah ten thucah tha zetih thusim theitu ding le ram hlumtu Adventist mi lakah an um lo.

Tualsung kawhhran le Conference tin in an umnak khawtlang pawl ih Pathian thu thangtha sim a tulnak hmun an theih a tul. Tu cu mi hmuahmuah dungthluntu

### **December 28**

ih tuah, in runtu zamrang in tumter dingin le a netnak ahcun hitawk ah kan hnenih a tiakam leithar le vanthar ah anmah pawl thawn kan um tlang theinak dingih Pathian hnatauan ding caan a si.

**Sawmngairnak:** Ziangtin saw Khirh rungtum ding cu na ti rang thei ding? ziangtin saw Thuthangtha thei dingih a tulzet tu pawl ih thinlung ah beiseinak ci na tuh maw? Khrih ah rium zetin thu awih ih nundan ding sullam ziang a si timi zirhpahhnak thawn zumtu thar pawl “tidai” na pe dah maw? Nitin na thlacamnak ih ummi hnen ah leilung tuahttar thutiam simfiang theihnak caan remcang a um theinak dingah dil in thlacamnak nei aw.

**Sawmngiarnak:** Na “dungthluntu” hrekkhat pawl cu Jesuh pom dingin an ralring zo men thei. Himi ahcun kawhhran zomnak le zumtu pawl zomnak khal a tel. Amai dinhmun ah vun retaw aw, na biakinn ah veikhatnak a ra ding timi vun ruat aw. Ziangvek hmuhtonak saw a neih ding? Himi mithar rak lawm dingin le zirhnak pe dingin nan kawhhran in ziangvek timlamnak saw a neih ding? Na kawhhran um cia ah siloin zumtu pawl umnak thar ong dingin na zuam aw maw? Thazang malmi pawl hmaiton ih Pathian thu simdan ding khawkhannak nei aw. Nan kawhhran upa pawl thawn na ruatdan pawl rel aw, kawhhran in dungthluntu a tuahnak ah anmah pawl thawn hnatauan tlang aw.

## NIRUK NI

**December 29**

**Ruahbet ding:** “ Tlennak khawkhannak ropi zet cun leitlun hi Pathian duhsaknak ah famkim zetin a hruai kir sal. Sualnak ruangih a hloral mi pawl hmuahmuah tuahttar sal an si. Minung lawng siloin thuawih pawl kumkhua ih an umnak ding leilung khal a tlen a si. Kum thawngruk lai cu Satan cun leitlun luah ringring dingin

nasa zetin a zuam rero. “Cungnungbik ih mithianghlim pawlin lalram cu an co ding ih, lalram cu kumkhua in an nei ding, a kumkhaw tlaitsuan rori in.”—Ellen G. White, Patriarchs and Prophets, p. 342.

Asinan cuvek cu a takram ih a thlen hlanah ka hnatauan ding cu Pathian hnataunnakah tel in leitlun mi pawl hnenah ralringnak pek ding hi a si, cuticun sersiamthar sal dingih Pathian thutiamnak ah an tel thei ding ih, cule an pawm thei ding a si.

“Ka zumnak ih thumawknak a thei hrih lotu pawl hnenih hnatauantu tampi an um ding hi ka duh zet a si. Mi tampi cu vancungmi pathum thucah an theihnak ihsin eng ropi an rak dong, cule tu ahcun himi thucah pawl hi leitlun hmun dangdang ah an phuangdarh a tul. Ka tuanvo tuah ka duh ih, cutin midang pawl in thudik eng an ken theinak ding hrangah lamzin onsak ka duh. Pathian in ralhuam kan hrub theinak dingah in bawm hram seh. Zumtu pawl cun leitlun ih ralringnak netabik an peknak ah lungawi zetin hnatauan tlang ding an si”—Ellen G. White, Letter 390, 1907 (unpublished).

Tui kuata fehtlang in thupi dangdang le Pathian hnatauan thawn pehpar aw mi thupi dangdang pawl kan zir. Hi zarh ah Pathian thawn laicin awknak tuahtthat sal ziang a vek a si ti theithiam dingin Thuphuan zirnak in a net kan khar. Cumi cu Pathian hnatauan hlensuak - sersiamthar le Letlun sersiamtharnak hi a si. Sual le tuarnak siatsuahnak cu leitlun thuanthu ih tihnung um bik ni a ding si timi hi thudik a si laiah, Pathian cun kan summang pawl cu himi siatsuahnak lenglam ah um in, leilung tuahtatsalnak ding thutiam lamah thazang pe aw ih hnem aw dingin duh a si.

### RELKHAWM DINGMI THUSUHNNAK PAWL

- 1. Ziangular saw “Kumkhaw thuthangtha” cu a si? Ziangular saw “kukhua daih” a si? ziangular himi cu kan Pathian hnatuannak ih kan lungphum si dingih a thupitnak emem?**
- 2. Ziangular saw hivel thupi hi Vancungmi pathum thucuh ih a um? Jesuh ah ka thinlung kan ret sawn ding tile ralringnak thucuh khal tel in hivel “thalo” pawl hi thucuh pawl an thupi lo tih a lo eltu pawl ziangtin na sawn let ding?**
- 3. Tui kuata cun Pathian hnatiuan thupit dan lawng hman siloin tuah dingih kawh kan sinak ah nangmah le na kawhhran pawl in ziangtin tha deuh in na tel thei ding timi theithiam dingin ziangular a lo zirh?**

### MORNING WATCH

October 2023

- |                       |                      |
|-----------------------|----------------------|
| 1. Nikhat ni          | Tirhthlah 14:19      |
| 2. Nihnih ni          | Luka 3:21            |
| 3. Ni thum ni         | 2 Korin 11:29        |
| 4. Nili ni            | 1 Samuel 17:45       |
| 5. Ni ngan ni         | Titas 1:15           |
| 6. Ni ruk ni          | Suahhlannak 32:32    |
| <b>7. Sabbath ni</b>  | Job 38:2-3           |
| 8. Nikhat ni          | Isaiah 38:5          |
| 9. Nihnih ni          | 2 Korin 12:9a        |
| 10. Ni thum ni        | 1 Samuel 8:7         |
| 11. Nili ni           | Mathai 25:10         |
| 12. Ni ngan ni        | 2 Timote 3:12        |
| 13. Ni ruk ni         | Luka 8:17            |
| <b>14. Sabbath ni</b> | Daan Peksalnak 28:7  |
| 15. Nikhat ni         | 1 Kings 19:14        |
| 16. Nihnih ni         | Luke 10:33           |
| 17. Ni thum ni        | Joshua 7:13a         |
| 18. Nili ni           | Job 42:5             |
| 19. Ni ngan ni        | Daan Peksalnak 32:47 |
| 20. Ni ruk ni         | Malakhi 3:3          |
| <b>21. Sabbath ni</b> | Johan 1:41           |
| 22. Nikhat ni         | Luka 10:21           |
| 23. Nihnih ni         | Jonah 3:1            |
| 24. Ni thum ni        | Habakkuk 3:17-18     |
| 25. Nili ni           | Habakkuk 1:5         |
| 26. Ni ngan ni        | Habakkuk 3:2         |
| 27. Ni ruk ni         | Luka 15:29           |
| <b>28. Sabbath ni</b> | Isaiah 51:1          |
| 29. Nikhat ni         | Malakhi 3:16         |
| 30. Nihnih ni         | Efesa 6:12           |
| 31. Ni thum ni        | Kolose 2:15          |

**MORNING WATCH**  
**November 2023**

1. Ni li ni
  2. Ning ani
  3. Niruk ni
  4. **Sabbath ni**
  5. Nikhatni
  6. Nihnih ni
  7. Nithum ni
  8. Nilini
  9. Ninga ni
  10. Niruk ni
  11. **Sabbath ni**
  12. Nikhatni
  13. Nihnih ni
  14. Nithum ni
  15. Nilini
  16. Ninga ni
  17. Niruk ni
  18. **Sabbath ni**
  19. Nikhatni
  20. Nihnih ni
  21. Nithum ni
  22. Nilini
  23. Ninga ni
  24. Niruk ni
  25. **Sabbath ni**
  26. Nikhatni
  27. Nihnih ni
  28. Nithum ni
  29. Nilini
  30. Ninga ni
- 1 Timote 1:2  
Jeim 4:17  
1 Timote 1:12  
1 Timote 4:12  
Luka 7:35  
Mathai 14:16  
1 Samuel 26:8  
Luka 9:51  
Isaiah 40:31  
Filipi 3:13  
Mathai 16:25  
Suahhlannak 3:6  
1 Thesalon 4:13  
1 Thesalon 5:24  
Efesa 4:26  
Luka 6:37  
1 Thesalon 5:2  
Luka 10:40  
Luka 17:15-16  
Daan Pekslnak 28:2  
1 Samuel 18:15  
Thusimtu 4:9-10  
Semtirnak 4:7  
1 Korin 4:20  
1 Thesalon 5:19  
Seemtirnak 3:12  
Zekhariah 8:23  
Filipi 2:25  
Mathai 24:8 (nasb)  
Mathai 11:28

**MORNING WATCH**  
**December 2023**

1. Niruk ni
  2. **Sabbath ni**
  3. Nikhat ni
  4. Nihnih ni
  5. Nithum ni
  6. Nili ni
  7. Ninga ni
  8. Niruk ni
  9. **Sabbath ni**
  10. Nikhat ni
  11. Nihnih ni
  12. Nithum ni
  13. Nili ni
  14. Ninga ni
  15. Niruk ni
  16. **Sabbath ni**
  17. Nikhat ni
  18. Nihnih ni
  19. Nithum ni
  20. Nili ni
  21. Ninga ni
  22. Niruk ni
  23. **Sabbath ni**
  24. Nikhat ni
  25. Nihnih ni
  26. Nithum ni
  27. Nili ni
  28. Ninga ni
  29. Niruk ni
  30. **Sabbath ni**
  31. Nikhat ni
- 2 Timote 2:24  
2 Timote 3:16-17  
Johan 5:6  
Isaiah 53:2  
1 Thessalon 5:21-22  
Hosea 6:6  
Hosea 10:12  
Zekhariah 4:10a  
Zekhariah 4:6  
2 Piter 1:3  
Mathai 4:3  
Isaiah 54:2  
Amos 3:7  
2 Timote 4:7  
Mikah 6:8  
Mathai 7:24  
Rom 1:11  
Tirhthlah 19:15  
Tirhthlah 19:20  
Mathai 2:13  
Luka 2:36-37  
Luka 3:4, 6  
Luka 2:52  
Luka 1:45  
Luka 1:46-47  
Luka 1:37  
Filipi 2:5  
2 Korin 10:18  
Johan 4:23  
Johan 4:34  
Johan 19:30